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MUMBAI TREADMILL TEST REPORT PROTOCOL : BIUCE HISTORY : NIL INDICATION : NIL	a e	11 110 / 10 100 13 110 / 10 100 13 110 / 10 102 13 110 / 10 102 13 120 / 10 102 12 130 / 10 102 12 130 / 10 102 12 131 / 10 104 MMX MORE LOWD	
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UTSAV HELAMBKAR ID : 16 DATE : 16-10-2024 AGE/SEX : 37 /M HT/WT : 170 / 71 REF RV . CUTE		RESOLTS PACK FERMIN PACK FERM	1. R. RESPONDE : IMPRESSIONS : GOOD EFFORT TOLERANCE . NORMAL CHRONGTROPIC AND . LONOTROFIC RESPONSES . NO ANGINA / ARRHYTHNIA. NO ST - T CEANGES .

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DR. GANESH MANUDHANE.

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REPORT

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H.R. bpm GRADE SPEED Kn/Hr STAGE TOFAL

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of target heart rate 182

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ARENTHIELD BPI RHS

IMPRESSIONS

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NO ANGINA / ARRIVERMEN

NO ST - T CHANGES.

STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHARMIA

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DR. GANESH MANUDHANE

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ST LEVEL (MM)

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Patient Name Age/Sex UHID	: Mrs. SWATI HELAMBKAR : 33 Year(s)/Female : SHHM.107986	Order Date Report Date	: 16/10/2024 11:11 : 16/10/2024 12:13
Ref. Doctor	: self	Facility	: SEVENHILLS HOSPITAL,
Address	 D 70 MEENA TOWERS, CHEMBUR,Mumbai, Maharashtra, 400071 	Mobile	MUMBAI : 8806273020

2D ECHOCARDIOGRAPHY WITH COLOUR DOPPLER STUDY

Normal LV and RV systolic function.

Estimated LVEF = 60%

No LV regional wall motion abnormality at rest.

All valves are structurally and functionally normal.

Normal sized cardiac chambers.

No LV Diastolic dysfunction .

No pulmonary arterial hypertension.

No regurgitation across any other valves.

Normal forward flow velocities across all the cardiac valves.

Aorta and pulmonary artery dimensions: normal.

IAS / IVS: Intact.

No evidence of clot, vegetation, calcification, pericardial effusion. COLOUR DOPPLER: NO MR/AR.



Dr.Ganesh Vilas Manudhane M.ch,MCH/DM

RegNo: 2011/06/1763

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Method - IFCC

Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 08:37
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

Biochemistry

Test Name			Result	t	Unit	Bio	logical Reference Interval
Sample No :	O0366358B	Collection Date :	16/10/24 08:	44 Ack Date :	16/10/2024 09:33	Report Date :	16/10/24 10:58
Blood Gluc	<u>cose Random(R</u>	BS/FBS/PPBS)					
Glucose RBS	S/FBS/PPBS			83.25		mg/dl	70 - 140
American Dia	abetes Associat	ion Reference R	ange :			5, -	
FBS :- 70-100 PPBS :- 70-140 RBS :- 70-140 Post-Prandial Blood Glucose: Non- Diabetic: Up to 140mg/dL Pre-Diabetic: 140-199 mg/dL Diabetic :>200 mg/dL							
2) Tietz Textl nterpretatior	n :-	-		-	d, Editors: Rifai et omegaly, Acute str		to trauma
heart attack,and stroke for instance), Chronic kidney disease, Cushing syndrome, Excessive consumption of food, Hyperthyroidism,Pancreatitis. A low level of glucose may indicate hypoglycemia, a condition characterized by a drop in blood glucose to a level where first it causes nervous system symptoms (sweating, palpitations, hunger, trembling, and anxiety), then begins to affect the brain (causing confusion, hallucinations, blurred vision, and sometimes even coma and death). A low blood glucose level (hypoglycemia) may be seen with:Adrenal insufficiency, Drinking excessive alcohol, Severe liver disease, Hypopituitarism, Hypothyroidism, Severe infections, Severe heart failure, Chronic kidney (renal) failure, Insulin overdose, Tumors that produce insulin (insulinomas),Starvation.							
Sample No :	O0366358C	Collection Date :	16/10/24 08:	44 Ack Date :	16/10/2024 09:33	Report Date :	16/10/24 10:58
ALT(SGPT)) - SERUM						
SGPT (Alani	ine Transaminase	e) - SERUM		13.51		IU/L	0 - 34

