

140 / MEDHA SAKORIKAR / 27 Yrs / F / 158 Cms / 69 Kg Date: 28-Mar-2022

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	078	40%	110/70	085	00	
Standing	00:12	0:07	00.0	00.0	01.0	078	40%	110/70	085	00	
HV	00:22	0:10	00.0	00.0	01.0	076	39%	110/70	083	00	
ExStart	00:28	0:06	01.7	10.0	01.1	074	38%	120/70	088	00	
BRUCE Stage 1	03:28	3:00	01.7	10.0	04.7	126	65%	120/70	151	00	
BRUCE Stage 2	06:28	3:00	02.5	12.0	07.1	147	76%	130/80	191	00	
PeakEx	07:38	1:10	03.4	14.0	08.3	164	85%	140/80	229	00	
Recovery	08:38	1:00	00.0	00.0	01.1	125	65%	140/80	175	00	
Recovery	09:38	2:00	00.0	00.0	01.0	109	56%	140/80	152	00	
Recovery	11:38	4:00	00.0	00.0	01.0	100	52%	120/80	120	00	
Recovery	11:41				00.0	000	0%	---/---	000	00	

**FINDINGS :**

Exercise Time : 07:10  
 Max HR Attained : 164 bpm 85% of Target 193  
 Max BP Attained : 140/80  
 Max Workload Attained : 8.3 Fair response to induced stress  
 Test End Reasons : Fatigue, Heart Rate Achieved

**Dr. SHAILAJA PILLAI**  
 M.D. (GEN.MED)  
 R.NO. 49972

Doctor : DR SHAILAJA PILLAI



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**REPORT :**

**PROCEDURE DONE:** Graded exercise treadmill stress test.

**STRESS ECG RESULTS:** The Initial HR was recorded as 78.0 bpm, and the maximum predicted Target Heart Rate 193.0. The BP increased at the time of generating report as 140.0/80.0 mmHg The Max Dep went upto 0.2. 0.0 Ectopic Beats were observed during the Test.  
The Test was completed because of Fatigue, Heart Rate Achieved.

**CONCLUSIONS:**

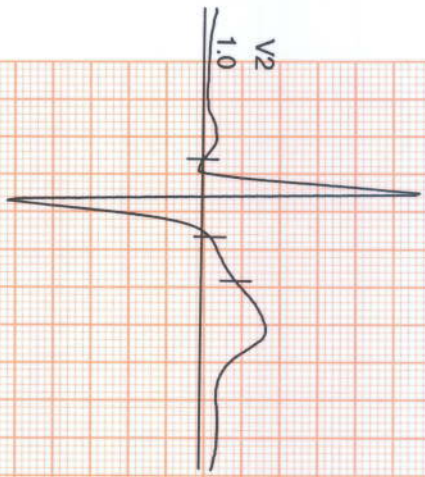
1. TMT is negative for exercise induced ischemia.
2. Normal chronotropic and Normal Inotropic response.
3. No significant ST T changes seen.

