

Patient Name	: Mr.MANJUNATHA B A	Collected	: 21/Mar/2024 08:37AM
Age/Gender	: 41 Y 8 M 11 D/M	Received	: 21/Mar/2024 10:23AM
UHID/MR No	: CMYS.0000060144	Reported	: 21/Mar/2024 11:49AM
Visit ID	: CMYSOPV123680	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 111003954032		

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

  
Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240075839




Patient Name	: Mr.MANJUNATHA B A	Collected	: 21/Mar/2024 08:37AM
Age/Gender	: 41 Y 8 M 11 D/M	Received	: 21/Mar/2024 10:23AM
UHID/MR No	: CMYS.0000060144	Reported	: 21/Mar/2024 01:46PM
Visit ID	: CMYSOPV123680	Status	: Final Report
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
HAEMOGLOBIN	15.6	g/dL	13-17	Spectrophotometer
PCV	47.60	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.25	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	91	fL	83-101	Calculated
MCH	29.8	pg	27-32	Calculated
MCHC	32.9	g/dL	31.5-34.5	Calculated
R.D.W	13.2	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,700	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	41.6	%	40-80	Electrical Impedance
LYMPHOCYTES	<b>46.2</b>	%	20-40	Electrical Impedance
EOSINOPHILS	5.2	%	1-6	Electrical Impedance
MONOCYTES	6.4	%	2-10	Electrical Impedance
BASOPHILS	0.6	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	3203.2	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	<b>3557.4</b>	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	400.4	Cells/cu.mm	20-500	Calculated
MONOCYTES	492.8	Cells/cu.mm	200-1000	Calculated
BASOPHILS	46.2	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	0.9		0.78- 3.53	Calculated
PLATELET COUNT	314000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm at the end of 1 hour	0-15	Modified Westergren
<b>PERIPHERAL SMEAR</b>				

R.B.C: Majority are normocytic normochromic.



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**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

W.B.C: normal in number with normal morphology and distribution.  
Platelets: normal in number and are seen in singles and clumps.  
Hemoparasites: Not seen.

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.**

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Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	110	mg/dl	74-106	GOD, POD

**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- The diagnosis of Diabetes requires a fasting plasma glucose of  $> \text{ or } = 126 \text{ mg/dL}$  and/or a random / 2 hr post glucose value of  $> \text{ or } = 200 \text{ mg/dL}$  on at least 2 occasions.
- Very high glucose levels ( $>450 \text{ mg/dL}$  in adults) may result in Diabetic Ketoacidosis & is considered critical.



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SIN No:PLF02129201



Patient Name : Mr.MANJUNATHA B A	Collected : 21/Mar/2024 11:22AM
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**DEPARTMENT OF BIOCHEMISTRY**

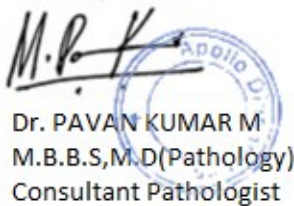
**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)</b>	125	mg/dl	70-140	GOD, POD

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



**Dr. PAVAN KUMAR M**  
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SIN No:PLP1434425



Patient Name : Mr.MANJUNATHA B A	Collected : 21/Mar/2024 08:37AM
Age/Gender : 41 Y 8 M 11 D/M	Received : 21/Mar/2024 12:27PM
UHID/MR No : CMYS.0000060144	Reported : 21/Mar/2024 12:58PM
Visit ID : CMYSOPV123680	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 111003954032	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b>				
HBA1C, GLYCATED HEMOGLOBIN	5.4	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	108	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	230	mg/dl	0-200	CHOD
TRIGLYCERIDES	140	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	29	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	201	mg/dL	<130	Calculated
LDL CHOLESTEROL	172.53	mg/dL	<100	Calculated
VLDL CHOLESTEROL	27.98	mg/dL	<30	Calculated
CHOL / HDL RATIO	7.80		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.32		<0.11	Calculated