13.51



0 - 34

IU/L

Patient Name	: Mrs. SWATI HELAMBKAR	Ag	je/Sex	: 33 Year(s)) / Female
UHID	: SHHM.107986	Or	der Date	: 16/10/202	24 08:37
Episode	: OP				
Ref. Doctor	: self		obile No	:88062730	
		DO	-	:07/08/199	
		Fa	cility	: SEVENHIL MUMBAI	LS HOSPITAL,
References : 1)Pack Insert of 2) Tietz Textbo	f Bio system ook Of Clinical Chemistry And Mole	cular Diagnostics, 6th Ed, I	Editors: Rifai et	t al. 2018	
Total Bilirubin - Method - Diazo	SERUM	0.65		mg/dl	0 - 2
Direct Bilirubin Method - Diazotiza		0.25		mg/dl	0 - 0.4
Indirect Bilirub Method - Calculate		0.40		mg/dl	0.1 - 0.8
BUN-SERUM					
Urea - SERUM Method - Urease		12.97 ▼ (L)		mg/dl	15 - 39
BUN - SERUM Method - Urease-G	SLDH	6.06		mg/dl	4 - 18
References: 1)Pack Insert of Bio system 2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018					
CREATININE	-SERUM				
Creatinine - SE Method - Jaffes Kin		0.86		mg/dl	0.5 - 1.1
References: 1)Pack Insert of	f Bio system ok Of Clinical Chemistry And Molec	war Diagnostics 6th Ed E	ditara: Difai at	2018	

Creatinine is a chemical waste molecule that is generated from muscle metabolism.Creatinine is produced from creatine, a molecule of major importance for energy production in muscles.Approximataly 1-2% of the body's creatine is converted to creatinine every day. Creatinine is transported through the bloodstream to the kidneys. The kidneys filter out host of the creatinine and dispose of it in the urine.The kidneys maintain the blood creatinine in a normal ranges. Creatinine has been found to be a fairly reliable indicator of kidney function.



Dr.Ritesh Kharche MD, PGD-HM Consultant Pathologist and Director of Laboratory Services End of Report

Dr.Pooja Vinod Mishra MD Pathology Jr Consultant Pathologist, MMC Reg No. 2017052191



Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 08:37
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
l			MUMBAI

RegNo: 2006/03/1680

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RegNo: 2017/05/2191





Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 08:37
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

Blood Bank

Test Name			Result				
Sample No :	O0366358A	Collection Date :	16/10/24 08:44	Ack Date :	16/10/2024 12:34	Report Date :	16/10/24 13:02
BLOOD GROUPING/ CROSS-MATCHING BY SEMI AUTOMATION.							
BLOOD GRO	oup (ABO)		'0				

REMARK: THE REPORTED RESULTS PERTAIN TO THE SAMPLE RECEIVED AT THE BLOOD CENTRE.

Interpretation:

Method - Column Agglutination

Rh Type

Blood typing is used to determine an individual's blood group, to establish whether a person is blood group A, B, AB, or O and whether he or she is Rh positive or Rh negative. Blood typing has the following significance,

POSITIVE

• Ensure compatibility between the blood type of a person who requires a transfusion of blood or blood components and the ABO and Rh type of the unit of blood that will be transfused.

• Determine compatibility between a pregnant woman and her developing baby (fetus). Rh typing is especially

important during pregnancy because a mother and her fetus could be incompatible.

• Determine the blood group of potential blood donors at a collection facility.

• Determine the blood group of potential donors and recipients of organs, tissues, or bone marrow, as part of a workup for a transplant procedure.

• Cross-matching test is done to assess compatibility of donor red cells to the patient.

End of Report

Dr.Pooja Vinod Mishra MD Pathology Jr Consultant Pathologist, MMC Reg No. 2017052191 RegNo: 2017/05/2191



1

Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

HAEMATOLOGY

est Name			Result		Unit	Bic	logical Reference Interva
Sample No :	O0366411A	Collection Date :	16/10/24 11:34	Ack Date :	16/10/2024 11:49	Report Date :	16/10/24 12:07
COMPLETE	BLOOD COUN	T (CBC) - EDTA	WHOLE BLOOD				
Total WBC (Count		5.8	3		x10^3/ul	4.00 - 10.00
Neutrophils			63.	9		%	40.00 - 80.00
Lymphocyte	S		28.	1		%	20.00 - 40.00
Eosinophils			3.2			%	1.00 - 6.00
Monocytes			4.8			%	2.00 - 10.00
Basophils						%	
Absolute Ne	utrophil Count			▼ (L)			1.00 - 2.00
Absolute Ly	mphocyte Count		3.7			x10^3/ul	2.00 - 7.00
-	sinophil Count		1.6			x10^3/ul	0.80 - 4.00
	nocyte Count		0.1			x10^3/ul	0.02 - 0.50
	sophil Count		0.2	8		x10^3/ul	0.12 - 1.20
			0.0	0		x10^3/ul	0.00 - 0.10
RBCs			4.6	9		x10^6/ul	4.50 - 5.50
Hemoglobin			14.	4		gm/dl	12.00 - 15.00
Hematocrit			42.	0		%	35.00 - 45.00
MCV			89.	6		fl	83.00 - 101.00
MCH			30.	6		pg	27.00 - 32.00
MCHC			34.	2		gm/dl	31.50 - 34.50



Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year((s) / Female	
UHID	: SHHM.107986		Order Date	: 16/10/2	024 11:11
Episode	: OP				
Ref. Doctor	: self		Mobile No	: 8806273	8020
			DOB	:07/08/19	991
			Facility	: SEVENH MUMBAI	ILLS HOSPITAL,
RED CELL DIS	TRIBUTION WIDTH-CV (RDW-CV)	11.6		%	11.00 - 16.00
RED CELL DIS	TRIBUTION WIDTH-SD (RDW-SD)	38.8		fl	35.00 - 56.00
Platelet		390		x10^3/ul	150.00 - 410.00
Mean Platelet	Volume (MPV)	8.3		fl	6.78 - 13.46
PLATELET DIS	TRIBUTION WIDTH (PDW)	15.6		%	9.00 - 17.00
PLATELETCRIT	r (PCT)	0.324 ▲ (H)		%	0.11 - 0.28

Method:-

HB Colorimetric Method. RBC/PLT Electrical Impedance Method. WBC data Flow Cytometry by Laser Method. MCV,MCH,MCHC,RDW and rest parameters - Calculated. All Abnormal Haemograms are reviewed confirmed microscopically.

NOTE: Wallach's Interpretation of Diagnostic Tests. 11th Ed, Editors: Rao LV. 2021

NOTE :-

The International Council for Standardization in Haematology (ICSH) recommends reporting of absolute counts of various WBC subsets for clinical decision making. This test has been performed on a fully automated 5 part differential cell counter which counts over 10,000 WBCs to derive differential counts. A complete blood count is a blood panel that gives information about the cells in a patient's blood, such as the cell count for each cell type and the concentrations of Hemoglobin and platelets. The cells that circulate in the bloodstream are generally divided into three types: white blood cells (leukocytes), red blood cells (erythrocytes), and platelets (thrombocytes). Abnormally high or low counts may be physiological or may indicate disease conditions, and hence need to be interpreted clinically.

Dr.Ritesh Kharche MD, PGD-HM Consultant Pathologist and Director of Laboratory Services RegNo: 2006/03/1680 End of Report



Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL, MUMBAI





Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

HAEMATOLOGY

Test Name		Resul	it	Unit	Bio	logical Reference Interval
Sample No : 0036	6411A Collection Date :	16/10/24 11:	:34 Ack Date :	16/10/2024 11:49	Report Date :	16/10/24 12:07
ERYTHROCYTE	SEDIMENTATION RATE	<u>(ESR)</u>				
ESR			25 ▲ (H)		mm/hr	0 - 20
					,	

Method: Westergren Method

INTERPRETATION :-

ESR is a non-specific phenomenon, its measurement is clinically useful in disorders associated with an increased production of acute-phase proteins. It provides an index of progress of the disease in rheumatoid arthritis or tuberculosis, and it is of considerable value in diagnosis of temporal arteritis and polymyalgia rheumatica. It is often used if multiple myeloma is suspected, but when the myeloma is non-secretory or light chain, a normal ESR does not exclude this diagnosis.

An elevated ESR may occur as an early feature in myocardial infarction. Although a normal ESR cannot be taken to exclude the presence of organic disease, the vast majority of acute or chronic infections and most neoplastic and degenerative diseases are associated with changes in the plasma proteins that increased ESR values.

The ESR is influenced by age, stage of the menstrual cycle and medications taken (corticosteroids, contraceptive pills). It is especially low (0–1 mm) in polycythaemia, hypofibrinogenaemia and congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis, or sickle cells. In cases of performance enhancing drug intake by athletes the ESR values are generally lower than the usual value for the individual and as a result of the increase in haemoglobin (i.e. the effect of secondary polycythaemia).



End of Report

Dr.Ritesh Kharche MD, PGD-HM Consultant Pathologist and Director of Laboratory Services RegNo: 2006/03/1680

Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL, MUMBAI



Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

Biochemistry

st Name			Resu	lt	Unit	Biol	ogical Reference Interva
Sample No :	O0366411A	Collection Date :	16/10/24 11	:34 Ack Date :	16/10/2024 11:49	Report Date :	16/10/24 12:57
GLYCOSLY	ATED HAEMOG	LOBIN (HBA1C)	•				
HbA1c <i>Method - Imm</i>	unoturbidimetry			5.38		%	4 to 6% Non-diabetic 6.07.0% Excellent control 7.08.0% Fair to good control 8.010% Unsatisfactory control ABOVE 10% Poor control
Estimated A Method - Calcu	verage Glucose ((eAG)		107.71		mg/dl	90 - 126

NOTES :-

1. HbA1c is used for monitoring diabetic control. It reflects the mean plasma glucose over three months

2. HbA1c may be falsely low in diabetics with hemolytic disease. In these individuals a plasma fructosamine level may be used which evaluates diabetes over 15 days.

