

**OP Slip**

**UHID No** :- UD-232419024      **OP No** :- OP-232444690      **OP Date** :- 09 Mar 2024  
10:05AM  
**Pt. Name** :- Mrs SHIKHA SINGH      **Age/Sex** :- 33 Y/Female      **Mob. No** :- 9813054003  
**Pay Type** :- Emp. Credit      **Token No** :- NOR. - 15      **Paid** :- 0.00  
**Deptt.** :- GENERAL MEDICINE      **Consultant** :- Dr ANURAG KAUSHAL (MD)  
**Address** :- VILLAGE KHERI DABDALAN (64), **Empanelment** :- Mediwheel  
THANESAR, KURUKSHETRA

**Present Complaints:**

Not a kyo any chronic illness  
No fresh complaints

**Past/Family History:**

**Drug Allergy (If any):**

**Examination (Vitals):**

not MPE  
BP: 104/68 mmHg PR: 80 B/M RR: \_\_\_\_\_  
Temp: 97.8 F SPO2: 98%  
Weight: 62 kg Height: 158 cm

**Investigations:**

**Diagnosis:**

**Treatment/Preventive Care/Nutrition Advised:**

Dict as advised  
Cap Pantocid E/S 1 →  
Cap Costrum plus OD →  
X 7 day  
Pantocid

**Dr. Anurag Kaushal**  
MD(Medicine)INTENSIVIST  
1504-HCMS

Out Time:

Doctor Signatures:

**Next Follow-up:**

Nutritional Screening:  Wt. Loss  Loss of Appetite  Muscle Wasting  Delay Wound Healing  Lethargy  Decrease Mobility

**Pain Scale**



**OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)**

**OP Slip**

**UHID No** :- UD-232419024      **OP No** :- OP-232444691      **OP Date** :- 09 Mar 2024  
10:05AM  
**Pt. Name** :- Mrs SHIKHA SINGH      **Age/Sex** :- 33 Y/Female      **Mob. No** :- 9813054003  
**Pay Type** :- Emp. Credit      **Token No** :- NOR. - 3      **Paid** :- 0.00  
**Deptt.** :- GYNAECOLOGY      **Consultant** :- Dr NEHA KHANEJA (MS)  
**Address** :- VILLAGE KHERI DABDALAN (64), **Empanelment** :- Mediwheel  
THANESAR, KURUKSHETRA

**Present Complaints:**

Diagnosis:

**Past/Family History:**

Treatment/Preventive Care/Nutrition Advised:

**Drug Allergy (If any):**

*Pat's sneeze  
taken*

*P/S → Cocamy ds ++*

**Examination (Vitals):**

*Ad*

*ANNE KIT*

**BP:** *104/88 mmHg*      **PR:** *80 B/M*      **RR:** \_\_\_\_\_  
**Temp:** *97.8 F*      **SPO2:** *98%*  
**Weight:** *62 kg*      **Height:** *158 cms.*

*Cap Cling - m cap. Persyths x 7d*

*Ywash / Candid Powder*

*Cap Doxy 100mg BD x 7d*

*TAB Fwcom 15mg KO D x 3d*

**Investigations:**

Out Time:

*the weekly*  
Doctor Signatures:

**Next Follow-up:**

Nutritional Screening:  Wt. Loss     Loss of Appetite     Muscle Wasting     Delay Wound Healing     Lethargy     Decrease Mobility

**Pain Scale**



*[4]*  
**Dr. Neha Khaneja**  
M.S.(Obstt. & Gynae)  
HMC-5795

**OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)**



# SHRI BALAJI AAROGYAM HOSPITAL

KURUKSHETRA

## Patient Demographics

SHIKHA SINGH 33 YRS

Patient ID: 232419024

Gender: F

Performed By: DR RISHABH MARWAH

## Comments

NORMAL CHAMBER DIMENSIONS  
 IAS/IVS INTACT  
 AORTIC ROOT/MPA NORMAL  
 NORMAL VALVE MORPHOLOGY  
 NO SIGNIFICANT REGURGITATION  
 NO RWMA  
 NORMAL SYSTOLIC FUNCTION  
 NORMAL DIASTOLIC FUNCTION  
 NO CLOT/VEG/PE  
 IVC- NORMAL

