

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SURUCHI SHARMA
DATE OF BIRTH	28-04-1976
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	25-02-2023
BOOKING REFERENCE NO.	22M156589100040900S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SHARMA ASHISH
EMPLOYEE EC NO.	156589
EMPLOYEE DESIGNATION	BRANCH OPERATIONS
EMPLOYEE PLACE OF WORK	CORTALIM
EMPLOYEE BIRTHDATE	22-12-1974

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **08-02-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार
Government of India



सुरुचि शर्मा
Sunuchi Sharma
जन्म तिथि / DOB : 28/04/1976
महिला / Female



7295 7886 2981

मेरा आधार, मेरी पहचान



एकलोक विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता: अधीश्वरिणी आशीष शर्मा,
एफ.न-एस-1 पहला फ्लोर प्लॉट नं
84 कार्ले रेसिडेंस्य, योगमाया
अपार्टमेंट्स, बेनाउलिम, बेनाउलिम,
साउथ गोवा, सल्सते, गोवा, 403716

Address: W/O: Ashish Sharma, F.No-S-1
1st Floor Plot No 84 Karle Residency,
Yogmaya Apartments, Benaulim,
Benaulim, South Goa, Salcete, Goa,
403716

7295 7886 2981



1947



help@uidai.gov.in



www.uidai.gov.in



SAVAIKAR HOSPITAL & LAPAROSCOPY CENTRE



Warkhandem, Ponda, Goa 403 401

Hosp. Reg. No. T/0/412

Tel. No. 2312603, 2319202 OPD.: 2311031 Fax No. 2319870

website : www.savaikarhospital.com

email : drsavaikar@gmail.com



Patient : MRS. SURUCHI SHARMA

Age/Sex : 47/Female

UHID No : SHLC/27883

Date : 28.02.2023

Ref.by : DR.MEGHA SAVAIKAR

Bill No : 8267

Print Date : 28.02.2023 08:40:43 PM

HAEMATOLOGY REPORT

Test Done	Observed values	Ref. Range
COMPLETE BLOOD COUNT		
HAEMOGLOBIN (HB)	12.7 g/dl	M: 13.5 - 19.5 g/dl, F: 11.5 - 16.5 g/dl
TOTAL WBC COUNT	6,400 Cells/cu mm	4,000-10,500 /cu mm
DIFFERENTIAL COUNT		
STAB CELLS (IMMATURE NEUTROPHILS)	02 %	0 - 5 %
NEUTROPHILS	53 %	40 - 70 %
LYMPHOCYTES	36 %	20 - 45 %
EOSINOPHILS	05 %	1 - 4 %
MONOCYTES	04 %	2 - 8 %
BASOPHILS	00 %	0 - 1 %
PLATELETS	3,15,000 /cu mm	1,50,000 - 4,00,000 /cu mm
RBC COUNT	4.23 millions/cu mm	4.5 - 6.5 / cu mm
HCT	36.4 %	40 to 54 %

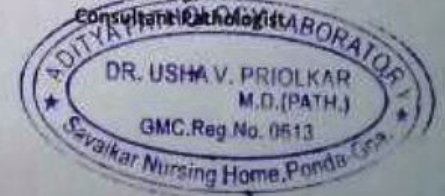
Test Done	Observed values	Ref. Range
COMPLETE BLOOD COUNT		
ESR	18 mm/hr	0 - 20 mm/hr

..... End of Report

CHECKED BY
[Signature]
LAB TECHNICIAN

[Signature]

DR. MRS. USHA V. PRIOLKAR
M.B.B.S., M.D.





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॥ अतिथीय संस्थान ॥

Patient : MRS. SURUCHI SHARMA

Age/Sex : 47/Female

UHID No : SHLC/27883

Date : 28.02.2023

Ref.by : DR.MEGHA SAVAIKAR

Bill No : 8267

Print Date : 28.02.2023 08:42:03 PM

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<u>FASTING BLOOD SUGAR</u>		
FASTING BLOOD SUGAR	98.6 mg/dl	60 to 110
<u>BLOOD SUGAR POST PRANDIAL</u>		
BLOOD SUGAR POST PRANDIAL	110.7 mg/dl	70 to 150 mg/dl
<u>HBA1C</u>		
HBA1C	7.30 %	Normal 0.0-6.0% Good Control 6.0-7.0% Fair Control 7.0-8.0% Poor Control 8.0-10.0% Unsatisfactory c

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<u>HBA1C</u>		
Mean Blood Glucose	162.77 mg%	100-140

..... End of Report

CHECKED BY
Shruti Upc
LAB TECHNICIAN

Priolkar
 DR. MRS. USHA V. PRIOLKAR
 M.B.B.S., M.D.
 Consultant Pathologist

 DR. USHA V. PRIOLKAR
 M.D.(PATH.)
 GMC.Reg.No. 0613
 Savaikar Nursing Home, Ponda-Goa.



