

Dr. Vimmi Goel

Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals

 **KIMS-KINGSWAY
HOSPITALS**

Name: MRS. NITU SAKHARWADE Date: 3/8/24

Age: 30y Sex: M/F Weight: 50.7 kg Height: 157 inc BMI: 20.6

BP: 100/60 mmHg Pulse: 61, SpO₂ - 99.1 bpm RBS: _____ mg/dl

Lmp - 22/7/24

Dr. Mugdha Jungari (Gill)
MBBS, MS, DNB (OBGY), FMAS
Sr. Consultant Obstetrics & Gynaecology
High Risk Pregnancy Expert & Laparoscopic Surgeon
Reg. No: 2020126915

Name: Nitir Date: 3/8/24

Age: 30 yr Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

LMP 22/7/24

Thyrox 100 mcg

6 1/2 P/L prev LGS

♀

P/A soft NO GTR

PS Cx ug (w) pap taken

PV U+ (w) size

ly

fup & pap smear

Mugdha

Name : Miss. Nitu Sakharwade Date : 03/08/24

Age : 30 yrs Sex : M/F Weight : _____ kg Height : _____ inc BMI : _____

BP : _____ mmHg Pulse : _____ bpm RBS : _____ mg/dl

Routine Dental Checkup

PMH - NRH

PDH - NRH

O/E -

- Root piece = $\frac{8}{1}$
- Caries = $\frac{7}{7}$
- Impacted tooth = $\frac{8}{8}$
- Proclined U/L anteriors.

Advice - Restoration = $\frac{7}{7}$
Extraction = $\frac{8}{8}$
Orthodontic t/t.

Dr. Jidnyasa



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
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Maharashtra, India - 440001.

Ph No.:1800 266 8346|Mobile No.:+91-7126789100

Email :assistance@kimshospitals.com|Website :www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

NITU SAKHARWADE 30Y(S) 0M(S) 0D(S)/F MRNP2425015330 9765947022 MARRIED	CONSULT DATE : 03-08-2024 CONSULT ID : OPC2425050260 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA -- /10 -- cms

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Topical	1-1-1-1	Every Day	NA	2 months
		Instructions : BOTH EYES				
		Composition : SODIUM HYALURONATE 0.1% W/V				

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE 00 -0.25 160 6/6

LEFT EYE 00 -0.50 20 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK- blue cut glasses

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :03-08-2024 12:29:48



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. NITU SAKHARWADE
Age / Gender : 30 Y(s)/Female
Bill No/ UMR No : BIL2425035237/MRNP2425015330
Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:23 am
Report Date : 03-Aug-24 01:14 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	11.1	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		35.0	36.0 - 46.0 %	Calculated
RBC Count		4.61	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		76	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		24.1	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.8	31.5 - 35.0 g/l	Calculated
RDW		18.7	11.5 - 14.0 %	Calculated
Platelet count		185	150 - 450 10^3 /cumm	Calculated
WBC Count		3900	4000 - 11000 cells/cumm	Impedance
DIFFERENTIAL COUNT				
Neutrophils		50.8	50 - 70 %	Impedance
Lymphocytes		39.7	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.5	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		5.9	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.1	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		1981.2	2000 - 7000 /cumm	Flow Cytometry/Light microscopy
				Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1548.3	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		136.5	20 - 500 /cumm	Calculated
Absolute Monocyte Count		230.1	200 - 1000 /cumm	Calculated
Absolute Basophil Count		3.9	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Microcytosis +(Few), Hypochromia +(Few), Anisocytosis +(Few)		Light microscopy
WBC		Leukopenia		
Platelets		Adequate		
E S R		08	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

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**Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. NITU SAKHARWADE **Age / Gender** : 30 Y(s)/Female
Bill No/ UMR No : BIL2425035237/MRNP2425015330 **Referred By** : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:22 am **Report Date** : 03-Aug-24 11:31 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	85	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		82	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HbA1C)

HbA1c	5.5	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. PURVA JAISWAL, MBBS,MD,DNB

CONSULTANT PATHOLOGIST
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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. NITU SAKHARWADE
Age / Gender : 30 Y(s)/Female
Bill No/ UMR No : BIL2425035237/MRNP2425015330
Referred By : Dr. Wasim Vanjara MBBS,DNB
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Report Date : 03-Aug-24 11:31 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	126	Enzymatic(CHE/CHO/PO D)
Triglycerides		59	
HDL Cholesterol Direct		58	
LDL Cholesterol Direct		56.30	
VLDL Cholesterol		12	
Tot Chol/HDL Ratio		2	

