

For Followup : - Visit **Dr. AISHWARYA BHAKTA** after 1 Year or as and when necessary at Dr. Agarwal's Health Care Ltd, Bhubaneswar

Dr. Aishwarya Bhakta

Printed on: 12 Nov 2022, 04:25 PM



IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

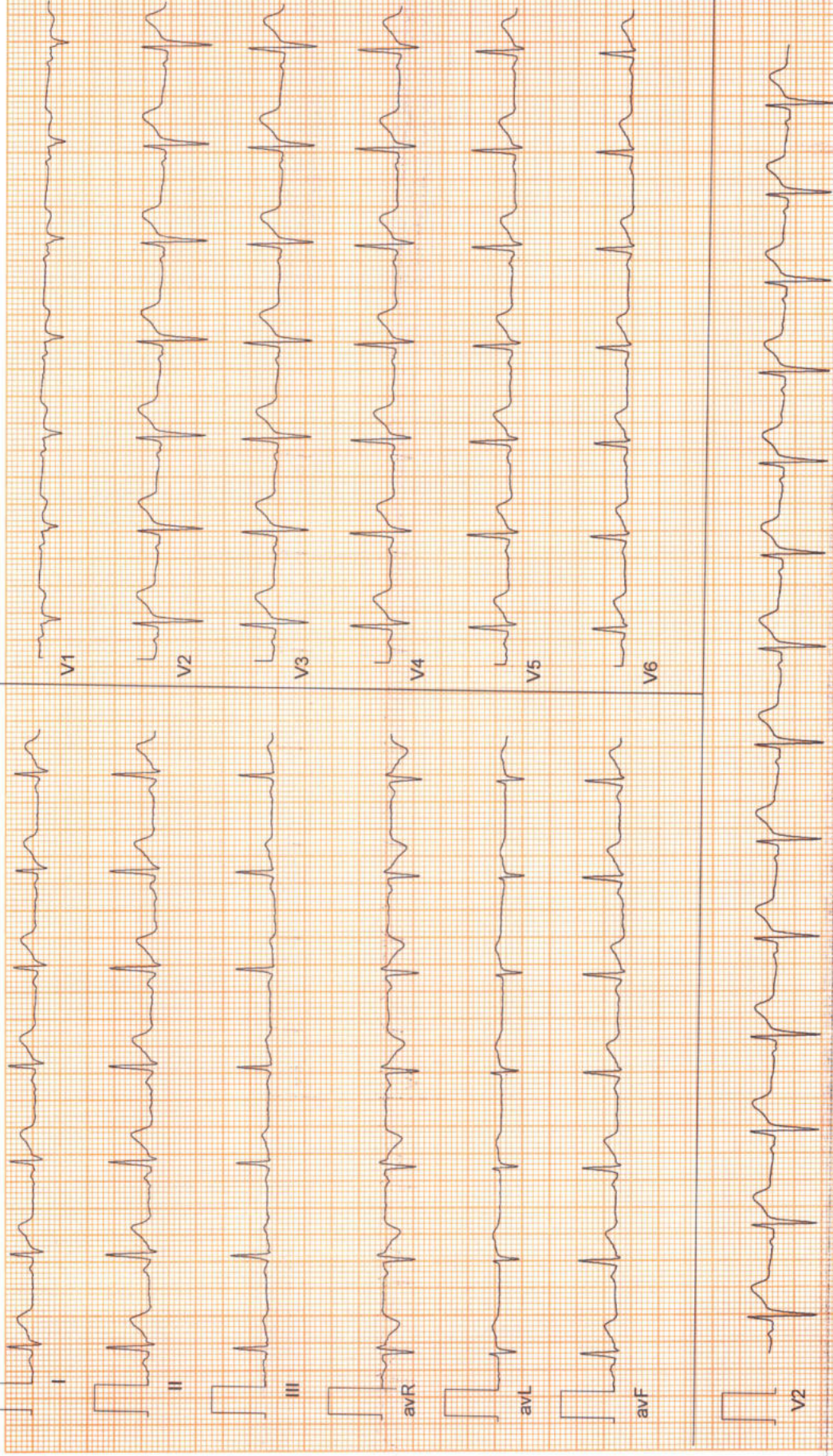
ଜରୁରୀ କାଳୀନ ପରିସ୍ଥିତି: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ଲୁହ ବୋହିବା, ଆଖି ଲାଲ ପଡ଼ିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର କୁ (୮୧୧୮୦୫୨୨୦୨)

ଯୋଗାଯୋଗ କରନ୍ତୁ



Date: 12 - 11 - 2022 12:50:38 PM METs : 1.0 HR : 82 Target HR : 48% of 172 BP : 130/82