## Adult Echo: Measurements and Calculations

### 2D

LV Mass (Cubed)	115 g	LA/Ao (2D)	0.875
LA Dimen (2D)	2.1 cm	AoR Diam (2D)	2.4 cm

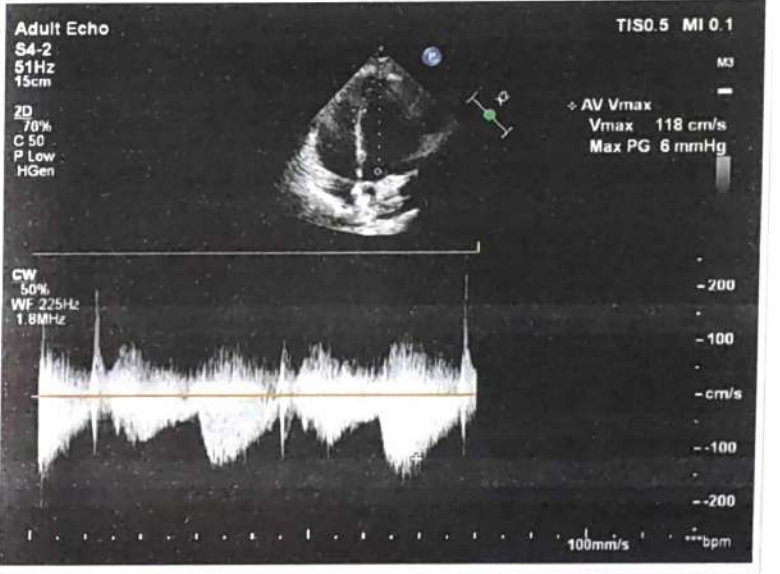
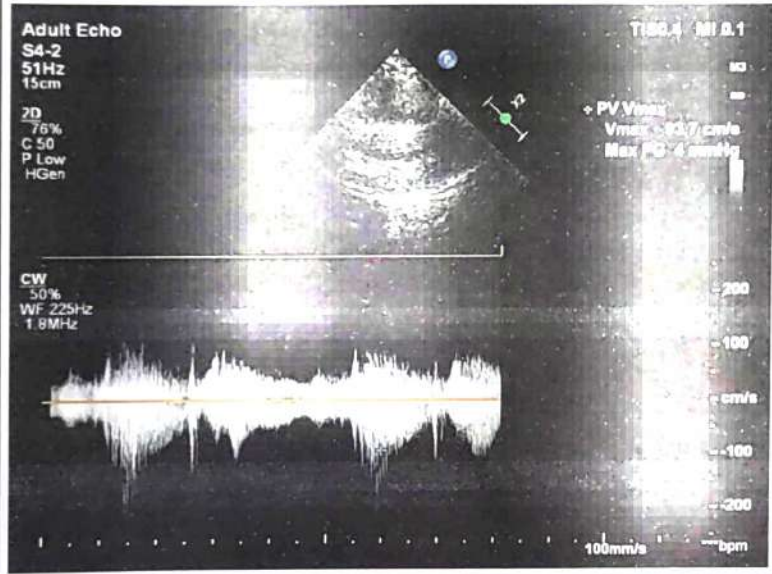
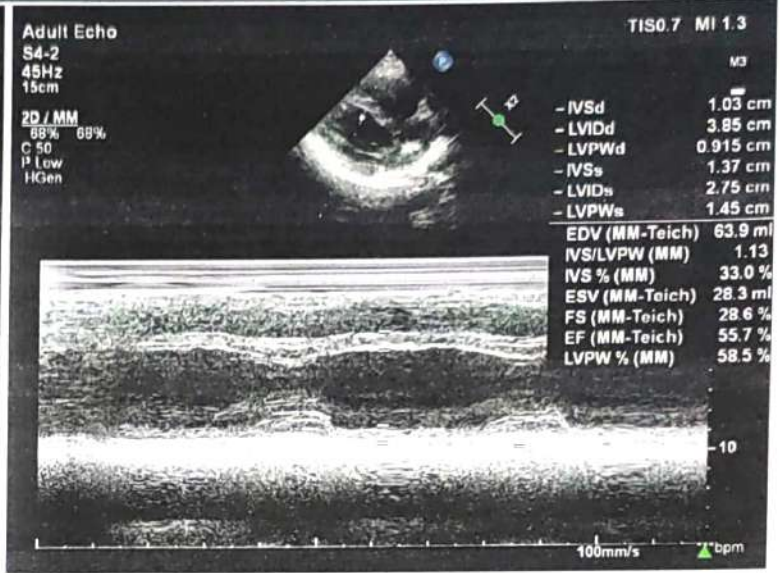
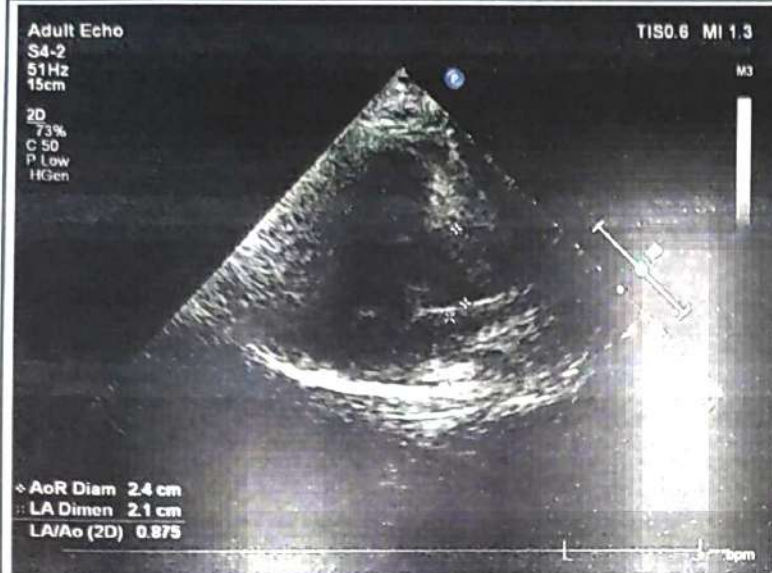
### MMode