**Comment:**

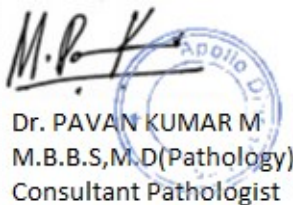
Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 – 0.20	>0.21	

**Note:**

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

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Dr. PAVAN KUMAR M  
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SIN No:SE04668918





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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.
- 7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.69	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.18	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.51	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	38	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	26.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	76.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.10	g/dl	6.4-8.3	Biuret
ALBUMIN	4.41	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.69	g/dL	2.0-3.5	Calculated
A/G RATIO	1.64		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

**1. Hepatocellular Injury:**

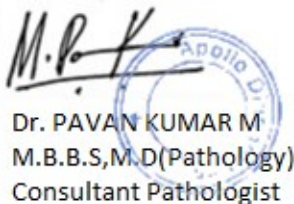
- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

**2. Cholestatic Pattern:**

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

**3. Synthetic function impairment:**

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	0.99	mg/dL	0.67-1.17	Enzymatic colorimetric
UREA	22.89	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	10.7	mg/dl	6-20	Urease, UV
URIC ACID	5.20	mg/dL	3.5-7.2	Uricase
CALCIUM	9.51	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	4.36	mg/dl	2.7-4.5	Molybdate
SODIUM	140	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.10	g/dl	6.4-8.3	Biuret
ALBUMIN	4.41	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.69	g/dL	2.0-3.5	Calculated
A/G RATIO	1.64		0.9-2.0	Calculated



Dr. PAVAN KUMAR M  
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	<b>61.00</b>	U/l	0-55	IFCC



**Dr. PAVAN KUMAR M**  
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-IODOTHYRONINE (T3, TOTAL)	1.09	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	8.07	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	2.040	µIU/mL	0.35-4.94	CMIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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DEPARTMENT OF IMMUNOLOGY

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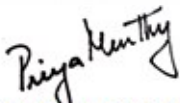


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Age/Gender : 41 Y 8 M 11 D/M	Received : 22/Mar/2024 11:23AM
UHID/MR No : CMYS.0000060144	Reported : 22/Mar/2024 01:05PM
Visit ID : CMYSOPV123680	Status : Final Report
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA) , SERUM	0.619	ng/mL	<4	CMIA



Dr Priya Murthy  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist

SIN No:IM07198275

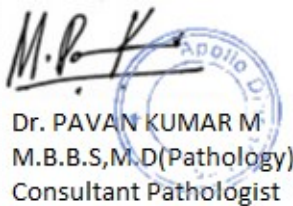


Patient Name : Mr.MANJUNATHA B A	Collected : 21/Mar/2024 08:37AM
Age/Gender : 41 Y 8 M 11 D/M	Received : 21/Mar/2024 11:08AM
UHID/MR No : CMYS.0000060144	Reported : 21/Mar/2024 12:12PM
Visit ID : CMYSOPV123680	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 111003954032	

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	POSITIVE (+)		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:UR2310778





Patient Name : Mr.MANJUNATHA B A	Collected : 21/Mar/2024 08:37AM
Age/Gender : 41 Y 8 M 11 D/M	Received : 21/Mar/2024 11:08AM
UHID/MR No : CMYS.0000060144	Reported : 21/Mar/2024 12:11PM
Visit ID : CMYSOPV123680	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 111003954032	

**DEPARTMENT OF CLINICAL PATHOLOGY**

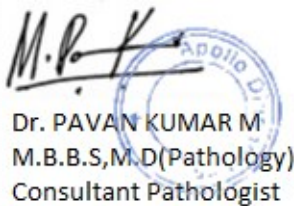
**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*

Page 17 of 17



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:UF011231



<b>Patient Name</b>	: Mr. MANJUNATHA B A	<b>Age/Gender</b>	: 41 Y/M
<b>UHID/MR No.</b>	: CMYS.0000060144	<b>OP Visit No</b>	: CMYSOPV123680
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 21-03-2024 19:10
<b>LRN#</b>	: RAD2274453	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 111003954032		

**DEPARTMENT OF RADIOLOGY**

**ULTRASOUND - WHOLE ABDOMEN**

**LIVER:** It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is distended and normal. No evidence of calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It measures 11.8x4.4 cm with parenchymal thickness of 1.4 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 11.7x6.4 cm with parenchymal thickness of 1.8 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**FOOTNOTE:** It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

**IMPRESSION: NORMAL STUDY.**

Chetan H, DNB

Consultant Radiologist.

