

Patient Name : Mr.LANKALAPALLI POORNA CHANDRA RAO	Collected : 08/Jul/2023 09:26AM
Age/Gender : 29 Y 0 M 21 D/M	Received : 08/Jul/2023 10:42AM
UHID/MR No : CMYS.0000057119	Reported : 08/Jul/2023 12:16PM
Visit ID : CMYSOPV115260	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : BCBPC5416J	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD-EDTA

-



SIN No:BED230157748

APOLLO CLINICS NETWORK

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Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD-EDTA

HAEMOGLOBIN	16.3	g/dL	13-17	Spectrophotometer
PCV	48.20	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.35	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	90	fL	83-101	Calculated
MCH	30.4	pg	27-32	Calculated
MCHC	33.7	g/dL	31.5-34.5	Calculated
R.D.W	12	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,900	cells/cu.mm	4000-10000	Electrical Impedance

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	59.9	%	40-80	Electrical Impedance
LYMPHOCYTES	29.6	%	20-40	Electrical Impedance
EOSINOPHILS	5.4	%	1-6	Electrical Impedance
MONOCYTES	4.6	%	2-10	Electrical Impedance
BASOPHILS	0.5	%	<1-2	Electrical Impedance

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	3534.1	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1746.4	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	318.6	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	271.4	Cells/cu.mm	200-1000	Electrical Impedance
BASOPHILS	29.5	Cells/cu.mm	0-100	Electrical Impedance

PLATELET COUNT

PLATELET COUNT	263000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-15	Modified Westergren

PERIPHERAL SMEAR

R.B.C: Majority are normocytic normochromic.

W.B.C: Are normal in number, morphology and distribution.

Platelets: Adequate and are seen in singles and clumps.

Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

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DEPARTMENT OF HAEMATOLOGY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD-EDTA

BLOOD GROUP TYPE	A			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



SIN No:BED230157748

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UHID/MR No : CMYS.0000057119	Reported : 08/Jul/2023 01:39PM
Visit ID : CMYSOPV115260	Status : Final Report
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Emp/Auth/TPA ID : BCBPC5416J	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	94	mg/dL	70-100	GOD - POD
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Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , NAF PLASMA	106	mg/dL	70-140	GOD - POD
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Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD-EDTA	5.0	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD-EDTA	97	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



Patient Name : Mr.LANKALAPALLI POORNA CHANDRA RAO	Collected : 08/Jul/2023 09:26AM
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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	154	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	124	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	28	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	126	mg/dL	<130	Calculated
LDL CHOLESTEROL	101.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	24.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	5.50		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	1.10	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.90	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	23	U/L	<50	Visible with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	25.0	U/L	17-59	UV with P-5-P
ALKALINE PHOSPHATASE	82.00	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	7.40	g/dL	6.3-8.2	Biuret
ALBUMIN	4.60	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	2.80	g/dL	2.0-3.5	Calculated
A/G RATIO	1.64		0.9-2.0	Calculated



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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.90	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	14.90	mg/dL	19-43	Urease
BLOOD UREA NITROGEN	7.0	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.60	mg/dL	3.5-8.5	Uricase
CALCIUM	9.70	mg/dL	8.4 - 10.2	Arsenazo-III
PHOSPHORUS, INORGANIC	3.40	mg/dL	2.5-4.5	PMA Phenol
SODIUM	145	mmol/L	135-145	Direct ISE
POTASSIUM	4.6	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98 - 107	Direct ISE



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	33.00	U/L	15-73	Glycylcysteine Nitoranalide



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Visit ID : CMYSOPV115260	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : BCBPC5416J	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.19	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	9.96	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	2.730	µIU/mL	0.35-4.94	CMIA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0



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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.025		1.002-1.030	Dipstick

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	4 - 5	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2 - 3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



SIN No:UR2143094

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DEPARTMENT OF CLINICAL PATHOLOGY


ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
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URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick
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*** End Of Report ***



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:UPP015104,UF008952

Date : 08-07-2023 Department : GENERAL
 MR NO : CMYS.0000057119 Doctor : R O HITH-H.K.
 Name : Mr. LANKALAPALLI POORNA CH/ Registration No :
 Age/ Gender : 29 Y / Male Qualification :

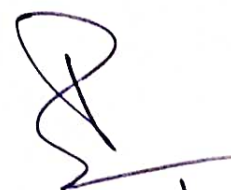
Consultation Timing: 09:20

Height : 175	Weight : 72.1	BMI :	Walst Circum :
Temp :	Pulse :	Resp :	B.P : 110 / 70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Pt came for Annual Health check up
 No fresh complaints.
 No h/o DM, HTN.


8/7.