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Patient : MRS. SURUCHI SHARMA

Age/Sex : 47/Female

UHID No : SHLC/27883

Date : 28.02.2023

Ref.by : DR.MEGHA SAVAIKAR

Bill No : 8267

Print Date : 28.02.2023 08:43:58 PM

BIOCHEMISTRY REPORT

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
LIPID PROFILE		
SERUM CHOLESTEROL	275.1 mg/dl	130 to 240 mg/dl
HDL CHOLESTEROL	52.8 mg/dl	M:35-80,F:42-88
SERUM TRIGLYCERIDES	143.7 mg/dl	0 to 200
VLDL CHOLESTEROL	28.74 mg/dl	0 - 35
LDL CHOLESTEROL	193.56 mg/dl	0 - 160
LDL/HDL CHOLESTROL (R)	3.66	0.0 - 4.0
TOTAL CHOL / HDL CHO	5.21	0.0 - 4.5

..... End of Report

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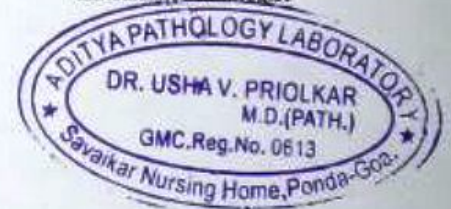
Shivakalpe
LAB TECHNICIAN

Priolkar

DR. MRS. USHA V. PRIOLKAR

M.B.B.S., M.D.

Consultant Pathologist



The Hospital for perfect health



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Patient : MRS. SURUCHI SHARMA

Age/Sex : 47/Female

UHID No : SHLC/27883

Date : 28.02.2023

Ref.by : DR.MEGHA SAVAIKAR

Bill No : 8267

Print Date : 28.02.2023 08:45:40 PM

BIOCHEMISTRY REPORT

Test Done	Observed values	Ref. Range
LIVER FUNCTION TEST WITH PROTEINS		
SGOT	27.8 U/L	5 - 40
SGPT	24.9 U/L	7 - 50
BILIRUBIN		
TOTAL	0.46 mg/dl	0.1 - 1.2
DIRECT	0.18 mg/dl	0.058 - 0.3
INDIRECT	0.28 mg/dl	0.2 - 0.7
ALKALINE PHOSPHATASE	68.9 U/L	53 - 128
SERUM PROTEIN		
TOTAL PROTEINS	7.31 gms %	6.0 - 8.5
ALBUMIN	3.99 gms %	3.2 - 5.5
GLOBULIN	3.32 gms %	2.1 - 3.3
A:G RATIO	1.20	1.5 - 2.1:1

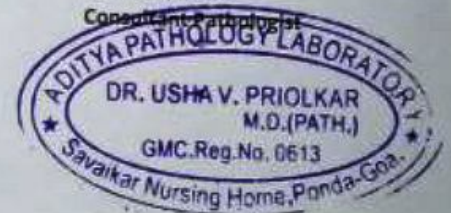
..... End of Report

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Shruti
LAB TECHNICIAN

Priolkar

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Age/Sex : 47/Female

UHID No : 5HLC/27883

Date : 28.02.2023

Ref.by : DR.MEGHA SAVAIKAR

Bill No : 8267

Print Date : 28.02.2023 08:41:37 PM

Test Done

Observed values

Ref. Range

BLOOD GROUP RH TYPING

BLOOD GROUP RH TYPING

'B' Rh Positive

BIOCHEMISTRY REPORT

Test Done

Observed values

Ref. Range

RENAL FUNCTION TEST

Blood Urea

22.1 mg/dl

15.0 - 40.0

BUN

10.3 mg/dl

5.0 - 21.0

CREATININE

0.84 mg/dl

0.5 - 1.5

URIC ACID

4.41 mg/dl

Male : 3.5 - 7.2, Female : 2.5 - 6.2

Test Done

Observed values

Ref. Range

GAMMA GT (GGT)

