

Mrs. RASHMI RAHI (35 /F)

| UHID | : | ASHB.0000045945 | | | |
|--|---|-----------------|--|--|--|
| AHC No | : | BPLAH9672 | | | |
| Date | : | 24/08/2024 | | | |
| MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE | | | | | |

Dear Mrs. RASHMI RAHI

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- · Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- · Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- · Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

Personalized Health Risk Assessment (pHRA): Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

Health Mentor: We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress

ProHealth App: You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

Follow- Up Consultation:

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <u>https://www.apollo247.com/specialties</u> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

Disclaimer: The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.

| me : Mrs. RASHMI RAH | l (35 /F |) | Date | : 24/08/2024 | | |
|---|----------|---|---------------|-------------------|--|--|
| dress : H NO 81-82 PALM (BHOPAL, MADHYA | | RNAR VALLEY AYODHYA BYPASS ROA ESH, INDIA | AD BHOPA | AL, BHOPAL, | | |
| amined by : Dr. AKHIL KU | MAR T | IWARI | UHID | : ASHB.0000045945 | | |
| EDIWHEEL FULL BODY HEA | ALTH A | NNUAL PLUS CHECK | AHC No | : BPLAH9672 | | |
| Chief Complaints | | | | | | |
| For general health checkup | | | | | | |
| No specific complaints Present Known illness | | | | | | |
| | ibetes i | mellitus, Hypertension, Dyslipidemia, Thy | roid disord | ler. Heart | | |
| ···· , ··· , ··· , | | oke, Asthma, COPD, Cancer, Impaired G | | | | |
| Drug Allergy | | | | | | |
| NO KNOWN ALLERGY | | :24/08/2024 | | | | |
| Systemic Review | v | | | | | |
| Cardiovascular system | : | Chest pain - no; Breathing difficulty - no | o; Swelling | of feet - no | | |
| Respiratory system | : | - Nil Significant | | | | |
| Oral and dental | : | - Nil Significant | | | | |
| Gastrointestinal system | : | Appetite - normal; Abdominal pain - no | ; Bowel ha | bits - regular | | |
| Genitourinary system | : | Frequency - normal; Dysuria/burning m | nicturition - | no; Urgency - no | | |
| Gynaec history | : | Last menstrual period - 20/08/24; Preg discharge - clear; No of Children - 01; I deliveries - 01; Deliveries - LSCS | , | 0 / 0 | | |
| Central nervous system | : | - Nil Significant | | | | |
| Eyes | : | Vision - normal; Glasses - yes; Glasses | s for - read | ling | | |
| ENT | : | - Normal hearing | | | | |
| Musculoskeletal system Spine and joints - Nil Significant | : | | | | | |
| Skin | : | - Nil Significant | | | | |
| Weight | : | - has gained weight; Number of kgs - 4 | -5 kg in 1 | year | | |
| General symptoms | : | - Nil Significant | | | | |

| Name: Mrs. RASHMI RA | AHI UHID : ASHB.0000045945 | Date : 24/08/2024 |
|----------------------|---|-------------------|
| MEDIWHEEL FULL BOD | Y HEALTH ANNUAL PLUS CHECK FEMALE | AHC No: BPLAH9672 |
| Present medic | ations : - Nil | |
| Past medical I | listory | |
| Past medical history | | |
| Covid 19 | - No | |
| Surgical histo | ry | |
| Caesarian section | - 2020 | |
| Immunization hist | ory | |
| | Covid Dose1,Covid Dose2,Precaution Dose | |
| Personal histo | ry | |
| Ethnicity | - Indian Asian | |
| Marital status | - Married | |
| No. of children | - 01 | |
| Female | - 00 | |
| Male | - 01 | |
| Profession | - government employee | |
| Diet | - Mixed Diet | |
| Alcohol | - does not consume alcohol | |
| Smoking | - No | |
| Chews tobacco | - No | |
| Physical activity | - Mild | |
| | level ground walking | |
| Family history | | |
| Father | - has expired | |
| Aged | - 35 | |
| Cause | - accident | |
| Mother | - alive | |
| Aged | - 55 | |
| Brothers | - 01 | |
| Sisters | - 00 | |
| Diabetes | - father,mother | |
| Hypertension | - brother | |
| | | |

