



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. RAJAN ABHILASHA
EC NO.	163332
DESIGNATION	CREDIT
PLACE OF WORK	BANASKANTHA,RO BANASKANTHA
BIRTHDATE	28-10-1985
PROPOSED DATE OF HEALTH CHECKUP	09-10-2021
BOOKING REFERENCE NO.	21D163332100004970E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **30-09-2021** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

Dr. Jiten M. Shah
DNB (Medicine) FCCS (USA)
Reg. No.: G-20693



Driving Licence

Number: GJ01/140560/08 Issued on: 09/09/2008

Name: RAJAN ABHILASHA
BANSIDHAR

Address: 15, NEW SAHKAR SOC.
CHANDKHEDA
AHMEDABAD 382424

Date of Birth: 28/10/1985 BG B+

is licenced to drive **MC EX50CC W/O GR.**

Valid for other than Transport Vehicles from 09/09/2008 to 09/09/2018

Valid for Transport Vehicles from to

LMV-09-09-08

Licensing Authority: *[Signature]*

Abhilasha
28/10/21
For verification of medical checkup.

Patient's name : ABHILASHA B RAJAN
Referred by : Self
Date : 22/10/2021
Patient's Id : AR107

Age/Sex : 35 Years/Female
Reg. No : 4800
Mobile : 9979356576
Ref ID. :

Fitness Certificate

GENERAL EXAMINATION

Height (cms) : 147

Weight (kgs) : 63.7

Blood Pressure : 100/60 mmHg

Pulse : 80/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

Central Nervous System - No FND

Abdomen - Soft, Non Tender, No Organomegaly

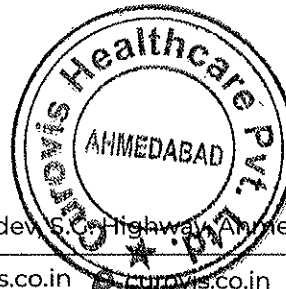
Comments : She is clinically fit on examination

----- End of Report -----

Dr Jinen M Shah
DHB (Medicine) FCCS (USA)

This is an electronically authenticated report.
Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 22/10/2021 2:52:00 PM
Generated On : 22/10/2021 15:09



Patient's name : ABHILASHA B RAJAN Age/Sex : 35 Years/Female
 Referred by : Self Reg. No : 4800
 Date : 22/10/2021 Mobile : 9979356576
 Patient's Id : AR107 Ref ID. :

HEMOGRAM REPORT

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
Haemoglobin:	11.0	gm/dL	12.5 - 16.0
Total WBC Count:	5100	/microlitre	4000 - 10500
Platelets Count:	290000	/microlitre	1,50,000 - 4,50,000
Differential Count:			
Neutrophils:	47	%	40-80
Lymphocytes:	48	%	20-40
Eosinophils:	02	%	Upto 6
Monocytes:	03	%	2-10
Basophils:	00	%	<1-2
RBC indices:			
RBC Count:	4.65	*10 ⁶ /microL	3.8 - 4.8
HCT:	35.5	%	36 - 46
MCV:	76.3	fL	83 - 101
MCH:	23.7	pg	27-32
MCHC:	31.0	%	31.5-34.5
RDW:	13.4	%	11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA)			
ESR 1st Hr:	22	mm	2 - 20 mm in 1Hr.
Thick Smear Preparation:			
Haemoparasite:	Malarial parasites are not seen.		
Peripheral Smear Examination:			
RBCs:	Mild Microcytic & Hypochromic.		
Platelet:	Platelet adequate & normal on smear.		