**Dr. CHETAN HOLEPPAGOL**  
**MBBS, DNB(RADIO DIAGNOSIS)**  
Radiology

**Patient Name** : Mr. MANJUNATHA B A

**Age/Gender** : 41 Y/M

**UHID/MR No.** : CMYS.0000060144

**OP Visit No** : CMYSOPV123680

**Sample Collected on** :

**Reported on** : 21-03-2024 16:59

**LRN#** : RAD2274453

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 111003954032

---

**DEPARTMENT OF RADIOLOGY**

---

**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY .**

**Dr. CHETAN HOLEPPAGOL**  
**MBBS, DNB(RADIO DIAGNOSIS)**  
Radiology

Name: Mr. MANJUNATHA B A  
Age/Gender: 41 Y/M  
Address: MYSORE  
Location: MYSORE, KARNATAKA  
Doctor:  
Department: GENERAL  
Rate Plan: MYSORE\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. UMESH H B

MR No: CMYS.0000060144  
Visit ID: CMYSOPV123680  
Visit Date: 21-03-2024 08:31  
Discharge Date:  
Referred By: SELF

## HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

### Chief Complaints

COMPLAINTS:::: For Annual Health Checkup,

## SYSTEMIC REVIEW

### \*\*Weight

--->: Stable,

Number of kgs: 73.2,

## HT-HISTORY

### Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

\*\*Cancer: NILL,

## PHYSICAL EXAMINATION

### SYSTEMIC EXAMINATION

### IMPRESSION

### IMPRESSION

Finding Category : within normal limits,

## EKG

: NORMAL,

## RECOMMENDATION

### Fitness Report

Fitness.: YES,

## DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,



**Doctor's Signature**

8, 9, 12,

Name : Mr. MANJUNATHA B A

Age: 41 Y

Sex: M

UHID:CMYS.0000060144



OP Number:CMYSOPV123680

Bill No :CMYS-OCR-22738

Date : 21.03.2024 08:32

Address : MYSORE

Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN  
INDIA OP AGREEMENT

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324	
<del>1</del>	<del>GAMMA GLUTAMYL TRANSFERASE (GGT)</del>	
<del>2</del>	<del>PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)</del>	
<del>3</del>	<del>2 D ECHO</del>	
<del>4</del>	<del>LIVER FUNCTION TEST (LFT)</del>	
<del>5</del>	<del>GLUCOSE, FASTING</del>	
<del>6</del>	<del>HEMOGRAM + PERIPHERAL SMEAR</del>	
<del>7</del>	<del>DIET CONSULTATION</del>	
<del>8</del>	<del>COMPLETE URINE EXAMINATION</del>	
<del>9</del>	<del>URINE GLUCOSE (POST PRANDIAL)</del>	
<del>10</del>	<del>PERIPHERAL SMEAR</del>	wt - 78
<del>11</del>	<del>ECG</del>	ht - 173
<del>12</del>	<del>RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)</del>	Bp - 140/90
<del>13</del>	<del>DENTAL CONSULTATION</del>	
<del>14</del>	<del>GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)</del>	
<del>15</del>	<del>URINE GLUCOSE (FASTING)</del>	
<del>16</del>	<del>HbA1c, GLYCATED HEMOGLOBIN</del>	
<del>17</del>	<del>X-RAY CHEST PA</del>	
<del>18</del>	<del>ENT CONSULTATION</del>	
<del>19</del>	<del>FITNESS BY GENERAL PHYSICIAN</del>	
<del>20</del>	<del>BLOOD GROUP ABO AND RH FACTOR</del>	
<del>21</del>	<del>LIPID PROFILE</del>	
<del>22</del>	<del>BODY MASS INDEX (BMI)</del>	
<del>23</del>	<del>OPHTHAL BY GENERAL PHYSICIAN</del>	
<del>24</del>	<del>ULTRASOUND - WHOLE ABDOMEN</del>	
<del>25</del>	<del>THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)</del>	

