

ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030

NEW DELHI 110 DELHI INDIA 8800465156 SRL Ltd

34/2, NEW PALASIA, NEAR OM SHANTI BHAWAN CIRCLE, BEHIND

INDUSTRY HOUSE INDORE, 452001 MADHYA PRADESH, INDIA Tel: 9111591115,

CIN - U74899PB1995PLC045956 Email : customercare.indore@srl.in

PATIENT NAME: NEELAM SHRAM
PATIENT ID: NEELF20047471

ACCESSION NO: 0007VJ003540 AGE: 48 Years SEX: Female ABHA NO:

DRAWN: RECEIVED: 19/10/2022 09:41:25 REPORTED: 20/10/2022 14:13:59

REFERRING DOCTOR: DR. BANK OF BARODA CLIENT PATIENT ID:

Test Report Status	<u>Preliminary</u>	Results		Biological Reference	ce Interval Units
MEDI WHEEL FULL B	ODY HEALTH CHECKU	P ABOVE 40FEMALE	<u>=</u>		
BLOOD COUNTS,EDT			=		
HEMOGLOBIN		13.9		12.0 - 15.0	g/dL
METHOD : SPECTROPHOTOM	ETRIC				3/
RED BLOOD CELL COU	NT	4.68		3.8 - 4.8	mil/µL
METHOD : ELECTRICAL IMPE	DANCE				
WHITE BLOOD CELL CO	DUNT	9.00		4.0 - 10.0	thou/µL
PLATELET COUNT		303		150 - 410	thou/µL
METHOD : ELECTRICAL IMPE	DANCE				
RBC AND PLATELET	INDICES				
HEMATOCRIT		41.0		36 - 46	%
METHOD : CALCULATED PAR	AMETER				
MEAN CORPUSCULAR \	/OL	88.0		83 - 101	fL
METHOD : CALCULATED PAR	AMETER				
MEAN CORPUSCULAR I	HGB.	29.6		27.0 - 32.0	pg
METHOD : CALCULATED PAR	AMETER				
MEAN CORPUSCULAR I CONCENTRATION METHOD : CALCULATED PAR		33.8		31.5 - 34.5	g/dL
MENTZER INDEX		18.8			
RED CELL DISTRIBUTION	ON WIDTH	12.7		11.6 - 14.0	%
METHOD : CALCULATED PAR	AMETER				
MEAN PLATELET VOLUI	ME	8.6		6.8 - 10.9	fL
METHOD : CALCULATED PAR	AMETER				
WBC DIFFERENTIAL	COUNT - NLR				
NEUTROPHILS		50		40 - 80	%
METHOD : IMPEDENCE / MI	CROSCOPY				
ABSOLUTE NEUTROPHI	L COUNT	4.5		2.0 - 7.0	thou/µL
METHOD : CALCULATED PAR	AMETER				
LYMPHOCYTES		44	High	20 - 40	%
METHOD : IMPEDENCE / MI	CROSCOPY				
ABSOLUTE LYMPHOCYT	E COUNT	3.96	High	1.0 - 3.0	thou/µL
METHOD : CALCULATED PAR					
NEUTROPHIL LYMPHOC	CYTE RATIO (NLR)	1.1			
METHOD : CALCULATED PAR	AMETER				







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EOSINOPHILS	04		1 - 6	%
METHOD : IMPEDENCE / MICROSCOPY				
ABSOLUTE EOSINOPHIL COUNT	0.36		0.02 - 0.50	thou/µL
METHOD: CALCULATED PARAMETER				
MONOCYTES	02		2 - 10	%
METHOD: IMPEDENCE / MICROSCOPY				
ABSOLUTE MONOCYTE COUNT	0.18	Low	0.2 - 1.0	thou/µL
METHOD: CALCULATED PARAMETER				
BASOPHILS	00		0 - 2	%
METHOD: IMPEDENCE / MICROSCOPY				
DIFFERENTIAL COUNT PERFORMED ON:	EDTA SMEAR			

Comments

Please note that:

The Automatic analyzer used to estimate Complete Blood Counts (Blood cell Indices & counts) is "ABX PENTRA XL 80" (HORIBA); the values are correlated manually with microscopic picture.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD

E.S.R **25 High** 0 - 20 mm at 1 hr METHOD: WESTERGREN METHOD

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

Non-diabetic: < 5.7 %
| Pre-diabetics: 5.7 - 6.4 |
| Diabetics: > or = 6.5 |
| ADA Target: 7.0 |
| Action suggested: > 8.0 |

ESTIMATED AVERAGE GLUCOSE(EAG) **165.7 High** < 116.0 mg/dL METHOD : CALCULATED PARAMETER

GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) **155 High** 74 - 99 mg/dL METHOD: HEXOKINASE

GLUCOSE, POST-PRANDIAL, PLASMA

PPBS(POST PRANDIAL BLOOD SUGAR) **276 High** Normal: < 140, mg/dL

Impaired Glucose Tolerance:140-

199

Diabetic > or = 200







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METHOD: HEXOKINASE CORONARY RISK PROFILE, SER	DIIM			
CHOLESTEROL, TOTAL	179		Desirable: <200 BorderlineHigh: 200-239 High: > or = 240	mg/dL
METHOD: OXIDASE, ESTERASE, PEROXIDA	SE		111gii . > 01 - 240	
TRIGLYCERIDES	165	High	Desirable: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > or = 500	mg/dL
METHOD: ENZYMATIC ASSAY	47		4.0 Louis	
HDL CHOLESTEROL	47		< 40 Low > or = 60 High	mg/dL
CHOLESTEROL LDL	99		Adult levels: Optimal < 100	mg/dL
			Near optimal/above optimal: 129 Borderline high: 130-159 High: 160-189 Very high: = 190	100-
NON HDL CHOLESTEROL	132	High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
CHOL/HDL RATIO	3.8		, ,	
LDL/HDL RATIO	2.1		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate >6.0 High Risk	e Risk
VERY LOW DENSITY LIPOPROTEIN	33.0		3	mg/dL
LIVER FUNCTION PROFILE, SE	RUM			
BILIRUBIN, TOTAL METHOD: JENDRASSIK AND GROFF	0.67		0.0 - 1.2	mg/dL
BILIRUBIN, DIRECT METHOD: DIAZOTIZATION	0.28	High	0.0 - 0.2	mg/dL
BILIRUBIN, INDIRECT	0.39		0.00 - 1.00	mg/dL
TOTAL PROTEIN	8.1		6.4 - 8.3	g/dL
METHOD : BIURET				<u>.</u>
ALBUMIN METHOD: BROMOCRESOL PURPLE	5.1		3.50 - 5.20	g/dL



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CL CRUITAL		2.0			
GLOBULIN		3.0		2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN F		1.7		1.0 - 2.0	RATIO
ASPARTATE AMINOTRA METHOD: UV WITH P5P	ANSFERASE (AST/SGOT)	21		UPTO 32	U/L
ALANINE AMINOTRANS METHOD: UV WITH P5P	SFERASE (ALT/SGPT)	24		UPTO 34	U/L
ALKALINE PHOSPHATA	ASE	52		35 - 104	U/L
GAMMA GLUTAMYL TR	` ,	34		5 - 36	U/L
LACTATE DEHYDROGE METHOD : ENZYMATIC LACT	NASE	216	High	135 - 214	U/L
BLOOD UREA NITRO					
BLOOD UREA NITROGE		15		6 - 20	mg/dL
METHOD : UREASE KINETIC		13		0 20	mg/ az
CREATININE, SERU	М				
CREATININE		0.92	High	0.50 - 0.90	mg/dL
METHOD : ALKALINE PICRATE-KINETIC					5.
BUN/CREAT RATIO					
BUN/CREAT RATIO		16.30	High	5.0 - 15.0	
URIC ACID, SERUM					
URIC ACID		6.4	High	2.6 - 6.0	mg/dL
METHOD : URICASE/CATALA	ASE UV				
TOTAL PROTEIN, SE	RUM				
TOTAL PROTEIN		8.1		6.4 - 8.3	g/dL
METHOD : BIURET					
ALBUMIN, SERUM					
ALBUMIN		5.1		3.5 - 5.2	g/dL
METHOD : BROMOCRESOL I	PURPLE				
GLOBULIN					
GLOBULIN		3.0		2.0 - 4.1	g/dL
ELECTROLYTES (NA	/K/CL), SERUM				
SODIUM		135.7	Low	136.0 - 146.0	mmol/L
POTASSIUM		3.74		3.50 - 5.10	mmol/L