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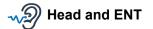
MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE AHC No : BPLAH9672

| Coronary artery | - | none |
|-----------------|---|---------|
| disease | | |
| Cancer | - | cousin |
| Туре | - | Blood |
| Renal disease | - | brother |

Physical Examination

🚵 General

| General appearance | - normal |
|--------------------|----------|
| Build | - normal |
| Height | - 148 |
| Weight | - 65.7 |
| BMI | - 29.99 |
| Pallor | - No |
| Oedema | - no |
| SpO2 | - 99 |
| | |



- No significant finding



Oral and Dental

- No significant finding

Cardiovascular system

| Heart rate (Per minute) | - 69 |
|-------------------------|----------------------------------|
| Rhythm | - Regular |
| | - B.P. Sitting |
| Systolic(mm of Hg) | - 95 |
| Diastolic(mm of Hg) | - 67 |
| Heart sounds | - \$1\$2+ |
| Respiratory system | |
| Breath sounds | - Normal vesicular breath sounds |
| | |



- No

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| MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE | AHC No : BPLAH9672 |
|---|--------------------|
|---|--------------------|

Tenderness

ENT consultation

ENT consultation done by - Dr Ankit Mishra

- No

Printed By : KANCHAN PRAJAPATI

Date : 24/08/2024 AHC No : BPLAH9672

MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE

URINE ROUTINE (CUE)

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

| Test Name | Result | Unit | Level | Range |
|------------------|-------------|------|-------|---------------|
| Specific Gravity | 1.005 | | • | 1.005 - 1.025 |
| Colour: | Pale-Yellow | | | |
| Transparency: | Clear | | | |
| рН | Acidic | | | |
| Protein : | Nil | | | |
| Sugar: | Nil | | | |
| Ketone | Nil | | | |
| Bilirubin: | Nil | | | |
| RBC | Nil | | | |
| Pus Cells | 0-1 | /hpf | | 0.0 - 5.0/HPF |
| Epithelial Cells | 1-2 | /hpf | | <20 |
| Yeast Cells | Absent | | | |
| Bacteria: | Absent | | | |
| Casts: | Absent | | | ABSENT |
| Crystals: | Absent | | | |

COMPLETE BLOOD COUNT(CBC) WITH ESR

Within Normal Range

| Test Name | Result | Unit | Level | Range |
|---------------------------------|--------|------------|-------|--------------|
| HAEMOGLOBIN | 11.9 * | g/dL | • | 12.0 to 15.1 |
| Packed cell volume (Calculated) | 36.3 | % | • | 35.5-44.9 |
| RBC Count | 4.47 | Million/ul | • | 4.00-5.20 |
| MCV- | 81.2 | fl | • | 80-100 |
| MCH- | 26.6 * | pg | • | 27-32 |
| MCHC- | 32.8 | g/dL | • | 32-36 |
| RDW | 15.6 | % | • | 12.2-16.1 |
| TLC COUNT | 5.44 | 10³/mm³ | • | 4.0-11.0 |
| Neutrophils | 43 | % | • | 40-80 |
| Lymphocytes | 45 * | % | • | 20-40 |
| | | | | |