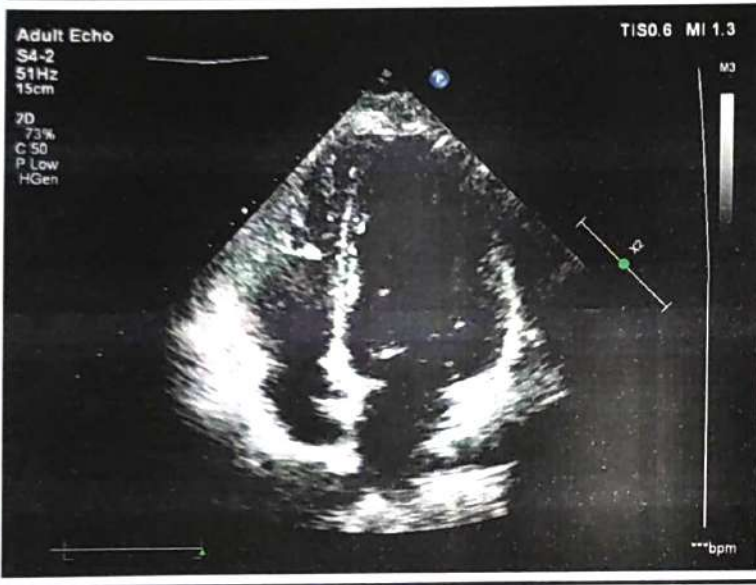
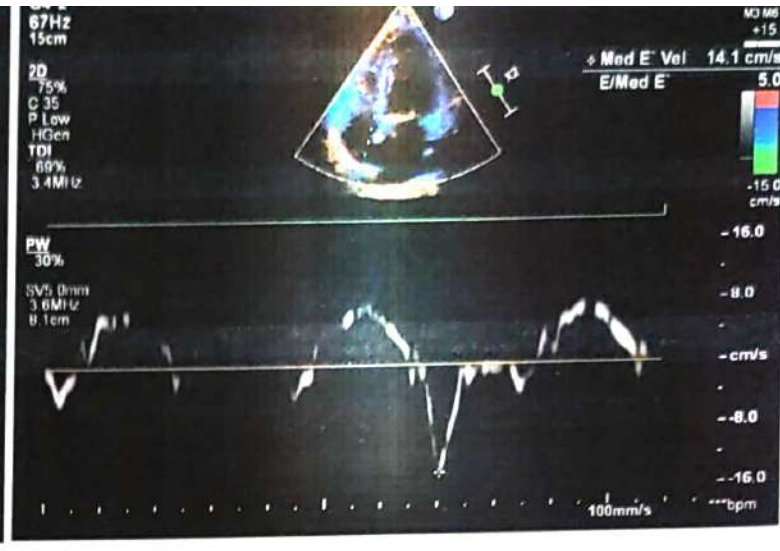
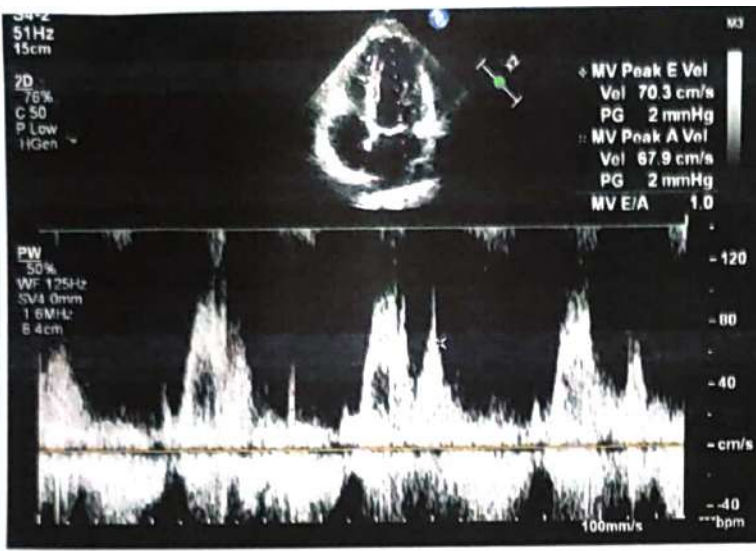
IVSd (MM)	1.03 cm	EDV (MM-Teich)	63.9 ml	SV (MM-Cubed)	36.3 ml
LVIDd (MM)	3.85 cm	ESV (MM-Teich)	28.3 ml	EF (MM-Cubed)	63.6 %
LVPWd (MM)	0.915 cm	SV (MM-Teich)	35.6 ml	FS (MM-Cubed)	28.6 %
IVSs (MM)	1.37 cm	FS (MM-Teich)	28.6 %	IVS % (MM)	33.0 %
LVIDs (MM)	2.75 cm	EF (MM-Teich)	55.7 %	LVPW % (MM)	58.5 %
LVPWs (MM)	1.45 cm	EDV (MM-Cubed)	57.1 ml		
IVS/LVPW (MM)	1.13	ESV (MM-Cubed)	20.8 ml		



AV Vmax		MV E/A	1.0	PV Vmax	
Max PG	6 mmHg			Max PG	4 mmHg
Vmax	118 cm/s			Vmax	93.7 cm/s
MV Peak E Vel		Med E' Vel	14.1 cm/s		
Vel	70.3 cm/s				
PG	2 mmHg				
MV Peak A Vel		E/Med E'	5.0		
Vel	67.9 cm/s				
PG	2 mmHg				

## Images





**Signature**

Signature:  
Name(Print):

Dr. RISHABH MARWAH  
MD DM Cardiology  
Consultant Interventional  
Cardiology  
Shri Bala Ji Aarogyam Hospital,  
Reg.No. HN8708

Date:





**SHRI BALAJI**  
**AAROGYAM HOSPITAL**  
**PVT. LTD**

01744-270255  
99926-30762  
99964-44762



Regd. off.: BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkkr@gmail.com

CIN : U93000HR2018PTC074193

Typed by: Kajal

PATIENT NAME	MRS. SHIKHA SINGH	AGE/SEX	33 Y / FEMALE
REFERRED BY:	SELF	DATE	09.03.2024

**USG WHOLE ABDOMEN**

**LIVER:**-Is normal in size measuring 13.6 cm **with increased echogenicity s/o fatty liver**. No focal lesion is seen in the liver parenchyma. IHBR's are not dilated. The PV is normal.

**GALL BLADDER:** - normal in size and distensibility. The wall thickness is normal. No evidence of any peri-cholecystic collection is seen. No evidence of calculus is seen.

