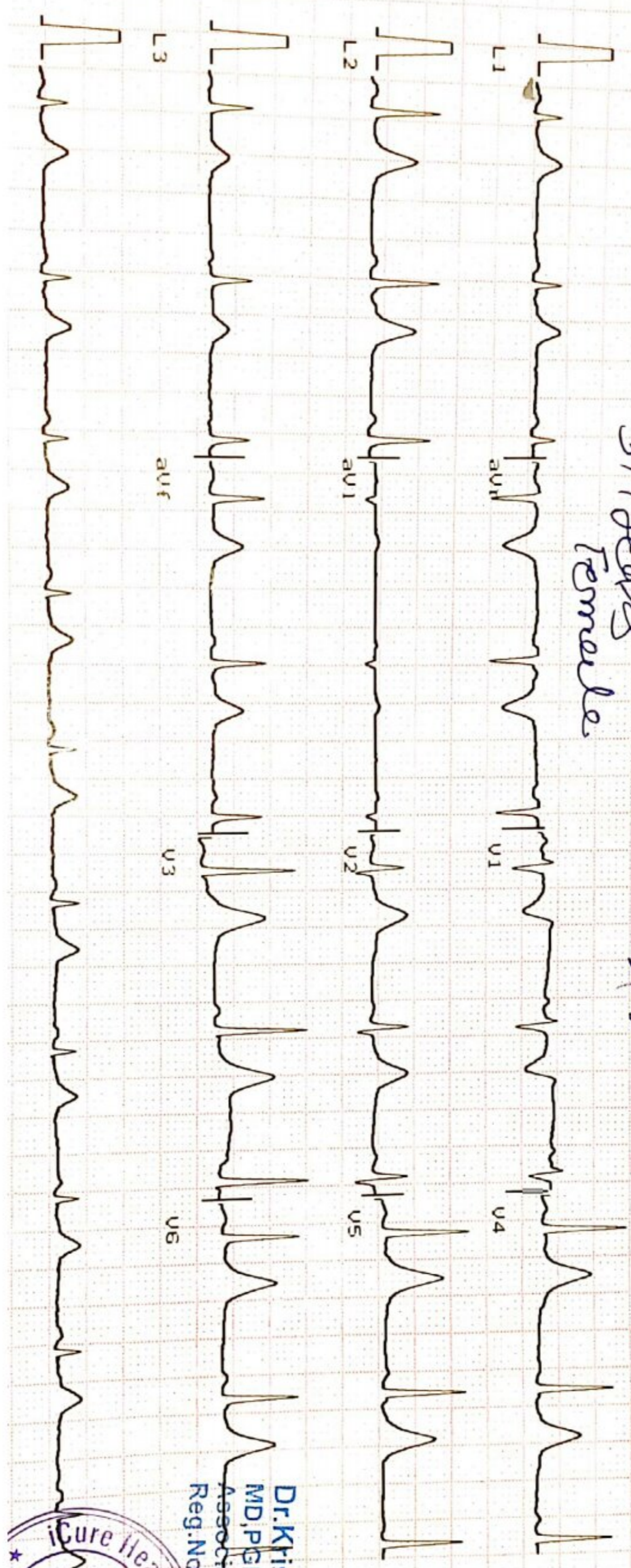


Name: _____
yrs _____ cm _____ Kg BP _____

Richa Kapil,
31 Years
Female

Pill



Heart Rate : 71 bpm

INTERVAL(ms)
PR:107 QRS: 45
QT:400 QTc:440
ST:137

AXIS(deg)
P : 26 QRS: 64
T : 50

Dr. Krish P. Valya
MD, PGDCC
Associate Consultant - Cardiology
Reg. No. G-50510





Shreeji Multispeciality Hospital

Inspiring better health...

Shreeji Occupational Centre Shreeji Pathology Laboratory

112F, Tower-A, Senate Square, Opp. Gangotri Apartment, Vuda Char Rasta, Gotri, Vadodara-390021.
M. : 9157022510, Email : shreejihospital19@yahoo.com, smh31082015@gmail.com

NAME	Richa Kapil	DATE	04/10/21
		SR. NO.	
		SEX.	31 Female
		AGE	
		HEIGHT	164 cm.
		WEIGHT	70 kg

HISTORY

Present History : NO
 Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy NO
 Past Occupational History :
 Family History : } NO
 Personal History : }
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol NO

GENERAL EXAMINATION

T.P.R. : 71 B.P. : 124/86 mm Hg :
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NAD

SYSTEMIC EXAMINATION

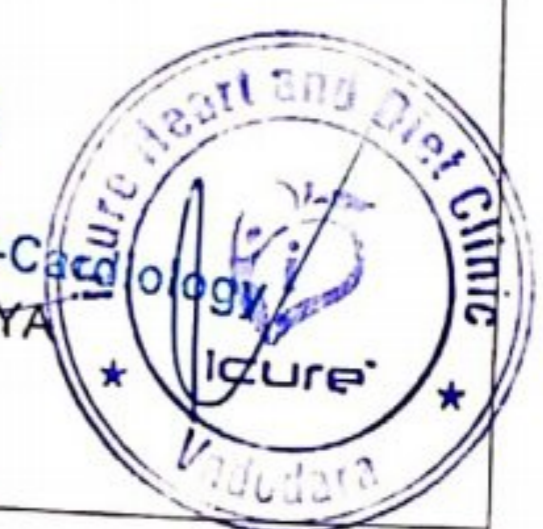
R.S. : }
 C.V.S. : } NAD
 C.N.S. : }
 A.S. : }
 Musculo-skelet System : }

E.N.T. Ex.	} NAD	ACUITY OF VISION		RT EYE	LT EYE
Dental Ex.		Without Glass	DISTANT	6/ 6	6/ 6
Skin Ex.			Near	6/ 6	6/ 6
Psychic Ex.		With Glass	DISTANT	6/ -	6/ -
	Near		6/ -	6/ -	
		COLOUR BLINDNESS		NO	

REMARK - NIL -
 ADVICE - NIL -

The Worker is FIT/UNFIT for the assigned job.

Dr. Krish P. Vaidya
 MD, PGDCC
 Associate Consultant - Cardiology
 Reg. No. G-50510
 DR. KRISHVAIDYA



MD G-50510, CIH

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	RICHA KAPIL
DATE OF BIRTH	10-04-1990
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	09-10-2021
BOOKING REFERENCE NO.	21D65964100005044S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. KAUSHIK UTSAV TRIBHUWAN
EMPLOYEE EC NO.	65964
EMPLOYEE DESIGNATION	IT
EMPLOYEE PLACE OF WORK	VADODARA,HO, ALKAPURI
EMPLOYEE BIRTHDATE	21-01-1990

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **01-10-2021** till **31-03-2022**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



बैंक ऑफ़ वड़ौदा
Bank of Baroda
India's International Bank

नाम
Name
उत्सव त्रिभुवन कौशिक
UTSAV TRIBHUWAN KAUSHIK
कर्मचारी कूट नं.
E.C. No. 65964



Utsav Kaushik
जारीकर्ता प्राधिकारी
Issuing Authority

Utsav Kaushik
धारक के हस्ताक्षर
Signature Holder's



Dr. Krish R. Vaidya
MD, PGDCO
Associate Consultant-Cardiology
Reg.No.G-50510

UNION OF INDIA Driving Licence (RJ) (NT)
RJ14 20140002844

जारी करने की तिथि Date of Issue 07/04/2014	वैधता / Validity 06/04/2034
जन्म तिथि Date of Birth 10/04/1990	Blood Group Unknown

नाम / Name
RICHA KAPIL
पिता/पति का नाम / Son/Daughter/Wife of
RAJEEV KAPIL

Y 689
 31 Yrs/F
 Kg / Ht- cms
 Ref. No.:

Date: 09/10/2021
 Time: 10:51 AM
 Ref By: Dr Yogesh Patel
 Protocol: M. Bruce

RICHA KAPIL

History:
 Medication:

Summary

Stage	Stg Time min:sec	Speed km/h	Grade %	METS	HR bpm	BP mmHg	RPP	PVCs
Pre Ex					89	120/80	107	
Standing				1	87	120/80	104	
Supine				1	86	120/80	103	
Hyp Vent				1	89	120/80	107	
S1	03:00			1	106	120/80	127	1
S2	03:00	2.7	05.0	4.2	116	130/90	151	1
S3	03:00	2.7	10.0	4.8	132	130/90	172	1
Peak Ex	02:17	4.0	12.0	6.9	157	140/100	220	1
Post Ex 1	02:00			1	103	130/90	134	1
Post Ex 2	00:30			1	103	120/80	124	1
Finish				1	95	120/80	114	1

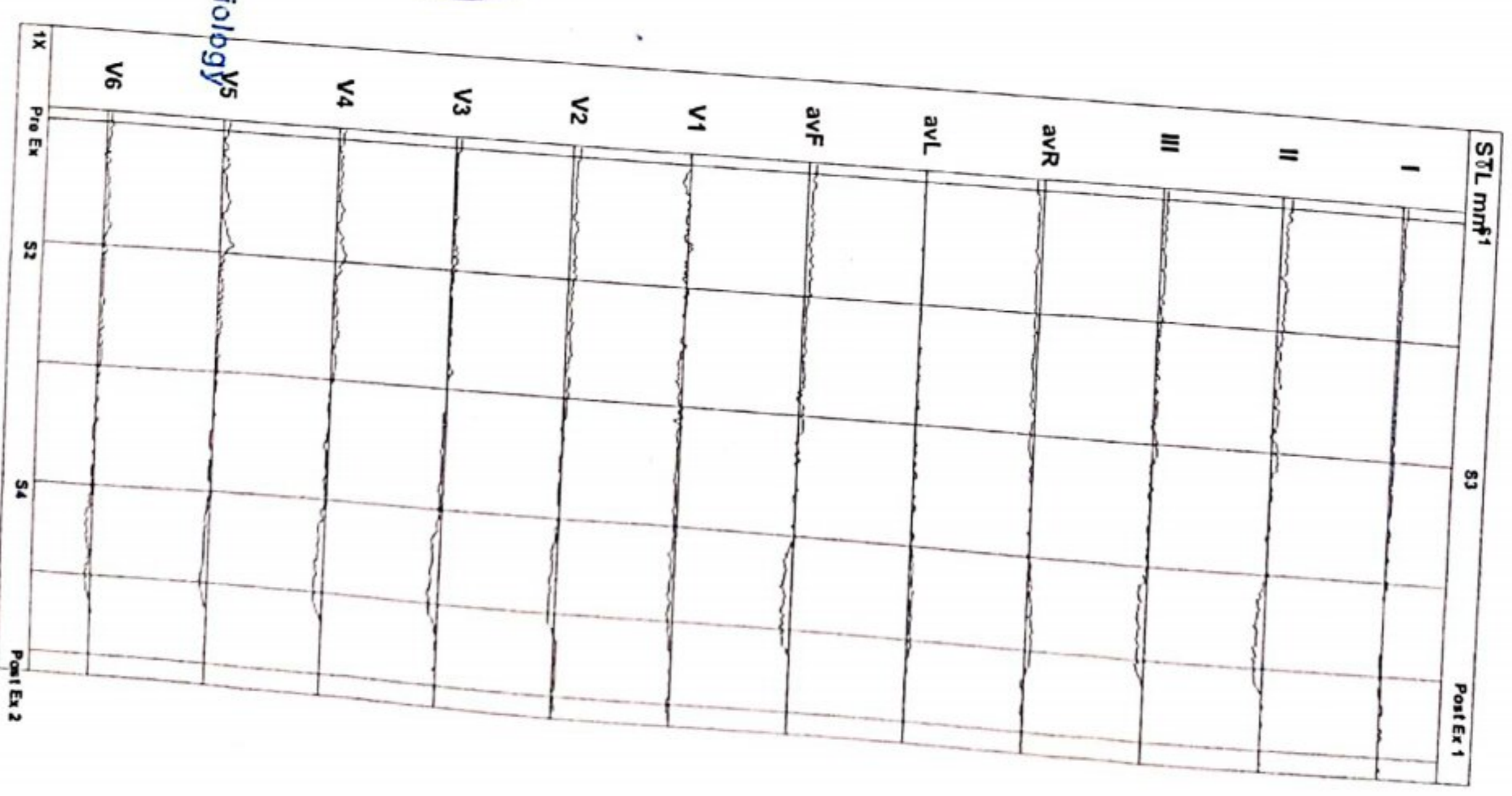
Findings: Exercise Time : 11:17 mins
 Max HR attained : 157 bpm 85 % of Target 189 bpm
 Max BP : 140/100mmHg
 Max Workload attained : 6.9 METs (Avg Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.



Dr. Krish P. Vaidya
 MD, DPOCC
 Associate Consultant-Cardiology
 Reg.No.G-50510

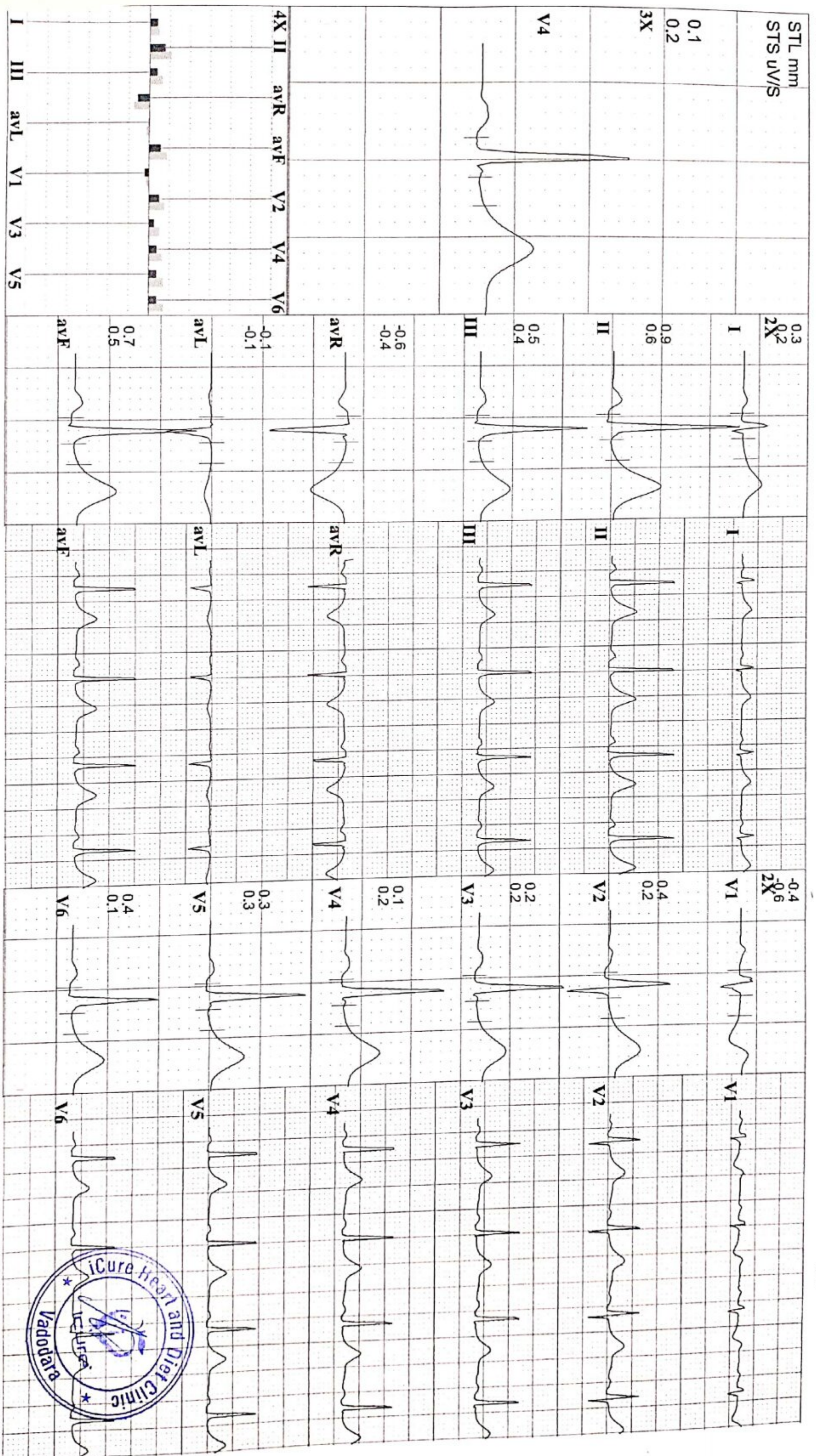
Dr. Krish Vaidya
 Reg No- 501055



Y 689 RICHA KAPIL
 31 Yrs/ F Kg / Hi- cms Ref.No.:
 Date: 09/10/2021 Time: 10:51 AM
 Post J: 75 mS