Borderline High/Low

Out of Range

| Eosinophils3%•1-6Basophils0%•0-2Platelet Count291.310"mm"•150-450Mean Platelet Volume7.3n•6.5-12.0ENTHROCYTE SEDIMENTATION RATE (ESR)31*mm'1shr•0.20 BLOOD GROUPING AND TYPING (AUD TYPING TOT RATE (ESR) Item 1LoveRageFast NameResultUnitLoveRageABO Group:ABFast NameResultUnitLevelRageGlucose - SERUM / PLASMA (FASTING)85ng/dL•0.100Glucose - Plasma (Fasting)85ng/dL00.100Glucose - Plasma (Post prandial)102ng/dL•70-100Glucose - Plasma (Post prandial)102ng/dL•0.140Glucose - Plasma (Post prandial)102ng/dL•0.40Glucose - Plasma (Post prandial)5.8Glucose - Plasma (Post prandial)5.8 | Monocytes | 9 | % | • | 2-10 |
|--|----------------------------------|-------------|------------|-------|--------------------------|
| Name291.310%mm³150-450Mean Platelet Volume7.3I6.5-12.0Karne (ESR)31°mm'1shr•0-20BLOOD GROUPING AND TYPING (JUNC and Rh)Junn'1shr•0-20BLOOD GROUPING AND TYPING (JUNC and Rh)ABStatuaneResultUnitLevelRangeGlucose - Plasma (Post prandial)102mg/dt•70-100GLUCOSY LATED HEMOGLOBIN (HUC) - WHOLEJunnResultUnitLevelRangeGlucose - Plasma (Post prandial)0.6%•0.6.6.6ClycosyLATED HEMOGLOBIN (HUC) - WHOLE BLOOD10.1LevelRangeLevelRangeClycosyLATED HEMOGLOBIN (HUC) - WHOLE BLOOD10.1LevelRangeLevelRangeClycosyLATED HEMOGLOBIN (HUC) - WHOLE BLOODLevelRange | Eosinophils | 3 | % | ٠ | 1-6 |
| Mean Platelet Volume7.3ft6.5-12.0ERYTHROCYTE SEDIMENTATION RATE (ESR)31 *mm/1st hr•0-20BLOOD GROUPING AND TYPING (ABU and Rh)Units hr•0-20BLOOD GROUPING AND TYPING (ABU and Rh)UnitLevelRangeABCBABD Group:ABGLUCOSE - SERUM / PLASMA (FASTING)DesitiveTest NameResultUnitLevelRangeGlucose - Plasma (Fasting)85mg/dL•70-100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)mg/dL070-100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)Img/dL102mg/dL•Test NameResultUnitLevelRangeGlucose - Plasma (Post prandial)102mg/dL•70-140GLYCOSYLATED HEMOGLOBIN (HUTC) - WHUE BLOODImg/dL102102102GLYCOSYLATED HEMOGLOBIN.%•4.0-5.6(HBATC) - WHOLE BLOODImg/dLRangeGLYCOSYLATED HEMOGLOBINImg/dL102.0Fest NameResultUnitLevelRangeTotal Cholesterol142mg/dLLevelBangeTotal Cholesterol142mg/dL.Desirable: <200 Borderline High: 200-233 High >240 | Basophils | 0 | % | ٠ | 0-2 |
| FRATE (ESR)31°mm/1st hr00-20BLOOD GROUPING AND TYPING (JUNC (JUNC HIGH)BLOOD GROUPING AND TYPING (JUNC HIGH)UnitLevelRangeBLOOD GROUPING AND TYPING (JUNC HIGH)0-30INTER HIGH)State (JUNC HIGH)ABO Group:ABINTER HIGH)LevelRangeABO Group:ABINTER HIGH)LevelRangeGLUCOSE - SERUM / PLASMA (FASTING)UnitLevelRangeGlucose - Plasma (Fasting)85mg/dL00-100GLUCOSE - SERUM / PLASMA (POUNT)INTER HIGH)LevelRangeGlucose - Plasma (Fasting)102mg/dL00-100Glucose - Plasma (Post prandial)102mg/dLLevelRangeGlucose - Plasma (Post prandial)102mg/dLevelRangeGlucose - Plasma (Post prandial)102mg/dLLevelRangeGlucose - Plasma (Post prandial)102mg/dLevelRangeGlucose - Plasma (Post prandial)102mg/dLLevelRangeGlucose - Plasma (Post prandial)5.6%10.1LevelRangeGlucose - Plasma (Post prandial)102mg/dLLevelRangeGlucose - Plasma (Post prandial)102mg/dLLevelRangeGlucose - Plasma (Post prandial)102mg/dLLevelRangeGlucose - Plasma (Post prandial)102%10.1LevelRangeGlucose - Plasma (Post prandial)ResultU | Platelet Count | 291.3 | 10³/mm³ | ٠ | 150-450 |
