

Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mr. Sachin Waghmare Date: 16/9/24
Age: 34yr Sex: M/F Weight: 72.7 kg Height: 176.7 inc BMI: 23.3
BP: 122/85 mmHg Pulse: 68/min bpm RBS: _____ mg/dl
SpO2 - 97%

34/M

FH - Father - HT, DM

No addictions

H/O op for AVN in thigh
(2010)

Im - noted

O/E

Prominent veins

Rt. UL (proximally)

Adv.
Venous Doppler Rt. UL

Ch
Ls
P/A / N.


DR. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

Name: Mr. Sanchi Waghmare Date: 10.09.24

Age: 34 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

PMH: Nil

Abdomen: 4+

Go swelling: (2) side

R

shy - NM - taste taste RIS

Waghmare

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

SACHIN WAGHMARE 34Y(S) 0M(S) 0D(S)M MRNP2425020930 8459844839	CONSULT DATE : 16-09-2024	DR. ASHISH PRAKASHCHANDRA
	CONSULT ID : OPC2425067534	KAMBLE
	CONSULT TYPE : WALK IN	MBBS, MS, FVRS, FICO
	VISIT TYPE : NORMAL	CONSULTANT
	TRANSACTION TYPE :	DEPT OPHTHALMOLOGY

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
 -- °F -- /min -- %RA -- /10 -- cms
 Weight : BMI :
 -- kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Topical	1-1-1-1	Every Day	NA	2 months
		Instructions : BOTH EYES				
Composition : SODIUM HYALURONATE 0.1% W/W						

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-2.00	00	00	6/6
LEFT EYE	-2.00	-0.50	35	6/6

NEAR ADDITION

RIGHT EYE		00	N6
LEFT EYE		00	N6

REMARK- CONTINUE WITH OLD GLASSES

A. Kamble

Dr. Ashish Prakashchandra Kamble
MBBS, MS, FVRS, FICO
Consultant

Printed On : 16-09-2024 12:52:28



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. SACHIN WAGHMARE
Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 08:52 am
Report Date : 16-Sep-24 12:15 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.6	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		42.8	40.0 - 50.0 %	Calculated
RBC Count		5.19	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		82	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		28.1	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.1	31.5 - 35.0 g/l	Calculated
RDW		13.8	11.5 - 14.0 %	Calculated
Platelet count		252	150 - 450 10 ³ /cumm	Impedance
WBC Count		5200	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		55.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		36.2	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.6	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		7.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2865.2	2000 - 7000 /cumm	Flow Cytometry/Light microscopy
				Calculated



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Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		1882.4	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		83.2	20 - 500 /cumm	Calculated
Absolute Monocyte Count		369.2	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
Microcytosis		Microcytosis +(Few)		
WBC		As above		
Platelets		Adequate		
E S R		02	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. SACHIN WAGHMARE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 08:51 am	Report Date : 16-Sep-24 11:40 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	98	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		5.1	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. SACHIN WAGHMARE	Age /Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 08:52 am	Report Date : 16-Sep-24 11:40 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	172	Enzymatic(CHE/CHO/PO D)
Triglycerides		112	
HDL Cholesterol Direct		50	
LDL Cholesterol Direct		102.90	
VLDL Cholesterol		22	
Tot Chol/HDL Ratio		3	3 - 5

<u>Intiate therapeutic</u>		<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%			
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160	>190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. SACHIN WAGHMARE
Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 08:52 am
Report Date : 16-Sep-24 11:40 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.84	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.30	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.54	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		53	38 - 126 U/L	
SGPT/ALT		30	10 - 40 U/L	
SGOT/AST		29	15 - 40 U/L	
Serum Total Protein		7.11	6.3 - 8.2 gm/dl	
Albumin Serum		4.28	3.5 - 5.0 gm/dl	
Globulin		2.83	2.0 - 4.0 gm/dl	Bromocresol green Dye Binding
A/G Ratio		1.5		

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. SACHIN WAGHMARE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 08:52 am	Report Date : 16-Sep-24 11:40 am