Speed: --- kmh Hr: 102 Target Hr: 53 % of 189 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: --- % Mts: 1 Ex Time: 00:10 BLC: On Sweep: 25 mm/S
 Protocol: M. Bruce BP: 120/80 mmHg Curr Time: 00:17 Notch On Median Sweep: 25 mm/S

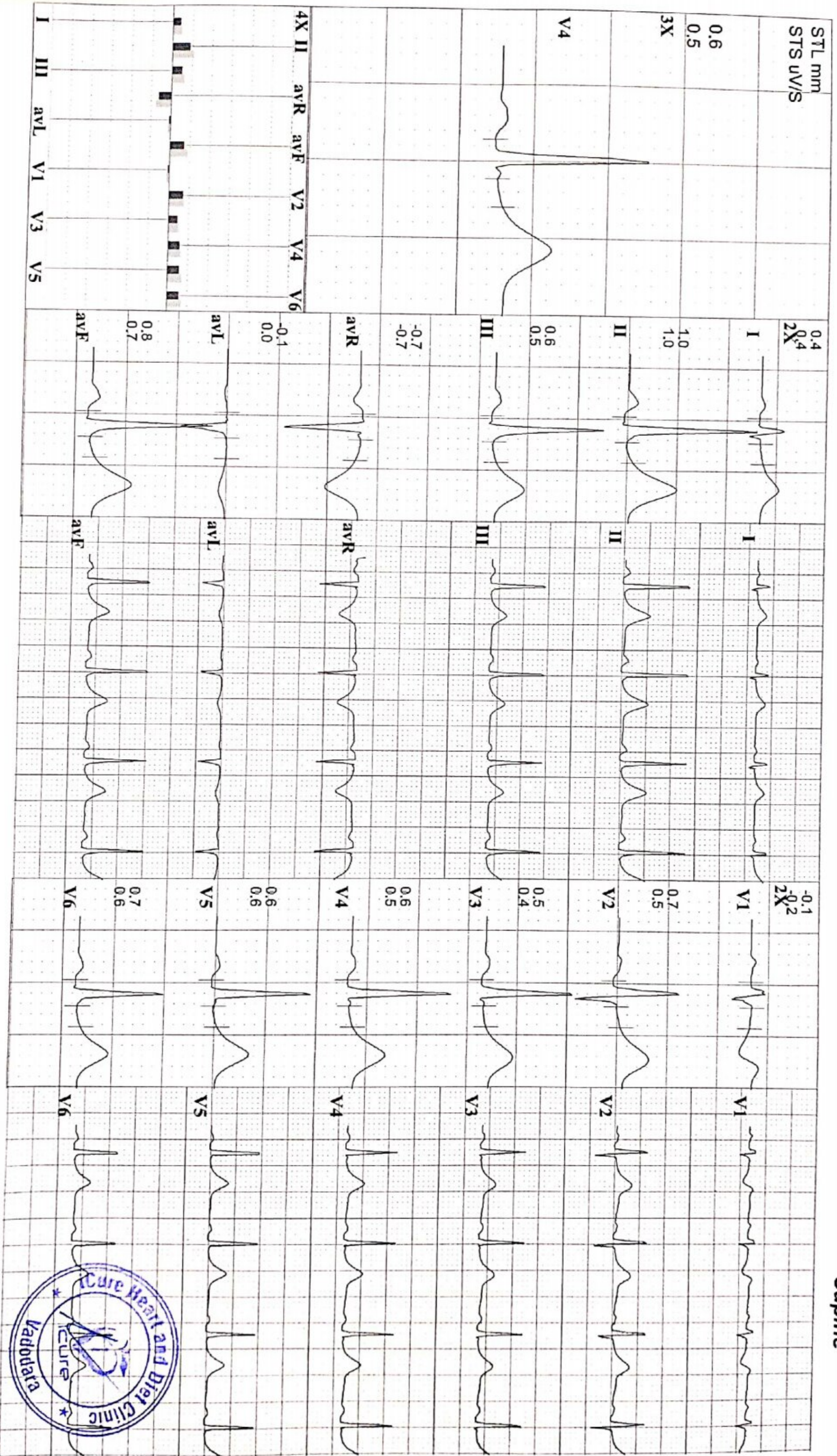
Linked Medians
 S1
 Hyp Vent



Y 689 **RICHA KAPIL**
 31 Yrs/ F Kg / Hi- cms Ref.No.:
 Date: 09/10/2021 Time: 10:51 AM
 Post J: 75 ms

Speed: --- kmh Hr: 87 Target Hr: 46 % of 189 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
 Protocol: M. Bruce BP: 120/80 mmHg Curr Time: 00:10 Notch On Median Sweep: 25 mm/s