**CBD** is normal in course and caliber.

**PANCREAS:**-Head and proximal body of pancreas are normal in outline and echotexture. Rest of the pancreas obscured by bowel shadows.

**SPLEEN:** - is normal in size measuring 8.2 cm and echotexture. No focal lesion is seen.

**RIGHT KIDNEY:**-It is normal in size measuring 10.2 x 3.8 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

**LEFT KIDNEY:**-It is normal in size measuring 10.5 x 4.0 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

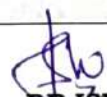
**URINARY BLADDER:** - is distended and normal in size and capacity. No calculus is seen in its lumen. The wall thickness is within normal limits.

**UTERUS:** - is **retroverted** and is normal in size. Echotexture is normal. Both ovaries are normal in size & echotexture.

No free fluid is seen in abdomen and pelvis.  
No evidence of any mesenteric lymphadenopathy noted.  
Visualized bowel loops appear unremarkable.

**IMPRESSION:**

- **FATTY LIVER GRADE I.**
- Please Correlate Clinically.**

  
**DR. ISHA GOYAL,**  
**DMRD (CMC LUDHIANA)**  
**Ex. Fortis Hospital Ludhiana**  
**Consultant Radiologist**

Not valid for Medico Legal Purposes. Advised further clinical correlations.





Name	: Ms. SHIKHA SINGH	Age	: 34 Years
Lab No.	: 463997831	Gender	: Female
Ref By	: Dr. ANURAG KAUSHAL	Reported	: 11/3/2024 5:44:49PM
Collected	: 09/03/2024 1:56:00PM	Report Status	: Final
A/c Status	: P	Processed at	: LPL-NATIONAL REFERENCE LAB
Collected at	: SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD	National Reference laboratory, Block E, Sector 18, Rohini, New Delhi -110085	
	: PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS		
	: STAND Kurukshetra 136118		



## CYTOPATHOLOGY REPORT

**CYTOPATH NO** : [18245]

**SPECIMEN** : Cervical/vaginal cytology (LBC - Ezi Prep)

**CLINICAL HISTORY** : No history or clinical findings received.

**MICROSCOPY** : By Bethesda system terminology, 2014

**A) Statement of adequacy** : Smear is satisfactory for evaluation.

**B) Microscopy** : The smear shows mainly superficial and intermediate squamous cells with occasional polymorphs. No Trichomonas or fungal organisms seen.

**C) Endocervical cells** : Absent

**D) Koilocytotic cells** : Absent

**E) Dysplastic cells** : Absent

**F) Malignant cells** : Absent

**GENERAL CATEGORIZATION** : Negative for intraepithelial lesion and malignancy.

**IMPRESSION** : **Negative for intraepithelial lesion and malignancy.**

**ASCO/CAP GUIDELINES:**

- Unsatisfactory	<u>HPV unknown</u>	<u>HPV positive</u>	<u>HPV Negative</u>
NILM with EC/TZ	Repeat cytology after 2-4 mths	Colposcopy	Repeat cytology after 2-4 mths
NILM without EC/TZ	Routine screening	HPV genotyping /repeat co-testing @ 1 year	Routine screening
ASCUS	HPV testing	Repeat co-testing @1 year	Routine screening
LSIL	HPV testing	Colposcopy	Repeat cotesting@3 year
ASC - H	Colposcopy	Colposcopy	Cotesting @ 1 year
HSIL	Colposcopy	Colposcopy	Colposcopy
AGC	"Immediate LEEP"	"Immediate LEEP"	"Immediate LEEP"
	<u>EB &amp; Endocervical Bx</u>	<u>EB &amp; Endocervical Bx</u>	<u>EB &amp; Endocervical Bx</u>

SCREENING GUIDELINE: 21-29 years - Cytology only every 3 yrs ; 30-65 yrs - Cotesting every 5 years ; < 21 & > 65 yrs - Screening not recommended

  
 DMC 104767

Dr. Mariam Siddiqui  
 MD, DNB (Pathology)  
 Senior Resident - NRL

  
 DMC 2441

Dr Rajiv Tangri  
 MD, Pathology  
 Technical Director - Histopathology and  
 Cytopathology - NRL

Note: 1. Slides + Blocks can be issued only on advise of the referring consultant after a minimum of 48 hours.  
 2. Gross specimens will be retained only for a period of 1 month after the date of reporting.  
 3. Contact histopathology department for any clarification.





Name : Ms. SHIKHA SINGH  
Lab No. : 463997845  
Ref By : Dr.ANURAG KAUSHAL  
Collected : 9/3/2024 10:27:00AM  
A/c Status : P  
Age : 33 Years  
Gender : Female  
Reported : 9/3/2024 3:50:16PM  
Report Status : Final  
Collected at : SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD  
PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS  
STAND Kurukshetra 136118  
Processed at : Dr. Lal PathLabs Ltd,  
Kurukshetra-136118,Haryana

### Test Report

Test Name	Results	Units	Bio. Ref. Interval
<b>BLOOD GROUP, ABO &amp; RH TYPING</b> (Tube & Slide Agglutination)			
ABO Group	O		
Rh Factor	Positive		

- Note:
1. Both forward and reverse grouping performed
  2. Test conducted on EDTA whole blood



Name : Ms. SHIKHA SINGH  
 Lab No. : 463997845  
 Ref By : Dr. ANURAG KAUSHAL  
 Collected : 9/3/2024 10:27:00AM  
 A/c Status : P  
 Collected at : SHRI BALAJI AAROGYAM HOSPITAL PVT, LTD  
 PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS  
 STAND Kurukshetra 136118  
 Age : 33 Years  
 Gender : Female  
 Reported : 9/3/2024 3:50:16PM  
 Report Status : Final  
 Processed at : Dr. Lal PathLabs Ltd.  
 Kurukshetra-136118, Haryana