**Dr. SHAILAJA PILLAI**

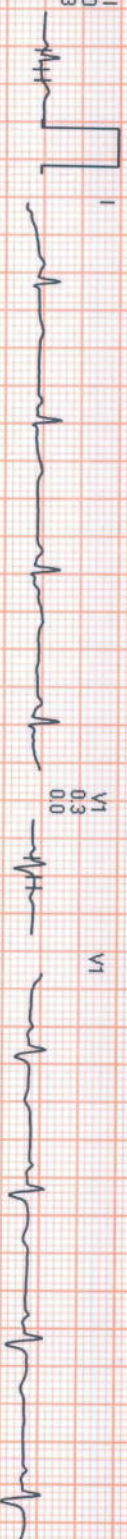
**M.D. (GEN.MED)**

**R.NO. 49972**

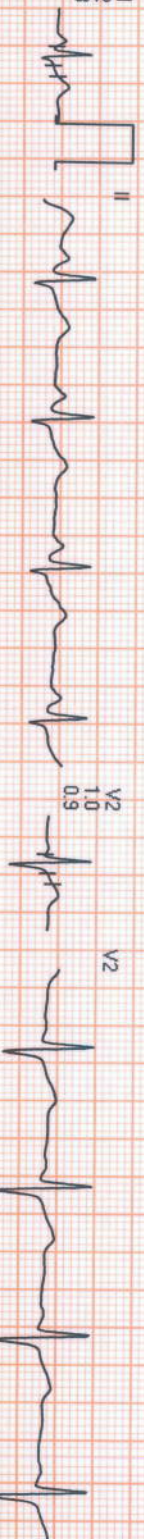
**Doctor : DR SHAILAJA PILLAI**



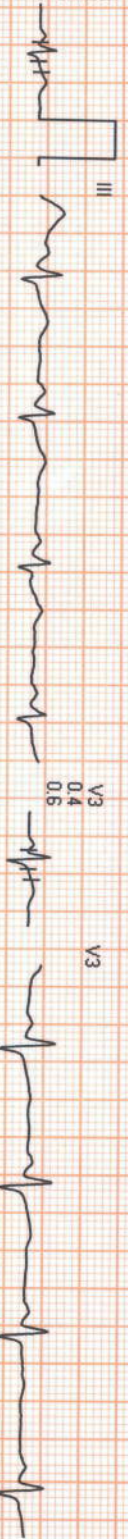
STL 0.0  
STS 0.3



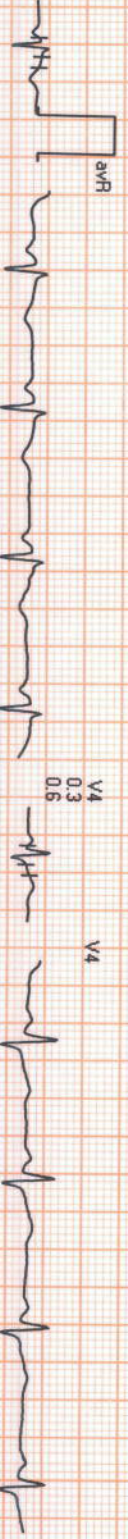
II 0.2  
0.8



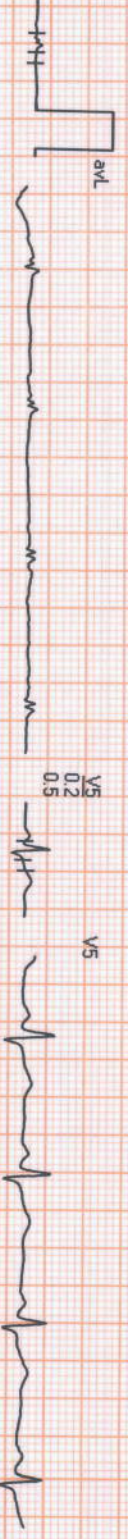
III 0.2  
0.5



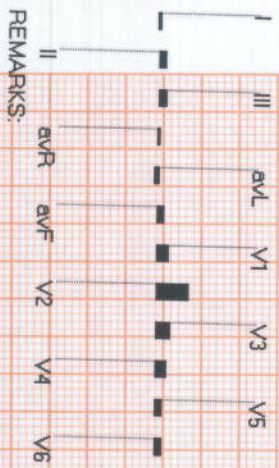
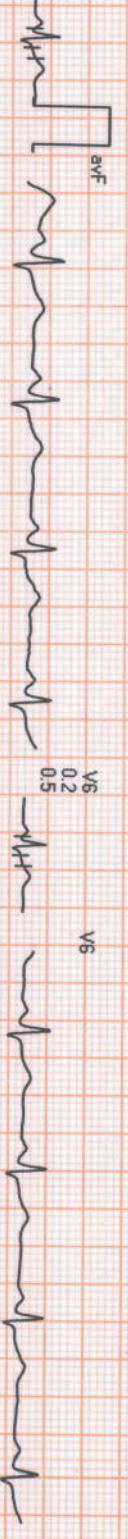
aVR 0.0  
0.0  
-0.5



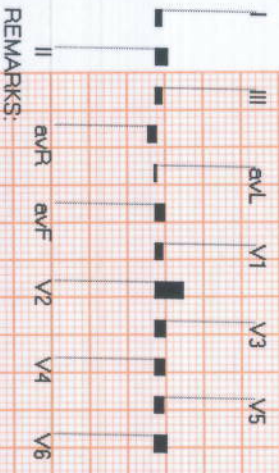
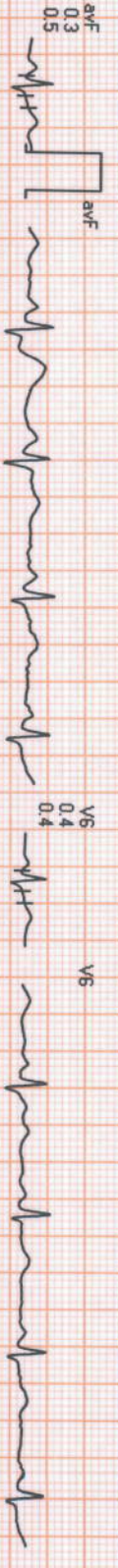
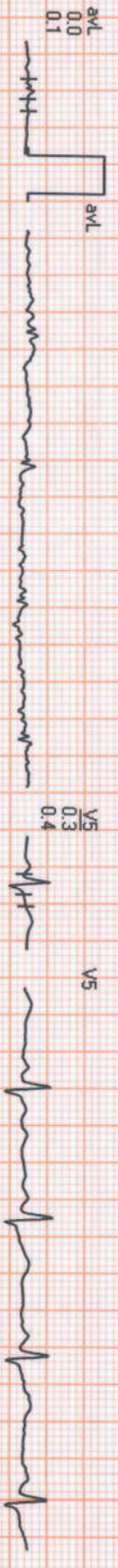
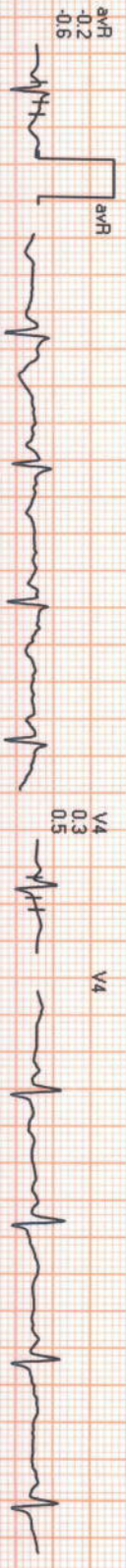
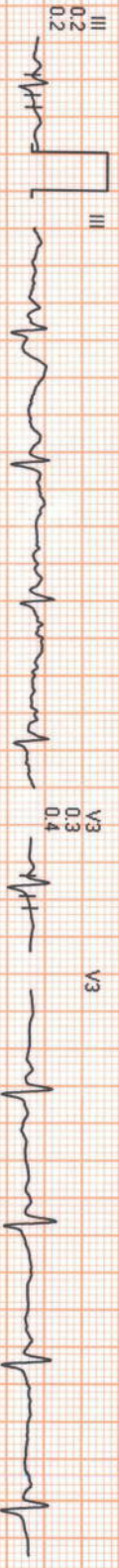
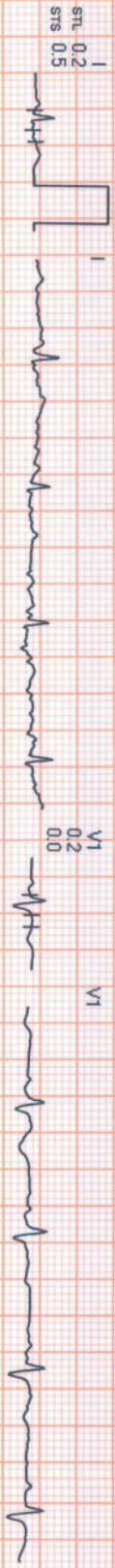
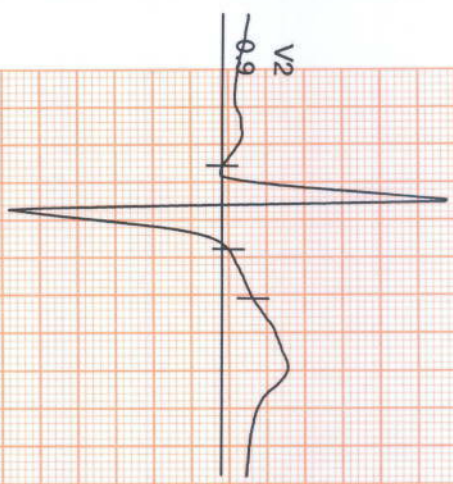
aVL -0.1  
-0.1