Apollo Clinic
 Apollo Health & Lifestyle Ltd.,
 1 Floor, 23, Kalidasa Road
 MYSORE-570 002

Follow up date :

Doctor Signature

Date : 08-07-2023
MR NO : CMYS.0000057119

Department : GENERAL Dietetics
Doctor : Madhura . P . P

Name : Mr. LANKALAPALLI POORNA CH/
Age/ Gender : 29 Y / Male

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PHD*

Consultation Timing: 09:20

TBM - 70kg

Height : 172.	Weight : 72.1	BMI : 24.4 kg/m ²	Waist Circum : 70
Temp :	Pulse :	Resp :	B.P : 110/70

General Examination /
Allergies History

HDL - 28
LDL - 101.2
chol/HDL - 5.50

Clinical Diagnosis & Management Plan

- ⇒ Advised fiber rich diet with w-3 fatty acid rich foods.
 - ⇒ Take small frequent meals. Do not skip meals.
 - ⇒ Include all variety of seasonal fruits, vegetables and green leafy vegetables regularly.
 - ⇒ Include Nuts like Almonds & walnuts.
 - ⇒ Include dry-fruits like dried dates & raisins
 - ⇒ Include seeds like Flax seeds, Pumpkin seeds, Sesame seeds, Sunflower seeds & watermelon seeds - 1 teaspoon each [dry roasted].
 - ⇒ Avoid Maida, sugar, salt, baking soda and creams completely.
 - ⇒ Avoid bakery products, chips, junk foods, deep fried foods, packed & processed foods.
- Follow up date:

Doctor Signature

Apollo Clinic
Apollo Health & Lifestyle Ltd.
1 Floor, 23, Kalidasa Road
MYSORE-570 002

B. P
8/7/2023

Date : 08-07-2023
MR NO : CMYS.0000057119

Department : GENERAL
Doctor :

Name : Mr. LANKALAPALLI POORNA CH/
Age/ Gender : 29 Y / Male

Registration No :
Qualification :

Consultation Timing: 09:20

Height : 175	Weight : 72.1	BMI :	Waist Circump :
Temp :	Pulse :	Resp :	B.P : 110 / 70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

RT eye

LT eye

Distance

6/12P

6/12P

Near Vm

N6

N6

With glass

6/6

6/6

Colour Vm

Normal

Normal

Apollo Clinic
Apollo Health & Lifestyle Ltd.
1 Floor, 23, Kalidasa Road
MYSORE-570 002

Follow up date :

Doctor Signature

Date : 08-07-2023
MR NO : CMYS.0000057119

Department : GENERAL Dental
Doctor : Dr. Jyothisree

Name : Mr. LANKALAPALLI POORNA CH/
Age/ Gender : 29 Y / Male

Registration No :
Qualification :

Consultation Timing: 09:20

Height : 175	Weight : 72.1	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

O/E

8/ Partially Erupted

Adv: OPN Flw by
Esm

UPPER and lower arch proclined

adv, ortho intervention

Apollo Clinic
Apollo Health & Lifestyle Ltd.
1 Floor, 23, Kalidasa Road
MYSORE-570 002

Jyothisree

Doctor Signature

Follow up date :

Apollo Clinic
Apollo Health & Lifestyle Ltd.
1 Floor, 23, Kalidasa Road
MYSORE-570 002

Apollo

Informed Consent/Declaration For Test Exclusion

Patient Name: Lakalapalli Poornachandra Rao Age: 29 Years

UHID Number: 57119

Please tick and sign the relevant part

I certify that I will skip ENT Consultation Test from my own

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature L. Poornachandra Rao Date 08/7/23.

Witness signature: Nibhisha. R Date: 08/07/23

Apollo Clinic
Apollo Health & Lifestyle Ltd.
1 Floor, 23, Kalidasa Road
MYSORE-570 002

Patient Name: Mr Lankalapalli Poorna Chandra	Date: 08.07.2023	Referring Doctor: Self
Age / Sex :29 yrs /Male	UHID :57119	OP
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size, outline and in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and no calculus seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 10.6x4.7 cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.


LEFT KIDNEY: It measures 9.8x4.6cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION: NORMAL STUDY.


Dr. Chetan H. DNB
Consultant Radiologist.

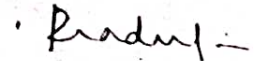
Patient Name	: Mr. LANKALAPALLI POORNA CHANDRA RAO	Age	: 29 Y M
UHID	: CMYS.0000057119	OP Visit No	: CMYSOPV115260
Reported on	: 08-07-2023 13:30	Printed on	: 08-07-2023 13:31
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

IMPRESSION : NORMAL STUDY.



Printed on:08-07-2023 13:30

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

ICIN : URS110TG2040PLC115819

Regd. Office : 1-10-611-52, Ashoka Nagar, Pathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph: No. 080 4904 7177 | Fax: No. 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

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Koramangala | Sarjapur Road | Mysore : VV Mohalla