GAMMA GT (GGT)

18.6 U/L

M - <49, F - <32

..... End of Report

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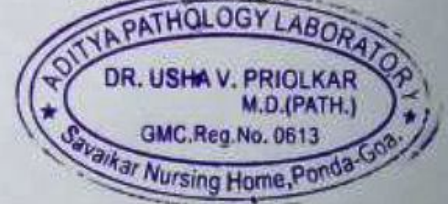
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Patient : MRS. SURUCHI SHARMA
 UHID No : SHLC/27883
 Ref.by : DR.MEGHA SAVAIKAR
 Bill No : B267

Age/Sex : 47/Female
 Date : 28.02.2023

Print Date : 28.02.2023 08:48:37 PM

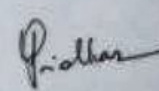
CLINICAL PATHOLOGY REPORT

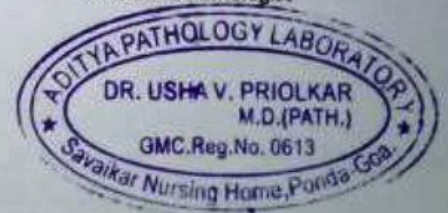
<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<u>URINE ROUTINE</u>		
<u>PHYSICAL EXAMINATION</u>		
Colour	Pale Yellow	
Odour	Fainty Aromatic	
Appearance	Slightly Hazy	
<u>CHEMICAL EXAMINATION</u>		
Reaction	6.0	5.5 - 7.5
Specific Gravity	1.015	1.010 - 1.025
Deposit	Absent	
Protein	Present (Trace)	
Sugar	Absent	
<u>MICROSCOPIC EXAMINATION</u>		
Pus Cells	8-10 /hpf	0 - 5 hpf
Epithelial Cells	2-3 /hpf	
RBC's	Nil /hpf	0 - 2hpf

..... End of Report

CHECKED BY

 LAB TECHNICIAN


 DR. MRS. USHA V. PRIOLKAR
 M.B.B.S., M.D.
 Consultant Pathologist





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Patient : MRS. SURUCHI SHARMA

Age/Sex : 47/Female

UHID No : SHLC/27883

Date : 28.02.2023

Ref.by : DR.MEGHA SAVAIKAR

Bill No : 8267

Print Date : 01.03.2023 10:43:57 AM

CLINICAL PATHOLOGY REPORT

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<u>STOOL REPORT</u>		
<u>PHYSICAL EXAMINATION</u>		
Colour	Brownish Yellow	
Consistency	Semi- Solid	
Mucus	Absent	
Blood	Absent	
<u>CHEMICAL EXAMINATION</u>		
Reaction	6.5	
Occult Blood	Negative	
Reducing Substances	Absent	
<u>MICROSCOPIC EXAMINATION</u>		
Epithelial Cells	1-2 /hpf	
Pus Cells	2-3 /hpf	
RBCs	Nil /hpf	
Ova	Absent	
cysts	Absent	
veg. forms	Present	
Bacteria	Absent	

..... End of Report

CHECKED BY
[Signature]
LAB TECHNICIAN

[Signature]

DR. MRS. USHA V. PRIOLKAR
M.B.B.S., M.D.
Consultant Pathologist

ADITYA PATHOLOGY LABORATORY
DR. USHA V. PRIOLKAR
M.D.(PATH.)
GMC.Reg.No. 0613
Savaikar Nursing Home, Ponda-Goa.



Authenticity Check
 Use a QR Code Scanner
 Application To Scan the Code

CID : 2305624638
 Name : MRS.SURUCHI SHARMA
 Age / Gender : 47 Years / Female
 Consulting Dr. : MEGHA SAVAIKAR
 Reg. Location : Margao, South Goa

Collected : 25-Feb-2023 / 14:30
 Reported : 25-Feb-2023 / 19:28

THYROID FUNCTION TEST

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
Total T3, Serum	1.7	1.3-3.1 nmol/l	ECLIA
NOTE: The unbound fraction of total T3 concentrations, free triiodothyronine (FT3) is metabolically active hence, more useful than measuring total T3 as altered levels of total T3 occur due to changes in T3 binding proteins, especially TBG as in case of normal pregnancy and steroid therapy.			
Total T4, Serum	89.0	66-181 nmol/l	ECLIA
NOTE: T4 circulates in the blood as an equilibrium mixture of free and protein bound hormone. FT4 is a better indicator of thyroid hormone action than Total T4 because it is not affected by changes in Thyroxine Binding Globulin (TBG) or other Thyroxine Binding Proteins like in illness, drug intake or pregnancy.			
sensitiveTSH, Serum	4.28	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA



Use a QR Code Scanner Application To Scan the Code

CID : 2305624638
 Name : MRS.SURUCHI SHARMA
 Age / Gender : 47 Years / Female
 Consulting Dr. : MEGHA SAVAIKAR
 Reg. Location : Margao, South Goa

Collected : 25-Feb-2023 / 14:30
 Reported : 25-Feb-2023 / 19:28

Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between high abnormal upto15 microlU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests:Anti thyroid Antibodies,USG Thyroid ,TSH receptor Antibody, Thyroglobulin, Calcitonin

Limitations:

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference:

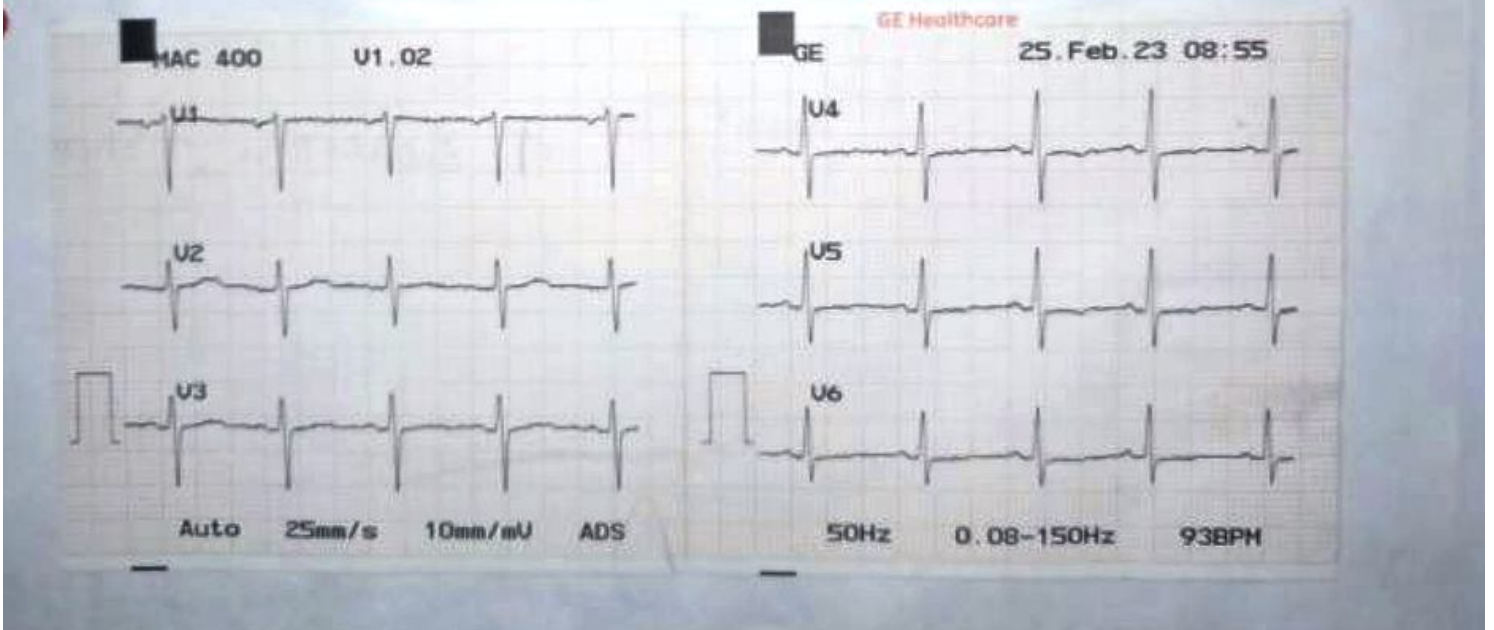
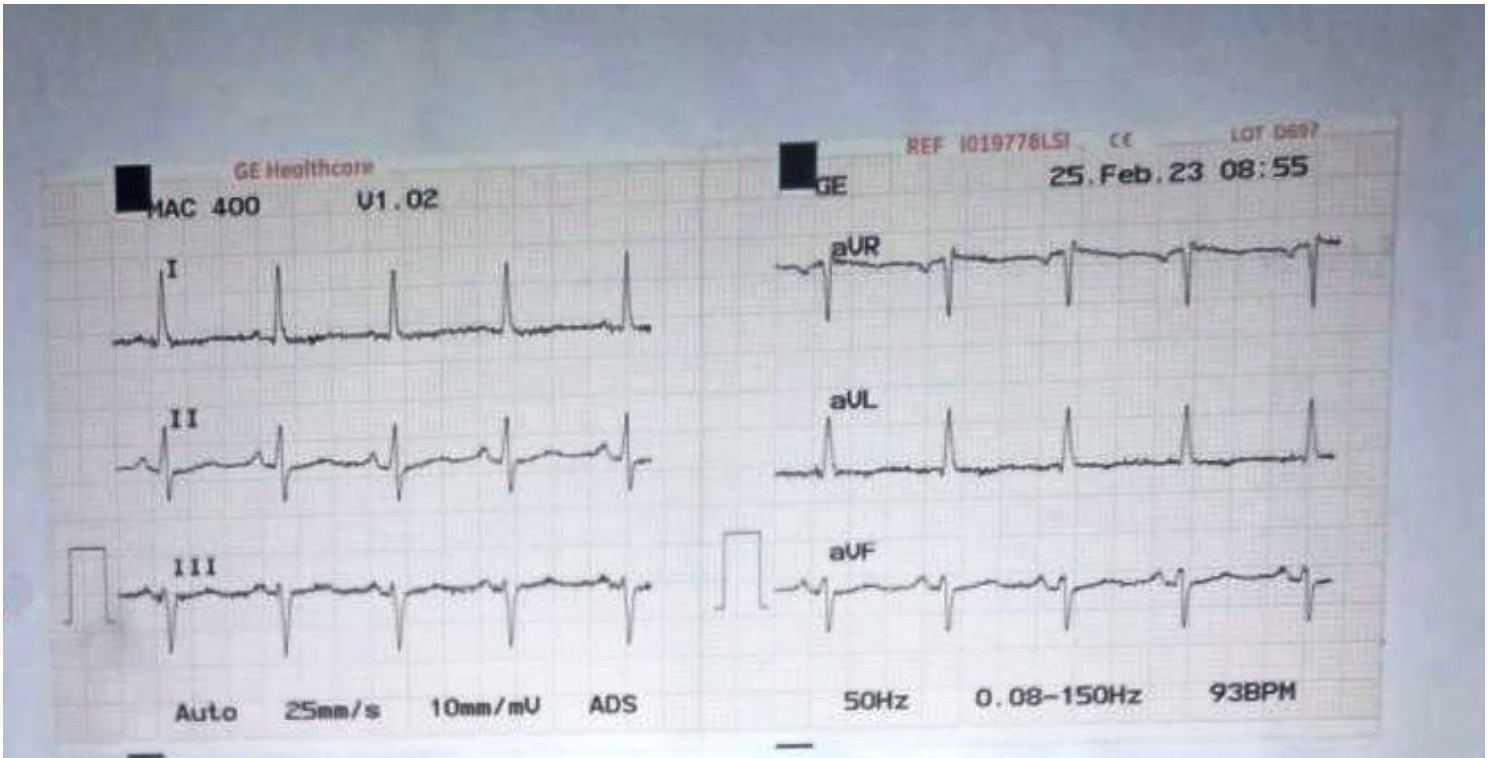
- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Goa Lab, Margao

*** End Of Report ***



[Signature]
Dr.VINEETH NAIR
M.D. (PATH)
Pathologist



REPORT

A trial rate _____ Voltage _____
 Ventricular rate _____ Electrical Position _____
 Axis Deviation _____ Rhythm _____
 P. Wave _____ PR _____
 O R S Interval _____
 ST Segment _____
 Transition _____
 T. Wave _____
 Q.T. Interval _____

Impression Ecg within normal
limits

D. N. K. S.

Dr. (Mrs.) LALANA V. BAKHALE
 M.B.B.S., M.D. (BOM)
 Consultant Physician Regd. No. 0920
 Ponda - Goa

ELECTRO CARDIOGRAM

Patient's Name SURUCHI SHARMA

Age _____ Clinical Diagnosis _____

Sex F Drug _____ B.P. _____

Address _____ Date 25/2/23

Referred By _____ Reg. No. _____



2D Echo:

23/02/2027

Normal chamber Dimensions.

