

Patient Name : Mrs.UMAMAHESWARI C	Collected : 29/Jul/2023 09:37AM
Age/Gender : 47 Y 4 M 23 D/F	Received : 29/Jul/2023 12:19PM
UHID/MR No : CANN.0000123142	Reported : 29/Jul/2023 02:01PM
Visit ID : CANNOPV363818	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE40908	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

METHODOLOGY	: Microscopic
RBC MORPHOLOGY	: Mild anisocytosis, predominantly normocytic normochromic RBC's noted.
WBC MORPHOLOGY	: Normal in number, morphology and distribution. No abnormal cells seen.
PLATELETS	: Adequate in number.
PARASITES	: No haemoparasites seen.
NOTE/ COMMENT	: Please correlate clinically.

SIN No:BED230178207

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) **Andhra Pradesh:** Vizag (Seethamma Peta) **Karnataka:** Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) **Mysore** (VV Mohalla) **Tamilnadu:** Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) **Maharashtra:** Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) **Uttar Pradesh:** Ghaziabad (Indrapuram) **Gujarat:** Ahmedabad (Satellite) **Punjab:** Amritsar (Court Road) **Haryana:** Faridabad (Railway Station Road)

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Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	11.3	g/dL	12-15	Spectrophotometer
PCV	34.30	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.15	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	82.8	fL	83-101	Calculated
MCH	27.2	pg	27-32	Calculated
MCHC	32.8	g/dL	31.5-34.5	Calculated
R.D.W	16.8	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	9,000	cells/cu.mm	4000-10000	Electrical Impedance

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	55.5	%	40-80	Electrical Impedance
LYMPHOCYTES	32.8	%	20-40	Electrical Impedance
EOSINOPHILS	3.0	%	1-6	Electrical Impedance
MONOCYTES	8.4	%	2-10	Electrical Impedance
BASOPHILS	0.3	%	<1-2	Electrical Impedance

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	4995	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	2952	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	270	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	756	Cells/cu.mm	200-1000	Electrical Impedance
BASOPHILS	27	Cells/cu.mm	0-100	Electrical Impedance

PLATELET COUNT	236000	cells/cu.mm	150000-410000	Electrical impedance
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ERYTHROCYTE SEDIMENTATION RATE (ESR)	64	mm at the end of 1 hour	0-20	Modified Westergren
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PERIPHERAL SMEAR

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Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY.



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Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , SODIUM FLUORIDE PLASMA	108	mg/dL	70-100	HEXOKINASE
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Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/d L	Interpretation
<100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	228	mg/dL	70-140	HEXOKINASE
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Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

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Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	8.1	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	186	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %
NON DIABETIC ADULTS >18 YEARS	<5.7
AT RISK (PREDIABETES)	5.7 – 6.4
DIAGNOSING DIABETES	≥ 6.5
DIABETICS	
· EXCELLENT CONTROL	6 – 7
· FAIR TO GOOD CONTROL	7 – 8
· UNSATISFACTORY CONTROL	8 – 10
· POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control



SIN No:PLF02007001,PLP1354286,EDT230070202

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Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	183	mg/dL	<200	CHO-POD
TRIGLYCERIDES	124	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	43	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	140	mg/dL	<130	Calculated
LDL CHOLESTEROL	115.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	24.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.26		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.89	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.16	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.73	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	29	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	32.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	89.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.50	g/dL	6.6-8.3	Biuret
ALBUMIN	3.90	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.60	g/dL	2.0-3.5	Calculated
A/G RATIO	1.08		0.9-2.0	Calculated



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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.63	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	9.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	4.2	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.90	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.60	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	2.80	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	139	mmol/L	136–146	ISE (Indirect)
POTASSIUM	3.5	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	100	mmol/L	101–109	ISE (Indirect)



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GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	46.00	U/L	<38	IFCC



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Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | Andhra Pradesh: Vizag (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indrapuram) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)



Patient Name : Mrs.UMAMAHESWARI C	Collected : 29/Jul/2023 09:37AM
Age/Gender : 47 Y 4 M 23 D/F	Received : 29/Jul/2023 01:33PM
UHID/MR No : CANN.0000123142	Reported : 29/Jul/2023 02:24PM
Visit ID : CANNOPV363818	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE40908	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.43	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	11.57	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	1.894	µIU/mL	0.34-5.60	CLIA

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m. and 4 p.m. In primary hypothyroidism, thyroid-stimulating hormone (TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo- or hyperthyroid-ism, respectively. Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0