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CHLORIDE		94.5	Low	98.0 - 106.0	mmol/L
PHYSICAL EXAMINA	TION, URINE				
COLOR		DARK YELLOW			
METHOD: MACROSCOPY					
APPEARANCE		CLEAR			
METHOD: VISUAL					
SPECIFIC GRAVITY		1.010		1.003 - 1.035	
METHOD: REFLECTANCE SP	ECTROPHOTOMETRY				
CHEMICAL EXAMINA	TION, URINE				
PH		5.0		4.7 - 7.5	
METHOD : PH INDICATOR AT	ND REFLECTANCE				
PROTEIN		NOT DETECTED		NOT DETECTED	
METHOD : PROTEIN ERROR (OF INDICATORS WITH REFLECTANCE				
GLUCOSE		DETECTED (TRACE)		NOT DETECTED	
METHOD : GLUCOSE OXIDA	SE				
KETONES		NOT DETECTED		NOT DETECTED	
METHOD: ROTHERA'S WITH	REFLECTANCE				
BLOOD		DETECTED (TRACE)		NOT DETECTED	
METHOD : PEROXIDASE MET	THOD WITH REFLECTANCE				
BILIRUBIN		NOT DETECTED		NOT DETECTED	
METHOD : DIAZOTIZED WIT	H REFLECTANCE				
UROBILINOGEN		NORMAL		NORMAL	
METHOD : EHRLICH REACTION	ON REFLECTANCE				
NITRITE		NOT DETECTED		NOT DETECTED	
METHOD : DIAZOTIZED WIT	H REFLECTANCE				
LEUKOCYTE ESTERASE		NOT DETECTED		NOT DETECTED	
MICROSCOPIC EXAM	INATION, URINE				
PUS CELL (WBC'S)		3-5		0-5	/HPF
METHOD : ESTERASES METH	OD WITH REFLECTANCE				
EPITHELIAL CELLS		3-5		0-5	/HPF
METHOD : MICROSCOPIC EX	(AMINATION				
ERYTHROCYTES (RBC'S	5)	2 - 3		NOT DETECTED	/HPF
CASTS		NOT DETECTED			
METHOD MICROSCOPIC EV	(AMINIATION)				

METHOD: MICROSCOPIC EXAMINATION







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CRYSTALS		NOT DETECTED				
METHOD : MICROSCOPIC EX	XAMINATION					
BACTERIA		DETECTED (+)		NOT DETECTED		
METHOD : MICROSCOPIC EX	XAMINATION					
YEAST		NOT DETECTED		NOT DETECTED		
REMARKS		Please note that all t	he urir	nary findings are confirmed manu	ally as well.	
THYROID PANEL, SE	RUM					
T3		197.2		80.00 - 200.00	ng/dL	
METHOD : ELECTROCHEMIL	UMINESCENCE IMMUNO ASSAY					
T4		14.79	High	5.10 - 14.10	μg/dL	
METHOD : ELECTROCHEMIL	UMINESCENCE IMMUNO ASSAY					
TSH 3RD GENERATION	I	1.400		0.270 - 4.200	μIU/mL	
METHOD : ELECTROCHEMIL	UMINESCENCE IMMUNO ASSAY					
PAPANICOLAOU SME	EAR	RESULT PENDING				
LETTER		RESULT PENDING				
ABO GROUP & RH TY	PE, EDTA WHOLE BLOOD					
ABO GROUP		TYPE B				
RH TYPE		POSITIVE				
XRAY-CHEST						
» »		BOTH THE LUNG FIE	LDS AF	RE CLEAR		
» »		BOTH THE COSTOPHI	RENIC	AND CARIOPHRENIC ANGELS ARE	E CLEAR	
» »		BOTH THE HILA ARE NORMAL				
» »	» CARDIAC AND AORTIC SHADOWS APPEAR NORMAL					
»»	BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL					

VISUALIZED BONY THORAX IS NORMAL

NO ABNORMALITY DETECTED

TMT OR ECHO

IMPRESSION

TMT OR ECHO

Comments

TMT REFUSED BY CANDIDATE

ECG

ECG WITHIN NORMAL LIMITS







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MAMOGRAPHY (BOTH BREASTS)

