

Name: Mr. pranit Meshram Date: 30/03/23  
 Age: 39 yr Sex: (M/F) Weight: 73.3 kg Height: 163.1 inc BMI: 27.6  
 BP: 114/75 mmHg Pulse: 88/min bpm RBS: \_\_\_\_\_ mg/dl

spo2 - 95%

39/M

4c DM, diabetic Retinopathy (Laser TTT done)  
 Syrr-HT  
 Dyslipidemia

On

T. Glucosed Forte	1	-	x	-	1
Udapa 10	1	-	x	-	x
Zomelis 50	1	-	x	-	1
Repace 50	1	-	x	-	x
Cilamer XL	1	-	x	-	x
Razel 10	x	-	x	-	1
Voglibite 0.3	1	-	x	-	1

O/E

JVP<sup>0</sup>  
 Clear  
 WS  
 P/A

FTT - uncles & aunts are diabetic  
 No addictions Kharrā +

I/L

HbA<sub>1c</sub> - 7.0  
 FBS - 119  
 PMBS - 177  
 HDL - 29  
 ni prot 3+

Adv.

• Urine Borein Creatinine Ratio

• TMT

- Continue previous TTT
- Stop Razel
- Cap Razel - A x - x - 1  
 (10 + 75) A/D

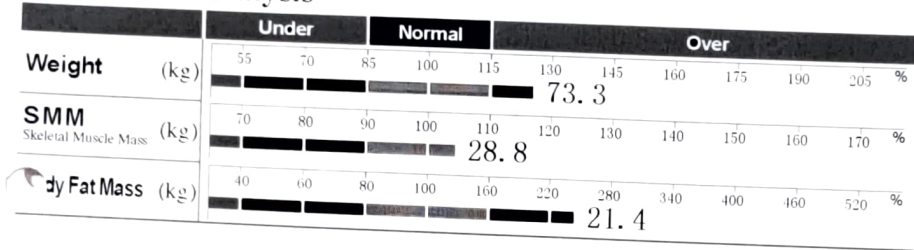
• Diet + walking  
 • stop Kharrā

ID	Height	Age	Gender	Test Date / Time
2223139562	163.1 cm	39	Male	30.03.2023 12:00

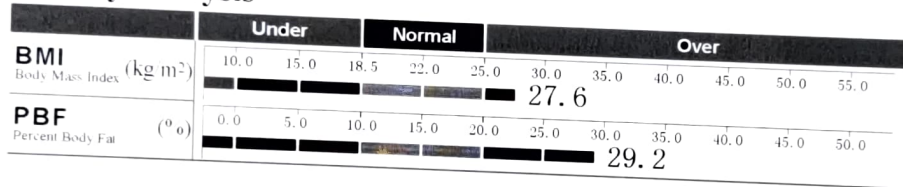
## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water</b> (L)	38.3 (32.9~40.3)
What I need to build muscles	<b>Protein</b> (kg)	10.2 (8.8~10.8)
What I need for strong bones	<b>Mineral</b> (kg)	3.42 (3.04~3.72)
Where my excess energy is stored	<b>Body Fat Mass</b> (kg)	21.4 (7.0~14.1)
Sum of the above	<b>Weight</b> (kg)	73.3 (49.7~67.3)

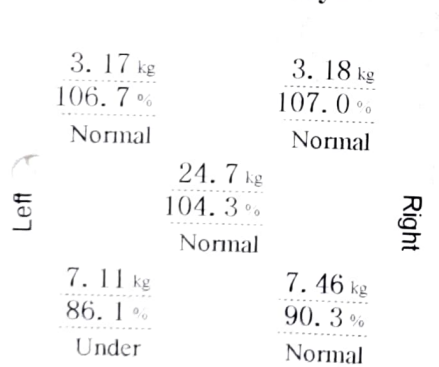
## Muscle-Fat Analysis



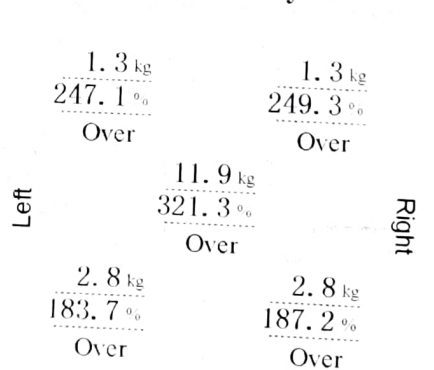
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History

