


9h

भारतीय विमानपत्तन प्राधिकरण
AIRPORTS AUTHORITY OF INDIA
 भारत सरकार का उपक्रम / A Govt. of India Undertaking
 निजीकृत मुख्यालय / Corporate Headquarters
 राजीव गांधी भवन / Rajiv Gandhi Bhavan
 सफदरजंग हवाई अड्डा / Safdarjung Airport
 नई दिल्ली / New Delhi - 110003
 दूरभाष / Telephone No. : 011-24632950

MEDICAL CARD
FOR SERVING EMPLOYEE



कर्मचारी संघ / EMP. No. : 10021107
 सशिक्षण निधि / PF ID No. : 230776SS13146
 नाम / NAME : SHALINI SHARAD
 पदनाम / DESIG. : ASSTT. MANAGER (PA)
 जन्मतिथि / D.O.B. : 23.07.1976
 तैनाती स्थान / PLACE OF POSTING : CHQ
 रक्त वर्ग / BLOOD GP. : B+
 मूल वेतन / BASIC PAY : 22520
 जारी करने की तिथि / DATE OF ISSUE : 24.05.2016
 वैधता / VALIDITY : 31.12.2021

Shalini
 कर्मचारी के हस्ताक्षर
 Signature of Employee

Manoj
 महाप्रबंधक (प्रशासन)
 General Manager (Admin)

Shalini

MALIK RADIX HEALTHCARE PVT. LTD.
 C-217, C-218, Nirman Vihar,
 Delhi-110042
 Ph.: 011-22011192, 22011196
 Regd. No. 117

MALIK RADIX HEALTHCARE PVT LTD

UNI-EMC-217/218 NIRMAN VIHAR VIKAS MARG

DELHI 110092

Dr. SHEIKH SAJJAD AHMED
M.D. PGDCC
Physician
Linked Median

SHALINI SHARAD
I.D. : 43

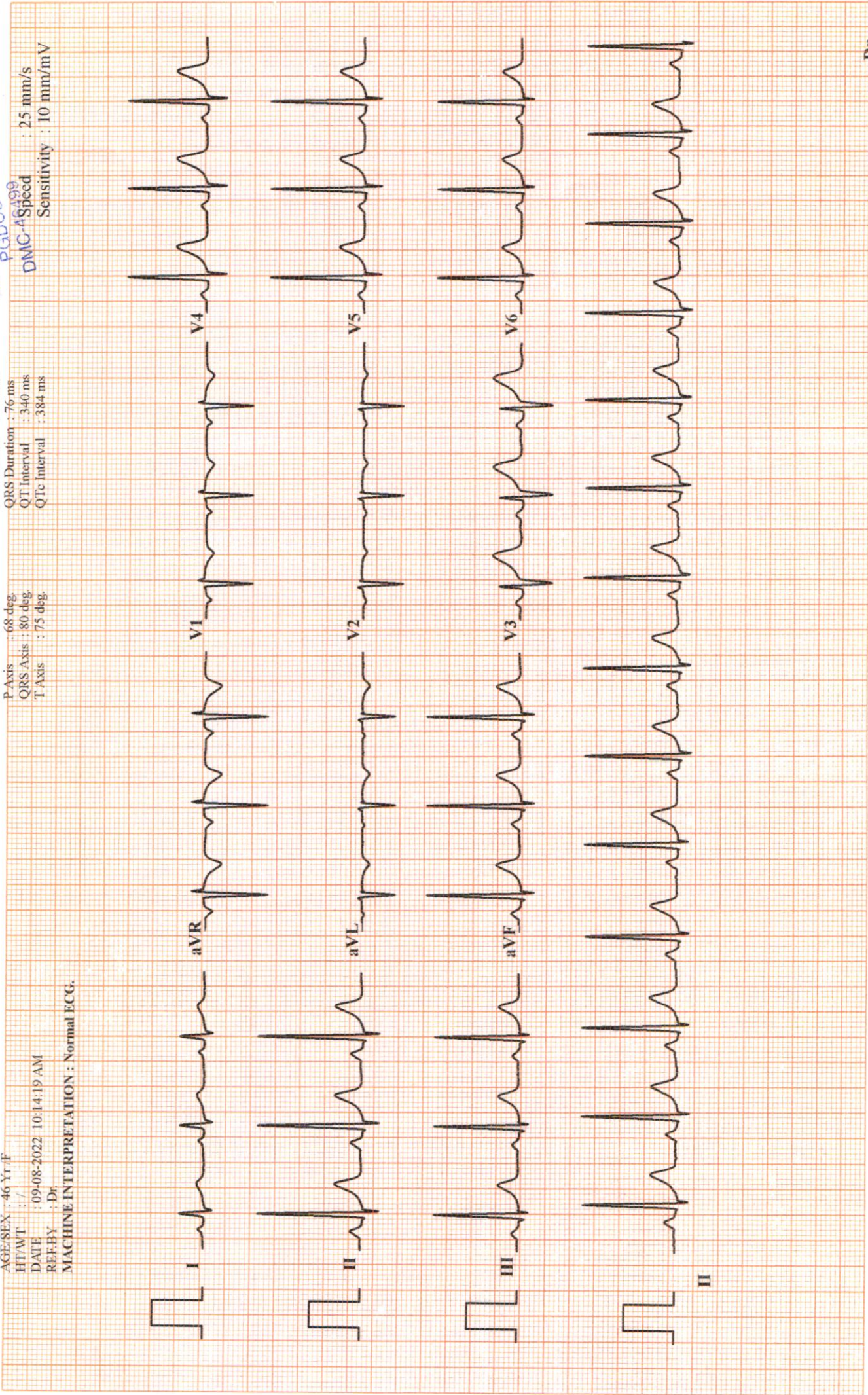
AGE/SEX : 46 Yr/F
HT/WT : /
DATE : 09-08-2022 10:14:19 AM
REF BY : Dr.

MACHINE INTERPRETATION : Normal ECG.

P Duration : 92 ms
PR Duration : 142 ms
QRS Duration : 76 ms
QT Interval : 340 ms
QTc Interval : 384 ms

RATE : 86 bpm
BP : N/A
P Axis : 68 deg.
QRS Axis : 80 deg.
T Axis : 75 deg.

DMC-AG199
Speed : 25 mm/s
Sensitivity : 10 mm/mV



Filtered(35 Cycle) And Base Corrected

UNI-EM, Indore. Tel.: +91-731-4030035, Fax: +91-731-4031180. E-Mail: em@electromedicals.net, Web: www.uni-em.com

Dr.

MALIK RADIX HEALTHCARE PVT LTD

C-217/218 NIRMAN VIHAR
VIKAS MARG DELHI 110092

SHALINI SHARAD
ID : 34
DATE : 09-08-2022
AGE/SEX : 46 / F
HT/WT : 0 / 0
REF. BY :

TREADMILL TEST REPORT
PROTOCOL : Bruce
HISTORY :
INDICATION :
MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)		METS
								II	V5	
SUPINE					84	110 / 70	92	0.6	0	0.7
STANDING					109	110 / 70	119	0.7	0.1	0.6
HYPERTENT					110	110 / 70	121	0.6	0.2	0.6
Stage 1	2:55	0:4	2.7	10	140	114 / 74	159	0.5	-0.2	4.67
Stage 2	5:55	2:55	4	12	159	120 / 78	190	-1.4	0.1	7.04
PK-EXERCISE	6:30	0:30	5.4	14	163	126 / 80	205	-1.2	0.7	7.58
RECOVERY	7:7	0:29			147	126 / 80	185	-1.1	0.5	
RECOVERY	9:33	2:55			97	124 / 78	120	-1.1	0.4	
RECOVERY	12:33	5:55			101	122 / 74	123	-0.6	0.3	

RESULTS

EXERCISE DURATION : 6:30
MAX HEART RATE : 163 bpm
MAX BLOOD PRESSURE : 126 / 80 mm Hg
REASON OF TERMINATION : **NO**
BP RESPONSE : **NO**
ARRHYTHMIA : **NO**
H.R. RESPONSE : **NO**
IMPRESSIONS : **TMT is Positive, To be Correlate.**

MAX WORK LOAD : 7.58 METS

Dr. Nitiggi Jag.
MD Medicine & Cardiology
Senior Consultant, Cardiology
DMC No.: 20902
Malik Radix Healthcare Pvt. Ltd.
C-217, 218, Nirman Vihar, Delhi-92