~~Manjunath~~ PSA 2 days Report

**CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination

of Mr MANJUNATHA. RA on 21/03/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>Currently Unfit.</li> <li>Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	

Dr. *(Signature)*  
Medical Officer  
The Apollo Clinic, Mysore

**Apollo Health and Lifestyle Limited**

ICPN: URS1107G2000PLC115R19  
 Ring Road Office: 1, 10, 100, 62, Ashoka Raghupathi Chambers, 1st Floor, Ring Road, Mysore  
 Ph: No: (081) 4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

**APOLLO CLINICS NETWORK KARNATAKA**

Bangalore: Basavanahalli | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |  
 Kote Maricajala | Sarjapur Road | Mysore: (VV Mohalla)

Online appointments: www.apolloclinic.com

*This certificate is not meant for medico-legal purposes*

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

TO BOOK AN APPOINTMENT

**1860 500 7788**

Date : 21-03-2024  
 MR NO : CMYS.0000060144  
 Name : Mr. MANJUNATHA B A  
 Age/ Gender : 41 Y / Male

Department : GENERAL  
 Doctor : Dr Unnathi HB  
 Registration No : 67084  
 Qualification : MBBS - MCh

Consultation Timing: 08:31

Height : 173	Weight : 78	BMI :	Waist Circum :
Temp :	Pulse : 78	Resp : 20	B.P : 140/90

General Examination /  
 Allergies History

CG  
 AS  
 PA/NON

Clinical Diagnosis & Management Plan

Ad  
 T. Arotor E2 - 30  
 001  
 T ALT D3 600 over 5  
 CE WU

Review En Caran

Follow up date :

*Unnathi HB*  
 Doctor Signature  
**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

Date : 21-03-2024  
 MR NO : CMYS.0000060144  
 Name : Mr. MANJUNATHA B A  
 Age/ Gender : 41 Y / Male  
 Department : GENERAL (opthal)  
 Doctor :  
 Registration No :  
 Qualification :

Consultation Timing: 08:31

Height : 173	Weight : 78	BMI : (N)	Waist Circum :
Temp : (N)	Pulse : 90/min	Resp : 20/min	B.P : 110/90

General Examination /  
 Allergies History

-NO-

Clinical Diagnosis & Management Plan

Wearing Near Vision corrected Spectacles - since 2 months -

No H/o T2DM / HTN -  
 on regular R

Past History - NAD.

recurrent kidney stones - B/L  
 on R

vision (R) (L)  
 Far 6/6 6/6

Follow up date :

Doctor Signature

Near N6 N6

Colour (N) (N)

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 9821-460600/41



Date : 21-03-2024  
MR NO : CMYS.0000060144

Department : GENERAL [Dental]  
Doctor :

Name : Mr. MANJUNATHA B A  
Age/ Gender : 41 Y / Male

Registration No :  
Qualification :

Consultation Timing: 08:31

Height : 173	Weight : 78	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/90

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

O/E

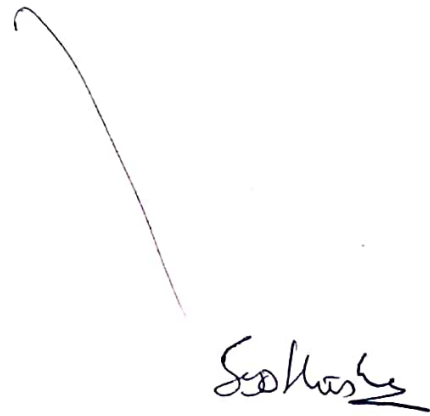
~~7~~ H10 Extraction 5 months back

Adv. - Replacement

Ca-PT, ST-PT

Adv. - Splint/Prostheses

Follow up date :

