

M.P. Nursing Home

Research & Diabetic Care Centre

Opp. Tarun Talkies, Shankar Nagar Road,
Durg (C.G.) 491001, Reg. No. 92/2263 F.R.
Mob. : 98271 60949, 9303939305



Authorization -
SBI Life Insurance
New India Assurance Comp Ltd
Bajaj Allianz Reliance
ICICI Lombard, LIC
TTK Health Service India,
Birla MD India, Max IDBI, M D India,
Bharti Canara BPL (Smart Card)
National F P Work of Govt
Cash Less Treatment

Mamta Yadav

PHYSICAL EVALUATION

DATE:- 25/03/2023

POLICY NO.:- PKG10000283

CLIENT NAME:- MAMTA YADAV

AGE/SEX:- 32 yr
HEIGHT:- 152.5 cm
WEIGHT:- 67 kg
BLOOD PRESSURE:- 120/78 mm.Hg
PULSE:- 72/mt Regular 72
CVS SYSTEM:- normal
ABDOMEN:- normal
CNS SYSTEM:- normal
SPO2:- 96
NEAR VISION :- OK
COLOUR VISION:- OK
REMARK:- Fit
dental ⇒ oral Hygiene well Maintained
ENT/Skin ⇒ all Normal.

M.P. Nursing Home
(Dr. Bhatia)
Durg (C.G.)
25/3/23

CLIENT SIGNATURE

DEPARTMENT OF RADIOLOGY

M.P.NURSING HOME ,DURG(C.G.)

NAME :-MAMTA YADAV AGE:-32YRS /FEMALE

DATE:-25/03/2023

USG OF WHOLE ABDOMEN & PELVIS

LIVER:-IS MILDLY ENLARGED IN SIZE 15.5CM ,GRADE 1 FATTY CHANGES.

PORTAL VEIN:-IS NORMAL IN SIZE,HEPATOPETAL FLOW.

IVC AND AORTA:-SIZES NORMAL,RESPIRATORY VARIATIONS NORMAL

GALL BLADDER:- LUMEN IS WELL DISTENDED AND AND ECHOFREE.NO CASLCULUS OR SLUDGE IS SEEN

SPLEEN:-IS NORMAL IN SIZE,SHAPE AND ECHOTEXTURE.NO FOCAL LESION . SPLEEN VEIN NORMAL.

PANCREAS:- IS NORMAL IN SIZE AND ECHOTEXTURE.NO RETROPERITONEAL/PARAAORTIC LYMPHADENOPATHY.NO FREE FLUID SEEN IN PERITONEAL CAVITY.

KIDNEY:-APPEAR NORMAL IN SIZE, SHAPE AND ECHOTEXTURE.CORTICAL THICKNESS AND CORTICOMEDULARY DIFFERENTIALY NORMAL. NO CALCULUS.NO HYDRONEPHROSIS

URINARY BLADDER:- SHOWS UNIFORM WALL THICKNESS AND ECHOFREE LUMEN.

UTERUS AND OVARIES:- ALL NORMAL .UTERUS ENDOMETRIAL THICKNESS MEASURES 8MM

IMPRESSION:-

1. MILD HEPATOMEGALY WITH GRADE 1 FATTY INFILTRATION.
2. NO OTHER SIGNIFICANT ABNORMALITY DETECTED

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Durg (C.G.)



M.P. NURSING HOME
NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)
PATHOLOGY DEPARTMENT

NAME :- MAMTA YADAV AGE:-32YRS SEX:-FEMALE DATE:-25/03/2023

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CBS & ESR	RESULT	NORMAL RANGE (IN ADULT)	SPECIAL TEST	
			RESULT	NORMAL RANGE
Hb	13.0	gm% Male 12-18, Female 11-16.5	MCV	83 80-96FL
TLC	5700	4000-11000/Cell/Cu.mm	RDW	41 39-46FL
NEUTROPHIL	62	40-75%	PCV	39 35-55%
LYMPHOCYTE	28	20-45%	MCH	30 27-33PG
EOSINOPHIL	04	1-6%	MCHC	32 32-36GM/DL
MONOCYTE	06	1-10%	MPV	6.90 6.5 -11.0
RBC	3.95	3.5-6.0 mill/Cu.mm.	PWD	15 10-18
Platelet Count	2.12	1.5 - 4.5 Lackhs/Cu.mm.	B.T.	2.14 01-06 MINT
Peripheral Smear	NORMAL	Normal/Macro /Microcyte/Hypochromia	C.T.	6.87 06-10 MINT
ESR	14	Male - 0-15, Female 0-20 mm/hr		