Technician :

MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD

I.D. 34

Age 46/F

Date 09-08-2022

PRETEST

SUPINE

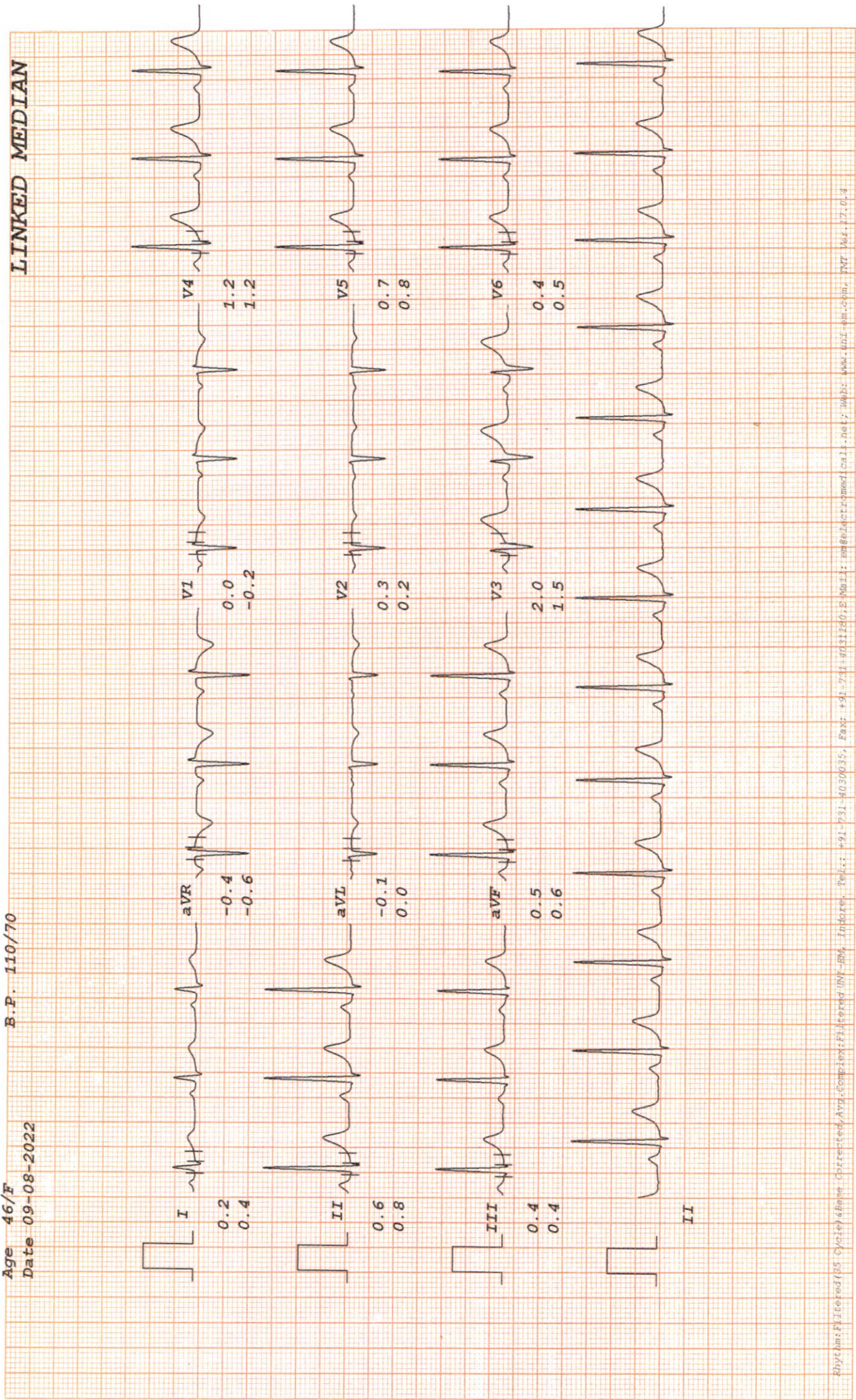
RATE 84bpm

B.P. 110/70

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN



MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD

I.D. 34

Age 46/F

Date 09-08-2022

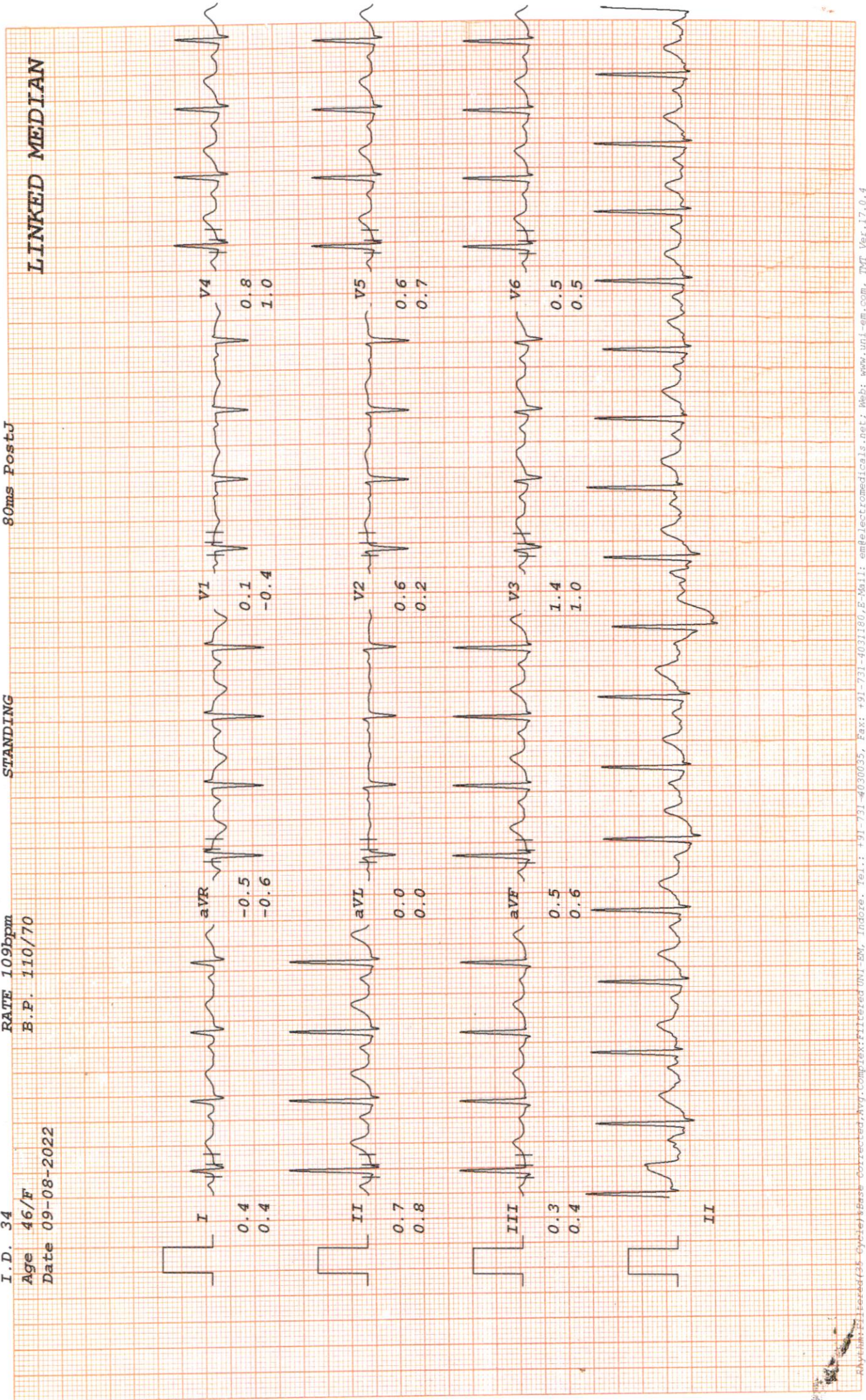
RATE 109bpm

B.P. 110/70

PRETEST

STANDING

LINKED MEDIAN



MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD
I.D. 34

Age 46/F
Date 09-08-2022

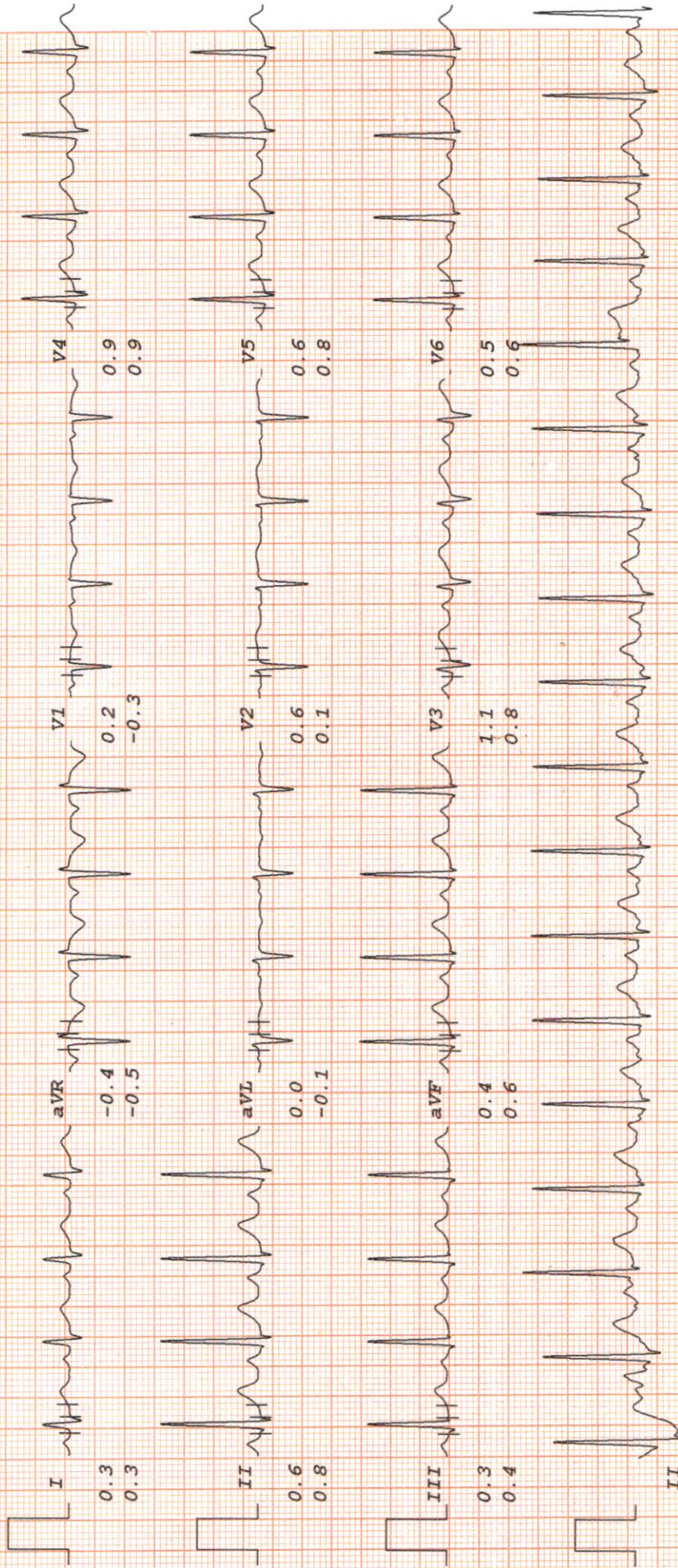
RATE 110bpm
B.P. 110/70

PRETEST
HYPERVENT

