

# FITNESS CERTIFICATE

CANDIDATE		Name : Pouveen Kumers.  Date of Birth: 14/01/1993 Age 30 Blood Group: AB 1:  Sex : Male Female   1 Marital Status: Married   Unmarried    Address : Jhulb d Ashahy inuyell SOC.,  MULLE VUOL Jhellod.  Any allergy / Disability / Pre-existing disease:  NO UNJ WINGY Date: 1/02/							
CLINICAL FINDINGS		Height Weight Near L.E. G. R.E. G. Hearing Left Ear Colour Vision: Distant L.E. N. R. E.N. Right Ear.  BP: 10 FO MM Pulse Rate: 69 min Resp. Rate: 18 min  CVS: S1 S2 RS: A&B& Cleve Abdomen: SO FF  Any other Findings:							
C E R T I C A T E	ED:	hereby certify that I have examined Mr./Ms.: PROUVE EN LUMCY.  on 11 2 23 and find him FIT UNFIT for employment.  Remarks if unfit:  Signature & Seal Signature of Candidate  Address / Tel No.							
D E C L A R		I declare that the above information is true and correct to the best of my knowledge and I am not suffering from any disease / illness, the presence of which I have not revealed. I fully understand that any misrepresentation of this declaration could lead to the termination of my offer / appointment. In case of any discrepancy arising out of my declaration, I will undergo the medical check-up by the company's suggested doctor and their findings will be fully binding on me and action thereon towards my employment will be accepted by me							

0

Signature of Candidate.

Date: 11/02/23





### वैक ऑफ़ बड़ीदा Bank of Baroda

प्रवीण कुमार

Name

PRAVEEN KUMAR

कर्मवारी कृत क

E.C. No

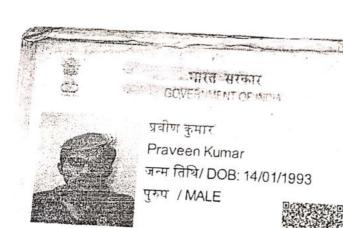
111375



 $\mathfrak{MH}(\mathbf{r}, \{1, \{n\}\}) \neq \{1\}$ Issuing Authority



Signature of Holder



8112 1594 1253

अधार-आम आदमी का अधिकार





NAME	PRAVEEN KUMAR	AGE/SEX	30/MALE	
REF. BY	CHHANI HOSPITAL	DATE	11/02/2023	

## X-RAY OF CHEST PA VIEW:

#### **FINDING**

BOTH LUNG FIELDS APPEAR CLEAR.

NO CONSOLIDATION OR MASS LESION IS SEEN.

BOTH CP ANGLES ARE CLEAR.

CARDIAC SIZE APPEARS WITHIN NORMAL LIMITS.

TRACHEA IS CENTRAL IN POSITION.

MEDIASTINAL SHADOW IS NORMAL.

BOTH DOMES OF DIAPHRAGM ARE NORMAL.

BONY THORAX UNDER VISION APPEARS NORMAL.

