



भारत सरकार
GOVERNMENT OF INDIA



राजश्री प्रभाकर शेंडे
Rajashree Prabhakar Shendre
जन्म वर्ष / Year of Birth : 1994
स्त्री / Female



5429

आधार – सामान्य माणसाचा अधिकार



भारतीय विशिष्ट ओळख प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पत्ता: D/O प्रभाकर शेंडे, प्लॉट नं. 36,
पार्वती नगर, पार्वती नगर म.जे, नागूर,
महाराष्ट्र, 440027

Address: D/O Prabhakar Shendre,
PLOT NO.36, PARVATI NAGAR,
Parvati Nagar - S.O, Nagpur,
Maharashtra, 440027

Rajashree

1947
1800 180 1947

help@uidai.gov.in

www.uidai.gov.in

P.O. Box No. 1947,
Bangalore-560 001



भारत सरकार
GOVERNMENT OF INDIA



राजश्री प्रभाकर शेंद्रे
Rajashree Prabhakar Shendre
जन्म वर्ष / Year of Birth : 1984
स्त्री / Female



5429

आधार – सामान्य माणसाचा अधिकार



भारतीय विशिष्ट ओळख प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पत्ता D/O प्रभाकर शेंद्रे, प्लॉट नं. ३६,
पार्वती नगर, पार्वती नगर म.ओ, नागपूर,
महाराष्ट्र, 440027

Address: D/O Prabhakar Shendre,
PLOT NO.36, PARVATI NAGAR,
Parvati Nagar S.O, Nagpur,
Maharashtra, 440027



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P.O. Box No. 1947,
Bengaluru-560 001



DATTA MEGHE ACHARYA VINOBA BHAVE MEDICAL HOSPITAL

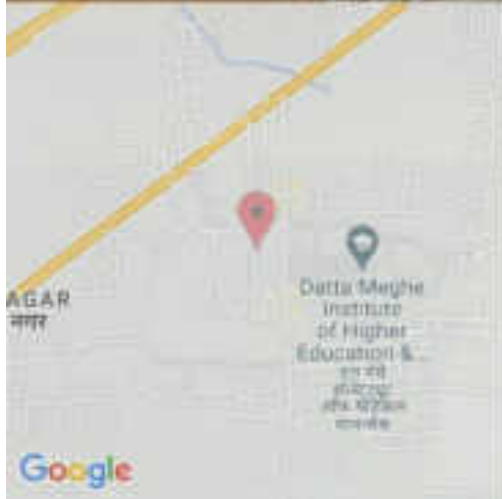
List of Insurance Companies Empanel with AVBRH

GOVERNMENT SCHEMES			
No.	Logo	Name	Address
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CASUALTY TREATMENT AGREEMENTS			
No.	Logo of Insurance Companies	Name of Insurance Companies	Name of Insurance Companies
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FREE POLICY-HEALTH CHECKUP			
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1
2

MAHATMA JYOTI
महात्मा ज्योतिरा
 हेल्पलाइन नंबर १५९
PRADHAN MANTRI
प्रधानमंत्री
 आचार्य विनोबा भावे ग्राम
www.jeevandayee.gov.in
 युनाइटेड इंडिया
UNITED INDIA



PH7F+W85, Sawangi, Wardha, Maharashtra 442001, India

Sawangi
Maharashtra
India

2024-02-24(Sat) 02:03(pm)

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Sl. No.	Logo of Insurance Companies	Name of Insurance Companies	Sl. No.	Logo of Insurance Companies	Name of Insurance Companies
1	digit	DIY DIGIT GENERAL INSURANCE LTD	3	LIBERTY	LIBERTY GIC LTD
2	MAHAKA WBS	MAHAKA HDGIL LTD	4	MANGAL T OIGNE	MANGAL DEVAR MED. LTD
3		KARV GIC LTD	5	USA	USA GIC LTD
4		FUTURE GENERAL INSA INSURANCE CO. LTD	6		KOTYA BIRLA HIC LTD
5		STAR HEALTH AND ALLIED INSURANCE CO. LTD	7		ICICI LOMBARD GIC LTD
6		SAURJ KULIANG GIC LTD	8		CARE HEALTH INSURANCE LIMITED
7		CHOLA MANGLAM HIC GIC LTD	9	RELIANCE	RELIANCE HEALTH INSURANCE
8	EWA	EAST WEST ASSUR INSURANCE TPA PVT LTD	10		HEALTH INSURANCE TPA OF INSA LTD
9	Med Assist	MED ASSIST INSURANCE TPA PVT LTD	11	MediCare	MEDICARE HEALTH INSURANCE TPA LTD
10	REALHEALTH	REAL HEALTH INSURANCE TPA PRIVATE LIMITED	12		HEALTH INSURANCE TPA PVT LTD
11		MD DESA TPA PVT LTD	13		HEALTH INSURANCE TPA PVT LTD
12		HYVIND HEALTH SERVICES & INSURANCE TPA PVT LTD	14		HEALTH INSURANCE TPA PVT LTD
13	ERICSSON	ERICSSON INSURANCE TPA PVT LTD	15		HEALTH INSURANCE TPA PVT LTD
14		UNIQUE HEALTHCARE AND MEDICAL SERVICES	16		HEALTH INSURANCE TPA PVT LTD
15		SPINAI	17		HEALTH INSURANCE TPA PVT LTD
16		CENTRAL POLICY	18		HEALTH INSURANCE TPA PVT LTD
PRE POLICY-HEALTH CHECKUP A					
1		STAR HEALTH AND ALLIED INSURANCE CO. LTD	2		
3		HYVIND HEALTHCARE CONSULTANCY SERVICES PVT LTD	4		
5		HEALTH LEADER INSURANCE	6		
7		ZVA HEALTH			



महा
हेल्प

आचार
www.jeevand



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Sawangi
Maharashtra
India



32°C
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2024-02-24(Sat) 02:04(pm)

1	digit	LIBERTY GIC LTD			
2	MAADRA WSH	MAADRA HOHSL LTD	4	Mangal Oigna	MANPAL OIGNA HCL LTD
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12			14	RELIANCE	RELIANCE HEALTH INSURANCE
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PH7F+W85, Sawangi, Wardha, Maharashtra 442001, India

Sawangi
Maharashtra
India



27°C
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2024-02-24(Sat) 10:36(am)



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Maharashtra
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2024-02-24(Sat) 10:35(am)



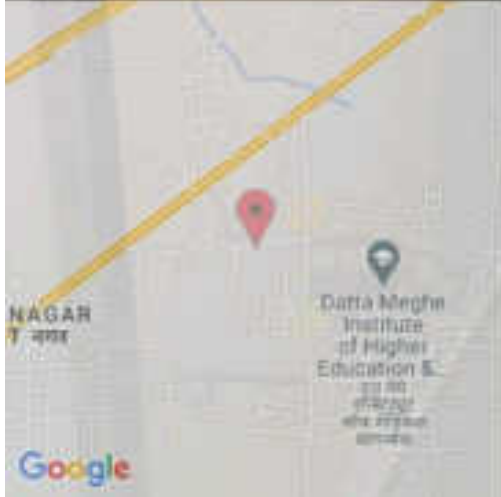
Plot, Sawangi Madgaon Road, Sawangi, Maharashtra 432001, India

Sawangi
Maharashtra
India



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81°F

2024-02-24(Sat) 12:00(pm)



PH5F+B52, Sawangi, Wardha, Maharashtra 442001, India

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Maharashtra
India



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2024-02-24(Sat) 12:03(pm)



PH8F+852, Sawangi, Wardha, Maharashtra 442001, India

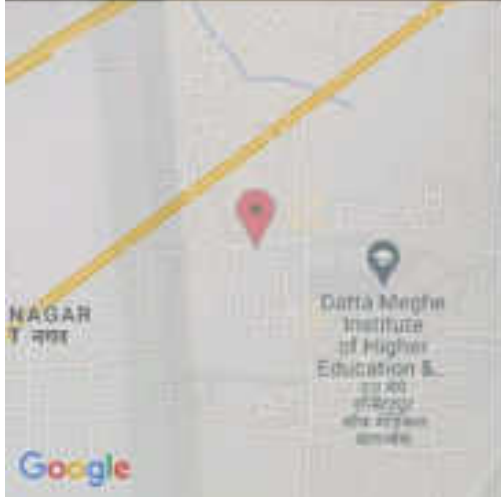
Sawangi
Maharashtra
India



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2024-02-24(Sat) 12:07(pm)



PH8F+852, Sawangi, Wardha, Maharashtra 442001, India

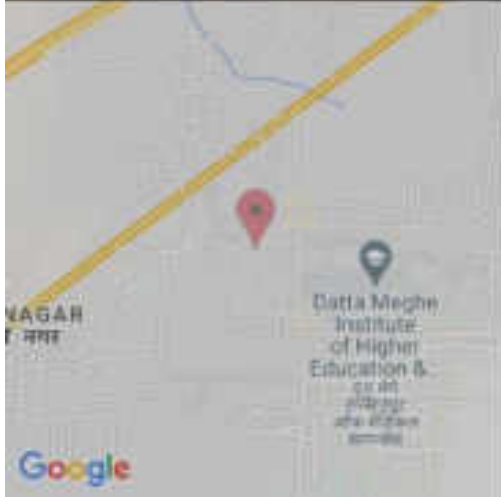
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Maharashtra
India



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PH8F+852, Sawangi, Wardha, Maharashtra 442001, India

Sawangi
Maharashtra
India



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2024-02-24(Sat) 12:07(pm)



PH5F+852, Sawangi, Wardha, Maharashtra 442001, India

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Maharashtra
India

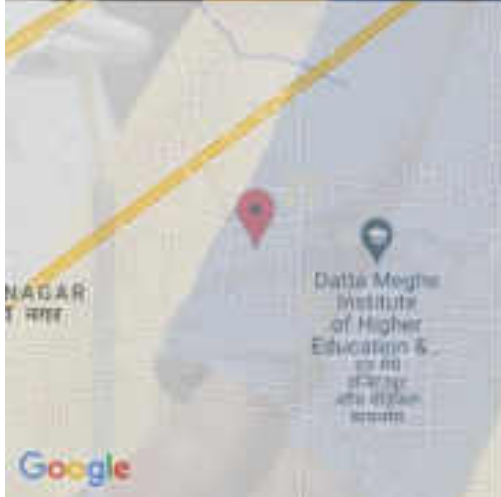


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SPDC/12-13/3483



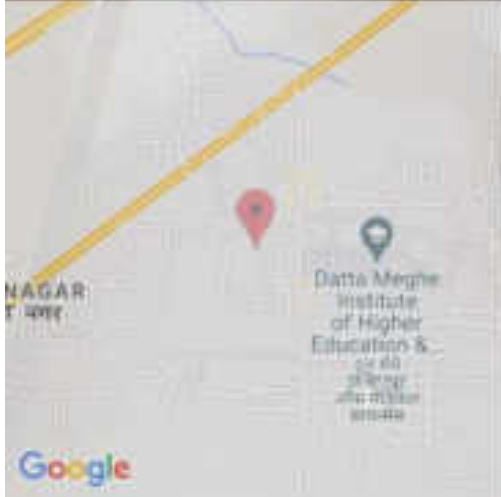
Near Sawangi Meghe Hospital, Sawangi, Maharashtra 422017, India