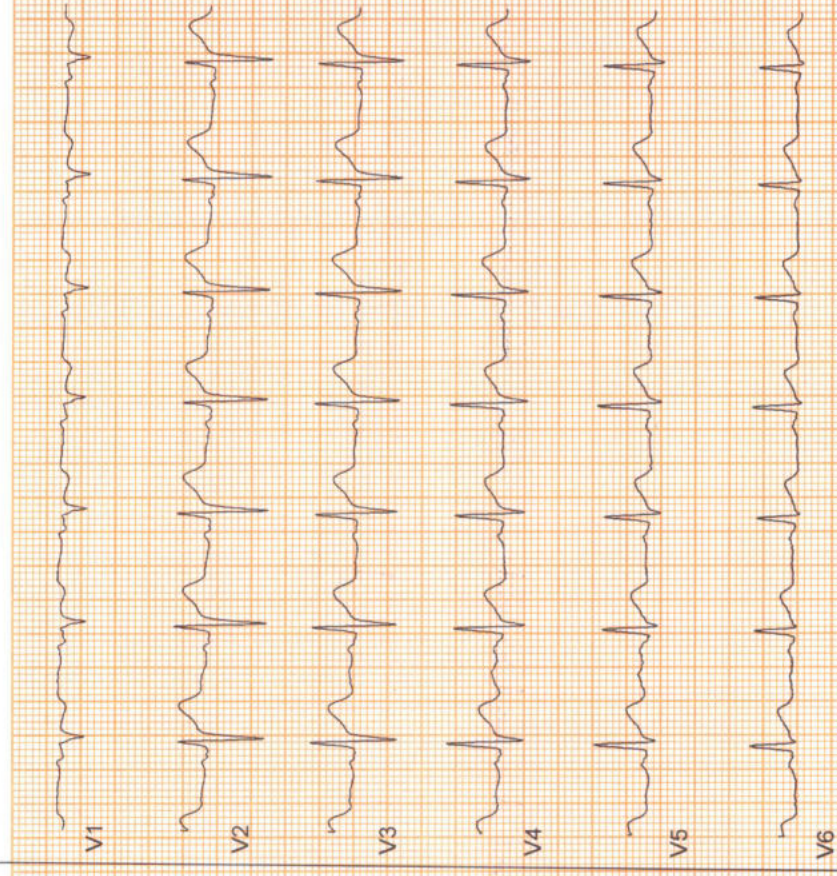
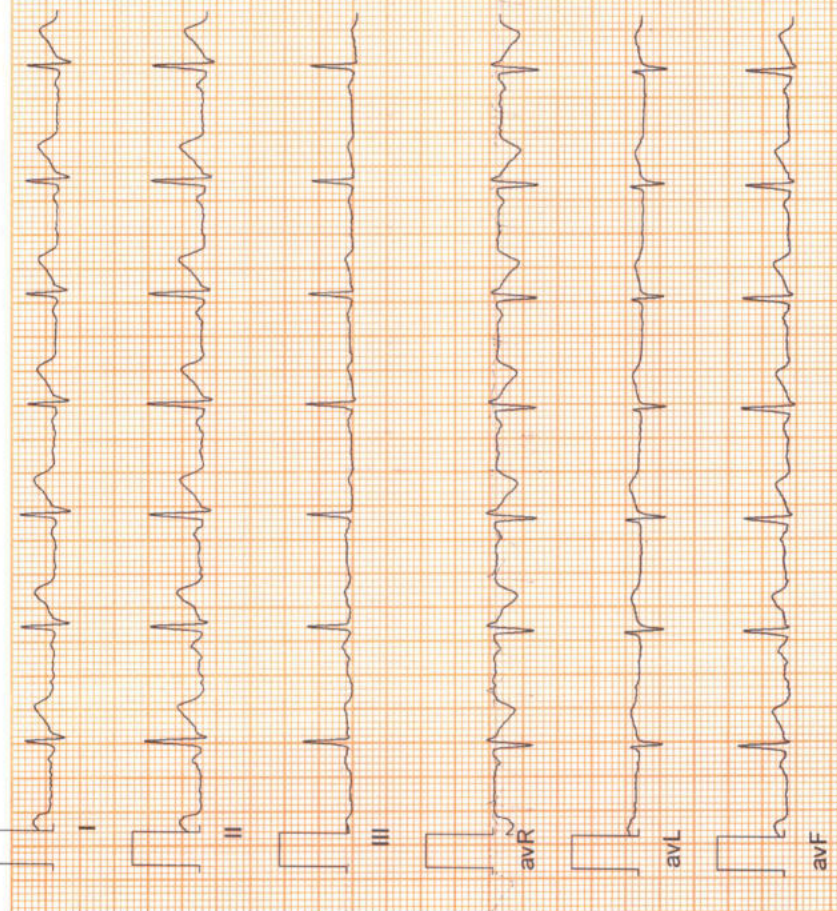
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12 - 11 - 2022 12:50:38 PM METs : 1.0 HR : 84 Target HR : 49% of 172 BP : 130/82

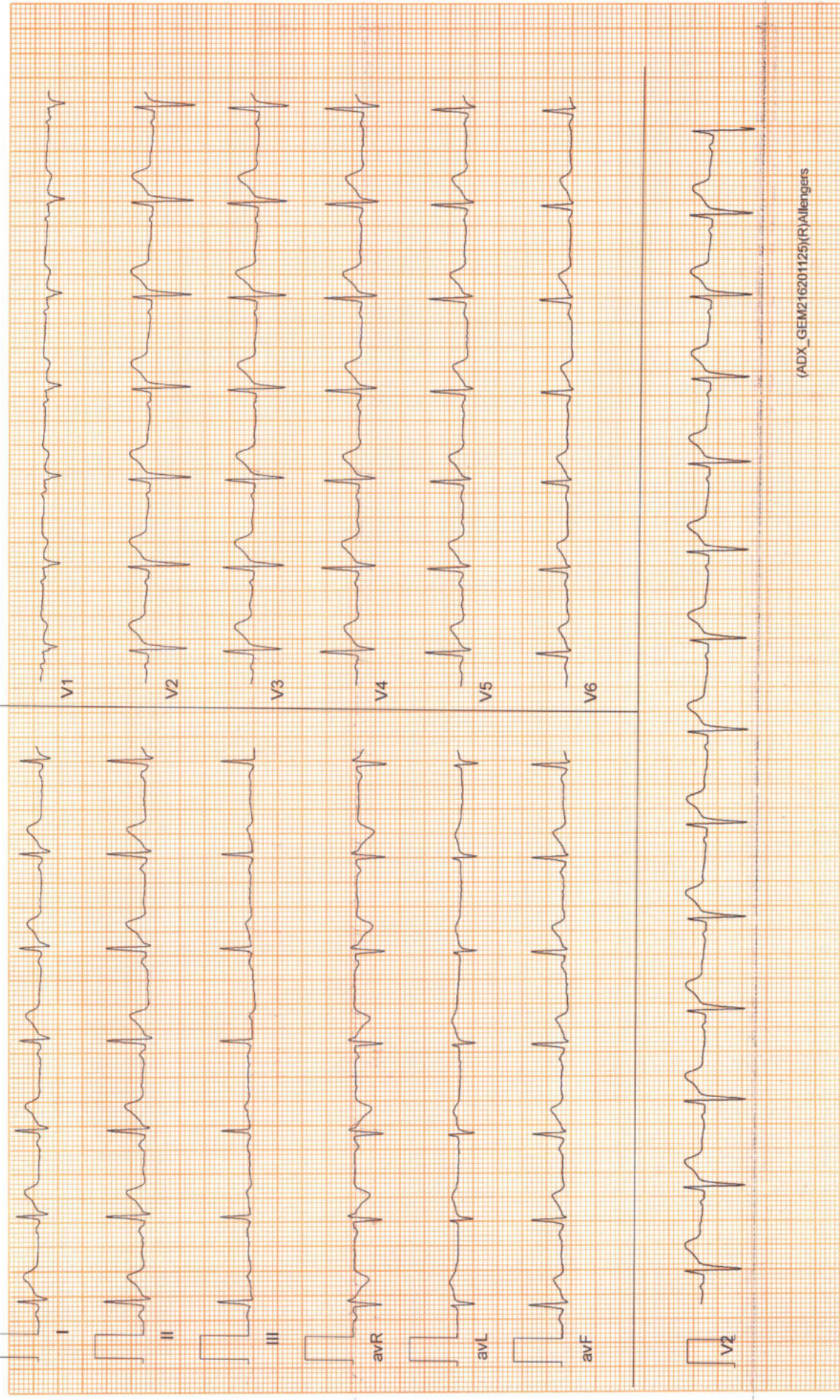
Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12 - 11 - 2022 12:50:38 PM METs : 1.0 HR : 83 Target HR : 48% of 172 BP : 130/82