LIPID PROFILE	RESULT	NORMAL RANGE (IN ADULT)
SERUM CHOLESTEROL	158	130-250 MG/DL
SERUM TRIGYCERIDES	94	60-150 MG/DL
HDL Cholesterol	47	MALE 45-65 MG/DL, FEMALE 35-55 MG/DL
LDL Cholesterol	90	60-150 MG/DL
VLDL	26	20-50 MG/DL
HDL/LDL	0.52	MORE THAN 0.4

LIVER FUNCTION TEST	RESULT	NORMAL RANGE (IN ADULT)
BILIRUBIN(Direct/Conjugated)	0.12	UP TO 0.25 MG/DL
BILIRUBIN (Indirect/UNCONJUGATED)	0.24	UP TO 0.75 MG/DL
BILIRUBIN (Total)	0.36	UP TO 1.0 MG/DL
SGOT/AST	19	FEMALE 10-31IU/L, MALE 10-35 IU/L
SGPT/ALT	22	0-40 IU/L
ALP (Alkaline Phosphate)	151	ADULT 108-306 IU/L
G.G.T.P	20	MALE 8-61 IU/L,, FEMALE 5-36 IU/L

KFT/RFT	RESULT	NORMAL RANGE
SERUM CREATININE	0.82	0.6-1.4 MG/DL
UREA/BUN	13	10-50 MG/DL
ALBUMIN	3.90	3.2-5.5 GM/DL
GLOBULIN	2.75	2.3-3.6 GM/DL
TOTAL PROTEIN	6.65	6.0-8.0 GM/DL
Uric Acid	3.02	2.5-7.5 MG/L

URINE EXAMINATION (RUA)

Colour:-CLEAR, ,, Deposit:-NIL
Reaction :- ACIDIC ,, Albumin:-NIL
(F)Sugar:-NIL ,, (PP)Sugar:-NIL

MICROSCOPIC

Pus cell :- NIL ,, Casts :-NIL,, Crystals :- NIL
RBC :-NIL ,, Epithelial Cells :-NIL

URINE SPECIFIC GRAVITY:-1.019
(1.010 to 1.025)

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PATHOLOGY DEPARTMENT

NAME :- MAMTA YADAV AGE:-32YRS SEX:-FEMALE DATE:-25/03/2023

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STOOL TEST

1. Physical EXAMINATION:-

Colour :YELLOWISH ,, PARASITES:-ABSENT

Consistency:-SOLID ,, Mucus:-ABSENT ,, Blood:-ABSENT,, PUS:-ABSENT

2. MICROSCOPIC EXAMINATION:-

Protozoa:-ABSENT ,, FAT DROPLETS:- ABSENT,,, YEAST CELLS:- ABSENT

Pus Cells:-ABSENT ,, RBC's:- ABSENT,,, CYSTS:- ABSENT

VEGETABLE CELLS:- ABSENT,, EPITHELIAL CELLS:- ABSENT,, MACROPHAGES:- ABSENT

3. CHEMICAL EXAMINATION:-

PH:-ALKALINE ,, OCCULT BLOOD :-ABSENT

STOOL TEST RESULT:- TEST IS NEGATIVE

OTHER TESTS	RESULT	NORMAL RANGE
FBS	95	UP TO - 120 mg/dl
PPBS	116	UP TO - 180 mg/dl
HBA1C	4.72	4-7 %
HBs Ag	(-VE)	-VE/+VE (Elisa)
HIV 1 & 2	(-VE)	-VE/+VE (Elisa) (Tridot)

BLOOD GROUP:- "O" +VE

THYROID PROFILE	RESULT	NORMAL RANGE
T3	92 NG/ML	60-181 NG/ML
T4	5.10 MG/DL	4.5-12 MG/DL
TSH	2.38 MIU/ML	0.49- 4.67 MIU/ML

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 Durg (C.G.)

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M.P. NURSING HOME ,DURG(C.G.)

NAME :- MAMTA YADAV

AGE/SEX:- 32YRS/FEMALE

DATE:- 25/03/2023

X-RAY CHEST PA VIEW:-

- .BILATERAL LUNG FIELDS APPEARS CLEAR AND FREE OF ANY INFILTRATES
- .CARDIAC AND MEDIASTINUM APPEARS NORMAL
- .BOTH HILA APPEARS NORMAL
- .BOTH COSTOPHRENIC ANGLES ARE CLEAR
- .BILATERAL DOME OF DIAPHRAGM ARE NORMAL IN CONTOUR
- .BONY CAGE IS NORMAL

IMPRESSION:-NORMAL STUDY

(Signature)
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(Dr. Bhatia)
Durg (C.G.)