| RATE (ESR)BLOOD GROUPING AND TYPING (JEUE and RN)Test NameResultUnitLevelRangeABO Group:ABAR(D) Type:PositiveGLUCOSE - SERUM / PLASMA (FASUR)Bestive-Test NameResultUnitLevelRangeGlucose - Plasma (Fasting)85ng/dL•0-100GLUCOSE - SERUM / PLASMA (POSUR)FRANDALTest NameResultUnitLevelRangeGlucose - Plasma (Post prandial)102ng/dL•0-140GLYCOSYLATED HEMOGLOBIN (HSURC)CLYCOSYLATED HEMOGLOBIN (HSURC)Lipt Profile TEST (PACKAGE)UnitLevelRangeGLYCOSYLATED HEMOGLOBINJest NameResultUnitLevelRangeClucoserolJest NameImageImageImageImageImageTotal Cholesterol142ng/dLLevelRangeClucoserolClucoserolClucoserolClucoserolClucoserolClucoserol< | Mean Platelet Volume | 7.3 | fl | • | 6.5-12.0 |
| Test NameResultUnitLevelRangeABO Group:ABKh (D) Type:PositiveGLUCOSE - SERUM / PLASMA (FASTING)Test NameResultUnitLevelRangeGlucose - Plasma (Fasting)85mg/dL•70-100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)Test NameInitLevelRangeGlucose - Plasma (Fasting)102mg/dL•70-100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)InitLevelRangeGlucose - Plasma (Post prandial)102mg/dL•70-140Glucose - Plasma (Post prandial)102mg/dL•RangeGLYCOSYLATED HEMOGLOBIN (HETC) - WHOLE BLOOD5.6•Aco.5.6LIPID PROFILE TEST (PACKAGE)Salat%1•Aco.5.6LIPID PROFILE TEST (PACKAGE)InitLevelRangeTotal Cholesterol142mg/dL•Desirable: <200 Borderline High: :200-233 Bride: Salat | | 31 * | mm/1st hr | • | 0-20 |
| ABO Group:ABRh (D) Type:PositiveGLUCOSE - SERUM / PLASMA (FASTING)Test NameResultUnitLevelRangeGlucose - Plasma (Fasting)85mg/dL0.100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)Test NameInitLevelRangeGlucose - Plasma (Fasting)102mg/dL0.100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)UnitLevelRangeGlucose - Plasma (Post prandial)102mg/dL0.101GLYCOSYLATED HEMOGLOBIN (HJC) - WHOLEUnitLevelRangeGLYCOSYLATED HEMOGLOBINScâ%4.0-5.6JEID PROFILE TEST (PACKAGE)VinitLevelRangeTest NameResultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN3.6%-03.6-6JEID PROFILE TEST (PACKAGE)VinitLevelRangeTotal Cholesterol142mg/dLLevelBeirabit; 200-238 Bridering High; 220-238 Bridering High; 240-238 | BLOOD GROUPING AND TYPING | (ABO and Rh | <u>)</u> | | |
| Rh (D) Type:PositiveGLUCOSE - SERUM / PLASMA (FASTURG)Test NameResultUnitLevelRangeGlucose - Plasma (Fasting)85mg/dL•70-100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)Test NameResultUnitLevelRangeGlucose - Plasma (Post prandial)102mg/dL•70-140GLYCOSYLATED HEMOGLOBIN (HS-TC) - WHOLE BLOODTest NameResultUnitLevelRangeGlyCOSYLATED HEMOGLOBIN5.6%•4.0-5.6LIPID PROFILE TEST (PACKAGE)Total CholesterolItalUnitLevelRangeTotal Cholesterol142mg/dL•Besirable: <200 Borderline High: 220-239 High > 240 | Test Name | Result | Unit | Level | Range |
| GLUCOSE - SERUM / PLASMA (FASTING)Test NameResultUnitLevelRangeGlucose - Plasma (Fasting)85mg/dL•70-100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)Test NameResultUnitLevelRangeGlucose - Plasma (Post prandial)102mg/dL•70-140GLYCOSYLATED HEMOGLOBIN (HBATC) - WHOLE BLOODUnitLevelRangeGLYCOSYLATED HEMOGLOBIN5.6%•4.0-5.6LIPID PROFILE TEST (PACKAGE)UnitLevelRangeTotal Cholesterol142mg/dL•Desirable: <200 Borderline High: 200-239 High >240 | ABO Group: | AB | | | |
| Test NameResultUnitLevelRangeGlucose - Plasma (Fasting)85mg/dL•70-100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)Test NameResultUnitLevelRangeTest NameNg/dLing/dL•70-140100Glucose - Plasma (Post prandial)102mg/dL•70-140GLYCOSYLATED HEMOGLOBIN (HSTC) - WHOLE BLOODTest NameLevelRangeTest NameSeaultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN5.6%•4.0-5.6LIPID PROFILE TEST (PACKAGE)ViitLevelRangeTest NameResultUnitLevelRangeTotal Cholesterol142mg/dLDesirable: <200 Borderline High: 200-239 High >240 | Rh (D) Type: | Positive | | | |
