

**CONCLUSION OF HEALTH CHECKUP**

ECU Number : 8380

Age : 31

Weight : 72.5

Date : 11/01/2024

MR Number : 23204523

Sex : Female

Ideal Weight : 59

Patient Name: MOHINI VATSA

Height : 159

BMI : 28.68

*Life style modifications.*

*DR. M.L. Vermani*

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 8380                      MR Number : 23204523                      Patient Name : MOHINI VATSA  
Age : 31                                      Sex : Female                                      Height : 159  
Weight : 72.5                                Ideal Weight : 59                                BMI : 28.68  
Date : 11/01/2024

Past H/O : NO P/H/O ANY MAJOR ILLNESS.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : FATHER : HTN

Habits : NO  
Gen.Exam. : G.C. GOOD  
B.P : 110/70  
Pulse : 60/MIN REG.  
Others : SPO2 98 %  
C.V.S : NAD  
R.S. : NAD  
Abdomen : NP  
Spleen : NP  
Skin : NAD  
C.N.S : NAD  
Advice :

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Ophthalmic Check Up :	Right	Left
Ext Exam		NIL
Vision Without Glasses	6/6	6/6
Vision With Glasses	N.6	N.6
Final Correction	14.6	14.6
Fundus	NORMAL	
Colour Vision	NORMAL	
Advice	NIL	

**Orthopedic Check Up :**

Ortho Consultation

Ortho Advice

**ENT Check Up :**

Ear

Nose

Throat

Hearing Test

ENT Advice

**General Surgery Check Up :**

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



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## Gynaec Check Up :

OBSTETRIC HISTORY FT LSCS : FEMALE : 2 YRS L AND W  
MENSTRUAL HISTORY -  
PRESENT MENSTRUAL CYCLE LMP : 06/01/2023  
PAST MENSTRUAL CYCLE -  
CHIEF COMPLAINTS NIL  
PA SOFT  
PS Cx - (N) Vg - (N)  
PV UT NS Fx CLEAR  
BREAST EXAMINATION RIGHT NORMAL  
BREAST EXAMINATION LEFT NORMAL  
PAPSMEAR TAKEN  
BMD  
MAMMOGRAPHY  
ADVICE FOLLOWUP WITH REPORTS.



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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. MOHINI VATSA  
Gender / Age : Female / 31 Years 11 Months 1 Days  
MR No / Bill No. : 23204523 / 242071632  
Consultant : Dr. Manish Mittal  
Location : OPD

Type : OPD  
Request No. : 190492  
Request Date : 11/01/2024 08:23 AM  
Collection Date : 11/01/2024 08:36 AM  
Approval Date : 11/01/2024 03:36 PM

Haematology

Test	Result	Units	Biological Ref. Range
<b>Blood Group</b>			
ABO system	O		
Rh system	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

--- End of Report ---

Dr. Ameer Soni  
MD (Path)

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.



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## CBC + ESR

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	<b>11.9</b>	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.32	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	39.1	%	36 - 46
Mean Corpuscular Volume (MCV)	90.5	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	27.5	pg	27 - 32
MCH Concentration (MCHC)	<b>30.4</b>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	<b>15.4</b>	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	<b>50.9</b>	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	6.64	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	56	%	40 - 80
Lymphocytes	31	%	20 - 40
Eosinophils	<b>8</b>	%	1 - 6
Monocytes	5	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	3.72	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.04	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.52</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.33	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	<b>131</b>	thou/cmm	150 - 410
Smear evaluation	Adequate		
Estimated Platelet count (Smear evaluation)	150	thou/cmm	
Remarks	Few large platelets seen .		
ESR	<b>23</b>	mm/1 hr	0 - 12

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**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.

Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

R on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

**Dr. Ameer Soni**  
MD (Path)

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**Fasting Plasma Glucose**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	88	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	92	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

--- End of Report ---

**Dr. Rakesh Vaidya**  
MD (Path). DCP.

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**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Heamoglobin (HbA1c)	5.1	%	
estimated Average Glucose (e AG) *	99.67	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

----- End of Report -----

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## Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.53	mg/dL	0 - 1
Bilirubin - Direct	0.26	mg/dL	0 - 0.3
Bilirubin - Indirect	0.27	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	<b>44</b>	U/L	13 - 35
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	<b>87</b>	U/L	14 - 59
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	55	U/L	42 - 98
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	27	U/L	5 - 55
<i>(Done by Multipoint Rate - L-γ<sup>5</sup>-glutamyl-p-nitroanilide on Vitros 5600)</i>			
<b>Total Protein</b>			
Total Proteins	6.91	gm/dL	6.4 - 8.2
Albumin	3.92	gm/dL	3.4 - 5
Globulin	2.99	gm/dL	3 - 3.2
A : G Ratio	1.31		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

---- End of Report ----

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (Done by Endpoint/Colorimetric - Urease on Vitros 5600)	13	mg/dL	10 - 45
BUN	6.07	mg/dL	5 - 21
Creatinine (By Modified Kinetic Jaffe Technique)	0.65	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)	3.9	mg/dL	2.2 - 5.8

