

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Suvama Randale on 24/02/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

| | Tick |
|--|------|
| <ul style="list-style-type: none"> • Medically Fit | ✓ |
| <ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p> | |
| <ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p> | |
| <ul style="list-style-type: none"> • Unfit | |

APOLLO CLINIC - AUNDH
Dr. VIDYA DESHPANDE
MBBS, DGO
Family Physician
Reg.No : 56565

Dr. Vidya Deshpande
Medical Officer
Apollo Clinic, (Aundh, Pune)

This certificate is not meant for medico-legal purposes

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)
Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.
Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

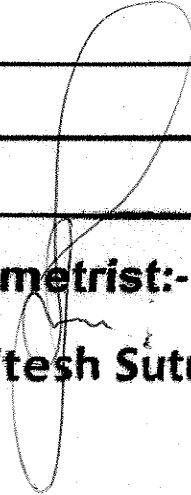
1860 500 7788

Patient Name : *Suarna. Romdale* **Date** : *24.02.24*
AGE/Sex : *26/F* **UHID/ MR NO** : *140674*

| | RIGHT EYE | LEFT EYE |
|---------------------------------|-------------------------------------|-------------------------------------|
| FAR VISION | <i>C</i> <i>GLASS</i> <i>6/6</i> | <i>C</i> <i>GLASS</i> <i>6/6</i> |
| NEAR VISION | <i>N16</i> | <i>N16</i> |
| ANTERIOR SEGMENT PUPIL | <i>MD</i> | <i>MD</i> |
| COLOUR VISION | <i>(N)</i> | <i>(N)</i> |
| FAMILY / MEDICAL HISTORY | <i>—————</i> | <i>—————</i> |

Impression: _____

Optometrist:-
Mr. Ritesh Sutnase



Date : 24-02-2024
MR NO : CAUN.0000140674
Name : M/s Suvarna Randale
Age/ Gender : 26 Y / Female

Department : GENERAL
Doctor :
Registration No :
Qualification :

Consultation Timing: 10:27

| | |
|-------------------|------------------|
| Height | 147 |
| Weight | 47 |
| BP | 110/70 |
| Pulse | 72 |
| Temp | 71 |
| SpO2 | 79 |
| BMI | 29 20 |
| Consultation with | |

Suvarna Landale. DATE: 24/2/24

PATIENT NAME

~~Suvarna~~ Landale

AGE

26 yrs

MARRIED / UNMARRIED:

m: 6 yrs

MENSTRUAL HISTORY

Cycle - regular

MENARCHE

12 yrs

PMC

3-4 / 28-29g flow

LMP

7/2/24

OBSTETRIC HISTORY

G P L A

Para 0. 1st

PAST HISTORY

DM/HT/TB/ ALLERGIES / ASTHAMA / SURGERIES

NO

FAMILY HISTORY

DM/ HT/ IHD / MALIGNANCIES

NO

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Pune (Aundh) | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie

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TO BOOK AN APPOINTMENT



1860 500 7788



भारतीय विशिष्ट ओळख प्राधिकरण
भारत सरकार
Unique Identification Authority of India
Government of India

नोंदविण्याचा क्रमांक / Enrollment No. : 2006/19091/02803

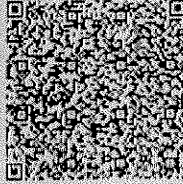
To
Suvarna Nitin Randale
सुवर्णा नितीन रंदाळे
At Post Ambika Nagar
Kurhe Panache Tal Bhusawal
Kurhe Pr. Nashirabad
Kurha, Bhusawal, Jalgaon,
Maharashtra - 425311
9049693957

12/04/2012



KA527845906FH

52784590



आपला आधार क्रमांक / Your Aadhaar No. :

5875 5542 3873

माझे आधार, माझी ओळख



भारत सरकार
Government of India

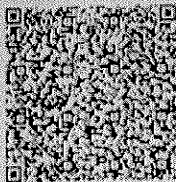


सुवर्णा नितीन रंदाळे
Suvarna Nitin Randale
वडील : सुनिल बाळु बारी
Father : Sunil Balu Bari

