

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. ANUJA SUBHEDAR

SEX: Female AGE: 35 Years.

REF. BY : MEDIWHEEL

DATE :02/02/2023

COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	5100 /cumm	4.0 - 11.0 x 10 ³ /cumm
Haemoglobin:	11.6 g%	13.0 - 18.0 g%
Platelets:	274000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	3.73 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	90.4 fL	80.0 - 97.0 fL
MCH:	31.0 pg	26.0 - 32.0 pg
MCHC:	34.4 g/dL	31.0 - 36.0 g/dL
HCT:	33.7 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	58 %	40 - 75 %
Lymphocyte:	33 %	20 - 45 %
Monocytes:	04 %	2 - 10 %
Eosinophills:	05 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	09 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

AGE: YRS

BLOOD GROUP

BLOOD GROUP : "A"
R.H.FACTOR : POSITIVE

Dr.S R. SARDA

M.D Reg. No.56462

SARDA CENTER FOR DIABETES & SELF CARE

4, Vyanktesh Nagar, Jalna Road, Aurangabad

Dr.Sampat Sarda
M.D.(Pathology)

4, Vyanktesh Nagar, Jalna Road, Aurangabad (MH). Ph.: 2333851, 2334858, Mob.: 9823040323

SARDA

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DATE :02/02/2023

BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	78 mg/dl
Post Meal Blood Suagr Level:	107 mg/dl

REFERANCE RANGE :	NON DIABETIC	IGT	DIABETIC
FASTING	≤ 90 MG	90-126 mg %	≥ 126 mg %
POSTMEAL	≤ 140 mg	140-200mg%	≥ 200 mg

GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.3 %	4.7-5.9 %
M.B.G	98.83% mg	70 - 120 mg

INTERPRETATION:

FOR DIABETIC PATIENT

Good Control: 6.0 - 7.0 %

Fair Diabetic Control: 7.0 - 8.0 %

Unsatisfactory control: 8.0 - 10 %

Poor Diabetic Control: Above 10 %

Dr.S R. SARDA
M.D Reg. No.66462
SARDA CENTRE FOR DIABETES & SELF CARE
4, Vyanktesh Nagar, Jalna Road, Aurangabad
M.D.(Pathology) 233851, 2334858

SARDA

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NAME: MRS. ANUJA SUBHEDAR

SEX: Female AGE: 35 Years.

REF. BY : MEDIWHEEL

DATE :02/02/2023

LIPID PROFILE

Serum Cholesterol :	163 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	42 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	83 mg/dl	up to 165 mg/dl
LDL Cholesterol:	104.4 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	16.6 mg/dl	up to 40 mg/dl
LDL / HDL Cholesterol Ratio:	2.49	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	3.88	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

Dr.S R. SARDA

M.D Reg. No.66462

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Dr.Sampat Sarda, Nagar, Jalna Road, Aurangabad

M.D.(Pathology) Phone No.2333851, 2334858

SARDA

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DATE :02/02/2023

BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	10 mg%	5-25 mg %
CREATININE	0.7mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.59mg%	0.2-1.0 mg
DIRECT	0.22	0.0-0.3
INDIRECT	0.37	0.3-0.7
S.G.O.T	23 IU/L	15-40 IU/L
S.G.P.T	22 IU/L	15-40 IU/L
ALK PHOSPHATASE	86 IU/L	42-128IUL
S.PROTEIN TOTAL	6.8gm%	6.0-8.0 gm%
ALBUMIN	3.7gm%	3.2-4.4 gm%
GLOBULINS	3.1gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.1	
G.G.T.P	20	upto50IU
SR.URIC ACID	4.9	3.5-7.0 mg %\$sruric-

Dr.S R. SARDA

M.D Reg. No.56462

SARDA CENTER FOR DIABETES & SELF CARE
4, Vyankatesh Nagar, Jalna Road, Aurangabad
3351, 2334858

Dr.Sampat Sarda
M.D.(Pathology)

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. ANUJA SUBHEDAR

SEX: Female AGE: 35 Years.

REF. BY : MEDIWHEEL

DATE :02/02/2023

Urine Routine Examination

Physical Examination

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

Chemical Examination:

Specific Gravity	1.005
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

Microscopic Examination

RBC :	Absent
Pus Cells:	OCASSIONAL/HPF
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

Dr. S R. SARDA

M.D. Reg. No.56462

Dr. Sampat Sarda
M.D.(Pathology)

R



MRS ANUJA SUBHEDAR Age : 35 YRS Female

Chest PA Patient ID

Ref Dr : DR S SARDA

Date : 02-02-2023 AM 10:30:18

Ellora Diagnostic Centre, Aurangabad (0240) 2353182

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES
☎: 0240-2325282, 8446100111



DIAGNOSTIC CENTRE
X-RAY & IMAGING CLINIC

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240 - 2353182

02-02-2023

Mr. ANUJA SUBHEDAR
35 YRS

CHEST

Trachea central.
Apices are clear.
Both lung appeared well pneuamtised and appeared normal.
Both cp angles are clear.
Cardiac silhoutte normal.

IMPRESSION
NORMAL CHEST

Dr. P. A. Barjatya
Radiologist
Regd.No.58902
Sarda Center For Diabetes & Selfcare
4, Vyankatesh Nagar Rd, Aurangabad

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES



DIAGNOSTIC CENTRE
X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240-2353182, 2325282, 8446100111

02-02-2023

Mrs. ANUJA SUBHEDAR
35 YRS

USG ABDOMEN AND PELVIS

Liver is normal in size, shape and echotexture.
Intrahepatic biliary radicles and portovenous echocomplex appeared normal.
No e/o any solid, cystic, diffuse parenchymal pathology seen.
Normal cbd and portal vein.

Gallbladder is well distended and appeared normal, no e/o any gallbladder calculus. Normal gb wall thickness.

Pancreas is normal in size, shape and echotexture.

Normal peripancreatic fat planes.

Spleen is normal in size, shape and echotexture.

Both kidneys are normal in size, shape and echotexture. No e/o any calculus seen, No e/o hydronephrosis. Normal corticomedullary distinction and cortical thickness on either side.

Urinary bladder is well distended and appeared normal, no e/o any intravesical pathology. Uterus is normal in size, shape revealed anterior wall hypoechoic lesion of 16x13 mm.

No e/o ascitis / paraaortic adenopathy.

IMPRESSION

ANTERIOR WALL UTERINE FIBROID.

NORMAL BOTH ADNEXAE.

**NORMAL LIVER, SPLEEN, PANCREAS, GALLBLADDER, BOTH KIDNEYS,
URINARY BLADDER -**

Dr. P. A. Barjatya
Radiologist
Regd. No. 58902
Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

Mrs Anuja Subhadar

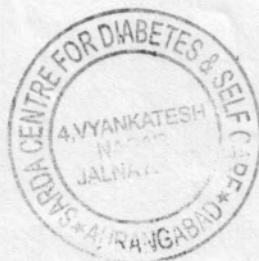
02/01/23

35 ymf

Ophthalmic Exam Report

	(RE)	(LE)
<u>Vision</u>	6/6 E - 0.5 D up/ln	6/6 E - 0.5 D up/ln
<u>near vision</u>	N6	N6
<u>Ant seg</u>	NAD	NAD
<u>Pupil</u>	NSRT	NSRT
<u>Reflex</u>	clear	clear
<u>Fundus</u>	wn	wn
<u>Colour vis</u>	Normal	Normal

Imp: - (RE) within Normal Limits.



