



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Mr Bhushan Badhe
FNAG-0000017205

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. BADHE BHUSHAN V
EC NO.	161476
DESIGNATION	SPECIAL ASSISTANT
PLACE OF WORK	KHAPA
BIRTHDATE	07-08-1987
PROPOSED DATE OF HEALTH CHECKUP	25-03-2023
BOOKING REFERENCE NO.	22M161476100051926E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **22-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda



(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

भारत सरकार
GOVERNMENT OF INDIA

भूषण विष्णु बढे
Bhushan Vishnu Badhe

जन्म वर्ष / Year of Birth : 1987
पुरुष / Male

4363 1982 8411

आधार - सामान्य माणसाचा अधिकार



भारतीय विशिष्ट ओळख प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पत्ता :
S/O विष्णु बढे
वार्ड नो 6 खैरी पुरा, पारशिवनी
नागपूर, महाराष्ट्र, 441105

Address :
S/O Vishnu Badhe
WAARD NO 6 KHAIRY PURA, Parshivn
Nagpur, Maharashtra, 441105

Aadhaar - Samanya Maansacha Adhikaar



नाम : **Bhushan V Badhe**
कार्यकारी कूट क्र
E.C.No. : **161476**



नारीकरी प्राधिकारी
Issuing Authority
Chief Manager (HRM)
Pune Zone

B. Badhe

धारक के हस्ताक्षर
Signature of Holder



HEALTH CHECK-UP

 No.

Date: _____

Venue: _____

 Name : Bhushan Badhe Age 35 Sex m.

 Address: _____

Mobile : _____ Email _____

CHIEF COMPLAINTS

Increased Urination <input type="checkbox"/>	Headache <input type="checkbox"/>
Weight Loss <input type="checkbox"/>	Blurring of vision <input type="checkbox"/>
Increased Hunger <input type="checkbox"/>	Generalised Weakness <input type="checkbox"/>
Tingling / Numbness <input type="checkbox"/>	Joint Pain <input type="checkbox"/>

HISTORY Personal Family

Diabetes <input type="checkbox"/>	Family <input type="checkbox"/>
Hypertension <input type="checkbox"/>	Family <input type="checkbox"/>
Heart Disease <input type="checkbox"/>	Family <input type="checkbox"/>
Others <input type="checkbox"/>	Family <input type="checkbox"/>

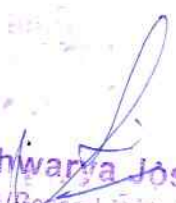
TEST RESULT

Blood Sugar : WNL / BP : 110/80
 Weight 62.7 Kgs Height 1.64 mtr ECG WNL
 Other _____

CONSULTATION ADVISED

Cardiologist <input type="checkbox"/>	Dietician <input type="checkbox"/>	Ophthalmologist <input type="checkbox"/>
Dentist <input type="checkbox"/>	ENT <input type="checkbox"/>	Orthopaedic <input type="checkbox"/>
Dermatologist <input type="checkbox"/>	Obs & Gynecologist <input type="checkbox"/>	Spine Surgeon <input type="checkbox"/>

Rx Lifegard chys explained.


Dr. Aishwarya Joshi
 MBBS, MD (General Medicine)
Name & Signature Of Doctor
 Reg. No. 27127

PATIENT NAME :- Mr. Bhushan Badhe

UHID / MR NO. :- FNAW. 00000

SPONSOR NAME :-

HEIGHT :- 164.2 cm
WEIGHT :- 62.7 kg
SPO2 :- 98%
BP :- 110/80 mmHg
BMI :- 23.2
TEMPRETURE :- 91.4 F
PULSE :- 86/min

DATE :- 25/3/23

PLACE :- Apollo Clinic Nagpur

AUTHORIZATION STAMP



25/03/2023.

Mr. Jyusha Bedhe.

NO ENT complaint.

of



BLT in Juleed.