Sawangi
Maharashtra
India



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81°F

2024-02-24(Sat) 11:37(am)



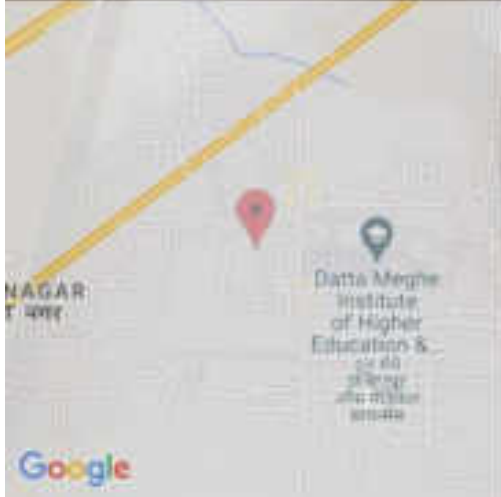
New Sawangi Meghe Hospital, 100th S.C. Phule, Convent, Warananagar, Maharashtra 412017, India

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Maharashtra
India



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2024-02-24(Sat) 11:36(am)



New Sawangi Meghe Hospital, 100th S.C. Phule, Convent, Warananagar, Maharashtra 412017, India

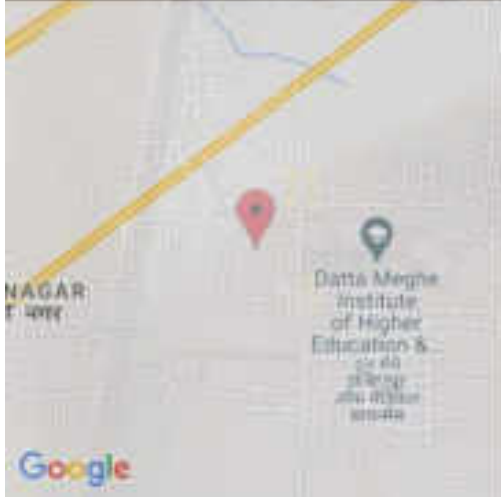
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Maharashtra
India



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New Sawangi Meghe Hospital, Sawangi S.C Phule, Center, Sawangi, Maharashtra 432001, India

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India



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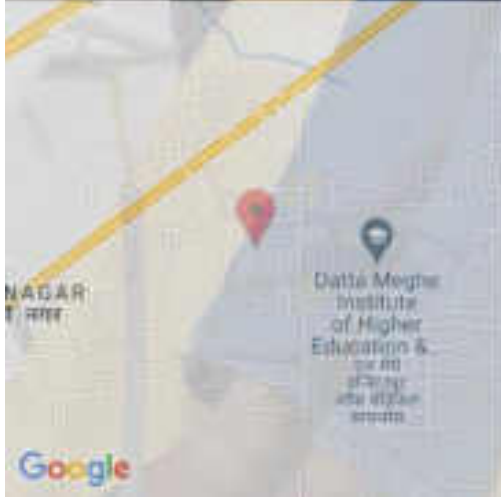
Sawangi
Maharashtra
India



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81°F

2024-02-24(Sat) 12:14(pm)



New Sawangi Meghe Hospital, B-10/11, Phase, Sawangi, Warananagar, Maharashtra 432001, India

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Google



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Maharashtra
India



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2024-02-24(Sat) 12:13(pm)



Near Sawangi Meghe Hospital, beside A.G.House, Sawangi, Wardha, Maharashtra 442001, India

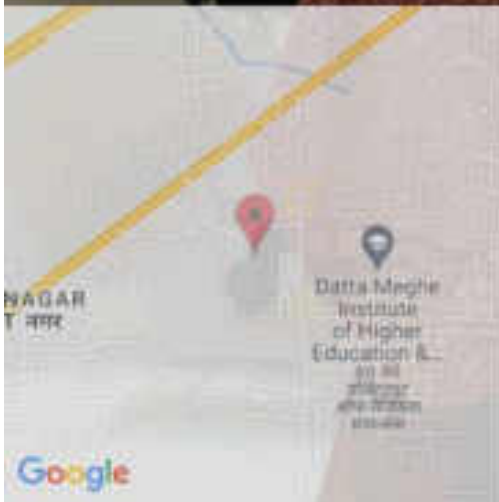
Sawangi
Maharashtra
India

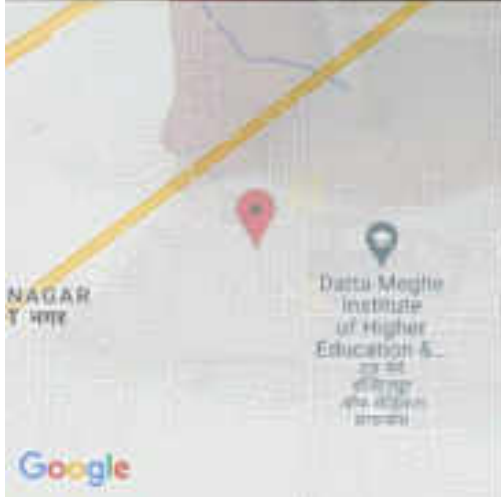
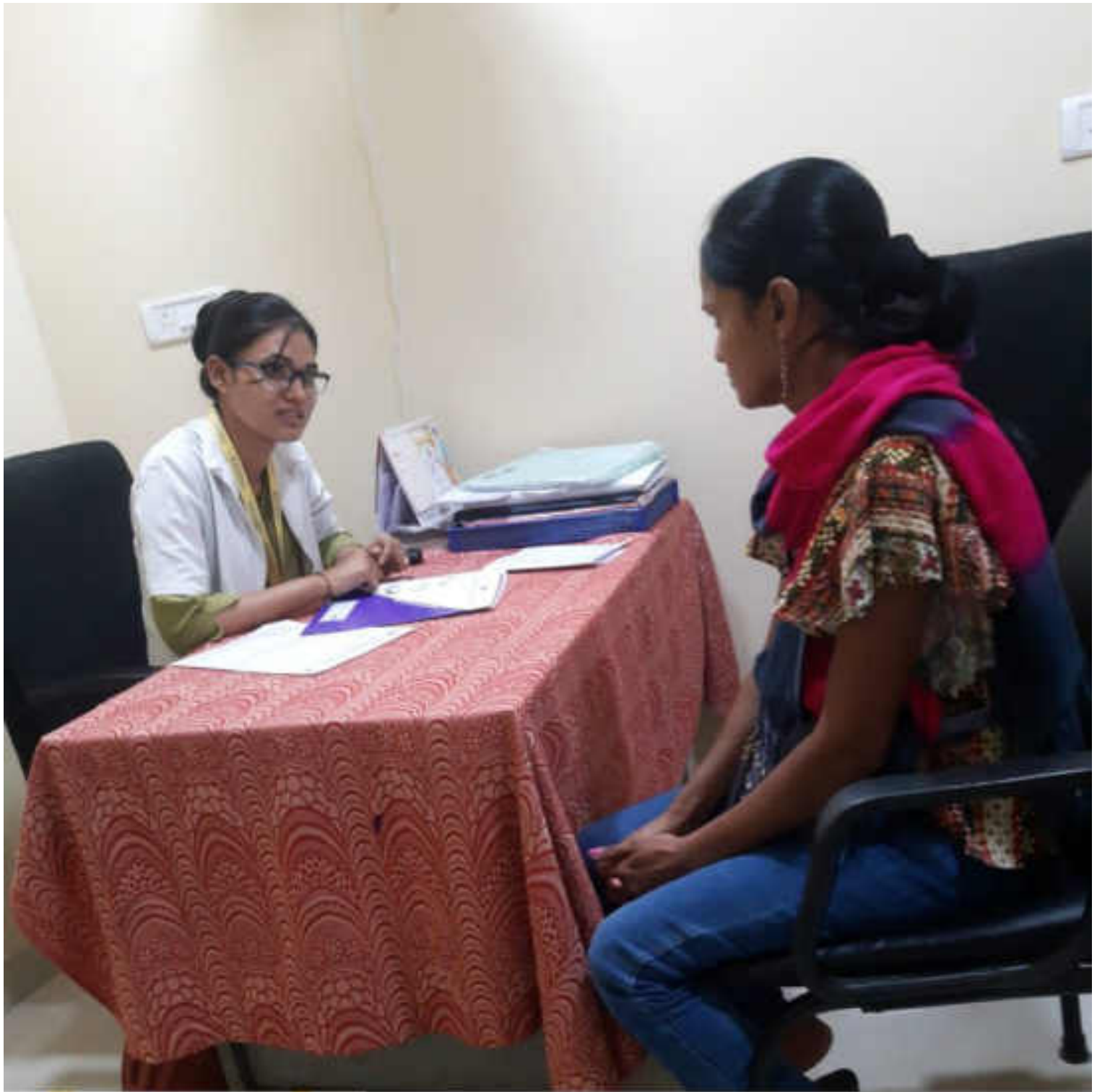


27°C

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2024-02-24(Sat) 11:16(am)





New Sawangi Meghe Hospital, South A.C Phule, Sawangi, Warananagar, Maharashtra 432001, India

Sawangi
Maharashtra
India



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2024-02-24(Sat) 11:17(am)



PH8F+852, Sawangi, Wardha, Maharashtra 442001, India

Sawangi
Maharashtra
India



27°C

81°F

2024-02-24(Sat) 12:26(pm)



PH8F+852, Sawangi, Wardha, Maharashtra 442001, India

Sawangi
Maharashtra
India



27°C

81°F

2024-02-24(Sat) 12:26(pm)



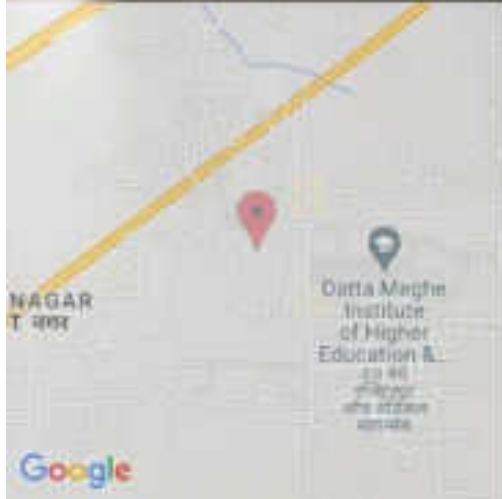
From Sawangi Med's Hospital, Datta Meghe & C. P. Road, Sawangi, Warananagar, Maharashtra 432001, India