aVF 0.2  
0.2  
0.6



REMARKS:



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**SUBURBAN DIAGNOSTICS THANE GB**

**THANE GB**

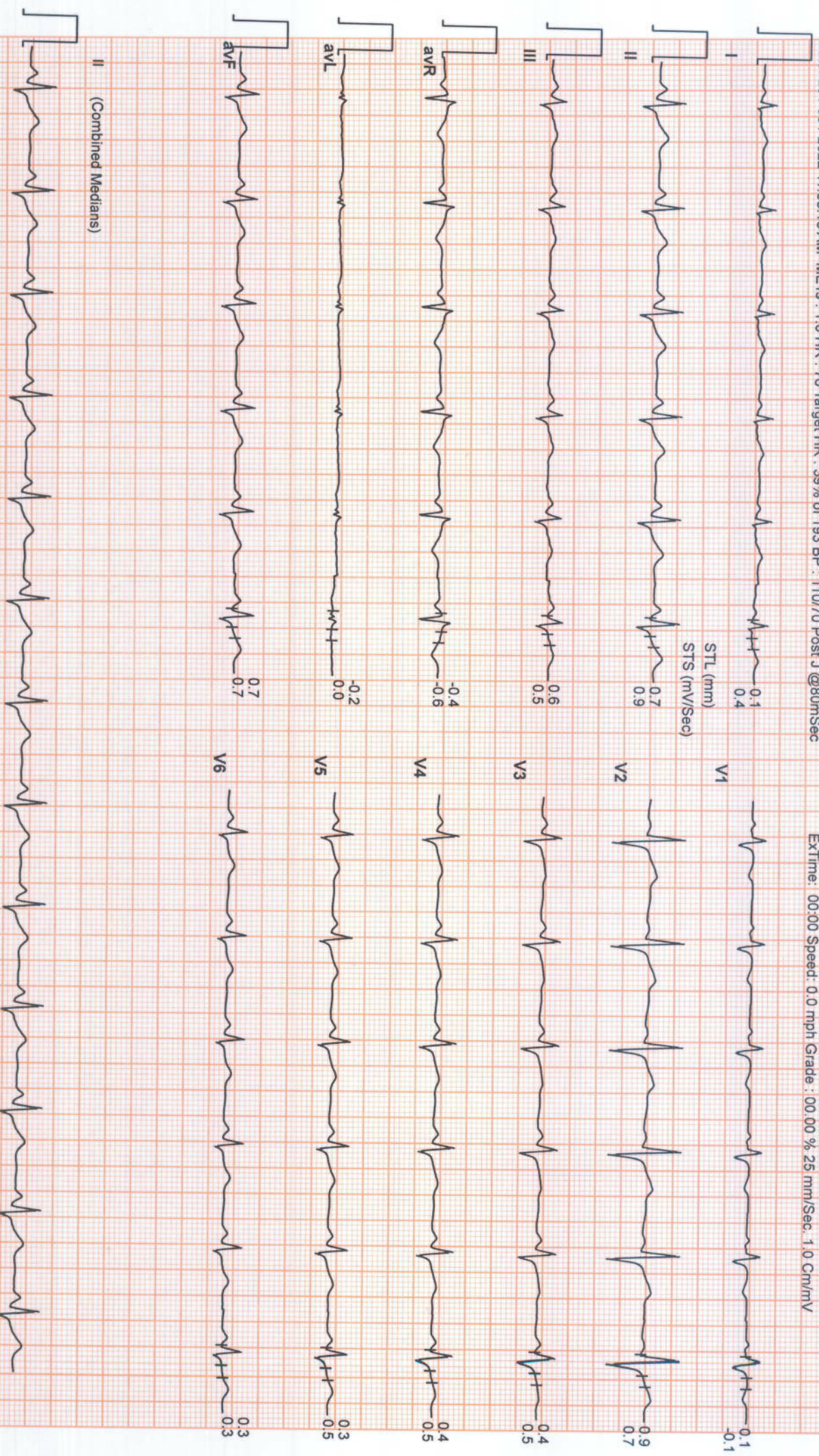
140 / MEDHA SAKORIKAR / 27 Yrs / Female / 158 Cm / 69 Kg

Date: 28 / 03 / 2022 11:08:13 AM METs : 1.0 HR : 76 Target HR : 39% of 193 BP : 110/70 Post J @80mSec