End of Report


 Dr. KEYUR Patel
 M.B.DCP

This is an electronically authenticated report.
 Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 22/10/2021 17:20:00
 Generated On : 23/10/2021 15:58



Patient's name : ABHILASHA B RAJAN Age/Sex : 35 Years/Female
Referred by : Self Reg. No : 4800
Date : 22/10/2021 Mobile : 9979356576
Patient's Id : AR107 Ref ID. :

GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
Glycosylated Haemoglobin (HbA1C)	5.90	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level (An average of 2 -3 Months)	122.63		

Method : HPLC on D-10, Bio-Rad,USA

INTERPRETATION:

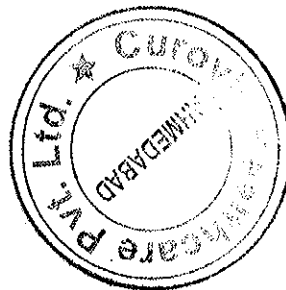
- * Blood sample can be drawn at any time. Fasting is not required.
- * Reflects average blood sugar levels for the 2 to 3 months period before the test.
- * Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.
- * High value in poorly controlled DM and moves towards normal in patients with optimal control.

----- End of Report -----


Dr. KEYUR Patel
M.B.DCP

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 Referred by : Self
 Date : 22/10/2021
 Patient's Id : AR107

Age/Sex : 35 Years/Female
 Reg. No : 4800
 Mobile : 9979356576
 Ref ID. :

LIPID PROFILE

(Performed on Semi Auto Chemistry Analyzer BeneSphera)

Test	Result	Unit	Biological Reference Interval
Sample Type: Fasting Serum			
S.Cholesterol (Oxidase Peroxidase)	142	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High
S.HDLC (Direct) (Phosphotungsstic Acid)	37.6	mg/dL	< 40 Low > 60 High
S.Triglyceride (GPO-POD)	124.8	mg/dL	< 150 mg/dl Normal 150-199 Boderline High 200-499 High > 500 Very High
S.VLDL (Calculated)	24.96	mg/dL	10-40 Normal
S.LDLC (Calculated)	79.44	mg/dL	< 100 Optimal 100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High
S.Cholesterol / HDLC Ratio (Calculated)	3.78		< 4 Normal 4-6 Boderline 6-8 Risklevel > 8 High Risk
S.LDLC / HDLC Ratio (Calculated)	2.11		< 3 Normal 3-4 Boderline 4-6 Risk Level > 6 High Risk
Cholesterol / HDLC Ratio (Calculated)	3.78		< 3.5 Normal
Triglyceride / HDLC Ratio (Calculated)	3.32		< 2 Normal > 4 Risk Level > 6 High Risk
Non HDLC (Calculated)	104.4		< 130 Normal 130 - 159 Near Normal 160 - 189 Boderline 190 - 219 Risklevel > 220 High Risk

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Approved On : 22/10/2021 17:19:00
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Patient's name : ABHILASHA B RAJAN
Referred by : Self
Date : 22/10/2021
Patient's Id : AR107

Age/Sex : 35 Years/Female
Reg. No : 4800
Mobile : 9979356576
Ref ID. :

LIVER FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Bilirubin			
Total Bilirubin (Azobilirubin)	0.43	mg/dl	0 - 1.2
Conjugated Bilirubin (Dual Wavelength spectrophotometric)	0.23	mg/dl	0 - 0.4
Unconjugated Bilirubin (Dual Wavelength spectrophotometric)	0.2	mg/dl	0.0 - 1.1
S.G.P.T. (ALT) (Kinetic with Pyridoxal 5-Phosphate)	30.1	IU/L	0 - 49
S.G.O.T. (AST) (Kinetic with Pyridoxal 5-Phosphate)	29.8	IU/L	Up to 46
S.ALP (Alkaline Phosphatase) (4-Nitrophenyl phosphate)	163.6	U/L	64 - 306
S.Protein			
Total Protein (Biuret)	7.76	gm/dl	6.3 - 8.2
Albumin (BCG)	4.70	gm/dl	3.5 - 5.2
Globulin (Calculated)	3.06	gm/dl	1.9 - 3.5
Albumin Globulin Ratio	1.54		
S.GammaGT (L-Gamma Glutamyl-4-Nitroanalide)	28.2	IU/L	12-43

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Age/Sex : 35 Years/Female
Reg. No : 4800
Mobile : 9979356576
Ref ID. :

BLOOD GROUP

Sample Type: EDTA
ABO Group : "B"
Rh Type : Positive

RENAL FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with indicator dye)	7.1	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
S.Creatinine (Enzymatic)	0.86	mg/dL	0.55 - 1.30
S.Uric Acid (Uricase)	4.51	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2