PHASE TIME 0:04

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD

Bruce

ST @ 10mm/mV

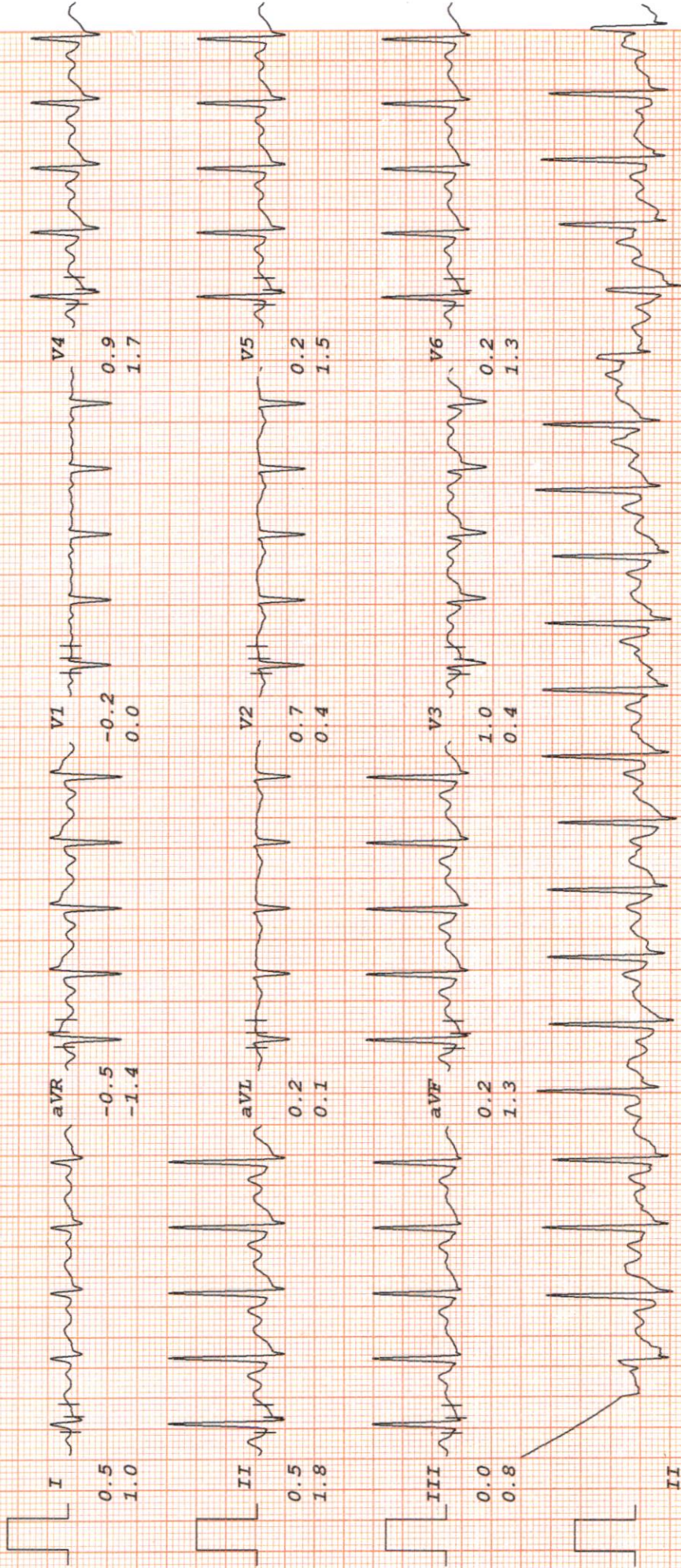
I.D. 34
Age 46/F
Date 09-08-2022

RATE 140bpm
B.P. 114/74

Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

80ms PostJ
Speed 2.7 km/hr
SLOPE 10 %

LINKED MEDIAN



MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD

Bruce

ST @ 10mm/mV

I.D. 34

Age 46/F

Date 09-08-2022

RATE 159bpm

B.P. 120/78

Stage 2

TOTAL TIME 5:55

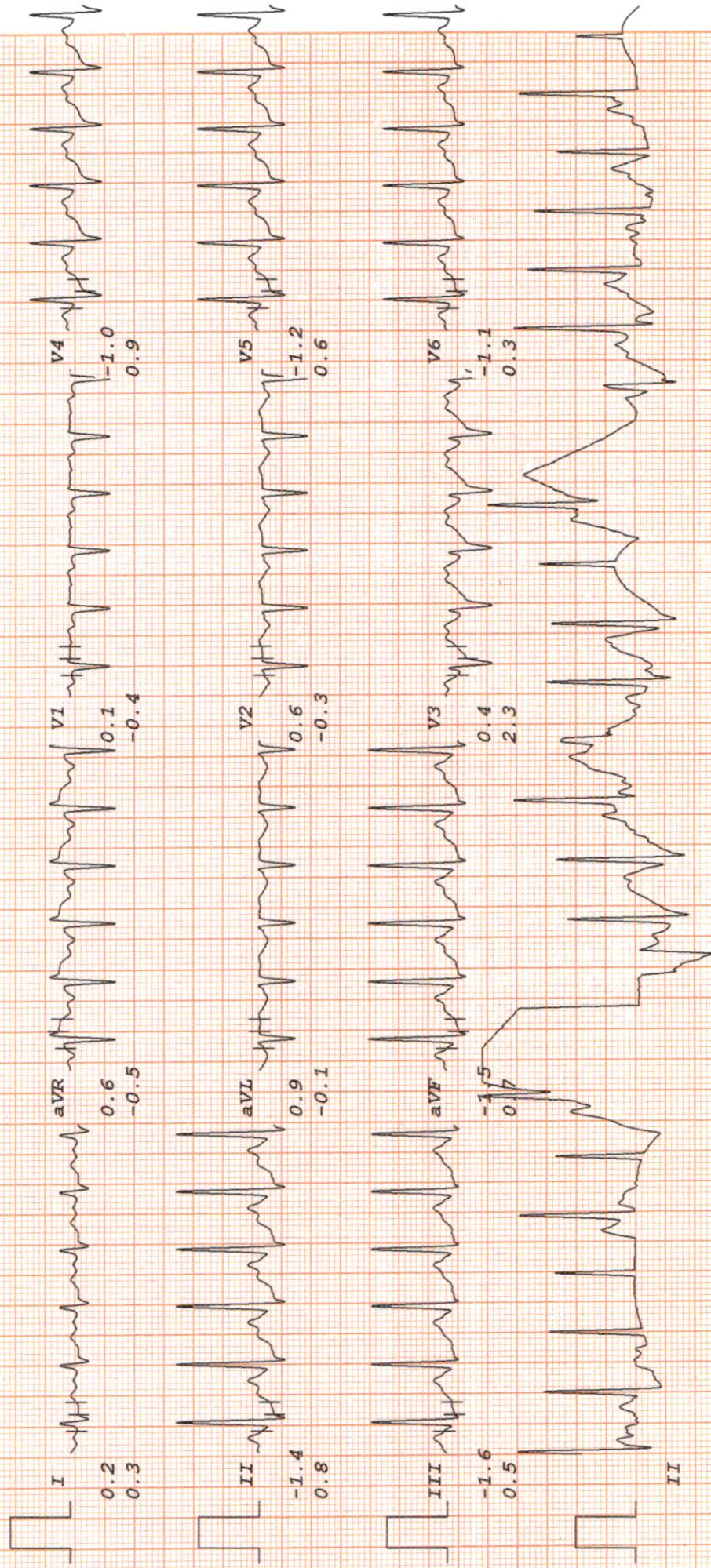
PHASE TIME 2:55

80ms PostJ

Speed 4 km/hr

SLOPE 12 %

LINKED MEDIAN



MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD

Bruce

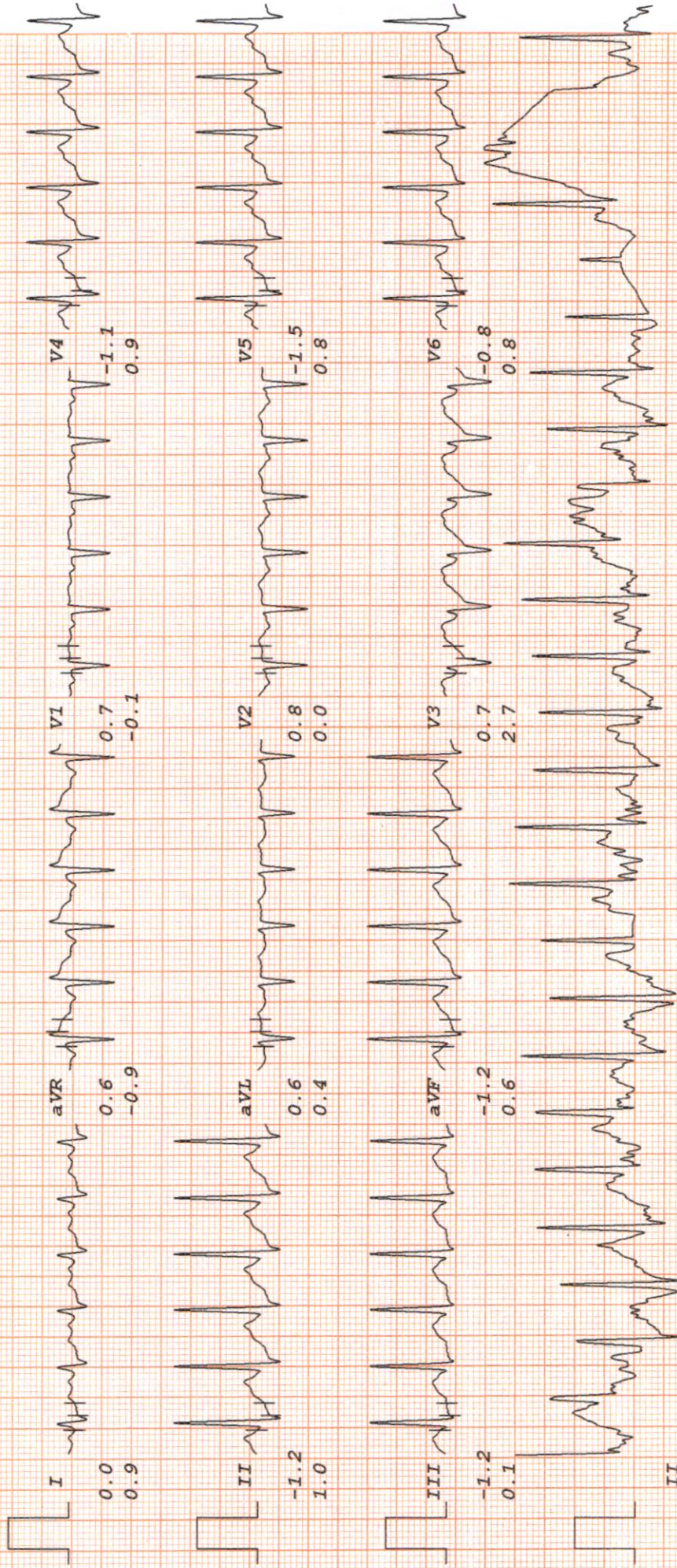
ST @ 10mm/mV

I.D. 34
Age 46/F
Date 09-08-2022

RATE 163bpm
B.P. 126/80

PK-EXERCISE
TOTAL TIME 6:30
PHASE TIME 0:30

LINKED MEDIAN



MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD

Bruce

ST @ 10mm/mV

I.D. 34

RATE 147bpm

RECOVERY

Age 46/F

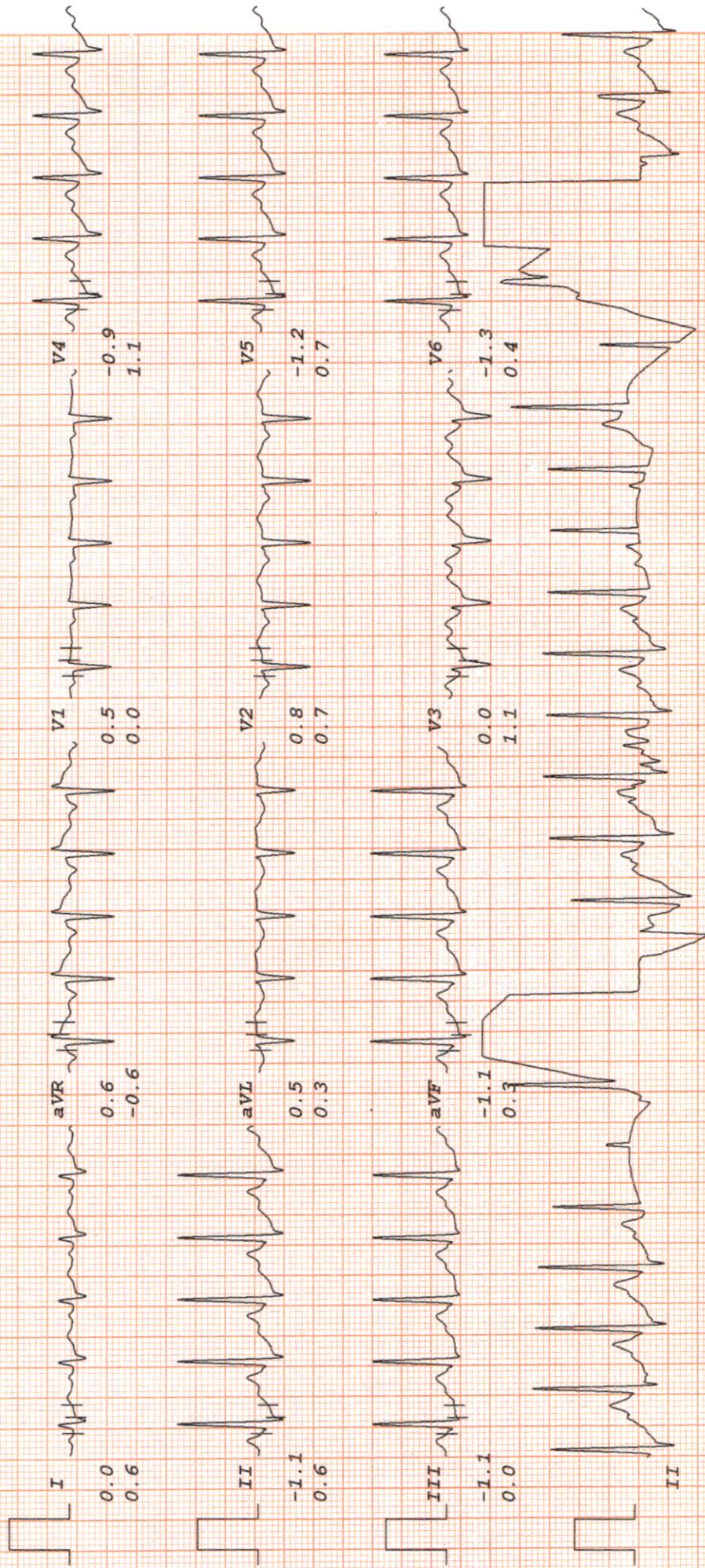
B.P. 126/80

TOTAL TIME 7:07

LINKED MEDIAN

Date 09-08-2022

PHASE TIME 0:29



MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD

Bruce

ST @ 10mm/mV

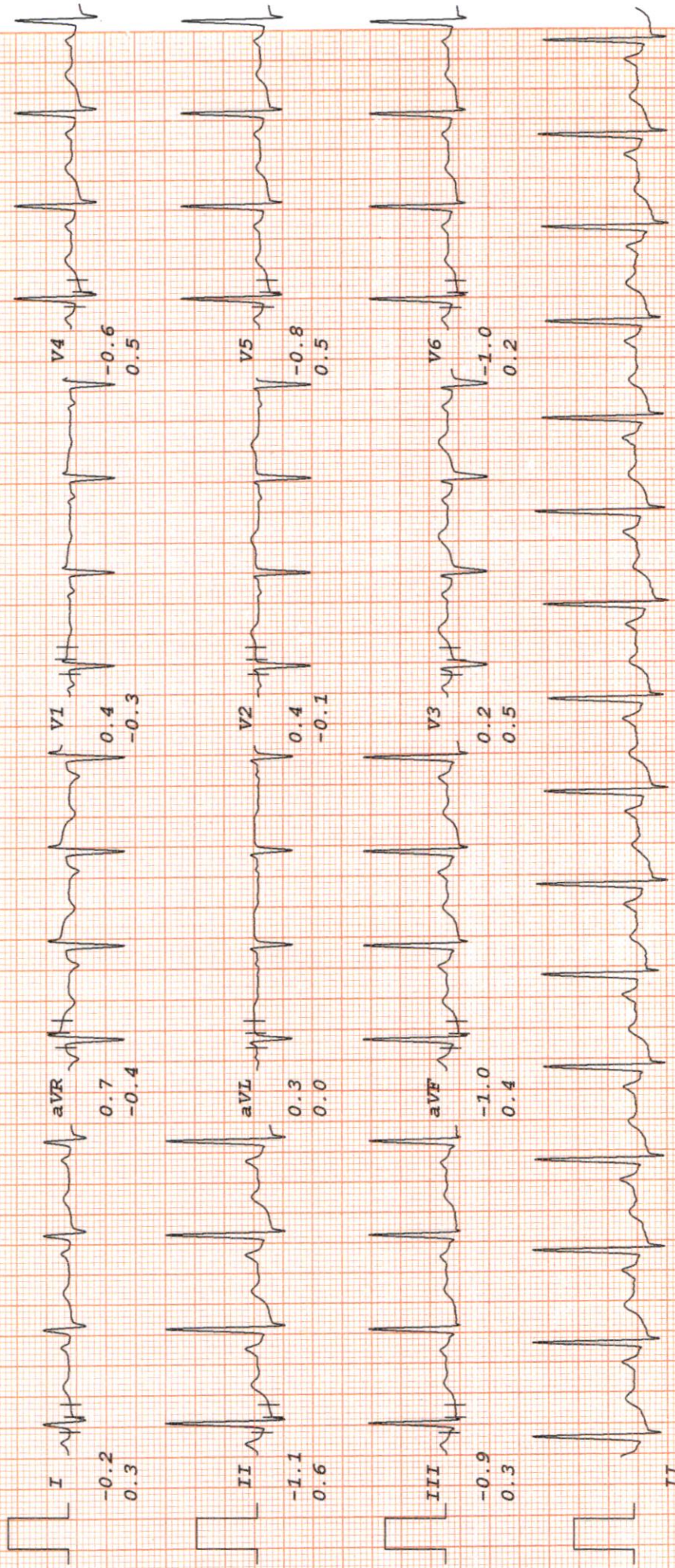
RATE 97bpm
B.P. 124/78

80ms PostJ

RECOVERY
TOTAL TIME 9:33