| Glucose - Plasma (Fasting)85mg/dL•70-100GLUCOSE - SERUM / PLASMA (POST PRANDIAL)Test NameResultUnitLevelRangeGlucose - Plasma (Post prandial)102mg/dL•70-140GLYCOSYLATED HEMOGLOBIN (HB+IC) - WHOLE BLOODTest NameResultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN (HB+IC) - WHOLE BLOODTest NameResultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN (BLOOD)5.6%•4.0-5.6LIPID PROFILE TEST (PACKAGE)UnitLevelRangeTest NameResultUnitLevelRangeTotal Cholesterol142mg/dL•Desirable: <200 Borderline High: 200-239 High >200-239 High >200 | GLUCOSE - SERUM / PLASMA (FA | ASTING) | | | |
| GLUCOSE - SERUM / PLASMA (POST PRANDIAL)Test NameResultUnitLevelRangeGlucose - Plasma (Post prandial)102mg/dL•70-140GLYCOSYLATED HEMOGLOBIN (HBATC) - WHOLEBLOODUnitLevelRangeTest NameResultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN (BL5.6%•4.0-5.6LIPID PROFILE TEST (PACKAGE)VinitLevelRangeTest NameResultUnitLevelRangeTotal Cholesterol142mg/dLDesirable: <200 Borderline High: 200-239 High >240 | Test Name | Result | Unit | Level | Range |
| Test NameResultUnitLevelRangeGlucose - Plasma (Post prandial)102mg/dL•70-140GLYCOSYLATED HEMOGLOBIN (H=LC) - WHOLEELOODTest NameResultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN5.6••JIPID PROFILE TEST (PACKAGE)-+Test NameResultUnitLevelRangeTotal Cholesterol142mg/dLDesirable: <200 Borderline High: 200-239 High >240Desirable: <200 Borderline High: 200-239 High >240 | Glucose - Plasma (Fasting) | 85 | mg/dL | • | 70-100 |
| Glucose - Plasma (Post prandial)102mg/dL•70-140GLYCOSYLATED HEMOGLOBIN (HB-TC) - WHOLE BLOODElevelRangeTest NameResultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD5.6%••4.0-5.6LIPID PROFILE TEST (PACKAGE)UnitLevelRangeTest NameResultUnitLevelRangeTotal Cholesterol142mg/dL•Desirable: <200 Borderline High: 200-239 High >240 | GLUCOSE - SERUM / PLASMA (PO | OST PRANDI | <u>AL)</u> | | |
| GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOODTest NameResultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD5.6%••4.0-5.6LIPID PROFILE TEST (PACKAGE)Test NameResultUnitLevelRangeTotal Cholesterol142mg/dL•Desirable: <200 Borderline High: 200–239 High >240 | Test Name | Result | Unit | Level | Range |
| Test NameResultUnitLevelRangeGLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD5.6%•4.0-5.6LIPID PROFILE TEST (PACKAGE)VVVTest NameResultUnitLevelRangeTotal Cholesterol142mg/dL•Desirable: <200 Borderline High: 200-239 High >240 | Glucose - Plasma (Post prandial) | 102 | mg/dL | • | 70-140 |
| GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD5.6%4.0-5.6LIPID PROFILE TEST (PACKAGE)Test NameResultUnitLevelRangeTotal Cholesterol142mg/dLDesirable: <200 Borderline High: 200–239 High >240 | GLYCOSYLATED HEMOGLOBIN (| HBA1C) - WH | OLE BLOOD | | |
| (HBA1C) - WHOLE BLOODLIPID PROFILE TEST (PACKAGE)Test NameResultUnitLevelRangeTotal Cholesterol142mg/dL Desirable: <200Borderline High: 200-239High >240 | Test Name | Result | Unit | Level | Range |
| Test NameResultUnitLevelRangeTotal Cholesterol142mg/dLDesirable: <200 Borderline High: 200–239 High >240 | | 5.6 | % | ٠ | 4.0-5.6 |
| Total Cholesterol 142 mg/dL Desirable: <200 Borderline High: 200–239 High >240 | LIPID PROFILE TEST (PACKAGE) | | | | |
| Borderline High: 200–239 High >240 | Test Name | Result | Unit | Level | Range |
| HDL Cholesterol 44 mg/dL >40 | Total Cholesterol | 142 | mg/dL | • | Borderline High: 200–239 |
| | HDL Cholesterol | 44 | mg/dL | • | >40 |