**6X2 Combine Medians + 1 Rhythm**  
HV ( 00:00 )



ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIAGNOSTICS THANE GB

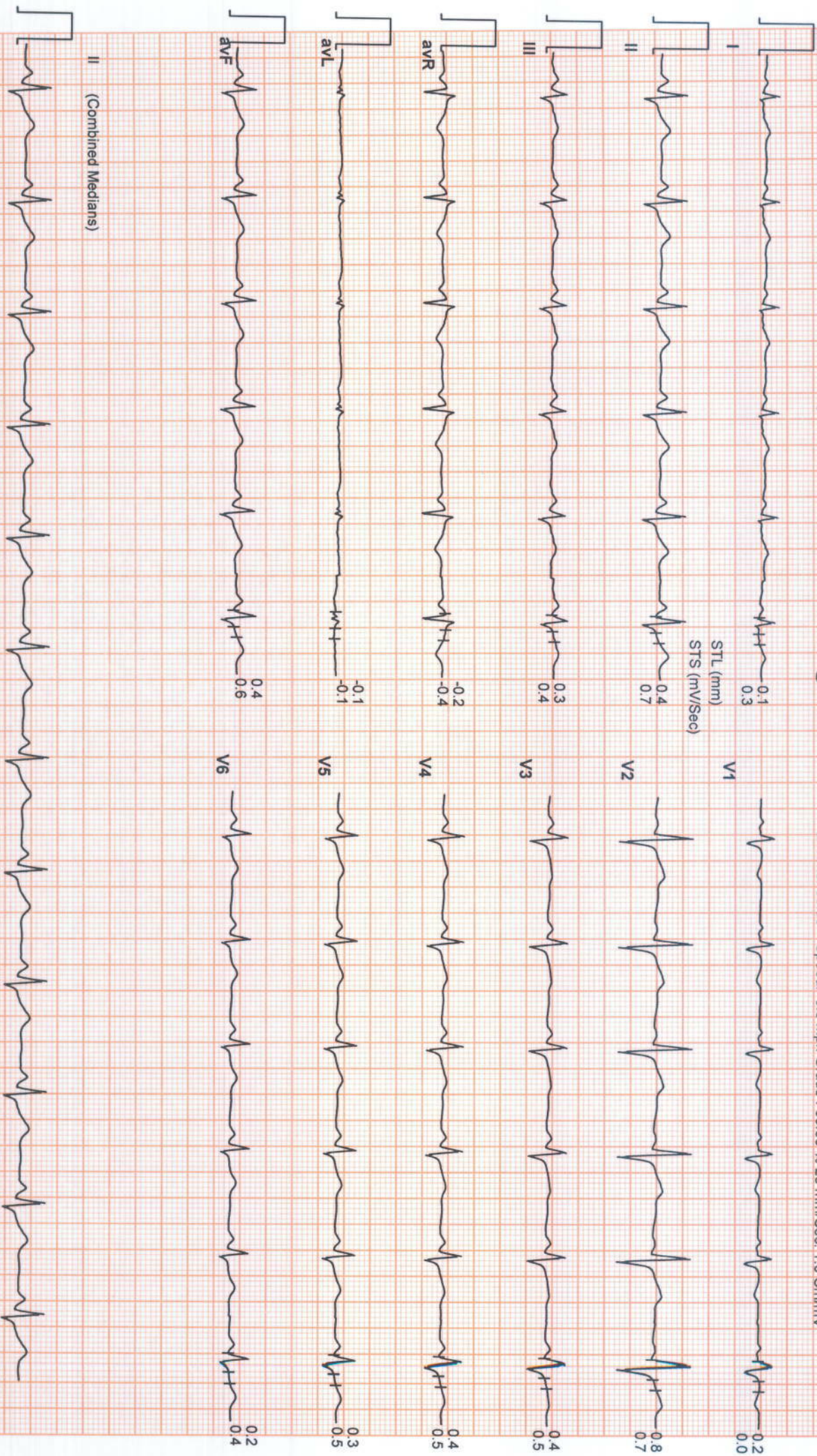
THANE GB  
140 / MEDHA SAKORIKAR / 27 Yrs / Female / 158 Cm / 69 Kg

6X2 Combine Medians + 1 Rhythm  
EXSt1



Date: 28 / 03 / 2022 11:08:13 AM METs : 1.0 HR : 74 Target HR : 38% of 193 BP : 110/70 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV



# SUBURBAN DIAGNOSTICS THANE GB

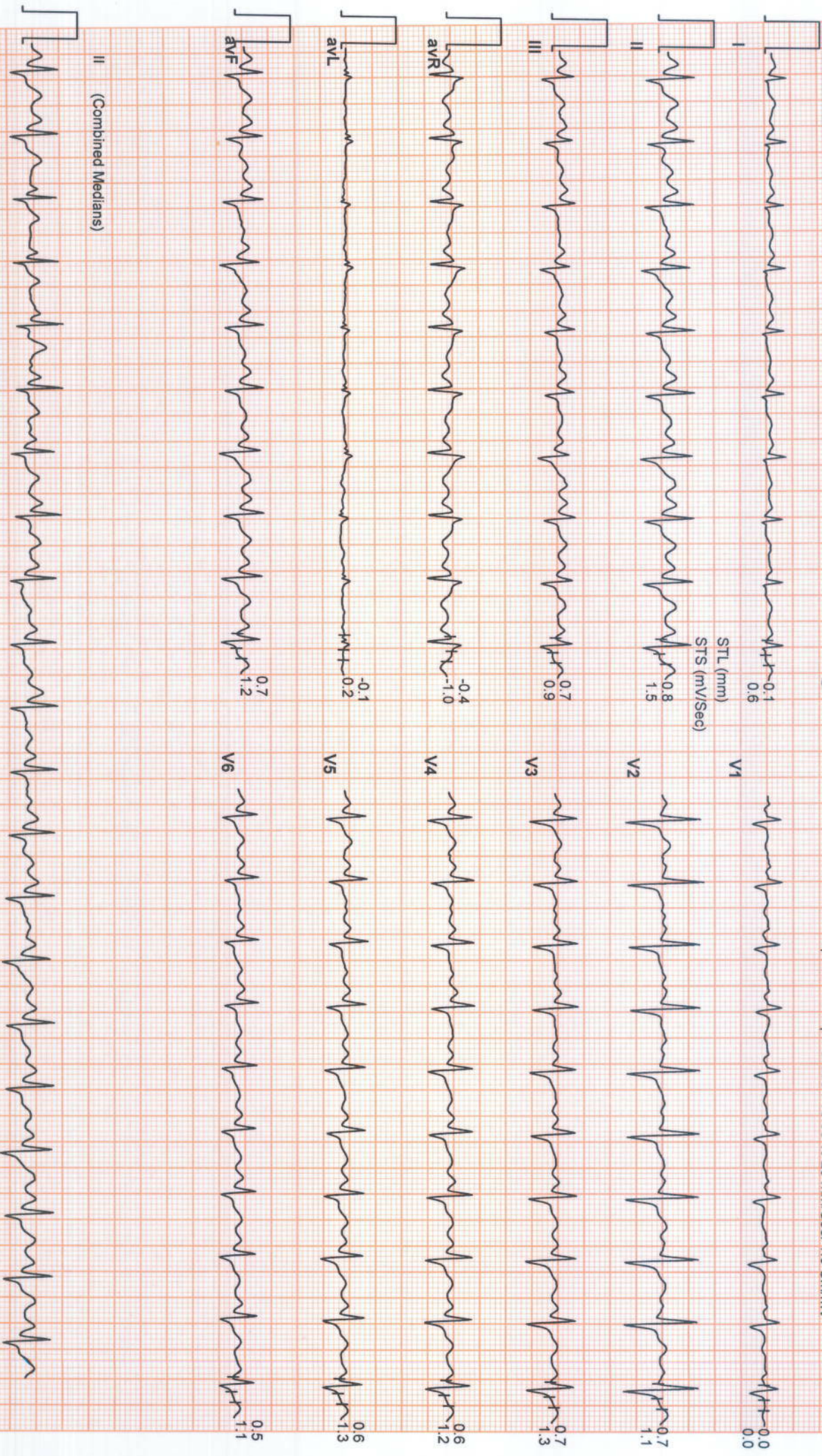
THANE GB  
140 / MEDHA SAKORIKAR / 27 Yrs / Female / 158 Cm / 69 Kg

