



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name: HITESH GHEHOT	
SIH No: 300591	Date: 09/11/2024
Age: 28	Gender: MALE

ASSESSMENT:

- o OVER WEIGHT(BMI: 27.61)
- o C/O: ABDOMINAL PAIN & BACK PAIN ON RIGHT SIDE , LUMP AT RIGHT WRIST TOWARDS PALM , ONLY ABLE TO SLEEP LATE AT NIGHT , OCCASIONAL INFLAMMATION OF EYES AND WATERY DISCHARGE FROM EYES , REDNESS IN MOUTH , PAIN IN LEFT WRIST
- o F/H/O: HYPERTENSION (FATHER) , DIABETES(FATHER)
- o P/H/O: RENAL CALCULI
- o LOW HB(11.8) , HIGH RBC(6.19 MILLION/CMM) , LOW HEMATOCRIT(37.8) , LOW MCV(61) , LOW MCH(19) , LOW MCHC(31.2) , HIGH RDW CV(17.70)
- o HIGH WBC COUNT(10520)
- o HIGH PLATELET COUNT(440000)
- o BORDERLINE HIGH CHOLESTEROL(216) , BORDERLINE HIGH TRIGLYCERIDE(184) , BORDERLINE HIGH DIRECT LDL(135) , HIGH VLDL(36.80)
- o LOW SERUM BLOOD UREA NITROGEN(7.94) , LOW SERUM UREA(17)
- o HIGH ALT (SGPT)(96) , HIGH AST(SGOT)(81)
- o HIGH TSH(5.9440)
- o USG ABDOMEN AND PELVIS : LOWER POLE OF BILATERAL KIDNEYS ARE POSITIONED MEDIANLY & FUSED IN MIDLINE ANTERIOR TO AORTA S/O HORSHOE KIDNEYS

ADVISED:

- o PLENTY OF LIQUIDS
- o LOW FAT & RON RICH DIET
- o AVOID OUT SIDE FOOD AND WATER
- o REGULAR EXERCISE & WEIGHT REDUCTION.
- o CORRECTION OF ANAEMIA AND WORK UP
- o REPEAT LIPID PROFILE AFTER 3 MONTH
- o OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- o ENT ADVICE: FOLLOW ADVICE
- o ORTHOPEDIC CONSULTATION
- o UROLOGIST CONSULTATION
- o PHYSICIAN CONSULTATION

Sterling Addlife India Limited
Unit-Sterling Hospital Vadodara
Race Course Road, (West)
VADODARA - 390 007.
DR. JAY S PANDIT
Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inax Cinema Han Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-8144111, 0265-2354455, 98-98-98-7678 | www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India



**HEALTH CHECK UP
MEDICAL EXAMINATION**

Name : Hitesh Yehlot Employee ID : _____
 Company Name : _____ Age : 28 Sex : M/F
 Height : 172 cms. Weight : 86.5 Kgs BMI : 27.61 Blood Group : _____
 Name of HO / Registrar taking History : Dr. Jay's Patil

Allergies : <input checked="" type="checkbox"/> None <input type="checkbox"/> Yes (If Yes, describe)	
Drugs/Food/Latex/Dyes/Contrast/Other	Reaction
1. _____	_____
2. _____	_____
3. _____	_____

Chief Complaints : no - Abdominal pain, 2 Both side on Right side

Physical Examination :

Vital Signs :
 Temp : 98.6 °F SPO₂ : 99 Pulse : 81 /min R/R : 18 /min B.P. : 100/70 mm Hg

Past History :

If Hypertension, since _____ On Medication 1) _____ 2) _____ 3) _____ If Ischaemic Heart Disease since _____ On Medication 1) _____ 2) _____ 3) _____ Under Treatment of Dr. _____ Any Intervention done _____ P/H of Operation _____ Diagnosis : _____ Name of Operation : _____ Year of Operation : _____ Others _____	If Diabetes, since _____ On Medication 1) _____ 2) _____ 3) _____ Under Treatment Dr. _____ If Tuberculosis, When _____ Any Other P/H _____ Any Other Medication _____ P/H of Hospitalization _____ Diagnosis : _____ Year : _____ Duration : _____ Blood Transfusion History : Yes <u>No</u> Year : _____
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Family History : (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