**Test Report**

Test Name	Results	Units	Bio. Ref. Interval
<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD (HPLC)</b>			
HbA1c	4.7	%	4.00 - 5.60
Estimated average glucose (eAG)	88	mg/dL	

**Interpretation**

HbA1c result is suggestive of non diabetic adults ( $\geq 18$  years)/ well controlled Diabetes in a known Diabetic

**Interpretation as per American Diabetes Association (ADA) Guidelines**

Reference Group	Non diabetic adults $\geq 18$ years	At risk (Prediabetes)	Diagnosing Diabetes	Therapeutic goals for glycemic control
HbA1c in %	4.0-5.6	5.7-6.4	$\geq 6.5$	$< 7.0$

**Note:** Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C MEASUREMENT	FACTORS THAT AFFECT INTERPRETATION OF HbA1C RESULTS
Hemoglobin variants, elevated fetal hemoglobin (HbF) and chemically modified derivatives of hemoglobin (e.g. carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1c measurements	Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g., recovery from acute blood loss, hemolytic anemia, HbSS, HbCC, and HbSC) will falsely lower HbA1c test results regardless of the assay method used. Iron deficiency anemia is associated with higher HbA1c





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 Lab No. : 463997845  
 Ref By : Dr. ANURAG KAUSHAL  
 Collected : 9/3/2024 10:27:00AM  
 A/c Status : P  
 Collected at : SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD  
 PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS  
 STAND Kurukshetra 136118

Age : 33 Years  
 Gender : Female  
 Reported : 9/3/2024 3:50:16PM  
 Report Status : Final  
 Processed at : Dr. Lal PathLabs Ltd.  
 Kurukshetra-136118, Haryana

### Test Report

Test Name	Results	Units	Bio. Ref. Interval
<b>THYROID PROFILE, TOTAL, SERUM (ECLIA)</b>			
T3, Total	1.14	ng/mL	0.80 - 2.00
T4, Total	6.56	µg/dL	5.10 - 14.10
TSH	1.88	µIU/mL	0.27 - 4.20

### Interpretation

PREGNANCY	REFERENCE RANGE FOR TSH IN µIU/mL (As per American Thyroid Association)
1st Trimester	0.100 - 2.500
2nd Trimester	0.200 - 3.000
3rd Trimester	0.300 - 3.000

### Note

- TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
- Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
- Unbound fraction ( Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
- Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals



Dr. Samriti Gupta  
 MBBS, MD (Pathology)  
 Chief of Lab





# SBAH PATH LAB

INSIDE SHRI BALAJI AAROGYAM HOSPITAL Pvt. L.  
BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkkr@gmail.com



463997845P

UHID No :- UD-232419024 Reg No :- 232419024  
Receipt No :- 23240025295 Receipt Date :- 09 Mar 2024  
Patient Name :- Mrs SHIKHA SINGH Husband :- RAVI KAJAL  
Mobile No :- 9813054003  
Address :- VILLAGE KHERI DABDALAN (64), THANESAR ,  
KURUKSHETRA

Print Date : 09-Mar-2024 11:43 AM

Age/Sex :- 33 Y/F

Consultant :- Dr ANURAG KAUSHAL (MD)

PAP SMEAR:- 463997831

## Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample No:232448893

Sample Gnt At: (9 Mar 2024 10:45 AM) ,Sample Rvd At (9 Mar 2024 10:45 AM) ,Report Gnt At : ( 9 Mar 2024 11:43 AM)

### HAEMATOLOGY

#### CBC

WBC	4.15	4.00 - 11.00	10 <sup>3</sup> /mm <sup>3</sup>
RBC	3.83	3.50 - 4.50	million/cumm
<i>Methology / Carm</i>			
HAEMOGLOBIN	12.6	12.50 - 15.00	gm/dl
HCT	41.9	35.00 - 50.00	%
<i>DefaultMethodTwo / test Machine</i>			
MCV(MEAN CELL VOLUME)	<b>109.40</b>	83.00 - 101.00	fl
MCH(MEAN CELL HAEMOGLOBIN)	<b>32.90</b>	27.00 - 32.00	pg
MCHC	<b>30.07</b>	31.50 - 35.00	gm%
RDW-CV	15.3	12.00 - 18.00	%
<i>Method1 / test Machine</i>			
RDW-SD	<b>70.2</b>	37.00 - 56.00	fl
MIC	0.4	0.00 - 20.00	%
<i>Methology / test Machine</i>			
MAC	<b>23.9</b>	2.00 - 10.00	%
PLATELETS	<b>146</b>	150.00 - 450.00	×10 <sup>3</sup> /μL
MPV	<b>11.2</b>	7.40 - 11.00	fl
PCT	0.16	0.15 - 0.40	%
<i>Test Method</i>			
PDW	<b>21.2</b>	11.00 - 20.00	fl
P-LCC	72	44.00 - 140.00	10 <sup>6</sup> /mm <sup>3</sup>
P-LCR	49.36	18.00 - 50.00	%
DLC DIFFERENTIAL LEUCOCYTE COUNT			
NEUTROPHILS	42.3	40.00 - 75.00	%
LYMPHOCYTES	<b>49.3</b>	20.00 - 45.00	%
MONOCYTES	5.7	2.00 - 10.00	%
EOSINOPHILS	2.5	1.00 - 6.00	%
BASOPHILS	0.2	0.00 - 1.00	%

#### Remarks :-

Sample No:232448894

(Technologist)