Sawangi
Maharashtra
India



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81°F

2024-02-24(Sat) 11:11(am)



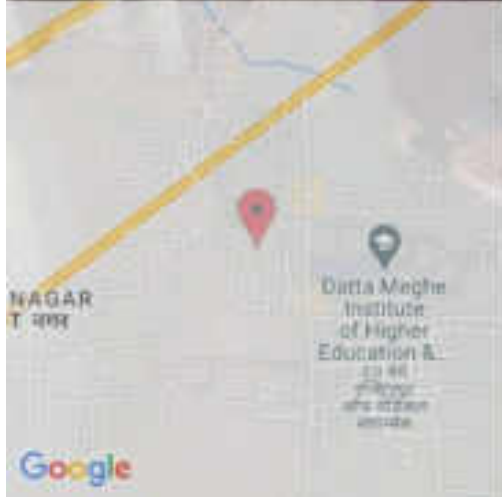
New Sawangi Meghe Hospital, 100th S.C.Phase, Sawangi, Warananagar, Maharashtra 432007, India

Sawangi
Maharashtra
India



27°C
81°F

2024-02-24(Sat) 10:45(am)



New Sawangi Meghe Hospital, 140/15 S.C. Chowk, Sawangi, Warananagar, Maharashtra 412207, India

Sawangi
Maharashtra
India



27°C
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2024-02-24(Sat) 10:46(am)



View Sawangi Height (103116), Location & Climate, Sawangi, Wardha, Maharashtra (431001), India

Sawangi
Maharashtra
India



32°C
90°F

2024-02-24(Sat) 02:12(pm)



DATTA MEGHE
INSTITUTE OF HIGHER
EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY)
LEARN LEAD

ACHARYA
VINOBA BHAVE
RURAL HOSPITAL
(A constituent unit of DMIHER Hospitals)
NAAC grade A++

2D ECHO REPORT ADULT

Name:- Rajashree Shendre	Age/Sex – 39 Yr/Male	Date – 24.02.2024
Unit - 1	Receipt No. – 202403: 730	OPD NO.:- 2402240484

M. Mode

LVIDD – 42	LA – 20
LVIDS – 36	AORTIC ANNULUS – 15
IVS – 14	STJ –
PW – 13	ASCENDING AORTA -
EF – 60%	RE –
ESV –	RA –
EDV –	

CHAMBERS – Geometry and Function

LV - Mild Concentric LVH.

IW -

PW -

IVS - NO RWMA

AW/APEX -

LW -

DISTOLIC FUNCTION AND DOPPLER DATA

E – 0.5 cm/s	A – 0.6 cm/s	e' - 10.5 cm/s	A' - 9.4 cm/s
DT - 250 m/s	S' - 11.4 cm/s	E/e' - 7.1 m Sec	TAPSV - 8.1 cms

Pulmonary vein- Normal	Hepatic vein- Normal
------------------------	----------------------

Diastolic Function – Grade I Diastolic dysfunction

PERICARDIUM – Normal

IVC – Normal

Ventricular ectopics noted during study

VALVES-

	Thickness	Area	Regurgitation	Velocity/Gradient
Mitral	Normal	Normal	Normal	Normal
Aortic	Normal	Normal	Normal	Normal
Pulmonary	Normal	Normal	Normal	Normal
Tricuspoid	Normal	Normal	Normal	Normal

Mitral Valve Score: **M = 1** **T = 1** **S = 1** **C = 1**

Grade 1 Diastolic Dysfunction.

Conclusion -

- Mild Concentric LUH
- No RWMA
- Good biventricular systolic Function
- Values are Normal
- LVEF = 60 %
- IVC normal & Collapsing with respiration
- No IE/PE
- No Clot / Vegetation

Impression: -

Normal Echo Study

Advice:-


MD, DM (Cardiology)
Dr. Sajendra Agrawal
Professor & HOD
Interventional Cardiologist
AVBRH, SAWANGI MEGHE
No. 2004/21









Col 1.01 Protocol

Adult Echo - Dimensions

Application:

Dimensions
EF & Volume
Determination

Measurements

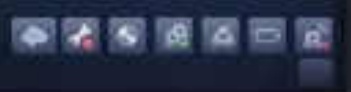
- LADT Diam
- AoT Diam
- Ao Asc Diam
- LA Diam
- RADT
- DDA
- LVIDd
- LVPWd
- LVIDs
- RADT Diam

Calculations

- Ao Asc Diam Ratio
- LVID Area
- LVPW Area
- LVID:DDA
- Ao Desc Flow Ratio



Empty panel area on the right side of the interface.



Tab 120 Present

Adult Echo - Dimensions

Applications

- Dimensions
- Volume
- EF & Volume
- Values
- Information

Measurements

- LVID
- RVID
- LA Area
- LA Diam
- RVOL
- RVOL
- LVID
- LVID
- LVID
- LVID
- RAVE Diam

Calculations

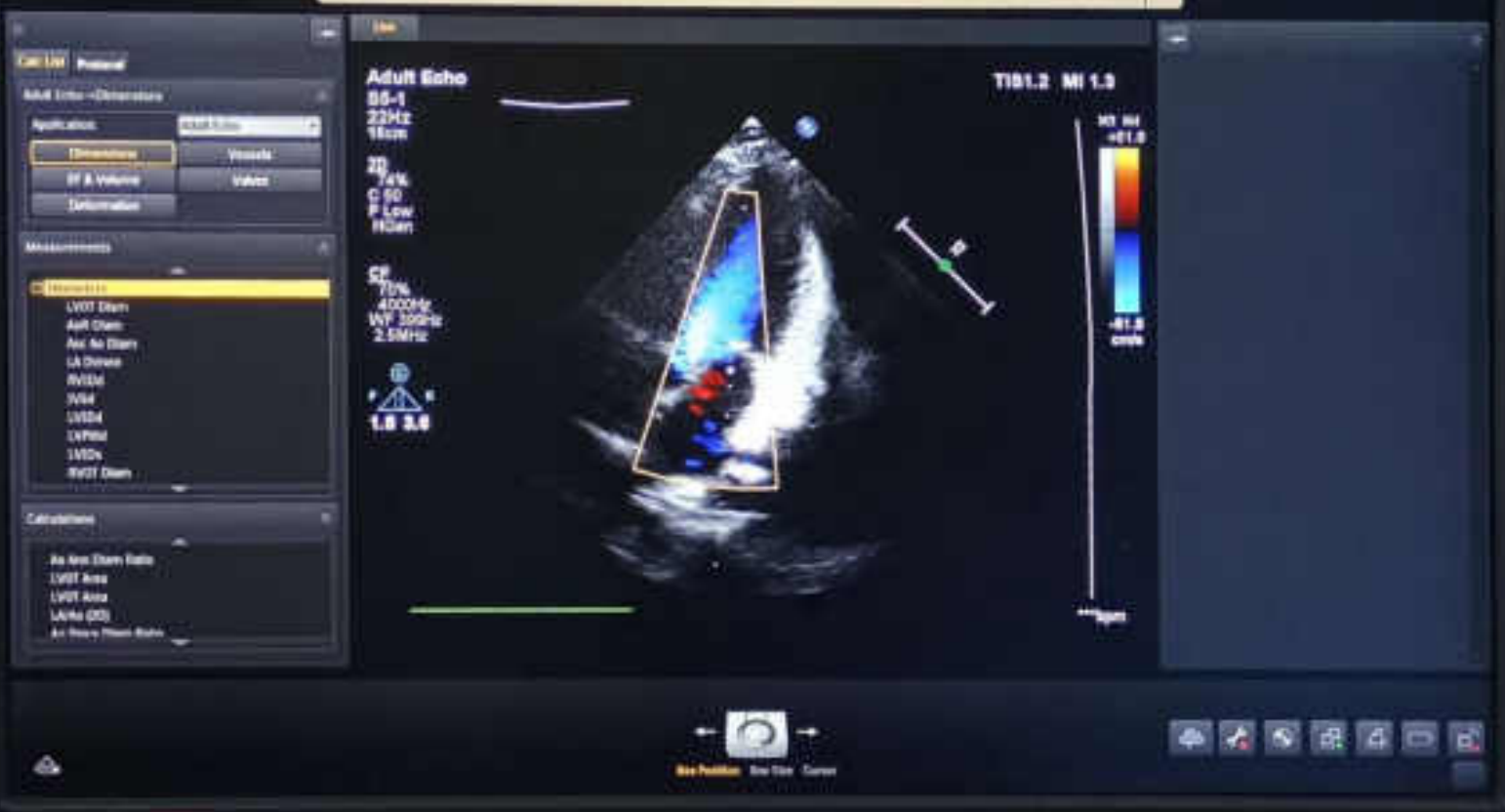
- LA Area (Diam Ratio)
- LVID Area
- LVID Area
- LVID (3D)
- LA Area (Plan View)







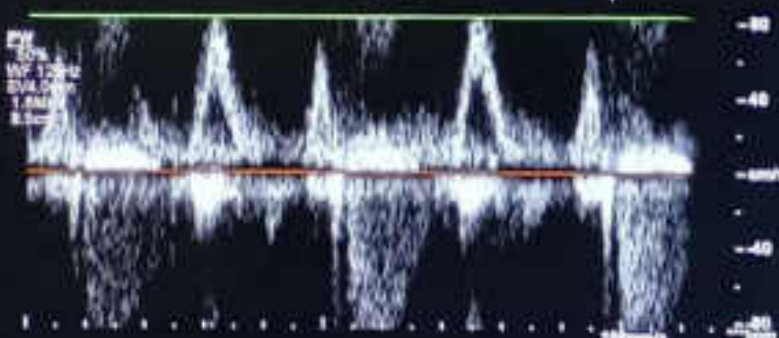




Adult Echo

T150.8 MI 0.6

SS-1
49Hz
18cm
2D
79%
C 10
P Low
H Det



PW
79%
WT 120Hz
DVA 0.5cm
1.2cm
8.5cm

Ctrl List: Protocol

Adult Echo - Adult Valve

Application: Adult Echo

Adult Valve | Adult Valve

Transcath Valve | Pediatric Valve

Adult & Imp Valve | ICE

Measurements

- AV Max
- AV VTI
- AV Area
- AV End Dia Vel
- LVDV Vmax
- LVDV VTI
- AV Pst
- Deep Ao Vmax
- VSD Vmax
- IVCT

Calculations

- AVV (Vmax)
- AVV (VTI)
- AVV(300A - EV, VTI)
- AVV(300 - EV, VTI)
- AVV(700A)





USG ABDOMEN AND PELVIS

Name Rajashree shendre Age 39 Sex f
 RAF BY med Date: 24/2/24
 OPD / IPD Reg. No. _____ Indication / Clinical _____

~~LIVER~~ : Normal in size 13.7 cm, shape and Echotexture, No focal lesion noted.

