


Patient Name	: Ms.ASHA SHAH	Collected	: 16/Oct/2024 10:05AM
Age/Gender	: 26 Y 3 M 9 D/F	Received	: 16/Oct/2024 11:15AM
UHID/MR No	: CAOP.0000001986	Reported	: 16/Oct/2024 12:31PM
Visit ID	: CAOPOPV02565	Status	: Final Report
Ref Doctor	: Self	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 12		

**DEPARTMENT OF HAEMATOLOGY**

**PERIPHERAL SMEAR , WHOLE BLOOD EDTA**

RBCs	Show mild anisocytosis, are predominantly Normocytic Normochromic .
WBCs	Normal in number and morphology Differential count is within normal limits
Platelets	Adequate in number, verified on smear
	No Hemoparasites seen in smears examined.
Impression	Mild anemia
Advice	Clinical correlation



**Dr. Shivangi Chauhan**  
M.B.B.S., M.D (Pathology)  
Consultant Pathologist



This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

SIN No: AOP241000301

**Apollo Health and Lifestyle Limited** (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |  
www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:

D No.30, F - Block 2nd Avenue, Anna Nagar East, Chennai.600 102,  
Phone - 044-26224504 / 05



**APOLLO CLINICS NETWORK**


**Telangana:** Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | **Andhra Pradesh:** Vizag (Seethamma Peta) | **Karnataka:** Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | **Mysore** (VV Mohalla) | **Tamilnadu:** Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | **Maharashtra:** Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | **Uttar Pradesh:** Ghaziabad (Indrapuram) | **Gujarat:** Ahmedabad (Satellite) | **Punjab:** Amritsar (Court Road) | **Haryana:** Faridabad (Railway Station Road)

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
HAEMOGLOBIN	10.9	g/dL	12-15	Spectrophotometer
PCV	33.20	%	36-46	Electronic pulse & Calculation
RBC COUNT	3.45	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	96.0	fL	83-101	Calculated
MCH	31.7	pg	27-32	Calculated
MCHC	32.9	g/dL	31.5-34.5	Calculated
R.D.W	15.4	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,600	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	60	%	40-80	Electrical impedance / Microscopic
LYMPHOCYTES	35	%	20-40	Electrical impedance / Microscopic
EOSINOPHILS	01	%	1-6	Electrical Impedance
MONOCYTES	04	%	2-10	Electrical impedance / Microscopic
BASOPHILS	00	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	3360	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1960	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	56	Cells/cu.mm	20-500	Calculated
MONOCYTES	224	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	1.71		0.78- 3.53	Calculated
PLATELET COUNT	193000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm at the end of 1 hour	0-20	Modified Westergren
<b>PERIPHERAL SMEAR</b>				



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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	A			Gel agglutination
Rh TYPE	POSITIVE			Gel agglutination



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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	93	mg/dL	70-100	GOD - POD

**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	87	mg/dL	70-140	GOD - POD


**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.  
Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Interval	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	29	U/L	4-44	JSCC

**Comment:**

Page 4 of 6

  
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**DEPARTMENT OF BIOCHEMISTRY**


**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>BILIRUBIN, TOTAL , SERUM</b>	0.50	mg/dL	0.1-1.2	Azobilirubin

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>BUN/CREATININE RATIO , SERUM</b>				
BLOOD UREA NITROGEN	8.0	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.53	mg/dL	0.4-1.1	ENZYMATIC METHOD
BUN / CREATININE RATIO	15.08			Calculated

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>CREATININE , SERUM</b>	0.53	mg/dL	0.4-1.1	ENZYMATIC METHOD



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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement
pH	6.0		5-7.5	Double Indicator
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modified Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	3-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-4	/hpf	<10	Microscopy
RBC	NIL	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

**Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

\*\*\* End Of Report \*\*\*

Page 6 of 6



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M.B.B.S., M.D (Pathology)  
Consultant Pathologist



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#### TERMS AND CONDITIONS GOVERNING THIS REPORT

1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of particulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).
4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.



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Consultant Pathologist



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UHID	: CAOP.0000001986	OP Visit No.	: CAOPOPV02565
Printed On	: 16-10-2024 08:15 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 12		

## DEPARTMENT OF RADIOLOGY

### X-RAY CHEST PA VIEW

Rotation+

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**Please correlate clinically and with lab. Investigations**

DR. SEEMA PRAJAPATI  
SENIOR RESIDENT  
RADIOLOGIST

Note: It is only a professional opinion. Kindly correlate clinically.