जन्म तारीख / DOB: 05/12/1997

स्त्री / Female

5875 5542 3873



माझे आधार, माझी ओळख

आयकर विभाग
INCOME TAX DEPARTMENT



भारत सरकार
GOVT. OF INDIA



स्थायी लेखा संख्या कार्ड
Permanent Account Number Card

CJCPB7625M

नाम / Name
SUVARNA NITIN RANDALE

पिता का नाम / Father's Name
SUNIL BALU BARI

जन्म की तारीख / Date of Birth
05/12/1997

Suvarna Randale

* PAN Application Digitally Signed. Card Not Valid unless Physically Signed.



30042011

| | | | | | | | | | | | | | | |
|---|------------------------------|--|-----------|----------------|----|---|---------------------|-----------|---------|-------------------------|------|-----------------------|-----------|--|
| 1 | Accident/Medical/MALE/FEMALE | ILL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2 | bob310115 | Suvarna randhe | 26 | F | he.nim@gf 7.598E+09 | 24-Feb-24 | 9:00 AM | Ho Clinic - Maharashtra | Pune | Star Budecho Facility | Confirmed | |
|---|------------------------------|--|-----------|----------------|----|---|---------------------|-----------|---------|-------------------------|------|-----------------------|-----------|--|

Name: M/s Suvarna Randale
Age/Gender: 26 Y/F
Address: PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. BALKRISHNA SURYAKANTRAO RANGDAL

MR No: CAUN.0000140674
Visit ID: CAUNOPV167091
Visit Date: 24-02-2024 10:27
Discharge Date:
Referred By: SELF

Doctor's Signature

Established Patient: No

Vitals

| Date | Pulse (Beats/min) | B.P (mmHg) | Resp (Rate/min) | Temp (F) | Height (cms) | Weight (Kgs) | Body Fat Percentage (%) | Visceral Fat Level (%) | Body Age (Years) | BMI | Waist Circum (cms) | Hip (cms) | Waist (cms) | Waist & Hip Ratio | User |
|---------------------|----------------------|----------------|--------------------|-------------|-----------------|-----------------|-------------------------------|------------------------------|------------------------|-------|--------------------------|--------------|----------------|-------------------------|-----------|
| 26-02-2024 14:44 | 80 Beats/min | 100/70 mmHg | 18 Rate/min | 96 F | 147 cms | 47 Kgs | % | % | Years | 21.75 | 71 cms | 79 cms | cms | | AHLL02734 |

Name: M/s Suvarna Randale
Age/Gender: 26 Y/F
Address: PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. VIDYA DESHPANDE

MR No: CAUN.0000140674
Visit ID: CAUNOPV167091
Visit Date: 24-02-2024 10:27
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

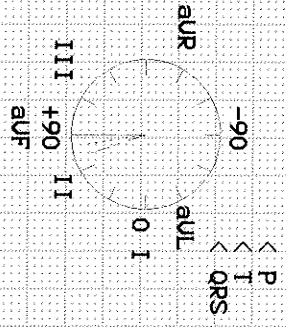
IMPRESSION

RECOMMENDATION

Doctor's Signature

Measurement Results:

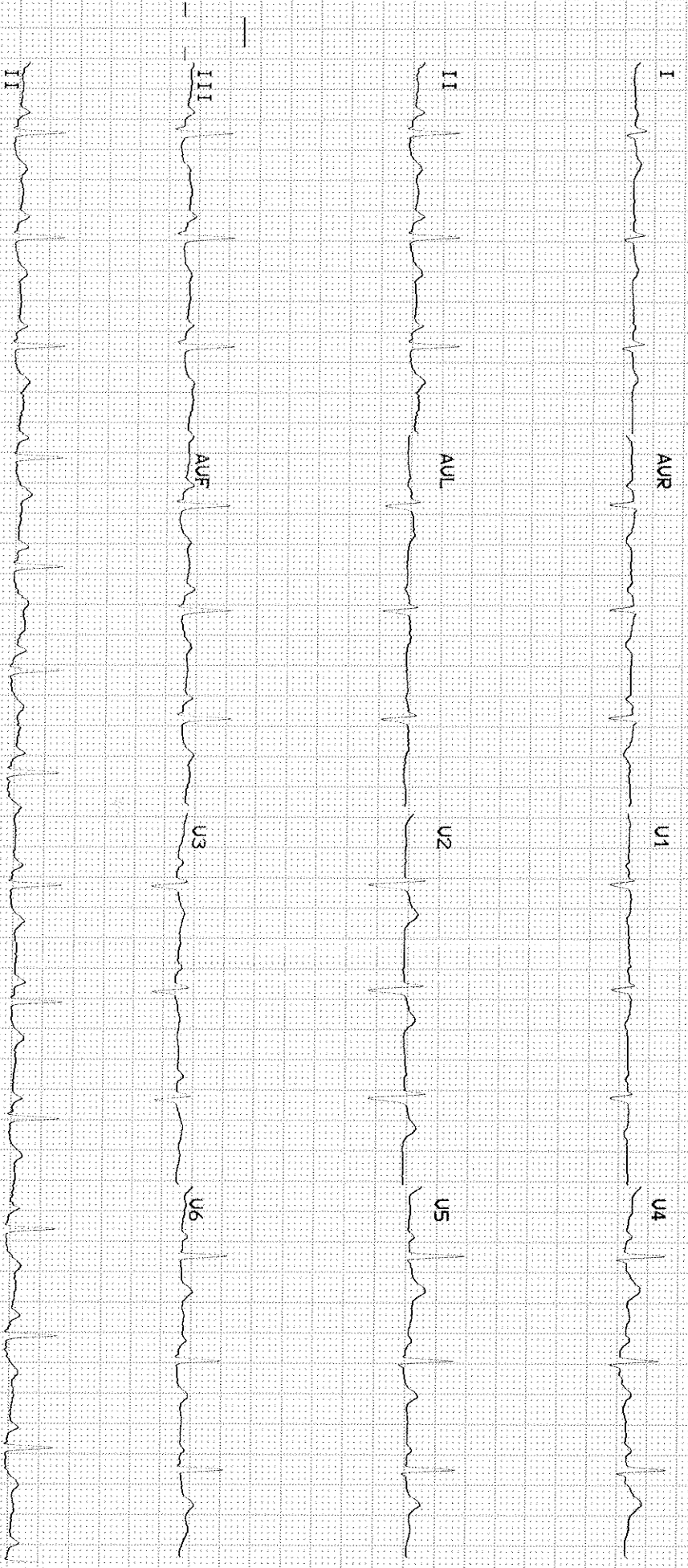
| | |
|-----------|----------------------|
| QRS | 94 ms |
| QT/QTcB | 362 / 424 ms |
| PR | 134 ms |
| P | 96 ms |
| RR/PP | 730 / 740 ms |
| P/QRS/T | 80 / 90 / 70 degrees |
| QTd/QTcBd | 72 / 84 ms |
| Sokolow | 1.0 mV |
| NK | 12 |



Interpretation:

ECG -> No significant ST-T changes

APOLLO CLINIC-AJUNDH
Dr. Akshay Shelar
M.B.S., M.D. (Medicine)
Reg No. 2019/054045
Unconfirmed report.