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

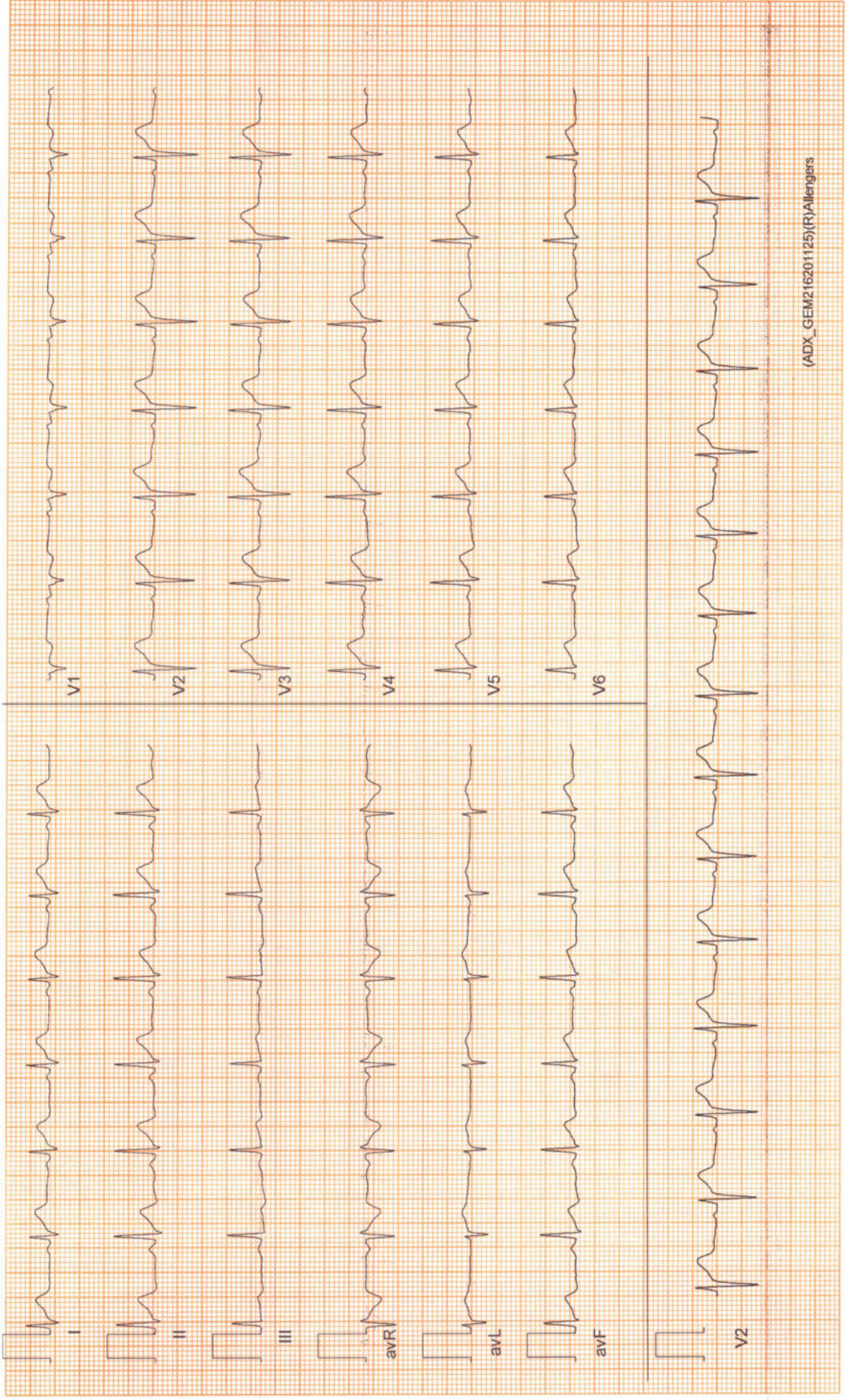
421 / GYANENDRA KU SINGHSAMANT / 48 Yrs / Male / 166 Cm / 76 Kg

6 x 2 + Rhythm
ExStart



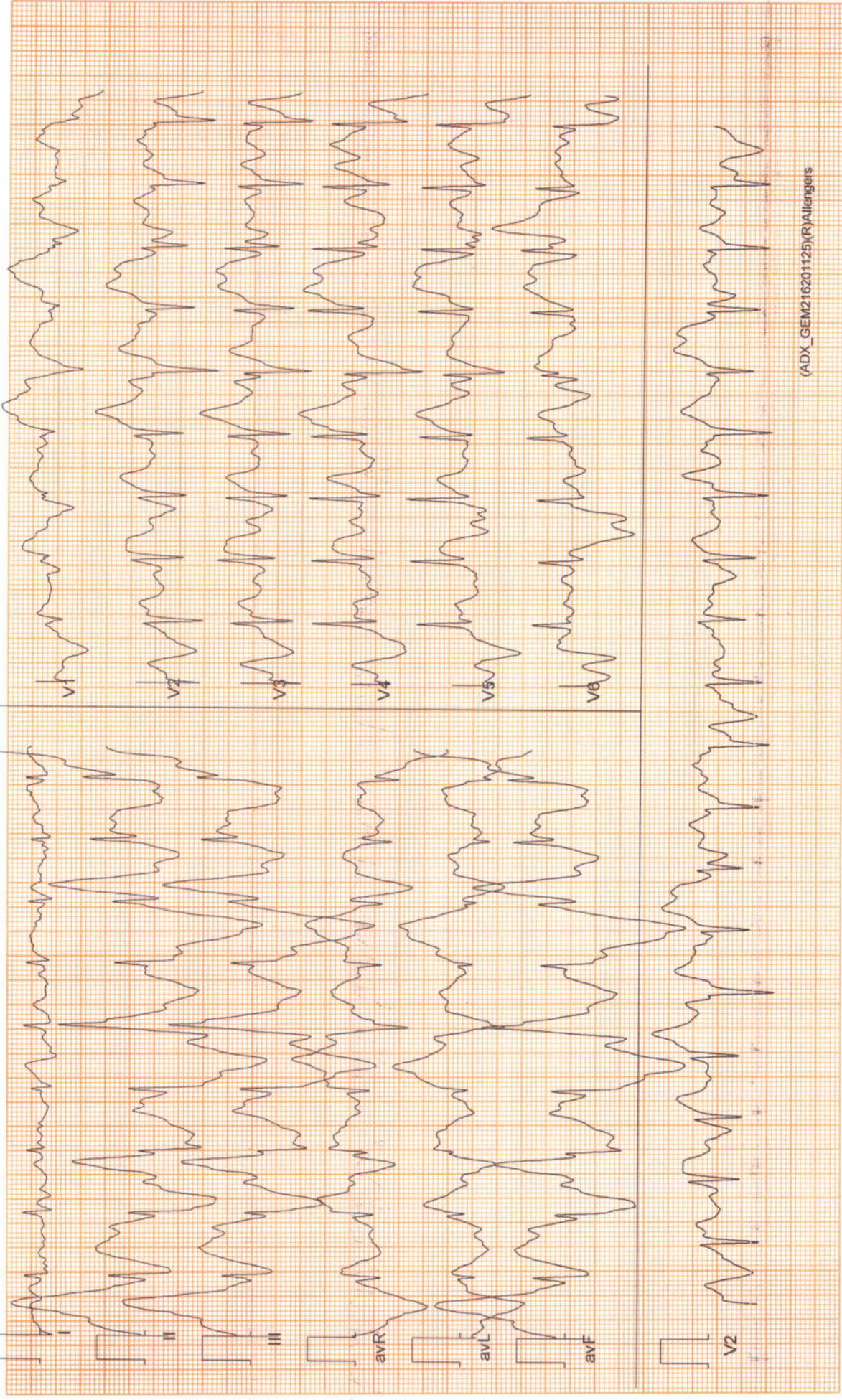
Date: 12 - 11 - 2022 12:50:38 PM METs : 1.0 HR : 85 Target HR : 49% of 172 BP : 130/82

