

Name : Ms. MOMI PALTA (37 /F)

Date : 12/01/2023

Address :

Examined by:

UHID : AMHL.0002074717

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164902



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Heart  
disease, Asthma  
Thyroid disease - hypothyroidism; Since -  
2 yrs; Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:12/01/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms -  
acidity, bloating; Bowel habits - regular; Piles - no;  
Hernia - no

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 25/12/2022; Periods -  
irregular, scanty; No of Children - 1; Last child birth -  
2009; No of deliveries - 1; Deliveries - LSCS;  
Number of abortions - 1

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Knee (right) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- T Thyrox 88mcg OD



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - Yes  
- 2022

Hospitalization for - No

Covid 19

Typhoid - 5 yrs ago



### Surgical history

Caesarian section - 2009



### Personal history

Marital status - Married

No. of children - 1

Male - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Name : Ms. MOMI PALTA (37 /F)

UHID : AMHL.0002074717

Date : 12/01/2023

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164902

Physical activity - Active  
- level ground walking,yoga  
How long do you exercise - 2 hrs daily



- No significant finding

### Family history

Father - alive  
Mother - alive  
Sisters - 1  
Diabetes - mother  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION

### General

Height - 164  
Weight - 77.8  
BMI - 28.93  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 62  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 116  
Diastolic(mm of Hg) - 82  
- B.P. Standing  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No  
Scars - Pfannenstiel

Printed By : Benazir Begaum

Name : Ms. MOMI PALTA (37 /F)

UHID : AMHL.0002074717

Date : 12/01/2023

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164902

**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.9	g/dl	●	12.0-15.0
RBC COUNT	4.94 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	41.2	%	●	36-46
MCV	83.3	fl	●	83-101
MCH	28.1	pg	●	27-32
MCHC	33.7	%	●	31.5-34.5
RDW	13.4	%	●	11.8-14.0
WBC Count	7100	/cu mm	●	4000-10000
Platelet Count	1.65	lacs/cu mm	●	1.5-4.0
Neutrophils	57	%	●	40-80
Lymphocytes	34	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			

Pus Cells	Occasional/hpf
Epithelial Cells	6-8 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	35	U/L	●	10-40
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	49	U/L	●	42-98
AST (SGOT) - SERUM	24	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.8 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Ms. MOMI PALTA (37 /F)

UHID : AMHL.0002074717

Date : 12/01/2023

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164902

CHOLESTEROL - SERUM 222 \* mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 26 mg/dL ● 0-35

**CREATININE - SERUM**

Test Name Result Unit Level Range  
CREATININE - SERUM 0.8 mg/dL ● 0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 8.4 \* g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 3.6 g/dL ● 1.8-3.6

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 29 U/L ● 7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2  
TOTAL T4: THYROXINE - SERUM 9.8 µg/dL ● 5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 96 mg/dL ● 70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 128 mg/dL ● 0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 124 mg/dL ● 70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 2.3 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.6 % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 4.7 mg/dL ● 2.6-6.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 54 mg/dL ● 30-70  
LDL CHOLESTEROL -SERUM 142 \* mg/dL ● 0-100

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 7.7 mg/dL ● 7.0-18.0

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Ms. MOMI PALTA (37 /F)

UHID : AMHL.0002074717

Date : 12/01/2023

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164902

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3:1.0			1.0-2.0

### ECG

SINUS BRADYCARDIA.  
SMALL Q IN INFERIOR LEADS PROBABLY  
NONSPECIFIC CHANGES.

### TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 84%) STRESS TEST IS  
NEGATIVE FOR PROVOCABLE MYOCARDIAL  
ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade-I fatty liver.
- \* Bulky uterus.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant  
abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

### Histopathology

PAP SMEAR /CERVICAL SMEAR

 Within Normal Range     Borderline High/Low     Out of Range

**Name** : Ms. MOMI PALTA (37 /F)

**UHID** : AMHL.0002074717

**Date** : 12/01/2023

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH164902

---

**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.