No W4.

No apparent RWMA.

● small WEF = 63.49%.

All valves are structurally normal.

Normal LV function.

2A/IVS intact.

No pericardial effusion.

No MR.

● No AR. WOT gradient = 5 mmHg.

No TR.

Normal systolic & diastolic function.

D. R. Bokar

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email : drsavaikar@gmail.com

NAME: SURUCHI SHARMA
REF BY: HEALTH CHECK UP
DATE: 25/02/2023

RADIOGRAPH OF THE CHEST-PA VIEW

The trachea is central
The lung fields are clear
Both CP angles are clear
Cardiothoracic ratio is within normal limits
The rib cage is normal
Both the diaphragm contours are normal

With warm regards.

Dr. RESHMA DALVI
M.D, D.N.B (RADIO-DIAGNOSIS)



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॥ सविनायक सवायकार ॥

NAME: SURUCHI SHARMA

REF BY: HEALTH CHECK UP

DATE: 25/02/2023

SONOMAMMOGRAPHY- SCREENING

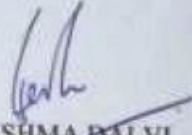
Real time USG of both the breasts was performed using a linear probe.
USG reveals

Breast parenchyma- FATTY

N obvious abnormality was seen in either breast

Both Axillae are grossly clear.

With warm regards.


DR. RESHMA DALVI
M.D, D.N.B (RADIOLOGIST)



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॥ आरोग्यम् धनसंपदा ॥

NAME: SURUCHI SHARMA

REF BY: HEALTH CHECK UP

DATE: 25/02/2023

ABDOMINO-PELVIC ULTRASONOGRAPHY- SCREENING

Screening usg of the abdomen was performed.

Liver- shows mild fatty infiltration . Calcific foci seen in the right lobe

Gallbladder- normal

Spleen , pancreas – normal

Kidneys- normal. No calculus or hydronephrosis

Urinary bladder- empty

No ascitis

With warm regards.


DR. RESHMA DALVI
M.D., D.N.B. (RADIO-DIAGNOSIS)



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website : www.savaikarhospital.com

email : drsavaikar@gmail.com



Date:- 25-01-2023

NAME:- Sanchi Sharma

AGE:- 47

SEX:- F

COMPANY NAME :- S Bank of Baroda

OPHTHALMIC EXAMINATION:

VISION	DISTANT		NEAR	
	RIGHT	LEFT	RIGHT	LEFT
VISUAL ACUITY				
WITH SPECTS				
WITHOUT SPECTS	6/6	6/6	N/6	N/6
COLOUR VISION	Normal			
SIGNS OF NIGHT BLINDNESS:- Yes / No			PHORIAS :- Nil	

Sanchi

SIGNATURE OF THE EMPLOYEE

The Hospital for perfect health



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Gynae check up.

Ref: Mrs. Suvuchi Sharma 47 F
M - 25 yrs.

Grs P2 + 2 Hbs. JL performed. After abortion.

no vaginal itch.

Menstrual history: 2-4 days / cycle
2-17-16-2-27

O/E. Gen. well.

Gynae. no slight vag

Slight vaginal discharge & occasional itching.

PIA - no lump. ab. fat + t.

P/S healthy discharge +

ut cx healthy.

Note
occasional
vaginitis

ut Rv. normal size

No signs of infection

Imp: Normal gynaecological
check up.

Sushi

Early Morning: - Tera water → 1 glass

Breakfast: - Veg Oats or Veg Dahiya → 1 Plate

Midmorning: - Chia Seed water → 1 glass
(1/2 tsp)

Lunch: - Veg Pulav → 1 Bowl
Curd → 1 cup

5:00 Pm: - Green tea → 1 cup
Any 2 seasonal fruits

7:00 Pm - 8:00 Pm Vegetable or Dal Soup → 1 Bowl
or Sprouts
Salad → 1 Bowl

(This is general cholesterol
lowering diet plan)

All Seasonal & local Vegetables can be
consumed

Regular exercise

Lower stress levels

Include high protein low fat diet

Use filtered oil