



Name : Mr. HEM NARZARY (32 /M)
 Address : BAKSA, OTHER, OTHER, ASSAM, INDIA

Date : 10/02/2024
AHC MEDICAL SUMMARY

Examined by : Dr .PRABIN KUMAR SAIKIA

UHID : AHLG2.000003739

Package : MediWheel Full Body Health Check up-Male below 40Yrs

AHC No : APHCAH21541



CHIEF COMPLAINTS

MediWheel Full Body Health Check up-Male below 40Yrs



DRUG ALLERGY

NO KNOWN ALLERGY :10/02/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Abdominal pain - yes; Site - lower abdomen; Dyspepsia - yes; Bowel habits - regular, constipation; Piles - no

Genitourinary system

Dysuria/burning micturition - yes

Central nervous system

Concentration - good; Sleep - good

Musculoskeletal system

Spine and joints
 - Nil Significant

Weight

- stable



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
 Diet - Non Vegetarian
 Alcohol - consumes alcohol occasionally

Smoking - No
 Chews tobacco - No
 Physical activity - Mild



Family history

Father - has expired
 Aged - 62 years
 Cause - stroke
 Mother - alive
 Aged - 56 years
 Brothers - 1
 Sisters - 1
 Hypertension - father
 Coronary artery disease - none
 Cancer - uncle
 CVA - father

PHYSICAL EXAMINATION



General

Height - 169
 Weight - 76
 BMI - 26.61
 Waist circumference - 91
 Hip - 97
 Waist/ Hip ratio - 0.94
 Pallor - No
 Oedema - no
 SpO2 - 98% RA



Head and ENT

Throat - Hypertrophied tonsillitis
 Others - Nose Bilateral HIT +



Cardiovascular system


Heart rate (Per minute) - 86
 Rhythm - Regular
 - B.P. Sitting
 Systolic(mm of Hg) - 110
 Diastolic(mm of Hg) - 70

Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 20

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No

Tenderness - No

Printed By : SAMIMA YASMIN

Executive Summary

- 1. Overweight (BMI 26.2)
- 2. Cortical cyst in right kidney (18 x 19 mm)

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
VITAMIN D-SERUM	Immediate/Urgent		

Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
 MD (Gen Medicine), FCGP, FICP, PGDHHM
 Registration No.-7523, Assam
 Consultant Physician, APHC
 Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mr. HEM NARZARY Age : 32Yr 0Mth 0Days Gender : Male
 UHID : AHLG2.0000037395 / APHCAH21541 W/BNo/RefNo : AHC
 SIN \ LRN : 123295479 \ 123295504 \ 123295481 \ 10301503
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 10-FEB-2024 11:05:23 AM Received on : 10-FEB-2024 12:15:21 PM Reported on : 10-FEB-2024 01:58:13 PM

MediWheel Full Body Health Check up-Male below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM (UV With P5P-IFCC)	41	Healthy Males:-16-63 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	4.3	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.8 *	Healthy Adults :1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	60	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	29	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Dumas Ref. method/Jendrassik & Grof.)	0.5	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	184	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	34	Healthy Men:15 - 85	U/L

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GLUCOSE -PLASMA (FASTING)

Hexokinase 89 Non-Diabetic: <=100 mg/dL
 Pre-Diabetic: 100-125
 Diabetic: >=126

HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)

47 Low: <40 mg/dL
 High: >=60

TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)

3.9 Desirable :< 4.5

LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)

118 * Optimal:<100 mg/dL
 Near Optimal:100-129
 Borderline High:130-159
 High:160-189
 Very High:>=190

PROTEIN, TOTAL - SERUM (Biuret)

8.1 Healthy Adults:6.4-8.3 mg/dl

TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)

79 Normal : <150 mg/dL
 Borderline High :150-199
 High : 200-499
 Very High : >=500

UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)

16 * <50 years:19-44 mg/dL

URIC ACID - SERUM (Modified Uricase)

4.7 Healthy Men: 3.5 - 7.2 mg/dL

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VLDL CHOLESTEROL - SERUM CALCULATED.	16	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.1	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFJE METHOD	1.00	Healthy Men: 0.72 - 1.25	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	100	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.9	Healthy Adults Euthyroid: 1.2-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	113	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	3.31	Healthy Adults Euthyroid:0.270 - 4.20	uIU/mL