--- End of Report ---

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## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (ng/ml) 1 - 3 days : 0.1 - 7.4 1-11 months : 0.1 - 2.45 1-5 years : 0.1 - 2.7 6-10 years : 0.9 - 2.4 11-15 years : 0.8 - 2.1 16-20 years : 0.8 - 2.1 Adults (20 - 50 years) : 0.7 - 2.0 Adults (> 50 years) : 0.4 - 1.8 Pregnancy (in last 5 months) : 1.2 - 2.5 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	1.50	ng/ml	
Thyroxine (T4) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (mcg/dL) 1 - 3 days : 11.8 - 22.6 1 - 2 weeks : 9.8 - 16.6 1 - 4 months : 7.2 - 14.4 4 - 12 months : 7.8 - 16.5 1-5 years : 7.3 - 15.0 5 - 10 years : 6.4 - 13.3 10 - 20 years : 5.6 - 11.7 Adults / male : 4.6 - 10.5 Adults / female : 5.5 - 11.0 Adults (> 60 years) : 5.0 - 10.7 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	9.70	mcg/dL	
Thyroid Stimulating Hormone (US-TSH) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (microIU/ml) Infants (1-4 days) : 1.0 - 39 2-20 weeks : 1.7 - 9.1 5 months - 20 years : 0.7 - 6.4 Adults (21 - 54 years) : 0.4 - 4.2 Adults (> 55 years) : 0.5 - 8.9 Pregnancy : 1st trimester : 0.3 - 4.5 2nd trimester : 0.5 - 4.6 3rd trimester : 0.8 - 5.2 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	2.38	microIU/ml	

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## Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	118	mg/dL	1 - 150
<i>(Done by Lipase /Glycerol kinase on Vitros 5600)</i>			
< 150 Normal			
150-199 Borderline High			
200-499 High			
> 499 Very High)			
Total Cholesterol	151	mg/dL	1 - 200
<i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600.)</i>			
<200 mg/dL - Desirable			
200-239 mg/dL - Borderline High			
> 239 mg/dL - High)			
HDL Cholesterol	31	mg/dL	40 - 60
<i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600)</i>			
< 40 Low			
> 60 High)			
Non HDL Cholesterol (calculated)	120	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
< 130 Desirable			
139-159 Borderline High			
160-189 High			
> 191 Very High)			
LDL Cholesterol	103	mg/dL	1 - 100
<i>(Done by Enzymatic (Two Step CHE/CHO/POD ) on Vitros 5600)</i>			
< 100 Optimal			
100-129 Near / above optimal			
130-159 Borderline High			
160-189 High			
> 189 Very High)			
VLDL Cholesterol (calculated)	23.6	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.32		2.1 - 3.5
T. Ch./HDL Ch. Ratio	4.87		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

---- End of Report ----

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## Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	5.0		
Specific Gravity	1.002		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

Dr. Ameet Soni  
MD (Path)



- Computerized Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Magnetic Resonance Imaging (MRI)
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography (DSA)
- Foetal Echocardiography
- Echocardiography
- 4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23204523      Report Date : 11/01/2024  
 Request No. : 190096953      11/01/2024 8.23 AM  
 Patient Name : **Mrs. MOHINI VATSA**  
 Gender / Age : Female / 31 Years 11 Months 1 Days

**X-Ray Chest AP**

Both lung fields are clear.  
 Both costophrenic sinuses appear clear.  
 Heart size is normal.  
 Hilar shadows show no obvious abnormality.  
 Aorta is normal.

ULTRASONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
 NOT VALID FOR MEDICO-LEGAL PURPOSES  
 CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**  
 Consultant Radiologist





- Computerized Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Magnetic Resonance Imaging (MRI)
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography (DSA)
- Foetal Echocardiography
- Echocardiography
- 4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23204523      Report Date : 11/01/2024  
 Request No. : 190096982      11/01/2024 8.23 AM  
 Patient Name : **Mrs. MOHINI VATSA**  
 Gender / Age : Female / 31 Years 11 Months 1 Days

**USG : Abdomen (Excluding Pelvis) Or Upper Abdomen**

Liver is normal in size and echopattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct is not dilated.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen. **Cortical scarring is seen in mid pole of right kidney.**

No ascites.

**COMMENT:**

- **No obvious abnormality seen.**

*Kindly correlate clinically*

\* ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
 \* NOT VALID FOR MEDICO-LEGAL PURPOSES  
 \* CLINICAL CORRELATION RECOMMENDED

**Dr. Harsh Sanjay Vyas,**  
**DIPLOMATE N B RADIO**  
**Diagnosti Radiologist**





Patient No. : 23204523      Report Date : 11/01/2024  
Request No. : 190097008      11/01/2024 8.23 AM  
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**Echo Doppler Screening**

MITRAL VALVE : NORMAL  
AORTIC VALVE : TRILEAFLET, NORMAL  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL, NO REGIONAL WALL MOTION ABNORMALITY,  
LVEF=60%  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
  
COLOUR/DOPPLER FLOW MAPPING : NO LV diastolic dysfunction,  
NO AR, MR, TR, NO PAH

**FINAL CONCLUSION:**

1. ALL CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS
2. NO REGIONAL WALL MOTION ABNORMALITY AT REST
3. NORMAL LV SYSTOLIC FUNCTION, LVEF=60%
4. NORMAL VALVES
5. NO LV DIASTOLIC DYSFUNCTION
6. NO AR, MR, TR, NO PULMONARY HYPERTENSION , ( IVC COLLAPSING )
7. NO PERICARDIAL EFFUSION, CLOT VEGETATION.