Established Patient: No

Vitals

| Date | Pulse (Beats/min) | B.P (mmHg) | Resp (Rate/min) | Temp (F) | Height (cms) | Weight (Kgs) | Body Fat Percentage (%) | Visceral Fat Level (%) | Body Age (Years) | BMI | Waist Circum (cms) | Hip (cms) | Waist (cms) | Waist & Hip Ratio | User |
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2 D ECHO PENDING

Name: M/s Suvarna Randale
Age/Gender: 26 Y/F
Address: PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. PRADNYA NIKAM

MR No: CAUN.0000140674
Visit ID: CAUNOPV167091
Visit Date: 24-02-2024 10:27
Discharge Date:
Referred By: SELF

Doctor's Signature

Name: M/s Suvarna Randale
Age/Gender: 26 Y/F
Address: PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. NANDINI SUDHIR BHAGAT

MR No: CAUN.0000140674
Visit ID: CAUNOPV167091
Visit Date: 24-02-2024 10:27
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Name: M/s Suvarna Randale
Age/Gender: 26 Y/F
Address: PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. RUCHIKA SRIVASTAVA

MR No: CAUN.0000140674
Visit ID: CAUNOPV167091
Visit Date: 24-02-2024 10:27
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Patient Name : M/s Suvarna Randale

Age/Gender : 26 Y/F

UHID/MR No. : CAUN.0000140674

OP Visit No : CAUNOPV167091

Sample Collected on :

Reported on : 24-02-2024 16:01

LRN# : RAD2247443

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 362731

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

No evidence of any focal lesion.

Trachea is central in position.

Costophrenic angles are clear.

Cardio thoracic ratio is normal.

Cardiac silhouette is well maintained.

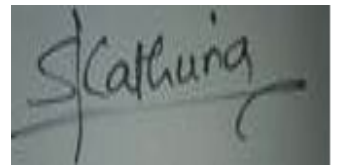
Mediastinal and hilar regions are normal.

Both diaphragmatic domes are well visualized and normal.

Visualized skeleton and soft tissues around thoracic cage appear normal.

COMMENT: No significant abnormality seen.

Please correlate clinically.



Dr. SUHAS SANJEEV KATHURIA
MBBS,DMRE, RADIOLOGY
Radiology

| | | | |
|----------------------------|-----------------------|--------------------|--------------------|
| Patient Name | : M/s Suvarna Randale | Age/Gender | : 26 Y/F |
| UHID/MR No. | : CAUN.0000140674 | OP Visit No | : CAUNOPV167091 |
| Sample Collected on | : | Reported on | : 24-02-2024 17:01 |
| LRN# | : RAD2247443 | Specimen | : |
| Ref Doctor | : SELF | | |
| Emp/Auth/TPA ID | : 362731 | | |

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver appears normal in size, shape and echotexture. No focal lesion is seen. PV and CBD are normal. No dilatation of the intrahepatic biliary radicals.

Gall bladder is well distended. No evidence of calculus. Wall thickness appears normal. No evidence of periGB collection. No evidence of focal lesion is seen.

Spleen appears normal. No focal lesion seen. Splenic vein appears normal.

Pancreas appears normal in echopattern. No focal/mass lesion/calcification. No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

Both **the kidneys** appear normal in size, shape and echopattern. Cortical thickness and C M differentiation are maintained. No calculus / hydronephrosis seen on either side.

Right kidney - 9.8 x 3.7 cm.

Left kidney – 10.0 x 5.0 cm.

Urinary Bladder :- is well distended and appears normal. No evidence of any wall thickening or abnormality. No evidence of any intrinsic or extrinsic bladder abnormality detected.

Uterus appears normal in size measuring 8.2 x 4.4 x 4.0 cm. It shows normal shape & echo pattern. Endometrial echo-complex appears normal and measures 7 mm.

Both ovaries- appear normal in size, shape and echo pattern.

Right ovary – 3.1x 2.4 cm.

Left ovary – 2.2 x 1.5 cm.

No obvious free fluid or lymphadenopathy is noted in the abdomen .

Patient Name : M/s Suvarna Randale

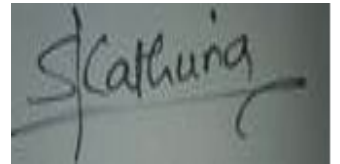
Age/Gender : 26 Y/F

IMPRESSION :-

No significant abnormality detected.

Suggest – clinical correlation.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, not valid for medico legal purpose.