Report Status:Final

* END OF REPORT *

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1078550

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Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

Page 3 of 3
CONSULTANTS

DR. I. KALITA, MD

DR. T. SARMA, DCP

DR. P. GOSWAMI, MD

DR. M. SAIKIA, MD(BIOCHEMISTRY)

DR. A. VERMA, DCP

DR. M. BARMAN, MD

DR. D.J. LAHON, MD (MICRO)

DR. M. SARMA, MD (MICRO)

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 UHID : AHLG2.0000037395 / APHCAH21541 W/BNo/RefNo : AHC
 SIN \LRN : 123295480 \ 123295503 \ 10301503
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 10-FEB-2024 11:05:23 AM Received on : 10-FEB-2024 01:07:52 PM Reported on : 10-FEB-2024 01:12:08 PM

MediWheel Full Body Health Check up-Male below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	13.5	13.0 - 18.0	g/dl
RBC COUNT	4.59	4.5 - 5.5	Million/ul
MCV	92.6 *	82.0 - 92.0	fl
MCH	29.4	26.0 - 32.0	pg
MCHC	31.8	31.0 - 36.0	g/dl
RDW-CV	13.9	11.6 - 14	%
RETICULOCYTE COUNT	2.25	Healthy Adult -0.5-2.5%	%
Platelet Count	140 *	150 - 400	10 ⁹ /mm ³
TLC/WBC Count	6.23	4.0 - 11.0	10 ³ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18 *	0 - 10	mm/1st hr
Differential Count			
Neutrophils	56.4	45 - 75	%
Lymphocytes	38.7	20 - 40	%
Eosinophils	1.9	1 - 6	%
Monocytes	2.7	2 - 10	%
Basophils	0.3	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic & normochromic		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	42.5	40 - 50	%

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 SIN \LRN : 123295480 \ 123295503 \ 10301503
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia




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URINE- BENCE JONES PROTEINS	Negative	Negative
URINE ROUTINE (CUE)		
Color,:	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
DEPOSITS:(Microscopy)		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2/HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	0-1/HPF	Up to 20
Casts:(Microscopy)	Not Detected	Absent /lpf
Crystals:	Not Detected	Absent /lpf
Nitrite	Negative	Negative
URINE SUGAR	Nil	
Report Status:Final		

* END OF REPORT *

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GUWAHATI
TOUCHING LIVES

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Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

Printed On : 12-FEB-2024 11:19:34 AM

Page 2 of 2 CONSULTANTS

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DR. M. SARMA, MD (MICRO)

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Name : Mr. HEM NARZARY Age : 32Yr 0Mth 1Days Gender : Male
 UHID : AHLG2.0000037395 / APHCOPP112956 W/BNo/RefNo : OP
 SIN \ LRN : 123302820 \ 10304055
 Specimen : Blood
 Ref Doctor : Dr. UDAY PRASAD MS



Collected on : 11-FEB-2024 10:46:44 AM Received on : 11-FEB-2024 11:29:38 AM Reported on : 11-FEB-2024 12:53:43 PM

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS
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IGE (TOTAL)
IgE (TOTAL)

117.3

Normal Range :
 NEONATES <1.5 U/ml
 Children/adolescents 1 Yrs < 15
 IU/ml 2 - 5
 Years < 60IU/ml 6 - 9
 Years < 90IU/ml 10 -15
 Year < 200 IU/ml Adult < 100
 IU/ml

Comments : Normal Range :NEONATES <1.5 IU/ml
 Children
 adolescents 1 yrs < 15 IU/ml
 2 - 5 Years < 60IU/ml
 6 - 9 years < 90IU/ml
 10 -15 year < 200 IU/ml
 Adult < 100 IU/ml

Report Status:Final

Apollo
HOSPITALS
GUWAHATI
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* END OF REPORT *

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1078550

Printed On : 12-FEB-2024 11:20:16 AM

Dr. MOUSHUMI SAIKIA,
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REG NO.14979 AMC
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Page 1 of 1