3. Inappropriately low HbA1c values may be reported due to hemolysis, recent blood transfusion, acute blood loss, hypertriglyceridemia, chronic liver disease.Drugs like dapsone, ribavirin, antiretroviral drugs, trimethoprim, may also cause interference with estimation of HbA1c, causing falsely low values.

4. HbA1c may be increased in patients with polycythemia or post-splenectomy.

5. Inappropriately higher values of HbA1c may be caused due to iron deficiency, vitamin B12 deficiency, alcohol intake, uremia, hyperbilirubinemia and large doses of aspirin.

6. Trends in HbA1c are a better indicator of diabetic control than a solitary test.

7. Any sample with >15% HbA1c should be suspected of having a hemoglobin variant, especially in a non-diabetic patient. Similarly, below 4% should prompt additional studies to determine the possible presence of variant hemoglobin.

8. HbA1c target in pregnancy is to attain level <6 %.

9. HbA1c target in paediatric age group is to attain level < 7.5 %.

Method : turbidimetric inhibition immunoassay (TINIA) for hemolyzed whole blood

Reference : American Diabetes Associations. Standards of Medical Care in Diabetes 2015

Sample No : 00366411C Collection Date : 16/10/24 11:34 Ack Date : 16/10/2024 11:	Report Date : 16/10/24 12:07
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Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL, MUMBAI

GLUCOSE-PLASMA-FASTING			
Glucose, Fasting	83.25	mg/dl	70 - 100

American Diabetes Association Reference Range :

Normal : < 100 mg/dl Impaired fasting glucose(Prediabetes) : 100 - 126 mg/dl Diabetes : >= 126 mg/dl

References:

1)Pack Insert of Bio system

2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interpretation :-

Conditions that can result in an elevated blood glucose level include: Acromegaly, Acute stress (response to trauma, heart attack, and stroke for instance), Chronic kidney disease, Cushing syndrome, Excessive consumption of food, Hyperthyroidism, Pancreatitis.

A low level of glucose may indicate hypoglycemia, a condition characterized by a drop in blood glucose to a level where first it causes nervous system symptoms (sweating, palpitations, hunger, trembling, and anxiety), then begins to affect the brain (causing confusion, hallucinations, blurred vision, and sometimes even coma and death). A low blood glucose level (hypoglycemia) may be

seen with:Adrenal insufficiency, Drinking excessive alcohol, Severe liver disease, Hypopituitarism, Hypothyroidism, Severe infections, Severe heart failure, Chronic kidney (renal) failure, Insulin overdose, Tumors that produce insulin (insulinomas), Starvation.

Lipid Profile			
Total Cholesterol	197.85	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170-199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200-239 ADULT High - More than : 240



Patient Name: Mrs. SWATI HELAMBKARUHID: SHHM.107986Episode: OPRef. Doctor: self		Age/Sex Order Date Mobile No DOB Facility	: 33 Year(s : 16/10/202 : 88062730 : 07/08/199 : SEVENHII MUMBAI	24 11:11)20
Triglycerides Method - glycerol Phosphate Oxidase/Peroxide	147.26		mg/dl	NORMAL : <150 Borderline High : 150-199 High : 200-499 Very High : > 500
HDL Cholesterol Method - Enzymatic immuno inhibition	39.34 ▼ (L)		mg/dl	Desirable - Above 60 Borderline Risk : 40-59 Undesirable - Below :40
LDL Cholesterol Method - Calculated	129.06		mg/dl	Desirable - Below : 130 Borderline Risk : 130-159 Undesirable - Above : 160
VLDL Cholesterol Method - Calculated	29.45		mg/dl	5 - 51
Total Cholesterol / HDL Cholesterol Ratio - Calculated Method - Calculated	5.03 ▲ (H)		RATIO	0 - 4.5
LDL / HDL Cholesterol Ratio - Calculated Method - Calculated	3.28 ▲ (H)		RATIO	0 - 3.2

Note:

1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations

2) Tests done on Fully Automated Biosystem BA-400 Biochemistry Analyser.

3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400 mg/dL.