SIN No: SPL23108507

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address: D No.30, F – Block, 2nd Avenue, Anna Nagar East, Chennai.600 102, Phone - 044-26224504 / 05

APOLLO CLINICS NETWORK

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Patient Name : Mrs.UMAMAHESWARI C	Collected : 29/Jul/2023 09:37AM
Age/Gender : 47 Y 4 M 23 D/F	Received : 29/Jul/2023 04:47PM
UHID/MR No : CANN.0000123142	Reported : 29/Jul/2023 05:33PM
Visit ID : CANNOPV363818	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE40908	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	TRACE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	1-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



SIN No:UR2157369

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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APOLLO CLINICS NETWORK

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Patient Name : Mrs.UMAMAHESWARI C	Collected : 29/Jul/2023 09:37AM
Age/Gender : 47 Y 4 M 23 D/F	Received : 29/Jul/2023 04:48PM
UHID/MR No : CANN.0000123142	Reported : 29/Jul/2023 05:11PM
Visit ID : CANNOPV363818	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE40908	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL) , URINE	POSITIVE (TRACE)		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING) , URINE	NEGATIVE		NEGATIVE	Dipstick



SIN No:UPP015242,UF009141

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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Address:

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Phone - 044-26224504 / 05

APOLLO CLINICS NETWORK

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Patient Name : Mrs.UMAMAHESWARI C	Collected : 29/Jul/2023 09:37AM
Age/Gender : 47 Y 4 M 23 D/F	Received : 31/Jul/2023 10:26AM
UHID/MR No : CANN.0000123142	Reported : 01/Aug/2023 06:30PM
Visit ID : CANNOPV363818	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE40908	

DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - TMT - PAN INDIA - FY2324

LBC PAP TEST (PAPSURE) , CERVICAL BRUSH SAMPLE

	CYTOLOGY NO.	12748/23
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Negative for intraepithelial lesion/ malignancy.
III	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***



Dr. MARQUESS RAJ
M.D, DipRCPath, D.N.B(PATH)
Consultant Pathologist



DR. R. SRIVATSAN
M.D.(Biochemistry)



DR. K. RAMA KRISHNA REDDY
M.B.B.S, M.D
CONSULTANT PATHOLOGIST



Dr THILAGA
M.B.B.S, M.D(Pathology)
Consultant Pathologist



SIN No:CS065959

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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Patient Name	: Mrs. UMAMAHESWARI C	Age/Gender	: 47 Y/F
UHID/MR No.	: CANN.0000123142	OP Visit No	: CANNOPV363818
Sample Collected on	:	Reported on	: 29-07-2023 20:15
LRN#	: RAD2060488	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: bobE40908		

DEPARTMENT OF RADIOLOGY

SONO MAMMOGRAPHY - SCREENING

CH: No complaints. Routine check up

Report

Craniocaudal and mediolateral oblique views of both breasts were studied.

Both breasts show heterogenously dense glandular tissues ACR Type - C

Macrocalcification noted in both breasts.

There is no evidence of microcalcification in both breasts.

Both nipples are not retracted.

There is no evidence of focal or diffuse thickening of skin or subcutaneous tissues of both breasts.

Retromammary spaces appear clear.

Accessory pad of fat in Right axilla.

On correlated ultrasound screening ,no solid/cystic lesion is noted in both breasts.

IMPRESSION:

* NO SIGNIFICANT ABNORMALITY DETECTED.

- BIRADS - I

Though mammography is the single best method of screening breast cancer, it does not detect all breast cancers. The false negative rate of mammography is approximately 10 % It is important for you to do breast self - examination on a continuing basis .If lump is felt, consult your Doctor.

Patient Name : Mrs. UMAMAHESWARI C

Age/Gender : 47 Y/F

NB:BIRADS Categories.

I. Normal.

II. Benign finding.

III. Probably benign to be followed up after 6 months.

IV. Indeterminate lesion further evaluation necessary.

V. Highly suggestive of malignancy

VI. Proven malignancy.

Dr. PRAVEENA SHEKAR T
MBBS, DMRD, FAGE
Radiology

Patient Name : Mrs. UMAMAHESWARI C

Age/Gender : 47 Y/F

UHID/MR No. : CANN.0000123142

OP Visit No : CANNOPV363818

Sample Collected on :

Reported on : 29-07-2023 17:42

LRN# : RAD2060488

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : bobE40908

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver shows evidence of fatty changes (Grade- I)
Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus.
Wall thickness appear normal.