IMPRESSIONS: NO SIGNIFICANT ABNORMALITY DETECTED

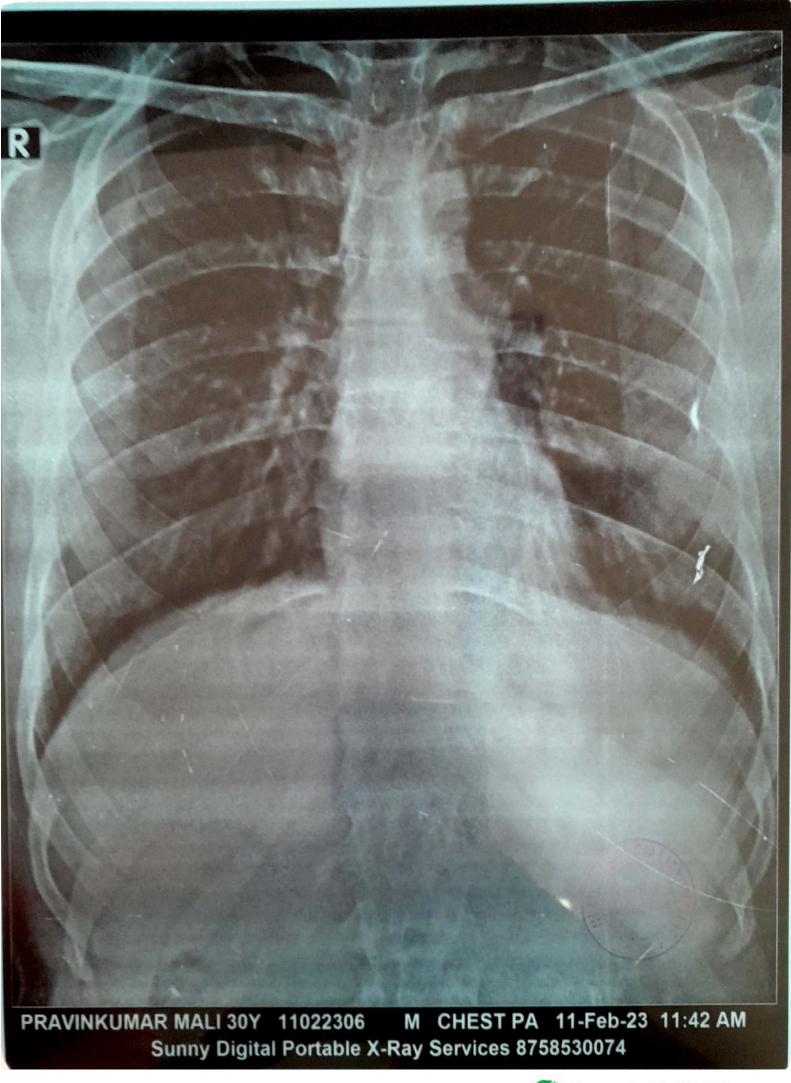
DR.HIMANI VIRAPARA

Regn. No: G.28771

M.D. [Radiodiagnosis]

(CONSULTANT RADIOLOGIST)





1st Floor, Tower A, Eshantisira, Near Sitaram Super Market, Chhani Vadodara-391740

(d) +91 63596 22244

NAME: PRAVEEN KUMAR MALI

AGE:30/M

DATE: 11/02/2023

#### **USG FOR ABDOMEN**

#### LIVER:

The echogenicity of the liver is normal.

There is no focal liver lesion.

There are no dilated intrahepatic biliary radicles.

#### GALL BLADDER:

Appears to be distended and shows no calculus or polyp in the lumen.

Wall thickness is normal.

#### SPLEEN:

The echogenicity of the spleen is normal.

There is no focal splenic lesion.

#### PANCREAS:

The echogenicity appears to be normal.

There is no free fluid in the abdomen.

There are no enlarged retroperitoneal lymphnodes.

#### KIDNEY:

The kidneys are normal in position, size, shape and outline.

The parenchyma is normal. Right kidney measure 85\*40 cm.

Left kidney measure 89\*49 cm.

#### **BLADDER:**

Bladder is well distended and shows normal wall thickness. No evidence of intraluminal mass or calculi.

#### PROSTATE:

Prostate gland is normal in size. It has smooth outline reflectivity.

There is no evidence of ascites.

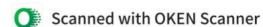
No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

Appendix cannot be imaged. No mass or collection in right iliac fossa.







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#### ECHOCARDIOGRAPHY REPORT

PATIENT NAME: MR PRAVEEN KUMAR MALI

AGE /SEX : 30/M DATE : 11 /02/2023

#### CONCLUSION:

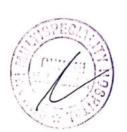
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NORMAL CARDIAC CHAMBERS
- NO RWMA
- NO MR/MS
- NO TR, NO PAH (RVSP 17MMHG)
- NO AR/AS
- NORMAL DIASTOLIC FUNCTION
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION

#### M:MODE

AO: 28mm	LA: 30mm	IVS:10mm	
LVdd:47mm	LVds:25mm	PW:10mm	

DOPPLER STUDY

MITRAL VAVLE E: 1.26 A:0.92 **AORTI VALVE** 1.02



Dr. KARSHIT JOSHI CORDRIGHARSHIT LOSHL General Physcian



Pt. Name

: PRAVEEN KUMAR

Age/Gender: 30 Years Male

Patient ID

: 21

Ref. By

: Dr. CHHANI MULTISPECIALITY

HOSPITAL (BOB)