Weight (kg)	SMM (kg)	PBF (%)
73.3	28.8	29.2
Recent		
Total		

## InBody Score

70/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	61.1 kg
Weight Control	-12.2 kg
Fat Control	-12.2 kg
Muscle Control	0.0 kg

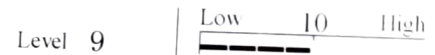
## Obesity Evaluation

BMI	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Slightly Over	<input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Slightly Over	<input checked="" type="checkbox"/> Over	

## Waist-Hip Ratio



## Visceral Fat Level



## Research Parameters

Fat Free Mass	51.9 kg
Basal Metabolic Rate	1492 kcal (1581~1850)
Obesity Degree	125% (90~110)
SMI	7.9 kg/m <sup>2</sup>
Recommended calorie intake	2062 kcal

## Calorie Expenditure of Exercise

Exercise	Calories
Golf	129
Walking	147
Badminton	166
Tennis	220
Boxing	220
Mountain Climbing	239
Aerobics	257
Soccer	257
Japanese Fencing	367
Squash	367
Gateball	139
Yoga	147
Table Tennis	166
Bicycling	220
Basketball	220
Jumping Rope	257
Jogging	257
Swimming	257
Racketball	367
Taekwondo	367

\*Based on your current weight  
\*Based on 30 minute duration

## Impedance

	RA	LA	TR	RL	LL
Z(Ω) 20 kHz	267.3	269.0	20.5	230.8	250.8
100 kHz	239.6	240.1	18.3	208.1	225.7

Name: Mr Pawan Meshram Date: 30.03.23  
Age: 39/ys Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_  
BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Kello DM + +1t

o/E ↓ed mouth opening.  
chr. tobacco betism. chewer  
Bridge c 1|2 2gin

A2u

oph x ray.

scaling ⊕

Ret c 1|2  
ε

fallen by bridge  
1|2 or 2x implant.







MC-4807

**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. PRANIT MESHRAM	<b>Age / Gender</b> : 39 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2223025913/UMR2223139562	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Mar-23 08:38 am	<b>Report Date</b> : 30-Mar-23 10:40 am

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.0	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		42.7	40.0 - 50.0 Vol%	Calculated
RBC Count		5.05	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		85	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.7	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		<b>35.1</b>	31.5 - 35.0 g/l	Calculated
RDW		13.3	11.5 - 14.0 %	Calculated
Platelet count		196	150 - 450 10 <sup>3</sup> /cumm	Impedance
WBC Count		7100	4000 - 11000 cells/cumm	Impedance
<b><u>DIFFERENTIAL COUNT</u></b>				
Neutrophils		62.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		28.9	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		<b>7.5</b>	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		<b>0.9</b>	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4451.7	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count		2051.9	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		<b>532.5</b>	20 - 500 /cumm	Calculated
Absolute Monocyte Count		<b>63.9</b>	200 - 1000 /cumm	Calculated





MC-4807



**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. PRANIT MESHAM	<b>Age / Gender</b> : 39 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2223025913/UMR2223139562	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Mar-23 08:38 am	<b>Report Date</b> : 30-Mar-23 10:40 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<b>PERIPHERAL SMEAR</b>				
RBC		Normochromic Normocytic		
WBC		As Above		
Platelets		Adequate		
<b>ESR</b>		05	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