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





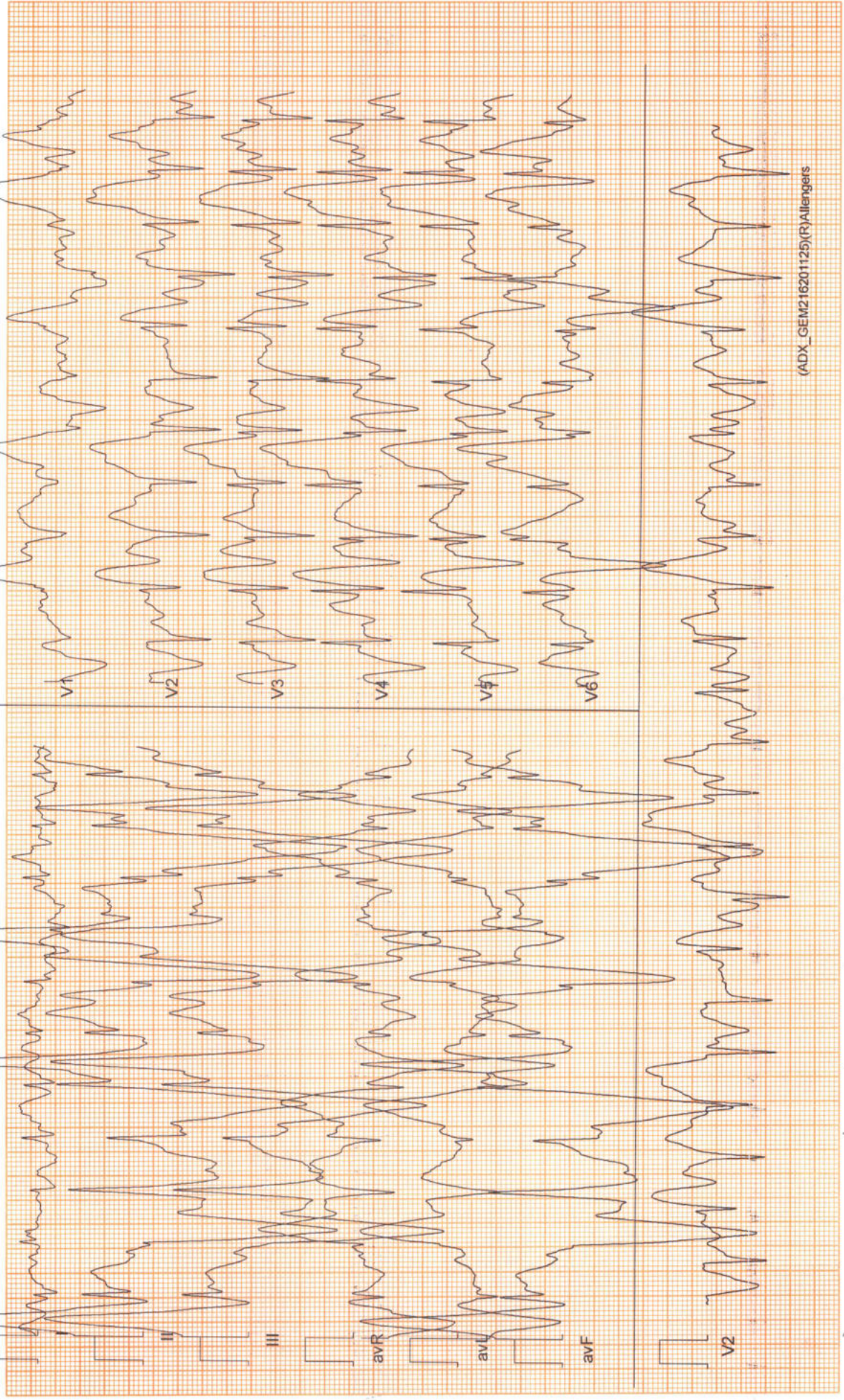
Date: 12-11-2022 12:50:38 PM METs : 4.7 HR : 114 Target HR : 66% of 172 BP : 132/83
Ex Time : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12-11-2022 12:50:38 PM METs : 7.1 HR : 137 Target HR : 80% of 172 BP : 135/85

Ex Time : 06:00 2.5 mph 12.0 % 25mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

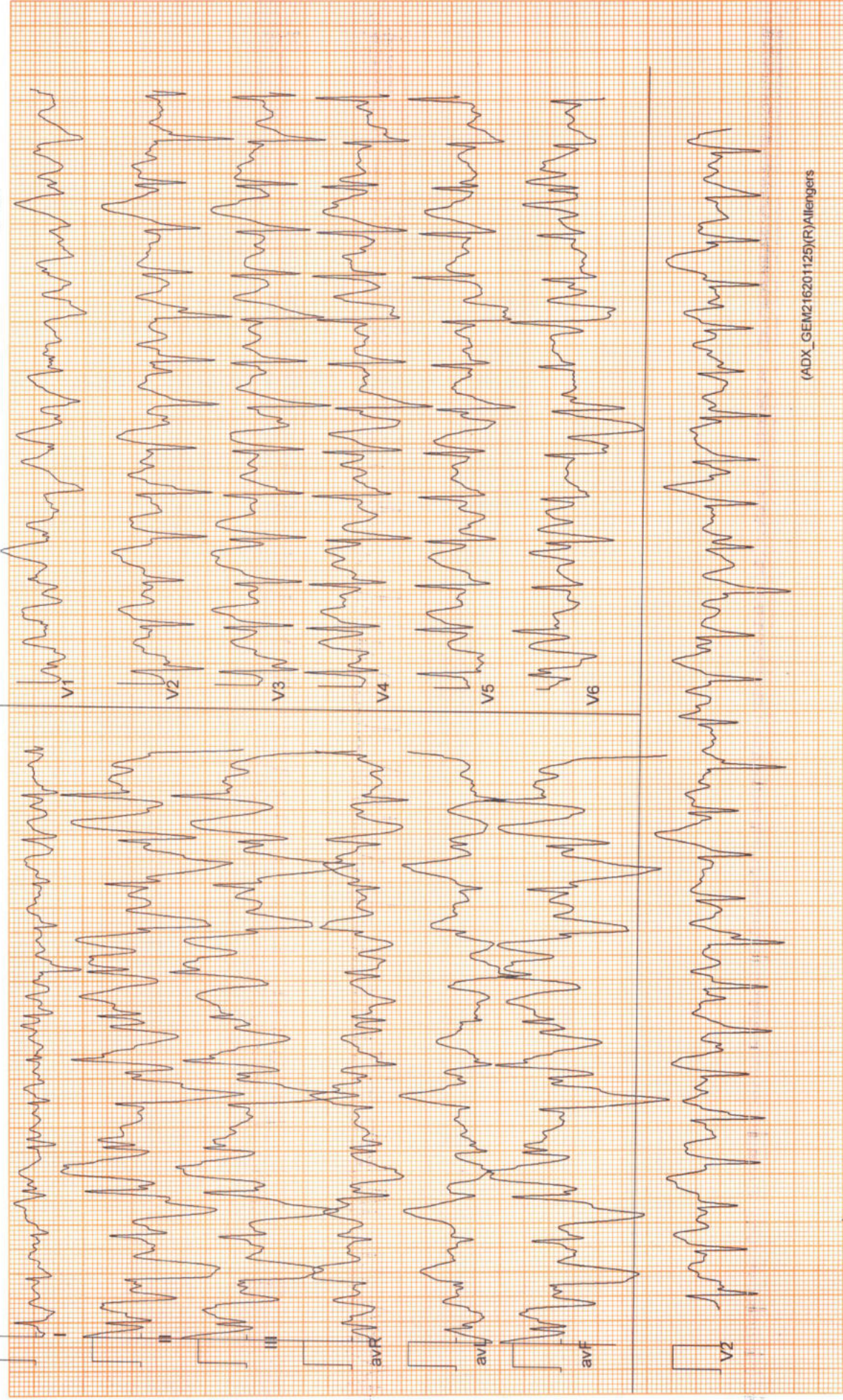
SAHIDNAGAR, BHUBANESWAR
421 / GYANENDRA KU SINGHSAMANT / 48 Yrs / Male / 166 Cm / 76 Kg

