

CONCLUSION OF HEALTH CHECKUP

ECU Number : 6038
Age : 35
Weight : 69
Date : 28/09/2023

MR Number : 23215592
Sex : Male
Ideal Weight : 68

Patient Name: JAYKAR KISHORKUMAR
Height : 172
BMI : 23.32

Dyslipidemia

*Large J type
moderate*

*Tel MBSON SL (20)
129*



Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 6038

Age : 35

Weight : 69

Date : 28/09/2023

MR Number : 23215592

Sex : Male

Ideal Weight : 68

Patient Name : JAYKAR KISHORKUMAR

Height : 172

BMI : 23.32

Past H/O : NONE

Present H/O : NO PRESENT COMPLAINTS

Family H/O : BOTH PARENTS HEALTHY AND ALIVE

Habits : T. FDSON-- FORTE 1--0--0 (EVERY ALTERNATE DAY)

Gen.Exam. : NONE

B.P : 122/78 mm Hg

Pulse : 94/MIN REG

Others : SPO2 98 %

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :



ECU Number : 6038

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Weight : 69

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Sex : Male

Ideal Weight : 68

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Height : 172

BMI : 23.32

Ophthalmic Check Up :

Right

Left

Ext Exam

NIL

Vision Without Glasses

NA

NA

Vision With Glasses

6/6-3.75 SPH ! 90

6/6-3.75 SPH

Final Correction

N.6

N.6

Indus

NORMAL

Colour Vision

NOMAL

Advice

NIL

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



Patient Name : Mr. JAYKAR KISHORKUMAR GOKANI
 Gender / Age : Male / 35 Years 2 Months
 MR No / Bill No. : 23215592 / 242024712
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 162358
 Request Date : 28/09/2023 08:15 AM
 Collection Date : 28/09/2023 08:26 AM
 Approval Date : 28/09/2023 02:04 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	14.2	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	5.17	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	42.7	%	40 - 50
Mean Corpuscular Volume (MCV)	82.6	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	27.5	pg	27 - 32
MCH Concentration (MCHC)	33.3	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	12.3	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	36.9	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	6.85	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	52	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	03	%	1 - 6
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	3.60	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.80	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.17	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.26	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.02	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.1	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	320	thou/cmm	150 - 410
Remarks	This is cell counter generated CBC report, Smear review is not done		
ESR	14	mm/1 hr	0 - 10

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm diagnosis is made. Technically, results may be affected by hemolysis, lipemia, icterus, etc.

365 Days / 24 Hours Laboratory Services

Home Collection Facility Available
(Mon To Sat 8:00 am to 5:00 pm)



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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. JAYKAR KISHORKUMAR GOKANI
Gender / Age : Male / 35 Years 2 Months
MR No / Bill No. : 23215592 / 242024712
Consultant : Dr. Manish Mittal
Location : OPD

Type : OPD
Request No. : 162358
Request Date : 28/09/2023 08:15 AM
Collection Date : 28/09/2023 08:26 AM
Approval Date : 28/09/2023 09:24 AM

CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser + Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Ameet Soni
MD (Path)

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Retest / retest may be requested.



Patient Name : Mr. JAYKAR KISHORKUMAR GOKANI
 Gender / Age : Male / 35 Years 2 Months
 MR No / Bill No. : 23215592 / 242024712
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 162358
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 Approval Date : 28/09/2023 04:10 PM

haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
 - This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

Dr. Ameer Soni
MD (Path)

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. JAYKAR KISHORKUMAR GOKANI
Gender / Age : Male / 35 Years 2 Months
MR No / Bill No. : 23215592 / 242024712
Consultant : Dr. Manish Mittal
Location : OPD

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Approval Date : 28/09/2023 02:31 PM

Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	95	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	92	mg/dL	70 - 140

Hexokinase method on RXL Dade Dimension

--- End of Report ---

Dr. Rakesh Vaidya
MD (Path). DCP.

Test results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.



Patient Name : Mr. JAYKAR KISHORKUMAR GOKANI
 Gender / Age : Male / 35 Years 2 Months
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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	5.2	%	
estimated Average Glucose (e AG) *	102.54	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
- 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.