Dr. Ajay Lohiya

DR. AJAY LOHIYA
M.B.B.S., D.O. (P.O.) D.N.B.F.C.P.S.
REG. NO. 86436
TIRUPATI NETRALAYA & DENTAL CLINIC
AURANGABAD.

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	ANUJA ANANTRAO SUBHEDAR
DATE OF BIRTH	31-03-1987
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	02-02-2023
BOOKING REFERENCE NO.	22M161926100038842S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. TELKIKAR RUSHIKESH K
EMPLOYEE EC NO.	161926
EMPLOYEE DESIGNATION	HEAD CASHIER "E" _II
EMPLOYEE PLACE OF WORK	SAILU
EMPLOYEE BIRTHDATE	15-03-1983

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **25-01-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

 भारत सरकार
Government of India

 अनुजा आनंतराव सुभेदार
Anuja Anant Rao Subhedar
जन्म तारीख / DOB : 31/03/1987
स्त्री / Female



7601 6450 1068

आधार - सामान्य माणसाचा अधिकार

 भारतीय विशिष्ट ओळख प्राधिकरण
Unique Identification Authority of India

पत्ता W/O: रुषिकेश टेलकीकर,
सुभेदार गली, सैलू, सैलू, परभणी,
महाराष्ट्र, 431503

Address: W/O: Rushikesh Telkikar,
subhedar gali, Sailu, Sailu, Parbhani,
Maharashtra, 431503

7601 6450 1068

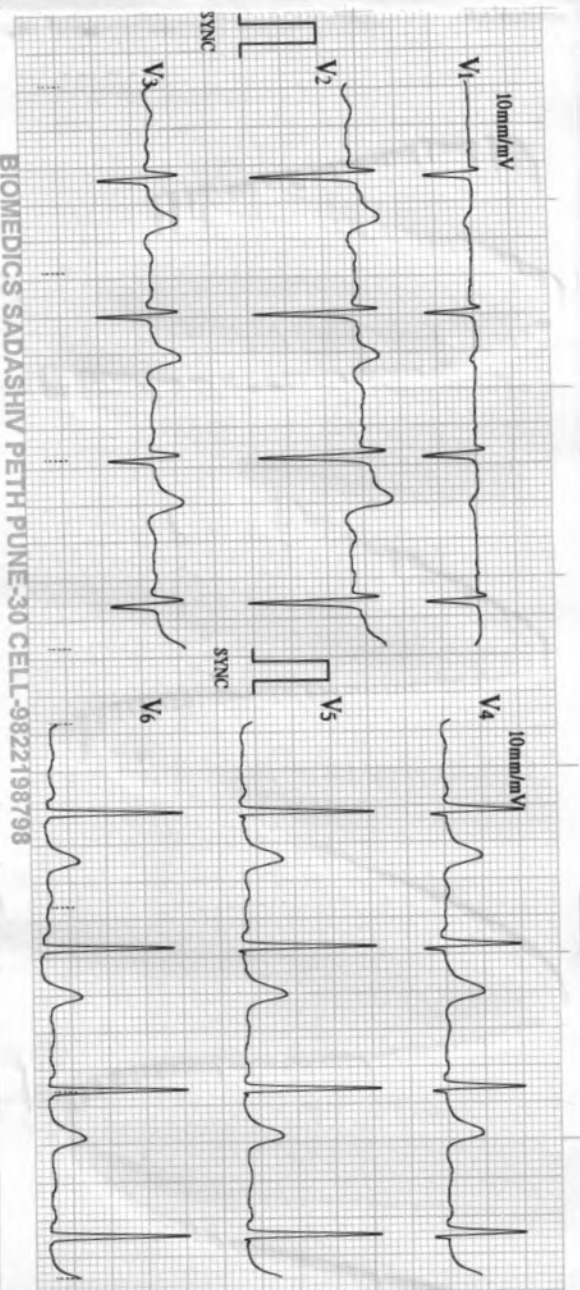
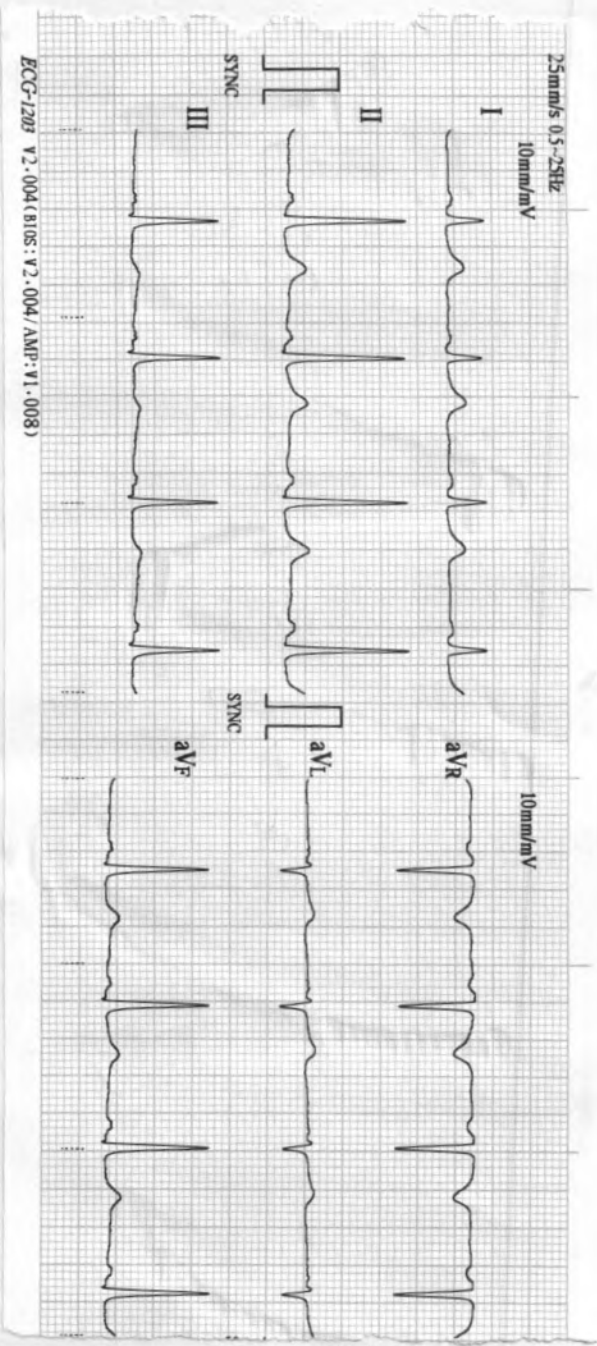
1947
1800 300 1947

help@uidai.gov.in

www.ww
www.uidai.gov.in

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



02/02/2023 09:18
ID : 1316
Name: *[Signature]*
Sex :
Age :
HR : 82 bpm
R-R : 725 ms
P-R : 126 ms
QRS : 89 ms
QT/QTc : 373/437 ms
P/QRS/T : 53/71/54 °
RV5/SV1 : 1.790/0.680 mV
RV5-SV1 : 2.470 mV

Machine Interpretation Only
Confirm with Physician
Physician:

BIOMEDICS SADASHIV PETH PUNE-30 CELL-9822198798

**SARDA
CENTRE FOR DIABETES & SELF CARE**

4, Vyankatesh Nagar, Jainas Road, Aurangabad. Ph. : (0240) 2333851, 2334858.

