

Name : Mrs. BANDANA CHOWDHURY (51 /F)

Date : 15/03/2024

Address : BARRACKPORE, 106/8/1, SOUTH A P BANERJEE ROAD, NORTH 24 PARGANAS,  
NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by :

UHID : AMHL.0002314560

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH199867



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:15/03/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - December 2023; No of  
Children - 3; Deliveries - normal vaginal delivery

### Eyes

Vision - defective with glasses

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

Knee (bilateral) - pain

### Skin

- hyperpigmentation; - Melasma



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - No



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

No. of children - 3

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Brothers - 1

Sisters - 2

Coronary artery - none  
disease

Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight

Height - 146

Weight - 71

BMI - 33.31

Pallor - No

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Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 126  
Diastolic(mm of Hg) - 84  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/18 LE:6/18  
BCVA:RE:N8p LE:N8p  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE:+0.75/-0.75x95\*(6/6)  
LE:+0.25/+0.75x15\*(6/6)  
ADD(BE):+2.50DSPH(N6)  
ADVICE: \*Glass Rx.\*Detail  
dilated Funduscopy \*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.8	g/dl	●	12.0-15.0
RBC COUNT	4.15	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	38.7	%	●	36-46
MCV	93.1	fl	●	83-101
MCH	30.8	pg	●	27-32
MCHC	33.1	%	●	31.5-34.5
RDW	14.2 *	%	●	11.8-14.0
WBC Count	7200	/cu mm	●	4000-10000
Platelet Count	1.84	lacs/cu mm	●	1.5-4.0
Neutrophils	63	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	19	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	10	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	2-3	/hpf		
Epithelial Cells	0-1			

Casts: Not Found  
 Crystals: Found  
 Ca-oxalate 4-6 /lpf

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	19	U/L	●	0-35
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	83	U/L	●	33-98

AST (SGOT) - SERUM 21 U/L ● 0-35

BILIRUBIN TOTAL - SERUM 0.6 mg/dL ● 0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	165	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	12	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	94	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	119	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.0	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	54	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	92	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	19	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.6	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.69	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	12.72	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	71	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.68	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.0	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.9	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.1		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	12.5			

**ECG**

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SINUS RHYTHM.  
LEFT AXIS DEVIATION.  
SHORT PR INTERVAL(114ms).  
POOR R WAVE PROGRESSION.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. MOURUSI MANDAL  
DNB RESIDENT  
In consultation with

Dr. PARTHA LODH  
DMRD  
Reg. No. 49816 (WBMC)

**X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.

Dr. PARTHA LODH  
DMRD  
Reg. No. 49816 (WBMC)

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Histopathology**

PAP SMEAR /CERVICAL SMEAR

**X Ray**

X-RAY MAMMOGRAPHY BILATERAL (MHC)



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Moderate Risk

7

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. Note: The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**