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 Approval Date : 28/09/2023 02:32 PM

Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.6	mg/dL	0 - 1
Bilirubin - Direct	0.1	mg/dL	0 - 0.3
Bilirubin - Indirect	0.5	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	17	U/L	15 - 40
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	36	U/L	16 - 63
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	58	U/L	53 - 128
<i>(By PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	36	U/L	15 - 85
<i>(By IFCC method on RXL Dade Dimension.)</i>			
Total Protein			
Total Proteins	8.0	gm/dL	6.4 - 8.2
Albumin	4.1	gm/dL	3.4 - 5
Globulin	3.9	gm/dL	3 - 3.2
A : G Ratio	1.05		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

--- End of Report ---

Dr. Rakesh Vaidya
MD (Path). DCP.



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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	130	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension)</i>			
< 150 Normal			
150-199 Borderline High			
200-499 High			
> 499 Very High)			
Total Cholesterol	211	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension)</i>			
<200 mg/dL - Desirable			
200-239 mg/dL - Borderline High			
239 mg/dL - High)			
HDL Cholesterol	49	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
< 40 Low			
> 60 High)			
Non HDL Cholesterol (calculated)	162	mg/dL	1 - 130
<i>Non- HDL Cholesterol</i>			
< 130 Desirable			
139-159 Borderline High			
160-189 High			
> 191 Very High)			
LDL Cholesterol	146	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
< 100 Optimal			
100-129 Near / above optimal			
130-159 Borderline High			
160-189 High			
> 189 Very High)			
VLDL Cholesterol (calculated)	26	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.98		2.1 - 3.5
T. Ch./HDL Ch. Ratio	4.31		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

--- End of Report ---

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MD (Path). DCP.



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 Gender / Age : Male / 35 Years 2 Months
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 Approval Date : 28/09/2023 02:31 PM

Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dada Dimension)	20	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	1.04	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	6.1	mg/dL	3.4 - 7.2

--- End of Report ---

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 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 162358
 Request Date : 28/09/2023 08:15 AM
 Collection Date : 28/09/2023 08:26 AM
 Approval Date : 28/09/2023 02:31 PM

Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
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Triiodothyronine (T3)	1.03	ng/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4
 1-11 months : 0.1 - 2.45
 1-5 years : 0.1 - 2.7
 6-10 years : 0.9 - 2.4
 11-15 years : 0.8 - 2.1
 16-20 years : 0.8 - 2.1
 Adults (20 - 50 years) : 0.7 - 2.0
 Adults (> 50 years) : 0.4 - 1.8
 Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroxine (T4)	11.53	mcg/dL	
----------------	-------	--------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6
 1-2 weeks : 9.8 - 16.6
 1 - 4 months : 7.2 - 14.4
 4 - 12 months : 7.8 - 16.5
 1-5 years : 7.3 - 15.0
 5 - 10 years : 6.4 - 13.3
 10 - 20 years : 5.6 - 11.7
 Adults / male : 4.6 - 10.5
 Adults / female : 5.5 - 11.0
 Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroid Stimulating Hormone (US-TSH)	2.03	microIU/ml	
--------------------------------------	------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39
 2-20 weeks : 1.7 - 9.1
 5 months - 20 years : 0.7 - 6.4
 Adults (21 - 54 years) : 0.4 - 4.2
 Adults (> 55 years) : 0.5 - 8.9

Pregnancy:

1st trimester : 0.3 - 4.5
 2nd trimester : 0.5 - 4.6
 3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Backcheck / retest may be requested.

— End of Report —

Dr. Rakesh Vaidya
 MD (Path). DCP.