PHASE TIME 2:55

I.D. 34
Age 46/F
Date 09-08-2022

LINKED MEDIAN



MALIK RADIX HEALTHCARE PVT LTD

SHALINI SHARAD

Bruce

ST @ 10mm/mV

I.D. 34

Age 46/F

Date 09-08-2022

RATE 101bpm

B.P. 122/74

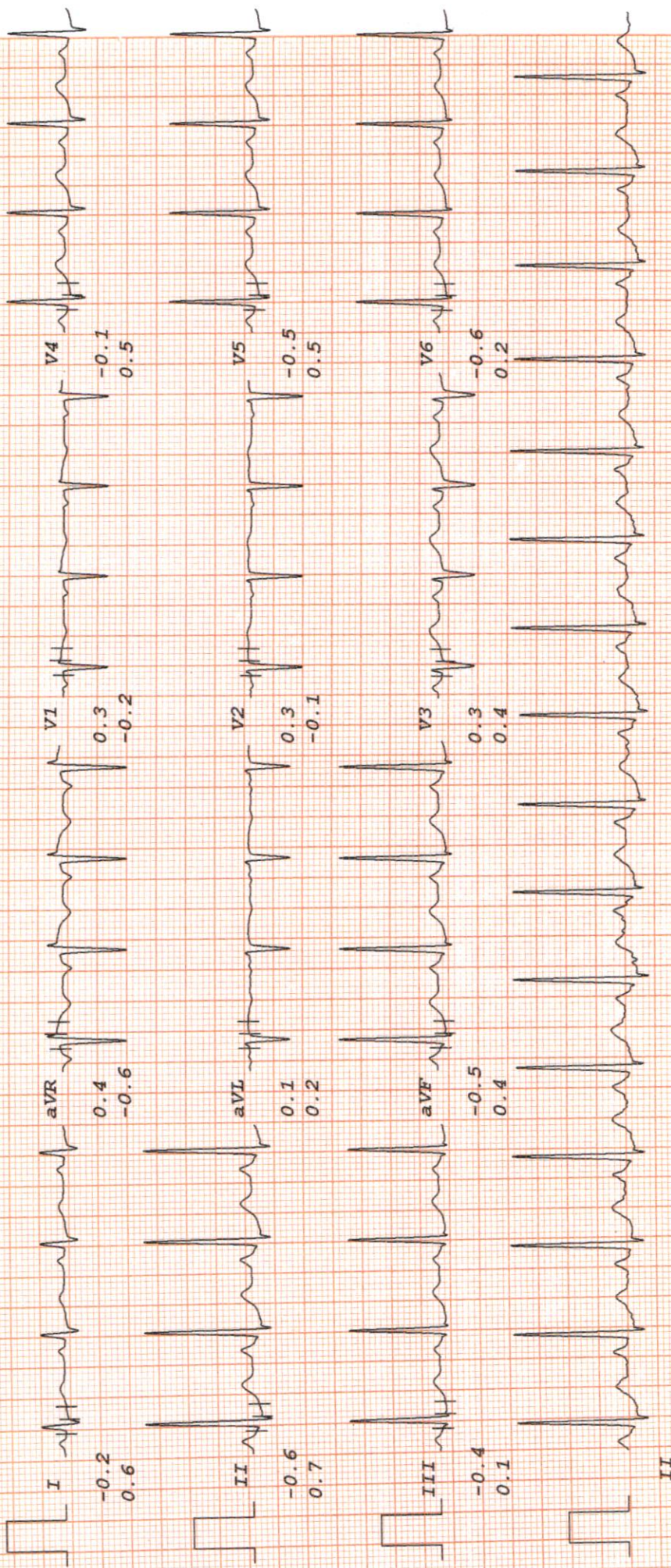
RECOVERY

TOTAL TIME 12:33

PHASE TIME 5:55

80ms PostJ

LINKED MEDIAN



LAB REPORT

Reg. Date	09/08/2022	Patient Id	2208090001	DOB.	
Name	MRS. Shalini Sharad PKG10000269	Gender	F	Perm. ID	
Age	46 Yrs.	Panel	MEDIWHEEL	Reported	09/08/2022 17:39:42
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
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MEDIWHEEL F ABOVE 40