Nose }
Throat }

Ado
No Achic Tubercle
At present

Dr. MINAL GUPTA
MBBS, MS. (ENT)
Consultant ENT Surgeon
Apollo Clinic, Nagpur
Reg. No. 2012/40867

Name: Bhushan Bade.

Age: 35 yr.

Y/C: Patient came for a routine check-up.

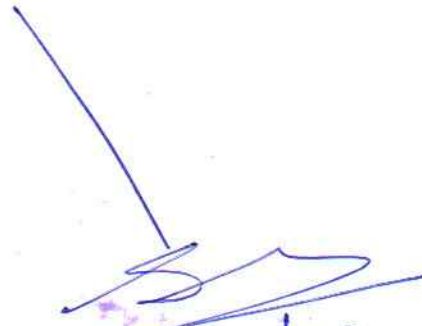
O/E: - Teeth present $\bar{\begin{array}{c} 7 \leftarrow | | \rightarrow 7 \\ \hline 8 \leftarrow | | \rightarrow 8 \end{array}}$

- Pit & fissure caries $\bar{\begin{array}{c} 6 | 6 \\ \hline 6 | 6 \end{array}}$

- Stains ++, calculus +

Adv: ① scaling & polishing

② Restoration $\bar{\begin{array}{c} 6 | 6 \\ \hline 6 | 6 \end{array}}$


25/03/23

Dr. Shruti Chouryade



DIET CHART

Name :- Bhuvan Bawe Date:- 25/03/2023
Age\Sex:- 35Y. Height:- 164cm Weight:- 62.7Kg BMI:- 23.2 Kg/m IBW:- 64kg.
Dignosis:- Fatty liver.
Total Calories:- 1700 Kcal:- 1day Fat:- 20 Gms:- 1day
Total Protein:- 73 gms Total Fluids:- 4-5 lit/day.

DIET CHART

TIMMING Lemon tea/ black tea /milk (dry fruits powder)/ Tea/ coffee/ Almonds 5pc.+
7.00-8.00AM. walnuts 2 pc + 1 straberry shake 1 glass/

BREAKFAST Semi solid upma / Oats/ Nachani sheera or kheer moong powder chilla + curd 1 B.
9.30-10.00AM Veg dalia / cucumber chilla + chutany / sattu khichadi or sheera/ fruit juice .
अंडरिज मल्लो, मुंजी, चणु

MID-MORNING Coconute water / buttermilk / cucumber juice/ beet juice/Lauki juice/
11.30-AM ½ banana + spinach + 5pc. Almonds + 2 dates smothi 1 glass.

LUNCH रतनी 150g + veg 2k.
1.00-2.00PM 1 small plate Mix dal khichadi / Veg. oats /moong dal + crush roti / moong dal + rice
Tomato soup/ curd (fresh & without malai) OR Raita + fresh veg.

MID- EVIEING Apple stew/ small plate papaya/ chiku juice or pinapple juice or slice / watermelon
4.30-5.00PM muskmelon juice 1 glass / carrot juice or spinach + tomato juice 1 glass.

21/11/24 - 150g
DINNER 7-8.00PM Idali 2pc + chutany (peante) Dhoka 2pc. / Uttapam 1pc / Dosa 1 plate (Homemade)
Mixs Veg. moong dal khichadi 1 plate / oates chila 2pc + peanut chutany.

BED TIME 10.00-10.30PM Milk + 2 scoops dry fruits powder/ apple juice 1 glass/ pomegranate juice.
GGM 41452

X AVOID :- Custard Apple/ Banana/Chiku/ white sugar/jagary/ sweets/ pastry/cakes/rice/ potatoes/
out side foods.

follow up
after 20 days.