Dr. SUHAS SANJEEV KATHURIA
MBBS,DMRE, RADIOLOGY
Radiology

| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 01:37PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 03:44PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

RBC's are Normocytic Normochromic,
WBC's are normal in number and morphology
Platelets are Adequate
No Abnormal cells/hemoparasite seen


Dr Sheha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240048942

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---|-------------|-------------------------|-----------------|--------------------------------|
| HEMOGRAM , WHOLE BLOOD EDTA | | | | |
| HAEMOGLOBIN | 13 | g/dL | 12-15 | Spectrophotometer |
| PCV | 37.90 | % | 36-46 | Electronic pulse & Calculation |
| RBC COUNT | 4.13 | Million/cu.mm | 3.8-4.8 | Electrical Impedance |
| MCV | 91.9 | fL | 83-101 | Calculated |
| MCH | 31.4 | pg | 27-32 | Calculated |
| MCHC | 34.2 | g/dL | 31.5-34.5 | Calculated |
| R.D.W | 12.2 | % | 11.6-14 | Calculated |
| TOTAL LEUCOCYTE COUNT (TLC) | 5,910 | cells/cu.mm | 4000-10000 | Electrical Impedance |
| DIFFERENTIAL LEUCOCYTIC COUNT (DLC) | | | | |
| NEUTROPHILS | 48.1 | % | 40-80 | Electrical Impedance |
| LYMPHOCYTES | 42.6 | % | 20-40 | Electrical Impedance |
| EOSINOPHILS | 1.8 | % | 1-6 | Electrical Impedance |
| MONOCYTES | 7.2 | % | 2-10 | Electrical Impedance |
| BASOPHILS | 0.3 | % | <1-2 | Electrical Impedance |
| ABSOLUTE LEUCOCYTE COUNT | | | | |
| NEUTROPHILS | 2842.71 | Cells/cu.mm | 2000-7000 | Calculated |
| LYMPHOCYTES | 2517.66 | Cells/cu.mm | 1000-3000 | Calculated |
| EOSINOPHILS | 106.38 | Cells/cu.mm | 20-500 | Calculated |
| MONOCYTES | 425.52 | Cells/cu.mm | 200-1000 | Calculated |
| BASOPHILS | 17.73 | Cells/cu.mm | 0-100 | Calculated |
| Neutrophil lymphocyte ratio (NLR) | 1.13 | | 0.78- 3.53 | Calculated |
| PLATELET COUNT | 294000 | cells/cu.mm | 150000-410000 | Electrical impedance |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 3 | mm at the end of 1 hour | 0-20 | Modified Westergren |
| PERIPHERAL SMEAR | | | | |

RBC's are Normocytic Normochromic,
WBC's are normal in number and morphology
Platelets are Adequate
No Abnormal cells/hemoparasite seen


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240048942

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



| | | | |
|-----------------|----------------------|--------------|-------------------------------|
| Patient Name | : M/sSUVARNA RANDALE | Collected | : 24/Feb/2024 11:00AM |
| Age/Gender | : 26 Y 2 M 19 D/F | Received | : 24/Feb/2024 01:37PM |
| UHID/MR No | : CAUN.0000140674 | Reported | : 24/Feb/2024 03:44PM |
| Visit ID | : CAUNOPV167091 | Status | : Final Report |
| Ref Doctor | : Dr.SELF | Sponsor Name | : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID | : 362731 | | |

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324


Dr Sheha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240048942

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 01:37PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 04:11PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---|----------|------|-----------------|-----------------------------|
| BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA | | | | |
| BLOOD GROUP TYPE | B | | | Microplate Hemagglutination |
| Rh TYPE | Negative | | | Microplate Hemagglutination |



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240048942

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 01:38PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 08:43PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-------------------------------|--------|-------|-----------------|------------|
| GLUCOSE, FASTING , NAF PLASMA | 79 | mg/dL | 70-100 | HEXOKINASE |

Comment:

As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL | Normal |
| 100-125 mg/dL | Prediabetes |
| ≥126 mg/dL | Diabetes |
| <70 mg/dL | Hypoglycemia |

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|-------|-----------------|------------|
| GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR) | 110 | mg/dL | 70-140 | HEXOKINASE |

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|-------|-----------------|------------|
| HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA | | | | |
| HBA1C, GLYCATED HEMOGLOBIN | 5.4 | % | | HPLC |
| ESTIMATED AVERAGE GLUCOSE (eAG) | 108 | mg/dL | | Calculated |

Page 5 of 15



DR. Sanjay Ingle
M.B.B.S, M.D(Pathology)
Consultant Pathologist

SIN No: EDT240022073

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 01:38PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 08:43PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

| REFERENCE GROUP | HBA1C % |
|------------------------|-----------|
| NON DIABETIC | <5.7 |
| PREDIABETES | 5.7 – 6.4 |
| DIABETES | ≥ 6.5 |
| DIABETICS | |
| EXCELLENT CONTROL | 6 – 7 |
| FAIR TO GOOD CONTROL | 7 – 8 |
| UNSATISFACTORY CONTROL | 8 – 10 |
| POOR CONTROL | >10 |

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



DR. Sanjay Ingle
M.B.B.S., M.D (Pathology)
Consultant Pathologist

SIN No: EDT240022073

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 02:01PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 07:55PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324


| Test Name | Result | Unit | Bio. Ref. Range | Method |
|------------------------------|--------|-------|-----------------|----------------------------|
| LIPID PROFILE , SERUM | | | | |
| TOTAL CHOLESTEROL | 151 | mg/dL | <200 | CHO-POD |
| TRIGLYCERIDES | 64 | mg/dL | <150 | GPO-POD |
| HDL CHOLESTEROL | 37 | mg/dL | 40-60 | Enzymatic Immunoinhibition |
| NON-HDL CHOLESTEROL | 114 | mg/dL | <130 | Calculated |
| LDL CHOLESTEROL | 101.49 | mg/dL | <100 | Calculated |
| VLDL CHOLESTEROL | 12.87 | mg/dL | <30 | Calculated |
| CHOL / HDL RATIO | 4.08 | | 0-4.97 | Calculated |

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

| | Desirable | Borderline High | High | Very High |
|---------------------|--|-----------------|-----------|-----------|
| TOTAL CHOLESTEROL | < 200 | 200 - 239 | ≥ 240 | |
| TRIGLYCERIDES | <150 | 150 - 199 | 200 - 499 | ≥ 500 |
| LDL | Optimal < 100 Near Optimal 100-129 | 130 - 159 | 160 - 189 | ≥ 190 |
| HDL | ≥ 60 | | | |
| NON-HDL CHOLESTEROL | Optimal <130; Above Optimal 130-159 | 160-189 | 190-219 | >220 |

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dL. When Triglycerides are more than 400 mg/dL LDL cholesterol is a direct measurement.



DR. MANISH T. AKARE
M.B.B.S, MD(Path.)
Consultant Pathologist

SIN No:SE04640838

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 02:01PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 07:55PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------------|-------|-----------------|--------------------|
| LIVER FUNCTION TEST (LFT) , SERUM | | | | |
| BILIRUBIN, TOTAL | 0.38 | mg/dL | 0.3-1.2 | DPD |
| BILIRUBIN CONJUGATED (DIRECT) | 0.10 | mg/dL | <0.2 | DPD |
| BILIRUBIN (INDIRECT) | 0.28 | mg/dL | 0.0-1.1 | Dual Wavelength |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) | 11.3 | U/L | <35 | IFCC |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 17.1 | U/L | <35 | IFCC |
| ALKALINE PHOSPHATASE | 29.20 | U/L | 30-120 | IFCC |
| PROTEIN, TOTAL | 7.60 | g/dL | 6.6-8.3 | Biuret |
| ALBUMIN | 4.69 | g/dL | 3.5-5.2 | BROMO CRESOL GREEN |
| GLOBULIN | 2.91 | g/dL | 2.0-3.5 | Calculated |
| A/G RATIO | 1.61 | | 0.9-2.0 | Calculated |

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:


1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. • Disproportionate increase in AST, ALT compared with ALP. • Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated. • ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment: • Albumin- Liver disease reduces albumin levels. • Correlation with PT (Prothrombin Time) helps.