---End Of The Report---



Dr. SEEMA PRAJAPATI



MBBS MD Radio  
DMC111002  
Radiology

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(CIN - U85110TG2000PLC115819)

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**GSTIN: 365AADCA0733E1Z8**

**Address:**

#7-1-617/A, 615 & 616, Imperial Towers,  
7th Floor; Ameerpet, Hyderabad, Telangana.



**1860 500 7788**

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UHID	: CAOP.0000001986	OP Visit No.	: CAOPOPV02565
Printed On	: 16-10-2024 11:24 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 12		

## DEPARTMENT OF CARDIOLOGY

Observation :-

1. Sinus Rhythm.
2. Heart rate is 64 beats per minutes.
3. No pathological Q wave or ST-T changes seen.
4. Normal P,QRS,T waves and axis.
5. No evidence of chamber, hypertrophy or enlargement seen.

**Impression:**

NORMAL RESTING ECG.

---End Of The Report---



**Dr. RAJNI SHARMA**  
MBBS MD DM Cardiologist  
DMC 22672  
Cardiology

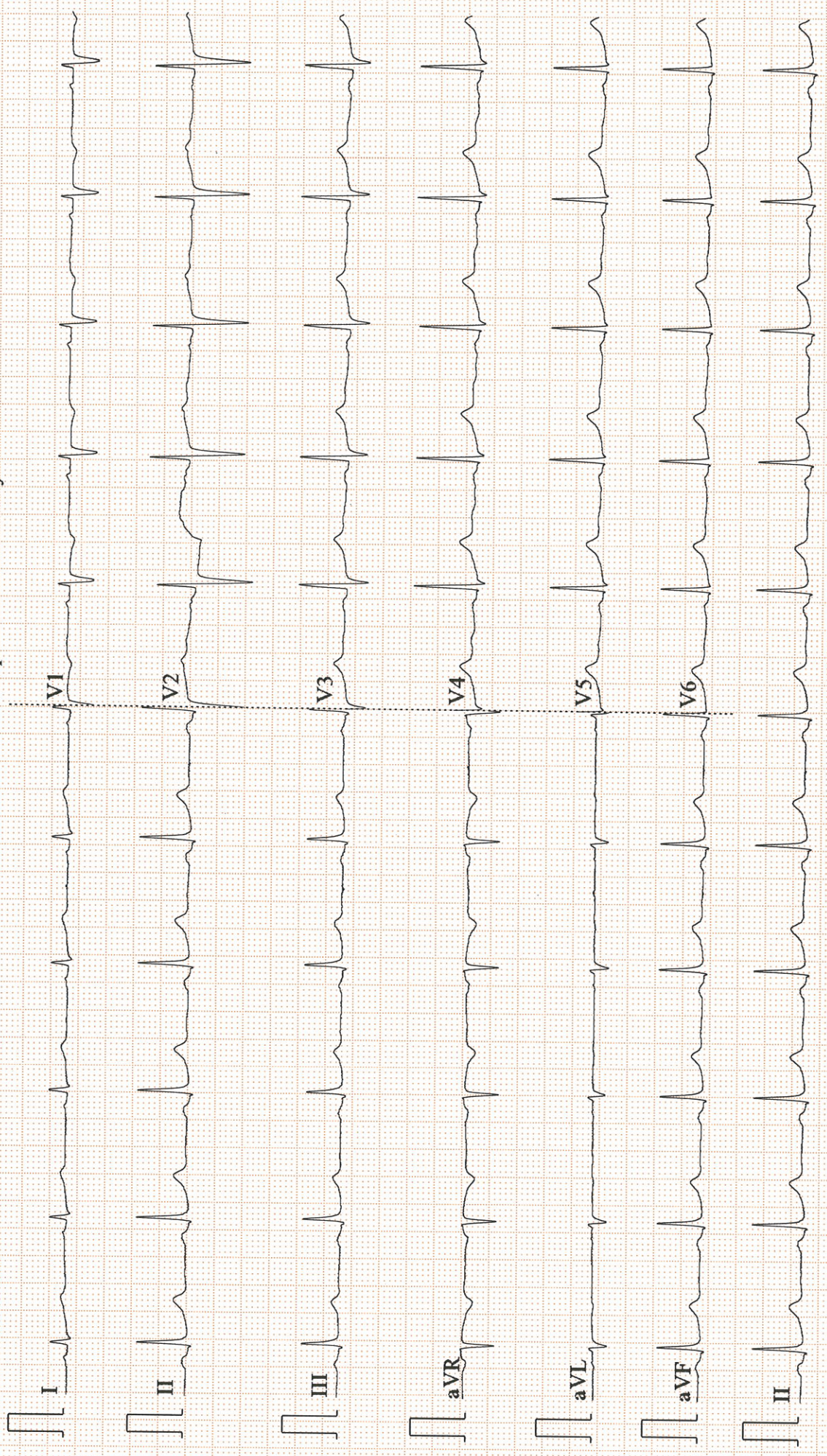


ID: 0000001986  
MS ASHA SHAH  
Female 26Years  
Req. No. :

16-10-2024 09:58:10 AM  
HR : 64 bpm  
P : 106 ms  
PR : 157 ms  
QRS : 86 ms  
QT/QTcBz : 433/450 ms  
P/QRST : 66/73/65 °  
RV5/SV1 : 0.963/0.474 mV

Diagnosis Information:  
Sinus Rhythm  
\*\*\*Normal ECG\*\*\*

Report Confirmed by:





Eye Checkup

NAME: - Ms. ASHA SHAH

Age: - 26

Date: - 16/10/24

SELF / CORPORATE: -

	Right Eye	Left Eye
Distant Vision	-0.75 SPH (G/G)	-0.75 SPH (G/G)
Near vision	G/G	G/G
Color vision	OK	OK
Fundus examination	/	/
Intraocular pressure	/	/
Slit lamp exam	/	/

Signature:-



Apollo One (Unit of Apollo Health and Lifestyle Ltd)  
 Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pillar no. 77, Karol Bagh,  
 New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788  
 Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

Registered Office: Apollo Health and Lifestyle Limited  
 7-1-617/A, 615 and 616, Imperial Towers, 7th Floor,  
 Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

www.apolloclinic.com



Ms. Asha Ghah  
