

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

H3.0000833487  
MRS. RASHMI BHARDWAJ  
Age: 43 Year(s) Year(s)/Female  
4 Apr 2023 9:22:23 AM

Name :

Age :

Sex : M/F

Age :



UHID :

Physical Examination

General :

Build

Height

168 cm

Weight

75.9 kg

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

88 bpm

B.P. : Supine

150/101

Sitting

Standing

SpO2 92%

Chest shape

mmHg

Heart Sounds

Echocardiogram  
Normal study  
No RIMA  
LH = oil

Murmurs

Thrills

RS :

Rate & Type

Breath Sounds



MC-2847

DEPARTMENT OF CYTOLOGY



Name : Mrs. RASHMI BHARDWAJ      Age : 43Yr      Gender : Female  
 UHID : AHB.0000833487 / AHBHC121092      W/BNo/RefNo : AHC  
 Lab No : AHB.C2301457      LRN : 3790291  
 Ref Doctor : Dr. MHC



Collected on : 14-APR-2023 11:49:27 AM      Received on : 14-APR-2023 12:31:15 PM      Reported on : 14-APR-2023 12:52:08 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

PAP SMEAR (CONVENTIONAL METHOD)

**PAP SMEAR**

Specimen Source.

CERVICAL SMEAR

C2301457.

Clinical Information.

Provided.

Patient and Specimen Identification :

Identified.

Test Method.

Conventional.

Endocervical/Transformation zone component

Not Sampled.

Specimen adequacy.

Satisfactory for evaluation.

Interpretation.

Negative for intraepithelial lesion/malignancy.



MD-2647

## DEPARTMENT OF CYTOLOGY

Name : Mrs. RASHMI BHARDWAJ Age : 43Yr Gender : Female  
UHID : AHB.0000833487 / AHBHC121092 W/BNo/RefNo : AHC  
Lab No : AHB.C2301457 LRN : 3790291  
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Collected on : 14-APR-2023 11:49:27 AM Received on : 14-APR-2023 12:31:15 PM Reported on : 14-APR-2023 12:52:08 PM


i. Reactive cellular changes (Inflammation/Repair).

Recommendations.

Routine recall

\*\*\*The results obtained relate only to the type of sample given/received at that time. A single test result is not always indicative of the disease. Histopathology specimens will be discarded after 1 month, paraffin blocks and slides of biopsy specimens stored upto 10 years & Cytology slides will be stored upto 5 years after release of report.\*\*

\* END OF REPORT \*

  
Dr. Sabhari Priya Shanmugam

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Page 2 of 2

Find...

1 of 1

100%

Main Report



**DEPARTMENT OF BIOCHEMISTRY**

Name : Mrs. RASHMI BHARDWAJ      Age : 43Yr 7Mth 4Days      Gender : Female  
 UHID : AHB.0000833487 / AHBHC121092      W/BNo/RefNo: AHC  
 SIN \ LRN : 8691814 \ 3790291  
 Specimen : Plasma  
 Ref Doctor : Dr. MHC



**\*AHB.0000833487\***

Collected on : 14-APR-2023 11:29:22 AM      Received on : 14-APR-2023 12:28:22 PM      Reported on : 14-APR-2023 12:51:26 PM

**2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	89	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Provisional

\* - Abnormal Value

**\* END OF REPORT \***

CHECKED BY 143621

Image

Printed On : 14-APR-2023 12:59:30 PM

Pavithra C

## YOUR CLINICAL TEST RESULTS

**Mrs. RASHMI BHARDWAJ**

FEMALE / 43 Yrs / AHB.0000833487 / AHBHC121092

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 14/04/2023

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	11.9	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.43	x(10) <sup>12</sup> /l	●	3.7 - 4.8
Packed cell volume (Calculated)	35	%	●	34 - 46
MCV (Derived from RBC histogram)	83	fl	●	83 - 101
MCH (Calculated)	27	pg	●	27 - 32
RDW (Calculated)	15.2 *	%	●	11.60-14.00
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	228	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	5.6	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	46	%	●	40 - 80
Lymphocytes	44 *	%	●	8.6 -23.8
Monocytes	9	%	●	2 - 10
Eosinophils	1	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	65 *	mm/1st hr	●	Adult Female- 0 - 20

