NAME	SOURABH	STUDY DATE	25-03-2023 08:53:07
AGE / SEX	034Yrs / M	HOSPITAL NO.	MH010871235
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	26-03-2023 16:20:45	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Impression:

No significant abnormality seen.

Dr. Nipun Gumber MD

DMC No. 90272 Associate Consultant

NAME	SOURABH	STUDY DATE	25-03-2023 08:53:07
AGE / SEX	034Yrs / M	HOSPITAL NO.	MH010871235
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	26-03-2023 16:20:45	REFERRED BY	Dr. Health Check MHD

010871235

33 Years

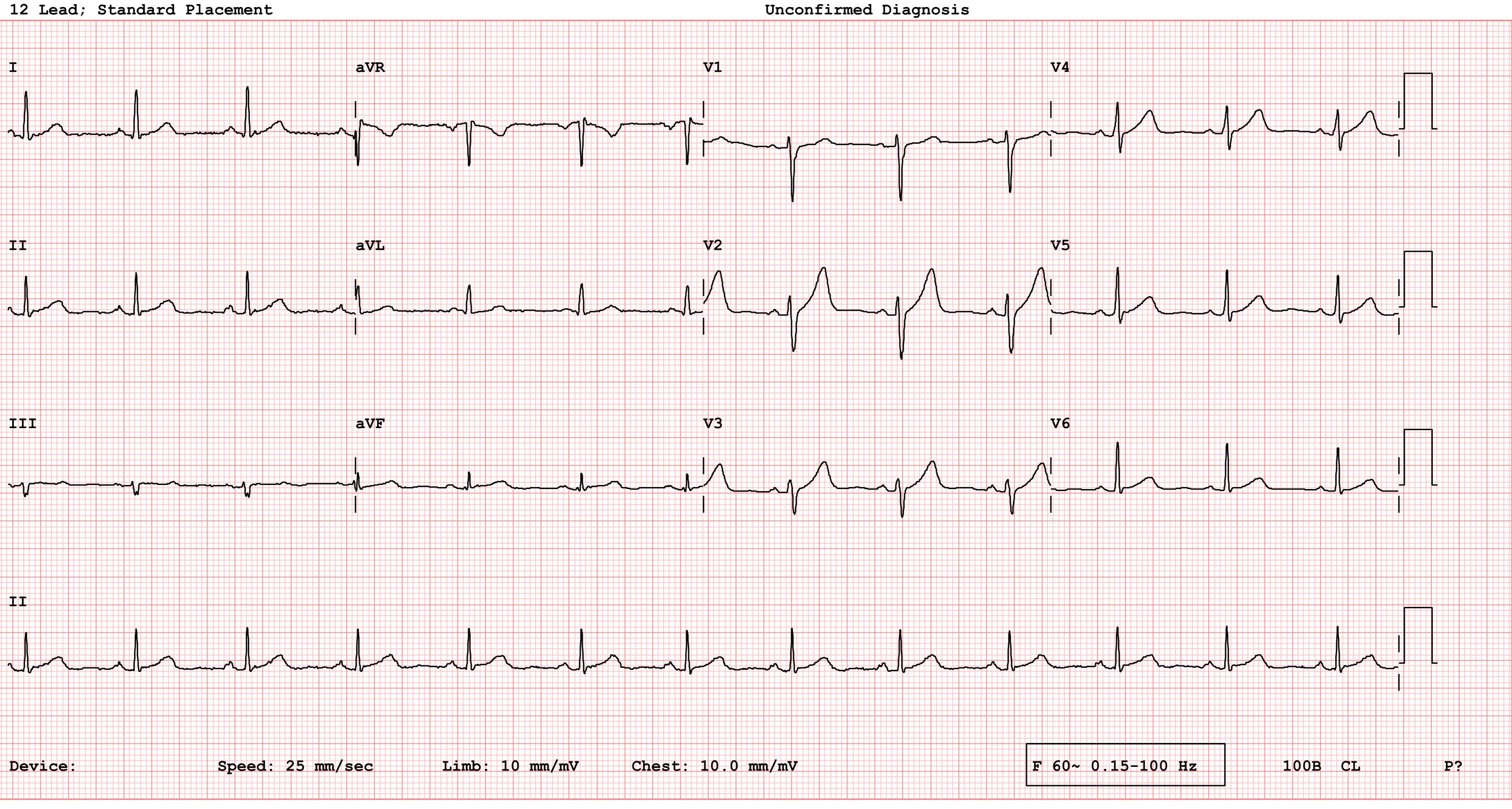
mr sourabh

Male

Rate	76	. Sinus rhythm . ST elev, probable normal early :	
PR	128	. Baseline wander in lead(s) V1	
QRSD	88		
-	359		
QTc	404		
AXIS			
P	30		
-	19		
T 12 Iond:	40 Stand	lard Placement	
	Scand		
		avr.	
		\sim	
		aVF	
		avr 	
		avr	