Online appointments : www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

of 1

MR LANKALAPALLI POORNA CHANDRA

RAO

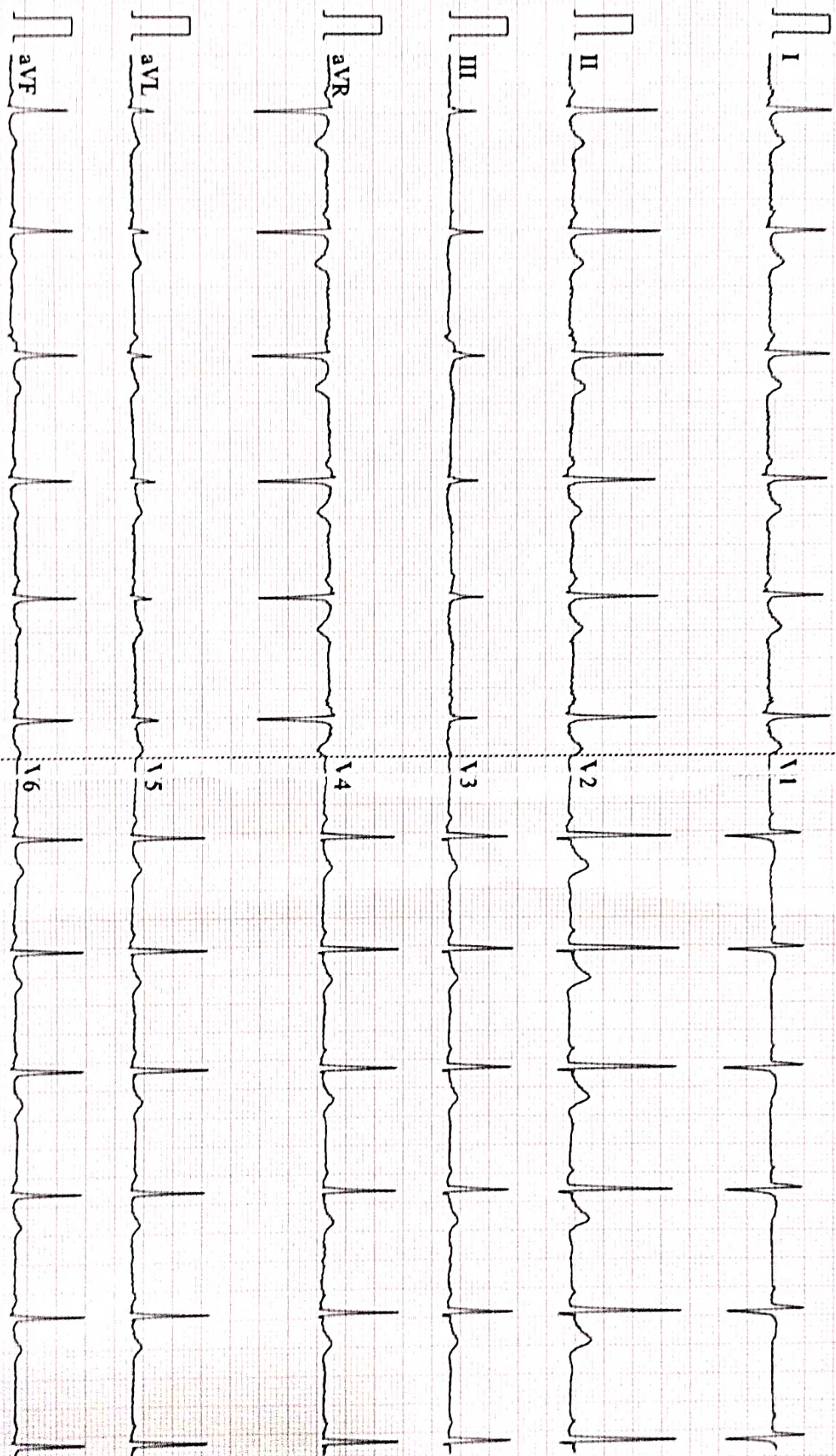
Male 29Years

175cm 72kg 110/70 mmHg

Diagnosis Information:

Apollo Clinic
Apollo Health & Lifestyle Ltd.
1 Floor, 23, Kaidasa Road
MYSORE-570 002

Unconfirmed Report.



Patient's Name : Mr Lankapalli poorna chandra Rao	Age & Sex: 29Yrs /Male
Date :08.07.2023	UHID No :57119

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 67 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

APOLLO HEALTH AND LIFESTYLE LIMITED
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Patient's Name : Mr Lankapalli poorna chandra Rao	Age & Sex: 29Yrs /Male
Date :08.07.2023	UHID No :57119

Measurement

AO : 2.9 cm
LA : 2.4 cm

RV : 2.6 cm
LVIDd : 5.27 cm
LVIDs : 3.27 cm
IVSd : 0.83 cm
IVSs : 1.21 cm
PWd : 0.98 cm
PWs : 1.37 cm
EF : 67.0 %
FS : 37.0 %

Doppler

MV	TV	AV	PV
E : 0.55 m/s	E --- m/s	V max 1.13 m/s	V max 1.17 m/s
A : 0.35 m/s	A --- m/s		
MR Nil	TR Nil	AR Nil	PR Nil

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY

Apollo Health and Lifestyle Limited

APOLLO HEALTH AND LIFESTYLE LIMITED

Key Centre: Apollo Health & Lifestyle, Apollo Health Centre, 5th Floor, Bellary Road, Mysore Road, Bengaluru - 560 016
 Phone: 080 4244 4444 Fax No: 4244 4744 Email: 123@apollohospitals.com www.apollohospitals.com

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