  
Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0822-4066040/41



Date : 21-03-2024  
 MR NO : CMYS 0000060144

Department : GENERAL Dietetics  
 Doctor : P. Adhura. B.P

Name : Mr. MANJUNATHA B A

Registration No :  
 Qualification : 1986 Nutrition & Dietetics  
 PhD

Age/ Gender : 41 Y / Male

Consultation Timing : 08 31

Wt - 70kg

Height : 173	Weight : 78	BMI : 26.2	Waist Circum : 100
Temp :	Pulse :	Resp :	B.P : 110/90

General Examination /  
 Allergies History

Total cholesterol - 230  
 HDL - 29  
 Non HDL - 201  
 LDL - 172.53  
 Chol/HDL - 7.80

Clinical Diagnosis & Management Plan

- > Advised low fat diet with fiber rich foods.
- > Take small frequent meals, do not skip meals.
- > Include all variety of seasonal fruits, vegetables and green leafy vegetables.
- > Include nuts like Almonds, walnuts & dry-fruits like dried dates & raisins.
- > Include seeds like Flaxseeds, pumpkin seeds, watermelon seeds, sunflower seeds & sesame seeds - 1 teaspoon each, dry roasted.
- > Avoid maida, sugar, too much of salt, baking soda & cream.
- > Avoid red meat.
- > Avoid bakery products, chips, junk food, deep fried foods, packed & processed food.

Follow up date :

Doctor Signature  
 P. Adhura. B.P  
 21/03/2024

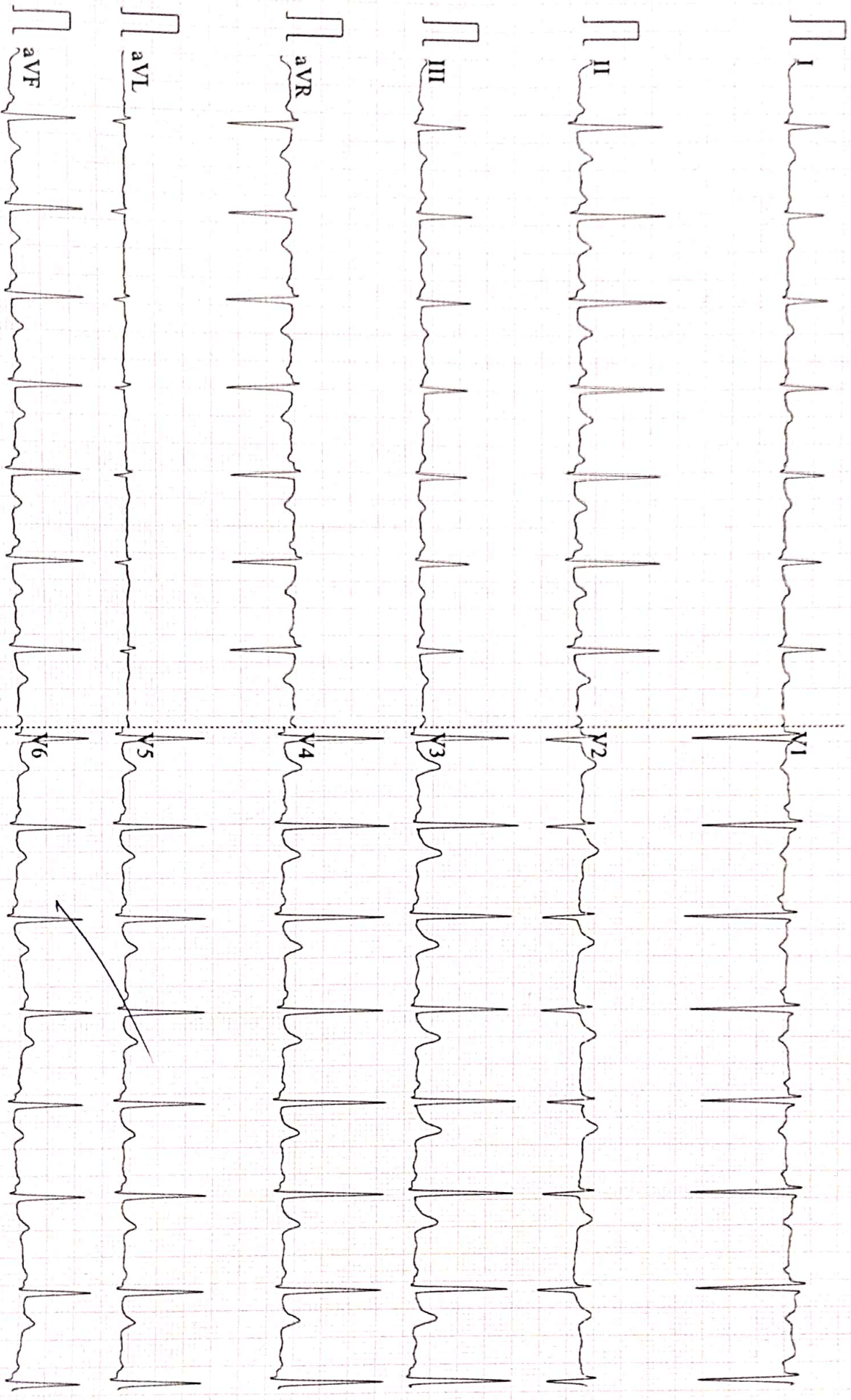
ID: 60144  
MR MANJUNATHA B A  
Male 41Years  
173cm 78kg 140/90 mmHg