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	10 yrs risk 10-20 % >130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	10 yrs risk <10% >160	<160
No additional major risk or one additional major risk factor	>190, optional at 160-189	

*** End Of Report ***

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Jaiswal
Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. NITU SAKHARWADE Age /Gender : 30 Y(s)/Female
Bill No/ UMR No : BIL2425035237/MRNP2425015330 Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:23 am Report Date : 03-Aug-24 11:31 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.55	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.39	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.16	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		47	38 - 126 U/L	
SGPT/ALT		22	13 - 45 U/L	
SGOT/AST		26	13 - 35 U/L	
Serum Total Protein		6.98	6.3 - 8.2 gm/dl	
Albumin Serum		3.83	3.5 - 5.0 gm/dl	
Globulin		3.15	2.0 - 4.0 gm/dl	
A/G Ratio		1.22		

Bromocresol green Dye Binding

*** End Of Report ***

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. NITU SAKHARWADE **Age / Gender** : 30 Y(s)/Female
Bill No/ UMR No : BIL2425035237/MRNP2425015330 **Referred By** : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:23 am **Report Date** : 03-Aug-24 11:31 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	14	15.0 - 36.0 mg/dl	Direct ion selective electrode
Creatinine		0.58	0.52 - 1.04 mg/dl	
GFR		124.8	>90 mL/min/1.73m square.	
Sodium		138	136 - 145 mmol/L	
Potassium		3.96	3.5 - 5.1 mmol/L	

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. NITU SAKHARWADE
Age /Gender : 30 Y(s)/Female
Bill No/ UMR No : BIL2425035237/MRNP2425015330
Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:23 am
Report Date : 03-Aug-24 11:31 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.29	0.55 - 1.70 ng/ml	Enhanced Chemiluminescence
Free T4		1.20	0.80 - 1.70 ng/dl	
TSH		7.97	0.50 - 4.80 uIU/ml	
		*** End Of Report ***		

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST

Name
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nder Packag

HBA
X-RAY CHE
LFT (LIVER FUNC
LIPID PROFILE
(POST PRANDIAL PLASMA
HOLE ABDOMEN
DIOGRAPH
TH BREAST

PAP SME
Cwera I nhiva
p Name : Mr. DOMAN SINGH
No : BIL2425035232
: 31Y(s)/Male
2425015325
Vanjara

Bill D
KIN
Cd



**KIMS-KINGSWAY
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mrs. NITU SAKHARWADE
Bill No/ UMR No : BIL2425035237/MRNP2425015330
Received Dt : 03-Aug-24 09:23 am
Age /Gender : 30 Y(s)/Female
Referred By : Dr. Wasim Vanjara MBBS,DNB
Report Date : 03-Aug-24 12:09 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	"AB"	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve) *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

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**Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST**

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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

N.

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	NITUSAKHARWADE	STUDY DATE	03-08-2024 10:28:12
AGE/SEX	30Y 1D / F	HOSPITAL NO.	MRNP2425015330
ACCESSION NO.	BIL2425035237-10	MODALITY	DX
REPORTED ON	03-08-2024 12:37	REFERRED BY	Dr. Wasim Vanjara

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



Dr Poonam Chiddarwar
MBBS, MD

PATIENT NAME:	NITU SAKHARWADE	AGE /SEX:	30YR/FEMALE
UMR NO:	2425015330	BILL NO:	2425035237
REF BY	DR. WASIM VANJARA	DATE:	03/08/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows normal echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 6.0 x 4.8 x 8.7 cm.
No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET - 8.4mm.
No adnexal mass lesion seen.

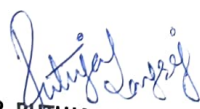
Streak of fluid in POD.
Corpus luteum of size 2.2 x 2.2 x 1.7 cm seen in right ovary. RI - 0.45.

There is no abdominal lymphadenopathy seen.

IMPRESSION:

- No significant abnormality seen.

Suggest clinical correlation.



DR. RUTUJA RANGREJ
MBBS, MD
CONSULTANT RADIOLOGIST.

2 D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name: Mrs. Nitu Sakharwade
Age : 30 years / Male
Date : 03/08/2024
UHID : MRNP2425015330
Done By : Dr. Shailendra Ganjewar.