Date: 28 / 03 / 2022 11:08:13 AM METs : 4.7 HR : 126 Target HR : 65% of 193 BP : 120/70 Post J @80mSec

6X2 Combine Medians + 1 Rhythm  
BRUCE : Stage 1 ( 03:00 )



ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV



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THANE GB

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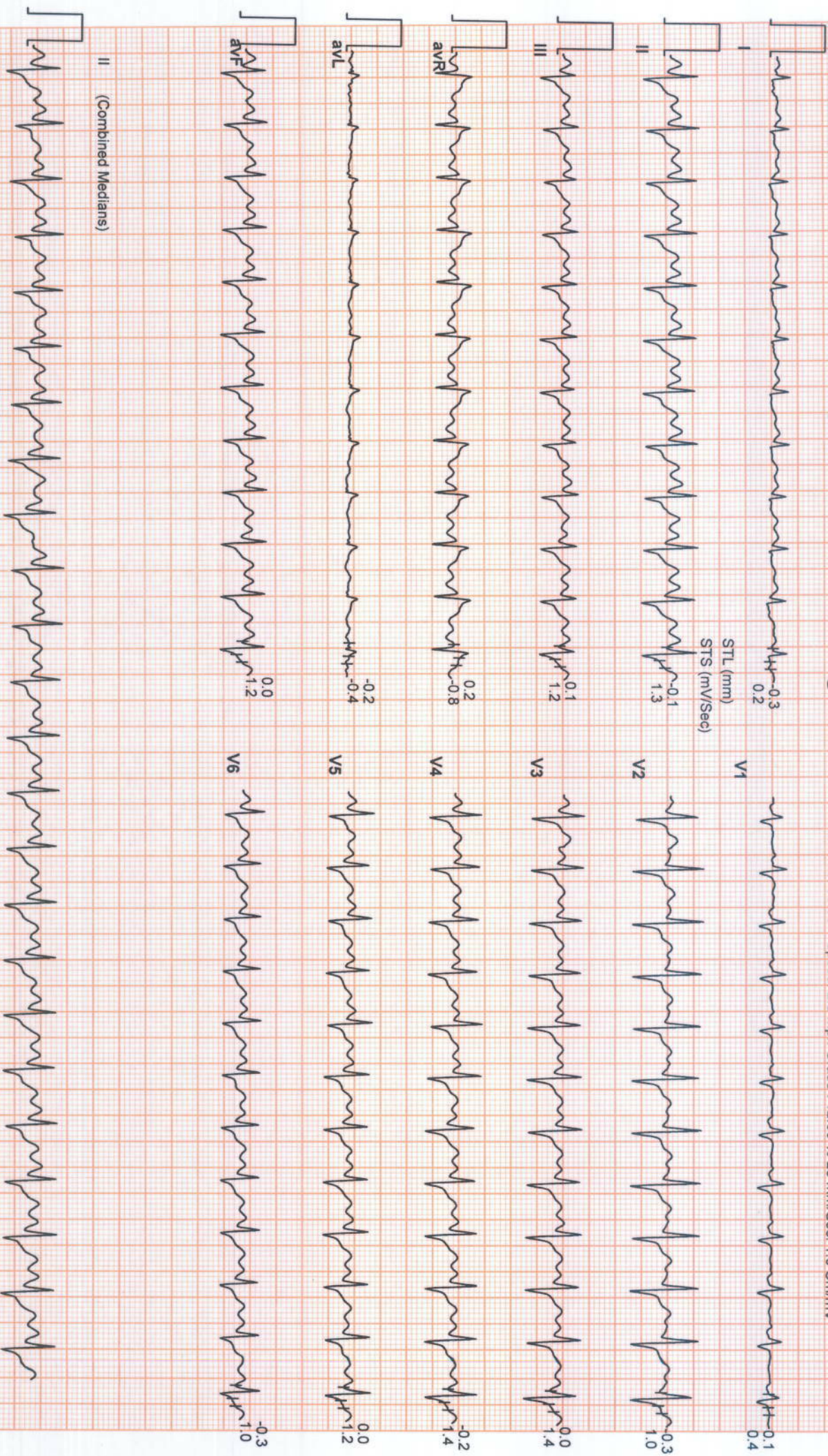
Date: 28 / 03 / 2022 11:08:13 AM METs : 7.1 HR : 147 Target HR : 76% of 193 BP : 130/80 Post J @60mSec

