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TOUCHING LIVES

MEDICAL SUMMARY

Apollo Clinic VASHI

NAME:	Mr. Swapnil Raghuvanshi	UHID:	
AGE:	34	DATE OF HEALTHCHECK:	12-2-2024
GENDER:	M		

HEIGHT:	163	MARITAL STATUS:	M
WEIGHT:	85.4	NO OF CHILDREN:	—
BMI:	32.1		

—

C/O:- Chest pain - occ.
Covid-19 - 2021 - Hospitalised
No Grs Family Diseases - 2018.
P/M/H: Depression
Anxiety

K/C/O:
PRESENT MEDICATION: — No

P/S/H: — No

ALLERGY: — No

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

ALCOHOL:- occ.

TOBACCO/PAN:

FAMILY HISTORY FATHER: —) NAD
MOTHER: —)

O/E:

BP: 110/80 PULSE: - 52/min.

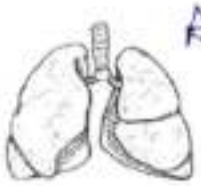
TEMPERATURE: N SCARS:

LYMPHADENOPATHY:

PALLOR/ICTERUS/CYNOSIS/CLUBBING:) NAD

OEDEMA:

S/E:
RS: AE&G



P/A: — NAD

CVS: S1 S2 +

Extremities & Spine: - WNL

ENT: — NAD

CNS: Conscious, oriented

Skin: — NAD

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

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Tel.: (022) - 2788 1322 / 23 / 24 8291490000 • Email: apolloclinicvashi@gmail.com

Name: Mr Swapnil Moghe	Age: 34y	Date of Health check-up: 10/02/2024

Findings and Recommendation:

Findings:-

- Chest
- UAT

Recommendation:-

- D.ct / Eeur
- T. Febuic 40 [illegible]
- T. Ranwar 10 [illegible]

Signature:

Consultant –

DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC- 2005/02/0920

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OPHTHALMIC EVALUATION

UHID No.: _____ Date : 10/12/24.

Name : M. Swapnil Age : 34 Gender : Male/Female

Without Correction : Myopic fundus ✓

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N6 Left Eye N6.

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance	T-25					T-5.				
Near				P-ify		Plano				

Colour Vision : N (B)

Anterior Segment Examination : _____

Pupils : N (B)

Fundus : _____

Intraocular Pressure : 14 mm Hg (B)

Diagnosis : _____

Advice : _____

Re-Check on _____ (This Prescription needs verification every year)

Dr. _____

(Consultant Ophthalmologist)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON
REG. No.: 3262 / 09/ 02

Apollo Clinic, Licensee : **M/s. Indira Health & Lifestyle Pvt. Ltd.**, "The Emerald", Plot No. 195/B, Sector 12, Besides Neel Siddhi Towers, Vashi, Navi Mumbai - 400703. **Tel.**: (91-22) 2788 1322 / 23 / 24 82914 90000 Email: apolloclinicvashi@gmail.com

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DENTAL CHECKUP

Name: Swapnil Moghe.	MR NO:
Age/Gender : 34/M.	Date: 10/2/24.

Medical history: ☐ Diabetes ☐ Hypertension ☐ _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus& Stains				
Mobility				
Caries (Cavities)	✓	✓		
a)Class 1 (Occlusal)				
b)Class 2 (Proximal)				
c)Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVICED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction	✓	✓		

Oral Prophylaxis: ☐ Scaling & polishing
Orthodontic Advice for Braces: ☐ Yes / ☐ No
Prosthetic Advice to Replace Missing Teeth: ☐ Denture ☐ Bridge ☐ Implant
Oral Habits: ☐ Tobacco ☐ Cigarette ☐ Others since ___ years
☐ Advice to quit any form of tobacco as it can cause cancer.
Other Findings: _____

[Adv OPG]
- Extraction = 8/8

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Apollo Clinic VASHI

Name	: Mr. Swapnil Moghe	Gender	: Male	Age	34 Years
UHID	: FVAH 10575	Bill No	:	Lab No	V-1325-23
Ref. by	: SELF	Sample Col.Dt	: 10/02/2024 10:10		
Barcode No	: 8003	Reported On	: 10/02/2024 20:38		