6 x 2 + Rhythm
PeakEX



Date: 12 - 11 - 2022 12:50:38 PM METs : 9.9 HR : 161 Target HR : 94% of 172 BP : 137/86

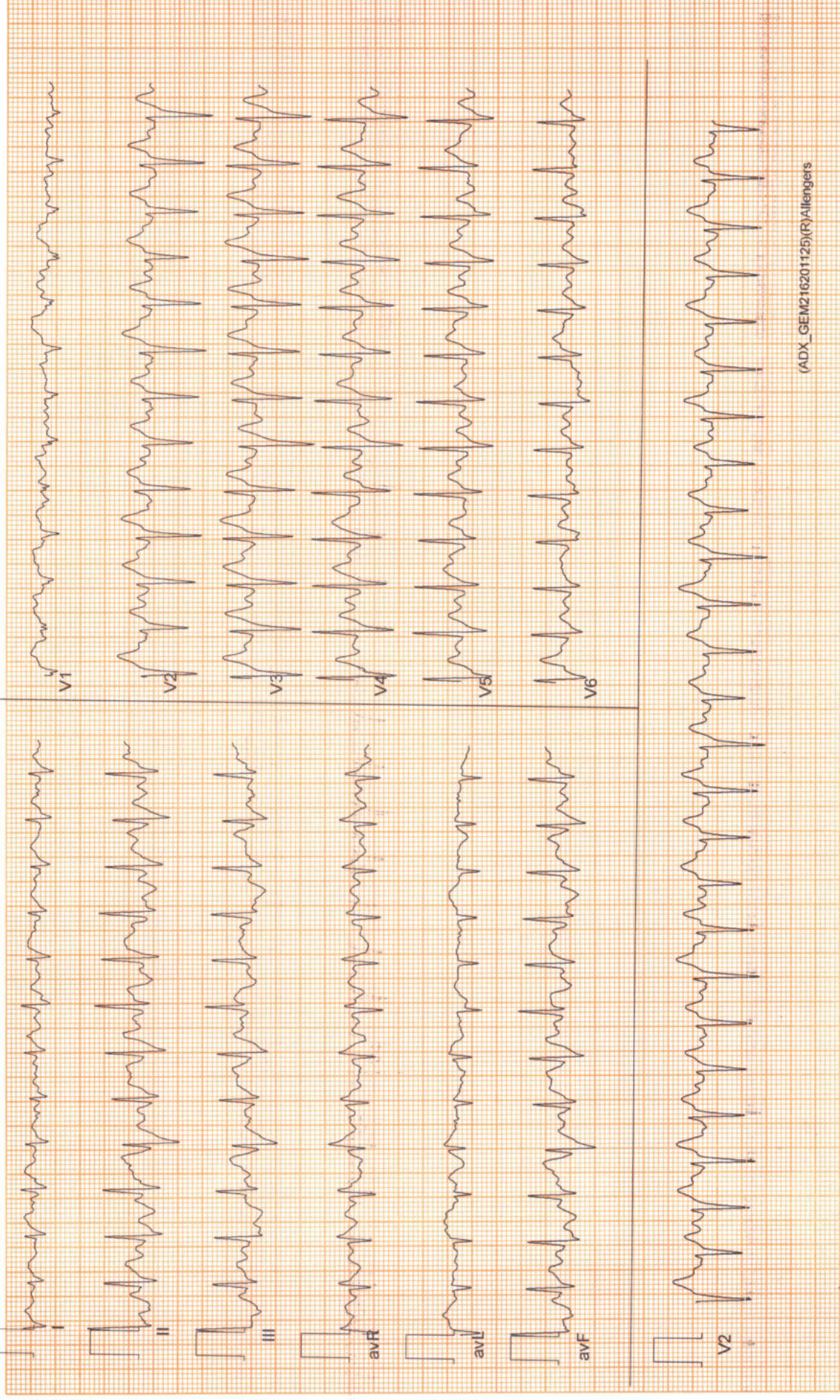
ExTime : 08:41 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12-11-2022 12:50:38 PM METs: 4.2 HR: 152 Target HR: 88% of 172 BP: 137/86