Name: Mrs Anuja Subhedar Age: 35M
ROB

CLINICAL SUMMARY:

Weight: _____ Height (Cms): _____ Blood Pressure: _____

ECG FINDINGS:

Rate: 87/min ORS. Complex: N

Rhythm: N ST Segment: N

Mechanism: N T. Wave: N

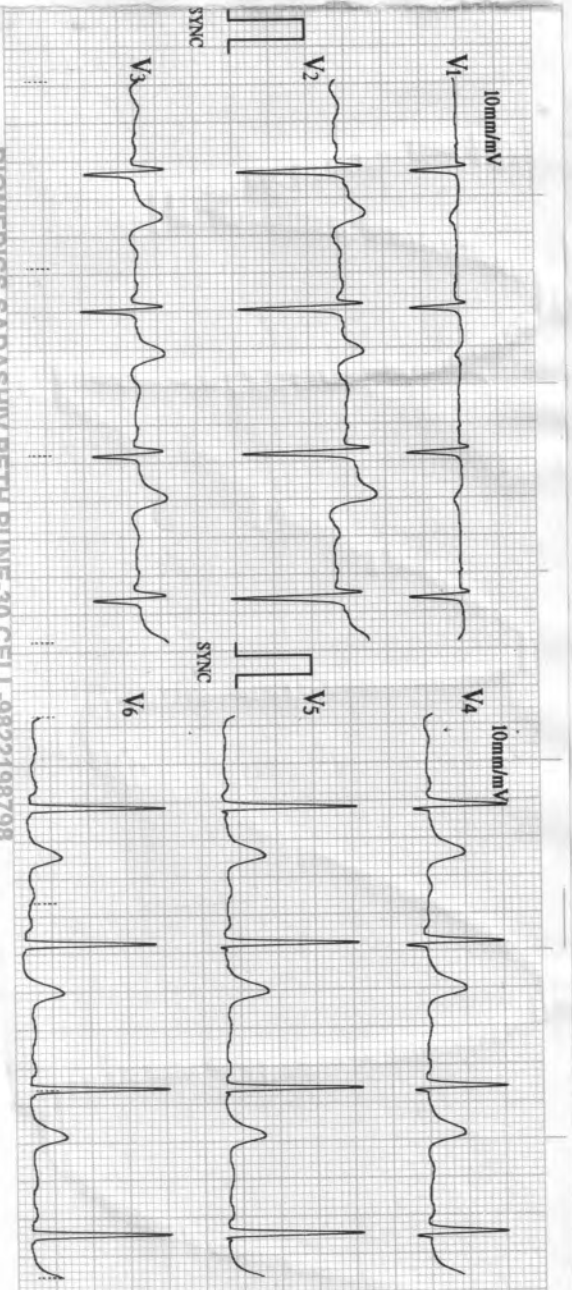
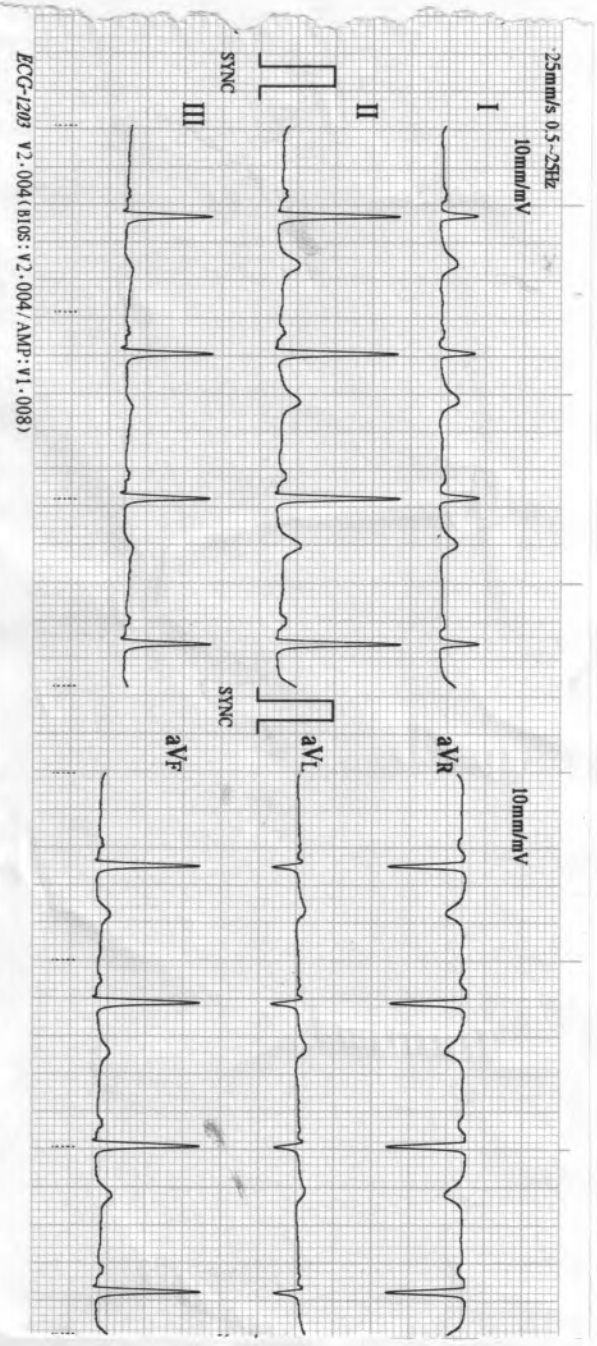
Axis: N QT Interval: N

P. Wave: N PR Interval: N

Recommendation: None

Date: 27/1/13

Dr. A. S. SARDA
M.D. No. 3570
SARDA-CENTRE FOR DIABETES & SELF CARE
4, Vyankateshnagar, Jainas Road, Aurangabad
Phone No. 2333851, 2334858



BIOMEDICS SADASHIV PETH PUNE-30 CELL-9822198798

02/02/2023 09:18

ID : 1316

Name: *[Signature]*

Sex :

Age :

HR	: 82	bpm
R-R	: 725	ms
P-R	: 126	ms
QRS	: 89	ms
QT/QTc	: 373/437	ms
P/QRS/T	: 53/71/54	°
RV5/SV1	: 1.790/0.680	mV
RV5+SV1	: 2.470	mV

Machine Interpretation Only

Confirm with Physician

Physician:

ID: SARDA
 Visit: DRAFZAL NOOR KHAN

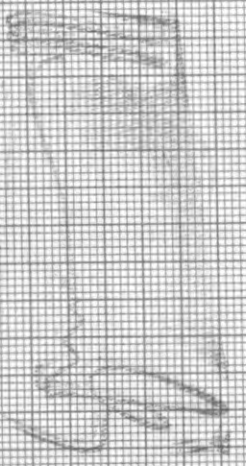
35 years
 161cm
 49kg
 Caucasian
 Female

Referred by: INSURANCE COMPANY
 Test ind.