Dr. V C CHAUHAN  
Consultant Cardiologist

Name Mrs. Mohini Vatsa  
Patient ID ECU/23204523

11.01.2024 08:38:05  
Standard 12-Lead

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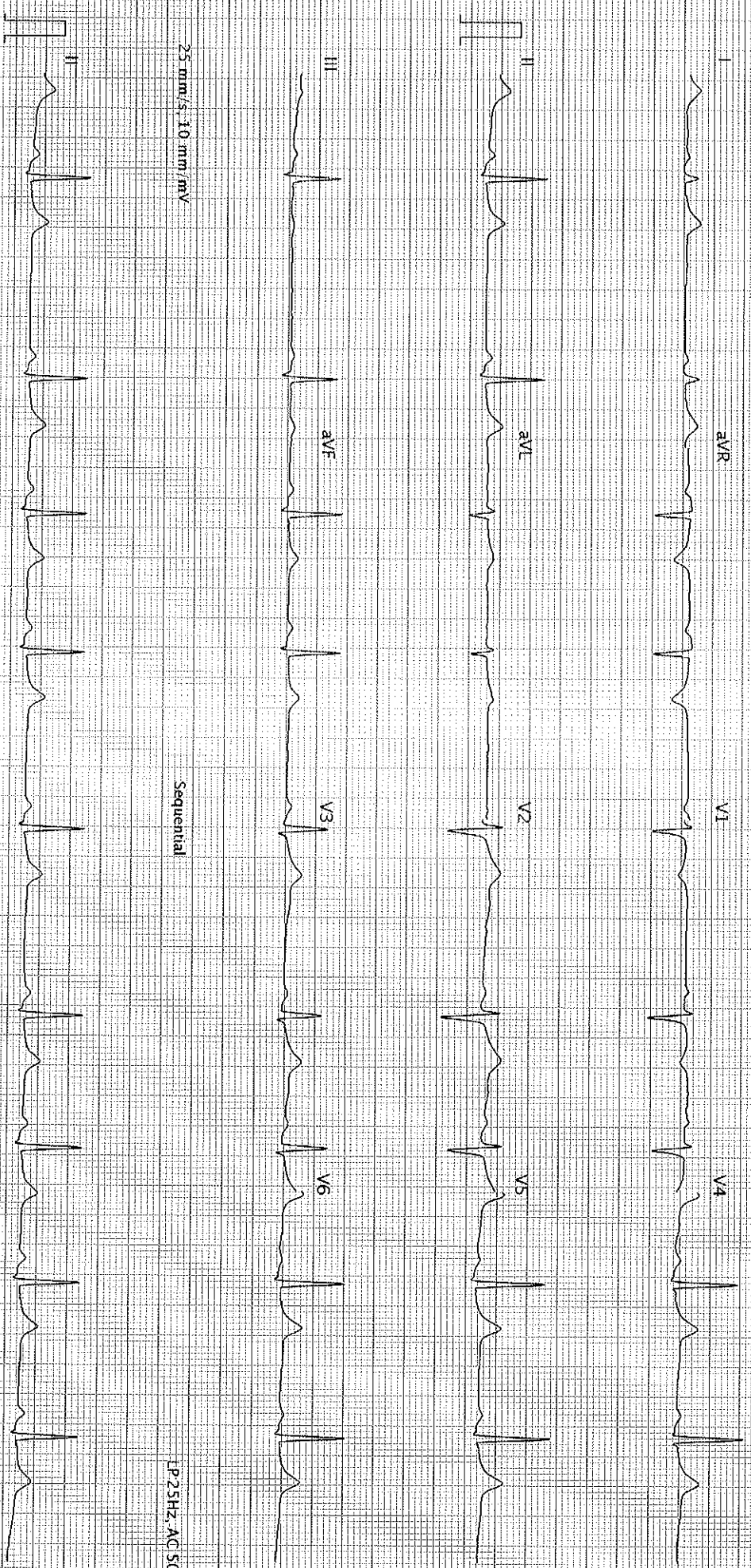
Age Female  
Gender Female  
Ref phys  
Facemaker Unknown

HR 58 bpm RR 1036 ms  
P 117 ms  
PR 169 ms  
P axis 58° QRS 83 ms  
QRS axis 71° QT 433 ms  
T axis 34° QTcB 425 ms

Unconfirmed report

*Pr Vatsa*

Remark



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

LP 25Hz, AC 50Hz

AT 102 G2 1.2.0 (1080.011030)  
SCHILLER

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