ExTime :08:41 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

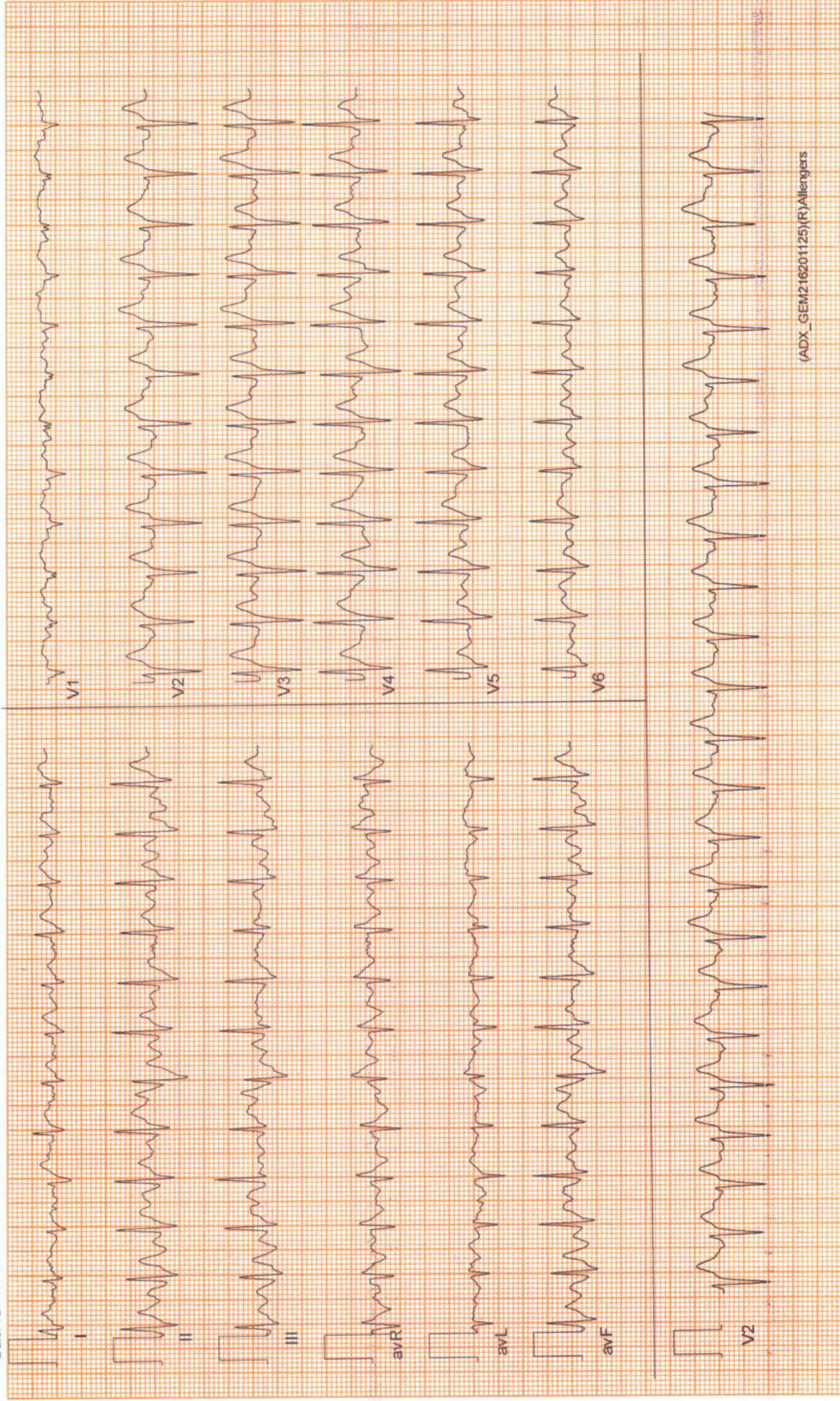
SAHIDNAGAR, BHUBANESWAR

421 / GYANENDRA KU SINGHSAMANT / 48 Yrs / Male / 166 Cm / 76 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 12 - 11 - 2022 12:50:38 PM METs: 1.2 HR: 141 Target HR: 82% of 172 BP: 135/85 ExTime: 08:41 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

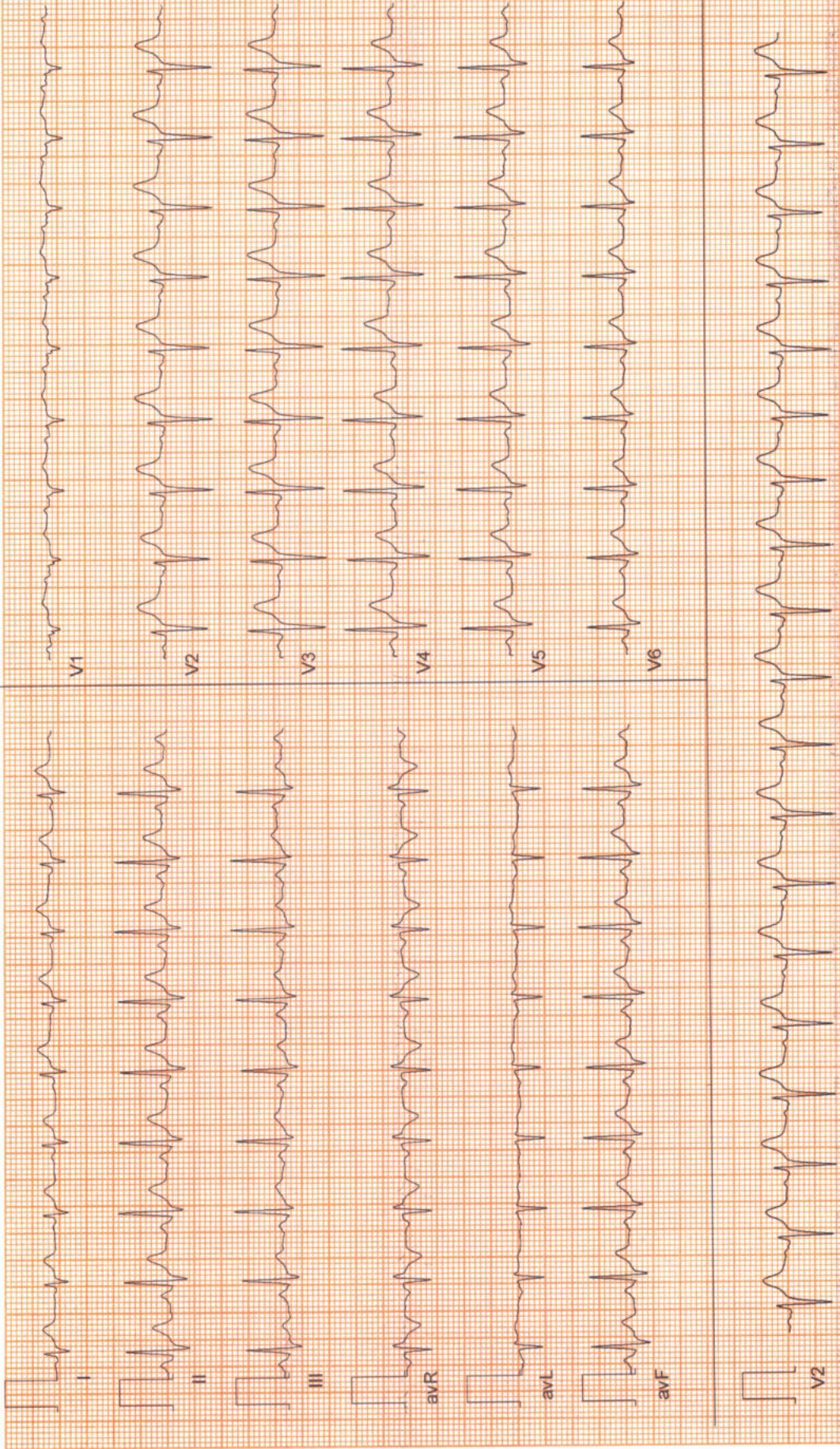
421 / GYANENDRA KU SINGHSAMANT / 48 Yrs / Male / 166 Cm / 76 Kg