Not valid for Medico Legal Purposes. Advised further clinical correlation

*Charu Sethi*

Dr. Charu Sethi Sharma  
MD-Pathology  
Reg. No. HN-19861





# SBAH PATH LAB



INSIDE SHRI BALAJI AAROGYAM HOSPITAL Pvt. Ltd.  
BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkr@gmail.com

UHID No :- UD-232419024      Reg No :- 232419024      Print Date : 09-Mar-2024 11:43 AM  
 Receipt No :- 23240025295      Receipt Date :- 09 Mar 2024  
 Patient Name :- Mrs SHIKHA SINGH      Husband :- RAVI KAJAL      Age/Sex :- 33 Y/F  
 Mobile No :- 9813054003      Consultant :- Dr ANURAG KAUSHAL (MD)  
 Address :- VILLAGE KHERI DABDALAN (64), THANESAR ,  
 KURUKSHETRA

## Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample Gnt At: (9 Mar 2024 10:45 AM) , Sample Rvd At (9 Mar 2024 10:45 AM) , Report Gnt At : (9 Mar 2024 11:43 AM)

### HAEMATOLOGY

ESR	15	0.00 - 20.00	mm at 1 hr
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#### Remarks :-

Sample No:232448895

Sample Gnt At: (9 Mar 2024 10:45 AM) , Sample Rvd At (9 Mar 2024 10:45 AM) , Report Gnt At : (9 Mar 2024 11:43 AM)

### BIOCHEMISTRY

#### BLOOD SUGAR FASTING & PP

BLOOD SUGAR FASTING	90	70.00 - 110.00	mg/dl
BLOOD SUGAR PP	110	70.00 - 150.00	mg/dl

#### COMPLETE LIPID PROFILE

TOTAL CHOLESTROL	180		mg/dl
TRIGLYCERIDES	179	35.00 - 160.00	mg/dl
HDL	49		mg/dl
LDL	95.20		mg/dl
VLDL CHOLESTEROL	35.80	0.00 -	mg/dL

#### CREATININE

CREATININE	0.95	0.60 - 1.40	mg/dl
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#### LFT

TOTAL BILIRUBIN	0.72	0.30 - 1.00	mg/dl
DIRECT BILIRUBIN	0.20	0.00 - 0.30	mg/dl
INDIRECT BILIRUBIN	0.52	0.20 - 0.80	mg/dl
SGOT	116	0.00 - 40.00	U/L
SGPT	103	0.00 - 40.00	U/L
TOTAL PROTIENS	6.5	6.60 - 8.70	gm/dl
ALBUMIN	3.9	3.50 - 5.00	mg/dl
GLOBULIN	2.60	1.50 - 3.60	gms/dl
ALKALINE PHOSPHATE	123	57.00 - 111.00	U/L

#### TOTAL PROTEIN (M.L-)

TOTAL PROTEIN (M.L-)	6.5		0
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### HAEMATOLOGY

SERUM URIC ACID	6.0	2.50 - 6.00	mg/dl
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(Technologist)

Not valid for Medico Legal Purposes. Advised further clinical correlation

*Charu Sethi*

Dr. Charu Sethi Sharma  
MD-Pathology  
Reg. No. HN-19861



# SBAH PATH LAB



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E-mail : aarogyamkk@gmail.com

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**Receipt No** :- 23240025295      **Receipt Date** :- 09 Mar 2024  
**Patient Name** :- Mrs SHIKHA SINGH      **Husband** :- RAVI KAJAL      **Age/Sex** :- 33 Y/F  
**Mobile No** :- 9813054003      **Consultant** :- Dr ANURAG KAUSHAL (MD)  
**Address** :- VILLAGE KHERI DABDALAN (64), THANESAR ,  
 KURUKSHETRA

## Final Report

Investigations	Observations	Biological Reference Interval	Unit
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### Remarks :-

Sample No:232448900

Sample Gnt At: (9 Mar 2024 10:46 AM) ,Sample Rvd At (9 Mar 2024 10:46 AM ),Report Gnt At : ( 9 Mar 2024 11:43 AM)

### URINE EXAMINATION

#### URINE ROUTINE

#### PHYSICAL EXAMINATION

COLOUR <i>Methology</i>	YELLOW	CLEAR YELLOW	
VOLUME	20		ML
SPECIFIC GRAVITY	1.025	1.00 - 1.03	

#### CHEMICAL EXAMINATION

PH	6.0	4.60 - 8.00	
PROTEIN.	Negative	NEGATIVE	
GLUCOSE	Negative	NEGATIVE	
KETONE	Negative	NEGATIVE	

#### MICROSCOPIC EXAMINATION

EPIITHELIAL CELLS	2-4		
PUS CELLS	4-6	2.00 - 3.00	/HPF
RBC <i>Methology / Carm</i>	Negative	3.50 - 4.50	million/cumm
CRYSTALS	ABSENT	ABSENT	
BACTERIA	ABSENT	ABSENT	
OTHERS	ABSENT		
<b>MICROSCOPIC EXAMINATION</b>			
CASTS	ABSENT	ABSENT	
AMORPHOUS DEPOSITS	ABSENT		

### Remarks :-

Type of Sample :- SERUM,WHOLE BLOOD,URINE SPOT,

\* END OF REPORT \*

(Technologist)

Not valid for Medico Legal Purposes. Advised further clinical correlation

*Charu Sethi*

Dr. Charu Sethi Sharma  
MD-Pathology  
Reg. No. HN-19861



Shikha. 33y/f

62 kg

158 cm

BMI :- 25 kg/m<sup>2</sup>



## SHRI BALAJI AAROGYAM HOSPITAL PVT LTD

### DIET CHART FOR HIGH FIBER DIET

6:00 AM : ~~मिलास नींबू पानी~~ + 1 glass Amla Juice <sup>1 glass पत्र</sup>

7:30 AM : ~~बादाम + अखरोट + काजू + किशमिश + अंजीर +~~ [शत के बीजों हुए]

8:00 AM : ~~1 मिलास दूध~~ + 1 BOWL 1 CUP चाय

या (1) Chapati + 1 bowl Vegetable.