HAEMATOLOGY

COMPLETE HAEMOGRAM

HAEMOGLOBIN (HB%)	12.4	gm/dl	12 - 15
TOTAL LEUCOCYTE COUNT (TLC)	7,500	/cumm	4000 - 11000

DIFFERENTIAL LEUCOCYTE COUNT (DLC)

NEUTROPHIL	50	%	40 - 80
LYMPHOCYTE	36	%	28 - 55
MONOCYTE	09	%	02 - 10
EOSINOPHIL	05	%	01 - 06
BASOPHIL	00	%	0 - 0
ESR (WESTEGREN'S METHOD)	14	mm/1st hr.	0 - 15
R B C COUNT	4.88	Millions/cmm	4.247 - 5.4
P.C.V / HAEMATOCRIT	39.7	%	35 - 45
M C V	81.4	fl.	80 - 100
M C H	25.4	Picogram	27.0 - 31.0
M C H C	31.2	gm/dl	33 - 37
PLATELET COUNT	3.32	Lakh/cu mm	1.50 - 4.50

Urine Routine Examination

PHYSICAL EXAMINATION

QUANTITY	20	ml.	
COLOUR	Pale Yellow		Pale Yellow
TRANSPARENCY	Clear		
SPECIFIC GRAVITY	1.025		
PH	6.0		

Checked by : _____
Page 1 Contd...2

Facilities Available :

- ★ Multispeciality Hospital ★ 24 Hours Emergency ★ X-Ray/ECG/ Ultrasound ★ Dental
- ★ Fully Equipped Operation Theatre ★ Fully Functional Lab ★ Casualty/ICU ★ Nursery
- ★ Labour Room ★ All Speciality OPD ★ Laparoscopic Surgery ★ ECHO ★ Plastic Surgery

Home Collection Facility Available Contact : 9999254739

LAB REPORT

Reg. Date	09/08/2022	Patient Id	2208090001	DOB.
Name	MRS. Shalini Sharad	PKG	10000269	Perm. ID
Age	46 Yrs.	Gender	F	Reported
Ref. By	MEDIWHEEL	Panel	MEDIWHEEL	09/08/2022 17:39:42

Test Name	Result	Units	Ref. Range
CHEMICAL EXAMINATION			
ALBUMIN	Nil		
SUGAR	Nil		
MICROSCOPIC EXAMINATION			
PUS CELLS	1-2	/HPF	
RBC'S	Nil	/HPF	
CASTS	Nil		
CRYSTALS	NIL		
EPITHELIAL CELLS	0-1	/HPF	
BACTERIA	Nil		
OTHERS	Nil		
BLOOD GROUP ABO	" B "		
RH TYPING	Positive		
BLOOD SUGAR FASTING	70.44	mg/dl	70 - 100
BLOOD SUGAR PP	78.44	mg/dl	90 - 140
HB A1C	5.20	%	

Interpretation

Non Diabetic	: 4-6%
Good Diabetic Control	: 6-8%
Fair Control	: 8-10%
Poor Control	: >10%

Checked by : _____
Page 2 Contd...3

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Reg. Date	09/08/2022	Patient Id	2208090001	DOB.
Name	MRS. Shalini Sharad PKG10000269	Gender	F	Perm. ID
Age	46 Yrs.	Panel	MEDIWHEEL	Reported
Ref. By	MEDIWHEEL			09/08/2022 17:39:42

Test Name	Result	Units	Ref. Range
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The Glycosylated haemoglobin assay has been validated as a reliable indicator Of mean blood glucose levels for a period of 8-12 week period. ADA recommended the testing twice a year in patients with stable blood glucose and quarterly. If treatment change, or if blood glucose levels are unstable.

TO BE CORRELATED CLINICALLY.

THYROID PROFILE

Free T3 ELFA	2.11	ng/ml	02 - 04
Free T4 ELFA	0.84	ug/dl	0.8 - 2.7
TSH Serum/ELFA	4.050	uIU/ml	0.25 - 5.50 uIU/ml

Interpretation

Clinical Use

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency

LIPID PROFILE

TOTAL CHOLESTEROL	209.10	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	125.10	mg/dL	80.5 - 150.0 (<150)

Checked by : _____
Page 3 Contd...4

Facilities Available :

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Reg. Date	09/08/2022	Patient Id	2208090001	DOB.	
Name	MRS. Shalini Sharad	PKG10000269		Perm. ID	
Age	46 Yrs.	Gender	F	Reported	09/08/2022 17:39:42
Ref. By	MEDIWHEEL	Panel	MEDIWHEEL		

Test Name	Result	Units	Ref. Range
H D L CHOLESTEROL DIRECT	41.32	mg/dL	42.0 - 60.0 (<40->59)
V L D L	25.0	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	142.8	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	5.1		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	3.5		1.5 - 3.5
<u>KIDNEY FUNCTION TEST (KFT)</u>			
SERUM CREATININE	0.90	mg/dl	0.6 - 1.2
SERUM URIC ACID	4.82	mg/dl	2.4 - 6.0
BLOOD UREA NITROGEN (BUN)	12.20	mg/dl	6.0 - 21.0
BILIRUBIN TOTAL	0.82	mg/dl	0.2 - 1.2
CONJUGATED (D. BILIRUBIN)	0.18	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D.BILIRUBIN)	0.64	mg/dl	0.2 - 0.9
SGOT / AST	34.02	IU/L	0 - 35
SGPT / ALT	44.60	IU/L	0 - 35
ALKALINE PHOSPHATASE	62.00	U/L	64 - 306
TOTAL PROTEIN	6.77	gm/dl	6.0 - 8.3
ALBUMIN	4.35	gm/dl	3.2 - 5.0
GLOBULIN	2.42	gm/dl	2.5 - 5.6
A/G RATIO	1.48		0.9 - 2.0
GAMMA GT	25.20	IU/L	0.0 - 35.0
<u>BIOCHEMISTRY</u>			
BUN/CREAT RATIO	13.5	mg/dl	10 - 20
MEDIWHEEL F ABOVE 40			

Dr. Reema Dahiya
M.B.B.S. (Path.)
Checked by
Malik Radix Healthcare Pvt. Ltd.
C-217, C-218, Nirman Vihar,
Delhi-92

DR. REEMA DAHIYA
M.B.B.S, MD (Path.)

