

Dr. Vimmi Goel  
Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC-2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

Mediowheel flo - Nagpur -  
**KIMS-KINGSWAY**  
HOSPITALS

Name: Mrs. Sandhya Meshram Date: 28/9/24

Age: 59 yr Sex: MF Weight: 58.9 kg Height: 152.4 inc BMI: 25.4

BP: 155/85 mmHg Pulse: 81/min bpm RBS: \_\_\_\_\_ mg/dl  
SpO2 - 98% Menopause - 9 yr

Sq F  
NIDDM }  
Syn. HT } on TIT

Hypothyroidism  
(50 ug OD)

TMT - Mild +ve

CAG (2016) - NAD  
- No records

Mild Asthma - On S0S inhalers

No significant effort symp.

F/H - Neg

O/E

JVP°

L  
L<sub>2</sub>  
P/A/N

Adv.

Cr. all prev. meds

To see Dr. Rishi Lehiya

To bring old records

DR. VIMMI GOEL  
Head - Non Invasive Cardiology



**KIMS - Kingsway Hospitals**  
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)  
44, Kingsway, Near Kasturchand Park, Nagpur,  
Maharashtra, India - 440001.

Ph No.:1800 266 8346|Mobile No.:+91-7126789100  
Email :assistance@kimshospitals.com|Website :www.kimshospitals.com

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>SANDHYA MESHAM</b> 59Y(S) 0M(S) 0D(S)/F MRNP2425022668 9763166911 MARRIED	<b>CONSULT DATE</b> : 28-09-2024 <b>CONSULT ID</b> : OPC2425073295 <b>CONSULT TYPE</b> : WALK IN <b>VISIT TYPE</b> : NORMAL <b>TRANSACTION TYPE</b> : CASH	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
- °F - /min - %RA -- /10 -- cms

Weight : BMI :  
- kgs -

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
-----	-----	-----	------	--------

RIGHT EYE	-1.25	-0.50	65	6/6
-----------	-------	-------	----	-----

LEFT EYE	+1.50	00	00	6/6
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**NEAR ADDITION**

RIGHT EYE	+2.50 D	N6
-----------	---------	----

LEFT EYE	+2.50 D	N6
----------	---------	----

**REMARK-**

**CHIEF COMPLAINTS**

ROUTINR EYE CGECKUP

**Dr. Ashish Prakashchandra Kamble**  
MBBS,MS, FVRS,FICO  
Consultant

Printed On :28-09-2024 15:44:53

**Dr. Mugdha Jungari (Gill)**  
MBBS, MS, DNB (OBGY), FMAS  
Sr. Consultant Obstetrics & Gynaecology  
High Risk Pregnancy Expert & Laparoscopic Surgeon  
Reg. No: 2020126915

Name: Sandhya Mehsan Date: 28/9/24  
Age: 59y Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

MS-40yr  
2/2 = 35yr }  
32yr }

Hypothyroid  
DM  
Hypertension } (+)

P/A soft NO GMR

PS pap taken

PV UT small

Rx  
Sup + pap  
Smear  
High



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. SANDHYA MESHAM	<b>Age /Gender</b> : 59 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051544/MRNP2425022668	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Sep-24 10:41 am	<b>Report Date</b> : 28-Sep-24 12:37 pm

**HAEMOGRAM**

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference</b>	<b>Method</b>
Haemoglobin	Blood	<b>11.1</b>	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		<b>34.1</b>	36.0 - 46.0 %	Calculated
RBC Count		4.08	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		84	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.2	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.5	31.5 - 35.0 g/l	Calculated
RDW		<b>14.7</b>	11.5 - 14.0 %	Calculated
Platelet count		322	150 - 450 $10^3$ /cumm	Impedance
WBC Count		8200	4000 - 11000 cells/cumm	Impedance

**DIFFERENTIAL COUNT**

Neutrophils	63.3	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	29.0	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.1	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	5.6	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	5190.6	2000 - 7000 /cumm	Calculated



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mrs. SANDHYA MESHAM      **Age / Gender** : 59 Y(s)/Female  
**Bill No/ UMR No** : BIL2425051544/MRNP2425022668      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Sep-24 10:41 am      **Report Date** : 28-Sep-24 12:37 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2378	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		172.2	20 - 500 /cumm	Calculated
Absolute Monocyte Count		459.2	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<b><u>PERIPHERAL SMEAR</u></b>				
RBC		Normochromic Normocytic		
WBC		As above		
Platelets		Adequate		
<b>ESR</b>		19	0 - 30 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation \* If necessary, Please discuss

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Test results related only to the item tested.