Dietician

Dr. Archana B. Bobade
(M.sc Food Science & Nutrition)



Name: MR. BHUSHAN BADHAE
D Number: 230325004

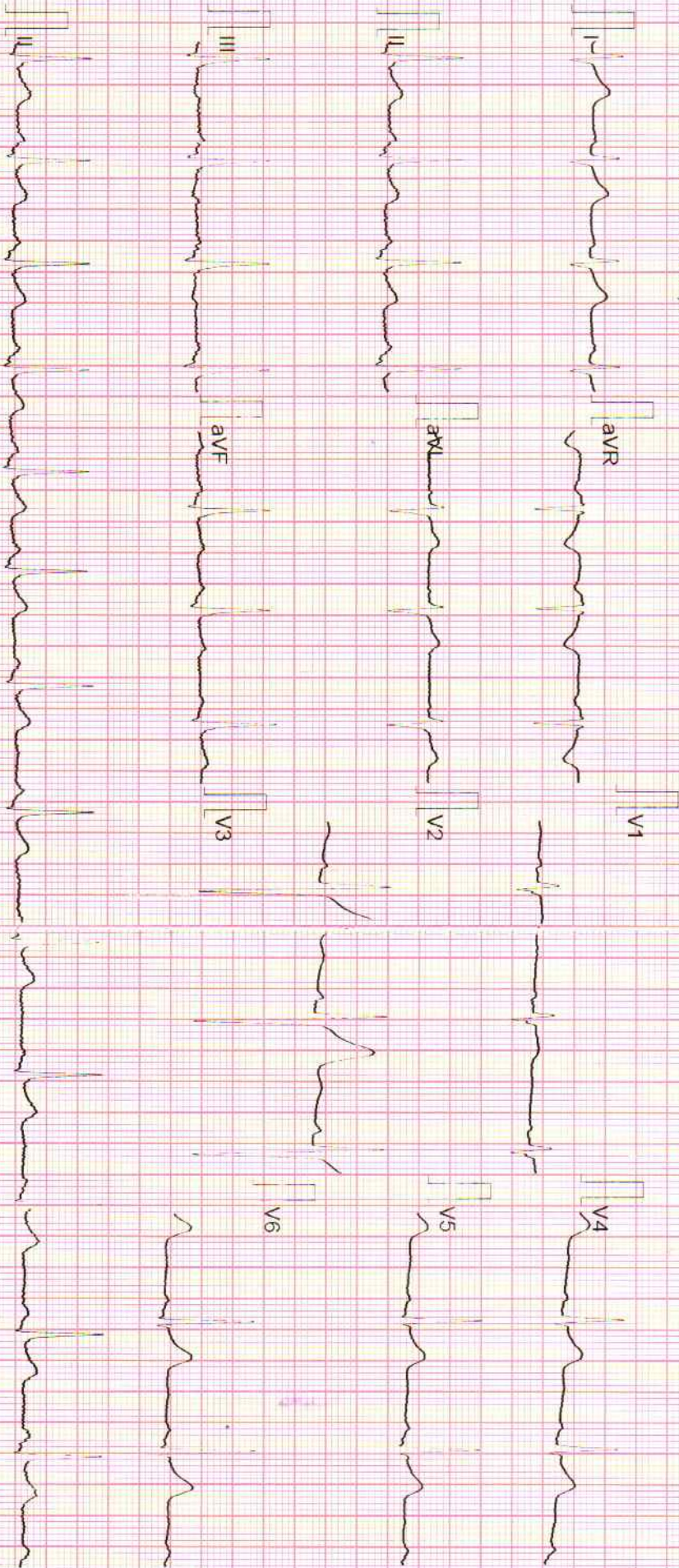
Gender: Male
Ref: department 01

Sub-ID No.: 00000
Age: 35 Years
Room No.: 01

Heart rate : 81 bpm
QRS duration : 89 ms
P/QRS/T axis : 54/85/34°
RV5+SV1 voltage: 1.56 mV

PR interval : 144 ms
QT/QTc interval : 355/391 ms
RV5/SV1 voltage : 1.23/0.33 mV
[Minnesota code] 941

