



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959.

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. KUMARI SONIKA
EC NO.	165829
DESIGNATION	CREDIT
PLACE OF WORK	HUBLI,LAMINGTON ROAD
BIRTHDATE	10-07-1986
PROPOSED DATE OF HEALTH CHECKUP	10-12-2022
BOOKING REFERENCE NO.	22D165829100032348E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **02-12-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))


HEBSUR HOSPITAL
Deshpande Nagar, HUBLI-29

MEDIWHEEL HEALTH

Appointment Date:- 10-12-2022

Name of Client:- Miss Sonika Kumari

Age / Gender 36 Years / Female

Phone No.

TEST DETAILS ARE BELOW

Please login to your account to confirm the same.
Also you mail us for confirmation Package
Name: Medi-wheel Full Body Health Checkup Male
Includes (37)Tests Tests included in this Package: Ecg,
TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood
Sugar Postprandial, A:g Ratio, Blood Group, Total
Cholesterol, Triglycerides, Fasting Blood Sugar,
Ultrasound Whole Abdomen , Glycosylated
Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL,
Total Protine, General Consultation, HDL/ LDL ratio,
GGT(Gamma-glutamyl Transferase), Eye Check-up
consultation, ALP (ALKALINE PHOSPHATASE), Uric
Acid, AST/ALT Ratio, Serum Protein, CBC with ESR,
Stool Analysis, Urine Sugar Fasting, Urine Sugar PP,
T3, T4, Cholesterol Total / HDL Ratio, BUN,
BUN/Creatinine Ratio, Bilirubin Total & Direct and
Indirect, Albumin, Globulin


Date:- 10/12/2022

FITNESS CERTIFICATE HEALTH CHECKUP
INSURANCE OF
MEDIWHEEL HEALTH

This is to certify that Miss. Sonika Kumari Age 36yrs, Female was examined at our centre for Medical Fitness she does not carry any contagious disease. And she is found to be mentally fit.

Height : 152 cms
Weight : 49 kgs
Chest : 81 to 87 cms
Abdomen : 77 cms
BP Reading : 100 / 90 mmhg
Pulse / Min : 71 / Min.

Medical Officer,


Dr. N. I. Hebsur. M.S
Hebsur Hospital,
Deshpande Nagar,
Hubli.

Dr. N. I. Hebsur
M.S.
Medical Officer,
HEBSUR HOSPITAL,
Deshpande Nagar, HUBLI-29.



भारत सरकार

Government of India



सोनिका कुमारी

Sonika Kumari

जन्म तिथि / DOB : 10/07/1986

महिला / Female



5522 2584 5666

आधार - आम आदमी का अधिकार

Dr. N. L. Hebsur
M.S.
Medical Officer,
HEBSUR HOSPITAL,
Deshpande Nagar, HUBLI-29
Reg. No. 31764

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HEBSUR HOSPITAL

A Multi Speciality & Research Centre. Narayan Deshpande Nagar.

HUBLI - 580029

Phone No: 0836 2355699,4250871,2352616

Email_ID: hebsurgeon@yahoo.com

Patient ID: 2022120059

Name: Mrs. sonika

Sex: F

Date: 10-Dec-2022

Ref By: SELF

Study: USG OBSTETRICS

Examined By: Dr. Nagarekha N Hebsur MBBS,DGO



Dr. N. I. Hebsur
M.S.
Medical Officer,
HEBSUR HOSPITAL,
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Reg. No. 31764

HEBSUR HOSPITAL
Deshpande Nagar, HUBLI-29



HEBSUR HOSPITAL

MULTI SPECIALITY CENTRE
A SPECIAL CENTRE FOR LAPROSCOPIC SURGERY

'Narayan' Deshpande Nagar,
HUBLI-580 029.
Tel : 0836-(Hos) 2355699,
5250871 / 2257354
E-mail : hebsurgeon@yahoo.co.in

PATIENT : Mrs. Sonika Kumari AGE : 36 SEX : Female
REF : Medi wheel DATE : 10/12/22

THANKS FOR THE REFERRANCE
ABDOMEN ULTRASONOGRAPHY REPORT

LIVER : NORMAL IN SIZE AND ECHOTEXTURE,
NO EVIDENCE OF SOL/BILIARYDILATATION

GB : SHOWS NORMAL LUMEN, NO EVIDENCE
OF CALCULUS.

SPLEEN : NORMAL IN SIZE AND ECHOTEXTURE.

PANCREAS : NO EVIDENCE OF PARENCHYMAL PATHOLOGY

KIDNEYS : BOTH THE KIDNEYS ARE NORMAL IN SIZE AND
ECHOTEXTURE. NO EVIDENCE OF
HYDRONEPHROSES

UB : WELL DISTENDED, NO EVIDENCE OF CALCULUS

UTERUS : ANTEVERTED NORMAL IN SIZE AND ECHOTEXTURE
ENDOMETRIAL ECHOREFLECTIVITY IS MAINTAINED

OVARIES : LEFT OVARY NORMAL
RIGHT OVARY - NORMALY
NO EVIDENCE OF FREE FLUID /
LYMPHADENOPATHY.

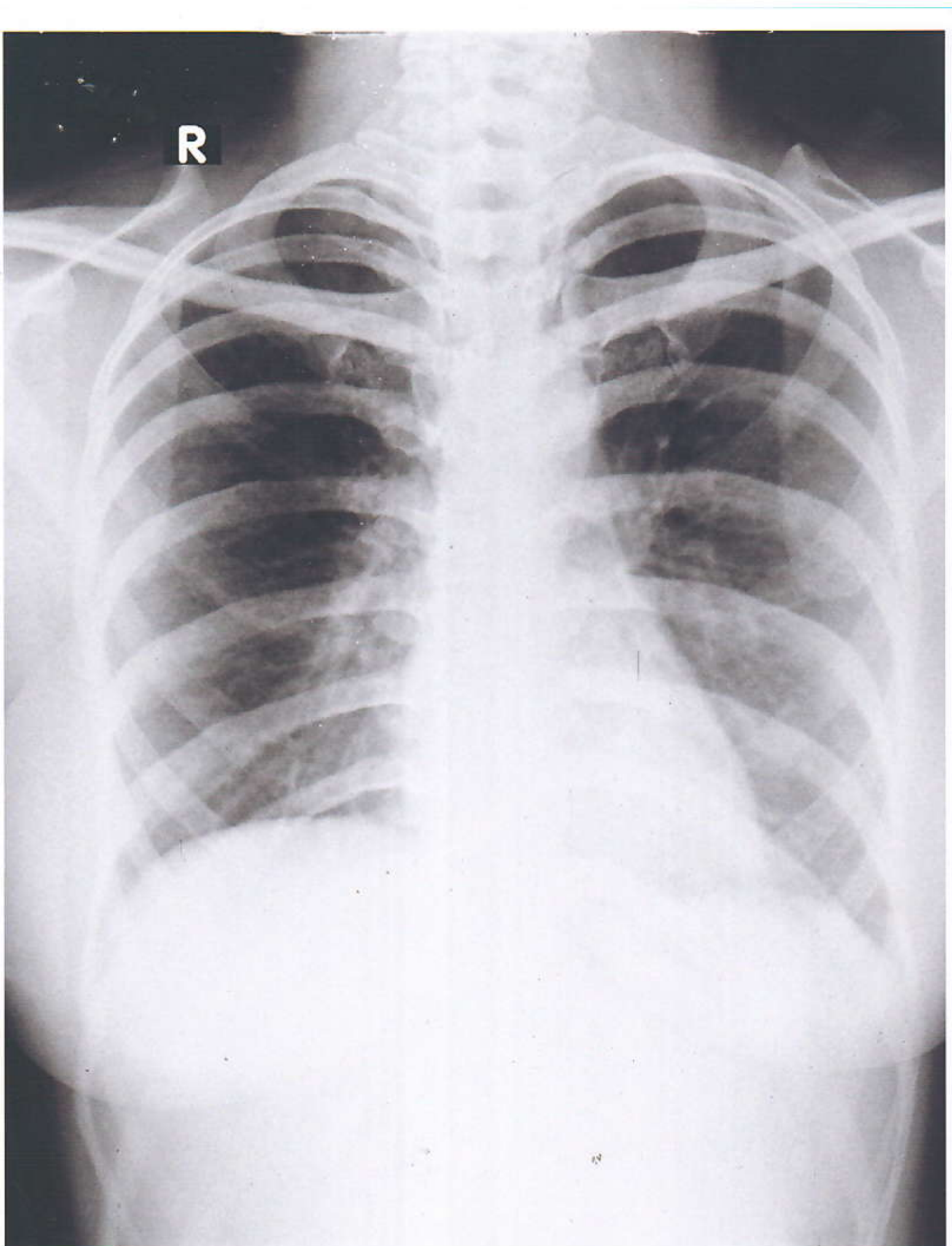
NO EVIDENCE OF FREE FLUID/LYMPHADENOPATHY.

PLEASE NOTE :

All anomalies can not be detected by Ultrasound.
Ultrasound has certain limitations.

[Signature]
SONOLOGIST

HEBSUR HOSPITAL
Deshpande Nagar, HUBLI-29



Mrs. Sonika Kumari 36 Yrs 323

10-12-2022

HEBSUR HOSPITAL,

X-RAY NO. 323

Date:- 10-12-2022

Client Name:- Miss Sonika Kumari

Age:- 36 Years

Gender / Female

Ref Doctor : Dr. N. I. Hebsur

HEBSUR HOSPITAL
HEALTH CHECKUP INSURANCE / Mediwheel Health Insurance

X-RAY - CHEST - PA VIEW

- LUNG FIELDS ARE CLEAR
- CARDIAL SHADOW IS NORMAL
- BOTH CP ANGLES ARE CLEAR

Impression: Normal Chest X-Ray Report.

Dr. N. I. Hebsur

[Signature]
M.S.
Medical Officer,
HEBSUR HOSPITAL,
Deshpande Nagar, HUBLI-29
Reg. No. 31764



DISHA

Direction for Better Health

DIAGNOSTICS

Fully Computerized Diagnostic Centre

HEBSUR HOSPITAL

Opp. State Bank of India,
Deshpande Nagar, HUBLI.
Ph: (Hospital) 0836-2355699
Lab - 9035071970
Email: disha2001diagnostics@gmail.com

CLIENT NAME: MrS. SONIKA KUMARI

DATE: 10.12.2022

AGE /GENDER :36/FEMALE

LAB REG NO : 072022

BIO CHEMISTRY REPORT

<u>PARAMETER</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>
FASTING BLOOD GLUCOSE:	70.0 mg/dl	60 – 120 mg/dl
POST PRANDIAL BLOOD GLUCOSE	133.0 mg/dl	80-160 mg/dl
BLOOD UREA NITROGEN	11.0 mg/dl	10 – 20 mg/dl
SR.CREATININE	0.90 mg/dl	0.8 – 1.4 mg/dl
URIC ACID	3.7mg/dl	2.0 – 7.2 mg/dl
<u>LIVER PROFILE:</u>		
S.BILIRUBIN TOTAL	0.6mg/dl	0.0 – 1.0 mg/dl
S.BILIRUBIN DIRECT	0.2 mg/dl	0.0 – 0.2 mg/dl
S.BILIRUBIN INDIRECT	0.6 mg/dl	0.1 – 1.0 mg/dl
S G O T	16.0 IU/L	8 – 37 IU/L
S G P T	21.0 IU/L	6 – 40 IU/L
ALKALINE PHOSPHATE	99.0 IU/L	60 – 140 IU/L
TOTAL PROTEINS	6.6gm/dl	6.0 – 8.5 gm/dl
Serum ALBUMIN	4.0gm/dl	3.8 – 5.0 gm/dl
GLOBULIN	2.6gm/dl	2.3 - 3.5 gm/dl
G G P T	20.0 U/L	20 – 45 U/L

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<u>PARAMETER</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>
<u>COMPLETE HEMOGRAM</u>		
HAEMOGLOBIN	11.6gm/dl	12.5 – 15.0 gm/dl
TOTAL WBC COUNT	5,600 cells/cumm	4,000 – 10,000 cells/cumm
<u>WBC DIFFERENTIAL COUNT:</u>		
NEUTROPHIL	57%	40 – 75 %
LYMPHOCYTES	39%	25 – 45 %
EOSINOPHILS	03%	01 – 05 %
MONOCYTES	00 %	02 – 08 %
BASOPHILS	00 %	00 – 01%
R B C COUNT	4.7million/cumm	4.5 – 5.5 million/cumm
PLATELATE COUNT	4.1Lakh /cumm	1.5 – 4.0 lakh/cumm
E S R	05 mm at 1 st hr	00 – 15 mm at 1 st hr
PACKED CELL VOLUME (PCV)	40.4%	37 – 49 %
M C V	84.7 fl	80 – 100 fl
M C H	24.3pg	27 – 32 pg
M C H C	28.7gm/dl	32 – 38 gm/dl
BLOOD GROUP/RH	"A" POSITIVE	

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Reporting conditions overleaf



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PARAMETER

OBSERVED VALUE

REFERENCE RANGE

BIO CHEMISTRY REPORT

LIPID PROFILE

CHOLESTEROL:	167.0 mg/dl	Desirable: less than 200.0 mg/dl Borderline: 200 – 240 mg/dl Elevated: More than 240.0 mg/dl
TRIGLYCERIDES:	97.0 mg/dl	Desirable: less than 200.0 mg/dl Borderline: 150 – 199.0 mg/dl Elevated: More than 200.0 mg/dl
H D L	42.0 mg%	Border line: 35 – 60 mg/dl Desirable: More than 60.0 mg/dl High risk : Less than 35.0 mg/dl
L D L	95.0 mg%	Desirable: less than 130.0 mg/dl Borderline: 130 – 159.0 mg/dl Elevated: More than 160.0 mg/dl
V L D L	20.0 mg%	Less than 30.0 mg/dl
CHOL / HDL RATIO	3.5	Desirable: 3.3 – 4.4 Borderline: 4.4 - 11 Elevated: More than 11.0
LDL / HDL RATIO	2.5	Desirable 0.5 – 3.0 Borderline: 3.1 – 6.0 Elevated: More than 6.0

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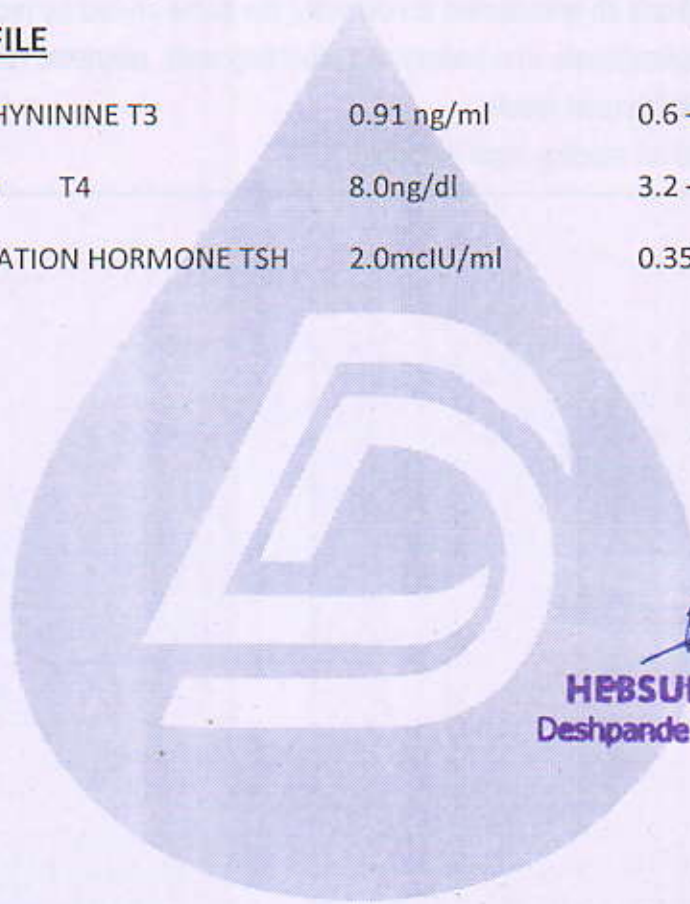
PARAMETER

OBSERVED VALUE

REFERENCE RANGE

THYROID PROFILE

TOTAL TRIIODOTHYNNINE T3	0.91 ng/ml	0.6 – 1.81 ng/dl
TOTAL THROXINE T4	8.0ng/dl	3.2 – 12.6 ng/dl
THYROID STIMULATION HORMONE TSH	2.0mclU/ml	0.35 – 4.9 mclU/ml



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URINE EXAMINATION

PHYSICAL

VOLUME	3.0 ml
APPEARANCE	AMBER YELLOW
SEDIMENT	CLEAR
REACTION	ACIDIC
SPECIFIC GRAVITY	1.010

CHEMICAL

PROTEIN	ABSENT
GLUCOSE	ABSENT
KETONES	ABSENT
OCCULT BLOOD	ABSENT
BILE SALT	ABSENT
BILE PIGMENT	ABSENT
UROBILINOGEN	ABSENT

MICROSCOPY

PUS CELLS	OCCASIONAL
RBC	NIL
CASTS	NIL
CRYSTALS	NIL
AMORPHOUS DEPOSITS	NIL
BACTERIAL FLORA	NIL

STOOL EXAMINATION

APPEARANCE SEMI SOLID

MICROSCOPY:

PUS CELLS	NIL
RBC	NIL
OVA, CYST	NIL


HEBSUR HOSPITAL
 Deshpande Nagar, HUBLI-29



Echocardiography and Colour Doppler Study Report

Patient Name: <i>Sonika Kumar</i>	AGE: <i>36</i> Years	SEX: <i>F</i>
Date: <i>10/12/24</i>		
Thanks for referral		

M Mode	Normal Range		Normal Range
IVSd: <i>0.8</i> cm	0.6-1.0cm	RVDd: <i>2.0</i> cm	0.7-2.1cm
LVIDd: <i>4.2</i> cm	3.8-5.8cm	Aorta: <i>2.6</i> cm	2.3-3.2cm
Pwd: <i>1.0</i> cm	0.6-1.0cm	LA: <i>2.9</i> cm	1.8-4.0cm
LVIDs: <i>2.7</i> cm	2.2-4.0cm	EF: <i>63</i> %	52-74%

Chambers: Left ventricle: Normal. Right ventricle: Normal.
 Left Atrium : Normal. Right Atrium: Normal.
Valves: Mitral Valve: Normal. Aortic Valve: Normal.
 Pulmonary Valve: Normal. Tricuspid Valve: Normal.

Septae: Normal.
Great Arteries: Normal. Aorta: Normal. Pulmonary Artery: Normal.

Doppler Study:
 Mitral Valve: Normal. Aortic Valve: Normal.
 Tricuspid Valve: Normal. Pulmonary Valve: Normal.
LV Systolic function: Normal. **LV Diastolic dysfunction:** ABSCENT
LV wall motion Abnormality: Normal.

Clots/Vegetation: -- NO.

IMPRESSION :
Normal Study
@ LVID 63%
NO RWMA
no Valvular disease

Dr. N. L. Hebsur
 M.S.
 Medical Officer,
HEBSUR HOSPITAL,
 Deshpande Nagar, HUBLI-29.
 Reg. No. 31764

[Signature]
DR. SHARAT. M. VIJAPUR M.B.B.S., M.D.
 D.M. CARDIOLOGY, FSCAI
 Consultant Interventional Cardiologist