RFT

Parameter

Blood Urea
Creatinine
GFR
Sodium
Potassium

Specimen
Serum

Result Values
23
0.9
114.9
139
4.57

Biological Reference
19.0 - 43.0 mg/dl
0.66 - 1.25 mg/dl
>90 mL/min/1.73m square.
136 - 145 mmol/L
3.5 - 5.1 mmol/L

Method

Direct ion selective electrode

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. SACHIN WAGHMARE
Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 08:52 am
Report Date : 16-Sep-24 11:40 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.37	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.95	0.80 - 1.70 ng/dl	
TSH		1.19	0.50 - 4.80 uIU/ml	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. SACHIN WAGHMARE **Age / Gender** : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 09:33 am **Report Date** : 16-Sep-24 11:40 am

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose Comment	Urine	Negative Urine Sugar Fasting *** End Of Report ***		STRIP

(B.I)

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11101027

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. SACHIN WAGHMARE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 09:33 am	Report Date : 16-Sep-24 11:44 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
PHYSICAL EXAMINATION				
Volume	Urine	20 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
CHEMICAL EXAMINATION				
Specific gravity		1.010	1.005 - 1.025	
Reaction (pH)		7.0	4.6 - 8.0	ion concentration
Nitrate		Negative	Negative	Indicators
Urine Protein		Negative	Negative	
Sugar		Negative	Negative	protein error of pH
Ketone Bodies		Negative	Negative	indicator
Urobilinogen		Normal	Negative	GOD/POD
Bilirubin		Negative	Normal	Legal's est Principle
MICROSCOPIC EXAMINATION				
Pus Cells		0-1	0 - 4 /hpf	Ehrlich's Reaction
R.B.C.		Absent	0 - 4 /hpf	Diazonium
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. SACHIN WAGHMARE
Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 09:33 am
Report Date : 16-Sep-24 11:44 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
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Crystals		Absent	
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*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. SACHIN WAGHMARE	Age /Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 12:20 pm	Report Date : 16-Sep-24 02:02 pm

URINE SUGAR

Parameter
Urine Glucose

NOTE:

Result Values

Negative

Post Prandial Urine Sugar

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. SACHIN WAGHMARE	Age /Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425047772/MRNP2425020930	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 16-Sep-24 08:52 am	Report Date : 16-Sep-24 12:57 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" A "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	SACHIN WAGHMARE	STUDY DATE	16-09-2024 10:14:20
AGE/SEX	34Y 1D / M	HOSPITAL NO.	MRNP2425020930
ACCESSION NO.	BIL2425047772-9	MODALITY	DX
REPORTED ON	16-09-2024 10:40	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MR. SACHIN WAGHMARE	AGE /SEX:	34 Y / MALE
UMR NO:	2425020930	BILL NO:	2425047772
REF BY	DR. VIMMI GOEL	DATE:	16/09/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

IMPRESSION:

No significant abnormality seen.

Suggest clinical correlation / further evaluation.



**DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]**

SCREENING 2D ECHOCARDIOGRAPHY REPORT

Patient Name : Mr. Sachin Waghmare
Age : 34 years / Male
UHID : MRNP2425020930
Date : 16/09/2024
Done by : Dr. Vimmi Goel
ECG : NSR, WNL
Blood pressure: 122/85 mm Hg (Right arm, Supine position)
BSA : 1.89 m²

Impression:

Normal 2D Echocardiography

- Normal chambers dimensions
- No RWMA of LV at rest
- Good LV systolic function with LVEF – 65%
- Normal LV diastolic function
- E Velocity is 98 cm/s, A Velocity is 54 cm/s, E/A is 1.8
- Medial E' is 15.8 cm/sec, Lateral E' is 14.6 cm/sec, E/E' is 6.4 (Average)
- Valves are normal
- Trivial MR
- No pulmonary hypertension
- No clots / Pericardial effusion
- IVC – Normal in size and collapsing well with respiration



Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

34 Years

MR SACHIN WAGHARE
Male

10-Sep-24 9:05:03 AM
KIMS-KINGSWAY HOSPITALS

PHC DEPT.