Interpretation

Triglycerides: When triglycerides are very high greater than 1000 mg/dL, there is a risk of developing pancreatitis in children and adults. Triglycerides change dramatically in response to meals, increasing as much as 5 to 10 times higher than fasting levels just a few hours after eating. Even fasting levels vary considerably day to day. Therefore, modest changes in fasting triglycerides measured on different days are not considered to be abnormal.
 HDL-Cholesterol: HDL- C is considered to be beneficial, the so-called "good" cholesterol, because it removes



Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
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		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

excess cholesterol from tissues and carries it to the liver for disposal. If HDL-C is less than 40 mg/dL for men and less than 50 mg/dL for women, there is an increased risk of heart disease that is independent of other risk factors, including the LDL-C level. The NCEP guidelines suggest that an HDL cholesterol value greater than 60 mg/dL is protective and should be treated as a negative

risk factor.

3. LDL-Cholesterol: Desired goals for LDL-C levels change based on individual risk factors. For young adults, less than 120 mg/dL is acceptable. Values between 120-159 mg/dL are considered Borderline high. Values greater than 160 mg/dL are considered high. Low levels of LDL cholesterol may be seen in people with an inherited lipoprotein deficiency and in people with hyperthyroidism, infection, inflammation, or cirrhosis.

Uric Acid (Serum) Method - Uricase			
Uric Acid Method - Uricase	4.65	mg/dl	2.6 - 6

References:

1)Pack Insert of Bio system

2) TIETZ Textbook of Clinical chemistry and Molecular DiagnosticsEdited by: Carl A.burtis,Edward R. Ashwood,David e. Bruns

Interpretation:-

Uric acid is produced by the breakdown of purines. Purines are nitrogen-containing compounds found in the cells of the body,

including our DNA. Increased concentrations of uric acid can cause crystals to form in the joints, which can lead to the joint

inflammation and pain characteristic of gout. Low values can be associated with some kinds of liver or kidney diseases, Fanconi

syndrome, exposure to toxic compounds, and rarely as the result of an inherited metabolic defect (Wilson disease).

Liver Function Test (LFT)			
SGOT (Aspartate Transaminase) - SERUM Method - IFCC	13.37	IU/L	0 - 31
SGPT (Alanine Transaminase) - SERUM Method - IFCC	14.07	IU/L	0 - 34
Total Bilirubin - SERUM Method - Diazo	0.52	mg/dl	0 - 2
Direct Bilirubin SERUM Method - Diazotization	0.22	mg/dl	0 - 0.4
Indirect Bilirubin - Calculated Method - Calculated	0.30	mg/dl	0.1 - 0.8



Patient Name	: Mrs. SWATI HELAMBKAR		Age/Sex	: 33 Yea	r(s) / Female
JHID	: SHHM.107986		Order Date	: 16/10/	2024 11:11
Episode	: OP				
Ref. Doctor : self			Mobile No	: 880627	73020
			DOB	:07/08/	1991
			Facility	: SEVEN MUMB/	HILLS HOSPITAL, AI
Alkaline Phosph Method - IFCC AM	natase - SERUM <i>P Buffer</i>	91.39		IU/L	33 - 98
Total Protein - Method - Biuret	SERUM	7.39		gm/dl	6 - 7.8
Albumin - SERL Method - Bromo Ci		4.5		gm/dl	3.5 - 5.2
Globulin - Calcu Method - Calculate		2.89		gm/dl	2 - 4
A:G Ratio Method - Calculate	d	1.56		:1	1 - 3

References:

1)Pack Insert of Bio system

2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interperatation :-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Elevated levels results from increased bilirubin production (eg hemolysis and ineffective erythropoiesis); decreased bilirubin excretion (eg; obstruction and hepatitis); and abnormal bilirubin metabolism (eg; hereditary and neonatal jaundice).conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstonesgetting into the bile ducts tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of hemolytic or pernicious anemia, transfusion reaction & a common metabolic condition termed Gilbert syndrome.

AST levels increase in viral hepatitis, blockage of the bile duct ,cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis.Ast levels may also increase after a heart attck or strenuous activity. ALT is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. Elevated ALP levels are seen in Biliary Obstruction, Osteoblastic Bone Tumors, Osteomalacia, Hepatitis, Hyperparathyriodism, Leukemia, Lymphoma, paget's disease, Rickets, Sarcoidosis etc.

Elevated serum GGT activity can be found in diseases of the liver, Biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-including drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease.

Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic - Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein loging enterpathy. Burns, hemedilution, increased wassular permeability or depresent diseased humphotic

protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.





Patient Name	: Mrs. SWATI HELAMBKAR		Age/Sex	: 33 Year(s)	/ Female
UHID	: SHHM.107986		Order Date	: 16/10/202	4 11:11
Episode	: OP				
Ref. Doctor	: self		Mobile No	: 88062730	20
			DOB	:07/08/199	1
			Facility	: SEVENHIL MUMBAI	LS HOSPITAL,
Urea - SERUM Method - Urease		12.97 ▼ (L)		mg/dl	15 - 39
BUN - SERUM Method - Urease-G	SLDH	6.06		mg/dl	4 - 18
Creatinine - SE Method - Jaffes Kin		0.86		mg/dl	0.5 - 1.1

References:

1)Pack Insert of Bio system

2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interpretation:-

The blood urea nitrogen or BUN test is primarily used, along with the creatinine test, to evaluate kidney function in a wide range of circumstances, to help diagnose kidney disease, and to monitor people with acute or chronic kidney dysfunction or failure. It also may be used to evaluate a person's general health status.