Pancreas and spleen appear normal.
Spleen measures 7.8 cms.

Portal and splenic veins appear normal.
No evidence of ascites or lymphadenopathy.

Diaphragmatic movements are satisfactory.
There is no evidence of sub diaphragmatic pathology or pleural effusion.

Right kidney measures 10.0 x 5.3 cms.
Left kidney measures 11.1 x 5.7 cms.
Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Uterus measures 9.0 x 4.2 cms and shows normal endometrial and myometrial echoes.
The endometrial thickness within normal limits.
Right ovary measures 2.3 x 0.9 cms.
Left ovary measures 2.5 x 1.5 cms.

Patient Name : Mrs. UMAMAHESWARI C

Age/Gender : 47 Y/F

Both ovaries are normal in size and echotexture.

No mass lesion seen in the pelvis.

Bladder is normal in contour.

IMPRESSION:

* FATTY LIVER - GRADE - I

Dr. PRAVEENA SHEKAR T
MBBS, DMRD, FAGE
Radiology

Patient Name : Mrs. UMAMAHESWARI C

Age/Gender : 47 Y/F

UHID/MR No. : CANN.0000123142

OP Visit No : CANNOPV363818

Sample Collected on :

Reported on : 29-07-2023 14:00

LRN# : RAD2060488

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : bobE40908

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardiophrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

IMPRESSION:

***NO SIGNIFICANT ABNORMALITY DETECTED.**

Dr. PRAVEENA SHEKAR T
MBBS, DMRD, FAGE
Radiology

Name: Mrs. UMAMAHESWARI C
Age/Gender: 47 Y/F
Address: 1280 118TH STREET MMDA 3RD MAIN ROAD MATHUR
Location: CHENNAI, TAMIL NADU
Doctor:
Department: GENERAL
Rate Plan: ANNANAGAR_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. SUMA RAGHURAM

MR No: CANN.0000123142
Visit ID: CANNOPV363818
Visit Date: 29-07-2023 09:31
Discharge Date:
Referred By: SELF

DRUG ALLERGY

DRUG ALLERGY: Nil ,

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Corporate Health Checkup,

Present Known Illness

No history of: No History of diabetes / Hypertension / Heart Disease,

SYSTEMIC REVIEW

Cardiovascular System

CHEST PAIN: No,

GastroIntestinal System

APPETITE : Normal,

GenitoUrinary System

-: Nil ,

Central Nervous System

SLEEP- : Normal,

Gynaecology and Obstetrics

LAST MENSTRUAL PERIOD: 15.07.23 ,

PERIODS: regular,

****Weight**

--->: Stable,

General Symptoms

: No ,

HT-HISTORY

Past Medical History

PAST MEDICAL HISTORY: Nil,

**Cancer: No ,

Past surgical history

Surgical history: NIL,

Personal History

Marital Status	Married,
-->	
No. of Children	2,
-->	
Diet	Mixed Diet,
-->	
Physical Activity	Mild,

Family History

Father	Expired,
-->	
Mother	Alive,
-->	
Asthma	mother ,

PHYSICAL EXAMINATION**General Examination**

Height (in cms): 153,

Weight (in Kgs): 65,

Waist: 89,

Hip: 98,

SYSTEMIC EXAMINATION**CardioVascularSystem**

Heart Rate(Per Minute):: 62,

Systolic: 140,

Diastolic: 100,

Central Nervous system:

>: No neurological deficit,

Gynaecology and Obstetrics:

Pap Smear: Taken,

IMPRESSION

Apollo Health check

Findings: **1. Mild anemia**
2. Elevated ESR Count
3. Elevated Fasting blood sugar / Postprandial sugar / HbA1C - 8.1
4. Minimal Elevated Cholesterol level
5. Elevated GGT
6. Urine Glucose Trace
7. Fatty liver Grade I
8. Birads I
9. TMT - Negative
10. Elevated systolic BP ,

RECOMMENDATION

Advice on Diet

Dietician diet advice: **1. Dietary changes for Cholesterol / sugar / Fatty liver**
2. Daily walks after BP Medication ,

Advice on Medication

Advice: **TAB. LIVOGEN**
TAB ROSUVAS 5 MG (0-0-1)
,

Review/Follow Up

Refer to specialty : **To consult Diabetologist opinion ,**

Other Recommendations

Test/Investigation: **Adv : ECHO ,**

General advice: **1. Iron rich diet**
2. Follow up on GGT,

DISCLAIMER

Disclaimer: **The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,**

Doctor's Signature

உயர் மகேஸ்வரி
Uma Maheswari

பிறந்த நாள்: DOB: 06/03/1976
Gender: Female

7317 4625 1333

ஆதார் - சாதாரண மனிதனின் அதிகாரம்

 बैंक ऑफ बरोडा
Bank of Baroda

नाम
Name: C. UMAMAHESWARI

कर्मचारी वृत्त क्र. : 159781
E.C. No.

