

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011-41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	PARTICULARS OF HEALTH CHECK UP BENEFICIARY				
NAME	ROOBI .				
DATE OF BIRTH	08-07-1987				
PROPOSED DATE OF HEALTH	11-02-2023				
CHECKUP FOR EMPLOYEE					
SPOUSE					
BOOKING REFERENCE NO.	22M180303100040892S				
	SPOUSE DETAILS				
EMPLOYEE NAME	MR. KUMAR MUKESH				
EMPLOYEE EC NO.	180303				
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A				
EMPLOYEE PLACE OF WORK	DELHI,MAYUR VIHAR 1				
EMPLOYEE BIRTHDATE	16-12-1981				

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **08-02-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

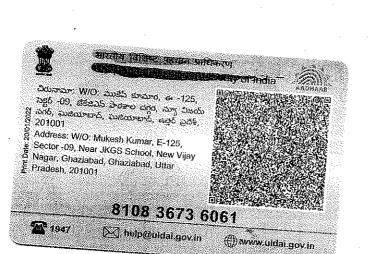
Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





manipainospitais

LIFE'S ON 🏙

Manipal Hospital Ghaziabad

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad 201 002 0120 3535 353 / +91 88609 45566



OUTPATIENT RECORD

Visit No: H18000000213

Age/Sex: 35 Yrs/Female

Specialty: HC SERVICE MGD

49.69kg

LEFT EYE

6/6

18

NORMAL

FULL

CLEAR

CLEAR

Weight: 71kg

Pulse Rate: 76beats per minute

Ideal Body Weight (calculated):

Hospital No: MH010773021

Name: MRS ROOBI

Doctor Name: HEALTH CHECK MGD

11/02/2023 09:44AM

BP Systolic: 95 mmHg

Saturation(Oxygen): 100%

BMI: 28.80

Mean Arterial Pressure-MAP: 78 mmHg

OPD Notes:

PRESENT OPHTHALMIC COMPLAINS -PHC SYSTEMIC/ OPHTHLMIC HISTORY - N/C

EXAMINATION DETAILS VISION

RIGHT EYE 6/6

BP Diastolic: 69 mmHg

Height: 157cm

Pain Score: 00

CONJ NORMAL **CORNEA** CLEAR CLEAR

LENS OCULAR MOVEMENTS

NCT

FULL

ADVISE / TREATMENT

E/D NISOL 4 TIMES DAILY BE

REVIEW AFTER 6 MTH

HEALTH CHECK MGD

1 of 1

Manipal Health Enterprises Pvt. Ltd. CIN: U85110KA2010PTC052540

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru 560 017, Karnataka

P +91 80 4936 0300 E info@manipalhospitals.com www.manipalhospitals.com



RADIOLOGY REPORT

Name	ROOBI	Modality	DX
Patient ID	MH010773021	Accession No	R5150388
Gender/Age	F / 35Y 7M 6D	Scan Date	11-02-2023 10:11:06
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 10:22:36

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation.

(Muca)

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887



RADIOLOGY REPORT

Name	ROOBI	Modality	US
Patient ID	MH010773021	Accession No	R5150389
Gender/Age	F / 35Y 7M 6D	Scan Date	11-02-2023 10:37:31
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 11:15:35

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears normal in size (measures 149 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 91 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.1 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.2mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended but is folded on itself. Wall thickness is normal and lumen is echofree. Rest

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 102 x 37 mm. Left Kidney: measures 97 x 45 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures 88 x 45 x 45 mm), shape and echotexture.

Endometrial thickness measures 5.6 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 26 x 24 x 13 mm with volume 4 cc. Left ovary measures 26 x 24 x 19 mm with volume 6 cc.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.



RADIOLOGY REPORT

Name	ROOBI	Modality	US
Patient ID	MH010773021	Accession No	R5150389
Gender/Age	F / 35Y 7M 6D	Scan Date	11-02-2023 10:37:31
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 11:15:35

(Marica)

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887



Name

MRS ROOBI

Age

35 Yr(s) Sex :Female

Registration No

MH010773021

Lab No

32230204442

Patient Episode

H18000000213

Collection Date:

11 Feb 2023 14:05

Referred By

HEALTH CHECK MGD

Receiving Date

11 Feb 2023 14:11

Reporting Date:

11 Feb 2023 15:40

BIOCHEMISTRY

TEST

RESULT

BIOLOGICAL REFERENCE INTERVAL

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)

0.97

ng/ml

[0.70-2.04]

T4 - Thyroxine (ECLIA)

7.03

micg/dl

[4.60-12.00]

Thyroid Stimulating Hormone (ECLIA)

3.570

pIU/mL

[0.340 - 4.250]

1st Trimester: 0.6 - 3.4 micIU/mL 2nd Trimester: 0.37 - 3.6 micIU/mL 3rd Trimester: 0.38 - 4.04 micIU/mL

- Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.
 - * References ranges recommended by the American Thyroid Association
 - 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
 - 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT-----

Dr. Neclam Singal

CONSULTANT BIOCHEMISTRY



Name MRS ROOBI

35 Yr(s) Sex :Female Age

Registration No

MH010773021

202302001204

11 Feb 2023 16:01

BIOLOGICAL REFERENCE INTERVAL

Patient Episode

H18000000213

11 Feb 2023 09:49 Collection Date:

Lab No

Reporting Date:

Referred By

TEST

Basophils

ESR

HEALTH CHECK MGD

Receiving Date

11 Feb 2023 09:49

HAEMATOLOGY

UNIT

/1sthour

RESULT

COMPLETE BLOOD COUNT (AUTOMA	red)	SPECIMEN-EDTA Whole	Blood
RBC COUNT (IMPEDENCE)	4.03	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	12.1	g/dl	[12.0-15.0]
Method: cyanide free SLS-colo	rimetry		
HEMATOCRIT (CALCULATED)	36.2	95	[36.0-46.0]
MCV (DERIVED)	89.8	fL	[83.0-101.0]
MCH (CALCULATED)	30.0	pg	[27.0-32.0]
MCHC (CALCULATED)	33.4	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	14.6 #	%	[11.6-14.0]
Platelet count	160	x 103 cells/cumm	[150-400]
MPV(DERIVED)	12.7		
WBC COUNT(TC)(IMPEDENCE) DIFFERENTIAL COUNT	5.72	\times 10 3 cells/cumm	[4.00-10.00]
(VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	51.0	8	[40.0-80.0]
Lymphocytes	42.0	OV CONTRACTOR OF	[17.0-45.0]
Monocytes	4.0	%	[2.0-10.0]
Eosinophils	3.0	90	[2.0-7.0]

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[0.0-

[0.0-2.0]

0.0

35.0 #



Name

MRS ROOBI

Age

35 Yr(s) Sex :Female

Registration No

MH010773021

Lab No

202302001204

Patient Episode

H18000000213

Collection Date:

11 Feb 2023 09:49

Referred By

HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 18:00

Receiving Date

11 Feb 2023 09:49

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

5.6

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

HbAlc in %

Non diabetic adults >= 18years <5.7

Prediabetes (At Risk) 5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

114

mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance

CLEAR

5.0

(4.6 - 8.0)

Reaction[pH] Specific Gravity

1.010

(1.003 - 1.035)

CHEMICAL EXAMINATION

Protein/Albumin

Negative

(NEGATIVE)

Glucose

NIL

(NIL)

Ketone Bodies

Negative

(NEGATIVE)

Normal Urobilinogen

(NORMAL)

Page 3 of 9



Name : MRS ROOBI

Age : 35 Yr(s) Sex :Female

Registration No

: MH010773021

: 202302001204

Patient Episode

: H18000000213

Collection Date: 11 Feb 2023 10:53

Lab No

Referred By

: HEALTH CHECK MGD

ection Date: 11 Feb 2023 10.33

Receiving Date

: 11 Feb 2023 10:53

Reporting Date: 11 Feb 2023 16:19

CLINICAL PATHOLOGY

MICROSCOPIC	EXAMINATION	(Automated/	Manual)
-------------	-------------	-------------	---------

Pus Cells	0-1 /hpf	(0-5/hpf)
RBC	1-2 /hpf	(0-2/hpf)
Epithelial Cells	1-2 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	244 #	mg/dl	[<200] Moderate risk:200-239
			High risk:>240
TRIGLYCERIDES (GPO/POD)	113	mg/dl	[<150]
			Borderline high:151-199
			High: 200 - 499
			Very high:>500
HDL- CHOLESTEROL	59.0	mg/dl	[35.0-65.0]
Method: Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	23	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	162.0 #	mg/dl	[<120.0]
			Near/
Above optimal-100-129			
			Borderline High: 130-159
			High Risk:160-189
T.Chol/HDL.Chol ratio(Calculated)	4.1		<4.0 Optimal
			4.0-5.0 Borderline
			>6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.7		<3 Optimal
LDH. CHOL/ HDH. CHOL MACTO (CATOMIACON)			3-4 Borderline