..... normal P axis, V-rate 50-99 tern.....age<55







Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR SOURABH	Age :	33 Yr(s) Sex :Male
Registration No	: MH010871235	Lab No :	31230301223
Patient Episode	: H03000053327	Collection Date :	25 Mar 2023 08:30
Referred By Receiving Date	: HEALTH CHECK MHD : 25 Mar 2023 13:35	Reporting Date :	25 Mar 2023 14:56

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN) Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

O Rh(D) Negative Blood Group & Rh typing Weak D Negative

Antibody Screening (Microtyping in gel cards using reagent red cells) Cell Panel I NEGATIVE Cell Panel II NEGATIVE Cell Panel III NEGATIVE Autocontrol NEGATIVE

-----END OF REPORT------

Final Antibody Screen Result Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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Dr Himanshu Lamba





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Name	:	MR SOURABH	Age	:	33 Yr(s) Sex :Male
Registration No	:	MH010871235	Lab No	:	32230309609
Patient Episode	:	H03000053327	Collection Dat	e :	25 Mar 2023 08:30
Referred By Receiving Date	:	HEALTH CHECK MHD 25 Mar 2023 09:23	Reporting Dat	e :	25 Mar 2023 10:37

BIOCHEMISTRY

Glycosylated Hemoglobin		Specimen: EDTA Whole blood
HbAlc (Glycosylated Hemoglobin)	5.3	As per American Diabetes Association(ADA) % [4.0-6.5]HbA1c in % Non diabetic adults >= 18years <5.7 Prediabetes (At Risk)5.7-6.4 Diagnosing Diabetes >= 6.5
Methodology (HPLC)		
Estimated Average Glucose (eAG)	105	mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Specimen Type : Serum

THYROID PROFILE, Serum

T3 – Triiodothyronine (ECLIA)	1.14	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	7.84	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.760	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

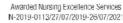
* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html









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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR SOURABH	Age :	33 Yr(s) Sex :Male
Registration No	: MH010871235	Lab No :	32230309609
Patient Episode	: H03000053327	Collection Date :	25 Mar 2023 08:30
Referred By Receiving Date	HEALTH CHECK MHD25 Mar 2023 09:22	Reporting Date :	25 Mar 2023 13:22

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
Lipid Profile (Serum) TOTAL CHOLESTEROL (CHOD/POD)	265 #	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	489 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct) VLDL - Cholesterol (Calculated)	36 98 #	mg/dl mg/dl	[30-60] [10-40]
LDL- CHOLESTEROL	159 #	mg/dl	[<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	7.4		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	4.4		<3 Optimal 3-4 Borderline >6 High Risk

Note:

Reference ranges based on ATP III Classifications. Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	:	MR SOURABH	Age	:	33 Yr(s) Sex :Male
Registration No	:	MH010871235	Lab No	:	32230309609
Patient Episode	:	H03000053327	Collection Dat	e:	25 Mar 2023 08:30
Referred By Receiving Date	:	HEALTH CHECK MHD 25 Mar 2023 09:22	Reporting Dat	æ:	25 Mar 2023 10:43

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff)**	0.53	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.21 #	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.32	mg/dl	[0.20-1.00]
SGOT/ AST (P5P, IFCC)	48.40 #	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	88.10 #	IU/L	[10.00-50.00]
ALP (p-NPP, kinetic) *	162 #	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	7.9	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	5.1 #	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	2.8	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.82 #		[1.10-1.80]

Note:

**NEW BORN:Vary according to age (days), body wt & gestation of baby *New born: 4 times the adult value

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Name	: MR SOURABH	Age :	33 Yr(s) Sex :Male
Registration No	: MH010871235	Lab No :	32230309609
Patient Episode	: H03000053327	Collection Date :	25 Mar 2023 08:30
Referred By Receiving Date	: HEALTH CHECK MHD: 25 Mar 2023 09:22	Reporting Date :	25 Mar 2023 10:42