Hypertension	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No	F	Asthma	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No
Heart Disease	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No		Stroke	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No
Diabetes	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No	F	Arthritis/Gout	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No
Tuberculosis	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No		Cancer	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No
Epilepsy	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No		Other Chronic disease	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No

Personal History :

Diet	<input checked="" type="checkbox"/> Veg.	Smoking	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No	since _____ / _____ per day
Appetite	N.A.D	Alcohol	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No	since _____ / _____ (freq.)
Sleep	Wake - Night sleep	Drugs	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No	since _____ / _____ (freq.)
Micturition	N.A.D	Tobacco	<input checked="" type="checkbox"/> Yes/ <input checked="" type="checkbox"/> No	since _____ / _____ (freq.)
Bowel Habits		Any other habit		

FOR FEMALES :

 Obstetric History : L.D. _____
 Abortion : _____
 Others : _____

General Examination :
 Anemia Cyanosis Jaundice Generalized lymphadenopathy Pedal oedema

General Examination :

lump at left wrist transverse crease

Head : NSF

Injuries (Specify if any) : _____

Eyes : NSF

- Vision : Normal Blurred Double Colour Blind
- Pupils : Normal Abnormal
- Other : Inflammation Pain Itching Discharge No complaint

Remarks (if any) :

Ears : NSF

- Deaf Yes No • Pain Yes No • Discharge Yes No
- Dizziness Yes No

Nose : NSF

- Nosebleed Yes No • Congestion Yes No • Sinus problem Yes No

Mouth : NSF

- Lesion Yes No
- Dental Hygiene Good Poor Bleeding gums Yes No
- Sense of taste Yes No

Throat/Neck : NSF

- Swollen glands Yes No
- Stiffness Yes No
- Dysphagia Yes No

SYSTEMIC EXAMINATION

Neurological : NSF

- Headache Yes No
- Memory changes Yes No
- Dizziness Yes No
- Syncope Yes No
- Seizures Yes No
- Paralysis Yes No if yes R L
- Cooperative Yes No
- Anxiety Yes No
- Depression Yes No
- Suicidal attempt Yes No
- Any psychiatric illness None
- Oriented Yes No if disoriented, to Person Place Time
- Reaction: Brisk Sluggish No response
- LOC : Alert Confused Sedated
- Speech : Clear Slurred

Respiratory : NSF

- Lung sounds : Clear
- Dyspnoea : None With activity At rest Lying down Refractory
- Cough : None Non-productive Productive - colour
- Hemoptysis : Yes No
- Night Sweats : Yes No
- Cyanosis : Yes No Where

Cardiovascular : NSF

- Chest discomfort Yes No
- Oedema Yes No Location : Pitting Non-pitting

Extremities-Musculoskeletal : NSF

- Skin : Warm Cool Dry Firm Flaccid Colour
- Extremities : Tingling Yes No • Weakness Yes No Deformity Yes No
- Joints : Pain Yes No • Stiffness Yes No
- Uses : Walker Wheelchair None

Gastrointestinal : NSF

- Appetite Good Poor
- Nausea Yes No
- Vomiting Yes No
- Distension Yes No
- Heartburn Yes No
- Flatus Yes No
- Pain Yes No
- Rectal Bleeding Yes No
- Colostomy Yes No
- Ileostomy Yes No

Bowel

- Diarrhoea Constipation Incontinence Blood in stool None
- Pain Yes No
- Hemorrhoids Yes No
- Frequency of stool Hard / clay
- Interventions : None • Laxatives Yes No Type Frequency SPAD

Genitorurinary : NSF

 Colour of Urine Pale yellow Frequency 5-6 times/day
 Pain Yes No Burning Yes No Itching Yes No
 Urgency Yes No Incontinence Yes No
 Nocturia Yes No Urostomy Yes No
 History of calculi Yes No History of UTI Yes No
 Foley's Catheter Yes No Date of Insertion _____