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)			
Haemoglobin(Colorimetric method)	13.8	g/dl	13 - 18
RBC Count (Impedance)	4.41	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	42.2	%	35 - 55
MCV:(Calculated)	95.7	fl	78 - 98
MCH:(Calculated)	31.4	pg	26 - 34
MCHC:(Calculated)	32.8	gm/dl	30 - 36
RDW-CV:	14.1	%	11.5 - 16.5
Total Leucocyte count(Impedance)	6050	/cumm.	4000 - 10500
Neutrophils:	53	%	40 - 75
Lymphocytes:	40	%	20 - 40
Eosinophils:	04	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.28	Lakhs/c.mm	1.5 - 4.5
MPV	9.1	fl	6.0 - 11.0
ESR(Westergren Method)	15	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic,Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

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UHID	: FVAH 10575	Bill No	:	Lab No	: V-1325-23
Ref. by	: SELF	Sample Col.Dt	: 10/02/2024 10:10		
Barcode No	: 8003	Reported On	: 10/02/2024 20:38		

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	104	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : >= 126 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)
Post Prandial Plasma Glucose :	105	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : >= 200 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)
Method :	Hexokinase		

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

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TEST	RESULTS
Blood Grouping (ABO & Rh)-WB(EDTA) Serum	
ABO Group:	**:A:**
Rh Type:	**Positive**
Method :	Matrix gel card method (forward and reverse)
------	----------

Sheetal Nakate
Entered By

Ms Kaveri Gaonkar
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Name	: Mr. Swapnil Moghe	Gender	: Male	Age	: 34 Years
UHID	: FVAH 10575	Bill No	:	Lab No	: V-1325-23
Ref. by	: SELF	Sample Col.Dt	: 10/02/2024 10:10		
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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin :	5.4	%	Normal <5.7 % Pre Diabetic 5.7 - 6.5 % Diabetic >6.5 % Target for Diabetes on therapy < 7.0 % Re-evalution of therapy > 8.0 %
Mean Blood Glucose :	108.28	mg/dL	

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Method : High Performance Liquid Chromatography (HPLC)

INTERPRETATION

- The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- This Methodology is better then the routine chromatographic methods & also for the daibetic pts having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
- It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts & every 3 - 4 months in well controlled daibetics .
- Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

Neha More
Entered By

Ms Kaveri Gaonkar
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Chief Pathologist

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UHID	: FVAH 10575	Bill No	:	Lab No	: V-1325-23
Ref. by	: SELF	Sample Col.Dt	: 10/02/2024 10:10		
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
LIPID PROFILE - Serum			
S. Cholesterol(Oxidase)	210	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	109	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	21.8	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	**38.1**	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	150.1	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	**5.5**		3.5 - 5
Ratio of LDL/HDL	**3.9**		2.5 - 3.5

Alsaba Shaikh
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
LFT(Liver Function Tests)-Serum			
S.Total Protein (Biuret method)	7.29	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.46	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.83	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.58		0.9 - 2
S.Total Bilirubin (DPD):	0.68	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.25	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.43	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	27	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	40	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	80	U/L	40 - 129
S.GGT(IFCC Kinetic):	28	U/L	11 - 50

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Name	: Mr. Swapnil Moghe	Gender	: Male	Age	: 34 Years
UHID	: FVAH 10575	Bill No	:	Lab No	V-1325-23
Ref. by	: SELF	Sample Col Dt	: 10/02/2024 10:10		
Barcode No	: 8003	Reported On	: 10/02/2024 20:38		

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
BIOCHEMISTRY			
S.Urea(Urease Method)	16.8	mg/dl	10.0 - 45.0
BUN (Calculated)	7.84	mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.73	mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	10.74		9:1 - 23:1
S.Uric Acid(Uricase Method)	8.3	mg/dl	3.4 - 7.0

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	2.25	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	109.3	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	1.59	IU/ml	Euthyroid :0.35 - 5.50 IU/ml Hyperthyroid : < 0.35 IU/ml Hypothyroid : > 5.50 IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyrodism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e.g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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Name	: Mr. Swapnil Moghe	Gender	: Male	Age	: 34 Years
UHID	: FVAH 10575	Bill No	:	Lab No	: V-1325-23
Ref. by	: SELF	Sample Col.Dt	: 10/02/2024 10:10		
Barcode No	: 8003	Reported On	: 10/02/2024 20:38		