Age - 28y 1f

Height : 155cm	Weight : 51kg	BMI :	Waist Circum :
Temp :	Pulse : 78b/m	Resp : 18mt	B.P : 106/74 mmHg

Past His: -

no relevant H/O.

Surgical His: -

no relevant H/O

Allergy: -

no relevant H/O

Family His: -

F - Diabetic

M - no relevant H/O

Covid Vaccines: - 2 doses.

Diet: - Mixed diet.

Physical Activity: - Moderate

Menstruation His: - Regular.

LMP - 1/10/24

Marital His: - Unmarried.

Addictions: -

no relevant H/O.

28-99x

General Examination / Allergies

History: -

CVS - Subheared

RS - for adequate entry @

CNS - conscious & oriented

P/A - Sp. tendons

ADVICE: -

Review after Reports

16/10/24

APOLLO HEALTH AND LIFESTYLE LTD.  
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मेरा आधार, मेरी पहचान



भारत सरकार  
Government of India



अशा शाह  
ASHA SHAH  
जन्म तिथि/DOB: 07/07/1998  
महिला/ FEMALE

Issue Date: 26/02/2014

9657 0522 6618  
VID : 9173 2173 8810 2872

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India



पता:  
25/1 साई लोक फेस-1, जी.एम.एस.रोड लैन-5, चककी  
टोला, देहरादून, देहरादून,  
उत्तराखण्ड - 248001

Address:  
25/1 SAI LOK PHASE-1, G.M.S.RAOD LANE-5,  
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Uttarakhand - 248001



Download Date: 16/12/2012

9657 0522 6618  
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## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of

Asha Shah on 17/10/24


After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
Medically Fit	<input checked="" type="checkbox"/>
<p style="text-align: center;">With Restrictions Recommendations</p> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<p>Current Unfit.</p> <p>Review after _____ recommended</p>	
Unfit	

Height: 155cm

Weight: 51kg

Blood Pressure: 106/74 mmHg

  
**APOLLO HEALTH AND LIFESTYLE LTD.**  
 Dr. Asha Shah **APOLLO ONE**  
 Medical Officer  
 Block No. 34, Metro Pillar No. 77  
 Pusa Road, WEA Karol Bagh  
 New Delhi-110005

This certificate is not meant for medico-legal purposes

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