## 6X2 Combine Medians + 1 Rhythm

BRUCE : Stage 2 ( 03:00 )



ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV





# SUBURBAN DIAGNOSTICS THANE GB

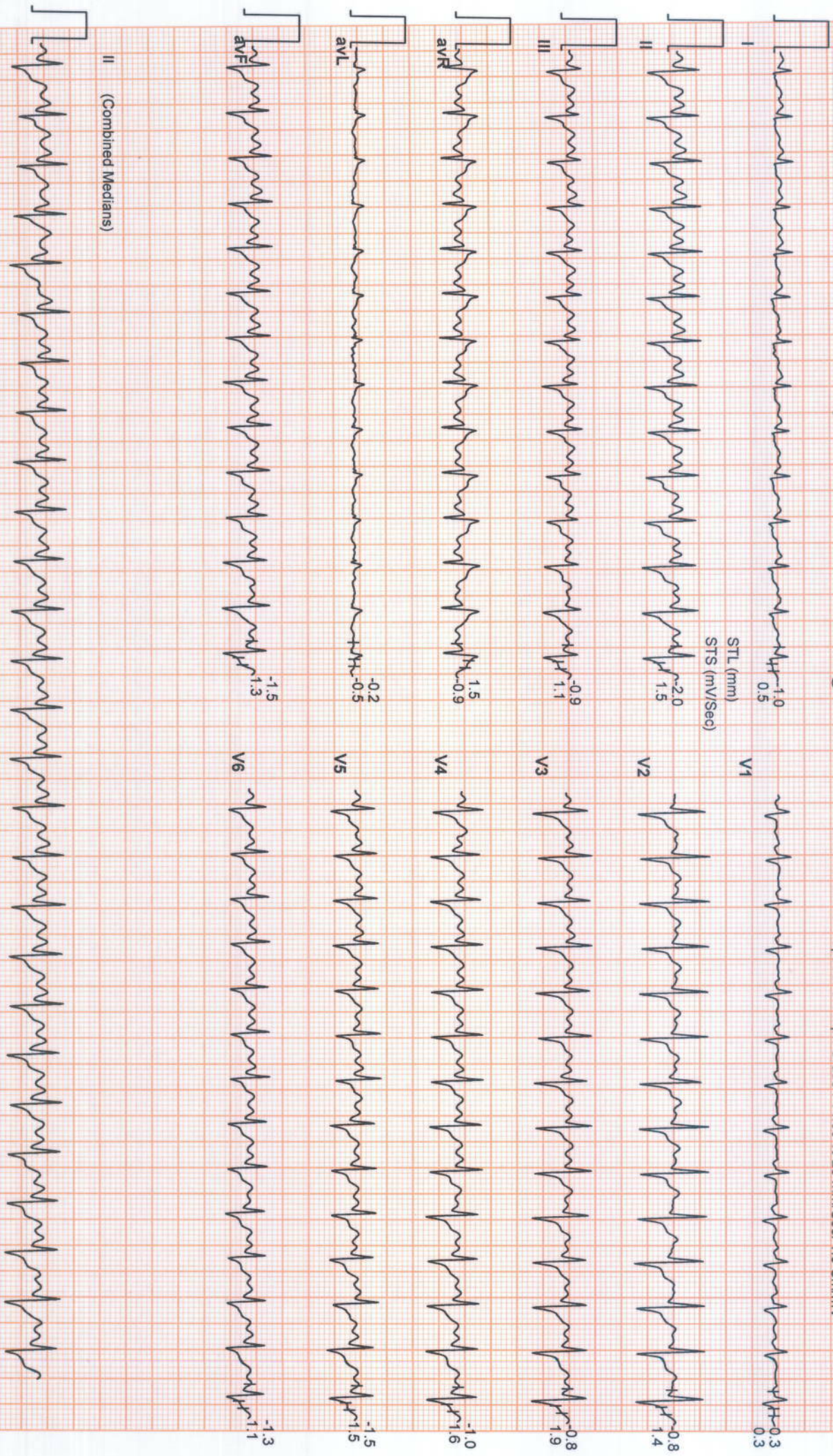
THANE GB  
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Date: 28 / 03 / 2022 11:08:13 AM METs : 8.3 HR : 164 Target HR : 85% of 193 BP : 140/80 Post J @60mSec

# 6X2 Combine Medians + 1 Rhythm



ExTime: 07:10 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIAGNOSTICS THANE GB