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 Patient's Id : AR107

Age/Sex : 35 Years/Female
 Reg. No : 4800
 Mobile : 9979356576
 Ref ID. :

SERUM LDH LEVEL

Test	Result	Unit	Biological Reference Interval
Sample Type:	Serum		
LDH Activity(Lactate Dehydrogenase): Pyruvate to lactate Kinetic Method	199.35	U/L	120 - 246

#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250
THYROID FUNCTION TEST
 (by CLIA on SIEMENS ADVIA Centaur XP)

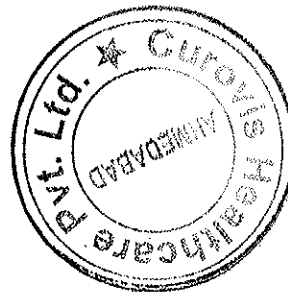
Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triiodothyronine by CLIA)	1.00	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	11.50	mcg/dL	3.2 - 12.6
S.TSH (Thyroid Stimulating Hormone by CLIA)	7.200	microU/mL	0 - 12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50

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Referred by : Self
Date : 22/10/2021
Patient's Id : AR107

Age/Sex : 35 Years/Female
Reg. No : 4800
Mobile : 9979356576
Ref ID. :

BLOOD GLUCOSE LEVEL

Test	Result	Unit	Biological Reference Interval
Sample Type:	Flouride		
Fasting Blood Glucose (Hexokinase) Collection Time:	92.1	mg/dl	70-110
Collection Time: Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	97.3	mg/dl	80-140

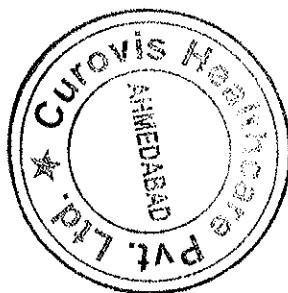
Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

----- End of Report -----


Dr. KEYUR Patel
M.B.DCP

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Approved On : 22/10/2021 17:18:00
Generated On : 23/10/2021 15:58



Patient's name : ABHILASHA B RAJAN
 Referred by : Self
 Date : 22/10/2021
 Patient's Id : AR107

Age/Sex : 35 Years/Female
 Reg. No : 4800
 Mobile : 9979356576
 Ref ID. :

URINE ROUTINE ANALYSIS

Sample Type: Fresh Urine

Physical Examination

(Naked Eye Observation)

Physical Examination	Result	Biological Ref. Value
Amount	20 ml	>10 ml
Colour	Pale Yellow	Pale Yellow
Appearance	Clear	Clear

Chemical Examination

pH (Dip stick)	6.5	4.5-8.0
Specific Gravity (Bromothymol Blue)	1.010	1.002-1.030
Albumin (Tetrabromophenol)	Absent	Absent
Glucose (Specific Glucose Oxidase/Peroxidase)	Absent	Absent
Bilirubin (Azo-coupling reaction)	Absent	Absent
Acetone (Sodium Nitroprusside Reaction)	Absent	Absent
Urobilinogen (Modified Ehrlich Reaction)	Absent	Absent
Nitrites (Diazolization Reaction)	Absent	Absent

Microscopic Examination

(After centrifugation at 1500 RPM for 10min./hpf)

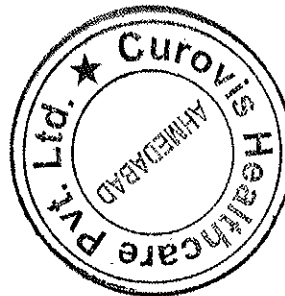
Pus Cells(WBCs)	4-5	Absent
Red Blood Cells(RBCs)	Absent	Absent
Epithelial cells	1-2	
T.Vaginials	Absent	Absent
Spermatozoa	Absent	Absent
Casts	Absent	Absent
Crystals	Absent	Absent
Amorphous Material	Absent	Absent

----- End of Report -----


 Dr. KEYUR Patel
 M.B.DCP

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Approved On : 22/10/2021 17:18:00
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Patient's name : ABHILASHA B RAJAN
Referred by : Self
Date : 22/10/2021
Patient's Id : AR107

Age/Sex : 35 Years/Female
Reg. No : 4800
Mobile : 9979356576
Ref ID. :

Electrocardiogram

Findings

LAD.