10mm/mV 25mm/s AC:50Hz,0.05-35Hz



Doctor needs to confirm the report.
Check time: 2023/03/25, 10:55:11
Print time: 2023/03/25, 10:55:13

Patient Name : Mr. BHUSHAN BADHE
UHID/MR No. : FNAG.0000017205
Visit Date : 25-03-2023 11:23
Sample Collected on : 25-03-2023 15:56
Ref Doctor : SELF
Emp/Auth/TPA ID : 00
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 35Y/Male
OP Visit No : FNAGOPV24961
Reported on : 25-03-2023 16:03
Specimen : EDTA Blood
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE


<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
COMPLETE BLOOD COUNT			
HAEMOGLOBIN Method: Spectrophometry	13.2	13 - 18 gm/dl	%
RBC COUNT Method: Electrical Impedence	4.62	3.8 - 5.5	Mill/Cumm
HEMATOCRIT(PCV) Method: Calculated	39.2	36-46 %	%
PLATELET COUNT Method: Electrical Impedence	1.95	1.5 - 4 lakhs/ cu mm	Lac/cumm
TOTAL WBC COUNT Method: Electrical Impedence	4540	4000 - 11000	/cumm
NEUTROPHIL. Method: Microscopy	60	40-75 %	%
BASOPHIL. Method: Microscopy	00	0-1%	%
LYMPHOCYTE. Method: Microscopy	35	20- 40 %	%
EOSINOPHIL. Method: Microscopy	02	1-6%	%
MONOCYTE. Method: Microscopy	03	2-8 %	%
MCV Method: Impedence method	84.9	82-100	
MCH Method: Impedence method	28.5	27-32	
MCHC Method: Impedence method	33.6	32 - 36	
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	0 - 15	mm/hr


PS FOR OPINION

RBC - Normocytic Normochromic
 WBC - With in Normal Limits
 PLATELETS - Adequate
 MP -Not Seen

End of the report

Results are to be correlated clinically


 Lab Technician / Technologist
 Nikhil Mallewar


 Dr. Shefali Saoji
 MD.(PATH)
 Pathologist

Patient Name : Mr. BHUSHAN BADHE
UHID/MR No. : FNAG.0000017205
Visit Date : 25-03-2023 11:23
Sample Collected on : 25-03-2023 15:56
Ref Doctor : SELF
Emp/Auth/TPA ID : 00
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 35Y/Male
OP Visit No : FNAGOPV24961
Reported on : 25-03-2023 16:03
Specimen : Serum
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
THYROID PROFILE - I(T3,T4 AND TSH)			
TOTAL T3: TRI IODOTHYRONINE - SERUM Method: CLIA.	101.93	62 - 181	ng/dl
TOTAL T4: THYROXINE - SERUM Method: CLIA	8.73	6.09 - 12.23	g/dL
TSH: THYROID STIMULATING HORMONE - SERUM Method: ECLIA	1.87	0.53 - 6.0	uIU/ml

End of the report

Results are to be correlated clinically


 Lab Technician / Technologist
 Nikhil_Mallewar


 Dr. Shefali Saoji
 MD (PATH)
 Pathologist

Patient Name : Mr. BHUSHAN BADHE
 UHID/MR No. : FNAG.0000017205
 Visit Date : 25-03-2023 11:23
 Sample Collected on : 25-03-2023 15:56
 Ref Doctor : SELF
 Emp/Auth/TPA ID : 00
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 35Y/Male
 OP Visit No : FNAGOPV24961
 Reported on : 25-03-2023 15:58
 Specimen : Serum
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIVER FUNCTION TEST (PACKAGE)			
SGPT/ALT: Method: IFCC	15.3	0 - 45	U/L
SGOT/AST: Method: IFCC	20.7	0 - 45	U/L
ALKA-PHOS: Method: IFCC	110.1	42 - 129	U/L
BILIRUBIN - TOTAL: Method: Diazotized Sulphanilic	1.09	0.2 - 1.2	MG/DL
BILIRUBIN - DIRECT: Method: Diazotized Sulphanilic	0.27	0.0 - 0.3	MG/DL
BILIRUBIN - INDIRECT: Method: Calculated.	0.82	0.1 - 1.0	MG/DL
TOTAL PROTEIN - SERUM: Method: Biuret	7.2	6.6 - 8.2	GM/DL
ALBUMIN - SERUM: Method: Bromocresol green	4.6	3.2 - 5.0	GM/DL
GLOBULIN - SERUM: Method: Calculated	2.6	1.8 - 3.6	GM/DL
Gamma Glutamyl Transferase	23.8	0.0 - 62	IU/L