THANE GB

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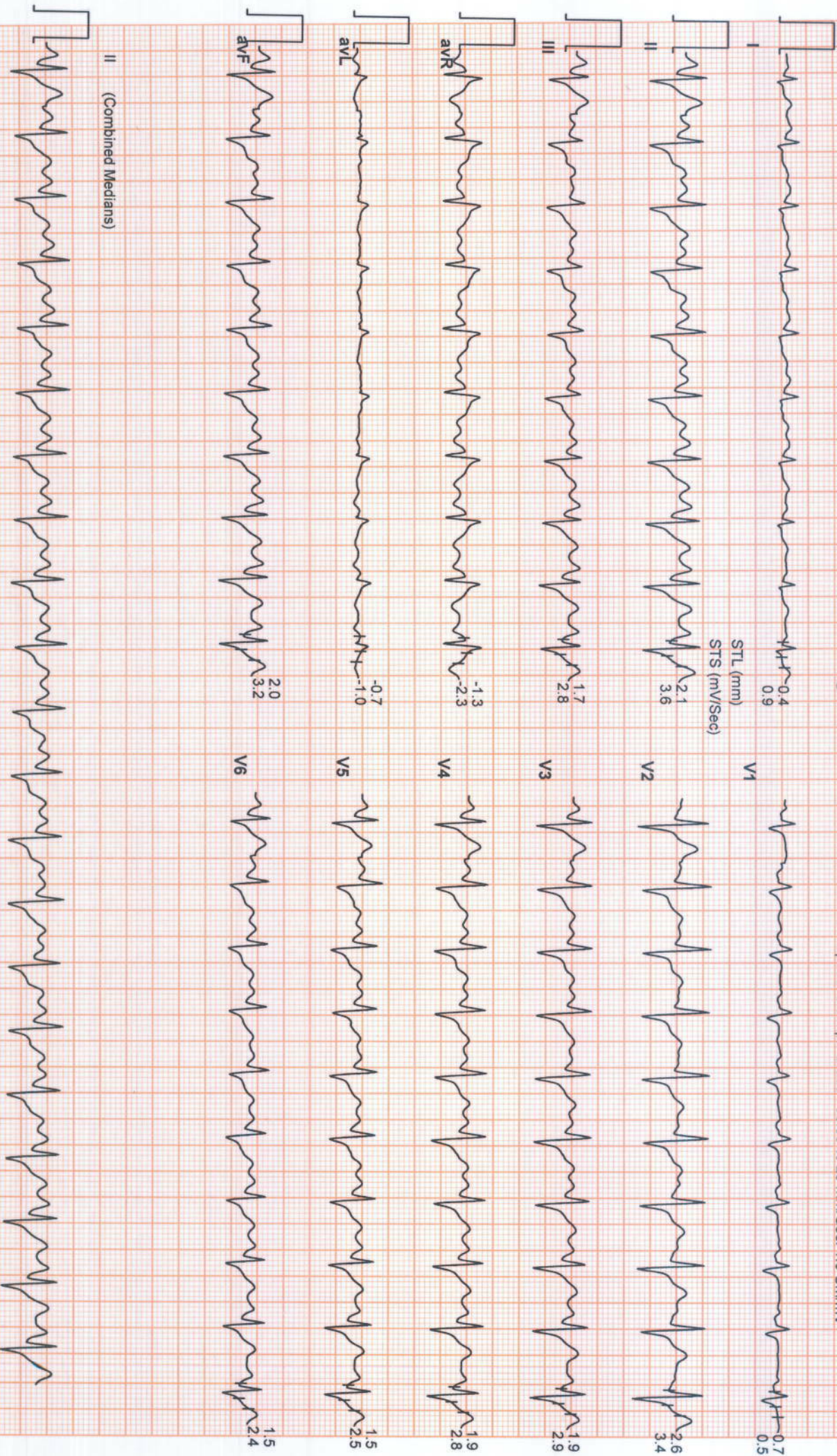
## 6X2 Combine Medians + 1 Rhythm

Recovery : ( 01:00 )



Date: 28 / 03 / 2022 11:08:13 AM METs : 1.1 HR : 125 Target HR : 65% of 193 BP : 140/80 Post J @80mSec

ExTime: 07:10 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIAGNOSTICS THANE GB

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140 / MEDHA SAKORIKAR / 27 Yrs / Female / 158 Cm / 69 Kg

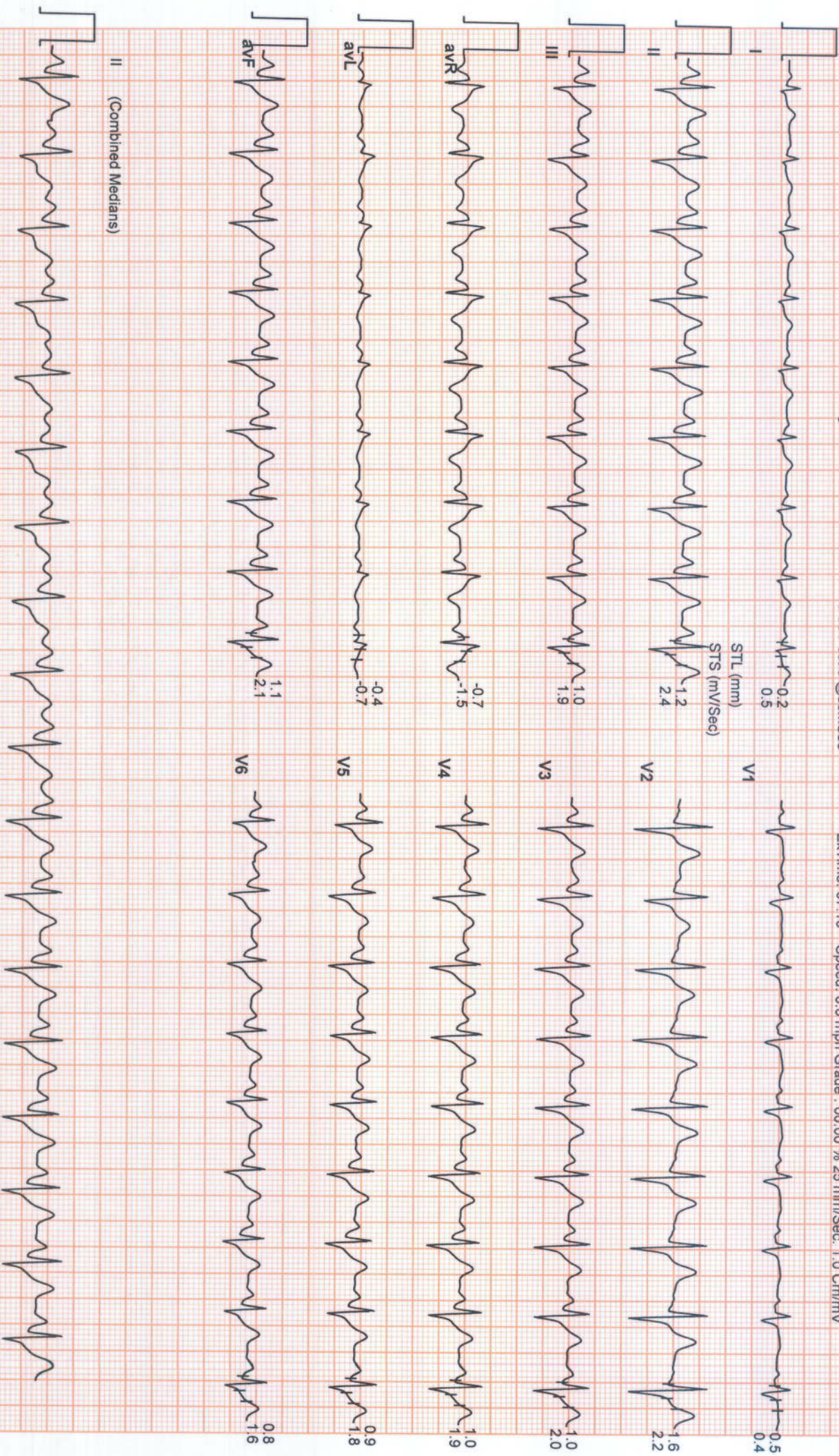
Date: 28 / 03 / 2022 11:08:13 AM METs : 1.0 HR : 109 Target HR : 56% of 193 BP : 140/80 Post J @80mSec