जायीकता प्राधिकारी
Issuing Authority



C. Umamaheswari
होल्डर की हस्ताक्षर
Signature of Holder

C. Umamaheswari

*CANM 123142
OCR 94161*

Fwd: Health Check up Booking Confirmed Request(bobE40908),Package Code-PKG10000313, Beneficiary Code-68047

umamaheswari c <umamaheswaric1976@gmail.com>

Sat 7/29/2023 9:28 AM

To:Annanagar Apolloclinic <annanagar@apolloclinic.com>

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Wed, 26 Jul 2023, 5:06 pm

Subject: Health Check up Booking Confirmed Request(bobE40908),Package Code-PKG10000313, Beneficiary Code-68047

To: <umamaheswaric1976@gmail.com>

Cc: <customercare@mediwheel.in>

011-41195959

[Email:wellness@mediwheel.in](mailto:wellness@mediwheel.in)

Dear **MS. C UMAMAHESWARI**,

Please find the confirmation for following request.

Booking Date : 17-06-2023

Package Name : Arcofemi MediWheel Full Body Annual Plus Check Advanced Female
2D ECHO (Metro)

Name of Diagnostic/Hospital : Apollo Medical Centre

Address of Diagnostic/Hospital : 30, F- Block, 2nd Avenue, Anna Nagar East - 600012

Contact Details : 7358392880 // 7305702537

City : Chennai

State : Tamil Nadu

Pincode : 600012

Appointment Date : 29-07-2023

Confirmation Status : Confirmed

Preferred Time : 8:00am-8:30am

Comment : APPOINTMENT TIME 9:00AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

ENT check up

Umamaheswari

47/F

29/7/23

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies
History

No complaints

O/E

ENT - WNL



Follow up date:

Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

In case of emergency, Please call 1066 or come directly to emergency room of the hospital
Apollo Health and Lifestyle Limited

To book an appointment

 1860 500 7788

Name: Mrs. Umamaheswari C
 Occupation:
 Age: 47 Sex: Male Female
 Address:
 Ph:

Date: 29/7/23 Reg. No: 123142
 Ref. Physician:
 Copies to:

REPORT ON OPHTHALMIC EXAMINATION

History:

Family glass user past 10 years.

Present Complaint:

Comfortable with present glass

with glass BE 6/6 NB

ON EXAMINATION:

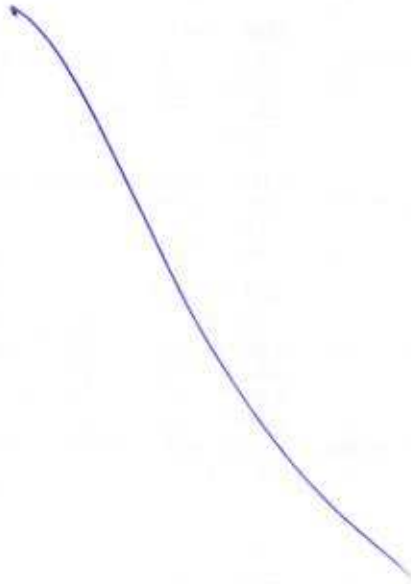
	RE	LE
Ocular Movements :	Full	Full
Anterior Segment :	Full	
Intra-Ocular-Pressure :		N
Visual Acuity: D.V. :	N	
Without Glass :		6/12
With Glass :	6/12	
N.V. :		
Visual Fields :	N10	N10
Fundus :		
Impression :	Full	Full
Advice :		
Colour Vision :	N	N

Mrs. Uma Maheshwari . C 47/F 29/07/23

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies
History

Adv. Sealing



R. J. Marshall

Follow up date:

Doctor Signature & Stamp


Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

Tabular Summary

MRS UMA MAHESWARI C,
 Patient ID 123142RMC
 29.07.2023
 Female
 47yrs Indian
 Meds:

Test Reason:
 Medical History:
 Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