**Dr. VAIDEHEE NAIK, MBBS,MD**

**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. PRANIT MESHARAM	<b>Age / Gender</b> : 39 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2223025913/UMR2223139562	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Mar-23 08:38 am	<b>Report Date</b> : 30-Mar-23 11:32 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	<b>119</b>	< 100 mg/dl	GOD/POD, Colorimetric

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,  
 Fasting  $\geq$  126 mg/dl  
 Random/2Hrs.OGTT  $\geq$  200 mg/dl  
 Impaired Fasting = 100-125 mg/dl  
 Impaired Glucose Tolerance = 140-199 mg/dl

Post Prandial Plasma Glucose	<b>177</b>	< 140 mg/dl	GOD/POD, Colorimetric
------------------------------	------------	-------------	-----------------------

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,  
 Fasting  $\geq$  126 mg/dl  
 Random/2Hrs.OGTT  $\geq$  200 mg/dl  
 Impaired Fasting = 100-125 mg/dl  
 Impaired Glucose Tolerance = 140-199 mg/dl

**GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

<b>HbA1c</b>	<u><b>7.0</b></u>	Non-Diabetic : $\leq$ 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : $\geq$ 6.5 %	HPLC
--------------	-------------------	--	------

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission.



MC-4807

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. PRANIT MESHAM	<b>Age / Gender</b> : 39 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2223025913/UMR2223139562	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Mar-23 08:38 am	<b>Report Date</b> : 30-Mar-23 12:00 pm

**LIPID PROFILE**

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>		<b>Method</b>
Total Cholesterol	Serum	90	< 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		53	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		<b>29</b>	> 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		55.54	< 100 mg/dl	Enzymatic
VLDL Cholesterol		11	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio		3	3 - 5	Calculation

<b>Intiate therapeutic</b>		<b>Consider Drug therapy</b>	<b>LDC-C</b>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%			
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160	>190,optional at 160-189	<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

**Dr. VAIDEHEE NAIK, MBBS,MD****CONSULTANT PATHOLOGIST**SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510





MC-4807



**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. PRANIT MESHRAM      **Age / Gender** : 39 Y(s)/Male  
**Bill No/ UMR No** : BIL2223025913/UMR2223139562      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 30-Mar-23 08:38 am      **Report Date** : 30-Mar-23 12:00 pm

**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.01	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.95	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.57	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

**Dr. VAIDEHEE NAIK, MBBS,MD**

**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.  
Phone: +91 0712 6789100  
CIN: U74999MH2018PTC303510





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. PRANIT MESHRAM	<b>Age / Gender</b> : 39 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2223025913/UMR2223139562	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Mar-23 08:38 am	<b>Report Date</b> : 30-Mar-23 12:00 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
<b>RFT</b>				
Blood Urea	Serum	19	19.0 - 43.0 mg/dl	
Creatinine		1.24	0.66 - 1.25 mg/dl	
GFR		75.8		
Sodium		145	136 - 145 mmol/L	
Potassium		<b>5.34</b>	3.5 - 5.1 mmol/L	Direct ion selective electrode
<b>LIVER FUNCTION TEST(LFT)</b>				
Total Bilirubin		0.59	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		<b>0.35</b>	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.24	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		51	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		34	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		30	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		6.53	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		3.86	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.67	2.0 - 4.0 gm/	Calculated
A/G Ratio		1.45		
<b>URINE SUGAR</b>				
<b>Urine Glucose</b>		4 + (Approx 1000mg/dl)		

*(Handwritten signature)*



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. PRANIT MESHARAM	<b>Age / Gender</b> : 39 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2223025913/UMR2223139562	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Mar-23 10:27 am	<b>Report Date</b> : 30-Mar-23 12:14 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<b>URINE MICROSCOPY</b>			
<b><u>PHYSICAL EXAMINATION</u></b>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	
<b><u>CHEMICAL EXAMINATION</u></b>			
Reaction (pH)	Urine	5.0	4.6 - 8.0 Indicators
Specific gravity		1.010	1.005 - 1.025 ion concentration
Urine Protein		3+ (Approx 150mg/dl)	protein error of pH indicator
Sugar		4+ (Approx 1000mg/dl)	GOD/POD
Bilirubin		Negative	Diazonium
Ketone Bodies		Negative	Legal's est Principle
Nitrate		Negative	
Urobilinogen		Normal	Ehrlich's Reaction
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Epithelial Cells	Urine	0-1	0 - 4 /hpf Manual
R.B.C.		Absent	0 - 4 /hpf Manual
Pus Cells		0-1	0 - 4 /hpf Manual
Casts		Absent	Manual
Crystals		Absent	Manual
Others		.	
<b><u>USF(URINE SUGAR FASTING)</u></b>			
Urine Glucose	Urine	4+ (Approx 1000mg/dl)	GOD/POD

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.  
Phone: +91 0712 6789100  
CIN: U74999MH2018PTC303510

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100400

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. Anuradha Deshmukh, MBBS,MD



MC-4807



**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b> : Mr. PRANIT MESHAM	<b>Age / Gender</b> : 39 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2223025913/UMR2223139562	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Mar-23 08:38 am	<b>Report Date</b> : 30-Mar-23 10:44 am

**BLOOD GROUPING AND RH**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
<b>BLOOD GROUP.</b>	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
<b>Rh (D) Typing.</b>		" Positive "(+Ve) *** End Of Report ***	

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

**Dr. VAIDEHEE NAIK, MBBS,MD**

**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



NAME OF PATIENT:	MR. PRANIT MESHAM	AGE & SEX:	39 YRS/M
REG NO:	2223139562	BILL NO	222302593
REF BY:	DR. VIMMI GOEL	DATE:	30/03/2023

**X- RAY CHEST (PA VIEW)**

Both the lung fields are clear.

Aortic knuckle calcification seen.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION -**

**No pleuro-parenchymal abnormality seen.**



**DR. MILI PARIKH  
MD, DNB (RADIOLOGIST)  
REG NO. 2017083895**

NAME OF PATIENT:	MR. PRANIT MESHARAM	AGE & SEX:	39 YRS/M
REG NO:	2223139562	BILL NO	222302593
REF BY:	DR. VIMMI GOEL	DATE:	30/03/2023

**USG WHOLE ABDOMEN**

LIVER is normal in size (13 cm), shape and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is partially distended. No stones or sludge seen within it. Wall thickness is within normal limits.

PANCREAS is obscured due to bowel gases.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Right kidney measures 9.6 x 4.8 cm. Left kidney measures 9.5 x 5.0 cm  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture (16 cc).

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

**No significant visceral abnormality seen.**



**DR. MILI PARIKH**  
**MD, DNB (RADIOLOGIST)**  
**REG NO. 2017083895**

**SCREENING 2D ECHOCARDIOGRAPHY REPORT**

Patient Name : Mr. Pranit Meshram  
Age : 39 years / Male  
UMR : UMR2223139562  
Date : 30/03/2023  
Done by : Dr. Vimmi Goel  
ECG : NSR, WNL

**Impression:**

**Normal 2D Echocardiography**

- Normal chambers dimensions
- No RWMA of LV at rest
- Good LV systolic function with LVEF – 68%
- Normal LV diastolic function
- E Velocity is 103 cm/s, A Velocity is 76 cm/s, E/A is 1.4
- Medial E' is 9.7 cm/sec, Lateral E' is 14.5 cm/sec, E/E' is 8.8 (Average)
- Valves are normal
- No pulmonary hypertension
- No clots / Pericardial effusion
- IVC – Normal in size and collapsing well with respiration



**Dr. Vimmi Goel**  
**MD, Sr. Consultant**  
**Non-invasive Cardiology**



2223139562

39 Years

Mr. Pranit Meshram

Male  
KIMS-KINGSWAY HOSPITALS  
PBC DEPT.