BIOCHEMISTRY

Test Name	Result	Unit H	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	11.00	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	0.98	mg/dl	[0.80-1.60]
SERUM URIC ACID (mod.Uricase)	8.0 #	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	10.0	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	3.8	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	138.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.37	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	102.3	mmol/l	[95.0-105.0]
eGFR	100.9	ml/min/1.73sc	q.m [>60.0]
Technical Note			

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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Neefam Singe

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





-----END OF REPORT----

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Name	: MR SOURABH	Age :	33 Yr(s) Sex :Male
Registration No	: MH010871235	Lab No :	32230309610
Patient Episode	: H03000053327	Collection Date :	25 Mar 2023 12:36
Referred By Receiving Date	: HEALTH CHECK MHD: 25 Mar 2023 13:26	Reporting Date :	25 Mar 2023 14:41

BIOCHEMISTRY

Specimen Type : Plasma PLASMA GLUCOSE - PP

Plasma GLUCOSE -	ΡP	(Hexokinase)	101	mg/dl	[70-140]	
------------------	----	--------------	-----	-------	----------	--

Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma	GLUCOSE-Fasting	(Hexokinase)	97	mg/dl	[70-100]

-----END OF REPORT------

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Neefam \$

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR SOURABH	Age :	33 Yr(s) Sex :Male
Registration No	: MH010871235	Lab No :	33230305722
Patient Episode	: H03000053327	Collection Date :	25 Mar 2023 08:30
Referred By Receiving Date	HEALTH CHECK MHD25 Mar 2023 09:21	Reporting Date :	25 Mar 2023 11:37

HAEMATOLOGY

/1sthour

[0.0-10.0]

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR	5.0

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit Bio	ological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	5650	/cu.mm	[4000-10000]
RBC Count (Impedence)	4.32 #	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	15.5	g/dL	[13.0-17.0]
Haematocrit (PCV)	44.2	8	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	102.3 #	fL	[83.0-101.0]
MCH (Calculated)	35.9 #	pg	[25.0-32.0]
MCHC (Calculated)	35.1 #	g/dL	[31.5-34.5]
Platelet Count (Impedence)	219000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	12.9	8	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	52.1	00	[40.0-80.0]
Lymphocytes (Flowcytometry)	31.5	8	[20.0-40.0]



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Name	: MR SOURABH	Age :	33 Yr(s) Sex :Male
Registration No	: MH010871235	Lab No :	33230305722
Patient Episode	: H03000053327	Collection Date :	25 Mar 2023 08:30
Referred By Receiving Date	: HEALTH CHECK MHD : 25 Mar 2023 09:21	Reporting Date :	25 Mar 2023 11:37

HAEMATOLOGY	7
-------------	---

Monocytes (Flowcytometry)	7.4	:	00	[2.0-10.0]
Eosinophils (Flowcytometry)	8.5 #	:	90 0	[1.0-6.0]
Basophils (Flowcytometry)	0.5 #	:	00	[1.0-2.0]
IG	0.50	:	00	
Neutrophil Absolute(Flouroscence fl	ow cytometry)	2.9	/cu mm	[2.0-7.0]x10 ³
Lymphocyte Absolute(Flouroscence fl	ow cytometry)	1.8	/cu mm	[1.0-3.0]x10 ³
Monocyte Absolute(Flouroscence flow	cytometry)	0.4	/cu mm	[0.2-1.2]x10 ³
Eosinophil Absolute(Flouroscence fl	ow cytometry)	0.5	/cu mm	[0.0-0.5]x10 ³
Basophil Absolute(Flouroscence flow	cytometry)	0.0	/cu mm	[0.0-0.1]x10 ³

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

----END OF REPORT------

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Soma Pradhan

Dr. Soma Pradhan













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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR SOURABH	Age :	33 Yr(s) Sex :Male
Registration No	: MH010871235	Lab No :	38230301937
Patient Episode	H03000053327	Collection Date :	25 Mar 2023 08:31
Referred By Receiving Date	: HEALTH CHECK MHD 25 Mar 2023 10:57	Reporting Date :	25 Mar 2023 12:53