BRUCE: Total Exercise Time 09:14
 Max HR: 153 bpm 88% of max predicted 173 bpm HR at rest: 93
 Max BP: 160/100 mmHg BP at rest: 140/90 Max RPP: 22950 mmHg*bpm
 Maximum Workload: 9.40 METS
 Max. ST: 0.90 mm, 0.00 mV/s in V6; EXERCISE STAGE 2 03:30
 Arrhythmia: A:73, PVC:4, PSVC:6
Reasons for Termination: Fatigue
Conclusion: FINAL IMPRESSION: TMT IS NEGATIVE/POSITIVE FOR INDUCIBLE MYOCARDIAL ISCHEMIA



Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METs)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (V6 mm)	Comment
PRETEST	SUPINE	00:02	0.00	0.00	1.0				0	-	
	STANDING	00:02	0.00	0.00	1.0				0	-	
	WARM-UP	03:53	1.00	0.00	1.7	96	140/90	13440	1	0.00	
	STAGE 1	03:00	1.70	7.00	3.9	115	140/90	15820	0	0.05	
EXERCISE	STAGE 2	03:00	2.50	9.00	6.0	129	150/90	19350	0	-0.60	
	STAGE 3	03:00	3.40	11.00	8.7	150	150/90	22500	0	0.10	
	STAGE 4	00:15	4.20	13.00	9.4	153	150/90	22500	0	0.00	
RECOVERY		04:30	0.00	0.00	1.0	96	140/90	13440	0	0.30	

U. Maheswari

MRS UMA MAHESWARI C,
 Patient ID 123142RMC
 29.07.2023
 2:45:13pm

Selected Medians Report

APOLLO MEDICAL CENTRE

BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE	TEST END RECOVERY
93 bpm 140/90 mmHg	122 bpm 140/90 mmHg	153 bpm	96 bpm 140/90 mmHg	93 bpm 140/90 mmHg	122 bpm 140/90 mmHg	153 bpm	96 bpm 140/90 mmHg
I 0.05 mm -0.42 mV/s	I -0.25 0.54	I 0.15 1.33	I -0.30 -0.44	V1 0.20 -0.97	V1 0.45 -0.04	V1 0.00 -1.00	V1 0.25 -0.16
II 0.15 0.07	II -0.25 0.94	II 0.60 2.72	II -0.10 0.67	V2 0.15 -0.60	V2 0.50 0.24	V2 0.70 1.97	V2 0.05 -0.39
III 0.05 0.42	III 0.00 0.56	III 0.45 1.09	III 0.25 0.90	V3 0.40 -0.14	V3 1.60 -0.52	V3 0.40 1.92	V3 0.20 0.16
aVR -0.10 -0.70	aVR 0.30 -1.09	aVR -0.40 -2.54	aVR 0.20 -0.64	V4 0.10 0.28	V4 -0.05 -0.12	V4 0.55 2.47	V4 0.15 0.38
aVL 0.00 -0.80	aVL -0.10 -0.26	aVL -0.15 -0.50	aVL -0.30 -0.85	V5 0.15 0.27	V5 0.65 0.96	V5 0.60 2.07	V5 0.05 0.30
aVF 0.15 0.33	aVF -0.15 0.70	aVF 0.55 1.83	aVF 0.10 0.80	V6 -0.15 0.33	V6 -0.90 0.14	V6 0.00 1.54	V6 0.25 0.49