सब्जी दलिया / सब्जी ओट्स / सब्जी पोहा / उबले अंडे का सफेद हिस्सा / ~~बेसन चीता~~.

~~10~~ 11:00 AM : सेब / पपीता / संतरा / नाशपाती / अमरूद / अनार | Fruit Juice - 1 glass.

12:00 AM : 1 प्लेट सलाद

2:00 PM : चपाती + दाल + दही / 1 BOWL NUTRI KEEMA / PANEER BHURJI ~~चाय~~ - 1 glass + 1 plate सलाद.

4:30 PM : 1 CUP चाय

5:00 PM : 1 मिलास दूध - भुना हुआ मखाना 1 Spoon Mixed Seeds [Pumpkin seeds + Flax seeds + Sunflower Seeds + Mustard seeds]

7:00 PM : ~~टोफला / भुने हुए चने / MIXED SEEDS (2 SPOON) / उबले हुए काले चने की चाद / BREAD PEANUT BUTTER~~

या

अंडे का सफेद हिस्सा / 100 ग्राम उबला हुआ चिकन / उबली हुई मछली

7-8:00 PM : चपाती + सब्जी [1 bowl vegetable].

या

सब्जी खिचड़ी / सब्जी दलिया / सब्जी ओट्स खबर [1-2] Piece

### DIET GUIDELINES

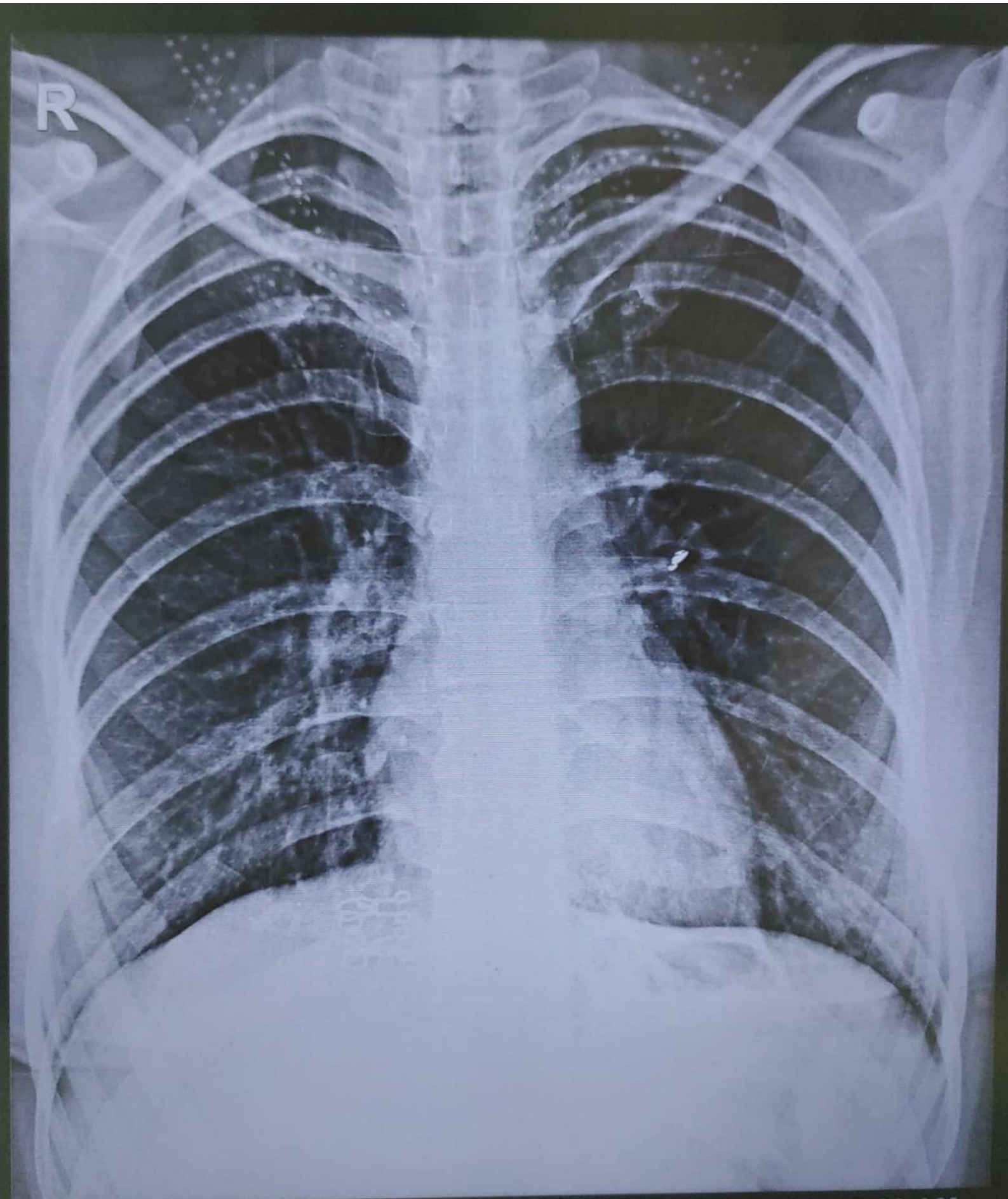
- बेकरी आइटम (बिस्कुट, नमकीन, रस्क, पेस्टी) से बचें
- ठंडे पेय, डिब्बाबंद जूस, अन्य पेय पदार्थों से बचें
- तले हुए भोजन (मक्खन, पकौड़ा, पूड़ी, परांठा) से बचें
- शराब, सिगरेट से बचें