BRUCE
 Max HR: 186bpm 100% of max predicted 185bpm
 Max BP: 140/80
 Total Exercise time: 6:33
 Maximum workload: 7.7METS
 25.0 mm/s
 10.0 mm/mV
 100hz

Reason for Termination:
 Comments: EXERCISED FOR 6:33 MINUTES OF BRUCE PROTOCOL
 ACHIEVED 100% MHR
 NORMAL CHRONOTROPIC & BP RESPONSE
 NON DIAGNOSTIC ECG / NO ARRHYTHMIAS
 MODERATE EFFORT TOLERANCE
 TEST IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHEMIA

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	14:16	**	**	1.0	108	110/70	119
	STANDING	0:16	**	**	1.0	110	110/70	121
	HYPERVENT	0:39	0.8	0.0	1.1	122	110/70	134
EXERCISE	STAGE 1	3:00	1.6	10.0	4.4	158	110/70	174
	STAGE 2	3:00	2.5	12.0	7.0	180	130/70	234
	STAGE 3	0:33	3.3	14.0	7.7	186	140/80	260
RECOVERY	Post	3:38	**	**	1.0	119	130/80	135

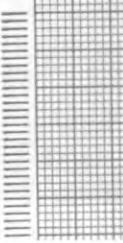


Technician:

INTERNATIONAL HOSPITAL, AURANGABAD

Unconfirmed

MAC55-010B



ID: SARDA
Vist: DR.AFZAL NOOR KHAN

2-Feb-2023
11:29:51

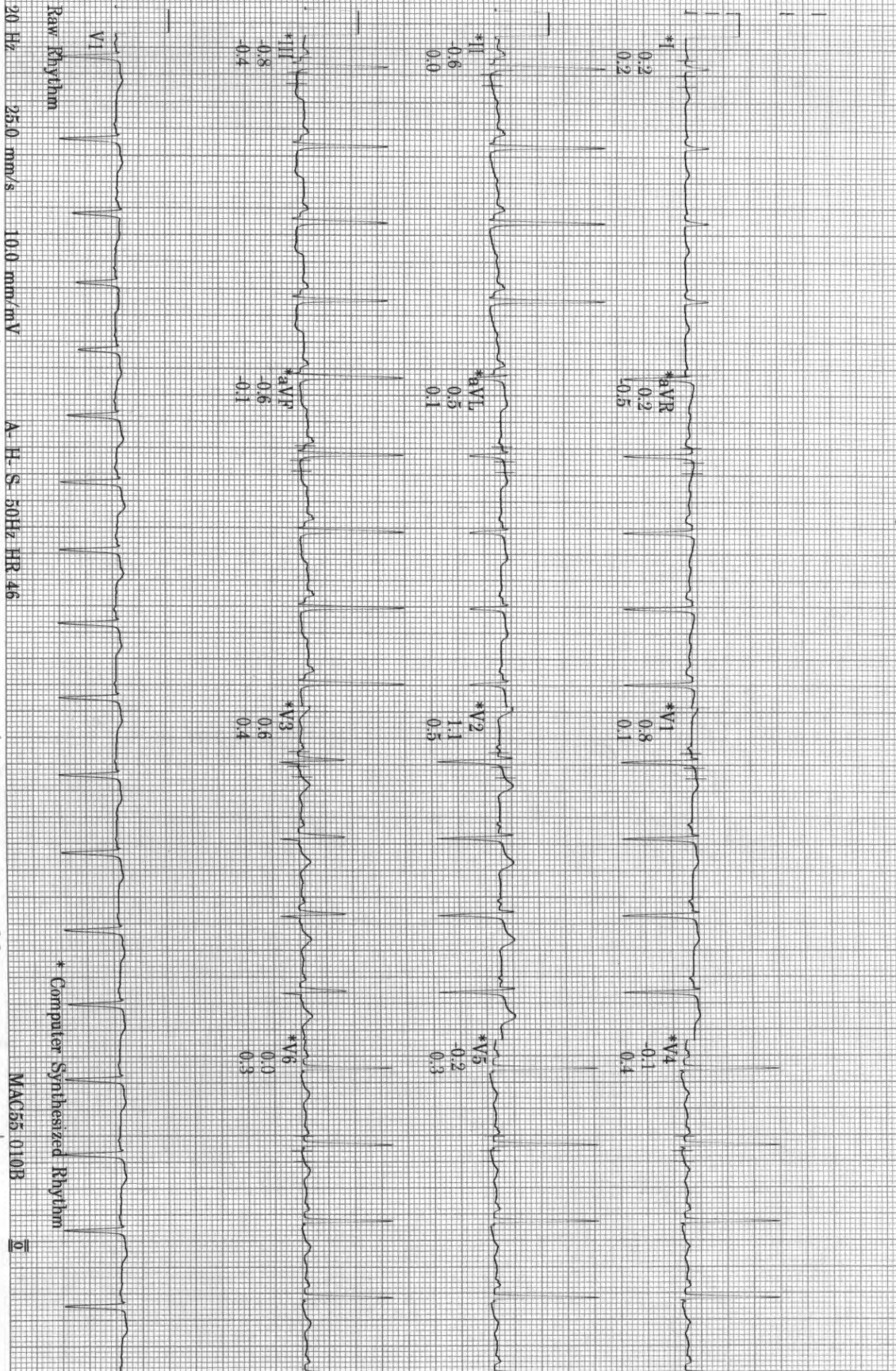
104bpm
BP: 110/70

PRETEST
SUPINE
14:00

BRUCE
**mph
**%

ST @ 10mm/mV
80ms postJ

Lead
ST'(mm)
Slope(mV/s)



ID: SARDA
Visit: DR.AFZAL NOOR KHAN

2-Feb-2023
11:30:23

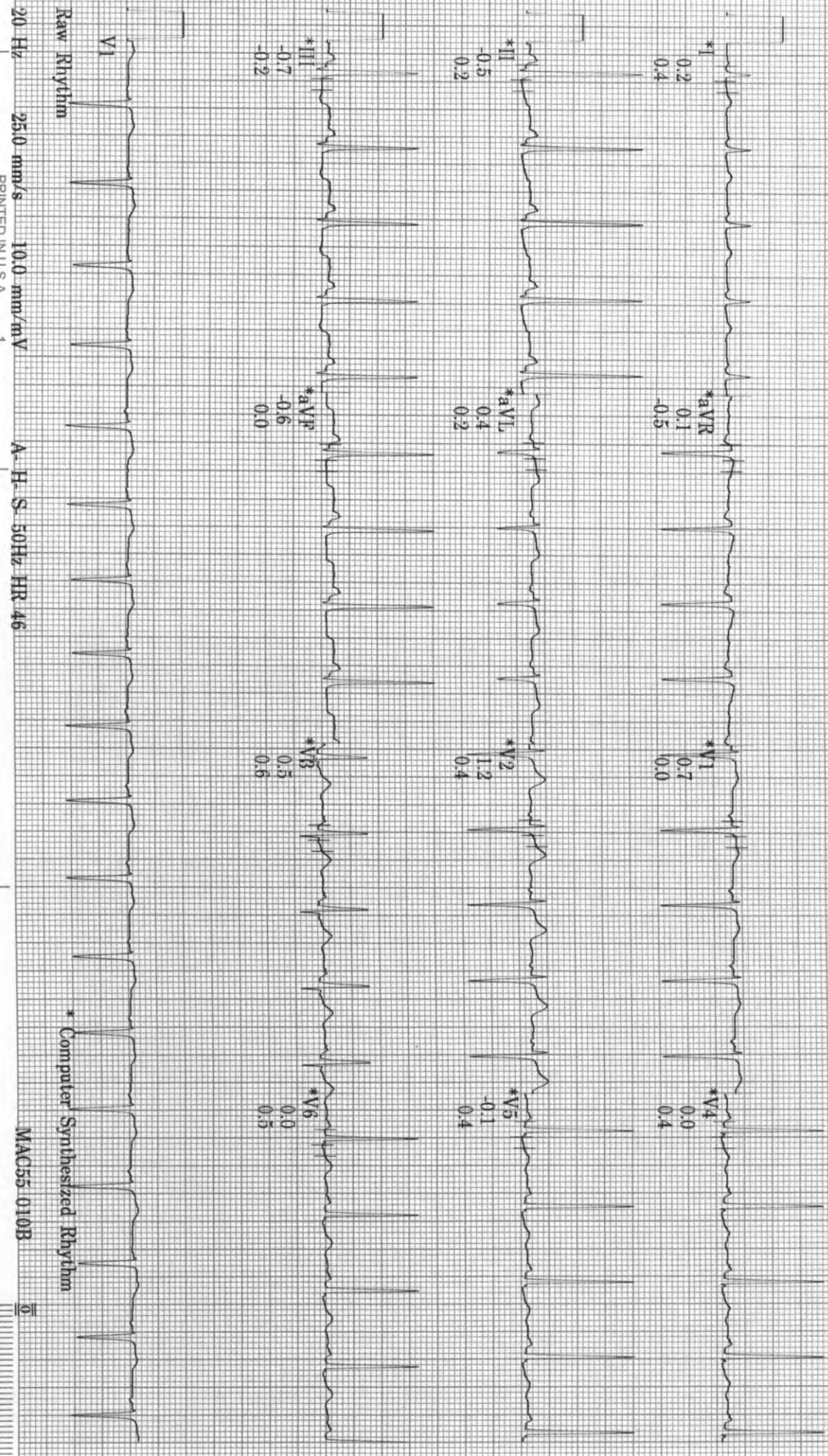
111bpm
BP: 110/70

PREPTEST
STANDING
14:32

BRUCE
** *mph
** **%

ST @ 10mm/mV
80ms postJ

Lead
ST'(mm)
Slope(mV/s)



