



PID NO. : CIA2072

Name : SHOAIB MUKHTAR HOSSAIN

Sex / Age : Male / 29 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 10:26 am

Coll Date

28-Sep-2024 / 10:31 am

Report Date

28-Sep-2024 / 1:32 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	22.67	U/L	0 - 41
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.43	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.14	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.29	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.93	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2072

Name : SHOAB MUKHTAR HOSSAIN

Sex / Age : Male / 29 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

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28-Sep-2024 / 10:26 am

Coll Date

28-Sep-2024 / 10:31 am

Report Date

28-Sep-2024 / 1:32 pm

REPORT

Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	11.55	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.93	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	12.42		10 - 20.1
Urea (Serum, Method-Urease)	24.72	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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Reg. Date
28-Sep-2024 / 10:26 am
Coll Date
28-Sep-2024 / 10:31 am
Report Date
28-Sep-2024 / 1:32 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	86.13	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	90.50	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Molly R
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2072
Name : SHOAIB MUKHTAR HOSSAIN
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Reg. Date
28-Sep-2024 / 10:26 am
Coll Date
28-Sep-2024 / 10:31 am
Report Date
28-Sep-2024 / 2:40 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

Molly R
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



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Reg. Date
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28-Sep-2024 / 10:31 am
Report Date
28-Sep-2024 / 1:32 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"AB"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

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Sex / Age : Male / 29 Years

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LIMITED

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	14.2	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.48	million / cumm	4.5 - 5.5
HCT	41	%	40 - 50
MCV	91.6	fL	83 - 101
MCH	31.7	pg	27 - 32
MCHC	34.6	gm / dl	31.5 - 34.5
RDW (CV)	13.4	%	11.6 - 14.0
Total W.B.C. Count	5550	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	54	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	02	%	1 - 6

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
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Sex / Age : Male / 29 Years

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Reg. Date

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28-Sep-2024 / 10:31 am

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28-Sep-2024 / 1:32 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	04	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	229000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2072

Name : SHOAIB MUKHTAR HOSSAIN

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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	10	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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Report Date
28-Sep-2024 / 1:32 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
SHOAB M HOSSAIN on 28/07/24

After reviewing the medical history and on clinical examination it has been found that he/she is

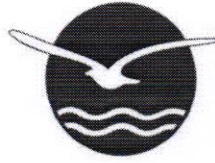
	Tick
<ul style="list-style-type: none"> • Medically Fit • Fit with restrictions/recommendations <p style="text-align: center;">Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p style="text-align: center;">However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p style="text-align: center;">Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. _____

Medical Officer

Dr. MURALI ARTE, MBBS, DNB
 Reg. No. 44293 (MNCI)
 Approved By DG Ship Medicine
 Consultant in Marine Medicine & Aviation Medicine
 A-101-102, Heritage Plaza, Teli Cross Lane,
 Andheri East, Mumbai - 400069
 SEA BIRD MEDICARE CENTRE

This certificate is not meant for medico-legal purposes



SEA BIRD MEDICARE CENTRE

MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	28/09/2024		
NAME - SHOAB M HOSSAIN			
AGE 29 years		GENDER	Male
HEIGHT (CM) 172 cm		WEIGHT (KG)	77 kg
B.P.	120/80 mmHg		
ECG	Normal		
X Ray	NAD		
Vision Checkup	Color Vision: Normal Far Vision Ratio: 6/6 } Unaided Near Vision Ratio: NS }		
Present Ailments	Nil		
Details of Past ailments (If Any)	- Optd for (R) wrist # in June 2024. No implant in situ.		
Comments / Advice:	- Asthma in childhood.		

Signature with Stamp of Medical Examiner


DR. MUKUL ARTE MBBS, DNB
Regn. No: 44293 (MNIC)
Approved By DG Shipping (COI)
Consultant in Marine Medicine & Aviation Medicine
A-101-102, Heritage Plaza, Teli Cross Lane,
Andheri East, Mumbai-400 099
SEA BIRD MEDICARE CENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069
Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of

SHOAIB M HOSSAIN

on

28 of 24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____</p> <p>recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. _____

Medical Officer

DR. MUKESH KATE - MBBS, DNB
 Reg. No: 44293 (MCI)
 Approved By DG Shiksha
 Consultant in Marine & Aviation Medicine
 A-101-102, Heritage Plaza, Teli Cross Lane,
 Andheri East, Mumbai - 400069
 SEA BIRD MEDICARE CENTRE

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Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

Report ID : **SMHM289104622** Reg. : **28-Sep-2024**
Patient Name : **Mr. SHOAIB MUKHTAR HOSSAIN** Report Date : **28-Sep-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR. MUKUL ARTE** Age/Sex : **29 Year / Male**

CHEST X RAY REPORT

X-Ray No : 8440

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

Proudly... Caring For You

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

THE UNION OF INDIA
MAHARASHTRA STATE MOTOR DRIVING LICENCE

DL No : MH15 20200000047
Valid Till : 30-11-2034 (NT)

DOI : 06-01-2020

06-01-2020

AUTHORISATION TO DRIVE FOLLOWING CLASS
OF VEHICLES THROUGHOUT INDIA

COV	DOI
LMV	06-01-2020
MCWG	06-01-2020




FORM 7
RULE 15 (2)

DOB : 01-12-1994 BG : AB+

Name : SHOAIB MUKHTAHOSSAIN
S/DW of : MUKHTAR MOHAMMOSSAIN
Add : PLOT NO 43 NEXT TO SACRED HEART SCHOOL
Nashik (M Corp.)
Nashik, MH
PIN : 422011