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Page 2 of 2

**DR. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. SANDHYA MESHAM	<b>Age / Gender</b> : 59 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051544/MRNP2425022668	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Sep-24 10:41 am	<b>Report Date</b> : 28-Sep-24 11:44 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	<b>142</b>	< 100 mg/dl	GOD/POD,Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
<b>HbA1c</b>		<b>6.5</b>	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**

**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100  
CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. SANDHYA MESHAM	<b>Age /Gender</b> : 59 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051544/MRNP2425022668	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Sep-24 01:27 pm	<b>Report Date</b> : 28-Sep-24 03:05 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	<b>169</b>	< 140 mg/dl	GOD/POD, Colorimetric

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting  $\geq$  126 mg/dl

Random/2Hrs. OGTT  $\geq$  200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. SANDHYA MESHARAM	<b>Age /Gender</b> : 59 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051544/MRNP2425022668	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Sep-24 10:41 am	<b>Report Date</b> : 28-Sep-24 11:44 am

**LIPID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	121	< 200 mg/dl
Triglycerides		62	< 150 mg/dl
HDL Cholesterol Direct		59	> 50 mg/dl
LDL Cholesterol Direct		47.36	< 100 mg/dl
VLDL Cholesterol		12	< 30 mg/dl
Tot Chol/HDL Ratio		2	3 - 5

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**DR. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SANDHYA MESHRA  
**Age / Gender** : 59 Y(s)/Female  
**Bill No/ UMR No** : BIL2425051544/MRNP2425022668  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Sep-24 10:41 am  
**Report Date** : 28-Sep-24 11:44 am

**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.44	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.21	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.23	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		<b>170</b>	38 - 126 U/L	
SGPT/ALT		22	13 - 45 U/L	
SGOT/AST		23	13 - 35 U/L	
Serum Total Protein		7.43	6.3 - 8.2 gm/dl	
Albumin Serum		4.46	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.96	2.0 - 4.0 gm/dl	
A/G Ratio		1.51		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**DR. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SANDHYA MESHARAM  
**Age / Gender** : 59 Y(s)/Female  
**Bill No/ UMR No** : BIL2425051544/MRNP2425022668  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Sep-24 10:41 am  
**Report Date** : 28-Sep-24 11:44 am

**RFT**

**Parameter**

Blood Urea

Creatinine

GFR

Sodium

Potassium

**Specimen**

Serum

**Result Values**

26

0.55

105.5

142

4.42

\*\*\* End Of Report \*\*\*

**Biological Reference**

15.0 - 36.0 mg/dl

0.52 - 1.04 mg/dl

>90 mL/min/1.73m square.

136 - 145 mmol/L

3.5 - 5.1 mmol/L

**Method**

Direct ion selective electrode

Suggested Clinical Correlation \* If necessary, Please discuss

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**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. SANDHYA MESHARAM  
**Age / Gender** : 59 Y(s)/Female  
**Bill No/ UMR No** : BIL2425051544/MRNP2425022668  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Sep-24 10:41 am  
**Report Date** : 28-Sep-24 12:00 pm

**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.09	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.00	0.80 - 1.70 ng/dl	
TSH		3.50	0.50 - 4.80 uIU/ml	


\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. SANDHYA MESHAM  
 Bill No/ UMR No : BIL2425051544/MRNP2425022668  
 Received Dt : 28-Sep-24 11:13 am  
 Age /Gender : 59 Y(s)/Female  
 Referred By : Dr. Vimmi Goel MBBS,MD  
 Report Date : 28-Sep-24 12:31 pm