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	5.0	(5.0-9.0)
(Reflectancephotometry(Indicator Meth	od))	
Specific Gravity	1.010	(1.003-1.035)
(Reflectancephotometry(Indicator Meth	od))	
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator Met)	hod)/Manual SSA)	
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD/Bene	dict Method))	
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's Test)	/Manual Rotheras)	
Urobilinogen	NORMAL	(NORMAL)
Reflactance photometry/Diazonium salt	reaction	
Nitrite	NEGATIVE	NEGATIVE
Reflactance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflactance photometry/Action of Este	rase	
BLOOD	NIL	NEGATIVE
(Reflectance photometry(peroxidase))		
MICROSCOPIC EXAMINATION (Manual) Ma	ethod: Light microscopy on	centrifuged urine
WBC/Pus Cells	0-1 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	
Interpretation:		



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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	:	MR SOURABH	Age	:	33 Yr(s) Sex :Male
Registration No	:	MH010871235	Lab No	:	38230301937
Patient Episode	:	H03000053327	Collection Date	e :	25 Mar 2023 08:31
Referred By Receiving Date	:	HEALTH CHECK MHD 25 Mar 2023 10:57	Reporting Date	e :	25 Mar 2023 12:53

CLINICAL PATHOLOGY

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urina tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise. Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus. Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

-----END OF REPORT-----

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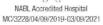
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Dr. Soma Pradhan





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Name: SOL	JRABH	Hospital No:	MH010871235
Age: 33	Sex: M	Episode No:	H03000053327
Doctor: Hea	Ith Check MHD	Result Date:	25 Mar 2023 17:36
Order: Trea	ad Mill Test		

EXERCISE STRESS TEST REPORT (TMT) Findings:

	<u>rmangs.</u>				
I	Baseline ECG		NSR		
I	Premedications		Nil		
	Protocol	Bruce		MPHR	187
	Duration of	10 Minutes 03	sec	85% OF MPHR	158
(exercise				
	Reason for	THR achieved		METS	13.00
1	termination				
	Peak achieved	166		%of MPHR	88 %
				achieved	
		166		%of MPHR achieved	88 %

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhythmia	ı) Symptoms
Control	0.00	85	110/80	No ST-T changes seen	Nil
Stage 1	3.00	104	120/80	No ST-T changes seen	Nil
Stage II	3.00	125	130/80	No ST-T changes seen	Nil
Stage III	3.00	155	140/80	No ST-T changes seen	Nil
Stage IV	1.03	166	150/80	No ST-T changes seen	Nil
Recovery	3.00	114	130/80	No ST-T changes seen	Nil
D 11					

Result:

• Normal heart rate and BP response

- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial lschemia.
- Good effort tolerance.

Name:	SOURABH		
Age:	33	Sex:	М
Doctor:	Н	ealth Check	MHD

Order: Tread Mill Test

 Hospital No:
 MH010871235

 Episode No:
 H03000053327

 Result Date:
 25 Mar 2023 17:36

DR. SAMANJOY MUKHERJEE MD, DM CONSULTANT CARDIOLOGIST CARDIOLOGY)

DR. (MAJ) J S KHATRI MBBS, PGDCC, FNIC SPECIALIST (NON-INVASIVE

Dr Samanjoy Mukherjee ASSOCIATE CONSULTANT

NAME	SOURABH	STUDY DATE	25-03-2023 10:12:23
AGE / SEX	034Yrs / M	HOSPITAL NO.	MH010871235
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	25-03-2023 15:46:28	REFERRED BY	Dr. Health Check MHD

USG WHOLE ABDOMEN

Findings:

Liver is enlarged in size (~ 17.6 cm) and shows grade I fatty changes. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness. Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern. Spleen is normal in size (~9.5 cm) and echopattern.

Both kidneys are normal in position, size and shows mildly raised cortical echogenicity. Cortico-medullary differentiation of both kidneys is maintained. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Prostate is normal in shape and echopattern.

No significant free fluid is detected.

Impression:

- Hepatomegaly with grade II fatty infiltration.
- Mildly raised bilateral renal cortical echogenicity.

(Advice: KFT correlation)

Kindly correlate clinically

Dr. Abhinav Pratap Singh DNB, DMC Reg No. 58170 Associate Consultant, Dept. of Radiology & Imaging

NAME	SOURABH	STUDY DATE	25-03-2023 10:12:23
AGE / SEX	034Yrs / M	HOSPITAL NO.	MH010871235
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	25-03-2023 15:46:28	REFERRED BY	Dr. Health Check MHD