DR. MANISH T. AKARE
M.B.B.S, MD(Path.)
Consultant Pathologist

SIN No:SE04640838

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab




| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 02:01PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 07:55PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---|---------------|--------|-----------------|--------------------------|
| RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM | | | | |
| CREATININE | 0.50 | mg/dL | 0.55-1.02 | Modified Jaffe, Kinetic |
| UREA | 12.96 | mg/dL | 17-43 | GLDH, Kinetic Assay |
| BLOOD UREA NITROGEN | 6.1 | mg/dL | 8.0 - 23.0 | Calculated |
| URIC ACID | 3.18 | mg/dL | 2.6-6.0 | Uricase PAP |
| CALCIUM | 9.12 | mg/dL | 8.8-10.6 | Arsenazo III |
| PHOSPHORUS, INORGANIC | 3.52 | mg/dL | 2.5-4.5 | Phosphomolybdate Complex |
| SODIUM | 140.72 | mmol/L | 136-146 | ISE (Indirect) |
| POTASSIUM | 4.6 | mmol/L | 3.5-5.1 | ISE (Indirect) |
| CHLORIDE | 105.77 | mmol/L | 101-109 | ISE (Indirect) |



DR. MANISH T. AKARE
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Consultant Pathologist

SIN No:SE04640838

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab




| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 02:01PM |
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| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|------|-----------------|--------|
| GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM | 18.08 | U/L | <38 | IFCC |



DR. MANISH T. AKARE
M.B.B.S, MD(Path.)
Consultant Pathologist

SIN No:SE04640838

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|----------------------------------|--|
| Patient Name : M/SUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 01:52PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 03:03PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|--------|-----------------|--------|
| THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM | | | | |
| TRI-iodothyronine (T3, TOTAL) | 1.47 | ng/mL | 0.7-2.04 | CLIA |
| THYROXINE (T4, TOTAL) | 10.13 | µg/dL | 5.48-14.28 | CLIA |
| THYROID STIMULATING HORMONE (TSH) | 2.005 | µIU/mL | 0.34-5.60 | CLIA |

Comment:

| For pregnant females | Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association) |
|----------------------|---|
| First trimester | 0.1 - 2.5 |
| Second trimester | 0.2 - 3.0 |
| Third trimester | 0.3 - 3.0 |

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH | T3 | T4 | FT4 | Conditions |
|-------|------|------|------|---|
| High | Low | Low | Low | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis |
| High | N | N | N | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy. |
| N/Low | Low | Low | Low | Secondary and Tertiary Hypothyroidism |
| Low | High | High | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy |
| Low | N | N | N | Subclinical Hyperthyroidism |
| Low | Low | Low | Low | Central Hypothyroidism, Treatment with Hyperthyroidism |
| Low | N | High | High | Thyroiditis, Interfering Antibodies |
| N/Low | High | N | N | T3 Thyrotoxicosis, Non thyroidal causes |
| High | High | High | High | Pituitary Adenoma; TSHoma/Thyrotropinoma |


 Dr Sneha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN No: SPL24032328

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 01:52PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 03:03PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:SPL24032328