GLUCOSE-PLASMA POST PRANDIAL			
Glucose,Post Prandial	107.3	mg/dl	70 - 140

American Diabetes Association Reference Range :

Post-Prandial Blood Glucose: Non- Diabetic: Up to 140mg/dL Pre-Diabetic: 140-199 mg/dL Diabetic :>200 mg/dL

References:

1)Pack Insert of Bio system

2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interpretation :-

Conditions that can result in an elevated blood glucose level include: Acromegaly, Acute stress (response to trauma, heart attack, and stroke for instance), Chronic kidney disease, Cushing syndrome, Excessive consumption of food, Hyperthyroidism, Pancreatitis.

A low level of glucose may indicate hypoglycemia, a condition characterized by a drop in blood glucose to a level where first it causes nervous system symptoms (sweating, palpitations, hunger, trembling, and anxiety), then begins to affect the brain (causing confusion, hallucinations, blurred vision, and sometimes even coma and death). A low blood glucose level (hypoglycemia) may be

seen with:Adrenal insufficiency, Drinking excessive alcohol, Severe liver disease, Hypopituitarism, Hypothyroidism, Severe infections, Severe heart failure, Chronic kidney (renal) failure, Insulin overdose, Tumors that produce insulin



s) / Female	: 33 Year(s) / Female	Age/Sex	: Mrs. SWATI HELAMBKAR	Patient Name
)24 11:11	: 16/10/2024 11:11	Order Date	: SHHM.107986	UHID
			: OP	Episode
020	: 8806273020	Mobile No	: self	Ref. Doctor
991	:07/08/1991	DOB		
<i>'</i>	: SEVENHILLS HOSPITAL MUMBAI	Facility		
,		Facility		

(insulinomas), Starvation.



Dr.Ritesh Kharche MD, PGD-HM Consultant Pathologist and Director of Laboratory Services RegNo: 2006/03/1680 - End of Report

Dr.Nipa Dhorda MD Pathologist

RegNo: 91821





Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

HISTOPATHALOGY AND CYTOLOGY

st Name			Result				
Sample No :	O0366406A	Collection Date :	16/10/24 11:30	Ack Date :	16/10/2024 11:38	Report Date :	16/10/24 15:53
ROUTINE	CERVICOVAG	INAL PAP SMEAR					
REPORT							
C-GY-393/2	24						
	FTATI S ·						
LMP: 10/10/2							
	agina appears hea	althy					
Minimal white	e discharge prese	nt					
MATERIAL	RECEIVED :						
		ico-vaginal smears rec	eived.				
MICROSCO	PIC EXAMINAT	ION :					
The smears a	are satisfactory fo	r evaluation.					
		zone component is pr					
		e & parabasal squamo	ous cells noted.				
Dysplastic ce	lls are not seen.						
IMPRESSIC	DN :						
Negative for	intraepithelial lesi	ion or malignancy.					
NOTE :-							
	athasda system	n for reporting cerv	vical cytology wa	s followed			
110 2017 00	cinesua system		near cytology Wa	5 101101000			
Comments :							
	nal autology in	a paragning toot n	rimarily for squar	nous conce	r and precursors a	and has associat	od

Cervicovaginal cytology is a screening test primarily for squamous cancer and precursors and has associated false-negative and false-positive results. Regular sampling and follow-up of unexplainded clinical signs and symptoms are recommended to minimize ffalse negative results.

End of Report



Dr.Nipa Dhorda MD Pathologist RegNo: 91821

Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL, MUMBAI



Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

IMMUNOLOGY

Test Name Resu	lt Unit	Bio	logical Reference Interval
Sample No : 00366411D Collection Date : 16/10/24 11	:34 Ack Date : 16/10/2024 11:58	Report Date :	16/10/24 12:57
T3 - SERUM Method - CLIA	101.4	ng/dl	70.00 - 204.00
TFT- Thyroid Function Tests			
T4 - SERUM Method - CLIA	8.82	ug/dL	4.60 - 10.50
TSH - SERUM Method - CLIA	2.68	uIU/ml	0.40 - 4.50

Reference Ranges (T3) Pregnancy: First Trimester 81 - 190 Second Trimester & Third Trimester 100 - 260

Reference Ranges (TSH) Pregnancy: 1st Trimester : 0.1 – 2.5 2nd Trimester : 0.2 – 3.0 3rd Trimester : 0.3 – 3.0

Reference:

1. Clinical Chemistry and Molecular Diagnostics, Tietz Fundamentals, 7th Edition & Endocronology Guideliens

Interpretation :-

It is recommended that the following potential sources of variation should be considered while interpreting thyroid hormone results:

1. Thyroid hormones undergo rhythmic variation within the body this is called circadian variation in TSH secretion: Peak levels are seen between 2-4 am. Minimum levels seen between 6-10 am. This variation may be as much as 50% thus, influence of sampling time needs to be considered for clinical interpretation.