GE CardioSoft V6.73 (2)
 10mm/mV 50Hz 0.01-20Hz S+ HEART V5.4

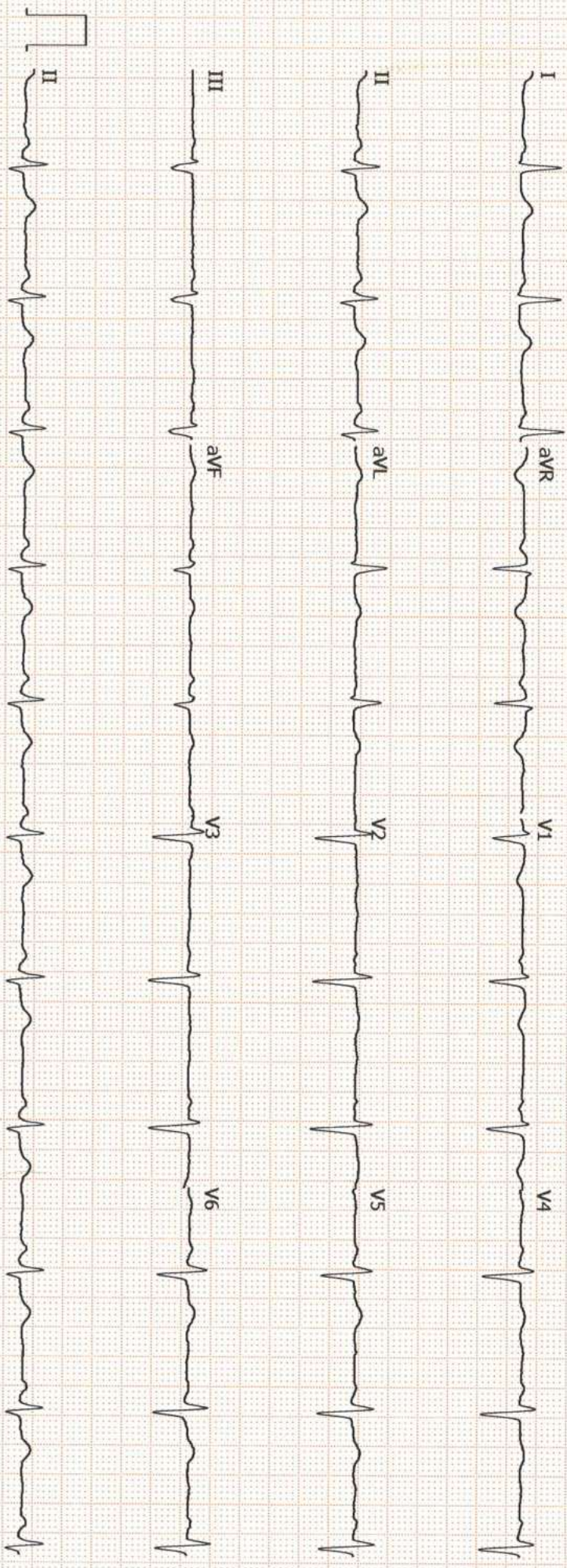
Unconfirmed

e. Anurag Reddy

MICRO MED CHARTS

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

QRS : 96 ms
QT / QTcBaz : 424 / 437 ms
PR : 156 ms
P : 126 ms
RR / PP : 930 / 937 ms
P / QRS / T : 46 / 1 / 36 degrees



SR - Q
QRS
[Signature]

U. Maheswari

Patient Name	: Mrs. UMAMAHESWARI C	Age	: 47 Y/F
UHID	: CANN.0000123142	OP Visit No	: CANNOPV363818
Reported By:	: Dr. ARULNITHI AYYANATHAN	Conducted Date	: 29-07-2023 16:39
Referred By	: SELF		

ECG REPORT

Observation :-

1 . Heart rate is 64 beats per minutes.

Impression:

POOR R WAVE PROGRESSION

----- END OF THE REPORT -----

Dr. ARULNITHI AYYANATHAN

Patient Name : Mrs. UMAMAHESWARI C Age : 47 Y/F
UHID : CANN.0000123142 OP Visit No : CANNOPV363818
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 29-07-2023 16:03
Referred By : SELF

CARDIOLOGY
CARDIAC STRESS TEST – (TMT)

Angina Pectoria:

NO

Previous MI:

NO

PTCA:

NO

CABG:

NO

HTN:

NO

DM:

NO

Smoking:

NO

Obesity:

NO

Lipidemia:

NO

Resting ECG Supine:

-

Standing:

-

Protocol Used:

Patient Name : Mrs. UMAMAHESWARI C Age : 47 Y/F
UHID : CANN.0000123142 OP Visit No : CANNOPV363818
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 29-07-2023 16:03
Referred By : SELF

BRUCE

Monitoring Leads:

12 LEADS

Grade Achieved:

13

% HR / METS:

9.4

Reason for Terminating Test:

FATIGUE

Total Exercise Time:

9.14

Symptoms and ECG Changes during Exercise:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

0 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

3 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

6 mts:

NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

INTERPRETATION:

Rhythm:

NORMAL

S.T. Segment :

NORMAL

III Blood Pressure Response :

Patient Name : Mrs. UMAMAHESWARI C Age : 47 Y/F
UHID : CANN.0000123142 OP Visit No : CANNOPV363818
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 29-07-2023 16:03
Referred By : SELF

NORMAL

**IV Fitness Response :
GOOD**

Impression:

Cardiac stress analysis is NEGATIVE for inducible myocardial ischaemia

**Dr. ARULNITHI AYYANATHAN
CARDIOLOGIST**

---- END OF THE REPORT ----