Address

CBC with ESR

Registered On : 11 Feb, 2023 04:25 PM

Collected On

: 11 Feb, 2023 04:27 PM

Reported On

: 12 Feb, 2023 11:49 AM

MO: 0000000000

Investigation	Observed Value		Biological Reference Interval	Unit
HEMOGLOBIN				
Hemoglobin (Hb)	14.3		13 - 17	g/dL
Hemoglobin %	84.12		0 - 100 Based on 17=100%	%
RBC COUNT				
Total RBC Count	4.91		4.5 - 5.5	mill/cumm
BLOOD INDICES		ASS		
Packed Cell Volume (PCV)	43.0		40.7 - 50.3	%
Mean Corpuscular Volume(MCV)	87.58		78.2 - 97.90	fL
Mean Corpuscular Hemoglobin (MCH)	29.12		27 - 33	pg/cell
Mean Corpuscular Hemoglobin Concentration (MCHC)	33.26		33 - 36	g/dL
Red cell Distribution Width (RDW)	14.4	High	11.5 - 14	%
NBC COUNT				
Total WBC Count	4600		4000 - 11000	cumm
DIFFERENTIAL WBC COUNT				
Neutrophils	63		40 - 70	%
ymphocyles	32		20 - 40	
Eosinophils	02		1 - 6	%
Monocytes	03		1 - 4	%
lasophils	00	Low	0 - 1	%
LATELET COUNT				
latelet Count	175000		150000 - 450000	/cumm
SR				NOSTIC SOLUTION

2nd Floor, Sharnam Enclave, Opp. BMC Chambers, Subhanpura Main Road, Vadodara-390023. MW 81404 50588 GF-4, Shree Akshar New, Opp. Gayatri Temple, New Waghodia Road, Vadodara-390019. M.: 9096178889 Note: All the above tests are subject to technical limitations. Co-relate clinically. Lab may be contacted whenever necessary.



Dr. Trupti Jansari MD DNB Pathology Fellow in Histopathology Dr. Jigna Patel MD Pathology

M.: 81404 50588 E-mail: trupathdiagnostics@gmail.com

Pt. Name

: PRAVEEN KUMAR

Registered On : 11 Feb, 2023 04:25 PM

Age/Gender: 30 Years Male

Collected On

: 11 Feb, 2023 04:27 PM

Patient ID

: 21

: 12 Feb, 2023 11:49 AM

Ref. By

Reported On

: Dr. CHHANI MULTISPECIALITY HOSPITAL (BOB)

MO: 0000000000

Address

Investigation

Observed

**Biological Reference** Interval

Unit

Erythrocyte Sedimentation Rate (ESR)

06

Value

0 - 22

mm/hr

\*\*\*\*\*End Of Report\*\*\*\*\*





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Pt. Name

: PRAVEEN KUMAR

Age/Gender: 30 Years Male

Patient ID

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Ref. By

: Dr. CHHANI MULTISPECIALITY

HOSPITAL (BOB)

Address

Blood Group, ABO & RH Typing

Registered On : 11 Feb, 2023 04:25 PM

Collected On

: 11 Feb, 2023 04:27 PM

Reported On

Interval

: 12 Feb, 2023 11:49 AM

MO: 0000000000

Investigation

Observed Value

**Biological Reference** 

Unit

BLOOD GROUP, ABO & RH TYPING

ABO Group

AB

RH Factor

POSITIVE

The test to determine your blood group is called ABO typing. Your blood sample is mixed with antibodies against type A and B blood. Then, the sample is checked to see whether or not the blood cells stick together. If blood cells stick together, it means the blood reacted with one of the antibodies.

Rhesus (Rh) factor is an inherited protein found on the surface of red blood cells. If your blood has the protein, you're Rh positive. If your blood lacks the protein, you're Rh negative.