DEPARTMENT OF PATHOLOGY

M.P.NURSING HOME ,DURG(C.G.)

NAME :- MAMTA YADAV

AGE:- 32YRS /F

DATE:-25/03/2023

PAP SMEAR REPORT

CLINICAL INFORMATION:-

LMP DATE:- OK GIVEN

MENSTRUAL STATUS:-IRREGULARLY ACTIVE

SITE OF COLLECTION:-CERVICAL/ENDOCERVICAL

TEST TYPE:-THIN PREP

HPV TESTING:-NEGATIVE

FINAL INTERPRETATION:-

:-NEGATIVE FOR MALIGNANCY,

:-NO ACTIVE INFECTION SEEN

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(Dr. Bhatia)
Durg (C.G.)



M.P. NURSING HOME
SHANKAR NAGAR ROAD
DURG(C.G.)

Ward
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MAMTA YADAV
Patient ID: 2023MW05
Height:
Weight:

DOB: 20/01/1991
Age: 32YRS
Gender: FEMALE
Race:

Study Date: 25/03/2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. B. S. BHATIA
Technician: --

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:02	0.00	0.00	90	126/74	
	STANDING	00:05	0.00	0.00	90	126/74	
EXERCISE	STAGE 1	03:00	2.70	10.00	112	136/88	
	STAGE 2	03:00	4.00	12.00	131	148/98	
	STAGE 3	01:06	5.40	14.00	139	162/106	
RECOVERY		01:01	0.00	0.00	112	144/92	

The patient exercised according to the BRUCE for 7:05 min:s, achieving a work level of Max. METS: 8.60. The resting heart rate of 99 bpm rose to a maximal heart rate of 141 bpm. This value represents 80 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 162/106 mmHg. The exercise test was stopped due to Leg discomfort.

Interpretation

Summary: Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

Conclusions

negative for induced ischaemia ✓

Physician _____ Technician _____

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Durg (C.G.)

MAMTA YADAV
 Patient ID 2023MW05
 25/03/2023 FEMALE
 32YRS
 12:02:10 Meds:

Test Reason:
 Medical History:

Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

BRUCE Total Exercise Time 07:05
 Max HR: 141 bpm 80% of max predicted 176 bpm
 Max BP: 162/106 Maximum Workload: 8.60 METS
 Max ST Level -0.55 mm in III; EXERCISE STAGE 3 7:06
 Reasons for Termination: Leg discomfort
 Summary: Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.
 Conclusion: negative for induced ischaemia
 Location Number: * 0 *

Tabular Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (*100)	VE (/min)	ST Level III(mm)	Comment
PRETEST	SUPINE	01:02	0.00	0.00	1.0	90	126/74	113	0	0.15	
EXERCISE	STANDING	00:05	0.00	0.00	1.0	90	126/74	113	0	0.20	
	STAGE 1	03:00	2.70	10.00	4.6	112	136/88	152	0	0.30	
	STAGE 2	03:00	4.00	12.00	7.0	131	148/98	193	0	-0.10	
RECOVERY	STAGE 3	01:06	5.40	14.00	8.6	139	162/106	225	0	-0.55	
		01:01	0.00	0.00	4.8	112	144/92	161	0	-0.10	

MAMTA YADAV
 Patient ID 2023MW05
 25/03/2023
 12:02:10

Graded Exercise Summary Report

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EXERCISE		BASELINE			MAX. ST		
EXERCISE	STAGE 1	90 bpm	ST @ 10mm/mV 60ms post J	EXERCISE	STAGE 3	139 bpm 162/106 mmHg	ST @ 10mm/mV 60ms post J
I 0.25 mm 0.25 mV/s	aVR -0.30 -0.54	V1 0.30 -0.25	V4 1.00 0.88	I 0.10 0.47	aVR 0.15 -1.05	V1 0.70 -0.19	V4 1.05 2.31
II 0.40 0.16	aVL 0.05 0.12	V2 1.05 0.90	V5 0.55 0.51	II -0.45 1.17	aVL 0.35 -0.18	V2 1.70 1.36	V5 0.45 1.50
III 0.15 -0.14	aVF 0.30 0.00	V3 1.70 1.74	V6 0.35 0.31	III -0.55 0.51	aVF -0.50 0.83	V3 2.30 3.21	V6 0.15 1.70