6 x 2 + Rhythm
Recovery(3:00)



Date: 12-11-2022 12:50:38 PM METs: 1.0 HR: 114 Target HR: 66% of 172 BP: 134/85

ExTime: 08:41 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

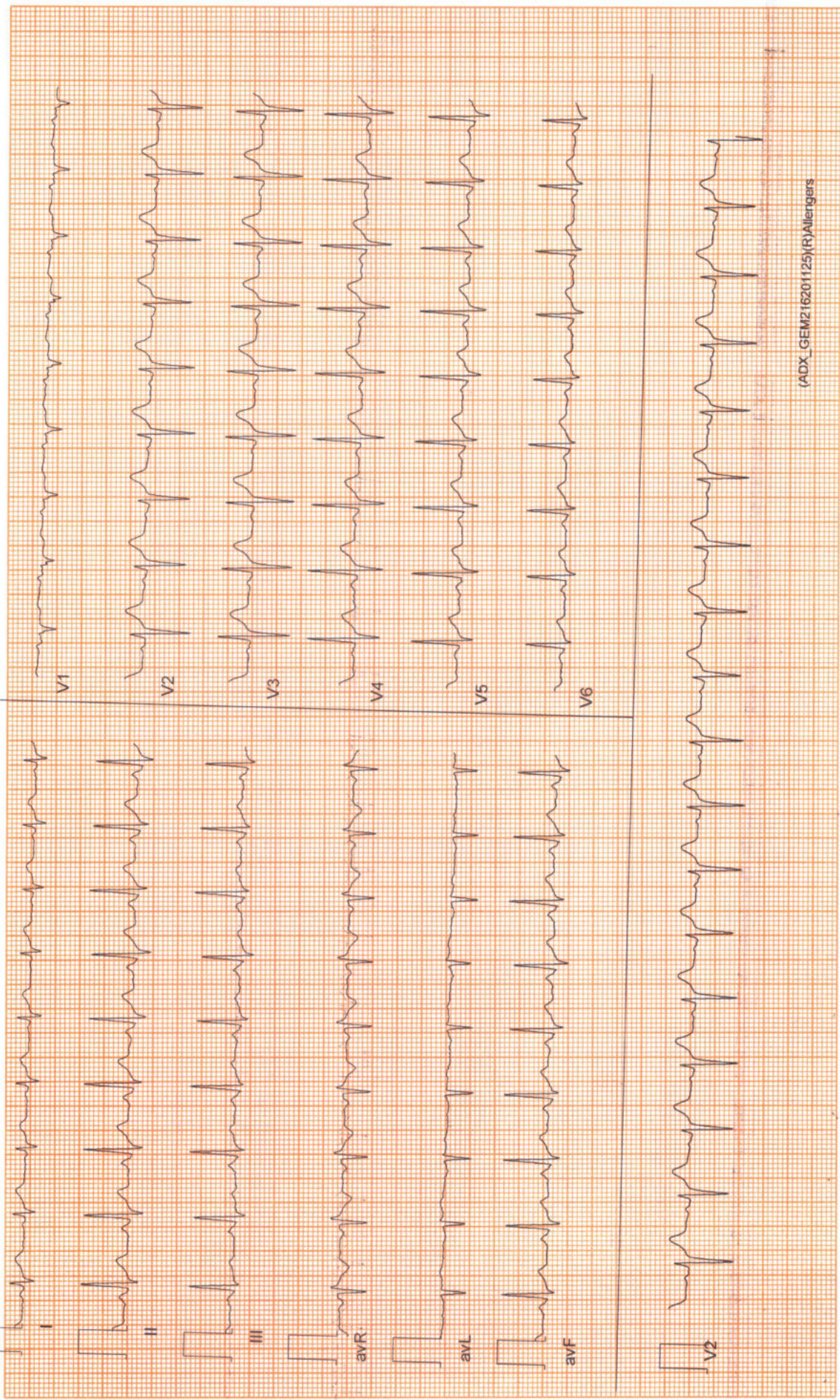


6 x 2 + Rhythm
Recovery(5:08)



Date: 12-11-2022 12:50:38 PM METs : 1.0 HR : 115 Target HR : 67% of 172 BP : 132/82

Ex Time : 08:41 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



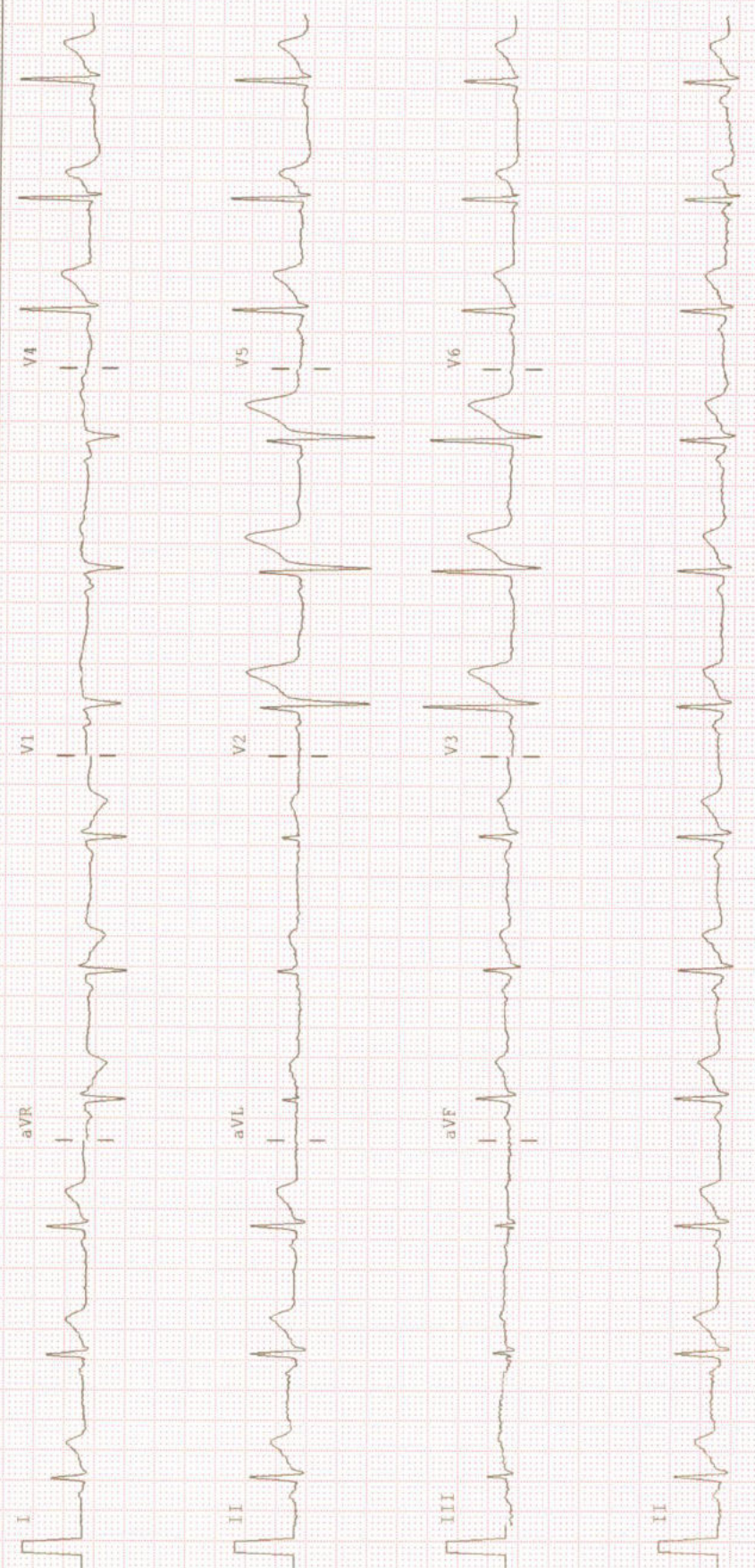
12/11/2022 12:32:25
 ZENA HEAL TH CARE
 PLOT -119, SAHIDNAGAR, BHUBANESWAR