2. Circulating forms of T3 and T4 are mostly reversibly bound with Thyroxine binding globulins (TBG), and to a lesser extent with albumin and Thyroid binding PreAlbumin. Thus the conditions in which TBG and protein levels alter such as chronic liver disorders, pregnancy, excess of estrogens, androgens, anabolic steroids and glucocorticoids may cause misleading total T3, total T4 and TSH interpretations.

3. Total T3 and T4 levels are seen to have physiological rise during pregnancy and in patients on steroid treatment.
4. T4 may be normal the presence of hyperthyroidism under the following conditions : T3 thyrotoxicosis,

Hypoproteinemia related reduced binding, during intake of certain drugs (eg Phenytoin, Salicylates etc)

5. Neonates and infants have higher levels of T4 due to increased concentration of TBG

6. TSH levels may be normal in central hypothyroidism, recent rapid correction of hypothyroidism or hyperthyroidism,



: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
: SHHM.107986	Order Date	: 16/10/2024 11:11
: OP		
: self	Mobile No	: 8806273020
	DOB	:07/08/1991
	Facility	: SEVENHILLS HOSPITAL, MUMBAI
	: SHHM.107986 : OP	: SHHM.107986 Order Date : OP : self Mobile No DOB

pregnancy, phenytoin therapy etc.

7. TSH values of <0.03 uIU/mL must be clinically correlated to evaluate the presence of a rare TSH variant in certain individuals which is undetectable by conventional methods.

8. Presence of Autoimmune disorders may lead to spurious results of thyroid hormones

9. Various drugs can lead to interference in test results.

10. It is recommended that evaluation of unbound fractions, that is free T3 (fT3) and free T4 (fT4) for clinic-pathologic correlation, as these are the metabolically active forms.

End of Report



Dr.Nipa Dhorda MD Pathologist RegNo: 91821





Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 11:11
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL,
			MUMBAI

Urinalysis

		Resu	lt	Unit	Bio	ogical Reference Interva
D0366411E	Collection Date :	16/10/24 11	:34 Ack Date :	16/10/2024 14:02	Report Date :	16/10/24 14:02
AR AND KETON	E (FASTING)					
			Absent			
			Absent			
00366425E	Collection Date :	16/10/24 12	:20 Ack Date :	16/10/2024 12:48	Report Date :	16/10/24 13:35
AR AND KETON	I <u>E (PP)</u>					
			Absent			
			Absent			
	AR AND KETON	AR AND KETONE (FASTING)	00366411E Collection Date : 16/10/24 11 AR AND KETONE (FASTING) 00366425E Collection Date : 16/10/24 12	N0366411E Collection Date : 16/10/24 11:34 Ack Date : AR AND KETONE (FASTING) Absent N0366425E Collection Date : 16/10/24 12:20 Ack Date : N0366425E Collection Date : 16/10/24 12:20 Ack Date :	Result Unit 00366411E Collection Date : 16/10/24 11:34 Ack Date : 16/10/2024 14:02 AR AND KETONE (FASTING) Absent Absent Absent 00366425E Collection Date : 16/10/24 12:20 Ack Date : 16/10/2024 12:48 AR AND KETONE (PP) Absent Absent Absent Absent	Result Unit Biol 00366411E Collection Date : 16/10/24 11:34 Ack Date : 16/10/2024 14:02 Report Date : AR AND KETONE (FASTING) Absent Absent Image: Collection Date : 16/10/24 12:00 Ack Date : 16/10/2024 12:48 Report Date : 00366425E Collection Date : 16/10/24 12:20 Ack Date : 16/10/2024 12:48 Report Date : AND KETONE (PP) Absent Absent Image: Collection Date : 16/10/24 12:20 Ack Date : 16/10/2024 12:48 Report Date :

End of Report -



Dr.Nipa Dhorda MD Pathologist RegNo: 91821



Patient Name	: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
UHID	: SHHM.107986	Order Date	: 16/10/2024 08:37
Episode	: OP		
Ref. Doctor	: self	Mobile No	: 8806273020
		DOB	:07/08/1991
		Facility	: SEVENHILLS HOSPITAL, MUMBAI