Signature & ID Of Issuing Authority : *[Signature]* MH15

Signature/Thumb Impression of Holder



NAME SHOBIB HOSSAIN

AGE 29 DATE 28/09/24

Website: www.seabirdhf.com / Email: seabird@seabirdhf.com

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076. Tel.: 2570 4157 / 2570 1053

101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069. Tel.: 022-4603 2704 / 81046 06813

Sea Bird Medicare Centre
(ISO: 9001 - 2015)

Sea Bird



ELECTROCARDIOGRAPHIC REPORT

E. C. G. REPORT

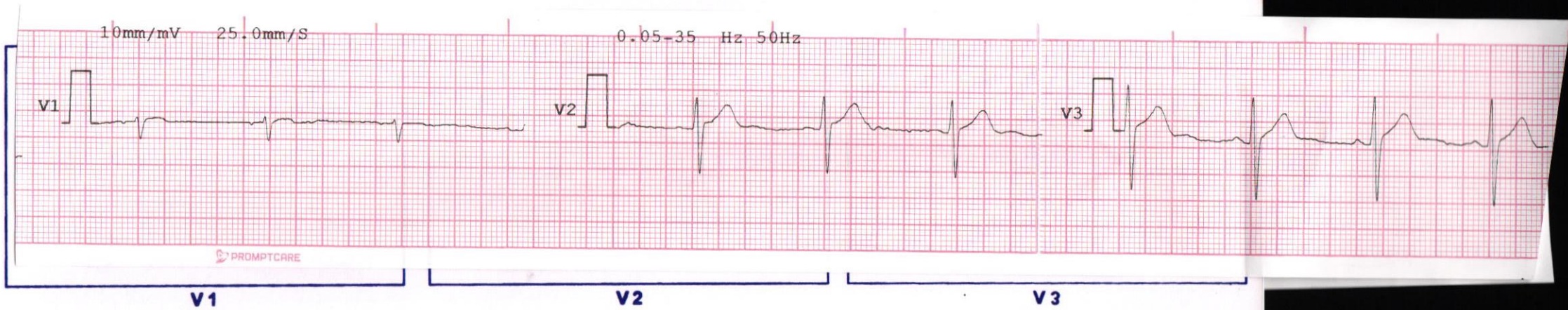
RATE 88 bpm RHYTHM Regular VOLTAGE N

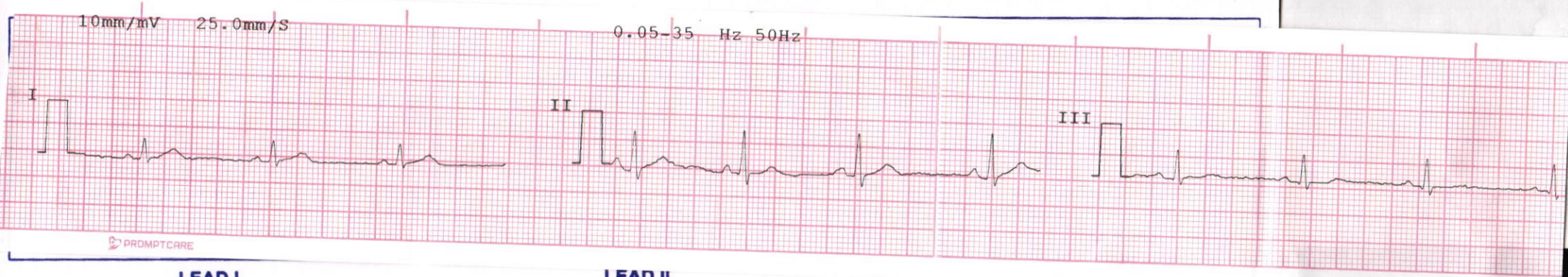
P.WAVE N PR. INTERVAL NO Q. WAVE -

QRS COMPLEX N ST. SEGMENT isoelectric T. WAVE -

REMARKS normal

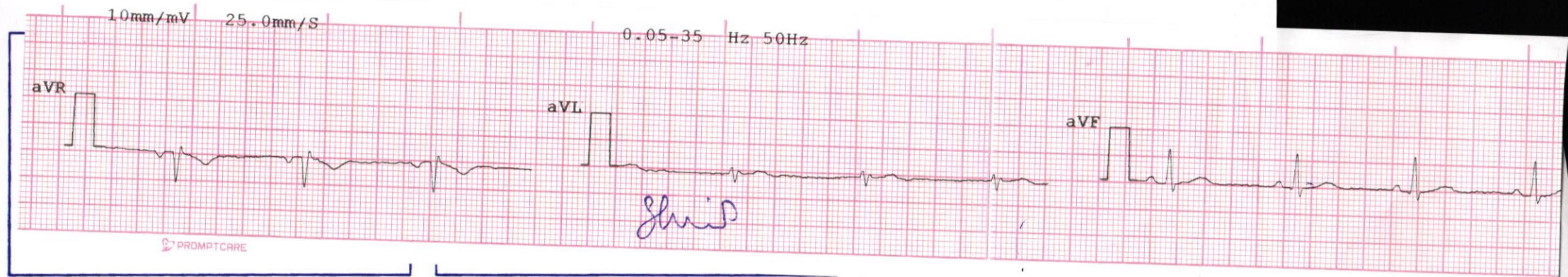
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Andheri East, Mumbai-400 069
SEA BIRD MEDICARE CENTRE





LEAD I

LEAD II



LEAD aVR

LEAD aVL

LEAD aVF

Ship