Apollo TOUCHING LIVES

MEDICAL SUMMARY

Apollo Clinic VASHI

NAME:	Mr. Rohit Londe	UHID:	
AGE:	33	DATE OF HEALTHCHECK:	9/9/2023
GENDER:	M		

HEIGHT:	152	MARITAL STATUS:	M
WEIGHT:	64.3	NO OF CHILDREN:	2
BMI:	27.8		

C/O: Breathlessness on exertion
Acidity, Bloating

K/C/O:
PRESENT MEDICATION: - No

P/M/H: - No

P/S/H: - No

ALLERGY: - Cold.

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:
ALCOHOL:
TOBACCO/PAN: } No

FAMILY HISTORY FATHER: - DM.
MOTHER: -

O/E:

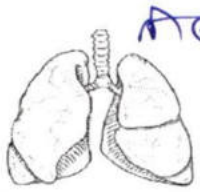
BP: 100/70 PULSE: 72/min

TEMPERATURE: H SCARS:

LYMPHADENOPATHY:
PALLOR/ICTERUS/CYNOSIS/CLUBBING: } NAD

OEDEMA:

S/E:
RS: AE&BE



P/A: - NAD

CVS: RR+

Extremities & Spine: - NAD

CNS: Oriented to time, place & person

ENT:
Skin: } NAD

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Vashi : **M/S. Indira Health & Lifestyle Pvt. Ltd.** The Emerald, 1st Floor, Plot No. 195, Sector - 12, Besides Neel Siddhi Tower, Vashi - Navi Mumbai - 400703.
Tel.: (022) - 2788 1322 / 23 / 24 8291490000 • Email: apolloclinicvashi@gmail.com

Name: Mr Rohit Pandey	Age: 33y	Date of Health check-up: 09/09/2023

Findings and Recommendation:

Findings:-

Lipid profile
HDL – Chol – 27mg/dl.
urine R/M occasional pus cells.
USG – gr I Fatty liver
Ref reports w/u

Recommendation:-

Increase water intake

DR. PRADNYA P. DANI
(M.B.B.S)
Reg. No. 87541

Signature:
Consultant –

Apollo

Apollo Clinic VASHI

OPHTHALMIC EVALUATION

UHID No.: _____ Date : 9/9/23

Name : Mr Rohit Age : 32 Gender : Male/Female ✓

Without Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction :

Distance: Right Eye 6/6 N6 Left Eye 6/6 N6

Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance	Plano					Plano				
Near										

Patient ok.

Colour Vision : _____

Anterior Segment Examination : WNL BL

Pupils : _____

Fundus : _____

Intraocular Pressure : 12 mg (N)

Diagnosis : _____

Advice : glasses.

Re-Check on _____ (This Prescription needs verification every year)

Dr. _____

(Consultant Ophthalmologist)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON
REG. No.: 3262 / 09/ 02

Apollo Clinic, Licensee : **M/s. Indira Health & Lifestyle Pvt. Ltd.,** "The Emerald", Plot No. 195/B, Sector 12, Besides Neel Siddhi Towers, Vashi, Navi Mumbai - 400703. **Tel.:** (91-22) 2788 1322 / 23 / 24 82914 90000 Email: apolloclinicvashi@gmail.com

Apollo
TOUCHING LIVES

Apollo Clinic
VASHI

DENTAL CHECKUP

Name: Mr. Rohit Pandey.	**MR NO:**
Age/Gender : 33yrs m.	**Date:** 09/09/23

Medical history: ☐ Diabetes ☐ Hypertension ☐ NRH

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus& Stains	✓	✓	✓	✓
Mobility				
Caries (Cavities)				
a)Class 1 (Occlusal)				
b)Class 2 (Proximal)				
c)Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVICED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: ☑ Scaling & polishing
Orthodontic Advice for Braces: ☐ Yes / ☐ No
Prosthetic Advice to Replace Missing Teeth: ☐ Denture ☐ Bridge ☐ Implant
Oral Habits: ☐ Tobacco ☐ Cigarette ☐ Others since ____ years
☐ Advice to quit any form of tobacco as it can cause cancer.
Other Findings: _____

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Apollo Clinic VASHI

Name	: Mr. Rohit Arunrao Pande	Gender	: Male	Age	: 33 Years
UHID	: FVAH 8355.	Bill No	:	Lab No	: V-967-23
Ref. by	: SELF	Sample Col.Dt	: 09/09/2023 09:25		
Barcode No	: 8213	Reported On	: 09/09/2023 17:10		

CBC (Complete Blood Count)-WB (EDTA)

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
Haemoglobin(Colorimetric method)	14.1	g/dl	13 - 18
RBC Count (Impedance)	5.09	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	45.4	%	35 - 55
MCV:(Calculated parameter)	89.2	fl	78 - 98
MCH:(Calculated parameter)	27.8	pg	26 - 34
MCHC:(Calculated parameter)	31.1	gm/dl	30 - 36
RDW-CV:	13.9	%	11.5 - 16.5
Total Leucocyte count(Impedance)	5450	/cumm.	4000 - 10500
Neutrophils:	57	%	40 - 75
Lymphocytes:	34	%	20 - 40
Eosinophils:	05	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.96	Lakhs/c.mm	1.5 - 4.5
MPV	9	fl	6.0 - 11.0
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic,Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter.		

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
ESR(Westergren Method)		
Erythrocyte Sedimentation Rate:-	12 mm/1st hr	0 - 20

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TEST	RESULTS
Blood Grouping (ABO & Rh)-WB(EDTA) Serum	
ABO Group:	**:O:**
Rh Type:	**Positive**
Method :	Matrix gel card method (forward and reverse)
------	----------

Tejal Dighe
Entered By

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Fasting Plasma Glucose :	93	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : >= 126 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)
Post Prandial Plasma Glucose :	124	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : >= 200 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)
Method :	Hexokinase		

Vasanti Gondal
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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin :	5.6	%	Normal <5.7 % Pre Diabetic 5.7 - 6.5 % Diabetic >6.5 % Target for Diabetes on therapy < 7.0 % Re-evalution of therapy > 8.0 %
Mean Blood Glucose :	114.02	mg/dL	

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Method — High Performance Liquid Chromatography (HPLC).

INTERPRETATION

* The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
* This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
* It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
* Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% final HbA1c levels

Alsaba Shaikh
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Lipid Profile- Serum			
S. Cholesterol(Oxidase)	167	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	131	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	26.2	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	**27.0**	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	113.8	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	**6.2**		3.5 - 5
Ratio of LDL/HDL	**4.2**		2.5 - 3.5

Pooja Surve
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
LFT(Liver Function Tests)-Serum			
S.Total Protein (Biuret method)	6.60	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.43	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.17	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	**2.04**		0.9 - 2
S.Total Bilirubin (DPD):	0.63	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.22	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.41	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	25	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	32	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	119	U/L	40 - 129
S.GGT(IFCC Kinetic):	30	U/L	11 - 50

Pooja Surve
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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY		
S.Urea(Urease Method)	10.6	mg/dl	10.0 - 45.0
BUN (Calculated)	**4.94**	mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.84	mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	**5.88**		9:1 - 23:1
S.Uric Acid(Uricase Method)	6.0	mg/dl	3.4 - 7.0

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	2.07	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	116.1	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	3.72	□IU/ml	Euthyroid :0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyrodism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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URINE REPORT

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION			
QUANTITY	35	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent
CHEMICAL EXAMINATION(Strip Method)			
REACTION(PH)	6.0		4.6 - 8.0
SPECIFIC GRAVITY	1.010		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent
MICROSCOPIC EXAMINATION			
PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Neha More
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STOOL EXAMINATION

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION		
COLOUR	Brownish	
CONSISTENCY	Semi Solid	
MUCUS	Absent	Absent
CHEMICAL EXAMINATION		
OCCULT BLOOD (Guaiac method)	Absent	Absent
PH(Litmus paper)	Acidic	Acidic/Alkaline
MICROSCOPIC EXAMINATION		
PUS CELLS	Absent	0 - 1
EPITHELIAL CELLS	Absent	Absent
RED BLOOD CELLS	Nil /HPF	Absent
FAT GLOBULES	Absent	Absent
VEGETABLE FIBRES	Present	Present
YEASTS	Absent	Absent
CYST	Absent	Absent
VEGETATIVE FORMS	Absent	Absent
OVA	Absent	Absent

Neha More
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Apollo
TOUCHING LIVES

Apollo Clinic
VASHI

PATIENT'S NAME	ROHIT A PANDE	AGE :- 33 Y/M
UHID	8355	DATE :-.09 Sep. 23

X-RAY CHEST PA VEIW

OBSERVATION:

Patient is in positional obliquity.
Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- **No significant abnormality seen.**

DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg No. 073826

Rohit, Pande
8355

Male

33 Years

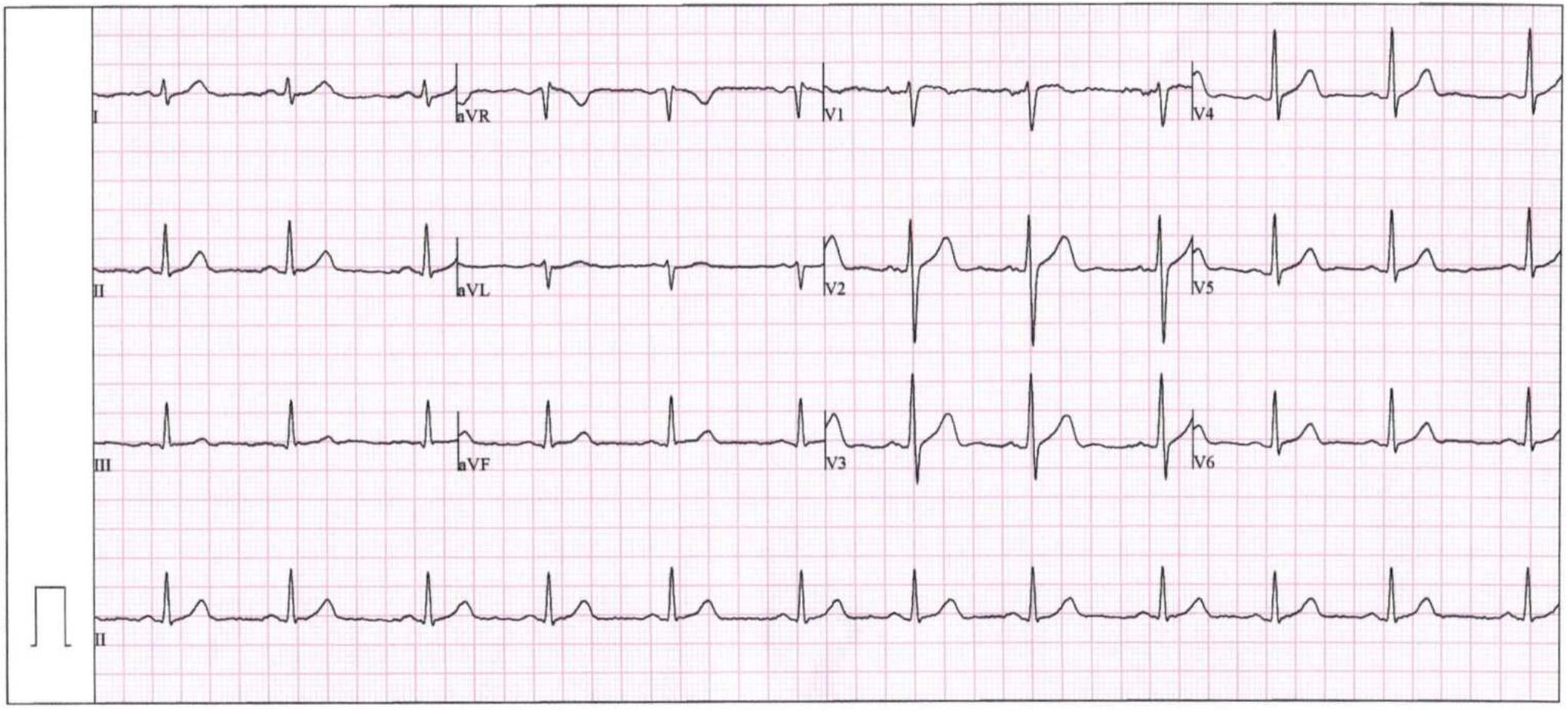
09.09.2023 11:40:43
Apollo Clinic
1st Flr,The Emerald,Sector-12,
Vashi, Mumbai-400703.

71 bpm
-- / -- mmHg

NORMAL ECG

QRS :	78 ms	Normal sinus rhythm
QT / QTcBaz :	376 / 408 ms	Normal ECG
PR :	138 ms	
P :	102 ms	
RR / PP :	842 / 845 ms	
P / QRS / T :	29 / 81 / 50 degrees	

Dr. ANIRBAN DASGUPTA
M.B.,B.S., D N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920



Unconfirmed

GE MAC2000 1.1 12SL™ v241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3_25_R1 1/1

Apollo Clinic
The Emerald Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: ROHIT, PANDE
Patient ID: 8155
Height:
Weight:

DOB: 31.07.1990
Age: 33yrs
Gender: Male
Race: Asian

Study Date: 09.09.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.ANIRBAN DASGUPTA
Technician: Anita Gaikwad

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:08	0.00	0.00	78	100/80	
	STANDING	00:16	0.00	0.00	76		
	HYPERV.	00:16	0.00	0.00	83		
	WARM-UP	00:07	0.00	0.00	82		
EXERCISE	STAGE 1	03:00	1.70	10.00	126	120/80	
	STAGE 2	03:00	2.50	12.00	157	150/80	
	STAGE 3	00:16	3.40	14.00	173	160/80	
RECOVERY		01:04	0.00	0.00	93	170/80	

The patient exercised according to the BRUCE for 6:16 mins, achieving a work level of Max. METS: 7.70. The resting heart rate of 78 bpm rose to a maximal heart rate of 179 bpm. This value represents 95 % of the maximal, age-predicted heart rate. The resting blood pressure of 100/80 mmHg , rose to a maximum blood pressure of 170/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions
TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.ANIRBAN DASGUPTA

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Apollo
TOUCHING LIVES

Apollo Clinic
VASHI

PATIENT'S NAME	ROHIT A PANDE	AGE :- 33y/M
UHID NO	8355	9 Sep 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows bright echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.
RIGHT KIDNEY measures 8.7 x 4.1 cm. **LEFT KIDNE** measures 9.8 x 4.1 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.
It measures approximately 18 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **Grade I fatty liver.**
- **No other significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQURE CLINICAL CO-RELATION BEFORE ANY APPLICATION.

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