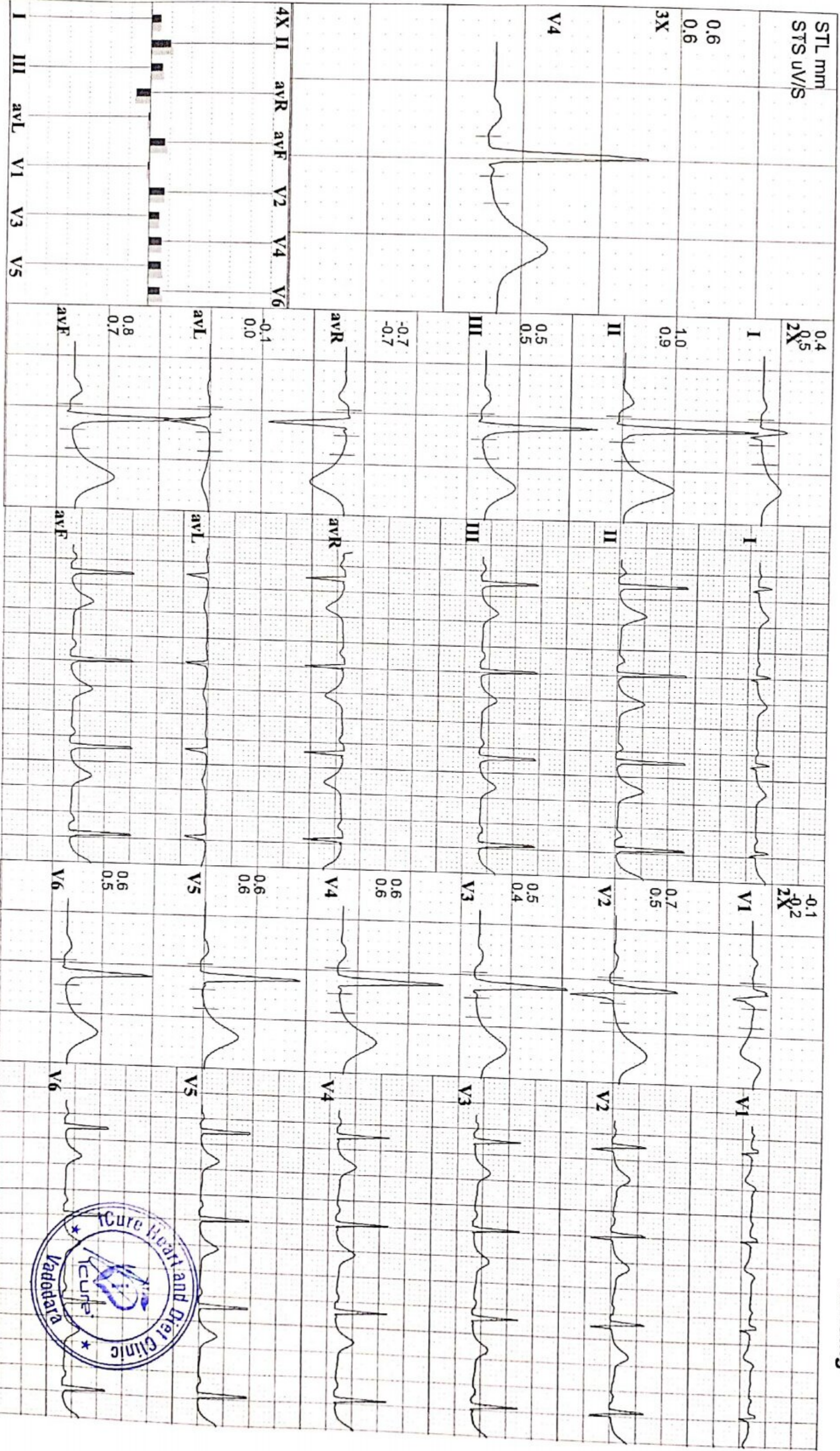
Linked Medians
Pre Ex
Supine



Y 689
 31 Yrs/ F
 Date: 09/10/2021 Time: 10:51 AM
 Post J: 71 ms

Speed: --- kmh Hr: 87
 Grade: --- % Mts: 1
 Protocol: M. Bruce BP: 120/80 mmHg Curr Time: 00:08

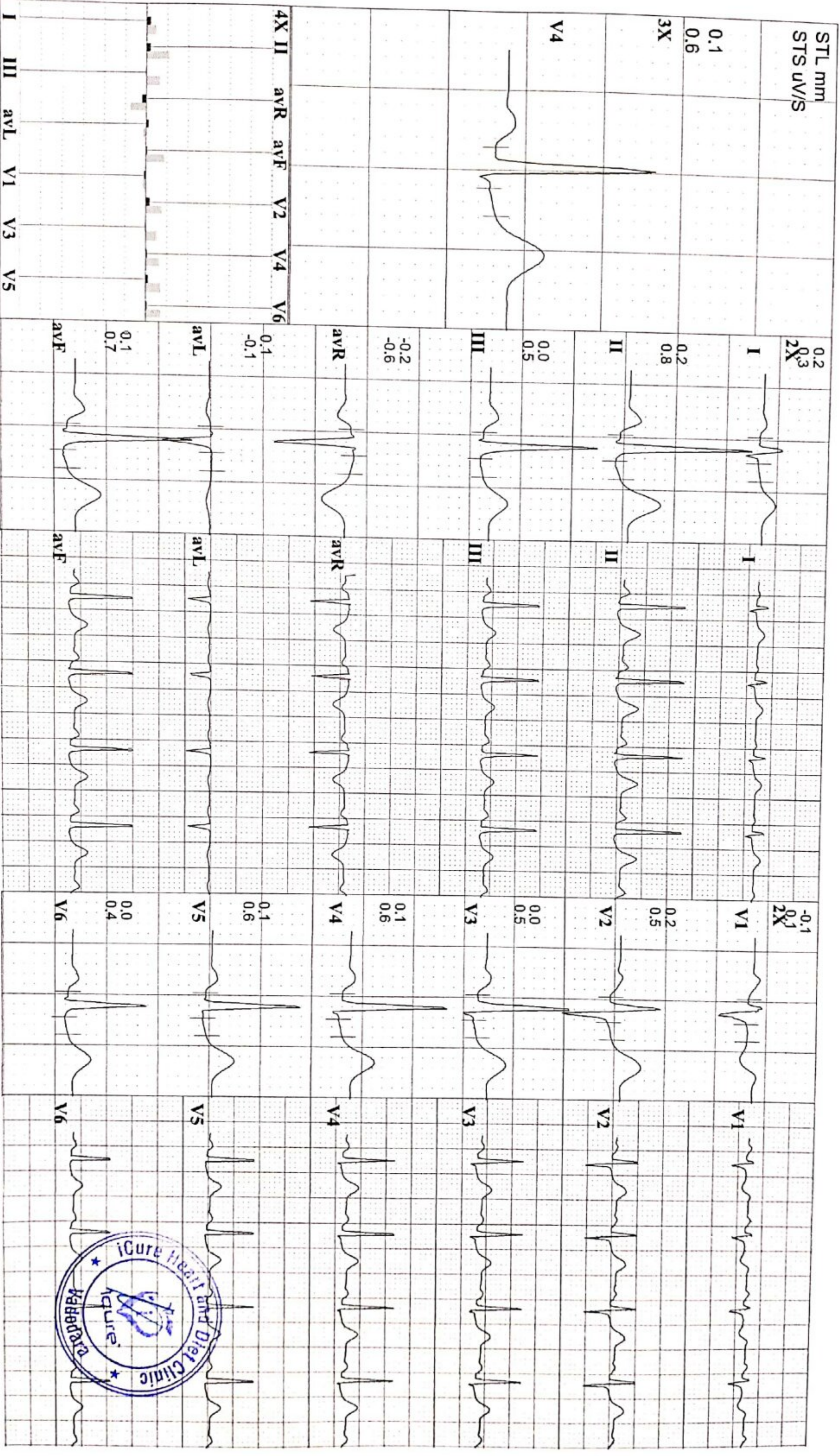
Linked Medians
 Pre Ex
 Standing



Y 689 **RICHA KAPIL**
31 Yrs/ F Kg / Ht- cms Ref.No.:
Date: 09/10/2021 Time: 10:51 AM
Post J: 70 mS

Speed: --- kmh Hr: 103 Target Hr: 54 % of 189 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: 11:17 BLC: On Sweep: 25 mm/s
Protocol: M. Bruce BP: 120/80 mmHg Cur Time: 13:54 Notch On Median Sweep: 25 mm/s

Linked Medians
Post Ex 2



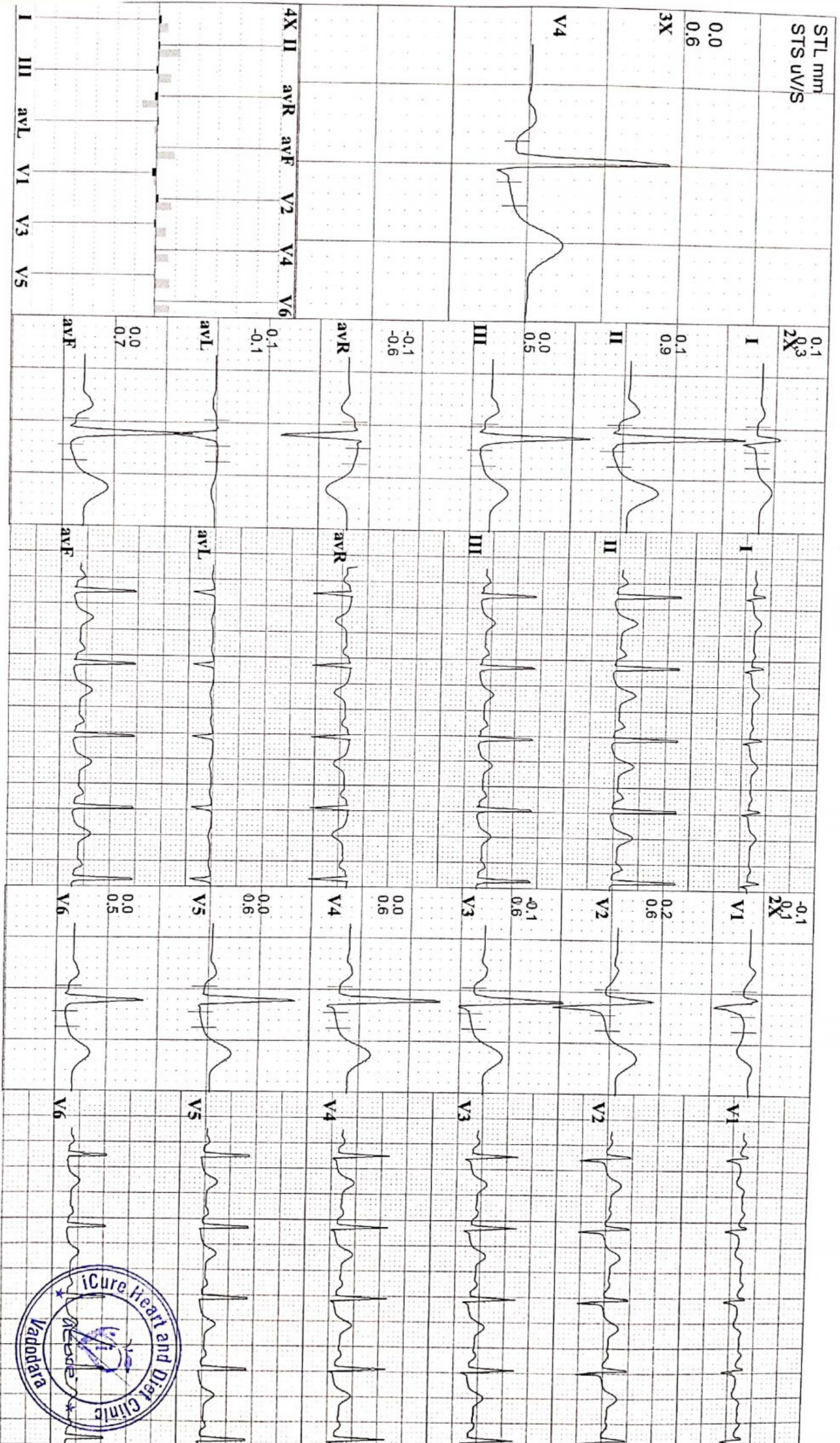
Y 689
31 Yrs/ F
Date: 09/10/2021 Time: 10:51 AM
Post J: 60 mS