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
 Nikhil_Mallewar

Dr. Shefali Saoji
 MD (PATH)
 Pathologist

Patient Name : Mr. BHUSHAN BADHE
 UHID/MR No. : FNAG.0000017205
 Visit Date : 25-03-2023 11:23
 Sample Collected on : 25-03-2023 15:56
 Ref Doctor : SELF
 Emp/Auth/TPA ID : 00
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 35Y/Male
 OP Visit No : FNAGOPV24961
 Reported on : 25-03-2023 16:03
 Specimen : EDTA Blood
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
BLOOD GROUP AND RH TYPE			
BLOOD GROUP AND RH TYPE Method: Slide Test	"O" RH POSITIVE		


<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLYCOSYLATED HEMOGLOBIN (HBA1C)			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: HPLC.	5.1	Non diabetic level <=5.6 Risk of diabetes 5.7 - 6.4 Diabetes >= 6.5	

GLUCOSE - (FASTING)			
GLUCOSE - (FASTING) Method: (GOD-POD).	92.8	70 - 110	mg/dL
GLUCOSE - (POST PRANDIAL)			
GLUCOSE - (POST PRANDIAL). Method: (GOD-POD)	106.2	80.0 - 140.0	mg/dl
URINE GLUCOSE(FASTING PRANDIAL)			
URINE GLUCOSE(FASTING PRANDIAL).	Absent		
URINE GLUCOSE(POST PRANDIAL)			
URINE GLUCOSE(POST PRANDIAL).	Absent		

End of the report

Results are to be correlated clinically


 Lab Technician / Technologist
 Nikhil_Mallewar


 Dr. Shefali Saoji
 MD (PATH)
 Pathologist

Patient Name : Mr. BHUSHAN BADHE
 UHID/MR No. : FNAG.0000017205
 Visit Date : 25-03-2023 11:23
 Sample Collected on : 25-03-2023 15:56
 Ref Doctor : SELF
 Emp/Auth/TPA ID : 00
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED


Age / Gender : 35Y/Male
 OP Visit No : FNAGOPV24961
 Reported on : 25-03-2023 16:02
 Specimen : Serum
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
KFT - RENAL PROFILE-SERUM			
Urea Method: urease-GLDH	23.29	19 - 45	mg/dl
Creatinine Method: Enzymatic	0.98	0.7 - 1.3	mg/dl
Sodium(Na)	138.3	130 - 145	meq/L
Potassium(K)	4.22	3.5 - 5.5	meq/L

End of the report

Results are to be correlated clinically


 Lab Technician / Technologist
 Nikhil_Mallewar


 Dr. Shefali Saoji
 MD (PATH)
 Pathologist

Patient Name : Mr. BHUSHAN BADHE
 UHID/MR No. : FNAG.0000017205
 Visit Date : 25-03-2023 11:23
 Sample Collected on : 25-03-2023 15:56
 Ref Doctor : SELF
 Emp/Auth/TPA ID : 00
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED


Age / Gender : 35Y/Male
 OP Visit No : FNAGOPV24961
 Reported on : 25-03-2023 16:01
 Specimen : Serum
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIPID PROFILE TEST (PACKAGE)			
CHOLESTEROL. Method: CHOD - PAP	151.1	Normal <200 mg/dl Borderline high 200 - 239 High Risk > 240 mg/dl	mg/dl
TRIGLYCERIDES. Method: CHOD - PAP	124.1	Normal < 150 mg/dl Borderline high 150 - 199 mg/dl High 200 - 499 mg/dl	mg/dl
HDL - Cholesterol Method: CHOD - PAP	34.5	30 - 50	mg/dl
LDL Method: CHOD - PAP	92.18	Up to 150	mg/dl
VLDL Method: CHOD - PAP	24.82		mg/dl

End of the report

Results are to be correlated clinically


 Lab Technician / Technologist
 Nikhil_Mallewar


 Dr. Shefali Saoji
 MD (PATH)
 Pathologist

Patient Name : Mr. BHUSHAN BADHE
 UHID/MR No. : FNAG.0000017205
 Visit Date : 25-03-2023 11:23
 Sample Collected on : 25-03-2023 15:56
 Ref Doctor : SELF
 Emp/Auth/TPA ID : 00
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 35Y/Male
 OP Visit No : FNAGOPV24961
 Reported on : 25-03-2023 16:03
 Specimen : Urine
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE


TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS
Urine Routine		
Colour	Pale Yellow	
Appearance	Clear	
Protein	Absent	
Sugar	Absent	
Microscopic Examination		
Pus Cell	Nil	0 – 5/ hpf
Epithelial cell	Nil	0 – 2/hpf
Red Blood Cell	Nil	0 – 5/hpf
Calcium Oxalate Crystal	Absent	
Others	Absent	

End of the report

Results are to be correlated clinically



Lab Technician / Technologist
 Nikhil Mallewar



Dr. Shefali Saoji
 MD (PATH)
 Pathologist

Patient Name : Mr. BHUSHAN BADHE
Age/Sex : 35 Y/M
Pres Doctor :
Ref.by : SELF

MR No : FNAG.0000017205
Visit No : FNAGOPV24961
Bill Date : 25-03-2023 11:23
Report Date : 25-03-2023 12:12

X-RAY OF CHEST PA VIEW

- Ä Trachea is central.
- Ä No focal active lung parenchymal lesion is seen.
- Ä Both costo-phrenic angles are clear.
- Ä Cardio-thoracic ratio within normal limit.
- Ä Both the hila are normal.
- Ä Both domes of diaphragm are normal in shape and position.
- Ä Visualised portion of ribs appear intact.