Note:

A

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>6 High Risk

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com



Name

MRS ROOBI

Age

35 Yr(s) Sex :Female

Registration No

MH010773021

Lab No

202302001204

Patient Episode

H18000000213

Collection Date:

11 Feb 2023 09:49

Referred By

HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 11:53

Receiving Date

11 Feb 2023 09:49

BIOCHEMISTRY

TEST

RESULT

BIOLOGICAL REFERENCE INTERVAL

ranges based on ATP III Classifications. Reference

KIDNEY PROFILE

	Specimen: Serum UREA	25.2	mg/dl	[15.0-40.0]
)	Method: GLDH, Kinatic assay BUN, BLOOD UREA NITROGEN	11.8	mg/dl	[8.0-20.0]
	Method: Calculated CREATININE, SERUM	0.78	mg/dl	[0.70-1.20]
	Method: Jaffe rate-IDMS Standardization URIC ACID	4.1	mg/dl	[4.0-8.5]
	Method:uricase PAP			
	SODIUM, SERUM	137.0	mmol/L	[136.0-144.0]
	POTASSIUM, SERUM SERUM CHLORIDE Method: ISE Indirect	4.34	mmol/L mmol/l	[3.60-5.10] [101.0-111.0]
	eGFR (calculated)	98.8	ml/min/1.73sq.m	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

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Name

MRS ROOBI

Age

35 Yr(s) Sex :Female

Registration No

MH010773021

Lab No

202302001204

Patient Episode

: H18000000213

Collection Date:

11 Feb 2023 09:49

Referred By

HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 11:55

Receiving Date

GGT

11 Feb 2023 09:49

BIOCHEMISTRY

	TEST	RESULT	UNIT BIOLOG	GICAL REFERENCE INTERVAL
	LIVER FUNCTION TEST			
	BILIRUBIN - TOTAL Method: D P D	0.70	mg/dl	[0.30-1.20]
	BILIRUBIN - DIRECT Method: DPD	0.12	mg/dl	[0.00-0.30]
	INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.58 #	mg/dl	[0.10-0.30]
	TOTAL PROTEINS (SERUM) Method: BIURET	7.70	gm/dl	[6.60-8.70]
	ALBUMIN (SERUM) Method: BCG	4.36	g/dl	[3.50-5.20]
	GLOBULINS (SERUM) Method: Calculation	3.30	gm/dl	[1.80-3.40]
	PROTEIN SERUM (A-G) RATIO Method: Calculation	1.31		[1.00-2.50]
	AST(SGOT) (SERUM) Method: IFCC W/O P5P	17.00	U/L	[0.00-40.00]
)	ALT(SGPT) (SERUM)	14.00	U/L	[14.00-54.00]
	Method: IFCC W/O P5P Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	53.0	IU/L	[40.0-98.0]

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[7.0-50.0]

9.0



Name

MRS ROOBI

Age

Lab No

35 Yr(s) Sex :Female

Registration No

MH010773021

202302001204

Patient Episode

H18000000213

Collection Date:

11 Feb 2023 09:49

Referred By

HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 17:54

Receiving Date

11 Feb 2023 09:49

BLOOD BANK

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

A Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----

Dr. Alka Dixit Vats **Consultant Pathologist**



Name

MRS ROOBI

Age

35 Yr(s) Sex :Female

Registration No

MH010773021

Lab No

202302001205

Patient Episode

H18000000213

Collection Date:

11 Feb 2023 09:49

Referred By

: HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 11:55

Receiving Date

: 11 Feb 2023 09:49

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

101.0

mg/dl

[70.0-110.0]

Method: Hexokinase

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-----END OF REPORT-

Dr. Charu Agarwal Consultant Pathologist



Name

MRS ROOBI

Age

35 Yr(s) Sex :Female

Registration No

MH010773021

Lab No

202302001206

Patient Episode

H18000000213

Collection Date:

11 Feb 2023 14:09

Referred By

HEALTH CHECK MGD

Reporting Date:

11 Feb 2023 15:29

Receiving Date

11 Feb 2023 14:09

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

89.0

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to

fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

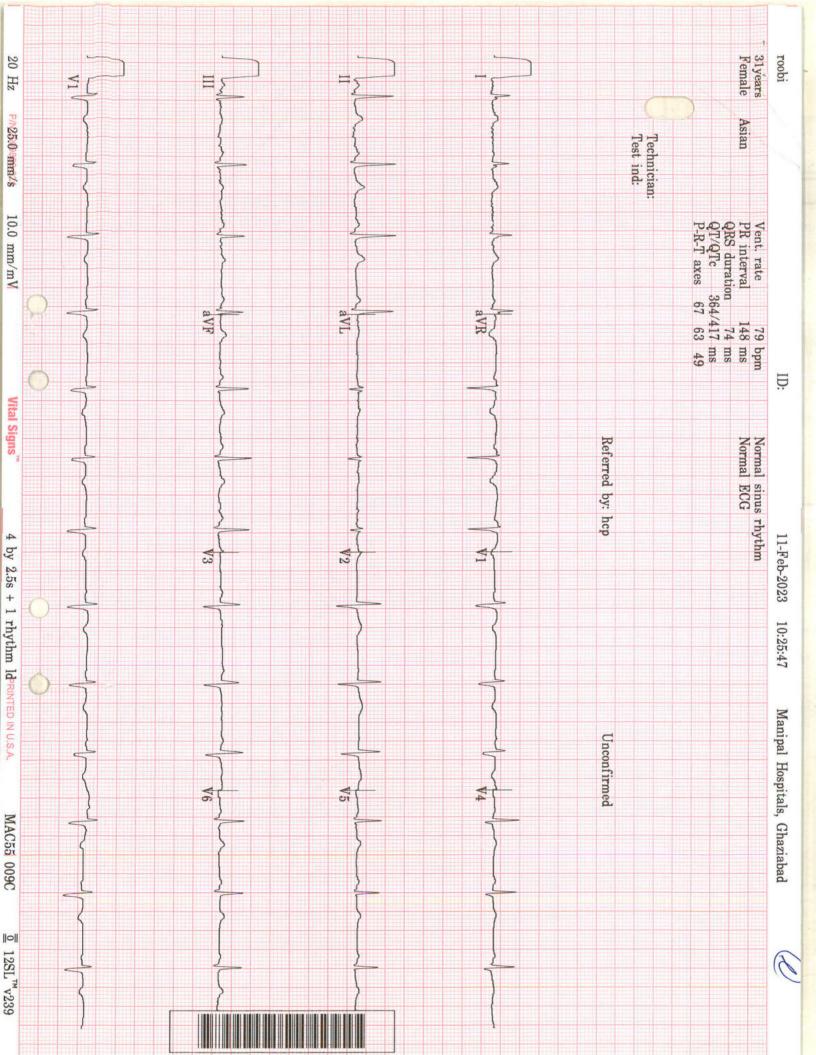
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-----END OF REPORT-----

Dr. Alka Dixit Vats Consultant Pathologist

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com







TMT INVESTIGATION REPORT

Patient Name: Mrs.

ROOBI

Location

: Ghaziabad

Age/Sex

: 31Year(s)/Female

Visit No

: V000000001-GHZB

MRN No

Order Date

: 1.1/02/2023

Ref. Doctor : HCP

MH010773021

Report Date

: 11/02/2023

rotocol

: Bruce

MPHR

: 189BPM

uration of exercise

: 6min 34sec

85% of MPHR

: 160BPM

Reason for termination : THR achieved

Peak HR Achieved : 164BPM % Target HR

Blood Pressure (mmHg) : Baseline BP : 100/70mmHg

Peak BP

: 126/70mmHg

: 86%

METS

: 7.8METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	99	100/70	Nil	No ST changes seen	Nil
STAGE 1	3:00	125	110/70	Nil	No ST changes seen	Nil
STAGE 2	3:00	156	120/70	Nil	No ST changes seen	Nil
AGE 3	0:34	164	126/70	Nil	No ST changes seen	Nil
RECOVERY	3:09	92	110/70	Nil	No ST changes seen	Nil

DMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC MD, DNB (CARDIOLOGY), MNAMS MD Sr. Consultant Cardiology

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

Sr.Consultant Cardiology

Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002 P: 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017