Facilities Available :

- ★ Multispeciality Hospital ★ 24 Hours Emergency ★ X-Ray/ECG/ Ultrasound ★ Dental
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Home Collection Facility Available Contact : 9999254739

Name - Shalini Sherad
Age - 46 yrs/F

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6/6 ✓

NA
NA

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9 years / Visko-HA

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Facilities Available :

- ★ Multispeciality Hospital
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- ★ All Speciality OPD
- ★ Laparoscopic Surgery
- ★ ECHO
- ★ Plastic Surgery

Home Collection Facility Available Contact : 9999254739



CONSULTANTS ON PANEL

PAEDIATRICS

Dr Ravi Malik (MBBS, MD)
Dr Pawan Verma (MBBS, MD)

GYNAECOLOGY

Dr Renu Malik (MBBS, MD)
Dr Meena Malhotra (MBBS, MD)
Dr Rajni (MBBS, MD)
Dr Manju Gupta (MBBS, MS)
Dr Vaishali Saini (MBBS, DGO)
Dr Rupam Arora (MBBS, MD)

DENTAL

Dr Shruti Malik (BDS, MDS)
Dr Shilpa Verma
Dr Pooja Makkar
Dr. Rupsha Mallick

MEDICINE

Dr A S Talwar (MBBS, MD)
Dr Sunny Uppal (MBBS, MD)
Dr Surendra Rajpal (MBBS, MD)
Dr Amrit Singh Matharu (MBBS, DNB)

RESPIRATORY MEDICINE / PULMONOLOGY

Dr Abhinav Bhanot (MBBS, DNB)

LAPAROSCOPY SURGERY

Dr Ajay Jain (MBBS, MS)
Dr V.K Jain (MBBS, MS)
Dr Deepak Saran (MBBS, MS)
Dr Pradeep Saini (MBBS, MS)
Dr G .S Garg (MBBS, MS)

ORTHOPAEDICS

Dr Vikas Bhardwaj (MBBS, MS ORTHO, DNB)
Dr Prabhakar Aggarwal (MBBS, MS ORTHO)
Dr KB Tiwari (MBBS, MS ORTHO)
Dr Deepak Kumar Arora (MBBS, MS ORTHO)

EYE/OPTHALMOLOGY

Dr Nidhi Gupta (MBBS, MS, DNB, PGDM)
Dr Himanshu Singh Pundir (MBBS, MS)

ENT

Dr Sharad Kumar Singhi (MBBS, MS)
Dr Prateek Sharma (MBBS, MS)
Dr Ashok Singh (MBBS, MS)
Dr A K Lahiri (MBBS, MS)

RADIOLOGY (ULTRASOUND)

Dr K K Sinha (MBBS DNRB)
Dr T K Vohra (MBBS, MD)
Dr Rajesh Malhotra (MBBS, MD)
Dr Ashish Tomar (MBBS, MD)

PATHOLOGY

Dr Reema Dahiya (MBBS, MD PATH)
Dr Meenu Aggarwal (MBBS, MD PATH)

ANAESTHESIA

Dr Rajesh Dhall (MBBS, MD)
Dr Rakesh Atrey (MBBS, MD)
Dr R K Arora (MBBS, MD)
Dr Swaraj Garg (MBBS, MD)

DERMATOLOGY

Dr Niharika Jain (MBBS, MD)
Dr Nitish Singhal (MBBS, MD)

PLASTIC & COSMETIC SURGERY

Dr Ayush Jain (MBBS, MS, MCh)

PAEDIATRIC SURGERY

Dr Dharmendra Singh (MBBS, MS, M.Ch)
Dr Satish Aggarwal (MBBS, MS, M.Ch)

PAEDIATRIC NEPHROLOGY

Dr A S Vasudev (MD, Dip.in. Paed.)

NEPHROLOGY

Dr Javed (MBBS, MD, Nephro)

CARDIOLOGY

Dr Nishant Tyagi (MBBS, MD)

NEUROLOGY

Dr Amit Batra (MBBS, MD)

GASTROENTEROLOGY

Dr Deepak Lahoti (MBBS, MD)
Dr Naresh Aggarwal (MBBS, MD)

UROLOGY

Dr Nikhil Sharma (MBBS, Mch)

PSYCHIATRY

Dr Mohit Sharma (MBBS, MD)

PHYSIOTHERAPY

Dr Kirti Dwivedi
Dr Ravi Kumar

NUTRITIONIST

Dr Deepika Kohli
Dr Sakshi Rana

CLINICAL PSYCHOLOGIST

Dr. Sarika Singh

Dr. Shruti Malik

BDS, MDS (Endodontics)

☎ +91-9899561092

**Timings : 9.00 am. to 1:30 pm.
6:00 pm. to 8:30 pm.**

Name : Shalini Shauad

Age/Sex : 46 y / F

Date : 9/8/22

For Appointment

☎ +91-9999254639

CLINICAL EXAMINATION:-

1. TMJ:- M.H. - H/o sinusitis, Asthma,

Myroid

2. DENTAL STATUS:

- a. Caries Teeth : 0/E
- b. Fracture Teeth : 0
- c. Root Stumps : carious 6?-(9) / 6
- d. Gingivitis : 0
- e. Periodontitis : 0
- f. Impacted Teeth : 0
- g. Malaligned Teeth : missing