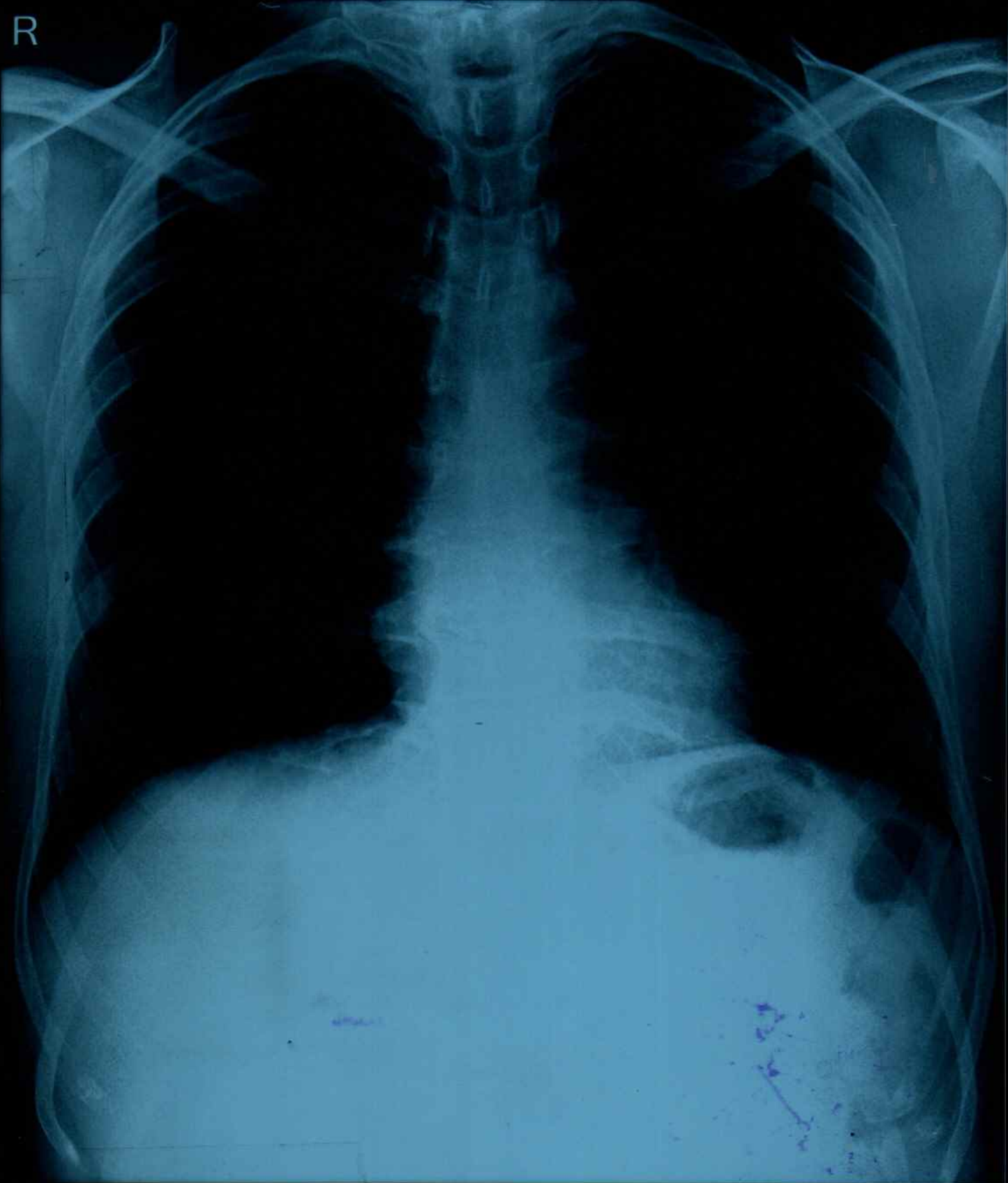
Please correlate clinically.

Technician



Dr. Shraddha Singhania
MBBS, DMRD
Radiologist
Dr. Shraddha Singhania
MBBS, DMRD (Radiology)
Consultant Radiologist
Apollo Clinic, Nagpur
MMC-2012/08/2344

R



FNAG17205 BHUSHAN BADHE 35/M O CHEST-PA 25-Mar-23
APOLLO CLINIC , NAGPUR.

Patient Name	: Mr. BHUSHAN BADHE	MR No	: FNAG.0000017205
Age/Sex	: 35 Y/M	Visit No	: FNAGOPV24961
Pres Doctor	:	Bill Date	: 25-03-2023 11:23
Ref.by	: SELF	Report Date	: 25-03-2023 11:53

Ultrasound Whole Abdomen (Male)

LIVER : Liver is normal in size and **shows raised echopattern**. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

GALL BLADDER : Gall bladder appears echofree with normal wall thickness. Common duct is not dilated.

PANCREAS : Pancreas is normal in size and echopattern.

SPLEEN : Spleen is normal in size & echopattern.

KIDNEYS : Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact.


Visualized parts of retro-peritoneum do not reveal any lymphadenopathy. No significant free fluid is detected.

URINARY BLADDER : Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass seen.

PROSTATE : Prostate is normal in size and echo-pattern.