Unconfirmed

Attending MD: DR. B. S. BHATTIA

MAMTA YADAV
Patient ID 2023MW05
25/03/2023
12:03:10

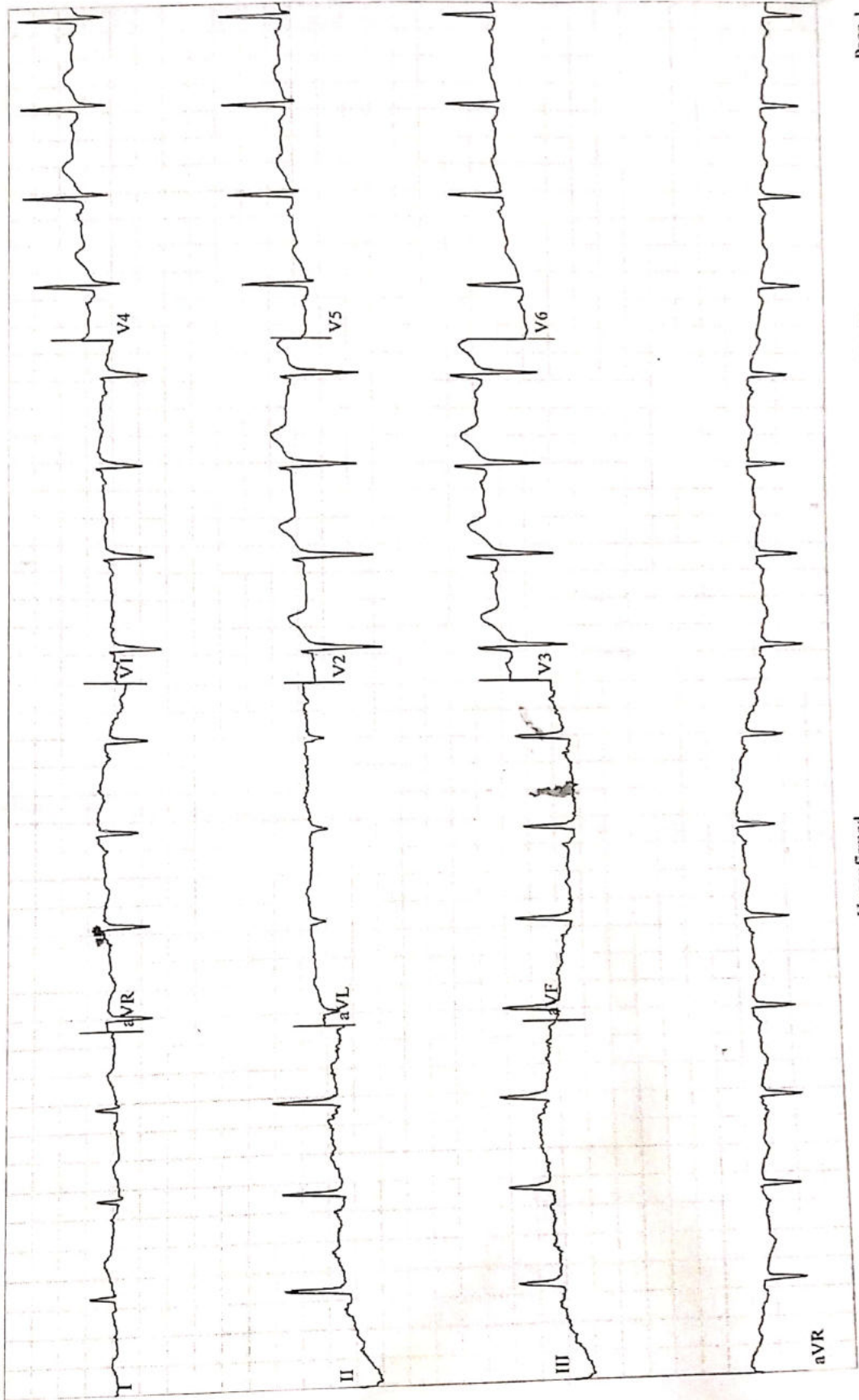
EXERCISE TEST / ECG Strips

90 bpm
126/74 mmHg

PRETEST
SUPINE
1:00

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BRUCE
0.0 km/h
0.0 %



GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF- HR(V3, V2)