CONSULTANTS

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MC-3480

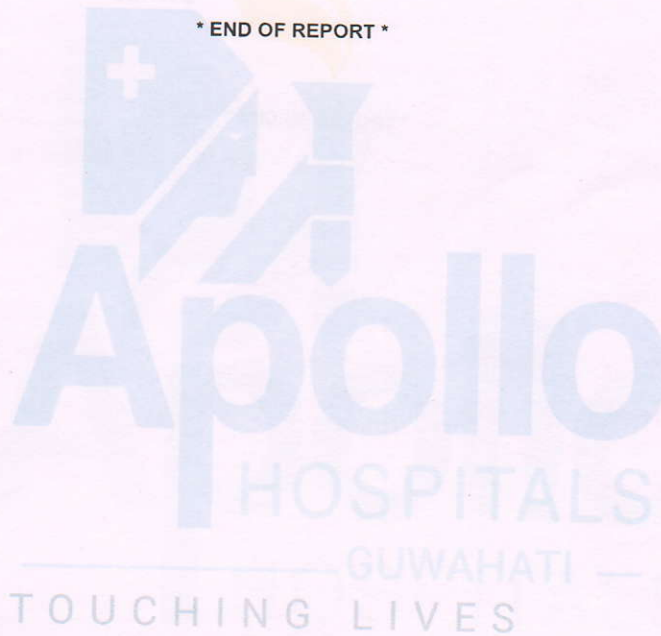
Name : Mr. HEM NARZARY Age : 32Yr 0Mth 1Days Gender : Male
UHID : AHLG2.0000037395 / APHCOPP112956 W/BNo/RefNo : OP
SIN \LRN : 123302821 \ 10304055
Specimen : Whole Blood (EDTA)
Ref Doctor : Dr. UDAY PRASAD MS



Collected on : 11-FEB-2024 10:46:44 AM Received on : 11-FEB-2024 11:22:51 AM Reported on : 11-FEB-2024 11:31:33 AM

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ABSOLUTE EOSINOPHIL COUNT Report Status:Final	120	40.0 - 400.0 cells/cumm	Cells/cu.mm

* END OF REPORT *



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Printed On : 12-FEB-2024 11:20:40 AM

DR. TRIDIB SARMA, D.C.P
CONSULTANT PATHOLOGIST

CONSULTANTS

DR. I. KALITA, MD

DR. T. SARMA, DCP

DR. P. GOSWAMI, MD

DR. M. SAIKIA, MD(BIOCHEMISTRY)

DR. A. VERMA, DCP

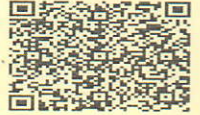
DR. M. BARMAN, MD

DR. D.J. LAHON, MD (MICRO)

DR. M. SARMA, MD (MICRO)

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Name : Mr. HEM NARZARY Age : 32Yr 0Mth 0Days Gender : Male
UHID : AHLG2.0000037395 / APHCAH21541 W/BNo/RefNo : AHC
SIN \LRN : 123295502 \ 10301503
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 10-FEB-2024 11:05:23 AM Received on : 10-FEB-2024 03:59:17 PM Reported on : 10-FEB-2024 04:18:04 PM