Urinalysis

est Name		Resu	lt	Unit	Bio	logical Reference Interval
Sample No: 00366367D	Collection Date :	16/10/24 09	:05 Ack Date :	16/10/2024 09:51	Report Date :	16/10/24 13:37
Physical Examination						
QUANTITY			30		ml	
Colour			Pale Yellow			
Appearance			Clear			
DEPOSIT			Absent			Absent
рН			Acidic			
Specific Gravity			1.020			
Chemical Examination						
Protein			Absent			Absent
Glucose			Absent			
ketones			Absent			
Blood			Trace			Negative
Bilirubin			Negative			
Urobilinogen			Normal			Normal
NITRITE			Absent			Absent
LEUKOCYTES			Absent			
Microscopic Examination	<u>1</u>					
Pus cells			1-2		/HPF	
Epithelial Cells			6-8		/HPF	

: Mrs. SWATI HELAMBKAR	Age/Sex	: 33 Year(s) / Female
: SHHM.107986	Order Da	ite : 16/10/20	024 08:37
: OP			
: self	Mobile N	lo :8806273	020
	DOB	:07/08/19	991
	Facility	: SEVENHI MUMBAI	ILLS HOSPITAL,
	OCCASIONAL	/HPF	Absent
	Absent	/LPF	
	Absent	/HPF	
terials	Absent		
	Absent		
	Absent		
	: SHHM.107986 : OP : self	 SHHM.107986 OP self Mobile N DOB Facility OCCASIONAL Absent Absent Absent Absent 	SHHM.107986 Order Date : Self Mobile No : 8806273 DOB : 07/08/19 Facility : SEVENHJ MUMBAI OCCASIONAL /HPF Absent /LPF terials Absent Absent Instantion

- End of Report -



Dr.Nipa Dhorda MD Pathologist RegNo: 91821



Patient Name Age/Sex UHID	: Mrs. SWATI HELAMBKAR : 33 Year(s)/Female : SHHM.107986	Order Date Report Date	16/10/2024 11:0117/10/2024 14:46
Ref. Doctor	: self	Facility	: SEVENHILLS HOSPITAL,
Address	 D 70 MEENA TOWERS, CHEMBUR,Mumbai, Maharashtra, 400071 	Mobile	MUMBAI : 8806273020

USG ABDOMEN PELVIS

Liver is normal in size (13.5 cm) and echotexture. No focal liver parenchymal lesion is seen. Intrahepatic portal and biliary radicles are normal.

Gall-bladder is partially distended. No evidence of intraluminal calculus is seen. Wall thickness appears normal. No e/o peri-cholecystic fluid noted.

Portal vein and CBD are normal in course and calibre.

Visualised part of pancreas appears normal in size and echotexture. No evidence of duct dilatation or parenchymal calcification seen.

Spleen is normal in size (9.5 cm) and echotexture. No focal lesion is seen in the spleen.

Both the kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculus or hydronephrosis on either side. Right kidney measures 8.7 x 3.7 cm. Left kidney measures 9.3 x 4.9 cm.

Urinary bladder is well distended and appears normal. No evidence of intra-luminal calculus or mass lesion.

Uterus is normal in size, shape and echotexture. It measures $8.8 \times 7.4 \times 3.9$ cm. **IUCD is seen in situ within the endometerium.**

Both ovaries are normal in size and echotexture. The right ovary measures: $2.7 \times 1.8 \text{ cm}$ The left ovary measures: $2.3 \times 1.8 \text{ cm}$

Mild bulky cervix noted.

There is no free fluid in abdomen and pelvis.

Patient Name Age/Sex UHID	: Mrs. SWATI HELAMBKAR : 33 Year(s)/Female : SHHM.107986	Order Date Report Date	16/10/2024 11:0117/10/2024 14:46
Ref. Doctor	: self	Facility	: SEVENHILLS HOSPITAL,
Address	 D 70 MEENA TOWERS, CHEMBUR,Mumbai, Maharashtra, 400071 	Mobile	MUMBAI : 8806273020

IMPRESSION

·Mild bulky cervix.



Dr.Priya Vinod Phayde MBBS,DMRE

RegNo: 2020/11/6493

Patient Name Age/Sex UHID	: Mrs. SWATI HELAMBKAR : 33 Year(s)/Female : SHHM.107986	Order Date Report Date	 16/10/2024 08:37 16/10/2024 13:57
Ref. Doctor	: self	Facility	: SEVENHILLS HOSPITAL,
Address	 D 70 MEENA TOWERS, CHEMBUR,Mumbai, Maharashtra, 400071 	Mobile	MUMBAI : 8806273020

X-RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

IMPRESSION: No pleuroparenchymal lesion is seen.

Kula

Dr.Bhujang Pai MBBS,MD

Consultant RegNo: 49380