



MEDICOVER HOSPITALS

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs Sudhana Nikam

DATE: 8/5/24

AGE : 35yr

SEX: Male/ Female

NMU: NMU000 52770

DOCTOR'S NAME: Health

TEMP :	<u>97.6</u> ° f	BP :	<u>100/60</u> mmHg
PULSE :	<u>82</u> b/m	HEIGHT :	<u>149.5</u> cm
RR :	<u>20</u> b/m	WEIGHT :	<u>54.1</u> kg
SPO2 :	<u>99</u> % RA	HGT:	<u>-</u>

REMARK:



MEDICOVER
HOSPITALS

NAVI MUMBAI

MEDICAL CERTIFICATE

I, Dr. Ahmed Khan.....do hereby certify that I have carefully examined .

Sri./Smt. Sadhana..... , son / daughter.

Of is physically fit / unfit to join Organization .

Signature of Doctor: [Signature].....

Registration No :

DR. AHMED KHAN
MBBS, MD (Internal Medicine)
Reg. No. MMC-2015/01/0236

Place : Kharghar.....

Date : 08-05-24.....

Seal :





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mrs. SADHANA NIKAM	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : NMBC69479/NMU0052770	Referred By : Dr. DMO
Received Dt : 08-May-24 10:26 am	Report Date : 08-May-24 02:53 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
CUE(COMPLETE URINE EXAMINATION)				
<u>PHYSICAL EXAMINATION</u>				
VOLUME	Urine	20 ml		
COLOUR		PALE YELLOW	PALE YELLOW	
APPEARANCE		SLIGHTLY HAZY	CLEAR	
DEPOSIT		ABSENT	ABSENT	
<u>CHEMICAL EXAMINATION</u>				
SPECIFIC GRAVITY	Urine	1.025	1.000 - 1.030	Dipstick
PH		5.0	5.0 - 8.0	Dipstick
PROTEIN		NEGATIVE	NEGATIVE	Dipstick/Heat coagulation test
GLUCOSE		ABSENT	ABSENT	Dipstick/Benedict's test
UROBILINOGEN		NORMAL	NORMAL	Dipstick
KETONE		NEGATIVE	NEGATIVE	Dipstick/Rothera's Nitroprusside test.
BILIRUBIN		NEGATIVE	NEGATIVE	Dipstick/Fouchet's test
BILE SALT		NEGATIVE	NEGATIVE	Hay's sulphur powder test
BILE PIGMENT		NEGATIVE	NEGATIVE	Fouchet test
NITRITE		NEGATIVE	NEGATIVE	Dipstick
LEUCOCYTE ESTERASE		NEGATIVE	NEGATIVE	
<u>MICROSCOPIC EXAMINATION</u>				
PUS CELLS	Urine	8-10	0 - 5 /hpf	MICROSCOPIC EXAMINATION
RBC		4-5	0 - 5 /hpf	MICROSCOPIC EXAMINATION
EPITHELIAL CELLS		5-7	0 - 5 /hpf	MICROSCOPIC EXAMINATION
CRYSTALS		NIL	NIL	MICROSCOPIC EXAMINATION
CASTS		NIL	NIL	MICROSCOPIC EXAMINATION
BACTERIA		+		MICROSCOPIC EXAMINATION
YEAST		ABSENT		
AMORPHOUS DEPOSITS		ABSENT		
SPERMATOOZA				

NOTE

Microscopic examination of urine is carried out on centrifuged urinary sediment.

*** End Of Report ***





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HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mrs. SADHANA NIKAM	Age / Gender : 35 Y(s)/Female
Bill No/ UMR No : NMBC69479/NMU0052770	Referred By : Dr. DMO
Received Dt : 08-May-24 10:26 am	Report Date : 08-May-24 02:53 pm

Parameters **Specimen** **Result** **Biological Reference In Method**





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mrs. SADHANA NIKAM	Age /Gender : 35 Y(s)/Female
Bill No/ UMR No : NMBC69479/NMU0052770	Referred By : Dr. DMO
Received Dt : 08-May-24 10:26 am	Report Date : 08-May-24 11:30 am