URINE REPORT

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION			
QUANTITY	20	mL	
COLOUR	Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent
CHEMICAL EXAMINATION(Strip Method)			
REACTION(PH)	5.0		4.6 - 8.0
SPECIFIC GRAVITY	1.020		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent
MICROSCOPIC EXAMINATION			
PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Anushka Chavan
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Swapnil. Moghe
10575

Male

34 Years

10/02/2024 12:46:13
Apollo Clinic
1st Flr,The Emerald,Sector-12,
Vashi, Mumbai-400703

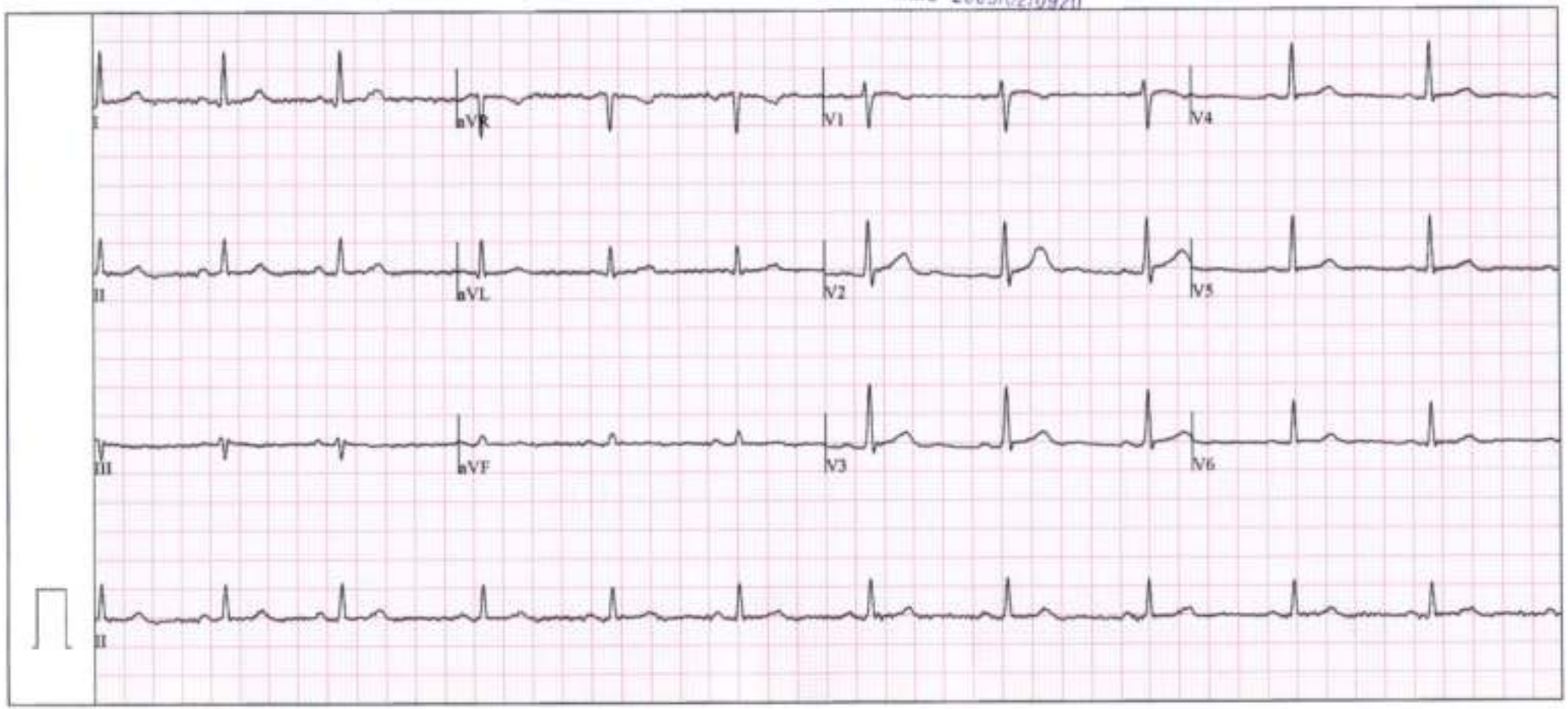
66 bpm
-- / -- mmHg

QRS :	78 ms
QT / QTcBaz :	376 / 394 ms
PR :	148 ms
P :	84 ms
RR / PP :	912 / 909 ms
P / QRS / T :	58 / 12 / 19 degrees