~~IHBR~~ : not dilated, portal vein, CBD not dilated, Normal in course and caliber.

~~GB~~ : Appears normal distended / collapsed, ~~No calculus noted.~~ Wall thickness appears normal.
multiple hyperechoic calwls noted of size 1.4 x 1.2 cm.

~~PANCREASE~~ : Normal in size, shape and Echotexture. *Head of normal rest obscured by bowel gas.*

~~SPLEEN~~ : Normal in size 12.5 cm, shape and Echotexture.

~~RENALS:~~ *splenomegaly.*

~~RIGHT Kidney~~ : 8.7 x 3.2 cm

~~Left Kidney~~ : 9.8 x 4.2 cm.

Both kidneys, Normal in size shape and Echotexture, with CMD maintained No focal lesion noted
 No hydronephrosis or calculus seen

partially distended.

~~URINARY BLADDER~~ : ~~APPEARS~~ normal wall thickness is also normal. No focal lesion noted

No obvious mass lesion noted in the pelvis.

No Ascites seen

Uterus:

Endometrial Thickness:

Right ovary

Left ovary

Peritoneal cavity : No free fluid noted

Not commented due to partially distended bladder.

Signature -
 Dr. Nimra Bhosari
 Reg. No 10774
 Resident, Dept. of Radiology
 Dr. Rajesh Jais
 Dr. Koushik Jais

IMPRESSION :- NO OBVIOUS ABNORMALITY NOTED IN PRESENT SCAN

*- cholelithiasis
 - splenomegaly*

Sign : Consultant Radiologist

HITACHI AVBRH, SAWANGI(MEGHE)
ALOKA

RAJASHREE

24-02-24
13:23:42

AP:100% 21.FPS

55/56.
HdT-4.9Rx
R:16.0
BG:63
BD:75



Page [^ v]
Study 24-02-24-1
Layout 8 x 1 [v] [Reload]

DIST: cm
ABDOMEN GEN Probe: C251
Mark start point.

HITACHI AVBRH, SAWANGI(MEGHE)
ALOKA

RAJASHREE

24-02-24
13:23:42

AP:100% 21 FPS

55/56
HdT-4.9Rx
R:16.0
BG:63
BD:75



Page
Study 3400 24 - 1
Layout 4 x 1 Retired

1Dist: 8.7cm 2Dist: cm
ABDOMEN GEN Probe: C251
Mark start point.

HITACHI AVBRH, SAWANGI(MEGHE)
ALOKA

RAJASHREE

24-02-24
13:23:55

AP:100% 21 FPS

127/128
HdT-4.9Rx
R:16.0
BG:63
BD:75



1.4cm 1.4cm

ABDOMEN GEN Probe:C251
Mark start point.

Page
Study 240224-1
Layout 4x1 Reload

Print failed

OK

HOLD



24-02-24
13:23:59

HITACHI AVBRH, SAWANGI(MEGHE)
ALOKA

RAJASHREE

24-02-24
13:24:14

MJ 1.2 TIS<0.4 AP:100% 21 FPS

HdT-4.9Rx
R:16.0
BG:63
BD:75



Page



Study 24-02-24-1

ABDOMEN GEN

Probe:C251

Layout 4 x 1

Retired

Print failed

OK

100%



24-02-24
13:24:14

HITACHI AVBRH, SAWANGI(MEGHE)
ALOKA

RAJASHREE

24-02-24
13:24:47

AP:100% 21 FPS

844/945
HdT-4.9Rx
R:16.0
BG:63
BD:75



Page
Study 24-02-24-1
Layout 4 x 1

Dist: 8.0cm
ABDOMEN GEN Probe:C251
Mark and point.

HITACHI AVBRH, SAWANGI(MEGHE)
ALOKA

RAJASHREE

24-02-24
13:24:54

M: 1.2 TIS: 0.4 AP: 100% 21 FPS

HdT: 4.9Rx
R: 16.0
BG: 63
BD: 75



Page
Study: 24-02-24-1
Layout: 8 x 1

ABDOMEN GEN Probe: C251

HITACHI AVBRH, SAWANGI(MEGHE)
ALOKA

RAJASHREE

24-02-24
13:24:58

AP: 100% 21 FPS

131/132
HdT-4.9Rx
R:16.0
BG:63
BD:75



Page ^ v
Study 24-02-24-1
Layout 4 x 1 Reload

Dist: 9.8cm Dist: cm
ABDOMEN GEN Probe:C251
Mark start point.

Print failed OK H00 24-02-24 13:25:03

PATIENT: AVBRH, SAWANGI (MEGHE)

RAJASHREE

DATE: 28
TIME: 10:34:58

AP: 20 FPS

101/132
100T-4.9Hz
R: 16.0
BG: 63
BD: 75



1Dist: 9.8cm 1Dist: 4.2cm
ABDOMEN GEN Probe: C251
(Mark and point)

Page
Step: 200000-0
Step: Start Stop

Freeze/Unfreeze
OK
1/10 28/08/24 10:35:00



Datta Meghe Institute of Higher Education & Research (Deemed to be University) NAAC Grade A++

ACHARYA VINOBA BHAVE RURAL HOSPITAL

Transforming Lives Through Well Being



A Teaching Hospital of Jawaharlal Nehru Medical College, Sawangi (Meghe), WARDHA-442 004

Ph. : 07152-267701 - 06, 304000 Ext. 342 Visit us at : www.avbrhsawangimeghe.com Email : info@avbrhsawangimeghe.com

DEPT. OF I RADIODIGNOSIS

Patient Name	RAJASHREE SHENDRE 39YR			Age & Sex	&F
Patient UHID		Patient ID	2402240484	Study Date	24-Feb-2024
Patient Type	Modality	DX	Report Date & Time	24-Feb-2024 19:32:58	
Consulting Dr.			Referred By		
Study Name	ChestErect PA				

Radiogram of Chest(MID EXPIRATORY FILM)

- Lung fields do not show any parenchymal abnormality.
- Hila appear normal. No adenopathy noted.
- Cardiac silhouette appears normal.
- Diaphragmatic outline and bilateral costophrenic angles are clear.
- The visualised soft tissues are normal.
- Bony cage is normal.

Impression: No obvious pleuroparenchymal abnormality.

KINDLY CORRELATE CLINICALLY

Dr. K. R. Singhania

Registration No: 49999

Sr. Resident, Dept. Of Radio-diagnosis, A. V. B. R. H., Sawangi, Wardha

Date: 24-Feb-2024 19:32:58

RAJASHREE SHENDRE 38YR
24-Feb-2024
Se 1/1
Im 1/1

Acharya Jyoti Bhanu Rural Hospital, Sawangi (Meghe) Wardha
W-4095 L-2048



ChestExam PA
Exam PA
MED
14:00:49



Datta Meghe Institute of Higher education & research (Deemed to be University)
ACHARYA VINOBA BHAVE RURAL HOSPITAL



DMIHER

OPD No: 2402240484 UHID: 2400069892 Re. Date: 24/02/2024
 Name: MRS. RAJASHREE PRABHAKAR SHENDRE

ngl (Meghe), WARDHA-442 004

Age: 39 Yrs 0 Mon 0 Days Sex: F Ph: 7276380968
 Aadhar No:
 Address: WARDHA TANE WADI
 Village: WARDHA Taluka: WARDHA



District: WARDHA
 Unit: 8

260484 Date of Visit: 24/02/24

Patient History:

- Chief Complaint: Pain over lower right back region of jaw since 1 week.
- H/O present illness:

Co morbid Conditions : - Hypertension / Diabetes / TB / Bronchial Asthma / Stroke / Any other -

Duration: NAD

Significant Past History:

General Examination: -

Pulse	BP	RR	Pallor	icterus
cyanosis	Clubbing	Oedema		

Nutritional Assessment: - Height Weight BMI BSA

Type of diet required: - Normal Routine / Diabetic Diet / Renal Diet / Salt Restricted Diet / High Protein Diet / Hepatic Diet / Non Rich Food / Liquid Die

Local Examination

Oral cavity teeth 46,47. Strains - +
 Gingival recession - Calculus +
 (Anterior)
 Marginal Gingivitis 33-43

Systemic Examination: -


Respiratory System:
 Cardiovascular System:
 Central Nervous System:
 Abdominal Examination:
 Gynaecological Examination:

} NAD

Investigations Advised: -

OPG.

Pain Assessment:

Date & Time	Pain Assessment Tool	Visual Analogue Scale	Pain score Pain Alleviation Measures Advised
			

Prescriptions: -

Write in CAPITAL ONLY and transcribe the same on online

Rx
TAB ZERODOL SPAD X 1 DAY
LILORLYVMA TDS.