RICHA KAPIL
Kg / Ht- cms
Ref.No.:

Speed: --- kmh Hr: 103
Grade: --- % Mets: 4
Protocol: M. Bruce BP: 130/90 mmHg
Curr Time: 13:24

Target Hr: 54 % of 189
Ex Time: 11:17
Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
BLC: On
Notch On
Sweep: 25 mm/s
Median Sweep 25 mm/s

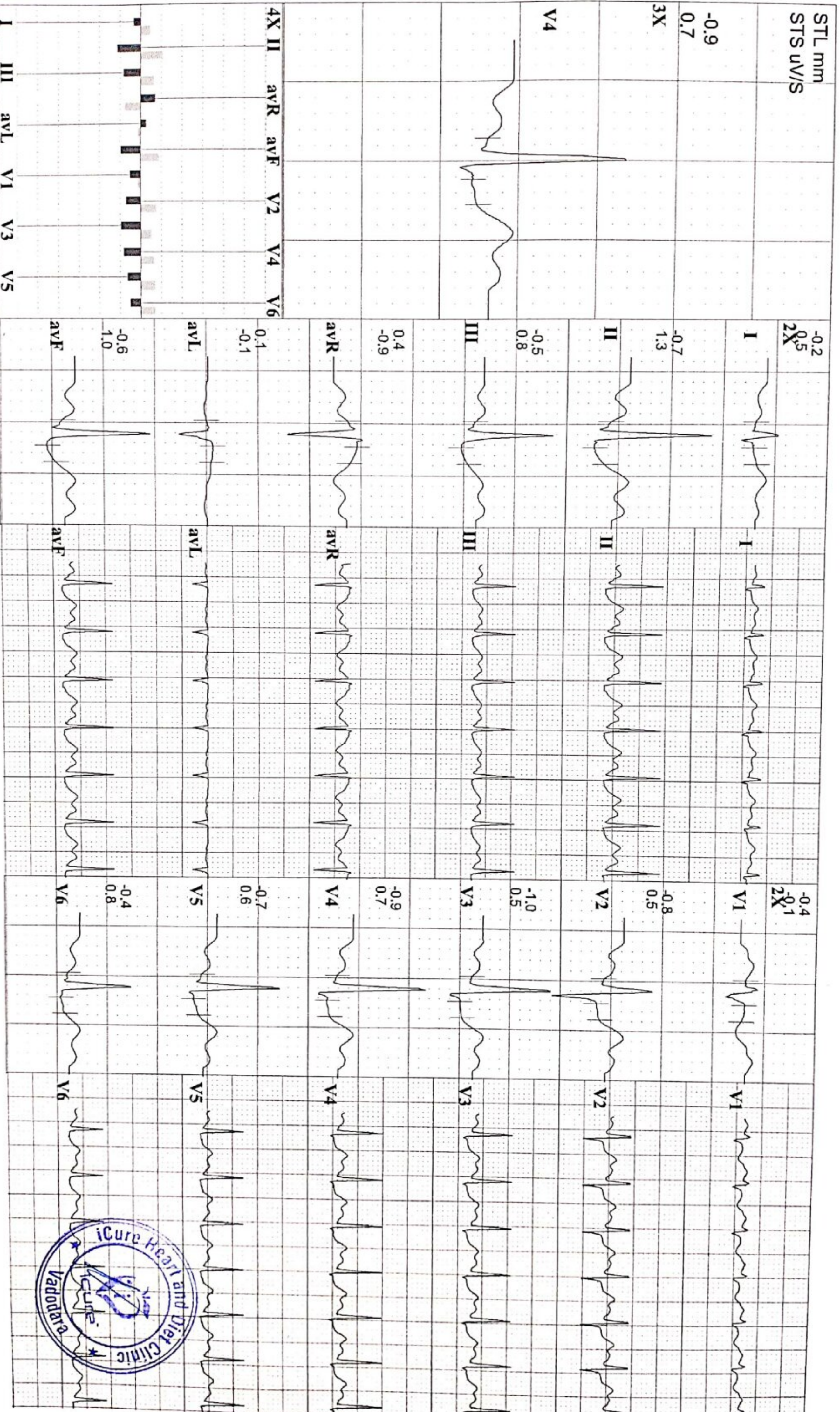
Linked Medians
Post Ex 1



Y 689 **RICHA KAPIL**
 31 Yrs/ F Kg / Ht- cms Ref.No.:
 Date: 09/10/2021 Time: 10:51 AM
 Post J: 63 mS

Speed: 4 kmh Hr: 157 Target Hr: 83 % of 189 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: 12 % Mets: 6.9 Ex Time: 11:17 BLC: On Sweep: 25 mm/s
 Protocol: M. Bruce BP: 140/100 mmHg Curr Time: 11:24 Notch On Median Sweep: 25 mm/s

Linked Medians
Peak Ex



Y 689
 31 Yrs/F
 Date: 09/10/2021 Time: 10:51 AM
 Post J: 68 ms

RICHA KAPIL

Kg / Ht- cms

Ref.No.:

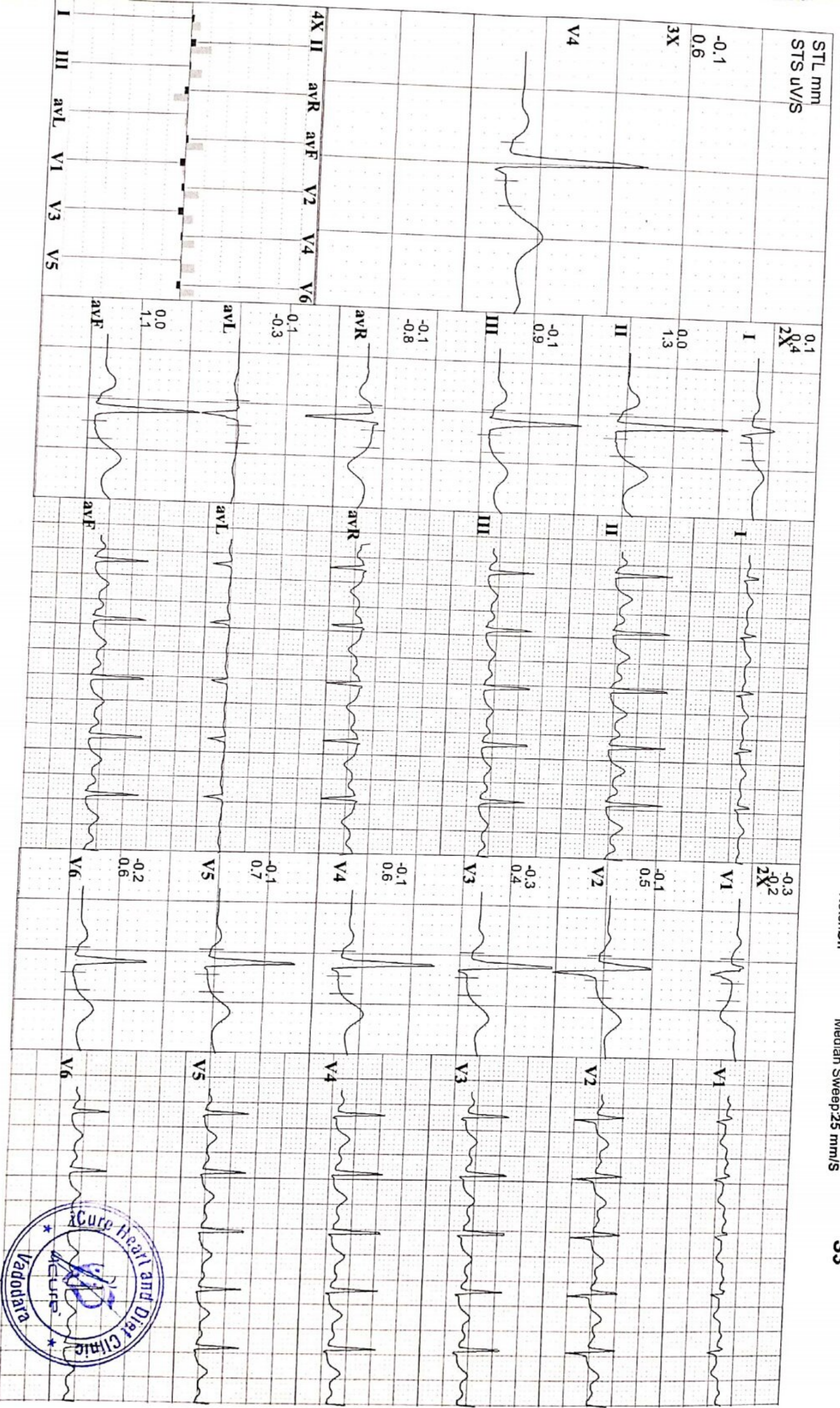
Speed: 2.7 kmh Hr: 132
 Grade: 10 % Mets: 4.8

Target Hr: 69 % of 189
 Ex Time: 09:00
 Protocol: M. Bruce BP: 130/90 mmHg Curr Time: 09:07

Filter: 0.1 - 100 Hz Gain:
 BLC: On
 Notch On

10 mm/mV
 Sweep: 25 mm/s
 Median Sweep: 25 mm/s

Linked Medians
S3



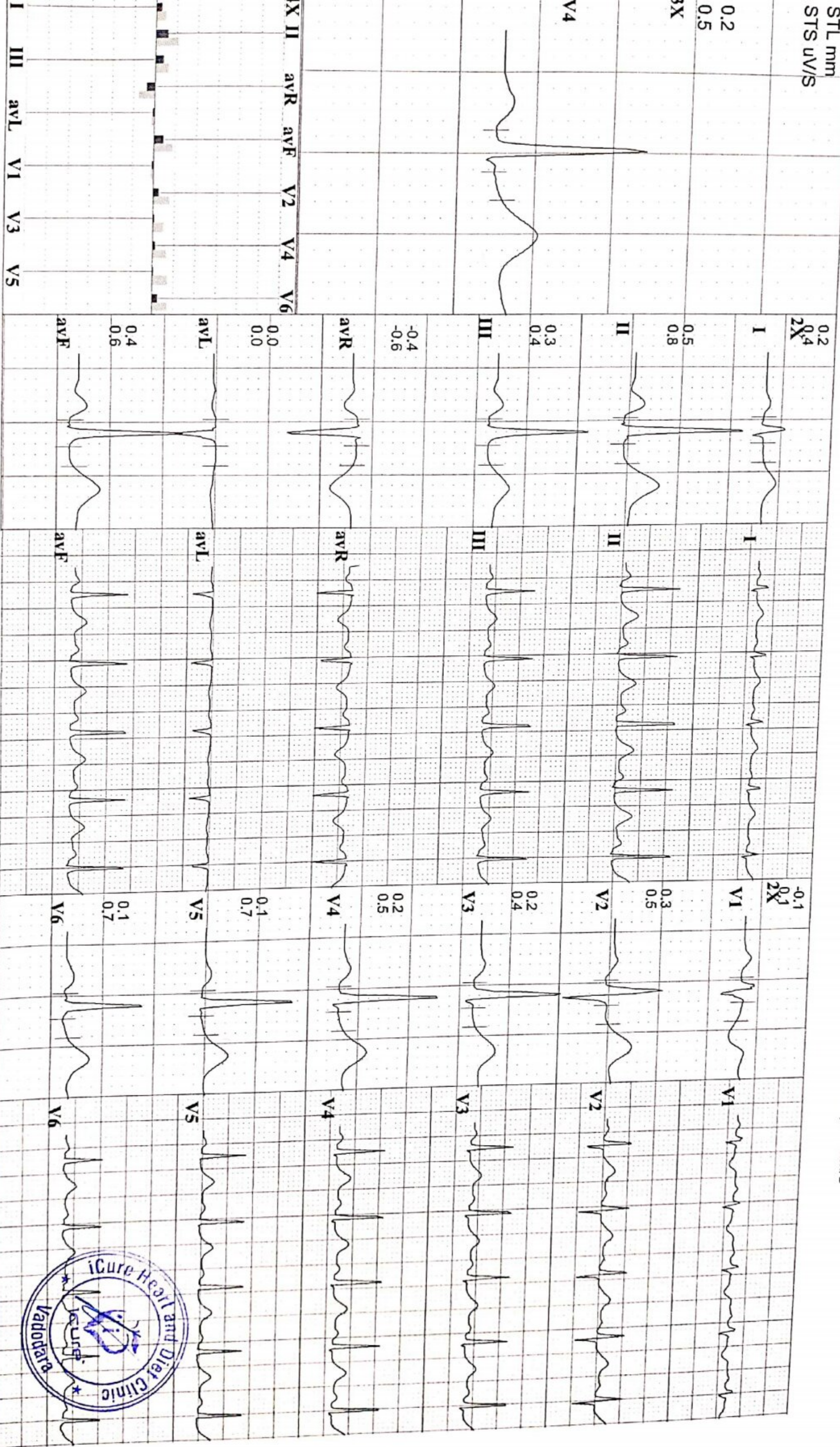
Y 689
 31 Yrs/ F
 Date: 09/10/2021 Time: 10:51 AM
 Post J: 71 ms

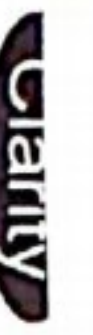
RICHA KAPIL
 Kg / Ht- cms
 Ref.No.:

Speed: 2.7 kmh Hr: 116
 Grade: 5% Melts: 4.2
 Protocol: M. Bruce BP: 130/90 mmHg
 Target Hr: 61% of 189
 Ex Time: 06:00
 Curr Time: 06:07

Filter: 0.1 - 100 Hz
 Gain: 10 mm/mV
 BLC: On
 Sweep: 25 mm/s
 Median Sweep: 25 mm/s
 Notch On