Normal sinus rhythm with sinus arrhythmia
Normal ECG

Sinus Arrhythmia

Dr. ANIRBAN DASGUPTA
M.B.,B.S., D.N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920



GE MAC2000 1.1 12SL™ v241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz Unconfirmed 4x2.5x3_25_R1 1/1

Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SWAPNIL, MOGHE
Patient ID: 10575
Height:
Weight:

DOB: 30.01.1990
Age: 34yrs
Gender: Male
Race: Asian

Study Date: 12.02.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.ANIRBAN DASGUPTA
Technician: SWAPNALI LAKHIMALE

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:27	0.00	0.00	81	110/80	
	STANDING	00:15	0.00	0.00	80		
	HYPERV.	00:20	0.00	0.00	84		
	WARM-UP	00:06	0.10	0.00	85		
EXERCISE	STAGE 1	03:00	1.70	10.00	136	120/80	
	STAGE 2	03:00	2.50	12.00	176	140/90	
	STAGE 3	00:31	3.40	14.00	187	140/90	
RECOVERY		01:04	0.00	0.00	139	150/90	

The patient exercised according to the BRUCE for 6:31 min:s, achieving a work level of Max. METS: 8.50. The resting heart rate of 85 bpm rose to a maximal heart rate of 187 bpm. This value represents 100 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg , rose to a maximum blood pressure of 150/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions
TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.ANIRBAN DASGUPTA

Dr. ANIRBAN DASGUPTA
M.B.B.S. D.N.B. Medicine
Diploma Cardiology
MMC -2003/02/0920

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Apollo Clinic
VASHI

PATIENT'S NAME	SWAPNIL MOGHE	AGE :- 34 Y/M
UHID NO	10575	10 Feb 2024

DIGITAL RADIOGRAPH OF CHEST (PA VIEW)

The lung fields are clear.

Heart and aorta appears normal.

Both hila appear normal.

Both costo-phrenic angles are clear.

Visualized bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY IS DETECTED IN CURRENT RADIOGRAPH.

Clinico-haematological correlation is recommended.

Thanking you for the referral,
With regards,

DR. SIDDHI PATIL
Cons. Radiologist

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TOUCHING LIVES

Apollo Clinic
VASHI

PATIENT'S NAME	SWAPNIL MOGHE	AGE :- 34y/M
UHID NO	10575	10 Feb 2024

SONOGRAPHY OF ABDOMEN AND PELVIS

Liver is mildly enlarged in size measuring about 16.1 cm in cranio-caudal dimension. It shows increased echogenicity and reflectivity. There is no focal lesion seen. The portal vein and common bile duct are normal in course and caliber. There is no evidence of intra-hepatic biliary duct dilatation seen. PV = 12 mm. CBD = 3 mm.

Gall Bladder is partially distended. No calculus, abnormal wall thickening or pericholecystic fluid collection is seen.

The visualized **Pancreas** is normal in size, shape and echotexture. There is no focal lesion seen.

Spleen is normal in size, shape and echotexture. There is no focal lesion seen.

Right Kidney measures 9.2 x 4.4 cm. **Left Kidney** measures 9.9 x 5 cm.
Both kidneys are normal in size, shape and echotexture. No evidence of any focal lesion is noted. No hydronephrosis, hydroureter or calculus is noted in both kidneys. Cortico medullary differentiation is well maintained.

Urinary Bladder is well distended. There is no evidence of focal lesion. No evidence of any calculus is seen.

Prostate gland is normal in size, shape and echopattern.

There is no free fluid or abdominal lymphadenopathy.

IMPRESSION: FINDINGS ARE SUGGESTIVE OF
- **MILD HEPATOMEGALY WITH DIFFUSE FATTY INFILTRATION OF LIVER.**
- **NO OTHER SIGNIFICANT ABNORMALITY IS DETECTED.**

Clinico-haematological correlation and imaging follow-up is recommended.

Thanking you for the referral,
With regards,

DR. SIDDHI PATIL
Cons. Radiologist

Vashi : **M/S. Indira Health & Lifestyle Pvt. Ltd.** The Emerald, 1st Floor, Plot No. 195, Sector - 12, Besides Neel Siddhi Tower, Vashi - Navi Mumbai - 400703.
Tel.: (022) - 2788 1322 / 23 / 24 8291490000 • Email: apolloclinicvashi@gmail.com