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 02:03PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 02:25PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|-------------|------|------------------|----------------------------|
| COMPLETE URINE EXAMINATION (CUE) , URINE | | | | |
| PHYSICAL EXAMINATION | | | | |
| COLOUR | PALE YELLOW | | PALE YELLOW | Visual |
| TRANSPARENCY | CLEAR | | CLEAR | Visual |
| pH | <5.5 | | 5-7.5 | DOUBLE INDICATOR |
| SP. GRAVITY | 1.015 | | 1.002-1.030 | Bromothymol Blue |
| BIOCHEMICAL EXAMINATION | | | | |
| URINE PROTEIN | NEGATIVE | | NEGATIVE | PROTEIN ERROR OF INDICATOR |
| GLUCOSE | NEGATIVE | | NEGATIVE | GLUCOSE OXIDASE |
| URINE BILIRUBIN | NEGATIVE | | NEGATIVE | AZO COUPLING REACTION |
| URINE KETONES (RANDOM) | NEGATIVE | | NEGATIVE | SODIUM NITRO PRUSSIDE |
| UROBILINOGEN | NORMAL | | NORMAL | MODIFIED EHRlich REACTION |
| BLOOD | NEGATIVE | | NEGATIVE | Peroxidase |
| NITRITE | NEGATIVE | | NEGATIVE | Diazotization |
| LEUCOCYTE ESTERASE | NEGATIVE | | NEGATIVE | LEUCOCYTE ESTERASE |
| CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY | | | | |
| PUS CELLS | 2 - 3 | /hpf | 0-5 | Microscopy |
| EPITHELIAL CELLS | 1 - 2 | /hpf | <10 | MICROSCOPY |
| RBC | NIL | /hpf | 0-2 | MICROSCOPY |
| CASTS | NIL | | 0-2 Hyaline Cast | MICROSCOPY |
| CRYSTALS | ABSENT | | ABSENT | MICROSCOPY |



DR. Sanjay Ingle
M.B.B.S, M.D (Pathology)
Consultant Pathologist

SIN No: UR2290983

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 11:00AM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 24/Feb/2024 02:03PM |
| UHID/MR No : CAUN.0000140674 | Reported : 24/Feb/2024 02:17PM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|------------------------------|----------|------|-----------------|----------|
| URINE GLUCOSE(POST PRANDIAL) | NEGATIVE | | NEGATIVE | Dipstick |

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|------------------------|----------|------|-----------------|----------|
| URINE GLUCOSE(FASTING) | NEGATIVE | | NEGATIVE | Dipstick |

Sheha Shah
Dr Sheha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:UF010804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab




| | |
|-----------------------------------|--|
| Patient Name : M/sSUVARNA RANDALE | Collected : 24/Feb/2024 02:23PM |
| Age/Gender : 26 Y 2 M 19 D/F | Received : 25/Feb/2024 09:30PM |
| UHID/MR No : CAUN.0000140674 | Reported : 28/Feb/2024 10:52AM |
| Visit ID : CAUNOPV167091 | Status : Final Report |
| Ref Doctor : Dr.SELF | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : 362731 | |

DEPARTMENT OF CYTOLOGY

LBC PAP TEST (PAPSURE) , CERVICAL BRUSH SAMPLE

| | | |
|---|----------------------------------|---|
| | CYTOLOGY NO. | 4034/24 |
| I | SPECIMEN | |
| a | SPECIMEN ADEQUACY | ADEQUATE |
| b | SPECIMEN TYPE | LIQUID-BASED PREPARATION (LBC) |
| | SPECIMEN NATURE/SOURCE | CERVICAL SMEAR |
| c | ENDOCERVICAL-TRANSFORMATION ZONE | ABSENT |
| d | COMMENTS | SATISFACTORY FOR EVALUATION |
| II | MICROSCOPY | Superficial and intermediate squamous epithelial cells with benign morphology. Inflammatory cells, predominantly neutrophils. Negative for intraepithelial lesion/ malignancy |
| III | RESULT | |
| a | EPITHELIAL CELL | |
| | SQUAMOUS CELL ABNORMALITIES | NOT SEEN |
| | GLANDULAR CELL ABNORMALITIES | NOT SEEN |
| b | ORGANISM | NIL |
| IV | INTERPRETATION | NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY |
| Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised | | |

*** End Of Report ***



Dr.A.Kalyan Rao
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



SIN No:CS075131

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory,Hyderabad