21-03-2024 10:05:14 AM

Diagnosis Information:

Unconfirmed Report.

**Apollo Clinic**  
# 23, 1st Floor,  
Kailasa Road, Mysore - 02  
Ph : 0821-4006040/41



0.5-45Hz AC50 25mm/s 10mm/mV 2\*5.0s 89 CARDIART 8 D V1.43 Glasgow V28.6.0 APOLLO CLINIC MYSURU



Patient Name : Mr. MANJUNATHA B A  
UHID : CMYS.0000060144  
Reported on : 21-03-2024 16:58  
Adm/Consult Doctor :

Age : 41 Y M  
OP Visit No : CMYSOPV123680  
Printed on : 21-03-2024 16:59  
Ref Doctor : SELF

---

**DEPARTMENT OF RADIOLOGY**

---

**X-RAY CHEST PA**

Both lung fields and hila are normal .  
No obvious active pleuro-parenchymal lesion seen .  
Both costophrenic and cardiophrenic angles are clear .  
Both diaphragms are normal in position and contour .  
Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY .**

Printed on:21-03-2024 16:58

---End of the Report---

  
**Dr. CHETAN HOLEPPAGOL**  
**MBBS, DNB(RADIO DIAGNOSIS)**  
Radiology

---

**Apollo Health and Lifestyle Limited**

(CIN : U65110TG2000PLC115819)

Regd Office: 1, 10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph No: 040-4904 7777 | Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

**APOLLO CLINICS NETWORK KARNATAKA**

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**Kolar** | Marolli | Sarjapur Road | **Mysore** (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Page 1 of 1

Patient Name: Mr. MANJUNATHA B A	Date: 21.03.2024	Referring Doctor: Self
Age / Sex : 41yrs /Male	UHID :60144	
<b>ULTRASONOGRAPHY – ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is distended and normal. No evidence of calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It measures 11.8x4.4 cm with parenchymal thickness of 1.4 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.


**LEFT KIDNEY:** It measures 11.7x6.4 cm with parenchymal thickness of 1.8 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

**IMPRESSION:** NORMAL STUDY.



Dr. Chetan H, DNB  
Consultant Radiologist.