MILK - 500 ML [मिलास उतार हुआ]

OIL - 3-4 SPOONS

WATER INTAKE - 3 liter

PHYSICAL ACTIVITY - 20 minutes Walk in Night



SHIKHA SINGH 33/Y 25295 F CHEST PA 09-Mar-24 10:02 AM  
SHRI BALAJI AAROGYAM HOSPITAL, KURUKSHETRA

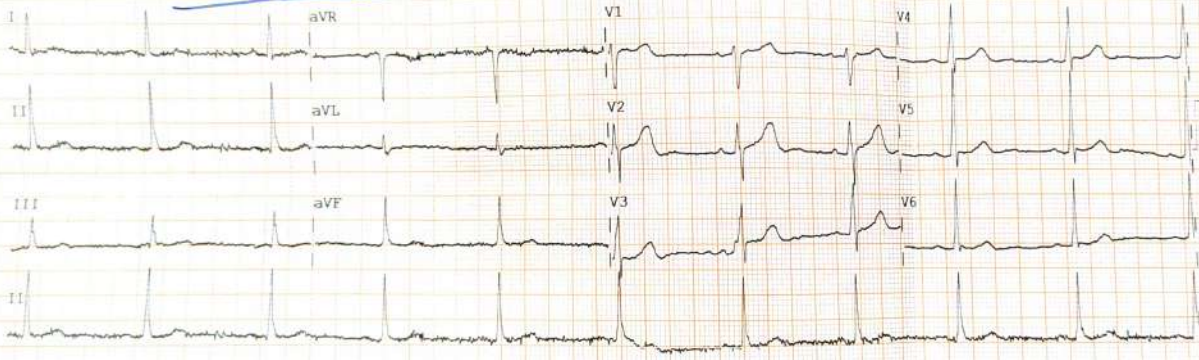


12 Lead: Standard Placement

MRS. SHIKHA SINGH

Shikha Singh  
09/03/24

Rate	PR	QT	QTc	379
	163			
	96			



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10 mm/mV F 60~ 0.15-100 Hz PH10 CL P? PH10 CL P?



**Receipt**

**UHID No** :- UD-232419024  
**Patient Name** :- Mrs SHIKHA SINGH  
**Age/Sex** :- 33 Y/F  
**Address** :- VILLAGE KHERI DABDALAN (64),  
THANESAR,KURUKSHETRA  
**Reg. No.** :- 232419024  
**Receipt No/Date** :- 23240025295 / 09 Mar 2024  
**Mobile No** :- 9813054003  
**Payment Via** :- Emp. Credit  
**Empanelment** :- Mediwheel  
**Claim ID** :-

Service Type	Service Name	Serial No	Price	Emr. Chrg.	Dis.	Unit	Net Amt.
Urine examination	URINE ROUTINE		80.00	0.00	0	1	71.00
Haematology	CBC		120.00	0.00	0	1	106.00
	ESR		80.00	0.00	0	1	71.00
	BLOOD GROUP		50.00	0.00	0	1	44.00
	HBA1C(GLYCOSYLATED HAEMOGLOBIN)		250.00	0.00	0	1	222.00
	SERUM URIC ACID		50.00	0.00	0	1	44.00
	PAP SMEAR		300.00	0.00	0	1	265.00
Biochemistry	BLOOD SUGAR FASTING & PP		50.00	0.00	0	1	44.00
	COMPLETE LIPID PROFILE		150.00	0.00	0	1	133.00
	CREATININE		50.00	0.00	0	1	44.00
	LFT		150.00	0.00	0	1	133.00
	Total Protein (M.L-)		70.00	0.00	0	1	62.00
Immunology	THYROID PROFILE (T3,T4,TSH)		150.00	0.00	0	1	133.00
Hospital Charge	ECG		100.00	0.00	0	1	89.00
Cardiology	ECHO		300.00	0.00	0	1	266.00
X-RAYS	Chest X-RAY		100.00	0.00	0	1	89.00
Ultrasound	Usg Whole Abdomen		250.00	0.00	0	1	222.00
Dietician	Dietitian Consultation		70.00	0.00	0	1	62.00
<b>Total Amount</b>							<b>2370.00</b>
<b>Total Discount</b>							<b>270.00</b>
<b>Bill Credit Towards Mediwheel</b>							<b>2100.00</b>

Shri Balaji Aarogyam Hospital P. Ltd.  
Behind Old Bus Stand  
Kurukshetra-136118





SHRI BALAJI  
**AAROGYAM HOSPITAL** PVT. LTD.  
The Right Place For Your Emergency Care

दर्द से मिलेगा निजात  
अब हमारे पास है  
**ACCIDENT और  
TRAUMA का  
इलाज!**



**DR. RAJUL GOEL** (MSORTHO)  
EX. REGISTRARD MCLUDHIANA

OPD TIMINGS : 10 AM TO 6 PM  
DAY : MON TO SAT

**EMERGENCY 24 X 7  
AVAILABLE**

**Available Now**

Knee & Other Joints  
अन्य जोड़

placement



सभी सेवाएं अब  
**हरियाणा  
सरकार  
के पैनल पर!**

96444762 ☎ 01744-270255

GPS Map Camera



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GERY)



RECEPTION.

**Kurukshetra, Haryana, India**

Opd no 2, basement, shri balaji arogyam hospital Behind old Bus Stop, Jyoti Nagar, Kurukshetra, Haryana 136118, India

Lat 29.97352°

Long 76.838205°

09/03/24 10:04 AM GMT +05:30



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