FINAL REPORT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
COMPLETE BLOOD COUNT				
RBC				
R B C COUNT	Blood	4.09	3.8 - 4.8 $10^6/\mu\text{L}$	
HEMOGLOBIN		12.3	12.0 - 15.0 g/dl	
PCV/HCT		38.5	40 - 50 % 36 - 46 %	
MCV		94	83 - 101 fl 83 - 101 fl	
MCH		30.2	27 - 32 pg	
MCHC		32.1	31.5 - 34.5 g/dL	
RDW(cv)		12.4	11.6 - 14.0 %	
PLATELETS				
PLATELET COUNT	Blood	248	150 - 400 $10^3/\mu\text{L}$	
MPV		8.4	7.5 - 11.5 fl	
WBC				
TC (TOTAL LEUCOCYTE COUNT)	Blood	5.1	4.0 - 11.0 $10^3/\mu\text{l}$	
DIFFERENTIAL COUNT				
NEUTROPHILS	Blood	47	40 - 80 %	
LYMPHOCYTES		42	20 - 40 %	
MONOCYTES		07	02 - 10 %	
EOSINOPHILS		04	00 - 06 %	
BASOPHILS		00	00 - 01 %	
ESR	CITRATED BLOOD	06	0 - 20 mm/1st hour	WESTERGREN'S METHOD
BLOOD GROUPING AND RH				
BLOOD GROUP		" B "		TUBE AGGLUTINATION
RH TYPE		POSITIVE		

*** End Of Report ***





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mrs. SADHANA NIKAM	Age /Gender : 35 Y(s)/Female
Bill No/ UMR No : NMBC69479/NMU0052770	Referred By : Dr. DMO
Received Dt : 08-May-24 10:26 am	Report Date : 08-May-24 12:05 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
FBS (FASTING BLOOD GLUCOSE)				
FASTING BLOOD GLUCOSE		94	Normal Range : 70 - 99 mg/dL	Hexokinase
SERUM CREATININE				
CREATININE		0.60	0.6 - 1.2 mg/dl	Method : jaffe
BUN(BLOOD UREA NITROGEN)				
BUN (Blood Urea Nitrogen.)		11	7.0 - 21.0 mg/dL	Calculated
SGPT (ALT)		20	<= 33 U/L	Method : UV without P5P
SERUM BILIRUBIN TOTAL		0.5	0.2 - 1.2 mg/dL	Jendrassik Grof
DIRECT BILIRUBIN		0.2	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.3	<= 1.0 mg/dL	
PLBS (POST LUNCH BLOOD GLUCOSE)		82	Norma Range : - < 140 mg/dL Impaired Glucose Tolerance : 140 - 199 mg/dL Diabetes Mellitus : - > 200 mg/dL	Hexokinase

*** End Of Report ***

Lab Incharge

Dr. VISHAL MEHROTRA, MD Pathology
Head of Laboratory Services

Verified By : : 026979

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.



Patient ID:	<i>NMU0052770</i>	Patient Name:	<i>SADHANA NIKAM</i>
Age:	<i>35 Years</i>	Sex:	<i>F</i>
Accession Number:	<i>NMBC69479</i>	Modality:	<i>DX</i>
Referring Physician:	<i>DR.DMO</i>	Study:	<i>CHEST</i>
Study Date:	<i>08-May-2024</i>		

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

e pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

- **No significant abnormality is seen.**



Dr. Garima Shailendra Sharma
MBBS, M.D. (Radio Diagnosis),
DNB, FRCP
Consultant Radiologist

Date: 08-May-2024 12:55:07

Female

35 Years

Rate 80 Sinus rhythm.....normal P axis, V-rate 50- 99
 . Probable left atrial enlargement.....P >50ms, <-0.10mV V1