GYANENDRA KU SINGHSAMANT
 MALE

ID: 500274 CASE
 AGE 48Y M D
 Cms Kg

RATE 71 bpm SINUS RHYTHM
 R-R 843 ms
 P-R 138 ms
 QRS 84 ms
 QT 364 ms
 QTc 383 ms
 P 60°
 QRS 41°
 T 38°
 NORMAL ECG

L2 SL: REPORT FORMAT: 3x4+1L SQ REF: DF





ZENA
Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME-GYANENDRA KUMAR SINGH SAMANTA
AGE:-48YRS
Patient ID:-3

REFERRAL:-ACHN
DATE:12.11.2022
SEX:-MALE

CHEST X-RAY PA VEIW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan

**Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist**

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Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. GAYANENDRA KUMAR SINGHSAMANT

Age / Gender : 48 years / Male

Patient ID : 14210

Referral : MEDI WHEEL

Collection Time : 12/11/2022, 10:55 AM

Reporting Time : 14/11/2022, 01:51 PM

Sample ID :



16276

Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	84.92	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	124.3	70 - 140	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.95	0.60 - 1.30	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	16.9	10 - 50	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	3.67	3.4 - 7.0	mg/dL

END OF REPORT


Lab technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Test Description	Value(s)	Reference Range	Unit
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ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate	8	0 - 15	mm/hr
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Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)	"O"
Method : Manual-Hemagglutination	
RhD Factor (Rh Typing)	Positive
Method : Manual hemagglutination	

END OF REPORT

Lab technician

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Sample ID :



16276

Test Description	Value(s)	Reference Range	Unit
<u>LFT, Liver Function Test</u>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.64	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.16	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.48	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	16.3	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	27.1	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	9.25	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	106.3	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.84	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.76	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.08	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.22	1.2 - 2.2	

END OF REPORT


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Sample ID :



16276

Test Description	Value(s)	Reference Range	Unit
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Thyroid Profile (T3, T4, TSH)

T3-Total Method : CLIA	0.95	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.25	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.49	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion"
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

Lab technician

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Patient ID : 14210

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Collection Time : 12/11/2022, 10:55 AM

Reporting Time : 14/11/2022, 01:52 PM

Sample ID :



16276

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	13.6	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.74	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.3	42 - 52	%
Mean Cell Volume (MCV)	89.24	78 - 100	fL
Mean Cell Haemoglobin (MCH)	28.69	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	32.15	32 - 36	g/dL
Red Cell Distribution Width (RDW)	13.2	11.5 - 14.0	%
Total Leucocytes (WBC) Count	9500	4000-10000	cell/cu.mm
Neutrophils	63	40 - 80	%
Lymphocytes	32	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	03	1 - 6	%
Basophils	00	1-2	%
Platelet Count	274	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	9.6	7.2 - 11.7	fL
PCT	0.26	0.2 - 0.5	%
PDW	16.2	9.0 - 17.0	%

END OF REPORT

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Wishing Good Health

Page 1 of 1



Patient Name : MR. GAYANENDRA KUMAR SINGHSAMANT

Age / Gender : 48 years / Male

Patient ID : 14210

Referral : MEDI WHEEL

Collection Time : 12/11/2022, 10:55 AM

Reporting Time : 14/11/2022, 01:52 PM

Sample ID :



16276

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	189.3	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	105.3	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42.8	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	125.44	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	21.06	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.42	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.93	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT


Lab technician


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Age / Gender : 48 years / Male

Patient ID : 14210

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Sample ID :



16276

Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.67		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	116.03	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient ID : 14210

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Collection Time : 12/11/2022, 10:55 AM

Reporting Time : 14/11/2022, 01:53 PM

Sample ID :



16276

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

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Patient Name : MR. GAYANENDRA KUMAR SINGHSAMANT

Age / Gender : 48 years / Male

Patient ID : 14210

Referral : MEDI WHEEL

Collection Time : 12/11/2022, 10:55 AM

Reporting Time : 14/11/2022, 01:54 PM

Sample ID :



16276

Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

END OF REPORT

Lab technician

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Patient :	MR. GYANENDRA SINGH SAMANT	Doctor :	Dr. AISHWARYA BHAKTA
Age/Sex :	48 Years /Male	Facility :	Dr. Agarwal's Health Care Ltd, Bhubaneswar
Contact :	7008453894	Appt. Dt :	12 Nov'22
MR No. :	BHU/31817/22	Note Dt :	12 Nov'22

OPD SUMMARY

HISTORY

Visit: General Checkup

Chief Complaints :

- Blurring/Diminution of vision in Both Eye since 1 year - Near.

Ophthalmic History :

- Glasses Left Eye since 2 years & Right Eye since 2 years - same PGP , not brought glass

Systemic History : None

Allergies : None

REFRACTION

R/OD		
Keratometry:		
		Axis
Kh	44.25	180
Kv	44.25	90

Auto Refraction:			
	Sph	Cyl	Axis
Dry	+0.25	-0.50	90
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Dilated	--	--	--
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Dry Refraction:				
	Sph	Cyl	Axis	Vision

L/OS		
Keratometry:		
		Axis
Kh	44.25	180
Kv	44.75	90

Auto Refraction:			
	Sph	Cyl	Axis
Dry	+0.25	-0.25	110
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Dilated	--	--	--
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Dry Refraction:				
	Sph	Cyl	Axis	Vision

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

ଜରୁରୀ କାଳୀନ ପରିସ୍ଥିତି: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ଲୁହ ବୋହିବା, ଆଖି ଲାଲ ପଡ଼ିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର କୁ (୮୧୧୮୦୫୨୨୦୨)

ଯୋଗାଯୋଗ କରନ୍ତୁ