Care plan: Palliative / Curative / Rehabilitative

Next Follow-up Date: -

Advice on IPD Admission: -

Sign of Resident

Dr. Akash Doshi
Reg.No. A - 45500

Sign of Consultant



In case of emergency, you may come to hospital at any time in Emergency Medicine Department. 24 X 7

OPD is open from 09:00am to 04:00pm: - Monday to Friday & upto 01:00pm on Saturday

You may contact the Hospital Number: - 07152 - 287701 to 287706

SHENDRE, RAJASHREE
ID: 2402240484

24.02.2024 11:52:46

64 bpm
- / - mmHg

Hospital Name: Acharya Vinoba Bhave
Place: Wardha

OPD 2402240484
Date 24/2/24

Age: 39 Years Sex: Female

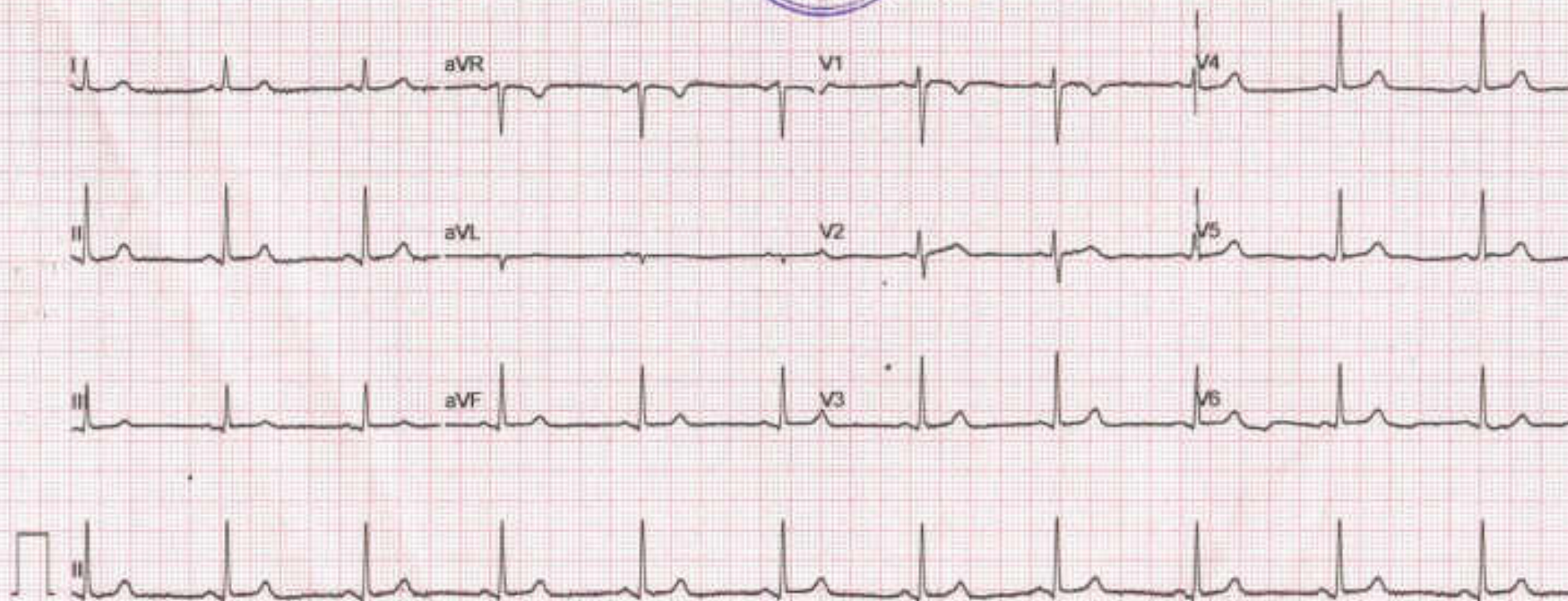
Rajashree
H. S. 100

QRS: 72 ms
QT / QTc Baz: 370 / 381 ms
PR: 118 ms
P: 98 ms
RR / PP: 930 / 937 ms
P / QRS / T: 56 / 65 / 52 degrees

Normal sinus rhythm
Normal ECG




Dr. Anil Verma
MBBS, MD (Medicine)
Reg. No. MCI 09 / 34884
Acharya Vinoba Bhave Rural Hospital
Sawangi (Mnget), WARDHA





Test Report

2402240484004 	Patient's Name :	RAJASHREE PRABHAKAR SHENDRE	SID : 2402240484004
	Address :	WARDHA SANE WADI	OPD No : 2402240484
	Contact No :	7276386965	UHID : 2400089892
	Age :	39 Gender : F	Collected On :24/02/2024 10:28:06 AM
	Referred By :	MED Sample Type : SERUM,EDTA Blood,Plasma	Received in Lab On :24/02/2024 10:56:59 AM
			Reported On :24/02/2024 12:47:06 PM

BIOCHEMISTRY REPORT

Investigation	Observed Value	Unit	Biological Reference Range	Method
KFT-Ser.Creatinine,Urea,BUN,Na⁺,K⁺				
Urea	17	mg/dl	Male -19 -43 mg/dl , Female - 15 -36 mg/dl	Urease with indicator dye
Creatinine	0.5	mg/dl	Male - 0.66 - 1.25 mg/dl , Female - 0.52 - 1.04 mg/dl	Enzymatic creatinine amidohydrolase,
Sodium (Na ⁺)	143	mmol/L	137 - 145 mmol/L	Direct ion selective electrode
Potassium (k ⁺)	4.4	mmol/L	3.5 - 5.1 mmol/L	Direct ion selective electrode
Lipid profile - HDL,LDL,Triglycerides,Cholesterol				
Total Cholesterol	166	mg/dl	Desirable - <200mg/dl , Borderline - 200-239 mg/dl , High - > 240mg/dl	Enzymatic CHE/CHOD/POD method.
Triglycerides	67	mg/dl	Normal - <150mg/dl , Borderline - 150-199 mg/dl , High - 200-499 mg/dl	Enzymatic (lipase/GK/GPO/POD) without correction of free glycerol
dHDL	57	mg/dl	Low - < 40.0 mg/dl , High - >60.0 mg/dl	Phosphotungstic acid/ Mgcl2 Enzymatic method
LDL	96	mg/dl	100-159mg/dl	Calculated
VLDL	13	mg/dl	0-40mg/dl	Calculated

Note: The result relate only to the specimens tested and should be correlated with clinical findings.

- These tests done on fully automated analyzer Vitros 5600
- Value mentioned in Bold are beyond Biological reference range
- Value mentioned in Italic & Bold are critical values

— End of Report —



Obaid
Dr. Obaid Noman Jabal Akhtar
 MBBCh, M.D. (Pathology)
 Reg. No. 2013021570/21.05.13
 Acharya Vinoba Bhave Rural Hospital

Agg
Dr. Meghali Kapte
 M.B.B.S. (Biochemistry)
 Reviewed and Approved by
 Reg. No. 2004/01/207
 PROFESSOR
 Dept. of Biochemistry
 Date: - - - - -

HELPLINE NO : 07152-287701 - 06,Ext-342


Email: dattatraydiagnosticlab@gmail.com

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Disclaimer : 1) Please note that laboratory results serve as an aid to diagnosis and should be interpreted in relation to clinical findings. Please refer back to the laboratory if there is any discrepancy between clinical and laboratory diagnosis. 2) (i) Part of this test report can't be produced without written approval of lab (ii) The report pertains to submitted samples only.



Test Report

2402240484011 	Patient's Name :	RAJASHREE PRABHAKAR SHENDRE	SID : 2402240484011
	Address :	WARDHA SANE WADI	OPD No : 2402240484
	Contact No :	7276386965	UHD : 2400089892
	Age :	39 Gender : F	Collected On : 24/02/2024 10:28:05 AM
	Referred By :	MED Sample Type : SERUM	Received in Lab On : 24/02/2024 10:56:39 AM
			Reported On : 24/02/2024 12:47:06 PM

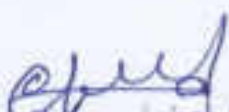
BIOCHEMISTRY REPORT

Investigation	Observed Value	Unit	Biological Reference Range	Method
T3				
T3	1.36	ng/ml	0.970 - 1.69 ng/ml	Enhanced Chemiluminescence
T4				
T4	11.7	µg/dl	5.53 - 11.0 µg/dl	Enhanced Chemiluminescence
TSH				
TSH	4.83	µIU/ML	0.465 - 4.68 µIU/ML	Enhanced Chemiluminescence

Note: The result relate only to the specimens tested and should be correlated with clinical findings.

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- Value mentioned in Bold are beyond Biological reference range
- Value mentioned in Italic & Bold are critical values

————— End of Report —————


Dr. Obaid Noman Ishaq Akhtar
 MBBS, MD (Psychology)
 Reg. No. 2013-05-1678/21.05.13
 Acharya Vinoba Bhave Rural Hospital,
 Sawangi (Meghe), WARDHA


Dr. Meghali Kapli
 M.D. (Biochemistry) and Approved by
 Reg. No. 2004/01/207
 PROFESSOR
 Dept. of Biochemistry
 Date : -----
 Time : ----- Final

HELPLINE NO : 07152-287701 - 06, Ext-342

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Test Report

2402240484004 	Patient's Name :	RAJASHREE PRABHAKAR SHENDRE	SID : 2402240484004
	Address :	WARDHA SANE WADI	OPD No : 2402240484
	Contact No :	7276386965	UHID : 2400089892
	Age :	39 Gender : F	Collected On : 24/02/2024 10:28:04 AM
	Referred By :	MED Sample Type : SERUM	Received in Lab On : 24/02/2024 10:56:59 AM
			Reported On : 24/02/2024 12:47:06 PM

BIOCHEMISTRY REPORT

Investigation	Observed Value	Unit	Biological Reference Range	Method
GGT (Gamma Glutamyl Transferase)				
GGT (Gamma Glutamyl Transferase)	21	U/L	Male - 15-73 U/L, Female - 12-43 U/L	L-gamma-glutamyl-4-nitroanilide/γ-cycliglycine kinetic method

Note: The result relate only to the specimens tested and should be correlated with clinical findings.

- These tests done on fully automated analyzer Vitros 5600
- Value mentioned in Bold are beyond Biological reference range
- Value mentioned in *Italic & Bold* are critical values

————— End of Report —————



(Signature)
Dr. Ghanshri Noman Jaisal Akhtar
 MBBS, MD (Pathology)
 Reg. No. 20131051078/21.05.13
 Acharya Vinoba Bhave Rural Hospital
 Sawangi (Meghe), Wardha-442004

(Signature)
Dr. Meghali Kapte
 MBBS, MD (Biochemistry)
 Reviewed and Approved by
 Reg. No. 2004/01/207
 PROFESSOR
 Dept. of Biochemistry
 Date :- -----

HELPLINE NO : 07152-287701 - 06, Ext-342


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Test Report

2402240484001 	Patient's Name :	RAJASHREE PRABHAKAR SHENDRE	SID : 2402240484001
	Address :	WARDHA SANE WADI	OPD No : 2402240484
	Contact No :	7276386965	UHID : 2400089892
	Age :	39 Gender : F	Collected On :24/02/2024 10:28:03 AM
	Referred By :	MED Sample Type : EDTA bulb	Received in Lab On :24/02/2024 10:56:48 AM
			Reported On :24/02/2024 11:14:46 AM