Patient Name : Mr. JAYKAR KISHORKUMAR GOKANI
 Gender / Age : Male / 35 Years 2 Months
 MR No / Bill No. : 23215592 / 242024712
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 162358
 Request Date : 28/09/2023 08:15 AM
 Collection Date : 28/09/2023 08:26 AM
 Approval Date : 28/09/2023 12:02 PM

Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	6.0		
Specific Gravity	1.025		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Trace		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	1 - 5	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

Dr. Ameer Soni
MD (Path)



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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23215592 Report Date : 28/09/2023
 Request No. : 190082538 28/09/2023 8.15 AM
 Patient Name : Mr. JAYKAR KISHORKUMAR GOKANI
 Gender / Age : Male / 35 Years 2 Months

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

X-Ray Chest AP

Both lung fields are clear.
 Both costophrenic sinuses appear clear.
 Heart size is normal.
 Hilar shadows show no obvious abnormality.
 Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
 • NOT VALID FOR MEDICO-LEGAL PURPOSES
 • CLINICAL CORRELATION RECOMMENDED

Priyanka

Dr. Priyanka Patel, MD.
 Consultant Radiologist





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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23215592 Report Date : 28/09/2023
Request No. : 190082565 28/09/2023 8.15 AM
Patient Name : Mr. JAYKAR KISHORKUMAR GOKANI
Gender / Age : Male / 35 Years 2 Months

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and echopattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

COMMENT:

- No obvious abnormality seen.

Kindly correlate clinically

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
 • NOT VALID FOR MEDICO-LEGAL PURPOSES
 • CLINICAL CORRELATION RECOMMENDED

(Signature)

Dr. Priyanka Patel, MD.

Consultant Radiologist



BHAILAL AMIN GENERAL HOSPITAL
 BHAILAL AMIN MARG,
 VADODARA-3, PH-(0265) 3956222

Station
 Telephone: 0265-3956222,3956024.

EXERCISE STRESS TEST REPORT

Patient Name: JAYKAR K GOKANI,
 Patient ID: 01302
 Height: 172 cm
 Weight: 69 kg

DOB: 30.07.1988
 Age: 35yrs
 Gender: Male
 Race: Indian

Study Date: 28.09.2023
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: E C U
 Attending Physician: DR V.C.CHAUHAN
 Technician: PRATAP RATHVA

Medications:

Medical History:

Reason for Exercise Test:
 Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:04	0.00	0.00	78		
	STANDING	01:49	0.00	0.00	78	120/80	
	HYPERV.	00:03	0.00	0.00	78		
	WARM UP	00:33	1.00	0.00	85		
EXERCISE	STAGE 1	03:00	1.70	10.00	130	120/80	
	STAGE 2	03:00	2.50	12.00	162	130/80	
	STAGE 3	00:32	3.40	14.00	171		
RECOVERY		03:14	0.00	0.00	120	160/80	

The patient exercised according to the BRUCE for 6:31 min:s, achieving a work level of Max. METS: 8.60. The resting heart rate of 77 bpm rose to a maximal heart rate of 171 bpm. This value represents 92 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

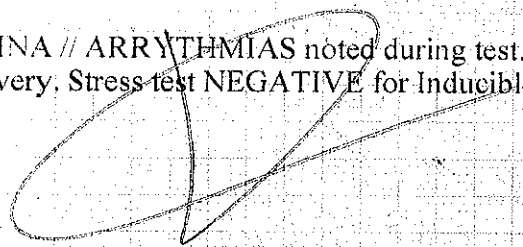
Interpretation

Summary: Resting ECG: normal.
 Functional Capacity: normal.
 HR Response to Exercise: appropriate.
 BP Response to Exercise: normal resting BP - appropriate response.
 Chest Pain: none.
 Arrhythmias: none.
 ST Changes: none.
 Overall impression: Normal stress test.

Conclusions

Good effort tolerance. Normal HR and BP response. No ANGINA // ARRHYTHMIAS noted during test. No significant ST-T changes noted during peak exercise and recovery. Stress test **NEGATIVE** for Inducible myocardial Ischemia.

CONFIRMED BY : DR V.C.CHAUHAN



28-09-2023 09:07:42 AM
ID: 23215592
MR. JAYKAR K. GOKANI
Male 35Years

HR
P
PR
QRS
QT/QTc
P/QRS/T
RV5/SVI

: 73 bpm
89 ms
142 ms
84 ms
410/452 ms
61/79/74 °
0.695/0.415 mV

Diagnosis Inform m.
Lead Off(V3)
The following results are for reference only
Sinus Rhythm

Copy

Report Confirmed by