## 6X2 Combine Medians + 1 Rhythm

Recovery : ( 02:00 )



ExtTime: 07:10 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIAGNOSTICS THANE GB

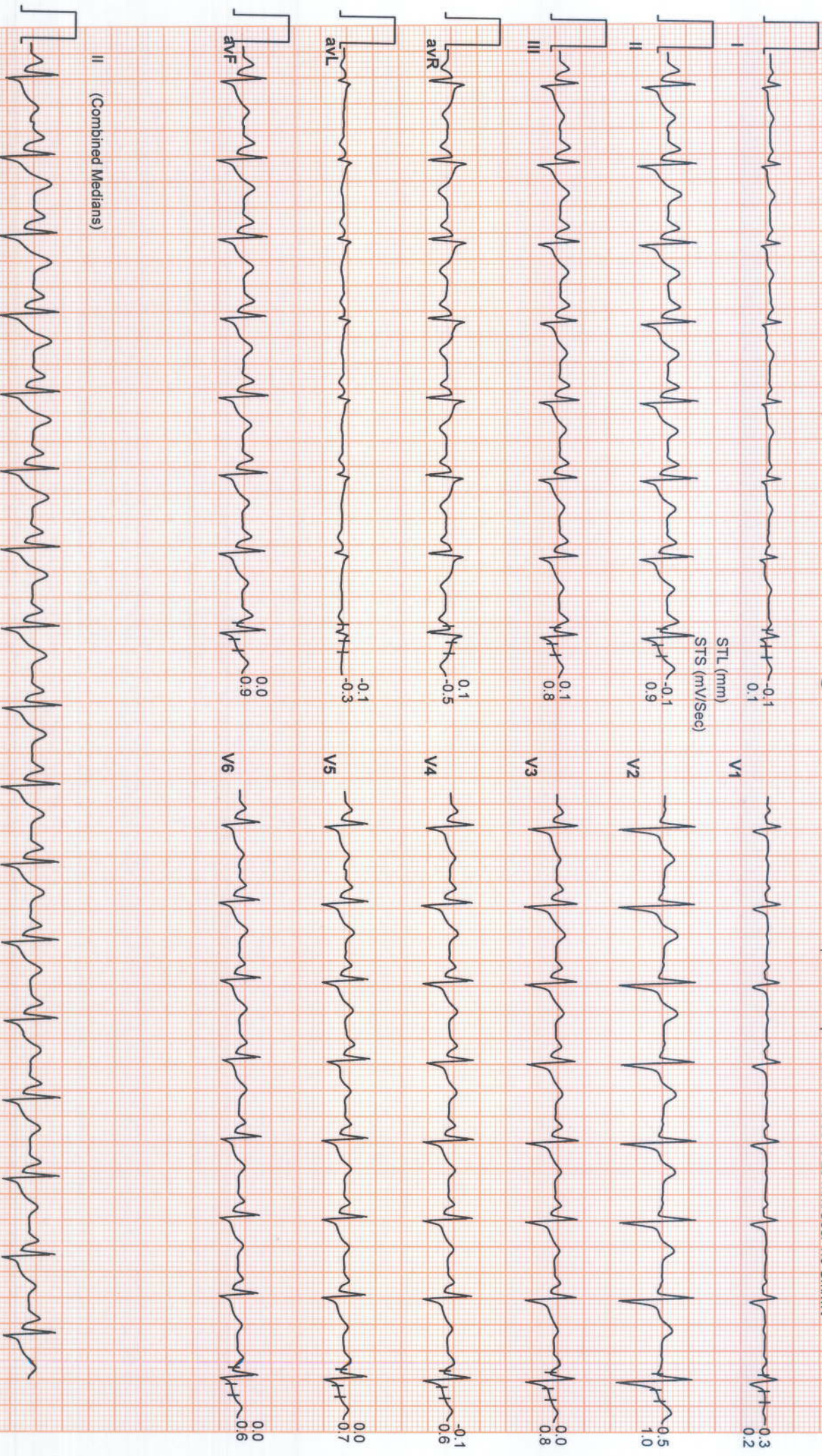
THANE GB  
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6X2 Combine Medians + 1 Rhythm  
Recovery : ( 04:00 )



Date: 28 / 03 / 2022 11:08:13 AM METs : 1.0 HR : 100 Target HR : 52% of 193 BP : 120/80 Post J @80mSec

ExTime: 07:10 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/rv



# SUBURBAN DIAGNOSTICS THANE GB

THANE GB

140 / MEDHA SAKORIKAR / 27 Yrs / Female / 158 Cm / 69 Kg

Date: 28 / 03 / 2022 11:08:13 AM METs : 1.0 HR : 100 Target HR : 52% of 193 BP : 120/80 Post J @80mSec

## 6X2 Combine Medians + 1 Rhythm



Recovery : ( 04:03 )

ExtTime: 07:10 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