20 Hz 2510 mm/s 10.0 mm/mV A-H-S 50Hz HR 46
Computer Synthesized Rhythm
MAC55-010B

ID: SARDA
Visit: DR.AFZAL NOOR KHAN

2-Feb-2023
11:30:40

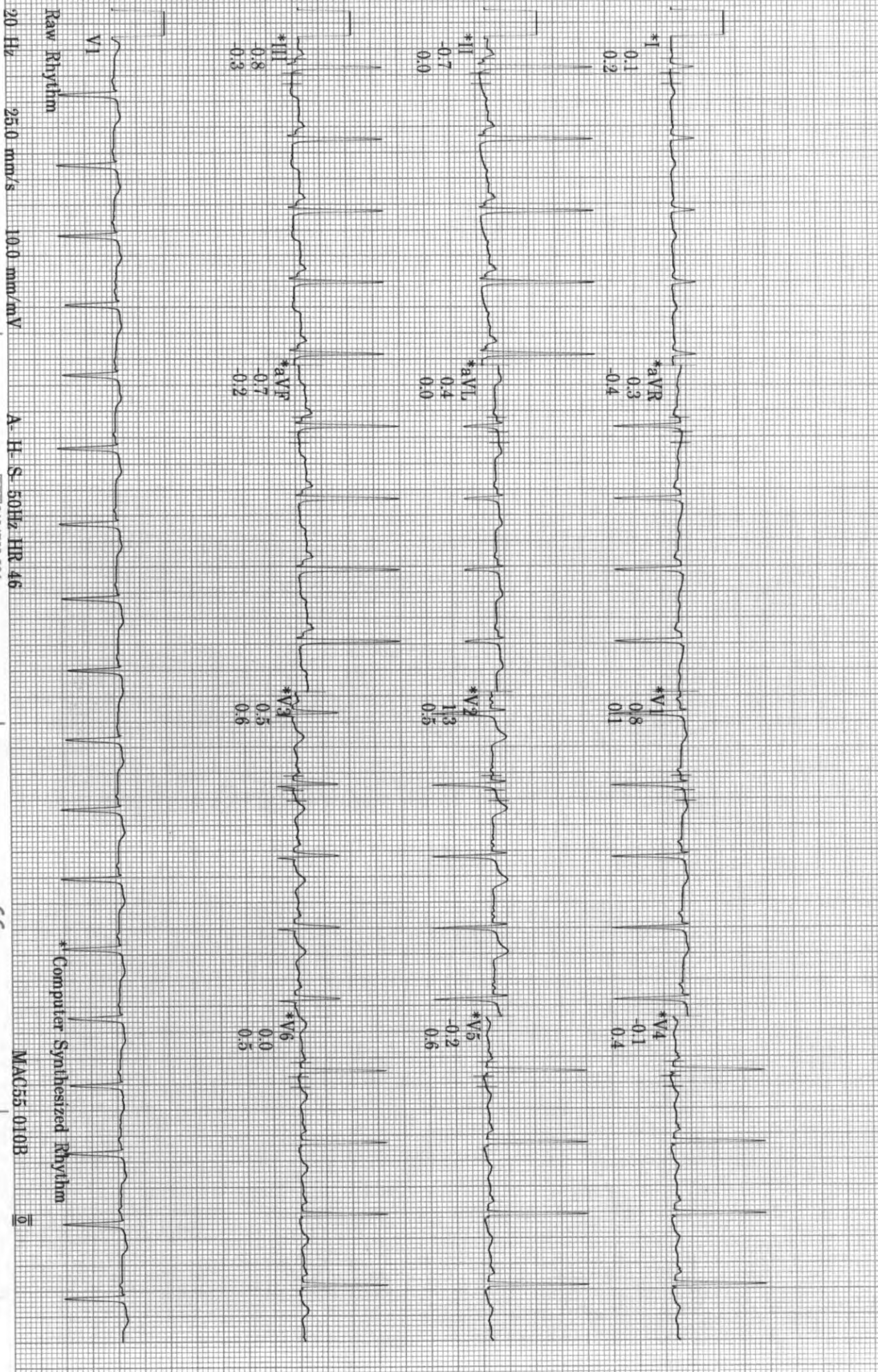
109bpm
BP: 110/70

PRETEST
HYPERVENT
14:49

BRUCE
***mph
**%

ST @ 10mm/mV
80ms postJ

Lead
ST'(mm)
Slope(mV/s)