PR 176
 QRSD 77
 QT 364
 QTc 420

--AXIS--

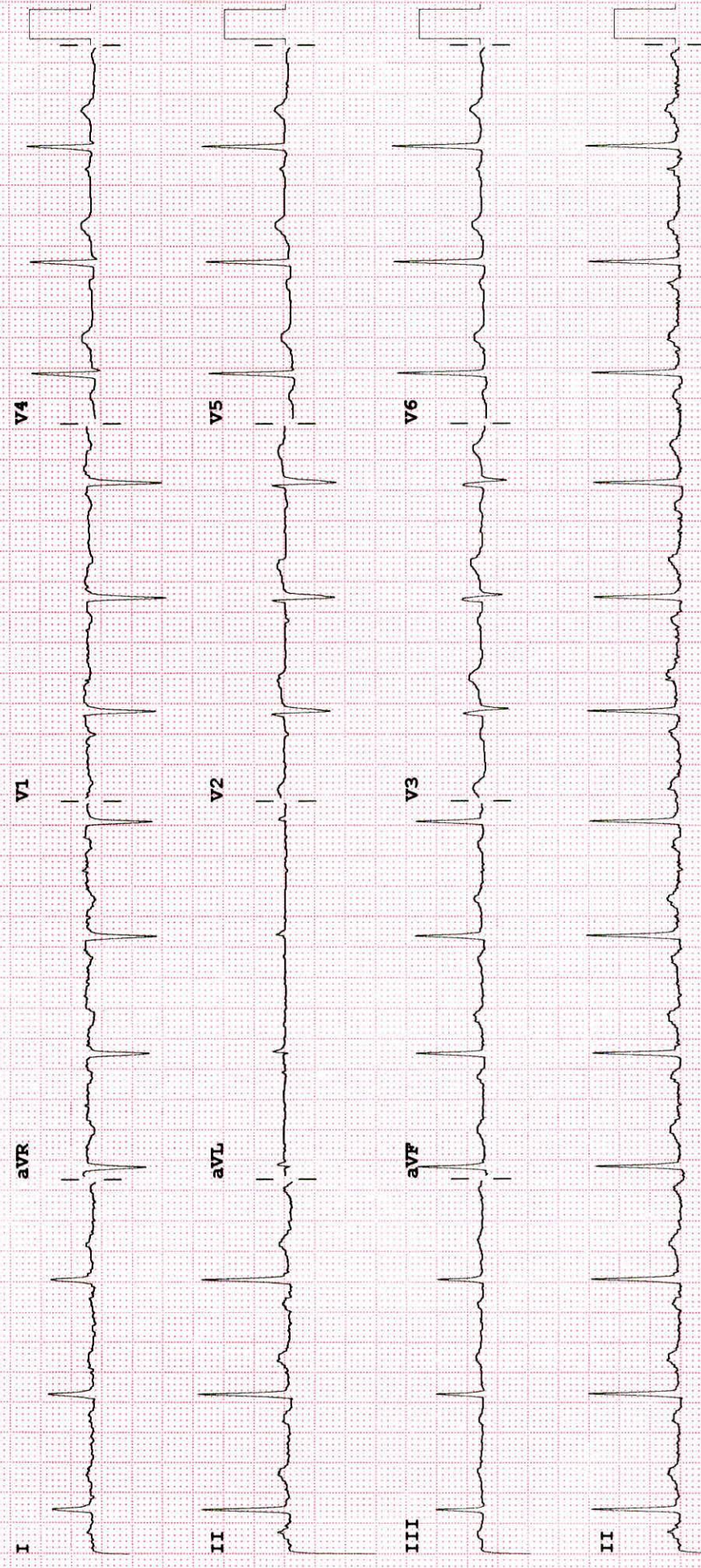
P 72
 QRS 57
 T 60

12 Lead; Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis

NIR
sw
S





DEPARTMENT OF OPHTHALMOLOGY

MEDICOVER HOSPITALS

DATE: 08/05/24

PATIENT NAME: Mrs. Sadhana Nikam AGE / SEX 35/F NAVI MUMBAI

UMR NO: NMM00 52770

	RE	LE
VA (DISTANCE)	6/18	6/18
VA (NEAR)	Ng	Ng
COLOUR VISION	Normal	Normal

		SPHERE	CYLINDER	AXIS	VA
MRx	O D	-1.00	_____	_____	6/6, Ng
	O S	-1.00	_____	_____	6/6, Ng

HISTORY :

- H/O using spectacle (Distances)
- NO H/O DM, HTN, thyroid
- NO H/O ocular trauma Allegies & surgeries.

OCULAR FINDINGS :

(BE) - Ant seg WNL
 (undilated) Disc (BE) - 0.2 - 0.3 (BE) - Dry Eyes.

ADVICE:

Refresh Tears eld qid 1777 X 1 month

AS
 CDR. ANUSHREE VANKAR