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<b><u>CHEMICAL EXAMINATION</u></b>				
Specific gravity		1.020	1.005 - 1.025	ion concentration
Reaction (pH)		5.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Normal	Normal	Ehrlich's Reaction
Bilirubin		Negative	Negative	Diazonium
<b><u>MICROSCOPIC EXAMINATION</u></b>				
Pus Cells		0-1	0 - 4 /hpf	
R.B.C.		1-2	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b>	: Mrs. SANDHYA MESHAM	<b>Age / Gender</b>	: 59 Y(s)/Female
<b>Bill No/ UMR No</b>	: BIL2425051544/MRNP2425022668	<b>Referred By</b>	: Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b>	: 28-Sep-24 11:13 am	<b>Report Date</b>	: 28-Sep-24 12:31 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b> : Mrs. SANDHYA MESHAM	<b>Age /Gender</b> : 59 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051544/MRNP2425022668	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Sep-24 10:41 am	<b>Report Date</b> : 28-Sep-24 01:23 pm

**BLOOD GROUPING AND RH**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve) *** End Of Report ***	

Suggested Clinical Correlation \* If necessary, Please discuss

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**DR. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	SANDHYA MESHARAM	STUDY DATE	28-09-2024 11:56:19
AGE/ SEX	59Y 1D / F	HOSPITAL NO.	MRNP2425022668
ACCESSION NO.	BIL2425051544-9	MODALITY	DX
REPORTED ON	28-09-2024 12:25	REFERRED BY	Dr. Vimmi Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION** -No pleuro-parenchymal abnormality seen.



**DR NAVEEN PUGALIA**  
**MBBS, MD [076125]**  
**SENIOR CONSULTANT RADIOLOGIST.**

PATIENT NAME:	SANDHYA MESHAM	AGE /SEX:	59Y/F
UMR NO:	2425022668	BILL NO:	2425051544
REF BY	DR. VIMMI GOEL	DATE:	28/09/2024

**USG WHOLE ABDOMEN**

LIVER is normal in size (13 cm), shape and **shows mild increased echotexture**.  
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.  
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (8 cm) shape and echotexture. No focal lesion seen.

Right kidney measures - 11.6 x 3.8 cm, Left kidney measures – 10.8 x 5.3 cm  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 5.3 x 2.4 x 6.7 cm.

**A small calcified fibroid of approximate size 21 x 20 mm in right lateral lower uterine wall.**

Endometrial echo-complex appears normal. ET – 4.2 mm.

No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

- **Grade I fatty liver.**
- **Small calcified uterine fibroid.**  
**Suggest clinical correlation / further evaluation.**



**DR. RUTUJA RANGREJ**  
**MBBS, MD**  
**CONSULTANT RADIOLOGIST.**



Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Sandhya, Meshram  
Patient ID: 022668  
Height:  
Weight:  
Study Date: 28.09.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 01.09.1965  
Age: 59yrs  
Gender: Female  
Race: Indian  
Referring Physician: Mediwheel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

### Medical History:

HTN DM

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	02:03	0.00	0.00	99	130/80	
	WARM-UP	00:09	1.00	0.00	93		
EXERCISE	STAGE 1	03:00	1.70	10.00	125	130/80	
	STAGE 2	02:19	2.50	12.00	133	160/90	
RECOVERY		01:00	0.00	0.00	109	160/90	
		02:00	0.00	0.00	87	150/90	
		00:14	0.00	0.00	93		

The patient exercised according to the BRUCE for 5:18 min:s, achieving a work level of Max. METS: 7.00. The resting heart rate of 100 bpm rose to a maximal heart rate of 137 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to ST-T changes seen.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: ST-T changes seen.

Overall impression: Mild Positive.

### Conclusions:

TMT is Mild Positive for inducible ischemia. by ST-T changes seen during exercise.

No angina.

  
Dr. VIMMI GOEL  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg.No.: 2014/01/0113

59 Years

MRS SANDHYA MESHAM  
Female

28-Sep-24 11:09:31 AM

KIMS-KINGSWAY HOSPITALS

PHC DEPT.