ID: SARDA
Visit: DR.AFZAL NOOR KHAN

2 Feb 2023
11:33:53

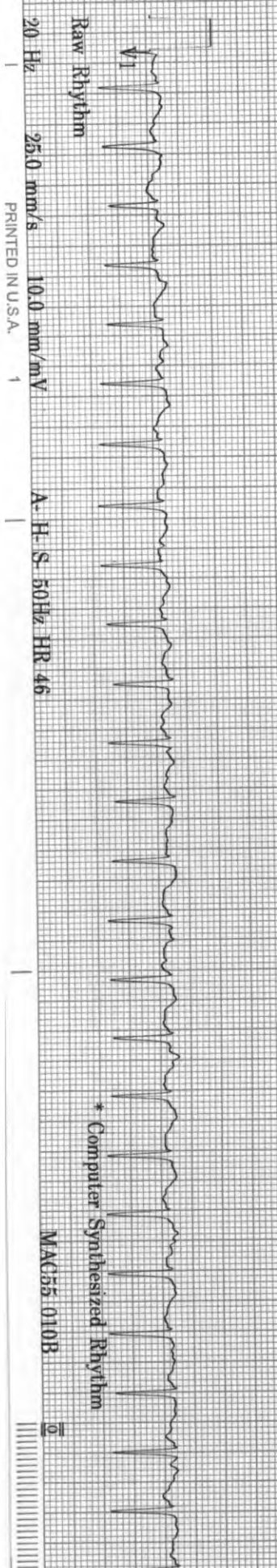
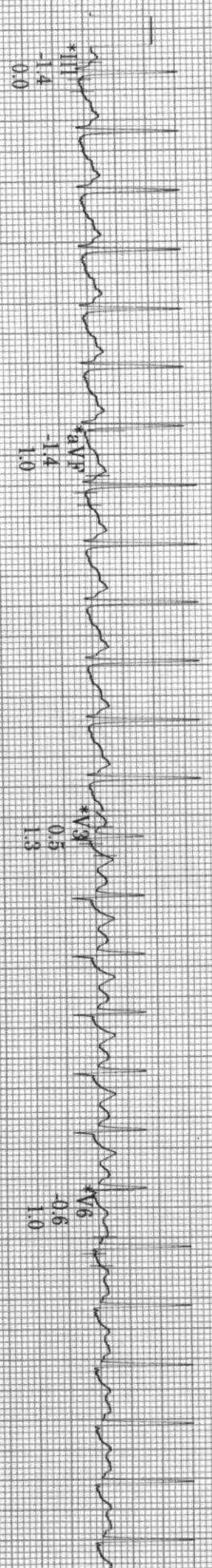
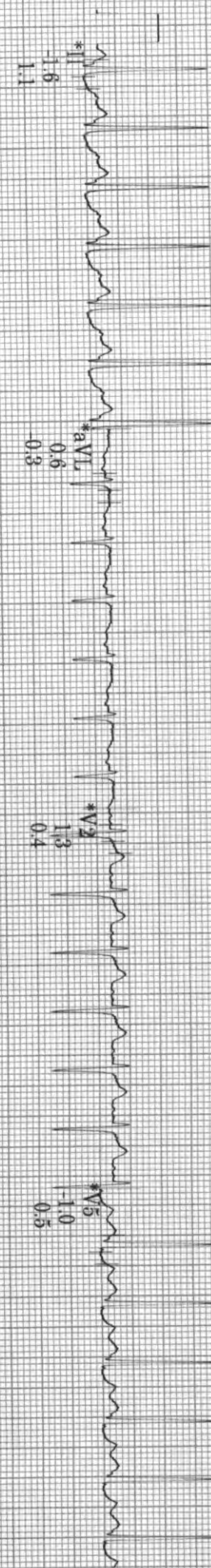
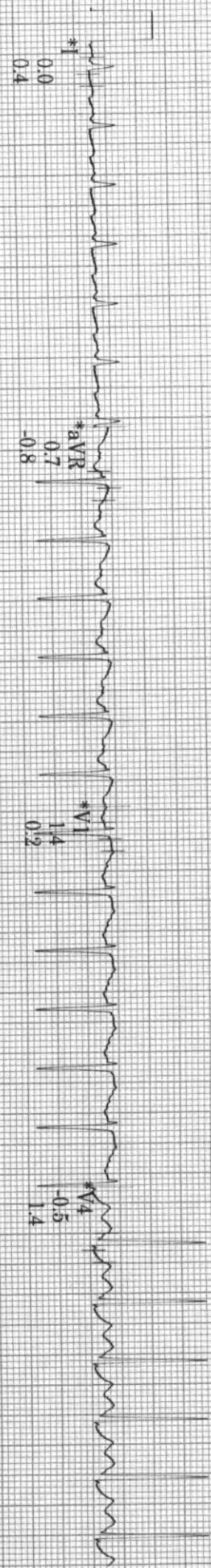
155bpm
BP: 110/70

EXERCISE
STAGE 1
2:50

BRUCE
1.6mph
10.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



20 Hz 25.0 mm/s 10.0 mm/mV A. H. S. 50Hz HR 46
PRINTED IN U.S.A. 1
MAG55 010B

ID: SARDA
Visit: DR.AFZAL NOOR KHAN

2 Feb 2023
11:36:53

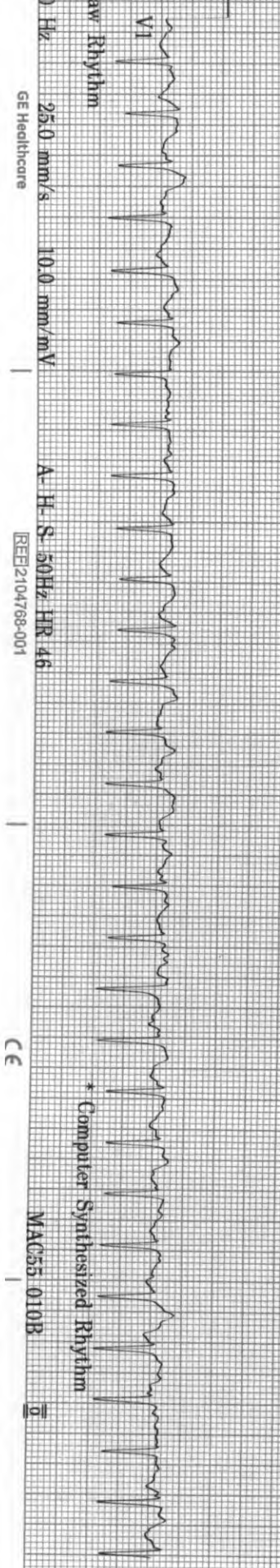
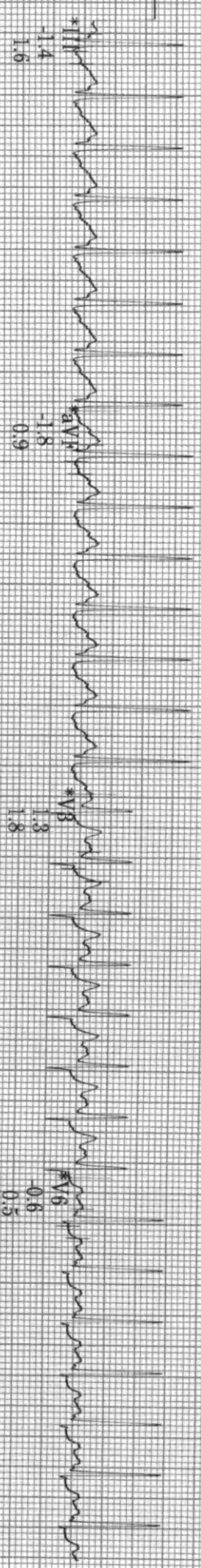
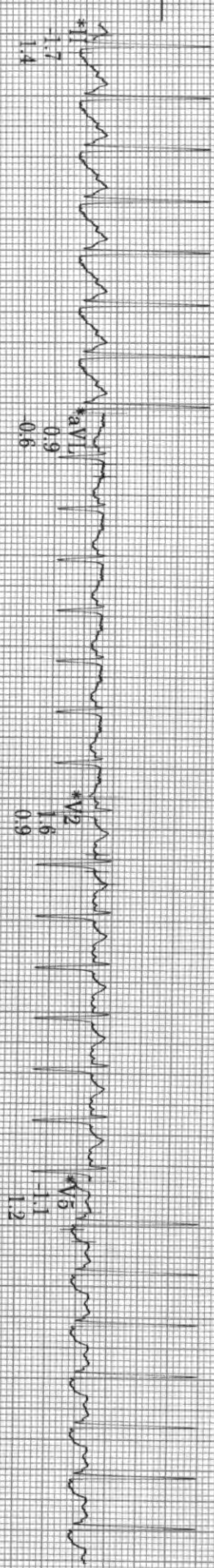
180bpm
BP: 130/70