Linked Medians
 S2





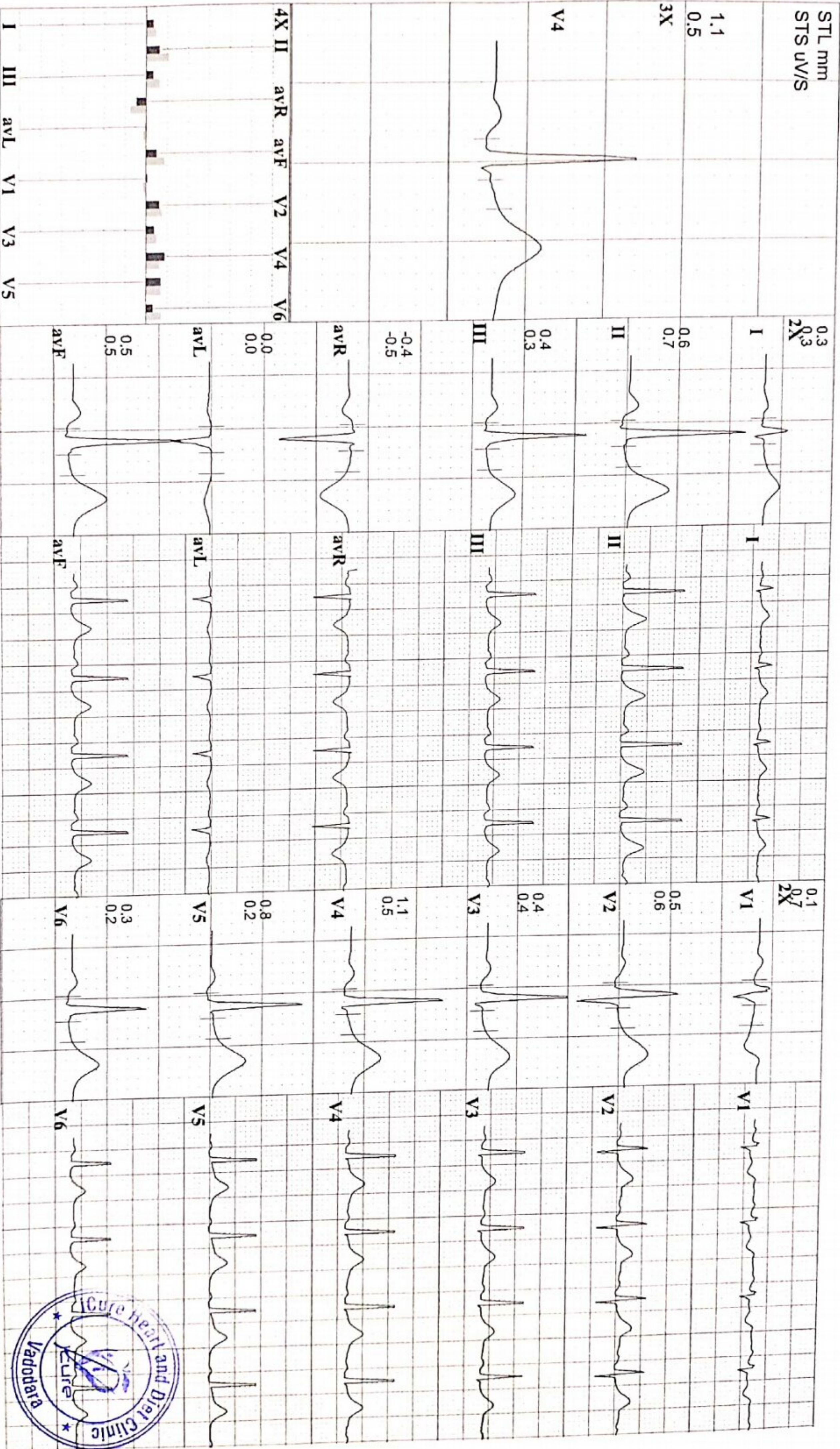
Cure Heart Care

402, Epsilon Tower, Race Course Road, Vadodara

Y 689 **RICHA KAPIL**
31 Yrs/ F Kg / Ht- cms Ref.No.:
Date: 09/10/2021 Time: 10:51 AM
Post J: 75 ms

Speed: --- kmh Hr: 106 Target Hr: 56% of 189 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mals: 1 Ex Time: 03:00 BLC: On Sweep: 25 mm/s
Protocol: M. Bruce BP: 120/80 mmHg Curr Time: 03:07 Notch On Median Sweep: 25 mm/s

Linked Medians
S1



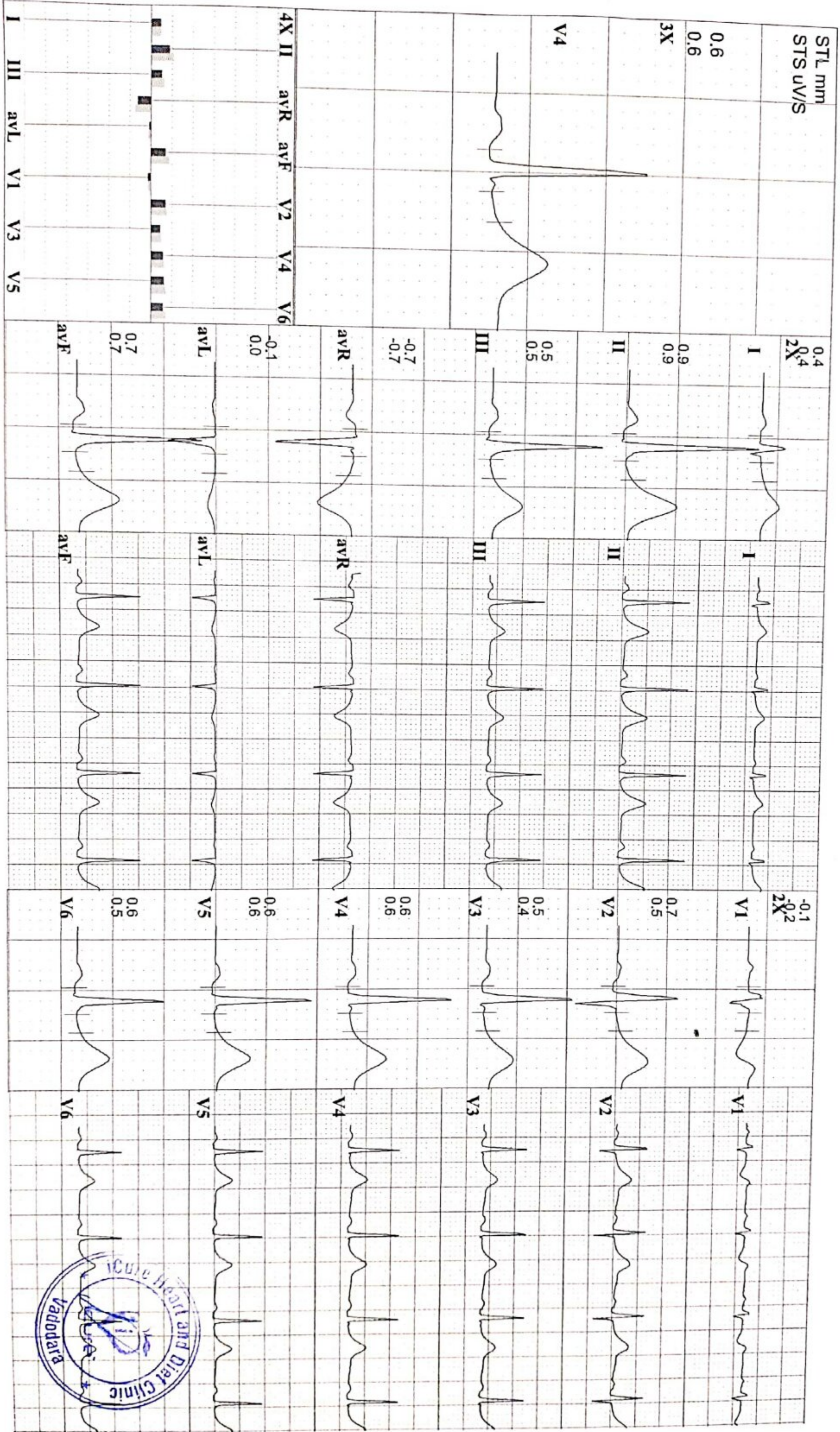


Advanced Care
 402, Epsilon Tower, Race Course Road, Vadodara

Y 689 **RICHA KAPIL**
 31 Yrs/ F Kg / Ht- cms Ref.No.:
 Date: 09/10/2021 Time: 10:51 AM
 Post J: 75 ms

Speed: --- kmh Hr: 88 Target Hr: 46 % of 189 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: --- % Met/s: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
 Protocol: M. Bruce BP: 120/80 mmHg Curr Time: 00:08 Notch: On Median Sweep: 25 mm/S