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.0			
Specific Gravity	1.010 *		●	1.016 - 1.022

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. RASHMI BHARDWAJ**

FEMALE / 43 Yrs / AHB.0000833487 / AH8HC121092

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 14/04/2023

Protein :	2+		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL	0.2 - 1.0
Blood :	1+		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	2-4 /h.p.f	Cells/hpf	0 - 2
Pus Cells	2-4 /h.p.f	/HPF	0 - 5
Epithelial Cells	1-2 /h.p.f		Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	B			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	23	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	4.3 *	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.0		●	0.8 - 2.0
ALBUMIN - SERUM	4.3	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	61	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	27	U/L	●	<= 35



Within Normal Range



Boderline High/Low



Outside Range



## YOUR CLINICAL TEST RESULTS

**Mrs. RASHMI BHARDWAJ**

FEMALE / 43 Yrs / AHB.0000833487 / AHBHC121092

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 14/04/2023

BILIRUBIN, TOTAL - SERUM	0.6	mg/dL	●	0.30-1.20
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### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	226 *	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.74	mg/dL	●	Female: 0.6 -1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	18	U/L	●	<= 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	98	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126"

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.0	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	57	mg/dL	●	"Low : <40 High : >59"

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. RASHMI BHARDWAJ**

FEMALE / 43 Yrs / AHB.0000833487 / AHBHC121092

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 14/04/2023

LDL Cholesterol (Direct LDL)	153 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"
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### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.2	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.6 *	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	134 *	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	101.48	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	11.3	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	146	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.0		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.76	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

● Within Normal Range    ● Boderline High/Low    ● Outside Range



## YOUR CLINICAL TEST RESULTS

**Mrs. RASHMI BHARDWAJ**

FEMALE / 43 Yrs / AHB.0000833487 / AHBHC121092

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date: 14/04/2023

Test Name	Result	Unit	Level	Range
UREA - SERUM	20	mg/dL	●	15 - 45
URIC ACID - SERUM	4.7	mg/dL	●	Adult Female: 2.5 - 6.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	29	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.1	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.5	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	24		●	Healthy Adults: 22 - 29

### X-RAY CHEST PA

#### IMPRESSION:

No definite abnormality noted on the chest radiograph.

---END OF THE REPORT---

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. RASHMI BHARDWAJ**

FEMALE / 43 Yrs / AHB.0000833487 / AHBHC121092

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 14/04/2023

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY  
& CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

PAP SMEAR (CONVENTIONAL METHOD)

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**Mammography**

MAMMOGRAPHY

● Within Normal Range    ● Boderline High/Low    ● Outside Range

**DEPARTMENT OF BIOCHEMISTRY**

Name : **Mrs. RASHMI BHARDWAJ**      Age : 43Yr 7Mth 4Days      Gender : Female  
 UHID : AHB.0000833487      / AHBOPP2825713      W/BN/RefNo : OP  
 SIN \ LRN : 8691836 \ 3790294  
 Specimen : Serum  
 Ref Doctor : Dr. MHC



Collected on : 14-APR-2023 08:49:21 AM      Received on : 14-APR-2023 09:39:55 AM      Reported on : 14-APR-2023 10:58:22 AM

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
VITAMIN B12 -SERUM (CLIA)	150	120 - 914	pg/ml
25-OH VITAMIN D 25-OH VITAMIN D (CLIA)	24.8 *	Reference Range for 25-OH VITAMIN D: Deficient: <20 ng/ml Insufficient: 20-29 ng/ml Sufficient : 30-100 ng/ml Potential toxicity: >100ng/ml	ng/ml

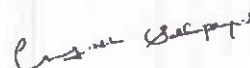
Report Status: Final

\* - Abnormal Value

**\* END OF REPORT \***

CHECKED BY 143621  
723076

Printed On : 14-APR-2023 12:53:47 PM



GOVINDARAJU N L Dr. SABHARI PRIYA S  
Clinical Biochemist      Registrar

AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Mrs. RASHMI BHARDWAJ	F	043Y
<b>UHID</b> :	AHB.0000833487	<b>Ward/Bed No.</b> :	AHC / AHC
<b>I.P.No./Bill No.</b> :	AHBHC121092	<b>Scanned on</b> :	14-Apr-2023 09:45
<b>Accession Number</b> :	10601.123043066	<b>Reported On</b> :	14-Apr-2023 11:32:15
<b>Referring Doctor</b> :	null		

**X-RAY CHEST PA VIEW**

**Clinical Information: Routine health check**

Lung fields appear clear bilaterally with normal bronchovascular markings.  
 Cardiac silhouette and cardiothoracic ratio appear normal.  
 Costophrenic angles appear normal on both sides.  
 Domes of the diaphragm appear normal.  
 Underlying bony and soft tissue shadows appear normal.

=====

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.*



**Dr. VINAY MD,  
RADIOLOGIST**

---END OF THE REPORT---

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> : Mrs. RASHMI BHARDWAJ	F   043Y
<b>UHID</b> : AHB.0000833487	<b>Ward/Bed No.</b> : AHC / AHC
<b>I.P.No./Bill No.</b> : AHBHC121092	<b>Scanned on</b> : 14-Apr-2023 12:14
<b>Accession Number</b> : 10601.223033654	<b>Reported On</b> :
<b>Referring Doctor</b> : null	

**ULTRASOUND WHOLE ABDOMEN SCREENING**

**Clinical Information:** - Routine health checkup.

Liver appears normal in size, shape and shows diffuse increase in echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder is partially distended (post prandial status), appears grossly normal.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is partially distended.

Uterus appears grossly normal. Endometrial thickness measures ~ 7 mm.

Both ovaries: Not localized.

No evidence of ascites or pleural effusion seen.

**IMPRESSION:**

*Fatty liver.*

- Suggested clinical correlation.

(Enclosed report) Ak

**DR. SHADAB ALAM**  
ASSOCIATE CONSULTANT  
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



**APOLLO HOSPITALS**  
BANNERGATTA ROAD  
BANGALORE

**Station**  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: RASHMI BHARDWAJ  
Patient ID: AHB/833487  
Height: 148 cm  
Weight: 75 kg

DOB: 10.09.1979  
Age: 43yrs  
Gender: Female  
Race: Indian

Study Date: 14.04.2023

Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC

Attending Physician: DR K M NAIR  
Technician: Jagadeesha A B

Medications:  
THYRONORM

Medical History:  
THYROID

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:06	0.00	0.00	90	150/90	
	STANDING	00:02	0.00	0.00	90	150/90	
	HYPERV.	00:02	0.00	0.00	90	150/90	
	WARM-UP	00:02	0.00	0.00	90	150/90	
	STAGE 1	03:00	1.70	10.00	123	156/90	
EXERCISE	STAGE 2	03:00	2.50	12.00	144	160/90	
	STAGE 3	00:11	3.40	14.00	146	170/90	
RECOVERY		03:14	0.00	0.00	97	150/90	

The patient exercised according to the BRUCE for 6:10 min:s, achieving a work level of Max. METS: 7.50. The resting heart rate of 90 bpm rose to a maximal heart rate of 148 bpm. This value represents 83 % of the maximal, age-predicted heart rate. The resting blood pressure of 150/90 mmHg, rose to a maximum blood pressure of 170/90 mmHg. The exercise test was stopped due to Fatigue.

### Interpretation

Summary: Functional Capacity: moderate.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

### Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician

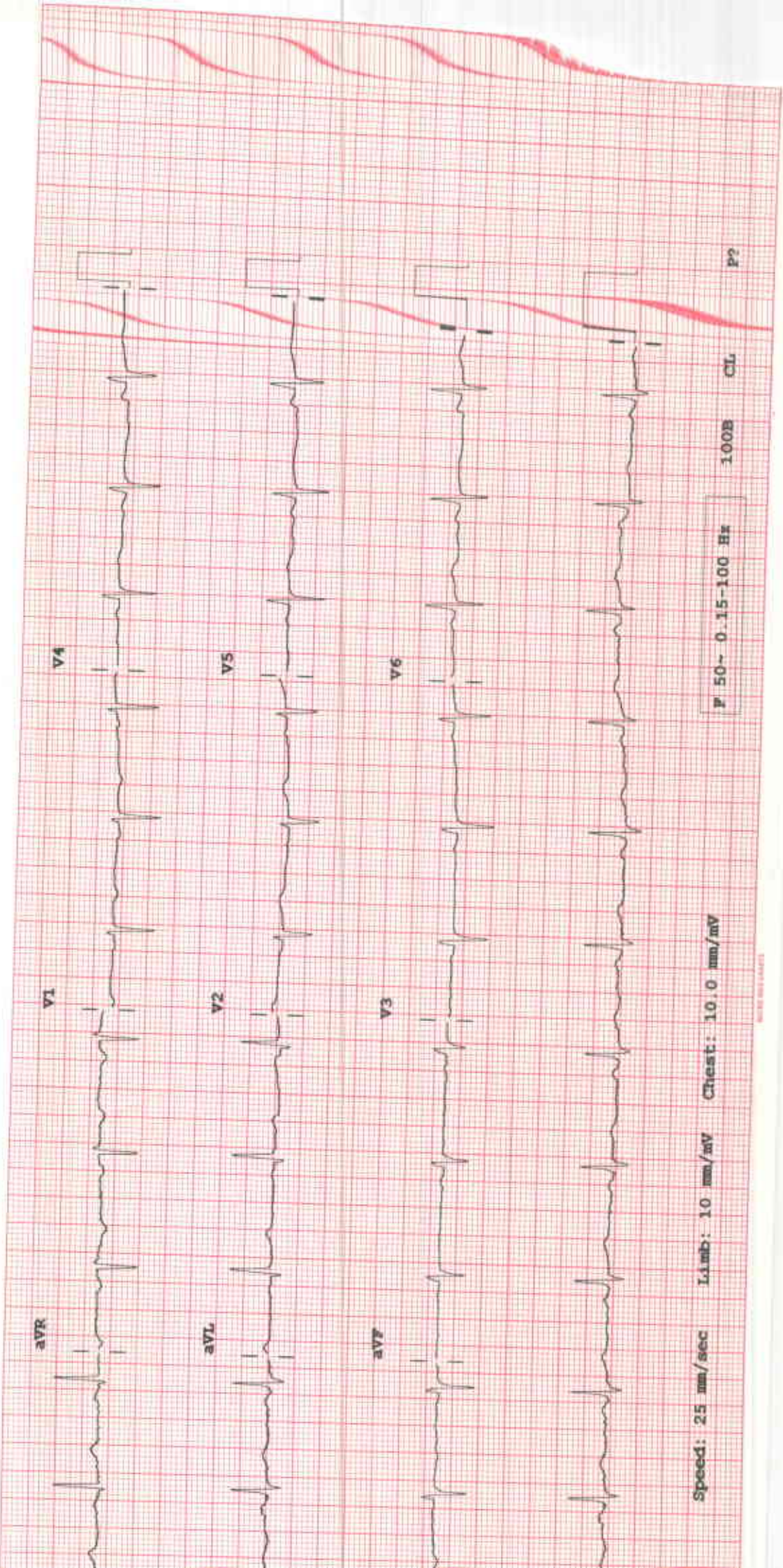
Technician



HRB 000833487  
IRS RASHMI BHARDWAJ  
Age: 43Year(s) Year(s)/Female  
4 Apr 2023 8:22:19 AM



Standard Placement



Speed: 25 mm/sec    Limb: 10 mm/mV    Chest: 10.0 mm/mV

P 50~ 0.15-100 Hz

100B CL

P2