T inversion in V3-V6.

Rest Within Normal Limit.

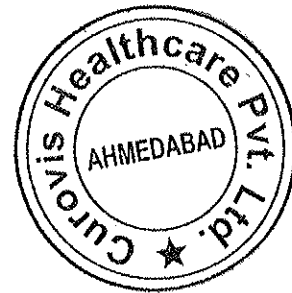
----- End of Report -----

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Dr Jinen M Shah
DNB (Medicine)FCCS (USA)

Approved On : 22/10/2021 3:19:00 PM
Generated On : 22/10/2021 15:19



Abhilasha
 Ranjan
 Z6
 Female
 35 years / 64 kg
 147 cm

HR 80/min
 Axis: P 56°
 QRS 27°
 T 5°
 Intervals:
 RR 742 ms
 P 98 ms
 PR 160 ms
 QRS 82 ms
 QT 378 ms
 QTc 440 ms
 (Bazett)
 10 mm/mV

UAD
 T in V3-V6
 Left axis



Patient's name : ABHILASHA B RAJAN
Referred by : Self
Date : 22/10/2021
Patient's Id : AR107

Age/Sex : 35 Years/Female
Reg. No : 4800
Mobile : 9979356576
Ref ID. :

2D Echo Colour Doppler

OBSERVATION:

2 D Echo and color flow studies were done in long and short axis, apical and Sub coastal views.

1. Normal LV size. No RWMA at rest.
2. Normal RV and RA. No Concentric LVH.
3. All Four valves are structurally normal.
4. Good LV systolic function. LVEF = 60%.
5. Normal LV Compliance.
6. Trivial TR. Mild MR. No AR.
7. No PAH. RVSP = 28 mmHG.
8. Intact IAS and IVS.
9. No Clot, No Vegetation.
10. No pericardial effusion.

CONCLUSION

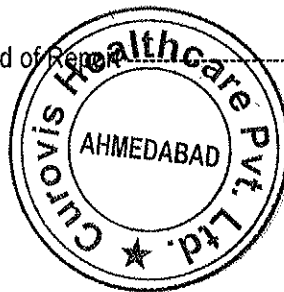
1. Normal LV size with Good LV systolic function.
2. No Concentric LVH . Normal LV Compliance
3. Trivial TR with No PAH. Mild MR. No AR
4. No RWMA at rest.

This echo doesn't rule out any kind of congenital cardiac anomalies.

----- End of Report -----

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Approved On : 22/10/2021 2:52:00 PM
Generated On : 22/10/2021 15:10




Dr Jinen M Shah
DNB (Medicine) FCCS (USA)

Patient's name	: ABHILASHA B RAJAN	Age/Sex	: 35 Years/Female
Referred by	: Self	Reg. No	: 4800
Date	: 22/10/2021	Mobile	: 9979356576
Patient's Id	: AR107	Ref ID.	:

X RAY CHEST PA

Both lung fields appear clear.

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

Bony thorax appears normal.

COMMENT: No significant abnormality is detected.

----- End of Report -----

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Dr. Jalmin Shah
DMRD
Consultant Radiologist

Approved On : 22/10/2021 3:43:00 PM
Generated On : 22/10/2021 15:43



Patient's name	: ABHILASHA B RAJAN	Age/Sex	: 35 Years/Female
Referred by	: Self	Reg. No	: 4800
Date	: 22/10/2021	Mobile	: 9979356576
Patient's Id	: AR107	Ref ID.	:

USG ABDOMEN

Liver appears normal in size, show homogenous parenchymal echo. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic biliary or portal radicals. PV is normal in caliber.

Gall bladder is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

Pancreas Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

Spleen appears normal in size & echopattern. No evidence of focal lesions.

Both kidney are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass seen.

Urinary bladder contour is normal, no calculus or wall thickening seen.

Uterus appears normal. No adnexal mass is seen.

No evidence of free fluid in peritoneal cavity.