MAMOGRAPHY BOTH BREASTS MEMO REFUSED BY CANDIDATE

MEDICAL HISTORY

RELEVANT PRESENT HISTORY NOT SIGNIFICANT

RELEVANT PAST HISTORY HTN/DM

RELEVANT PERSONAL HISTORY

RELEVANT FAMILY HISTORY

OCCUPATIONAL HISTORY

HISTORY

HISTORY

NOT SIGNIFICANT

NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.54 mts WEIGHT IN KGS. 63 Kgs

BMI 27 BMI & Weight Status as follows: kg/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE NORMAL PHYSICAL ATTITUDE NORMAL GENERAL APPEARANCE / NUTRITIONAL STATUS **OVERWEIGHT BUILT / SKELETAL FRAMEWORK AVFRAGE** FACIAL APPEARANCE **NORMAL** SKIN **NORMAL** UPPER LIMB NORMAL LOWER LIMB **NORMAL NECK NORMAL**

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

CAROTID PULSATION NORMAL TEMPERATURE AFEBRILE

PULSE 96/MIN REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID

BRUIT HEARD







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RESPIRATORY RATE	NORMAL	
CARDIOVASCULAR SYSTEM		
BP	130/84	mm/Hg
PERICARDIUM	NORMAL	,
APEX BEAT	NORMAL	
HEART SOUNDS	S1, S2 HEARD NORMAL	LY
MURMURS	ABSENT	
RESPIRATORY SYSTEM		
SIZE AND SHAPE OF CHEST	NORMAL	
MOVEMENTS OF CHEST	SYMMETRICAL	
BREATH SOUNDS INTENSITY	NORMAL	
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)	
ADDED SOUNDS	ABSENT	
PER ABDOMEN		
APPEARANCE	NORMAL	
VENOUS PROMINENCE	ABSENT	
LIVER	NOT PALPABLE	
SPLEEN	NOT PALPABLE	
HERNIA	ABSENT	
CENTRAL NERVOUS SYSTEM		
HIGHER FUNCTIONS	NORMAL	
CRANIAL NERVES	NORMAL	
CEREBELLAR FUNCTIONS	NORMAL	
SENSORY SYSTEM	NORMAL	
MOTOR SYSTEM	NORMAL	
REFLEXES	NORMAL	
MUSCULOSKELETAL SYSTEM		
SPINE	NORMAL	
JOINTS	NORMAL	
BASIC EYE EXAMINATION		
CONJUNCTIVA	NORMAL	
EYELIDS	NORMAL	



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Results Biological Reference Interval Units

EYE MOVEMENTS NORMAL

CORNEA NORMAL

DISTANT VISION RIGHT EYE WITH GLASSES 6/6 WITH GLASSES NORMAL

DISTANT VISION LEFT EYE WITH GLASSES 6/6 WITH GLASSES NORMAL

NEAR VISION RIGHT EYE WITH GLASSES N/6 WITHIN NORMAL LIMIT

NORMAL

N/6 WITHIN NORMAL LIMIT

BASIC ENT EXAMINATION

COLOUR VISION

NEAR VISION LEFT EYE WITH GLASSES

EXTERNAL EAR CANAL HEAVY WITHIN NORMAL LIMIT

TYMPANIC MEMBRANE NORMAL

NOSE NO ABNORMALITY DETECTED

SINUSES CLEAR

THROAT NO ABNORMALITY DETECTED

TONSILS NOT ENLARGED

SUMMARY

RELEVANT HISTORY NOT SIGNIFICANT RELEVANT GP EXAMINATION FINDINGS OVERWEIGHT

REMARKS / RECOMMENDATIONS

FITNESS STATUS

FITNESS STATUS FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)

NONE







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Test Report Status Results Biological Reference Interval Units **Preliminary**

Comments

CLINICAL FINDINGS :-

RAISED FBS AND PPBS.

GLUCOSE TRACE IN URINE.

RAISED Hba1C AND ESTIMATED AVERAGE GLUCOSE

RAISED BUN/CREAT RATIO

RAISED CREATININE.

RAISED LDH.

LOW SODIUM.

LOW CHLORIDE.

RAISED T4.

DYSLIPIDEMIA.

OVER WEIGHT STATUS.

FITNESS STATUS :-

FITNESS STATUS: FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)

ADVICE: WEIGHT REDUCTION, LOW FAT& CARBOHYDRATE DIET AND REGULAR PHYSICAL EXERCISE FOR OVERWEIGHT STATUS AND DYSLIPIDEMIA.