IMPRESSION : Grade I fatty liver

Technician


Dr. Shradha Singhania
MBBS, DMRD
Radiologist
Dr. Shradha Singhania
MBBS, DMRD (Radiology)
Consultant Radiologist
Apollo Clinic, Nagpur
MMC-2012/08/2311

Name <u>Bhushan Badhe</u>	Date <u>25/3/23</u>
Age <u>35</u>	UHID No.
<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	Ref. Physician
Ref. Diagnosis	

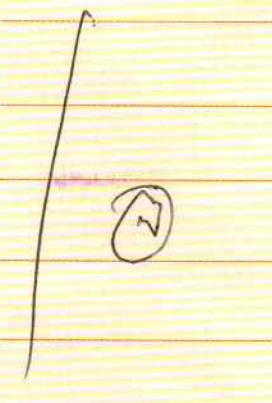
Echocardiogram Report

Echogenicity Poor Adequate Good Ht. _____ Wt. _____ BSA _____

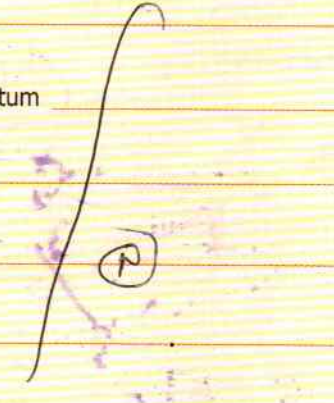
DIMENSIONS	NORMAL	DIMENSIONS	NORMAL
Ao (ed) <u>24mm</u> cm	(1.5cm / m2)	IVS (Ed) <u>13mm</u> cm	(0.6 - 1.2 cm)
LA (es) <u>30mm</u> cm	(1.5cm / m2)	LVPW (Ed) <u>12mm</u> cm	(0.6 - 1.1 cm)
RVID (ed) _____ cm	(0.9 cm / m2)	EF _____	(0.62 - 0.85)
LVID (ed) <u>37mm</u> cm	(2.6 - 3.4 cm / m2)	% FD <u>60%</u>	(2.8% - 42%)
LVID (es) <u>27mm</u>			

MORPHOLOGICAL DATA

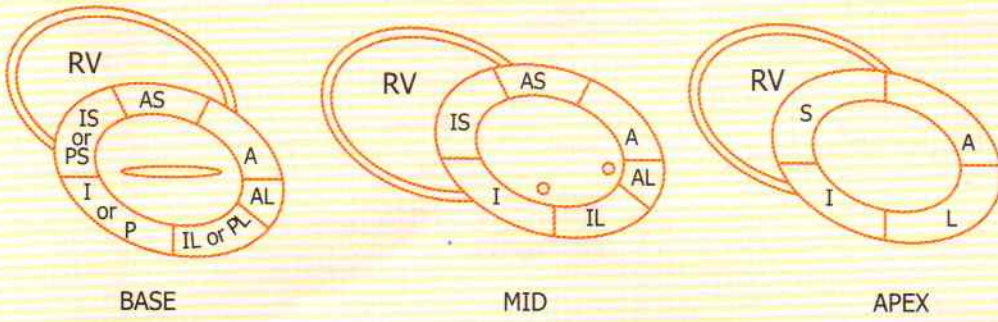
Mitral Valve AML _____
 PML _____
 Aortic Valve _____
 Tricuspid valve _____
 Pulmonary valve _____
 Right ventricle _____



Interatrial septum _____
 Interventricular septum _____
 Pulmonary artery _____
 Aorta _____
 Right atrium _____
 Left atrium _____



Left ventricle : LV WALL MOTION ANALYSIS



1. Normal
2. Hypokinesia
3. Akinesia
4. Dyskinesia
5. Aneurysmal

(N)

Pericardium

(N)

Doppler studies

(N)

Impression

(N) Study

Done by

Checked by

Dr. Chetan Rathi Consultant - Cardiology

MBBS, MD (General Medicine), DNB (Cardiology)

Apoke Clinic, Noida

Reg. No. MHC-2011/04/084437456

Signature