Unconfirmed

Attending MD: DR. B. S. BHATTIA

Page 1

MAMTA YADAV
Patient ID 2023MW05
25/03/2023
12:06:05

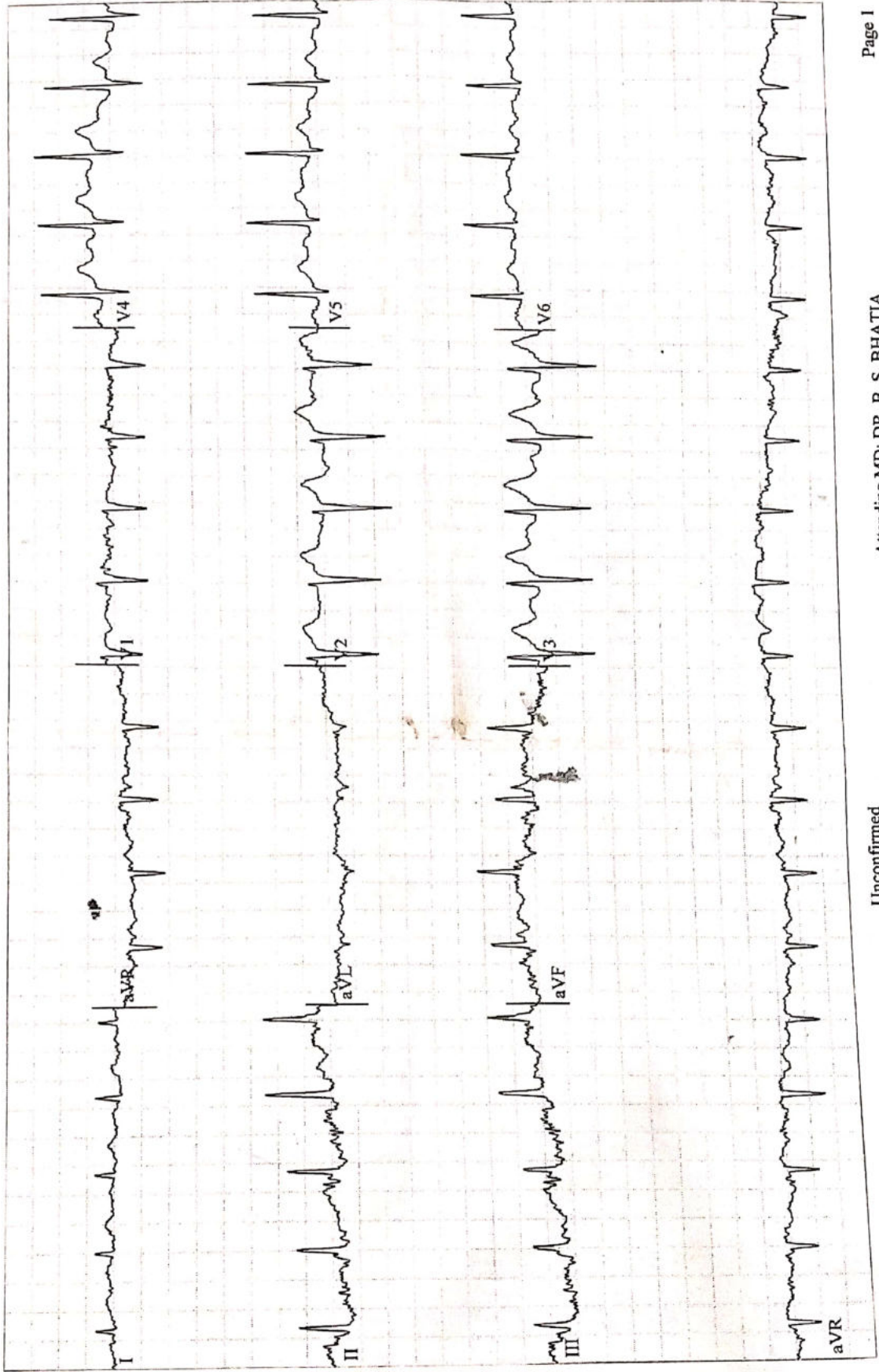
EXERCISE TEST / ECG Strips

112 bpm
136/88 mmHg

EXERCISE
STAGE 1
2:50

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BRUCE
2.7 km/h
10.0 %



Unconfirmed

Attending MD: DR. B. S. BHATTIA

GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF-HR(V3, V2)

MAMTA YADAV
Patient ID 2023MW05
25/03/2023
12:09:05

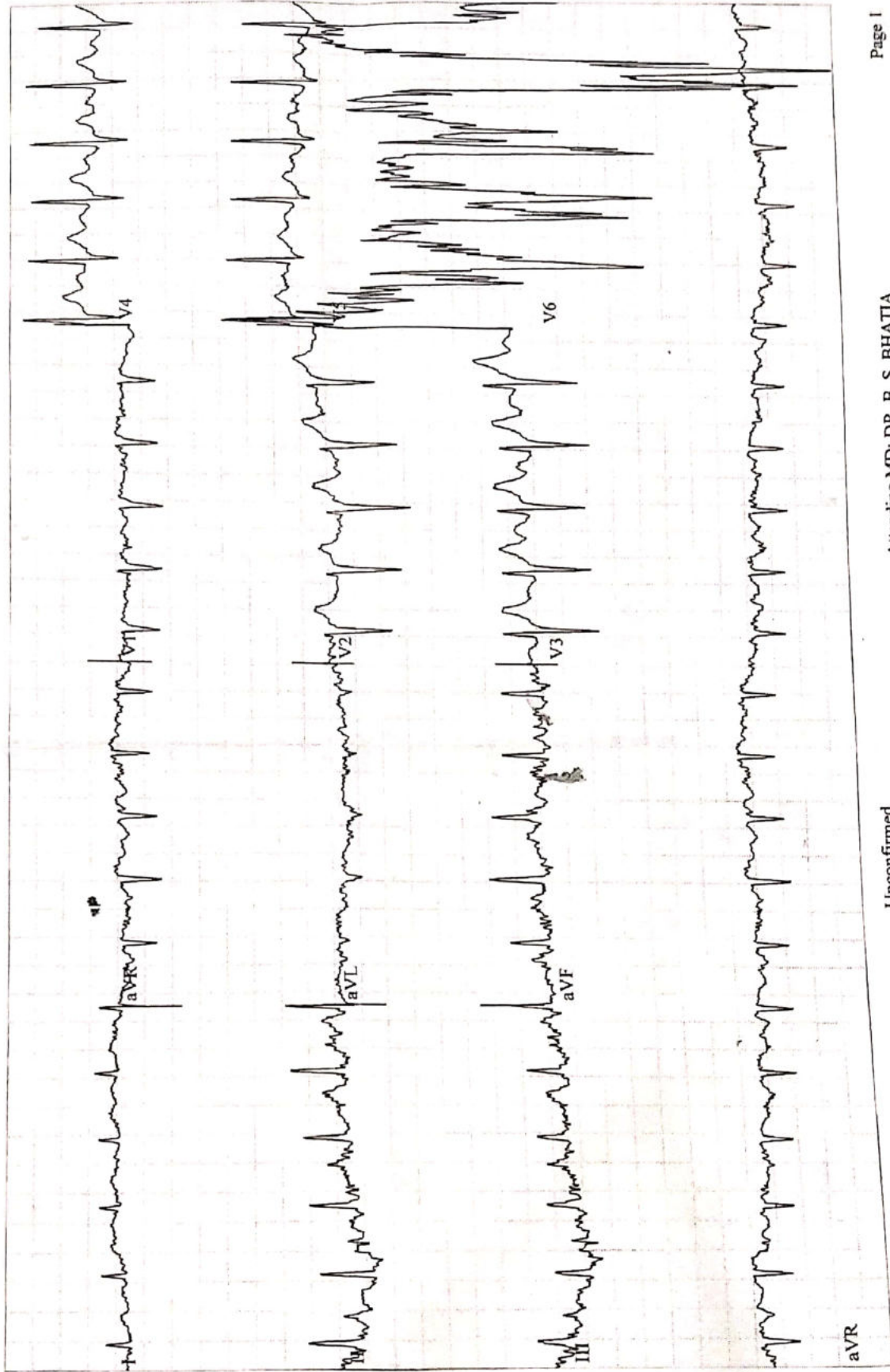
EXERCISE TEST / ECG Strips

130 bpm
148/98 mmHg

EXERCISE
STAGE 2
5:50

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BRUCE
4.0 km/h
12.0 %



aVR

GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRE- HR(V3, V2)

Unconfirmed

Attending MD: DR. B. S. BHATIA

MAMTA YADAV
Patient ID 2023MW05
25/03/2023
12:11:10

EXERCISE TEST / ECG Strips

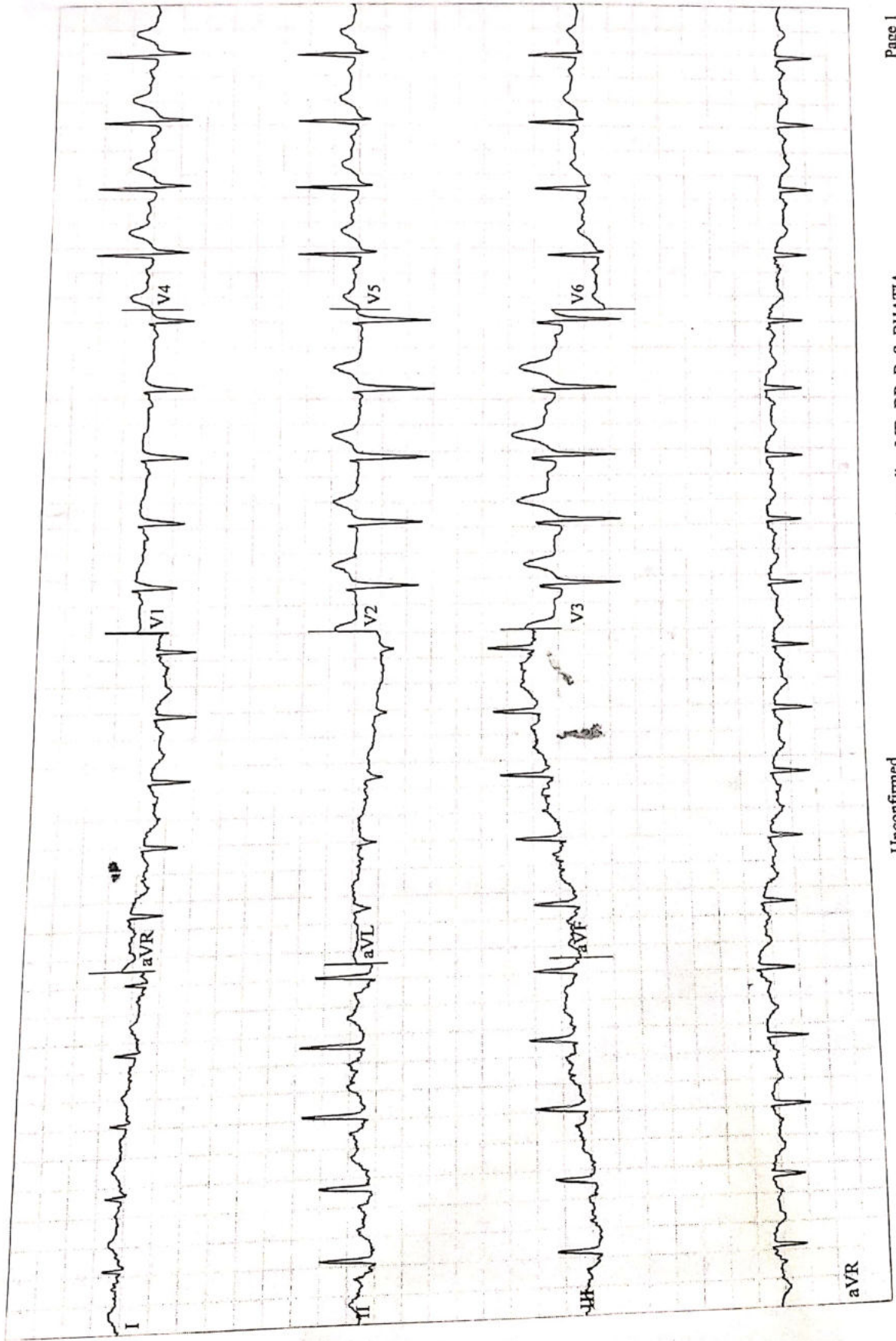
123 bpm
144/92 mmHg

RECOVERY

0:50

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BRUCE
0.0 km/h
0.0 %



Attending MD: DR. B. S. BHATIA

Unconfirmed

Page 1

GE CardioSoft V6.51 (2)
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF- HR(V3, V2)

Mamta Yadav



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(Dr. Bhatia)
(C.G.)

10 mm/mV 25 mm/Sec 0.5 - 32Hz

BPL GenX3

Pat. ID: 0001612

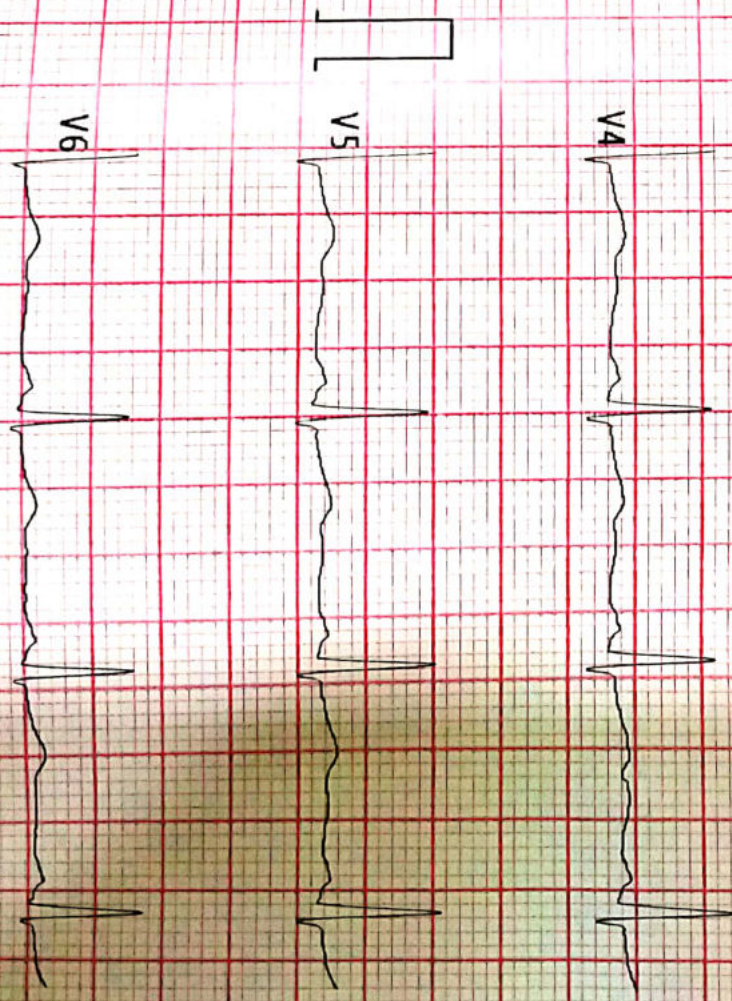
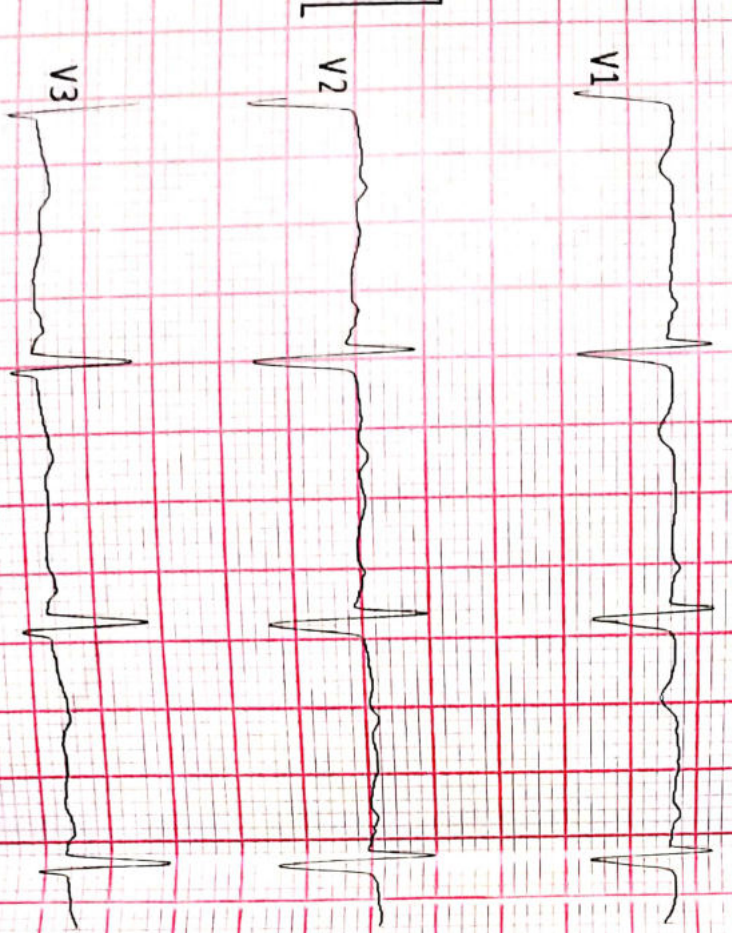
Hospital: M P N H

Pa



10 mm/mV 25 mm/Sec 0.5 - 32Hz

BPL GenX3



Pat. ID: 0001612

Hospital: M P N H

He

ST

ST

Q-

QT

P

AV

P

Q

T



Heart Rate 81 bpm HRV 218 Sinus rhythm

ST Frontal Axis -79 deg. T Frontal Axis 29 deg.

ST Duration 104 ms PR Interval 134 ms

Q-T Interval 376 ms QTc Hodges 413 ms

QT Dispersion 60 ms

P Terminal Force 0 ms.uv

Average beat fiducial point sample number

	Onset	Termination	Duration(ms)
P	296	408	112
QRS	430	514	84
T	618	806	188

Normal ECG

Mamta

Yashwan

M.P. Nursing
(D.T. Pathak)
 M.Sc. (Nursing)
 25/3/23