No evidence of para-aortic lymph adenopathy.

No evidence of dilated small bowel loops,

COMMENTS :

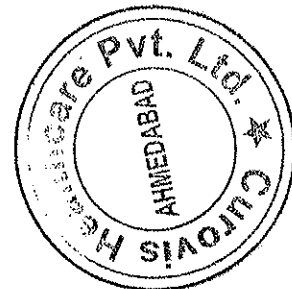
Normal study.

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Dr. Jalmin Shah
DMRD
Consultant Radiologist

Approved On : 22/10/2021 3:44:00 PM
Generated On : 22/10/2021 15:44



Patient's name : ABHILASHA B RAJAN
Referred by : Self
Date : 22/10/2021
Patient's Id : AR107

Age/Sex : 35 Years/Female
Reg. No : 4800
Mobile : 9979356676
Ref ID. :

Eye Check - Up

RIGHT EYE

SP: -2.25
CY: +0.00
AX: 00

LEFT EYE

SP: -2.25
CY: +0.00
AX: 00

	Without Glasses	With Glasses
Right Eye	6/18	6/5
Left Eye	6/18	6/5

Near Vision: Right Eye -N/6, Left Eye - N/6

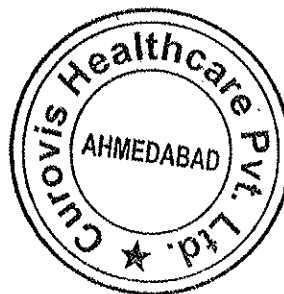
Fundus Examination: Within Normal Limits.

Colour Vision: Normal

Comments: Normal

Dr.Kejal Patel
MB,DO(Ophth)

Approved On : 22/10/2021 2:42:00 PM
Generated On : 22/10/2021 15:10

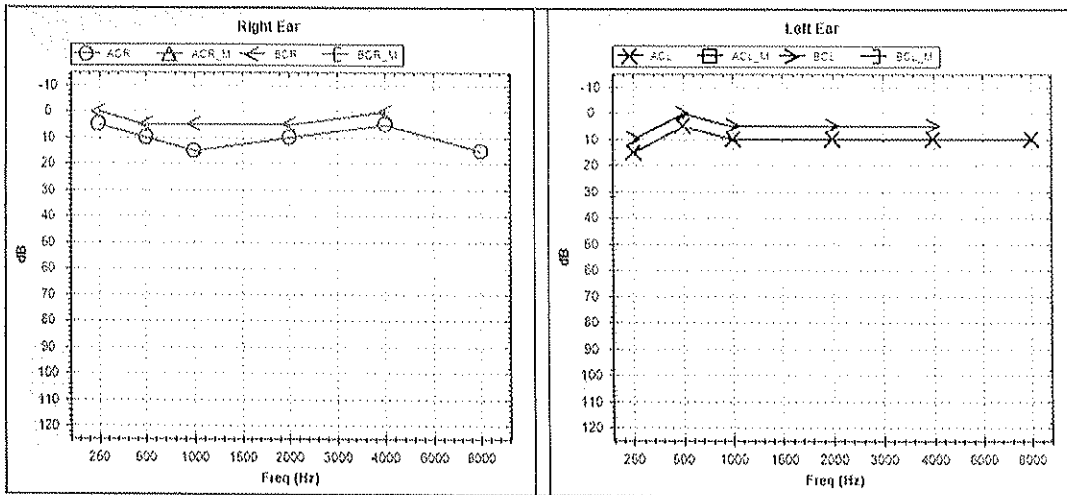


CLIENT NAME:- ABHILASHA RAJAN.

AGE:- 35Y / F

DATE:- 22/10/2021

AUDIOGRAM



EAR	MODE	Air Conduction		Bone Conduction		Colour Code	Threshold In dB	RIGHT	LEFT
		Masked	UnMasked	Masked	UnMasked				
LEFT		□	×	□	>	Blue	AIR CONDUCTION	10	10.5
RIGHT		△	○	□	<	Red	BONE CONDUCTION		
NO RESPONSE : Add ↓ below the respective symbols							SPEECH		

Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