Rate 70 Sinus rhythm.....normal p axis, V-rate 50- 99

PR 160
QRSD 93
QT 393
QTc 425

--AXIS--

P 76

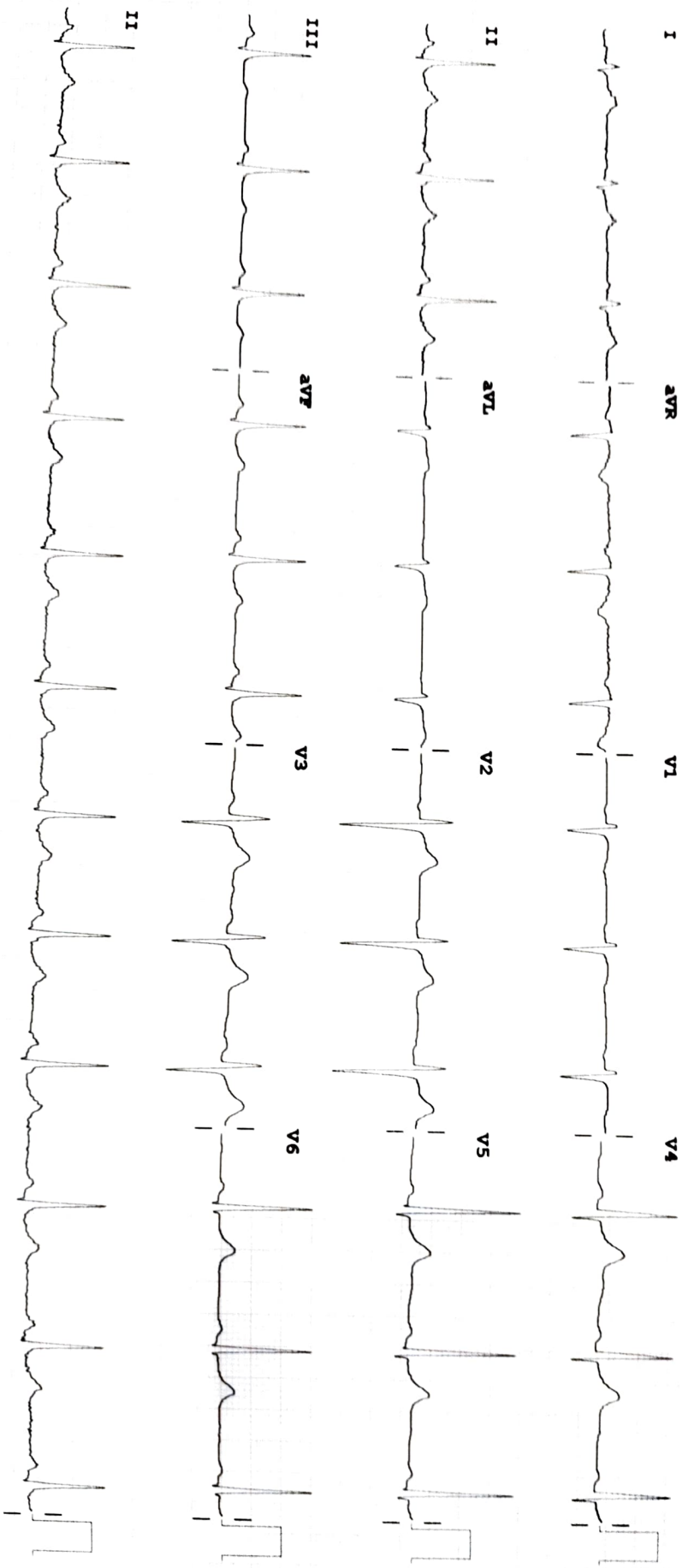
QRS 82

T 41

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Lead: 10 mm/mV

Chest: 10.0 mm/mV

F 50 ~ 0.50-150 Hz W

100B CL

P?

PHILIPS