Linked Medians
 Pre Ex



Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name : RICHA KAPIL
Ref By : DR. KRISH VAIDYA

Age/Sex : 31 Yrs./F
Date : 09/10/2021
Report ID. : 12

HAEMOGRAM PROFILE

TEST	RESULT	UNIT	METHOD	REFERENCE INTERVAL
BLOOD COUNTS & INDICES				
Haemoglobin	: 12.30	gm%		12.0 - 16.0 gm%
Total RBC	: 5.20	mill/cmm		4.2 - 5.4 mill/cmm
PCV	: 42.00	%		37 - 47 %
MCV	: 80.76	fL		80 - 96 fL
MCH	: 23.65	pg		27 - 31 pg
MCHC	: 29.28	%		32 - 36 %
Total WBC	: 6,700	/cmm		4,000 - 11,000/cmm
Platelet Count	: 3,02,000	/cmm		1.5 - 4.0 Lac/cmm.
DIFFERENTIAL LEUCOCYTES COUNT				
Band Cells	: 00	%		00 - 06 %
Neutrophils	: 56	%		55 - 70 %
Lymphocytes	: 38	%		20 - 40 %
Eosinophils	: 04	%		01 - 06 %
Monocytes	: 02	%		02 - 08 %
Basophils	: 00	%		00 - 01 %
Platelet In Smear	: ADEQUATE			
ERYTHROCYTES SEDIMENTATION RATE				
ESR After 1st Hour	: 7	mm	Westergren	03 - 12 mm
Blood Group	: "B"			
Rh Factor (Anti D.)	: "POSITIVE"			

(By Fully Automated Cell Counter Sysmex KX - 21, Japan)

END OF REPORT




DR KRISH VAIDYA
MD, PGDCC
G-50510

Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name : RICHA KAPIL
Ref By : DR. KRISH VAIDYA

Age/Sex : 31 Yrs./F
Date : 09/10/2021
Report ID. : 12

BIOCHEMISTRY

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
Blood Urea	: 32.00	mg/dL	10 - 50 mg/dL
Serum Creatinine	: 0.90	mg/dL	0.6 - 1.4 mg/dL
Serum Uric Acid	: 4.60	mg/dL	2.4 - 5.7 mg/dL
<u>SERUM PROTEIN</u>			
Serum Protein Total	: 8.50	g/dL	6.6 - 8.3 g/dL
Albumin	: 4.80	g/dL	3.50 - 5.00 g/dL
Globulin	: 3.70	g/dL	2.3 - 3.5 g/dL
A/G Ratio	: 1.3	: 1	1.5 - 2.5 : 1
Bilirubin - Total	: 0.6	mg/dL	0.00 - 1.00 mg/dL
Bilirubin - Direct	: 0.2	mg/dL	Upto 0.30 mg/dL
Bilirubin - Indirect	: 0.4	mg/dL	0.1 - 1.0 mg/dL
SGPT	: 30.0	IU/L	10 - 40 IU/L
SGOT	: 32.0	IU/L	Upto 40 IU/L
Serum Alkaline Phosphatase	: 72.0	U/L	37 - 147 U/L
<u>LIPID PROFILE</u>			
Serum Cholesterol	: 132.00	mg/dL	130 - 200 mg/dL
Serum Triglyceride	: 89.00	mg/dL	60 - 165 mg/dL
HDL Cholesterol	: 40.00	mg/dL	30 - 70 mg/dL
LDL Cholesterol	: 74.20	mg/dL	Upto 150 mg/dL
VLDL	: 17.80	mg/dL	Upto 30 mg/dL
<u>FASTING (FBS)</u>			
Blood Glucose	: 82.0	mg/dL	70.00 - 110.00 mg/dL
Urine Glucose	: NIL		
<u>POST-PRANDIAL</u>			
Blood Glucose	: 102.0	mg/dL	80 - 140 mg/dL
Urine Glucose	: NIL		
<u>SPECIAL TESTS</u>			
GGTP	: 52	U/L	05 - 85 U/L
Gamma Glutamyltransferase			

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT




DR KRISH VAIDYA
MD, PGDCC
G-50510

 **iCure™**
Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name : RICHA KAPIL
Ref By : DR. KRISH VAIDYA

Age/Sex : 31 Yrs./F
Date : 09/10/2021
Report ID. : 12

THYROID FUNCTIONS

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
Total Triiodothyronine - T3	: 1.40	ng/mL	0.58 -1.59 ng/mL
Total Thyroxine - T4	: 6.20	ng/mL	4.87 - 11.72 microgram%
Thyroid Sti. Hormone -TSH	: 3.40	ng/mL	0.49 to 4.67 IU/mL

Hb A1C REPORT

Hb A1C - Glycated Hb Glycated Haemoglobin	: 4.8	%	Non Diabetic : 4.3 - 6.3 % Good Control : 6.4 - 7.5 % Moderate Control : 7.5 - 9.0 % Poor Control : 9.0 % & Above
Avg. Blood Glucose Level	: 94	mg/dL	
Estimated Average Glucose eAG	: 91	mg%	

END OF REPORT



DR KRISH VAIDYA
MD, PGDCC
G-50510

NAME : RICHA KAUSHIK

AGE : 31 Y/F

DATE : 09/10/2021

ULTRASONOGRAPHY OF WHOLE ABDOMEN

(Screening Only)

Liver is normal in size and echotexture and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter.

Common Bile Duct is of normal diameter.

Gallbladder is physiologically distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 101x44mm. Left kidney measures 104x55mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Uterus appears normal in size. Uterine myometrial echotexture is homogeneous. No focal lesion is seen. CET measures 6mm.

Both Ovaries appears normal in size & reflectivity. No evidence of any adnexal mass.

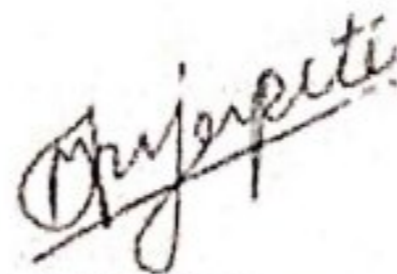
There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.



DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST





iCure™

Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : RICHA KAUSHIK	AGE : 31 Y/F	DATE :09/10/2021
----------------------	--------------	------------------

X RAY CHEST (PA)

OBSERVATIONS:

- Both the lung fields and apices appear clear.
- Both the hilar shadow appears normal.
- Cardiac silhouette appears normal.
- Both the costophrenic sinuses are clear.
- Mediastinal and tracheal shadows are normal.
- Both the domes of diaphragm are normal.
- Visualized rib cage and clavicle are normal.

COMMENTS:

- No significant abnormality is seen.

Mehul Prajapati

DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST





SHREEJI Multispeciality Hospital

Inspiring better health...

SHREEJI OCCUPATIONAL CENTRE SHREEJI PATHOLOGY LABORATORY

112F, Tower-A, Senate Square, Opp. Gangotri Apartment, Vuda Char rasta, Gotri, Vadodara-390021.
M. 9157022510, Email: shreejihospital19@yahoo.com, smh31082015@gmail.com

Name: RICHAKAPIL

Date 09/10/2021

Age / Sex : 31yrs/ Female

PAP SMEAR CYTOLOGY (CONVENTIONAL)

Specimen

Pap smear for cytology (conventional)

Gross Description

Received one unstained smear.
Smear-1 [PAP]

Microscopic Description

See below in diagnosis.

Diagnosis

Satisfactory for evaluation.
PAP Smears is negative for intra-epithelial lesion or malignancy.
Trichomonas or monilia are not seen.
Endo cervical cells are not seen.

PAP test is a screening test for cervical cancer with inherent false negative results.

----- End Of Report -----

All cytology tests reveal only cytological characteristics of individual cells and not architectural details which are very important in morphological diagnosis. All cytology methods have their own inherent limitations of false positive and false negative results due to variabilities related to sample collection methods, smear preparation, fixation and staining along with microscopic interpretation, hence whenever required tissue diagnosis and/or immunohistochemistry study after correlation with clinical and radiological findings should be done for further confirmation before any definitive medical or surgical treatment.

Dr. Krish P Vaidya
MD G-50510

