

Name : Mr. NAGMANI KUMAR (42 /M)

Date : 10/12/2022

Address :

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002057557

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH162630



CHIEF COMPLAINTS

For corporate health checkup
C/O Generalised weakness

PRESENT KNOWN ILLNESS

No history of - Thyroid disorder, Heart disease, Asthma
Diabetes mellitus - type 2; Since - 3 yrs; Medication - regular
Hypertension Since - 5 yrs; Medication - regular
Dyslipidaemia Since - 1 yr; Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :10/12/2022



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - acidity, bloating; Bowel habits - regular; Piles - no; Hernia - no

Genitourinary system

Frequency - increased

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Knee (bilateral) - pain

Skin

- Nil Significant

Weight

- stable



Present medications

- T Telvas 40 OD
T Daparyl V 10/100 OD
T Trivogliton Forte 2 OD
T Rosuvas 10 OD



Past medical history

Do you have any allergies? - No
Do you have any drug allergies? - No
Covid 19 - Yes
- 2020
Hospitalization for Covid 19 - No



Surgical history

Appendectomy - 35 yrs back



Personal history

Marital status - Married
No. of children - 2
Male - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild

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Family history

Father - has expired
Aged - 80
- COVID death
Mother - has expired
Aged - 70
- Septicaemia
Brothers - 2
Sisters - 1
Diabetes - father,mother,sister,brothers
Coronary artery disease - father
Cancer - None
Thyroid/other endocrine disorder - father,mother,sister

Organomegaly - No
Tenderness - No

Skin

Others - skin tags

PHYSICAL EXAMINATION

General

Build - over weight
Height - 171
Weight - 87
BMI - 29.75
Pallor - No
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 98
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 114
Diastolic(mm of Hg) - 74
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.1 *	g/dl	●	13.0-17.0
RBC COUNT	4.82	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	37.4 *	%	●	41-53
MCV	77.5 *	fl	●	83-101
MCH	25.1 *	pg	●	27-32
MCHC	32.4	%	●	31.5-34.5
RDW	18.3 *	%	●	11.8-14.0
WBC Count	6500	/cu mm	●	4000-10000
Platelet Count	1.58	lacs/cu mm	●	1.5-4.0
Neutrophils	69	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis++, Microcytic Hypochromic.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.5			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			

RBC	Nil	/hpf
Pus Cells	Occasional	/hpf
Epithelial Cells	Occasional	/hpf
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	
NOTE :-	Urine glucose rechecked and confirmed by Benedict's test	

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	49 *	U/L	●	10-40
ALBUMIN - SERUM	4.7	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	87	U/L	●	53-128
AST (SGOT) - SERUM	39	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.0	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	94	mg/dL	●	0-200

● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7 *	mg/dL	●	0.9-1.3

GLOBULIN: (CALCULATED) - SERUM	3.4	g/dL	●	1.8-3.6
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	74 *	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	10.7	µg/dL	●	5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	124 *	mg/dL	●	70-99

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	179 *	mg/dL	●	0-150

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.6	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.000	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.4	mg/dL	●	3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	30	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	48	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	16	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.1	g/dL	●	6.4-8.3

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.36	ng/mL	●	0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.3	mg/dL	●	7.0-18.0

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-II fatty liver.

* Borderline splenomegaly.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE

Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)



Within Normal Range



Borderline High/Low



Out of Range

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.