PATHOLOGY REPORT

Investigation	Observed Value	Unit	Biological Reference Range	Method
CBC Investigations on Cell counter with PS				
Hb%	12.5	gm%	Male : 13 - 17 gm%, Female: 12-15 gm % Paediatrics 11-14 gm%	PHOTOMETRIC MEASUREMENT
MCV	110.5	fL	Male : 83-101 fL, Female : 83-101 fL, Pediatrics : 75-87 fL	RBC HISTOGRAM
MCH	37.3	Pico-gm	Male : 27-32 Picogm, Female : 27-32 Picogm, Pediatrics : 24-30 Picogm	(Hb/RBC) X 10
MCHC	33.8	%	Male : 31.5-34.5%, Female : 31.5-34.5%, Pediatrics : 31-37%	(Hb/HCT) X 100
Total RBC Count	3.34	millions/cu.mm	Male : 4.5-5.5 millions/cu.mm, Female : 3.8-4.8 millions/cu.mm, Pediatrics : 4-5.2 millions/cu.mm	COULTER PRINCIPLE
RDW	13.9	%	Male : 11.6-14%, Female : 11.6-14%	RBC HISTOGRAM
HCT	37	%	Male : 40-50%, Female : 36-46%, Pediatrics : 34-40%	RBC X MCV/ 10
Total WBC Count	3900	/cu.mm	Male : 4000-10000 cu.mm, Female : 4000-10000 cu.mm, Pediatrics : 5000-15000 cu.mm	COULTER PRINCIPLE
Monocytes	04	%	Male : 2-10%, Female : 2-10%, Pediatrics : 2-10%	COULTER VCS TECHNOLOGY
Granulocytes	55	%	Male : 40-80%, Female : 40-80%, Pediatrics : 15-80%	COULTER VCS TECHNOLOGY
Lymphocytes	40	%	Male : 20-40%, Female : 20-40%, Pediatrics : 60-90%	COULTER VCS TECHNOLOGY
Eosinophils	01	%	Male : 1-6%, Female : 1-6%, Pediatrics : 1-10%	COULTER VCS TECHNOLOGY
Basophils	00	%	Male < 1-2%, Female < 1-2%	COULTER VCS TECHNOLOGY
Total Platelet Count	0.98	Lacs/cu.mm	Male : 1.50-4.10Lacs/cu.mm, Female : 1.50-4.10Lacs/cu.mm, Pediatrics : 2-4.9Lacs/cu.mm	COULTER PRINCIPLE
Peripheral Smear	RBCs - Macrocytic RBCs WBC - Reduced on smear. Platelets - Reduced on smear. APC- 98,000 cells/mm ³ as per cell counter. No haemoparasite seen.			

Note: The result relate only to the specimens tested and should be correlated with clinical findings.

- These tests done on Beckman Coulter Unicel DXTI 800
- Value mentioned in Bold are beyond Biological reference range
- Value mentioned in Italic & Bold are critical values

End of Report



Tacted By
(VAISHALI)

Obaid
 Dr. Obaid Noman Iqbal Akhtar
 MBBS, MD (Pathology)
 Reg. No. 2013012021.05.13
 Acharya Vinoba Bhave Rural Hospital
 Sawangi (Meghe), WARDHA

Dr. Lokesh Singh Chauhan
 MBBS, MD (Pathology)
 Reviewed and Approved by
 Reg. No. 122260
 Assistant Professor
 CGY

HELPLINE NO : 07152-287701 - 06, Ext-342


Email: dattatrayadiagnostictab@gmail.com

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Test Report

2402240484002 	Patient's Name :	RAJASHREE PRABHAKAR SHENDRE	SID : 2402240484002
	Address :	WARDHA SANE WADI	OPD No : 2402240484
	Contact No :	7276386965	UHID : 2400089892
	Age :	39 Gender : F	Collected On :24/02/2024 10:28:03 AM
	Referred By :	MED Sample Type : EDTA bulb	Received in Lab On :24/02/2024 12:46:00 PM
			Reported On :24/02/2024 12:46:01 PM

PATHOLOGY REPORT

Investigation	Observed Value	Unit	Biological Reference Range	Method
E.S.R.				
ESR	06	mm/1st hr.	M(1-10)F(3-15) mm/1st hr.	WESTERGREEN METHOD

Note: The result relate only to the specimens tested and should be correlated with clinical findings.

- These tests done on Beckman Coulter Unicel DXH 800
- Value mentioned in Bold are beyond Biological reference range
- Value mentioned in Italic & Bold are critical values

————— End of Report —————



Tested By

Obaid
Dr. Obaid Noman Khal Akhtar
 MBBS, MD (Pathology)
 Reg. No. 2013/05/020 (21.05.13)
 Acharya Vinoba Bhave Rural Hospital,
 Sawangi (Meghe), WARDHA

Lokesh Singh Chauhan
Dr. Lokesh Singh Chauhan
 MBBS (MD) & MCh (Pathology)
 Reg. No. 122260
 Assistant Professor

HELPLINE NO : 07152-287701 - 06,Ext-342


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Test Report

2402240484003 	Patient's Name :	RAJASHREE PRABHAKAR SHENDRE	SID :	2402240484003
	Address :	WARDHA SANE WADI	OPD No :	2402240484
	Contact No :	7276386965	UHID :	2400089892
	Age :	39 Gender : F	Collected On :	24/02/2024 10:28:06 AM
	Referred By :	MED Sample Type : URINE	Received in Lab On :	24/02/2024 12:21:36 PM
			Reported On :	24/02/2024 12:21:37 PM

PATHOLOGY REPORT

Investigation	Observed Value	Unit	Biological Reference Range	Method
Urine Exam-(Routine)				
Colour	P.YELLOW			URISTIX
Appearance	CLEAR			URISTIX
Urine Albumin	NIL			URISTIX
Urine Sugar	NIL			URISTIX
Ketone Bodies	-			URISTIX
Bilirubin	-			MICROSCOPY
Urobilinogen	-			URISTIX
pH	-			URISTIX
SP.Gravity	-			URISTIX
Blood	-			URISTIX
Other(Urine Chemical Examination)				
Epithelial cell	5-6 CELLS/HPF			
Pos Cells	1-2 CELLS/HPF			
RBC	NIL			MICROSCOPY
Crystals	ABSENT			MICROSCOPY
Bacteria	-			MICROSCOPY
Other(Urine Microscopic Examination)				
	-			MICROSCOPY

Note: The result relate only to the specimens tested and should be correlated with clinical findings.

- These tests done on Beckman Coulter Unicel DXH 800
- Value mentioned in Bold are beyond Biological reference range
- Value mentioned in Italic & Bold are critical values

————— End of Report —————



Tested By

Obaid
Dr. Obaid Noman Jabal Akhtar
 MBBS, MD (Pathology)
 Reg. No. 201305 16/01/21.05.13
 Acharya Vinoba Bhave Rural Hospital,
 Wardha, WARDHA

Lakesh
Dr. Lakesh Singh Chauhan
 MBBS, MD (Pathology)
 Reviewed and Approved by
 Reg. No. 122260
 Assistant Professor
 Dept. of Pathology - CGY


HELPLINE NO : 07152-287701 - 06, Ext-342

Email: dattatrayadignosticlab@gmail.com

www.avbrhsawangimeghe.com

Disclaimer : 1) Please note that laboratory results serve as an aid to diagnosis and should be interpreted in relation to clinical findings. Please refer back to the laboratory if there is any discrepancy between clinical and laboratory diagnosis. 2) (i) Part of this test report can't be produced without written approval of lab (ii) The report pertains to submitted samples only.


Test Report

2402240484004 	Patient's Name :	RAJASHREE PRABHAKAR SHENDRE	SID : 2402240484004
	Address :	WARDHA SANE WADI	OPD No : 2402240484 UHID : 2400089892
Contact No :	7276386965	Gender : F	Collected On : 24/02/2024 10:28:06 AM
Age :	39	Sample Type : SERUM, EDTA	Received in Lab On : 24/02/2024 10:56:59 AM
Referred By :	MED Blood, Plasma		Reported On : 24/02/2024 12:47:06 PM

BIOCHEMISTRY REPORT

Investigation	Observed Value	Unit	Biological Reference Range	Method
Uric Acid				
Uric Acid	3.4	mg/dl	Male - 3.5 - 8.5 mg/dl, Female - 2.5 - 6.5 mg/dl	Uricase / Peroxidase (Colorimetric)
HbA1c				
HbA1C		% AIC NGSP	Non Diabetic - <6.0% AIC NGSP, Action Suggested - >7.0% AIC NGSP, ADA Target - 6.0 - 7.0% AIC NGSP	enzymatic
FBS-Glucose-Plasma Fasting				
FBS-Glucose-Plasma Fasting	78	mg%	70 to 110 mg%	GOD/POD colorimetric
LFT-Bilirubin, SGOT, SGPT, ALK.Phos., Total prot./A/G				
ALT(SGPT)	11	U/L	Male - < 50 U/L, Female - <35 U/L	Kinetic with PYRIDOXAL 5 PHOSPHATE lactate dehydrogenase/ NADH
AST (SGOT)	19	U/L	Male - 17 - 59 U/L, Female - 14 - 36 U/L, Adult - 15-46 U/L	Kinetic Leucocyte with pyridoxal 5 phosphate visible method
Alkaline Phosphatase	56	U/L	38 - 126 U/L	PNPP/AMP method
Total Protein	8.4	g/dL	6.3 - 8.2 g/dL	Buret (alkaline cupric sulfate)
Albumin	4.9	g/dL	3.5 - 5.0 g/dL	Bromocresol green dye binding
Globulin (Calculated Parameter)	3.5	gm/dl	2.3-3.5gm/dl	Calculated
Total Bilirubin	0.8	mg/dL	0.2 - 1.3 mg/dL	Azobilirubin/dyphiline method
BC Bilirubin Conjugated	0.3	mg/dl	BC - 0.0 - 0.3 mg/dl, Neonate BC - 0.0 - 0.6 mg/dl	Dual wavelength Spectrophotometric
BU Bilirubin Unconjugated	0.5	mg/dl	BU - 0.0 - 1.1 mg/dL, Neonate BU - 0.6 - 10.5mg/dl ,	Calculated


 Tested By
(RAJU)


 Dr. Chandan Mohan Inhat
 M.B.B.S. M.D. (Biochemistry)
 Reg. No. 2013.05.1499/27.05.13
 Acharya Vinoba Bhave Rural Hospital
 Sawangi (Megha), Wardha, MAHARASHTRA - 442004


 Dr. Meghali Kapte
 M.B.B.S. M.D. (Biochemistry)
 Reviewed and Approved by
 PROFESSOR
 Dept. of Biochemistry
 Date : -----
 Signature : -----

HELPLINE NO : 07152-287701 - 06, Ext-342

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Disclaimer : 1) Please note that laboratory results serve as an aid to diagnosis and should be interpreted in relation to clinical findings. Please refer back to the laboratory if there is any discrepancy between clinical and laboratory diagnosis. 2) (i) Part of this test report can't be produced without written approval of lab (ii) The report pertains to submitted samples only.