NEED PHYSICIAN CONSULTATION FOR LIFE STYLE MODIFICATION.







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MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN

Comments

USG WHOLE ABDOMEN

- EARY FATTY INFILTRATION OF LIVER.

Interpretation(s)
BLOOD COUNTS.EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT - NLRThe optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to

show mild disease. (Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope. ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION:

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. **TEST INTERPRETATION**

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.
Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine,

salicylates)

- 1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:
- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 3.Identifying patients at increased risk for diabetes (prediabetes).



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CLIENT CODE: C000138355

CLIENT'S NAME AND ADDRESS:

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INDUSTRY HOUSE INDORE, 452001 MADHYA PRADESH, INDIA

Tel: 9111591115, CIN - U74899PB1995PLC045956 Email: customercare.indore@srl.in

PATIENT NAME: NEELAM SHRAM PATIENT ID: NEELF20047471

ACCESSION NO: 0007VJ003540 AGE: 48 Years SEX: Female ABHA NO:

RECEIVED: 19/10/2022 09:41:25 20/10/2022 14:13:59 DRAWN: REPORTED:

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Test Report Status Results Units **Preliminary**

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

2. eAG gives an evaluation of blood glucose levels for the last couple of months.

3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

HbA1c Estimation can get affected due to :

I.Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II.Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results. IV.Interference of hemoglobinopathies in HbA1c estimation is seen in

a. Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
b. Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
c. HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy
GLUCOSE FASTING,FLUORIDE PLASMA-**TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids, phenytoin, estrogen, thiazides.

Decreased in

Pancreatic islet cell disease with increased insulin,insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia), Drugs- insulin, ethanol, propranolol; sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

Hypoglycemia is defined as a glucoseof < 50 mg/dL in men and< 40 mg/dL in women.

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus,

While random serum glucose levels correlate with nome glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to:Chronic inflammation or infection,including HIV and hepatitis B or c,Multiple myeloma,Waldenstrom's disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.Human serum albumin is the most abundant protein in human blood plasma.It is produced in the liver.Albumin constitutes about half of the blood serum protein.Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol,







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Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
 Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- · Mvasthenia Gravis
- Muscular dystrophy URIC ACID, SERUM-

Causes of Increased levels

- Dietary
 High Protein Intake.
- Prolonged Fasting,
- Rapid weight loss

Gout

Lesch nyhan syndrome. Type 2 DM.

Metabolic syndrome.

Causes of decreased levels

- Low Zinc IntakeOCP's
- Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluidsLimit animal proteins
- High Fibre foodsVit C Intake
- Antioxidant rich foods

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ÁLBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc. ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion. Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,
MICROSCOPIC EXAMINATION, URINE-

Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.







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Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and

proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia

ThyroID PANEL, SERUM-Triiodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (T5H), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of T5H.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is

hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3 Levels in TOTAL T4 TSH3G TOTAL T3

(µg/dL) (ng/dL) Pregnancy (µIU/mL) 6.6 - 12.4 6.6 - 15.5 0.1 - 2.5 0.2 - 3.0 81 - 190 100 - 260 First Trimester 2nd Trimester 6.6 - 15.5 0.3 - 3.0 100 - 260 3rd Trimester

Below mentioned are the guidelines for age related reference ranges for T3 and T4. T3 $\,$ T4 $\,$

(μg/dL) 1-3 day: 8.2 - 19.9 1 Week: 6.0 - 15.9 (ng/dL) New Born: 75 - 260

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well

documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

Reference:

- 1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
- Gowenlock A.H. Varley"s Practical Clinical Biochemistry, 6th Edition.
 Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition

ABO GROUP & RH TYPE, EDTA WHOLE BLOODBlood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-

Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history; as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job

under consideration to eventually fit the right man to the right job.

Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:

- Fit (As per requested panel of tests) SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.
- Fit (with medical advice) (As per requested panel of tests) This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's



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consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job.

• Fitness on Hold (Temporary Unfit) (As per requested panel of tests) - Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.

• Unfit (As per requested panel of tests) - An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color

blindness in color related jobs.

End Of Report

Please visit www.srlworld.com for related Test Information for this accession

Dr.Arpita Pasari, MD **Consultant Pathologist**