\*End Of Report\*\*





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Registered On : 11 Feb, 2023 04:25 PM

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MO: 0000000000

151-180 Average Control 181-210 Action Suggested

>210 Panic Value

Pt. Name

: PRAVEEN KUMAR

Age/Gender: 30 Years Male

Patient ID

: 21

Ref. By

: Dr. CHHANI MULTISPECIALITY

HOSPITAL (BOB)

Address :	回公安	或形		
Investigation	Observed Value		Biological Reference Interval	Unit
Glycosylated Hemoglobin(GHb/HbA1c)	5.1	Low	5.7 - 6.4 <5.7 Non Diabetic 5.7-6.4 Borderline >6.4 Diabetic	%
Mean Blood Glucose	99.67		90 - 210 90-120 Excellent Control 121-150 Good Control	mg/dL

#### Comment

1. HbA1c is an indicator of glycemic control. HbA1c represents average Glycemia over the past six to eight weeks. Glycation of Hemoglobin occurs over the entire 120 day life span of the Red Blood Cell, but within this 120 days. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four.

2. Mean Plasma Glucose mg/dL = 28.7 x A1C - 46.7. Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only this means that to predict or estimate average glucose from HbA1c or vice-versa is not

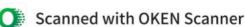
"perfect" but gives a good working ballpark estimate.

3. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime Glucose levels, which are easier to predict and control. As per IFCC recommendations 2007, HbA1c being reported as above maintaining traceability to both IFCC (mmol/mol) & NGSP (%)

\*\*\*\*\*End Of Report\*\*\*\*



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Pt. Name : PRAVEEN KUMAR Registered On : 11 Feb, 2023 04:25 PM

Age/Gender: 30 Years Male

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Reported On : 12 Feb, 2023 11:49 AM

Patient ID

Ref. By

: Dr. CHHANI MULTISPECIALITY

MO: 0000000000

HOSPITAL (BOB)

Address

**Urine Examination Routine** 

Investigation	Observed Value		Biological Reference Interval	Unit
PHYSICAL EXAMINATION				
Colour	Pale Yellow		Pale yellow	
Specific Gravity	1.000	Low	1.005 - 1.030	
РН	7.5		4.6 - 8.0	
CHEMICAL EXAMINATION				
Proleins	NIL		Nil	
Glucose	Nil	U	Nil	
Ketones	Nil		Nil	
Bilirubin	Nil		Nil	
Urobilinogen	Normal		Normal	
Leucocyte Esterase	NEGATIVE	SEASON SEASON	Negative	
Nitrite	NEGATIVE		Negative	
MICROSCOPIC EXAMINATION				
R.B.C.	Absent		0 - 5 Negative	
Pus Cells	1-2	High	0 - 5	WBC / hpf
Epithelial Cells	1-2	High	0 - 2	/hpf
Casts	0	Low	0 - 0	/lpf
Crystals	Nil		Nil	

\*\*\*\*\*End Of Report\*\*\*\*\*



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Pt. Name

: PRAVEEN KUMAR

Age/Gender: 30 Years Male

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HOSPITAL (BOB)

Address

Liver Function Test (LFT)

Registered On : 11 Feb, 2023 04:25 PM

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: 11 Feb, 2023 04:27 PM

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: 12 Feb, 2023 11:49 AM

MO: 0000000000

Investigation	Observed Value		Biological Reference Interval	Unit
BILLIRUBIN				
Total Bilirubin	1.25	High	0 - 1.2	mg/dL
Direct Bilirubin	0.53	High	0.0 - 0.25	mg/dL
Indirect Bilirubin	0.72		0.2 - 1	mg/dL
LIVER ENZYMES				5
SGPT (ALT)	52	High	0 - 40	IU/L
SGOT (AST)	60	High	0 - 37	U/L
Alkaline Phosphatase	84		60 - 320	U/L
SERUM PROTEINS		0 000		
Total Serum Protein	6.81		6.3 - 7.9	g/dL
Serum Albumin	4.58	4	3,5 - 5.5	g/dL
Serum Globulin	2.23	Low	2.5 - 3.5	g/dL
A/G Ratio	2.05		1.1 - 2.1	SET 144 (1956)

#### Clinical Information:

Liver function tests, also known as liver chemistries, help determine the health of your liver by measuring the levels of proteins, liver enzymes, and bilirubin in your blood. Having abnormal results on any of these liver tests typically requires follow up to determine the cause of the abnormalities. Even mildly elevated results can be associated with liver disease. However, these enzymes can also be found in other places besides the liver.

Talk to your doctor about the results of your liver function test and what they may mean for you.