Rate	80	Sinus rhythm	Normal P axis, V-rate 50-99
PR	121	Nonspecific T abnormalities, lateral leads	T <-0.10mV, I aVL V5 V6
QRSD	85		
QT	365		
QTc	421		

Rate 80

PR 121

QRSD 85

QT 365

QTc 421

--AXIS--

P 55

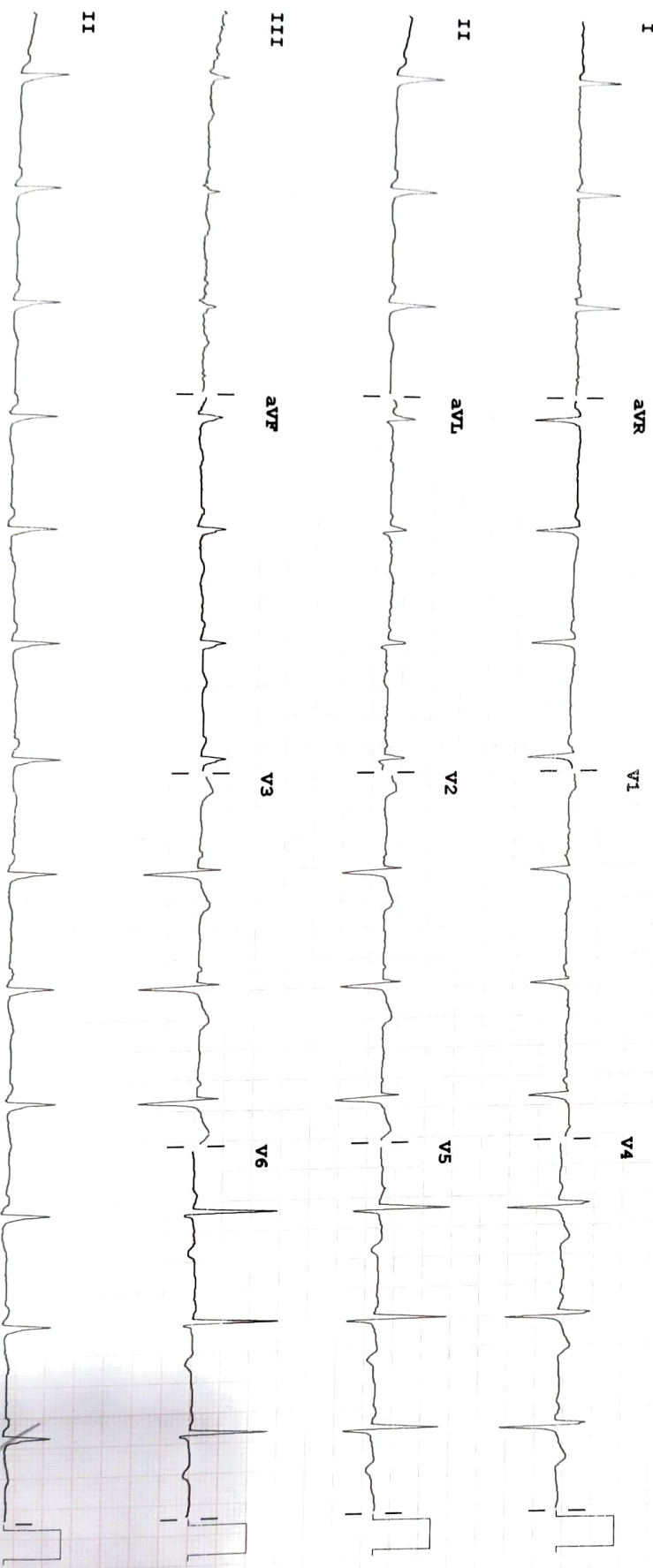
QRS 45

T 50

12 Lead: Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Lead: 10 mm/mV

Chest: 10.0 mm/mV

PHILIPS

F 50 ~ 0.50-150 Hz W

100B CL

P?