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

Regd. Office: 1, 10-60 62, Anhoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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Koramangala (Sarjapur Road) | Mysore (VV Mohalla)

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TO BOOK AN APPOINTMENT

 **1860 500 7788**



Patient Name : Mr.Manjunath B A

Age & Sex: 41Yrs /Male

Date :21.03.2024

UHID No :60144

**MORPHOLOGICAL DATA:**

Left Atrium	Normal
Left Ventricle	Normal
Right Atrium	Normal
Right Ventricle	Normal
Interatrial septum	Intact
Interventricular septum	Intact
Aorta	Normal
Pulmonary artery	Normal
Mitral valve	Normal
Tricuspid valve	Normal
Aortic valve	Normal
Pulmonary valve	Normal
Pericardium	Normal

**DIMENSIONS:**

RVIDd	1.42 cms
LVIDd	4.03 cms
LVIDs	2.44 cms
IVSd	0.86 Cms
LVPWd	0.89 Cms
AORTA	2.51 cms
LA	3.02 Cms
LVEF	70%

**Apollo Health and Lifestyle Limited**

ICIN : U85110TG2000PLC1158191

Regd. Office: 1-10-63-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

Patient Name : Mr.Manjunath B A

Age & Sex: 41Yrs /Male

Date :21.03.2024

UHID No :60144

**DOPPLER DATA:**

VALVES	Velocity (Cm/s)	Peak Gradient (mmHg)	Mean Gradient (mmHg)	Regurgitation
Mitral	E : 0.79 A : 0.70 E/A : 1.14 E/e' : 7.51	2.32		NIL
Tricuspid	E: 0.59 A: 0.53			NIL
Aortic	1.29	6.75		NIL
Pulmonary	0.97	3.83		NIL

**IMPRESSION:**

NORMAL VALVES AND CHAMBERS ✓

NO RWMA

NORMAL LV FUNCTION

NO e/o CLOT/ VEGETATION/ PE ✓

  
Dr GOWTHAM H G

MD, DM CARDIOLOGY

**Apollo Health and Lifestyle Limited**

(CIN: URS110TG2000PLC115819)  
Regd. Office: 1-10 Rd 62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
Ph. No: (040) 4904 7777 Fax No: 4904 7744 | Email: D.enquiry@apollohi.com | www.apollohi.com

**APOLLO CLINICS NETWORK KARNATAKA**

Bangalore | Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |  
Koramangala | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

**Informed Consent/Declaration For Test Exclusion**

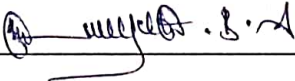
Patient Name: Manjunatha. B A Age: 41 Years

UHID Number: 60144

Please tick and sign the relevant part

I certify that I will skip ENT Consultation Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature:  Date: 21/03/24

Witness signature: Nibla tha Date: 21/03/24



**Government of India**  
भारत सरकार



**National Pension System**  
नेशनल पेन्शन सिस्टम

Name / नाम

**MANJUNATHA B A**

Father's Name / पिता का नाम

**ANNAJI GOWDA**

Date of Birth / जन्म तारीख

**10/07/1982**

Permanent Retirement Account Number

**111003954032**

Subscriber Signature



14072014



Health Check up Booking Confirmed Request(UBOIE4463),Package Code-  
PKG10000367, Beneficiary Code-311264

manju B A <manjunice21@gmail.com>

Thu 21-03-2024 08:25

To:Mysore Apolloclinic <mysore@apolloclinic.com>

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Wed, Mar 20, 2024, 2:07 PM

Subject: Health Check up Booking Confirmed Request(UBOIE4463),Package Code-PKG10000367,  
Beneficiary Code-311264

To: <manjunice21@gmail.com>

Cc: <customercare@mediwheel.in>

011-41195959

Dear **MANJUNATHA B A**,

We are pleased to confirm your health checkup booking request with the following details.

**Hospital Package Name** : Mediwheel Full Body Annual Plus Above 50 Male

**Patient Package Name** : MediWheel Full Body Health Checkup Male 40 To 50

**Name of Diagnostic/Hospital** : Apollo clinic - VV Mohalla

**Address of Diagnostic/Hospital-** : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore - 570002

**City** : Mysore

**State** :

**Pincode** : 570002

**Appointment Date** : 21-03-2024

**Confirmation Status** : Booking Confirmed

**Preferred Time** : 8:30am

**Booking Status** : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
MANJUNATHA B A	41 year	Male

Note - Please note to not pay any amount at the center.

**Instructions to undergo Health Check:**

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.