DATTATRAY DIAGNOSTIC CENTER, WARDHA
Acharya Vinoba Bhave Rural Hospital, Sawangi (Meghe), Wardha-442004



Test Report

2402240484012 	Patient's Name :	RAJASHREE PRABHAKAR SHENDRE	SID : 2402240484012
	Address :	WARDHA SANE WADI	OPD No : 2402240484 LUID : 2400089892
Contact No :	7276386965		Collected On :24/02/2024 10:28:04 AM
Age :	39 Gender : F		Received in Lab On :24/02/2024 10:57:05 AM
Referred By :	MED Sample Type : Plasma		Reported On :24/02/2024 04:30:13 PM

BIOCHEMISTRY REPORT

Investigation	Observed Value	Unit	Biological Reference Range	Method
PMBS-Glucose-Plasma Post Meal				
PMBS-Glucose-Plasma Post Meal	94	mg%	70 to 140 mg%	GOD/POD colorimetric

Note: The result relate only to the specimens tested and should be correlated with clinical findings.

- These tests done on fully automated analyzer Vitros 5600
- V → mentioned in Bold are beyond biological reference range
- Value mentioned in **italic & Bold** are critical values

————— End of Report —————



Tested By
(RAJU)

Obaid
Dr. Obaid Noman Iqbal Akhtar
MBBS, M.D. (Pathology)
Reg. No. 2013/05-1678/21.05.13
Reviewed and Approved by Hospital
Acharya Vinoba Bhave Rural Hospital
Sawangi (Meghe), WARDHA

HELPLINE NO : 07152-287701 - 06, Ext-342

Email: dattatrayadiagnosticslab@gmail.com

www.avbrhsawangimaghe.com

Disclaimer: (Please note that laboratory results serve as an aid to diagnosis and should be interpreted in relation to clinical findings. Please refer back to the laboratory if there is any discrepancy between clinical and laboratory diagnosis. 2) (1) Part of this test report can't be produced without written approval of lab (2) The report pertains to submitted samples only.



Datta Meghe Institute of Higher education & research (Deemed to be University)
ACHARYA VINOBA BHAVE RURAL HOSPITAL

Transforming Lives Through Well Being

A Teaching Hospital of Jawaharlal Nehru Medical College, Sawangi (Meghe), WARDHA-442 004



DMIHER

Name: Rajashree

OPD No: 2402240484 UHID: 2400089892 Reg Date: 24/02/2024

Name: MRS. RAJASHREE PRASHAKAR SHENDRE

Age: 38 Yrs 0 Mon 0 Days Sex: F Ph: 7276386985

Aadhar No:

Address: WARDHA BANE WADI

Village: WARDHA

Taluka: WARDHA

District: WARDHA

Unit: 6



Dietician

Patient History:

• Chief Complaint:

• H/O present illness:

MCV's Pattern Anaemia

Co morbid Conditions : - Hypertension / Diabetes / TB / Bronchial Asthma / Stroke / Any other -

Duration:

Significant Past History:

General Examination: -

Pulse	BP	RR	Pallor	icterus
cyanosis	Clubbing	Oedema		

Nutritional Assessment: - Height 145 cm Weight 48 BMI 19 BSA

Type of diet required: - Normal Routine / Diabetic Diet / Renal Diet / Salt Restricted Diet / High Protein Diet / Hepatic Diet / Non Rich Food / Liquid Die

Local Examination

Systemic Examination: -

Respiratory System:

Cardiovascular System:

Central Nervous System:

Abdominal Examination:

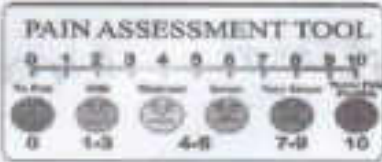
Gynaecological Examination:

Investigations Advised: -

Adv

Paritasene protein powder.

Pain Assessment:

Date & Time	Pain Assessment Tool	Visual Analogue Scale	Pain score Pain Alleviation Measures Advised
			

Prescriptions: -

Write in CAPITAL ONLY and transcribe the same on online

pt Name Rajeshree w/c/o 'ss' pateres
age - 39yrs Ht - 145cm wt - 40kg.

Adv

High protein & folie & Iron rich diet
low fat and high calories diet

Care plan: Palliative / Curative / Rehabilitative

Next Follow-up Date: -

Advice on IPD Admission: -

Sign of Resident

24/2/24.
Sign of Consultant of
Dr. Rashmi

In case of emergency, you may come to hospital at any time in Emergency Medicine Department: 24 X 7

OPD is open from 09:00am to 04:00pm: - Monday to Friday & upto 01:00pm on Saturday

You may contact the Hospital Number: - 07152 - 287701 to 287706



दत्ता मेघे इंस्टिट्यूट ऑफ मेडिकल सायंसेस(विद्यापीठचा दर्जा) NAAC ग्रेड A+
आचार्य विनोबा भावे ग्रामीण रुग्णालय



आरोग्याच्या माध्यमातून जीवनाचा कायापालट

जवाहरलाल नेहरु मेडिकल कॉलेजचे शैक्षणिक रुग्णालय, सावंगी (मेघे), वर्धा - ४४२ ००४

दूरधनी क्र.: ०२१५२-३८९९०१ - ०९, ३०९००९ Visit us at : www.avbrmsawangimegha.com Email : info@avbrmsawangimegha.com

एकदिवसीय आहारतालिका

जास्त लोह्युक्त आहार

रुग्णाचे नांव	वय	वजन	निदान	कॅलरीज
Rajushree	३९y	४०	-	२२०० kcal.

खाण्याविषयी आवश्यक महत्वाच्या सूचना आयुष्याची दोरी आहारसंगती

आहार हा शरीराच्या गरजेप्रमाणे आवश्यक इतकाच असावा. नुसते पोट भरण्याकरिता आहार न घेता सर्व पोषक अन्नघटक मिळतील याकडे लक्ष घावे म्हणजे खरण, भात, भाजी, पोळी, सलाद, दही असा संपूर्ण आहार असल्यास शरीराचे व्यवस्थित पोषण होईल. जीवनसत्व व क्षार मिळण्याकरिता आहारात रसाळ फळे, निंबू, टोमॅटो व पालेभाज्यांचा उपयोग करावा. योग्य आहार घेण्याकरिता सुरुवातीला कणिक, डाळ, तांदुळ शिजवण्यापूर्वी वजन करावे म्हणजे किती प्रमाणात घ्यावे याची कल्पना येते. मंतर मात्र कप किंवा वाटीचे प्रमाण वापरता येते.

- ✦ अन्न किंवा भाज्या शिजवतांना सोडा टाकून शिजवू नये कारण त्यातील जीवनसत्वे नष्ट होतात.
- ✦ भाज्या खूप बारीक चिरू नये.
- ✦ अन्न शिजवतांना झाकण ठेवून शिजवावे.
- ✦ खूप वेळ भाज्या शिजवू नये.
- ✦ जिवनसत्व 'अ' मिळण्याकरिता नारंगी, पिवळ्या रंगाचे फळ व भाज्यांचा उपयोग करावा. खाली लिहून दिलेला आहार रोज नियमित ठेवला तर नक्कीच शरीराला आवश्यक पोषकतत्वे व जिवनसत्वे मिळतील.

सकाळी ६.०० वाजता :

- ✓ औदळारस १ ग्लास पाण्यातून किंवा आवळा पावडर १/२ चम्मच १/२ कप पाण्यातून
- ✓ खारीक ४ + काळे मनुके १५

सकाळी ७ वाजता :

चहा, कॉफी, दूध २५ml/५०ml/१००ml/२००ml + २-५ प्लेटिग पावडर
 भाजुन आळीव ६०० ग्रॅम + घुवून भाजुन मुगाची डाळ १५०० ग्रॅम मिक्स करून दळून आपणे त्यात १०० ग्रॅम काळू गुळ + ३०० ग्रॅम तुप मिक्स करून ५० ग्रॅम वाप्रमाणे ६० लाडू बांधणे. सकाळी : १ लाडू. / राजशीर लाडू

सकाळी ८ ते ९ वाजता :

नाश्ता : मुरमुरे फुटाण्याची भेळ तेल न टाकता - १ प्लेट.
 भाज्या टाकण फोडणीच्या शेवटा - १ प्लेट/उत्तपम : १ प्लेट/पिवळा भाग काढून अंडे २/दहीबद्धा १/तेल न लावता भाज्यांचे थालीपीठ १/ तेल न लावता फुलकं : २ दहाभ्या रायत्याबरोबर/वेळ संदर्भाने १/पोहे १ प्लेट/इडली १ + वाटी रस्सम बरोबर/प्लेन दोसा १ मध्यम आकाराचा डोकळे ७. आयते (चिले) २, प्रमाण (२५ml/५०gm/७५gm/१००gm) एका वेळी

एका वेळी एका पदार्थाचा प्रमाणात नाश्ता :

Doc. No.	Version	Issue	Created On
AVBRH/IPD/C-64	1	1	01 Jun 2022

दुपारी १२.०० ते १.०० वाजता : जेवण : तुप/लावता पोळी आटा २५ ग्रॅम/५० ग्रॅम/७५ ग्रॅम/१०० ग्रॅम फुलके - २ + 1

- * वरण : १ वाटी
- * भात : १/२ वाटी
- * भाजी : १ वाटी
- * दही : १ वाटी ५०ml/कडी/२ वाटी/ताक : १ वाटी
- * सलाद : १ वाटी (कांदा + काकडी + टोमॅटो + पत्ता कोबी + मेथी + मुळा + बीट इ.) + अंकुरित कडधान्ये : १/२ वाटी.

दुपारी ४.०० वाजता :

घहा, क्रेफी, दूध २५ml/५०ml/१००gm

दुपारचा नाश्ता : २५ml/५०gm/१००gm

तीळ : १० ग्रॅम + शेंगदाणे, १० ग्रॅम + काळा गुळ ५ ग्रॅम : लाडू : १/राजनिरा लाडू : ४/अंडे : २

संध्याकाळी ६.०० वाजता :

फळ, १०० ग्रॅम / साखर मीठ जटाकता लिंबुपाणी : १ ग्लास.

रात्री ८ ते ९ वाजता :

तेल तुप न लावता पोळी : २/भाकर - १/खिचडी : २ वाटी (अर्धी डाळ + अर्धी तांदुळ)

- * वरण : १ वाटी
- * भात : १/२ वाटी
- * भाजी : १ वाटी
- * दही १ वाटी ५०ml/कडी/१ वाटी/ताक : १ वाटी
- * सलाद : १ वाटी (कांदा + काकडी + टोमॅटो + पत्ता कोबी + मेथी + मुळा + बीट इ.) + अंकुरित कडधान्ये : १/२ वाटी.

टिप : दिवसातून तेलाचे प्रमाण : १५ ग्रॅम - लोणी - १ चम्मच, गुळ + साखर - २० ग्रॅम

* रात्री झोपण्यापूर्वी दूध - १ कप १००ml + २-४ लीटर पावसु

- * खाण्यास अयोग्य : तळलेले, मसालेदार पदार्थ खायचे नाही.
- ▶ मुळ अंगावयचे दुध पिल अन्ने मर्चून असा आहार घ्यायला.
- ▶ लोखंडी कडईतच भाजी तयार करावी.
- ▶ बाळंतपण झाल्यानंतर ३-४ पोळी जवळ खायची.