3. ORAL LESIONS:-

Recurrent crown

4. DIAGNOSIS:-

Adv OPG
Dr Anu

5. TREATMENT PLANNING:

fix

6. FOLLOW UP:-

Hexidine mouthwash

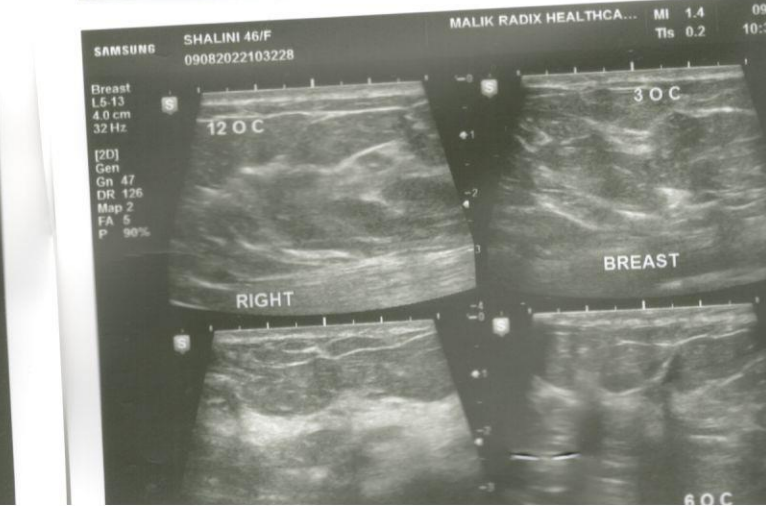
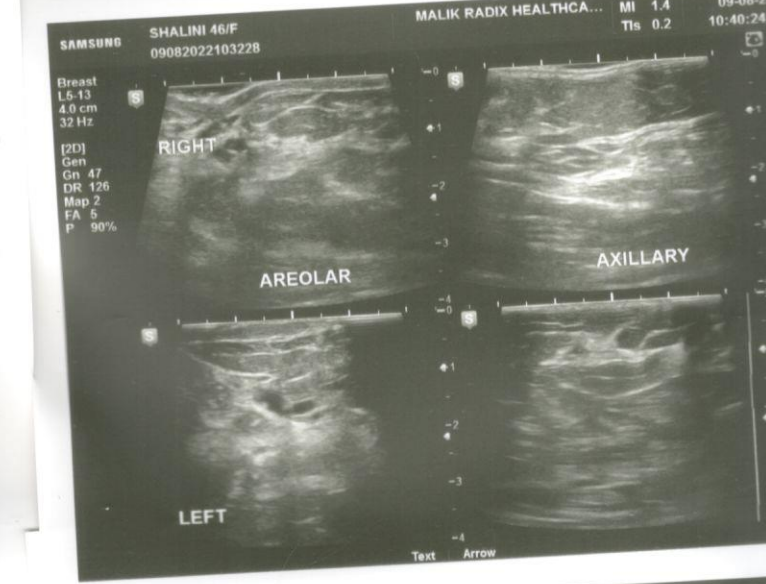
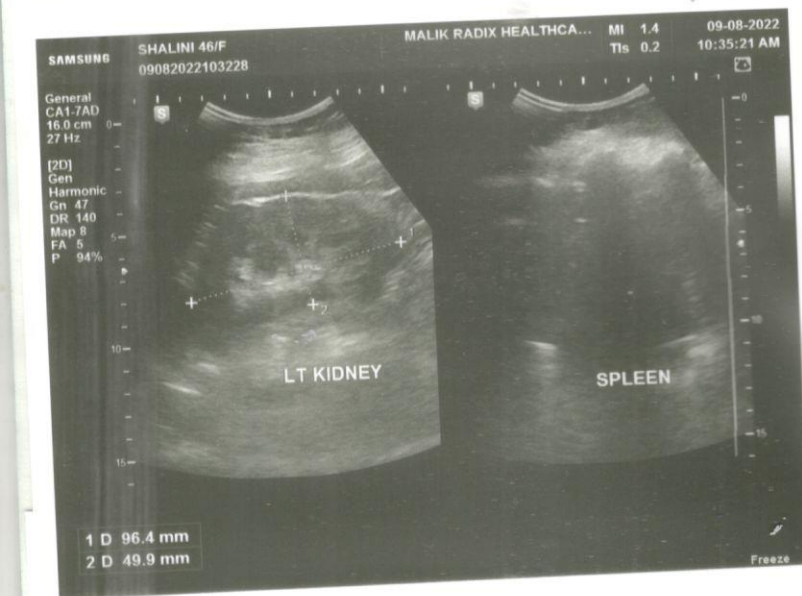
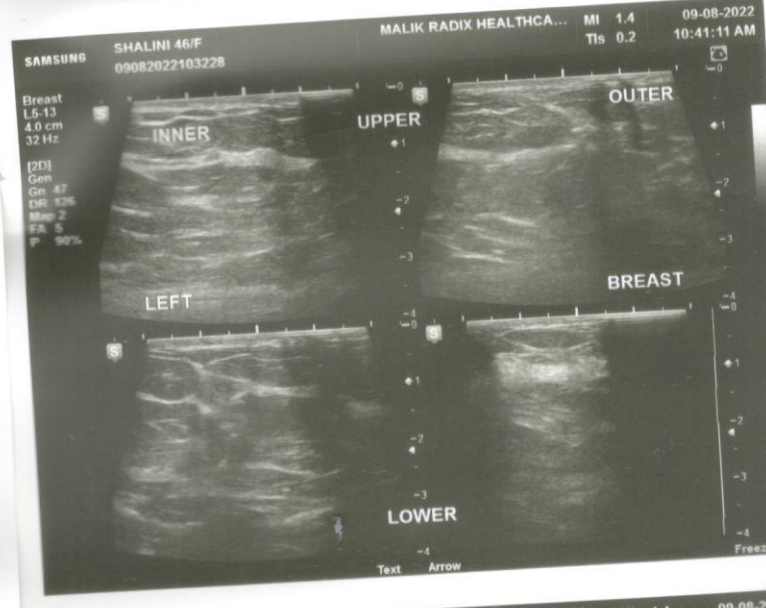
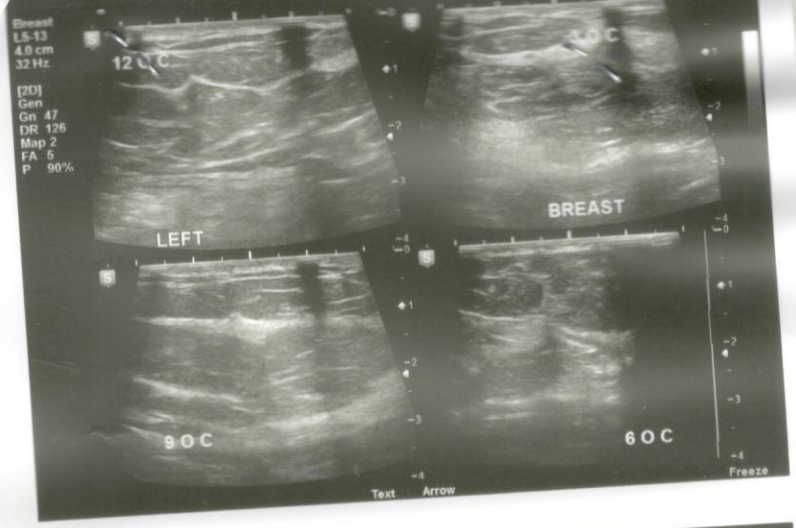
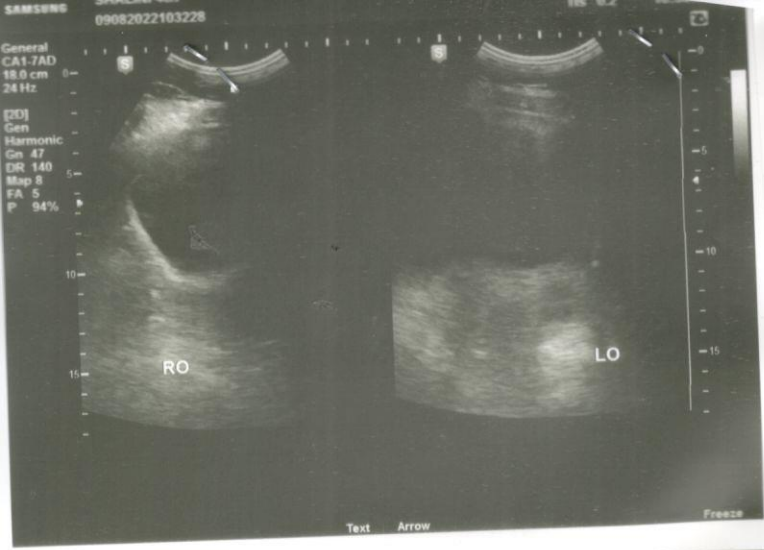
Referral To Other Consultant: Yes/ No

If Yes, please mention the Name:

Doctor's Signature

Facilities Available :

- ★ MULTI-SPECIALITY HOSPITAL ★ MODULAR FULLY EQUIPPED OT ★ NURSERY ★ LAPROSCOPIC SURGERY
- ★ 24X7 EMERGENCY ★ OPG ★ DENTAL ★ 24X7 DIAGNOSTICS ★ LABOUR ROOM ★ ECHO ★ EEG ★ DIGITAL X-RAY
- ★ ECG ★ ULTRASOUND ★ RICU/ICU ★ ALL SPECIALITY OPD ★ PLASTIC & COSMETIC SURGERY ★ DIALYSIS ★ PHARMACY



Patient's Name: Mrs SHALINI

Age: 46Y

Sex: F

Refd. By: HEALTH CHECK UP

Date: 09.08.22

Ultrasound Examination of Breasts:

US examination of both breasts was performed using a high frequency probe.

On US both breasts show the normal glandular appearances of adult breasts. Normal echogenic adipose tissue is seen. The glandular elements show normal appearances.

The fibrous tissue stroma is well defined.

No evidence of any SOL or abnormal calcification seen.

No evidence of any abscess seen.

Areolar and axillary regions are normal.

NORMAL STUDY.

Regards.


Dr Mukesh Koshal MD (Rad- diag)

Regn. No. DMC 10407

NAME	MRS SHALINI	AGE	46 Y/F
REFD. BY.	HEALTH CHECK UP	DATE	09.08.22

Ultrasound Examination of Whole Abdomen:

Liver: Liver shows Grade 1 fatty liver . No focal SOL is seen in liver. IHBR & portal radicles are normal.

Gallbladder: Gallbladder shows normal anechoic pattern. No evidence of cholecystitis or cholelithiasis seen. Common bile duct is normal in course & caliber.

Pancreas: Pancreas shows normal size & echotexture.

Spleen: Spleen shows normal size, outline & echotexture.

Kidneys: Kidneys show normal size, shape, position & echotexture. No, hydronephrosis or SOL is seen in kidneys. Cortico- medullary differentiation and cortical thickness is normal on both sides. **Right kidney shows a calculus 6.6 mm**

No supra- renal mass seen.

Great abdominal vessels are normal.

Domes of diaphragm are seen to move normally & synchronously in respiration. No infra- or supra diaphragmatic collection seen.

No ascites or pericardial effusion seen.

No para aortic lymph nodes seen.

Urinary bladder: Urinary bladder shows normal anechoic pattern. No calculus, SOL or diverticulum seen.

Uterus: Uterus is anteverted and normal in size & echotexture. No intrinsic SOL is seen in uterus. Endometrial thickness is 7.5 mm.

Adnexa: Adnexal regions including the ovaries are sonographically normal.

IMP – 1) GRADE 1 FATTY LIVER
2) RIGHT RENAL CALCULUS

Regards.

Dr Mukesh Koshal MD (Rad- diag)
Regn. No. DMC 10407

R

SHALINI SHARAD 46 Y/F PT167133 CHEST.PA 09/Aug/2022 09:59 AM





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UHID	PT167133	LAB No.	XRY2203595
Name	Mrs. Shalini Sharad	Regn. No.	GEN2216958
Age / Sex	46 Yrs / F	Receiving Dt/Time	09/Aug/2022 09:59
		Reporting Dt/Time	09/Aug/2022 11:34 AM



XRAY

CHEST (PA)

Both lung fields are normal.

Cp angles are clear.

Hila are normal...

Heart size appears within normal limits.

Soft tissue shadows and bony thorax are normal.

Advised....please correlate clinically.

***** END OF REPORT *****

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