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UHID : ASHB.0000045945

Date : 24/08/2024

| IWHEEL FULL BODY HEALTH ANN | | | | AHC No : BPLAH967 |
|---|-----------|-------|-------|---|
| LDL Cholesterol (Direct LDL) | 99 | mg/dL | • | Optimal: <100 Above optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: >190 |
| Triglycerides - Serum | 44 | mg/dL | • | Normal<150 Borderline high 150–199 High 200–499 Very high: ≥ 500 |
| VLDL CHOLESTEROL - SERUM | 9 * | | ٠ | 15-30 |
| Total Cholesterol / HDL Cholesterol Ratio (Calculated) | 3.2 * | | • | 3.5-5.0 |
| LIVER FUNCTION TEST (PACKAGE | <u>=)</u> | | | |
| Test Name | Result | Unit | Level | Range |
| Protein Total - Serum | 7.8 | g/dL | ٠ | 6.6-8.3 |
| Albumin - Serum | 3.7 | g/dL | • | 3.5-5.2 |
| GLOBULIN | 4.1 | g/dL | • | 2.6-4.6 |
| ALBUMIN AND GLOBULIN RATIO | 0.9 | | • | 0.9-2.0 |
| AST (SGOT) | 19 | U/L | • | < 35 |
| ALT(SGPT) - SERUM | 18 | U/L | • | <35 |
| BILIRUBIN TOTAL | 0.4 | mg/dL | • | 0.3–1.2 |
| BILIRUBIN CONJUGATED (DIRECT) | 0.1 | mg/dL | ٠ | <0.2 |
| BILIRUBIN UNCONJUGATED (INDIRECT) | 0.3 | mg/dL | • | 0.1-1.2 |
| Alkaline Phosphatase - Serum | 68 | U/L | ٠ | 30-120 |
| GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 12 | U/L | ٠ | 0-38 |
| <u> CREATININE - SERUM / PLASMA</u> | | | | |
| Test Name | Result | Unit | Level | Range |
| CREATININE - SERUM / PLASMA | 0.73 | mg/dL | • | 0.55-1.02 |
| | | | | |

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MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE

AHC No: BPLAH9672

URIC ACID - SERUM / PLASMA

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

| Test Name | Result | Unit | Level | Range |
|--|---------|--------|-------|---|
| Uric Acid - Serum | 4.4 | mg/dL | ٠ | 2.6-6.0 |
| BUN (BLOOD UREA NITROGEN) | | | | |
| Test Name | Result | Unit | Level | Range |
| BUN (BLOOD UREA NITROGEN) | 10.3 | mg/dL | | Female: <50yrs 7.01-18.7 mg/dl Female:>50yrs 9.81-20.1 mg/dl |
| THYROID PACKAGE | | | | |
| Test Name | Result | Unit | Level | Range |
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 0.89 | ng/ml | • | 0.60-1.81 |
| TOTAL T4: THYROXINE - SERUM | 9.48 | µg/dL | ٠ | 5.01 - 12.45 |
| TSH: Thyroid Stimulating Hormone | 1.93 | µIU/mL | ٠ | 0.35-5.50 |
| Investigations Not Done / Not Yet Re | eported | | | |
| Histopathology | | | | |
| PAP SMEAR /CERVICAL SMEAR | | | | |
| CARDIOLOGY | | | | |

TMT/2D ECHO

Ultrasound Radiology ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray X-RAY CHEST PA

N

Within Normal Range

Borderline High/Low

Date : 24/08/2024

MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE

AHC No: BPLAH9672



MEDICALLY AND PHYSICALLY FIT

Dr.AKHIL KUMAR TIWARI

Printed By : Akhil Kumar Tiwari

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Date : 24/08/2024

MEDIWHEEL FULL BODY HEALTH ANNUAL PLUS CHECK FEMALE

AHC No: BPLAH9672

AICVD RISK SCORE REPORT

| RISK STATUS | YOUR SCORE | ACCEPTABLE SCORE |
|-------------|------------|------------------|
| High Risk | 5 | 3 |

Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence -based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician.Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment
- It is recommended that you visit your physician every 3 months if you have:
 - o Uncontrolled high blood pressure
 - o Diabetes
 - o Dyslipidemia
 - o Coronary heart disease
- You will be referred to a **cardiologist**.

DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515