* पपई, अनासू, मसुरी, किंवा, खेव, सरदा व. फळांचा

वापर करावा

* २-३ लिटर पाणी पिले

* ५५ min walk ठेवा करणे

Doc. No.	Version	Issue	Created By
AVBRH/IPD/C-64	1	1	01 Jan 2022

24/1/24
Rajshree
AVBRH/...
WALONA



Datta Meghe Institute of Higher education & research (Deemed to be University)
ACHARYA VINOBA BHAVE RURAL HOSPITAL



IHER

A Teaching Hospital of Jawaharlal N

OPD No: 2402240484 UHID: 2400089892 Reg Date: 24/02/2024

Name: MRS. RAJASHREE PRASHAKAR SHENDRE



Age: 38 Yrs 0 Mon 0 Days Sex: F Ph: 7276268865

Aadhar No:

Address: WARDHA BANE WADI

Village: WARDHA

Taluka: WARDHA

District: WARDHA

Unit: 8

Name: -

24/2/24 . S/B ENT

Patient History:

• Chief Complaint:

No do reduced hearing
 No do recurrent epistaxis

• H/O present illness:

No do throat pain / change in voice.
 No active ENT complains

Co morbid Conditions : - Hypertension / Diabetes / TB / Bronchial Asthma / Stroke / Any other -

Duration:

Significant Past History:

General Examination: -

Pulse	BP	RR	Pallor	icterus
cyanosis	Clubbing	Oedema		

Nutritional Assessment: - Height Weight BMI BSA

Type of diet required: - Normal Routine / Diabetic Diet / Renal Diet / Salt Restricted Diet / High Protein Diet / Hepatic Diet / Non Rich Food / Liquid Die

Local Examination



B/L m utal



anulasa



B/L DM (P)



ppw-clear

Systemic Examination: -

Respiratory System:

Cardiovascular System:

Central Nervous System:


Abdominal Examination:

Gynaecological Examination:

No active ENT intervention

Investigations Advised: -

Pain Assessment:

Date & Time	Pain Assessment Tool	Visual Analogue Scale	Pain score Pain Alleviation Measures Advised
			

Prescriptions: -

Write in CAPITAL ONLY and transcribe the same on online

Care plan: Palliative / Curative / Rehabilitative

Next Follow-up Date: -

Advice on IPD Admission: -

Sign of Resident

Sign of Consultant

In case of emergency, you may come to hospital at any time in Emergency Medicine Department: 24 X 7
OPD is open from 09:00am to 04:00pm: - Monday to Friday & upto 01:00pm on Saturday
You may contact the Hospital Number: - 07152 - 287701 to 287706



Datta Meghe Institute of Higher education & research (Deemed to be University)
ACHARYA VINOBA BHAVE RURAL HOSPITAL

Transforming Lives Through Well Being

A Teaching Hospital of Jawaharlal Nehru Medical College, Sawangi (Meghe), WARDHA-442 004



DMIHER

Name: - Rajashree Shendre OPD No: 2402240484 Date of Visit: 04/02/24

OPD No: 2402240484 UHID: 2400089892 Reg Date: 24/02/2024
 Name: MRS. RAJASHREE PRASHAKAR SHENDRE

Age: 39 Yrs 0 Mon 0 Days Sex: F Ph: 7278388885

Aadhar No:

Address: WARDHA SANE WADI

Village: WARDHA

Taluka: WARDHA

District: WARDHA

Unit: 8



S/E/O/OPU/U

Cl^o diminution of vision in both eyes : 1 year ↓

Un C^{6/6} C^{6/6}

Un E specu C^{6/6} C^{6/6}

H/O present illness:

Co morbid Conditions : - Hypertension / Diabetes / TB / Bronchial Asthma / Stroke / Any other -

Duration:

Significant Past History:

General Examination: -

Pulse	BP	RR	Pallor	icterus
cyanosis	Clubbing	Oedema		

Nutritional Assessment: - Height Weight BMI BSA

Type of diet required: - Normal Routine / Diabetic Diet / Renal Diet / Salt Restricted Diet / High Protein Diet / Hepatic Diet / Non Rich Food / Liquid Die

Local Examination

	O/E	P/E	T/E
Ant. Segment	WNL	WNL	WNL
Pupil	NSCL	NSCL	NSCL
lens	NAD	NAD	NAD

Systemic Examination: -

Respiratory System:

Cardiovascular System:

Central Nervous System:

Abdominal Examination:

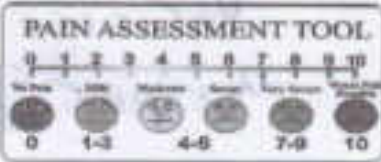
Gynaecological Examination:

AKC - 0.50
 - 0.25
 Refraction ← Ph^o 1/2 Ph^o 6/6
 Add +1.00.

Investigations Advised: -

[Handwritten notes and signatures in the investigations section]

Pain Assessment:

Date & Time	Pain Assessment Tool	Visual Analogue Scale	Pain score Pain Alleviation Measures Advised
			

Prescriptions: -

Write in CAPITAL ONLY and transcribe the same on online

[Large area for handwritten prescriptions, mostly blank with some faint markings]

Care plan: Palliative / Curative / Rehabilitative

[Signature]
Dr. A.V.B. Patil
 Reg. No. 2015094975
 Junior Resident, Dept. of Ophthalmology
 A.V.B. Patil, Sawai (M), WARDHA

[Signature]
Dr. Shubhangi Nagpure
 M.B.B.S. DO
 Reg. No. MHC - 65333
 Senior Resident
 Dept. of Ophthalmology

Sign of Resident

Sign of Consultant



Datta Meghe Institute of Higher education & research (Deemed to be University)
ACHARYA VINOBA BHAVE RURAL HOSPITAL



DMIHER

through Well Being

College, Sawangi (Meghe), WARDHA-442 004

OPD No: 2402240484 UHID: 2400089892 Reg Date: 24/02/202

Name: MRS. RAJASHREE PRABHAKAR SHENDRE



Date of Visit: _____

Age: 38 Yrs 0 Mon 0 Days Sex: F Ph: 7270366965

Aadhar No:

Address: WARDHA SANE WADI

Village: WARDHA

Taluka: WARDHA

Department: MEDICINE

District: WARDHA
Unit: 6

Patient History:

• Chief Complaint: Ho - S/B Med @ 6 U6.

• H/O present illness: Ho - no active ho at present.
Ho - sickle cell anemia 'SS' pattern
known since 5 yrs. of age. Ho BT once
during pregnancy in 2027.

Co morbid Conditions: - Hypertension / Diabetes / TB / Bronchial Asthma / Stroke /
Any other -

Duration:

Significant Past History:

General Examination: -

Pulse <u>76/min</u>	BP <u>100/70 mmHg</u>	RR <u>18/min</u>	Pallor <u>⊖</u>	Icterus <u>⊖</u>
Cyanosis	Clubbing	Oedema		

Nutritional Assessment: - Height _____ Weight _____ BMI _____ BSA _____

Type of diet required: - Normal Routine / Diabetic Diet / Renal Diet / Salt Restricted Diet /
High Protein Diet / Hepatic Diet / Non Rich Food / Liquid Die

Local Examination

W/S - S, S, 2 ⊕
R/S - R, L, A/E ⊕
P/A - S, H, M.T.
CVS - Conscious, asymptomatic.

Systemic Examination: -

Respiratory System:

Cardiovascular System:

Central Nervous System:

Abdominal Examination:

Gynaecological Examination:



Datta Meghe Institute of Higher education & research (Deemed to be University)
ACHARYA VINOBA BHAVE RURAL HOSPITAL

Transforming Lives Through Well Being



DMIHER

A Teach

WARDHA-442 001

OPD No: 2402240484 UHID: 2400088892 Reg Date: 24/02/2024

Name: MRS. RAJASHREE PRABHAKAR SHENDRE

Age: 38 Yrs 0 Mon 0 Days Sex: F Ph: 7278388888

Aadhar No:

Address: WARDHA SANE WADI

Village: WARDHA

Taluka: WARDHA

District: WARDHA

Unit: 8

Name: -

Date of Visit: _____

OBGYN

Patient History:

Chief Complaint:

S/B OBGYN Resident JUS

38 y/o married PH 2

No complaints of any menstrual

H/O present illness:

irregularities / no H/O during menstruation.

LMP = 4/1/24

PMC - 5-6 days / Regular / Dysmenorrhea (-)
 + low flow
 28-30 days / Clots (-)

Co morbid Conditions : - Hypertension / Diabetes / TB / Bronchial Asthma / Stroke /

Any other -

NO H/O.

Duration:

Significant Past History:

General Examination: -

Pulse 78bpm	BP 100/62mmHg	RR	Pallor (-)	icterus (-)
cyanosis (-)	Clubbing (-)	Oedema (-)		

Nutritional Assessment: - Height _____ Weight _____ BMI _____ BSA _____

Type of diet required: - Normal Routine / Diabetic Diet / Renal Diet / Salt Restricted Diet / High Protein Diet / Hepatic Diet / Non Rich Food / Liquid Die

Local Examination

P/A soft
 No organomegaly.

Systemic Examination: -

Respiratory System:

Cardiovascular System:

Central Nervous System:

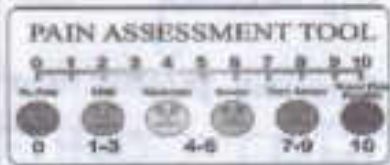
Abdominal Examination:

Gynaecological Examination:

Investigations Advised: -

Blank space for recording investigations advised.

Pain Assessment:

Date & Time	Pain Assessment Tool	Visual Analogue Scale	Pain score Pain Alleviation Measures Advised
	 <p>PAIN ASSESSMENT TOOL</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>0 1-3 4-6 7-9 10</p>		

Prescriptions: -

Write in CAPITAL ONLY and transcribe the same on online

Blank space for writing prescriptions.

Care plan: Palliative / Curative / Rehabilitative

Next Follow-up Date: -

Advice on I/P Admission: -

Sign of Resident



Sign of Consultant

Mallyt
JM

In case of emergency, you may come to hospital at any time in Emergency Medicine Department: 24 X 7
 OPD is open from 09:00am to 04:00pm: - Monday to Friday & upto 01:00pm on Saturday
 You may contact the Hospital Number: - 07152 - 287701 to 287706

PROFESSOR
 Dept. of OBGY

19 BMI
Normal

Information

Underweight

Normal

Overweight

16.0

18.5

25.0

40.0