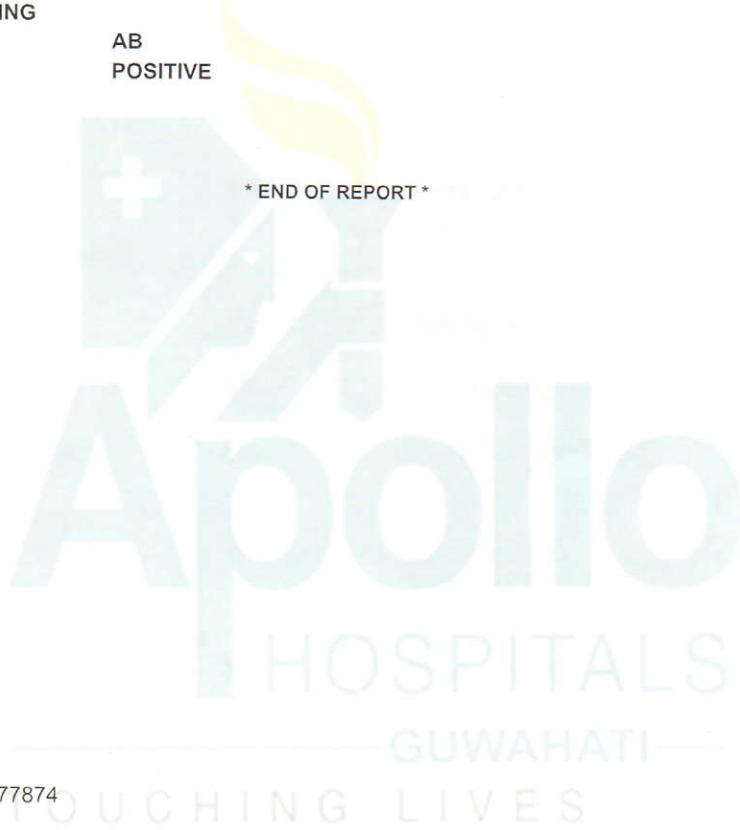
TEST NAME

RESULT

BLOOD GROUPING AND TYPING

ABO Group: AB
Rh (D) Type: POSITIVE
Report Status:Final

* END OF REPORT *



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Printed On : 10-FEB-2024 04:19:12 PM

CONSULTANTS

DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	AHLG20000037395	Patient Name:	HEM NARZARY
Age:	32 Years	Sex:	M
Accession Number:	17002.124037929	Modality:	DX
Study Date:	10-Feb-2024	Study:	Chest PA
Referring Physician:	Prabin Kumar Saikia		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

Meghali Gohain

Dr. Meghali Gohain, MD
Consultant Radiology

Date: 10-Feb-2024 14:05:12

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TOUCHING LIVES

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	0000037395	Patient Name:	HEM NARZARY
Age:	32 Years	Sex:	M
Accession Number:		Modality:	US
Referring Physician:	DR P K SAIKIA	Study:	W/A
Study Date:	11-Feb-2024		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. There is evidence of cortical cyst measuring about 18 x 19 mm in mid pole of right kidney with internal echogenic debris and thin septae. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 99 mm

Left kidney measures – 97 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

PROSTATE

The prostate gland is normal in size. It weighs about 17 gms.

SEMINAL VESICLE

Both the seminal vesicles appear normal.

No ascites is seen.

Impression:

- **Cortical cyst in right kidney.**
- **No other significant abnormality is noted on this scan.**



Dr. Utpal Das, MD (Radiodiagnosis)

Senior Consultant Radiologist

Reg No-13621 (AMC)

Date: 11-Feb-2024 14:24:04

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB

Discrepancy or transcription error if detected should be sent for correction

APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MR. HEM NARZARY ,
Patient ID: 48127
Height:
Weight:

DOB: 13.03.1991
Age: 32yrs
Gender: Male
Race: Indian

Study Date: 10.02.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:32	0.00	0.00	67	120/80	
	STANDING	00:44	0.00	0.00	76		
	HYPERV.	00:01	0.00	0.00	76		
	WARM-UP	00:07	1.00	0.00	77		
EXERCISE	STAGE 1	03:00	2.70	10.00	110	130/80	
	STAGE 2	03:00	4.00	12.00	139	140/80	
	STAGE 3	02:02	5.50	14.00	171	150/80	
RECOVERY		03:04	0.00	0.00	103	130/80	

The patient exercised according to the BRUCE for 8:01 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 66 bpm rose to a maximal heart rate of 171 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician

[Signature]
DR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Apollo International Hospital

Technician

Patient Details : Mr. HEM NARZARY | Male | 32Yr 0Mth 0Days

UHID : AHLG2.0000037395

Patient Location: AHC

Patient Identifier: APHCAH21541



DRN : 100027701

Completed on : 10-FEB-2024 11:07

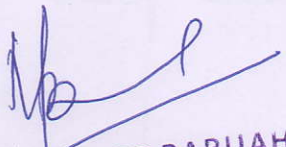
Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---


DR. MONTREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital