

Name : Mr. AMIT GHOSH (40 /M)

Date : 06/03/2024

Address : RECKJOANI GHOSH PARA,PO/PS-RAJARHAT, KOLKATA, KOLKATA, WEST  
BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AGHL.0001479429

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH199010



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma  
Diabetes mellitus Since - 4 yrs back;  
Medication - controlled  
without medication



## DRUG ALLERGY

NO KNOWN ALLERGY

:05/04/2019



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant



## Past medical history

Past medical history

- nil significant

Jaundice

- yes



## Personal history

Marital status

- Married

No. of children

- 1

Diet

- Vegetarian

Alcohol

- consumes alcohol  
occasionally

Smoking

- Yes

Type

- Cigarette

Number

- 2

Frequency

- daily

Chews tobacco

- No

Physical activity

- Mild



## Family history

Father

- has expired

Aged

- 67

- Aplastic Anaemia

Mother

- alive

Coronary artery  
disease

- none

Cancer

- None

## PHYSICAL EXAMINATION



### General

Height

- 167

Weight

- 62

BMI

- 22.23

Pallor

- No

Oedema

- no

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### Cardiovascular system

Heart rate (Per minute) - 88  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 112  
Diastolic(mm of Hg) - 78  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6  
BCVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ADVICE:\*To continue  
present glass Rx \*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.9	g/dl	●	13.0-17.0
RBC COUNT	4.87	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.7	%	●	41-53
MCV	87.7	fl	●	83-101
MCH	28.6	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	14.6 *	%	●	11.8-14.0
WBC Count	6100	/cu mm	●	4000-10000
Platelet Count	1.70	lacs/cu mm	●	1.5-4.0
Neutrophils	52	%	●	40-80
Lymphocytes	39	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Occasional NRBC seen.			
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	4	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Trace			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells Occasional/hpf  
 Casts: Not Found  
 Crystals: Not Found  
 NOTE : - Urine glucose rechecked and confirmed by Benedict's test

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Trace			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	29	U/L	●	0-50
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	82	U/L	●	43-115

AST (SGOT) - SERUM	22	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.3-1.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	180	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
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CREATININE - SERUM 0.9 mg/dL ● 0.9-1.3

GLOBULIN: (CALCULATED) - SERUM 2.9 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM, 49, U/L, ●, 0-55

THYROID PROFILE - I(T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TOTAL T3: TRI IODOTHYRONINE - SERUM, 1.37, ng/ml, ●, 0.87-1.78

GLUCOSE - PLASMA (FASTING)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GLUCOSE - PLASMA (FASTING), 175 \*, mg/dL, ●, 70-99

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TRIGLYCERIDES - SERUM, 145, mg/dL, ●, 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GLUCOSE - PLASMA (POST PRANDIAL), 358 \*, mg/dL, ●, 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TSH: THYROID STIMULATING HORMONE - SERUM, 4.12, μIU/mL, ●, 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD, 8.4 \*, %, ●, Nondiabetic : 4 - 5.6 %

URIC ACID - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: URIC ACID - SERUM, 3.6, mg/dL, ●, 2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: HDL CHOLESTEROL - SERUM, 43, mg/dL, ●, 30-70

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BILIRUBIN CONJUGATED (DIRECT) - SERUM, 0.2, mg/dL, ●, 0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM, 0.99, ng/mL, ●, 0.00-6.50

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: PROTEIN TOTAL - SERUM, 7.5, g/dL, ●, 6.4-8.3

BUN (BLOOD UREA NITROGEN)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BUN (BLOOD UREA NITROGEN), 6.3 \*, mg/dL, ●, 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range

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A/G - RATIO                      1.6                      ●                      1.0-2.0

### BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	7.3			

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

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Printed By :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Moderate Risk

**YOUR SCORE**

5

**ACCEPTABLE SCORE**

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**