30-Mar-23 11:39:34 AM

Rate 81 Sinus rhythm.....normal P axis, V-rate 50-99  
Partial missing lead(s): V5

PR 130  
QRSD 80  
QT 336  
QTc 390

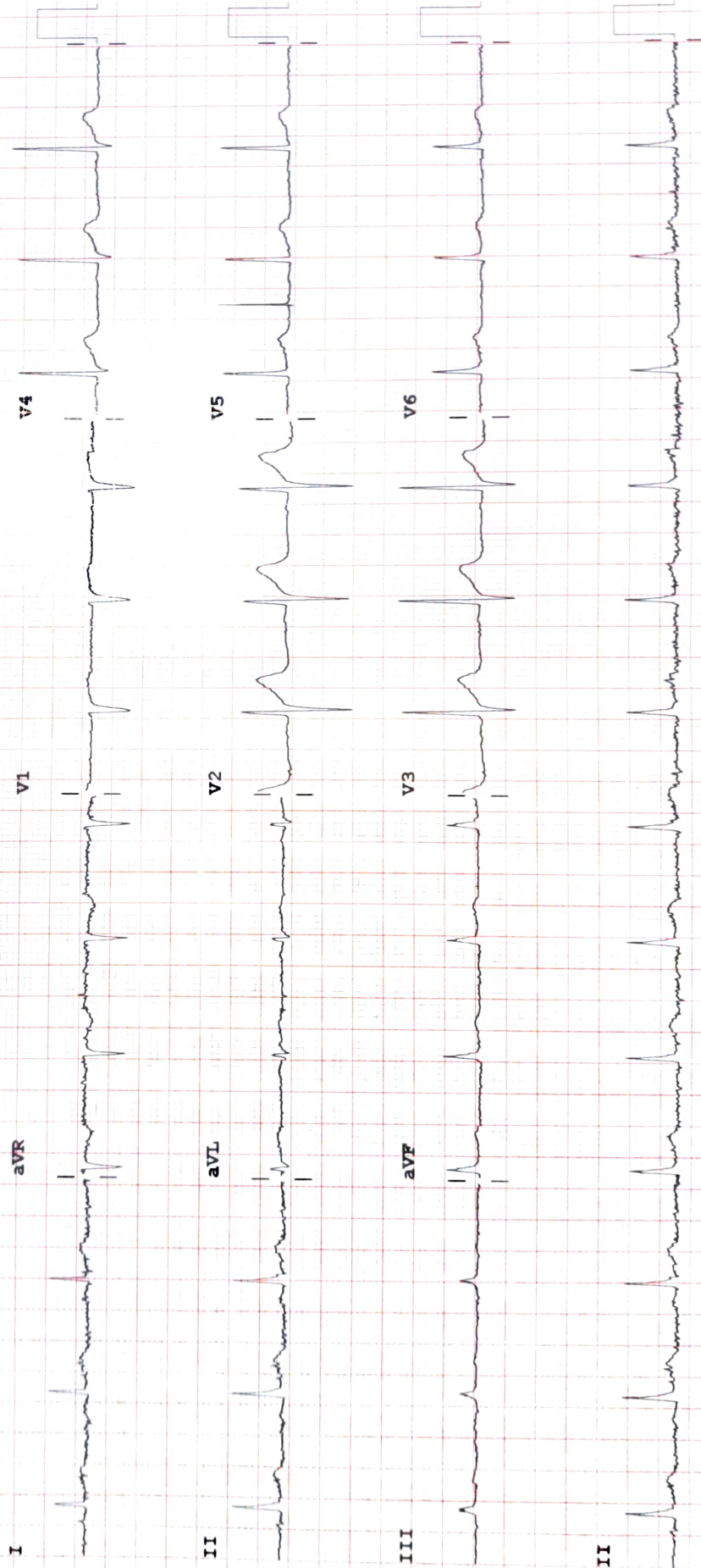
--AXIS--

P 12  
QRS 53  
T 29

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?