Impression:

**NO RWMA OF LV AT REST
GOOD LV SYSTOLIC FUNCTION
NO DIASTOLIC DYSFUNCTION
NO PAH**

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). All cardiac valves are normal in structure and function. The septae are intact. There is no concentric left ventricular hypertrophy. There is no RWMA of LV. There is good LV systolic function. (LVEF is 62%). There is no diastolic dysfunction. There are no clots, vegetation or effusion. There is no coarctation. The right ventricle is normal.

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	34
Aortic root	20-37	7-28	32
Aortic annulus	18-28	5-17	20
Left ventricular- end diastolic	35-55	8-47	43
Left ventricular- end systolic	23-39	6-28	30
IVS (d)	6-11	4-8	12
IVS (s)	11-18		16
LVPW (d)	6-11	4-8	12
LVPW (s)	11-18		16
LVEF %	~ 60%	~60%	62 %
Fractional Shortening			

Thanks for referral



Dr. SHAILENDRA GANJEWAR
MD, DM [CARDIO], FESC, FACC.
[Consultant Cardiologist]

30 Years

MRS. NITU SAKHAMADE
Female

03-Aug-24 9:24:37 AM

KIMS-KINGSWAY HOSPITALS

PHC DEPT.

Rate 64 Sinus rhythm.....normal P axis, V-rate 50- 99

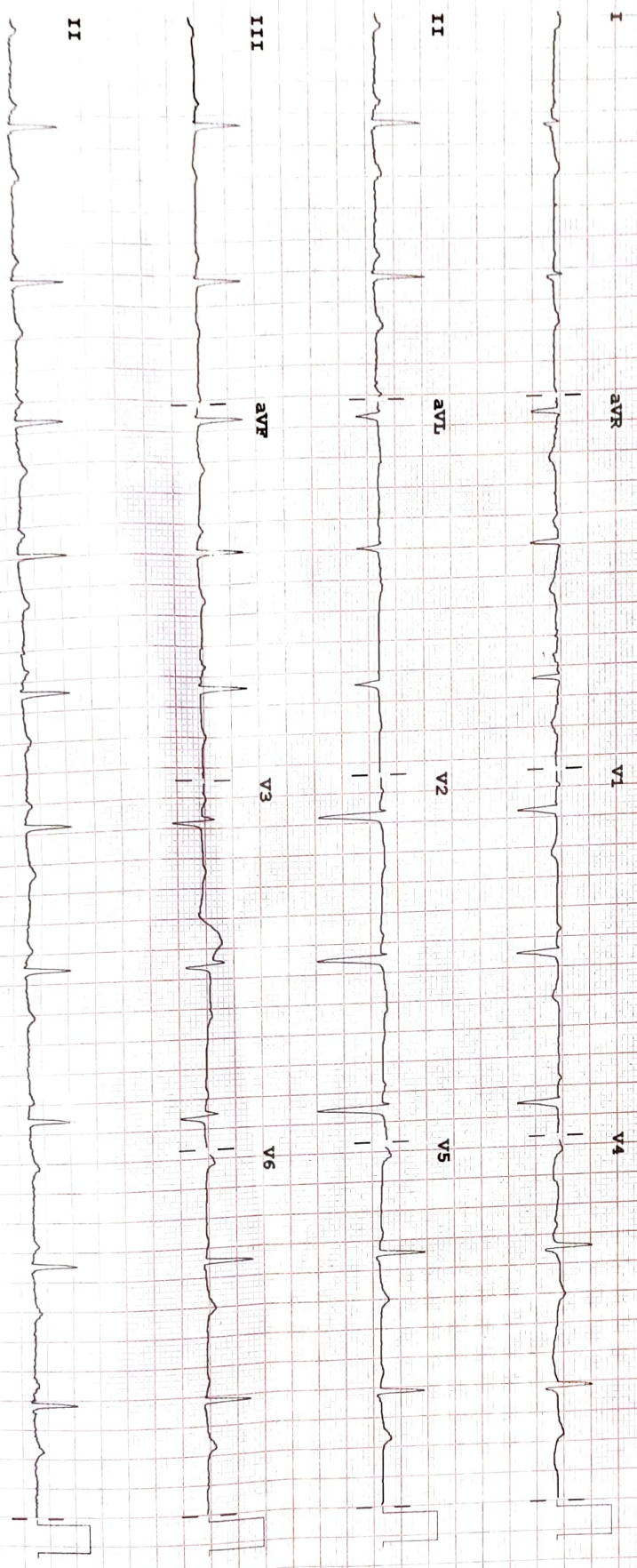
PR 154
QRSD 91
QTc 419
QTc 433

--AXIS--
P 74
QRS 88
T 39

12 Lead: Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?