End Of Report\*\*\*\*\*



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Pt. Name

: PRAVEEN KUMAR

Age/Gender: 30 Years Male

Patient ID

: 21

Ref. By

: Dr. CHHANI MULTISPECIALITY

HOSPITAL (BOB)

Address Lipid Profile Registered On : 11 Feb, 2023 04:25 PM

Collected On

: 11 Feb. 2023 04:27 PM

Reported On

: 12 Feb, 2023 11:49 AM

MO: 0000000000

Lipidi Tomo		Distanted Reference		
Investigation	Observed Value		Biological Reference Interval	Unit
CHOLESTEROL				
Total Cholesterol	193		150 - 199	mg/dL
Serum Triglycerides	100		0 - 150	mg/dL
HDL Cholesterol	39	Low	40 - more	mg/dL
LDL Cholesterol	134.00	High	0 - 100	mg/dL
VLDL Cholesterol	20.00	7, 79	0 - 30	mg/dL
Non-HDL cholesterol	154.00	High	- >130 Optimal	mg/dL
RATIO		0		
LDL HDL Cholesterol Ratio	3.44		1.5 - 3.5	
Total-HDL Cholesterol Ratio	4.95	and the same	3.5 - 5	
Triglycerides HDL Ratio	2.56			

Total Cholesterol (mg/dL)	HDL Cholesterol (mg/dL)	LDL Cholesterol (mg/dL)	Triglycerides (mg/dL)
Desirable <200	Low <40	Optimal <100 Near Optimal 100-129 Borderline High 130-159 High 160-189	Normal <150 Borderline High 150-199 High 200-499 Very High >500
Borderline High 200-239 High >240	High <60	Very High > 190	

\*\*\*\*\*End Of Report\*\*\*\*\*

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Dr. Jigna Patel MD Pathology

M.: 81404 50588 E-mail: trupathdiagnostics@gmail.com

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Pt. Name

: PRAVEEN KUMAR

Age/Gender : 30 Years Male

: 21 Patient ID

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Diagnostic Solutions Pvt Ltd

HOSPITAL (BOB)

Address FBS PP2BS

Collected On : 11 Feb, 2023 04:27 PM

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Investigation	Observed Value	Biological Reference Interval	Unit
FBS PP2BS			
Fbs	107	70 - 110	mg/dL
PP2BS	101	80 - 140	mg/dL

\*\*\*\*\*End Of Report\*\*\*\*\*



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Age/Gender: 30 Years Male

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: 21

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HOSPITAL (BOB) Address

Investigation	Observed Value	Biological Reference Interval	Unit
Serum Urea	22	19 - 45	mg/dL
Serum Creatinine	1.14	0.6 - 1.30	mg/dL
Serum Uric Acid	4.07	3.5 - 7.2	mg/dL
Serum Triiodothyronine (T3)	1.56	0.69 - 2.15	ng/mL
Serum thyroxine (T4)	84	52 - 127	ng/mL
Thyroid Stimulating Hormone (TSH)	2.90	0.5 - 5	μIU/mL

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free

T4). Additionally, the hypothalamic tripeptide, thyrotropin-relasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secret e T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH

levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Biological referance interval for TSH varies with age ( eg 87 yrs old male may have normal TSH value upto

8.9 mIU/mI)(TIETZ clinical guide to laboratory tests). According to WALLACH interpretation of diagnostic tests; reference range for TSH for adults is 0.5 - 6.3 mIU/ml. Because of considerable preanalytical (physiological, seasonal etc.) variation; TSH result between 4.5 to 15 mIU/ml ( marginally raised TSH ) requires

strong clinical correlation and repeat testing with submitting another fresh sample before taking any clinical decision. Repeat marginally raised TSH must be correlated with T3. T4 & anti-thyroid antibody level before making clinical decision & starting treatment.

TSH Reference Range in Pregnancy:

-Pregnancy 1st Trimester 0.1 - 2.5 uIU/ml

-Pregnancy 2nd Trimester 0.2 - 3.0 uIU/ml

-Pregnancy 3rd Trimester 0.3 - 3.0 uIU/ml

Gamma Glutamyl Transferase (GGT)

8 - 61

U/L

\*\*\*\*\*End Of Report\*\*\*\*



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