EXERCISE
STAGE 2
5:50

BRUCE
2.5mph
12.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

20 Hz 25.0 mm/s 10.0 mm/mV A-H-S 50Hz HR 46

GE Healthcare

REF:104768-001

CE

MAC55 010B

ID: SARDA
Vist: DR.AFZAL NOOR KHAN

2-Feb-2023
11:37:36

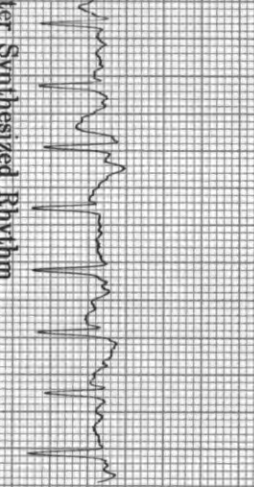
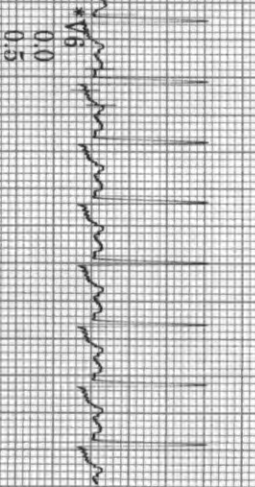
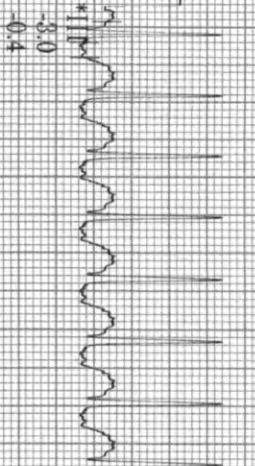
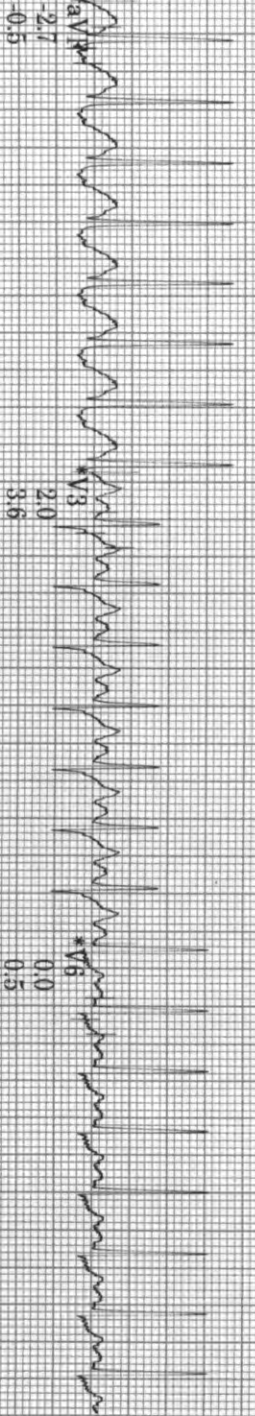
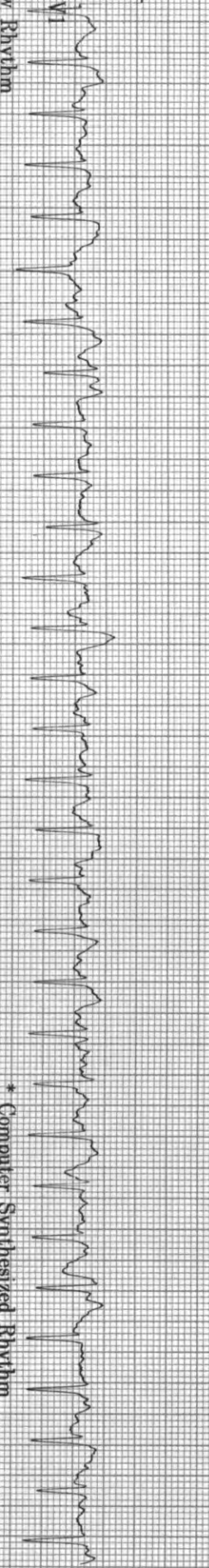
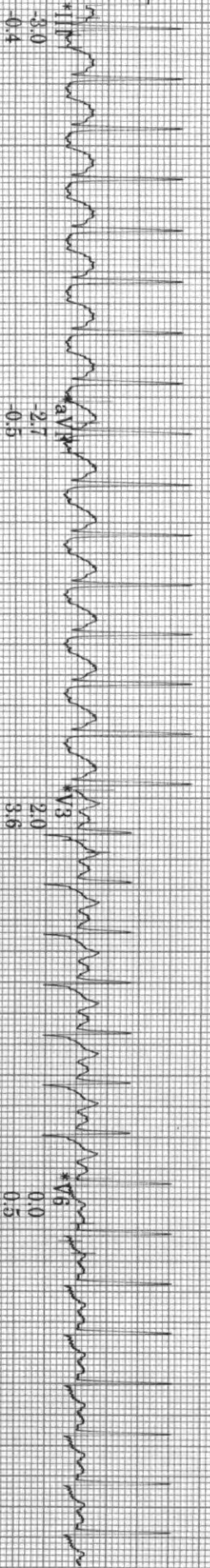
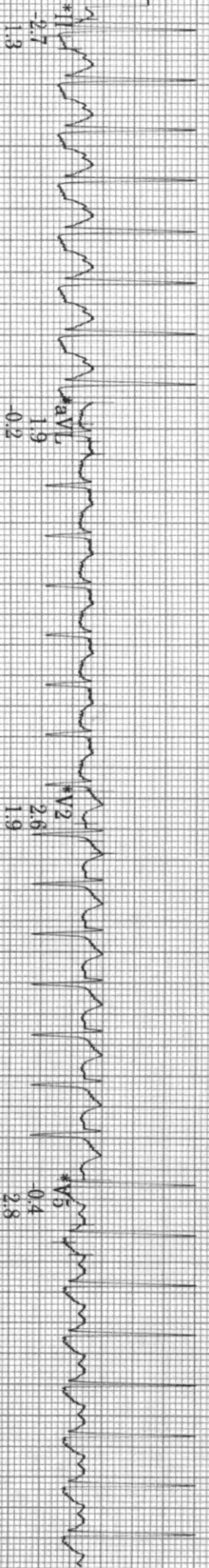
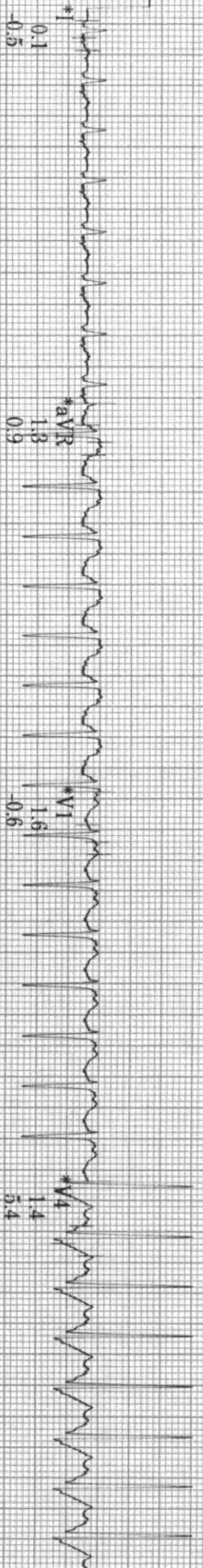
186bpm
BP: 140/80

EXERCISE
STAGE 3
6:33

BRUCE
3.3mph
14.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



ID: SARDA
Vist: DR.AFZAL NOOR KHAN

2-Feb-2023
11:38:36

176bpm
BP: 140/80

RECOVERY
Post
1:00

BRUCE
** *mph
** *%
** *%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



*aVR
0.3
2.0

*V1
1.8
0.0

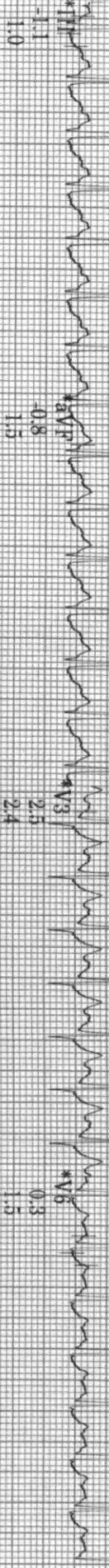
*V4
0.6
2.0



*aVL
0.9
0.2

*V2
3.1
1.7

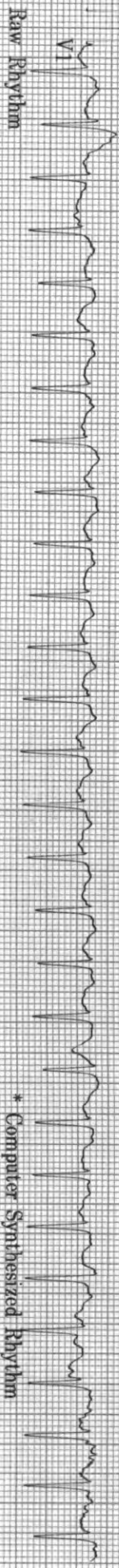
*V5
0.2
1.9



*aVP
-0.8
1.5

*V3
2.5
2.4

*V6
0.3
1.5



20 Hz 25.0 mm/s 10.0 mm/mV A.H.S. 50Hz HR 46

MAC55 010B

* Computer Synthesized Rhythm

ID: SARDA
Vist: DRAFZAL NOOR KHAN

2-Feb-2023
11:40:36

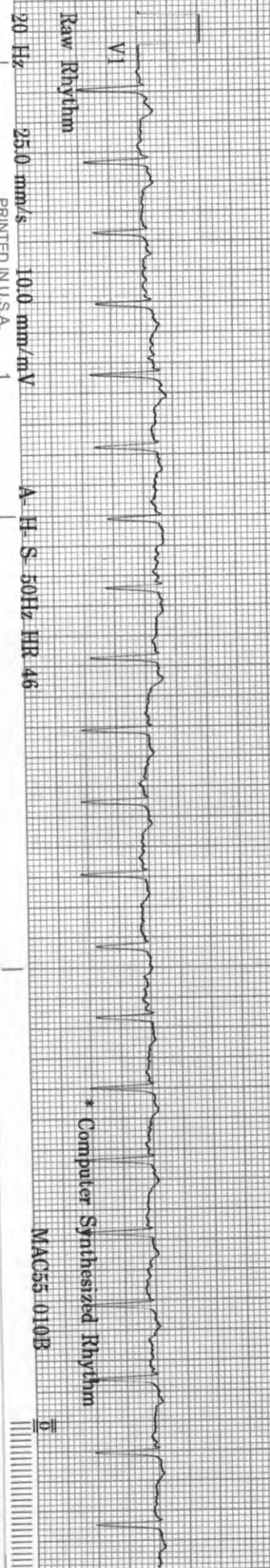
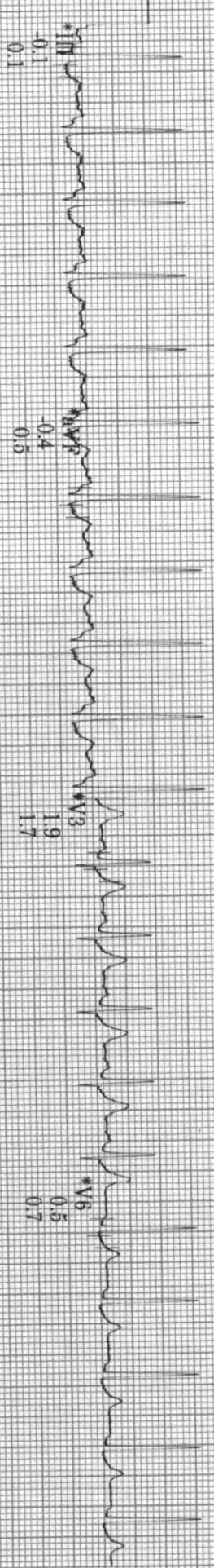
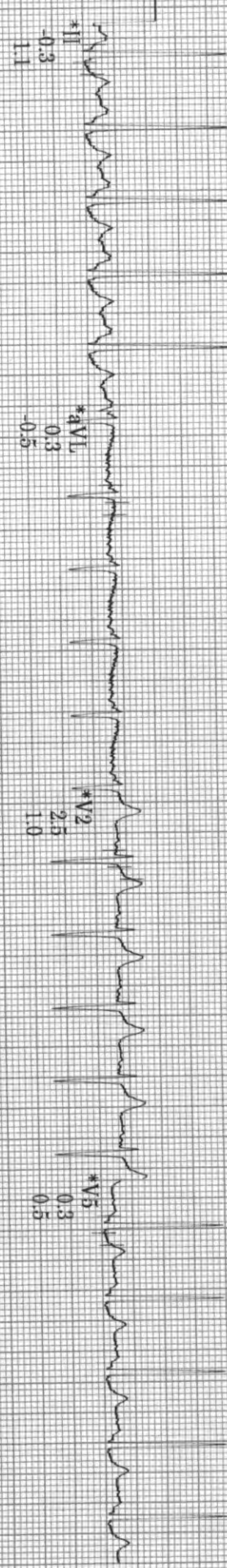
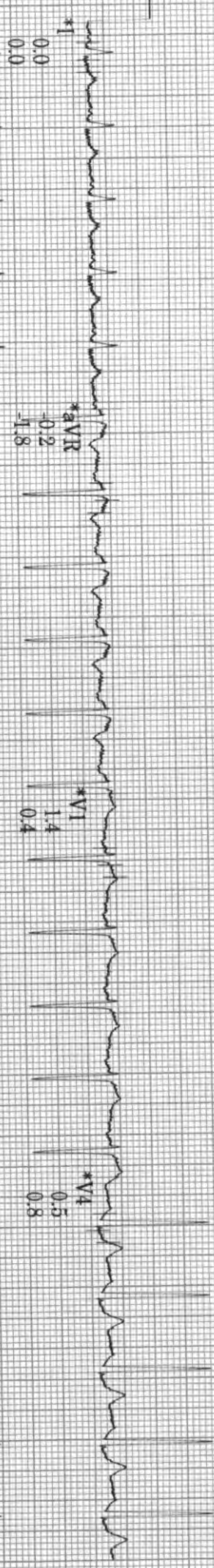
126bpm
BP: 140/80

ST @ 10mm/mV
80ms postJ

RECOVERY
Post
3:00

BRUCE
**mph
**%

Lead
ST(mm)
Slope(mV/s)



ID: SARDA
 Visit: DRAFPZAL NOOR KHAN
 2-Feb-2023 11:15:52
 35years 161cm 49kg
 Caucasian Female

BRUCE
 Max HR: 186bpm/100% of max predicted 185bpm
 Max BP: 140/80
 Total Exercise time: 6:33
 Maximum workload: 7.7METs
 25.0 mm/s
 10.0 mm/mV
 100hz

Referred by: INSURANCE, COMPANY
 Test Ind:

Reason for Termination:
 Comments: EXERCISED FOR 6.33 MINUTES OF BRUCE PROTOCOL
 ACHIEVED 100% MHR
 NORMAL CHRONOTROPIC & BP RESPONSE
 NON DIAGNOSTIC ECG / NO ARRHYTHMIAS
 MODERATE EFFORT TOLERANCE
 TEST IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHEMIA

BASELINE EXERCISE	MAX ST RECOVERY	PEAK EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX ST RECOVERY	PEAK EXERCISE	TEST END RECOVERY
0:00 122bpm BP: 110/70	0:03 185bpm BP: 140/80	6:33 186bpm BP: 140/80	3:38 119bpm BP: 130/80	0:00 122bpm BP: 110/70	0:03 185bpm BP: 140/80	6:33 186bpm BP: 140/80	3:38 119bpm BP: 130/80