Reproductive : NA NSF

 LMP _____ Regular / Irregular _____
 Dysmenorrhoea Yes No Amenorrhoea Yes No if yes, Duration _____
 Menopausal Yes No if yes, Duration _____
 Vaginal discharge Yes No Itching Yes No

Breasts NA NSF

 Breast Feeding Yes No Lumps Yes No

Positive Finding & Advice

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Sterling Addlife India Limited
 Unl. Hospital Vadodra
 Circle, (West)
 VADODRA - 390 007,

Sign and Stamp of Medical Officer
Sterling Hospital
 Racecours Road

EMERGENCY HELPLINE

 992 444 9972
 0265 - 61 44 111

Sterling Hospital
 Bhayli

EMERGENCY HELPLINE

 908 1000 557
 0265 - 61 23 333



OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

EXAMINATION OF EYES:

Right Eye:

Left Eye:

Distant Vision without Glasses:

Distant Vision with Glasses:

Near Vision without Glasses:

Near Vision with Glasses:

Intraocular Pressure:

Anterior Segment:

Fundus:

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	-1.0	-	-	-0.75	-	-
Near	-	-	-	-	-	-

Type of glass:

ADVICE:

Sterling Addlife India Limited
 Unit-Sterling Hospital Vadodara
 Race Course Road, (West)
 VADODARA - 390 007
DR MAYA PATEL
 (OPHTHALMOLOGIST)





EAR, NOSE & THROAT CHECK-UP

COMPLAINTS:

do throat pain
- reflux

EXAMINATION OF EARS:

Local Examination:

— n/a

Tympanic Membrane:

Fed (R) / B/L TM
(H) / Intact

EXAMINATION OF NOSE:

Local Examination:

— DM (+)

THROAT & LARYNX:

— Refluxive pharyngitis (+)

LARYNGOSCOPIC EXAMINATION:

— n/a

Adm

— Tars. polypoid osse
1-50/15

Bethany
Sterling AddLife India Limited
Unit - Sterling Hospital, Vadodara
Race Course Road, Vadodara
DR. NARNI MAKWANA 07

ENT SURGEON





Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	Mr. Hitesh , Gehlot	Lab Id	: 112407500788	PL Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	Male / 28 Y 24-Nov-1995	Registration on	: 09-Nov-2024 09:55	Location	: Main BNo./
Ref. Id	: 300591 , 2817531	Collected at	: SAWPL	Approved on	: 09-Nov-2024 13:05 Status : Final
Ref. By	: Dr. RMO , STERLING...	Collected on	: 09 Nov-2024 09:29	Printed On	: 09-Nov-2024 13:40
		Sample Type	: EDTA blood	Process At	: 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Hemoglobin	L 11.8	g/dL	13.0 - 16.5
RBC Count	H 6.19	million/cmm	4.5 - 5.5
Hematocrit	L 37.8	%	40 - 49
MCV	L 61.0	fL	83 - 101
MCH	L 19.0	pg	27.1 - 32.5
MCHC	L 31.2	g/dL	32.5 - 36.7
RDW CV	H 17.70	%	11.6 - 14

Total WBC and Differential Count

WBC count	H 10520	/cmm	4000 - 10000
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Differential Count

Cell Type	Result	%	Absolute Count
Neutrophils	64	% 40 - 60	6733 /cmm 2000 - 6700
Lymphocytes	25	% 20 - 40	2830 /cmm 1000 - 3000
Eosinophils	04	% 1 - 6	421 /cmm 20 - 500
Monocytes	07	% 2 - 10	736 /cmm 200 - 1000
Basophils	00	% 0 - 2	0 /cmm 0 - 100

Platelet Count

Platelet Count	440000	/cmm	150000 - 410000
MPV	6.40	fL	7.5 - 10.3

Peripheral Smear Examination

RBC Morphology	Microcytic Hypochromic.
Platelets Morphology	Platelets are adequate on Smear

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 M.D (Pathology)(G-18341)
Consultant Pathologist

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Email: pathlab@sterlinghospitals.com Website: www.sterlinghospitals.com / www.sterlingaccuris.com



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LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mr. Hitesh , Gehlot	Lab Id	: 112407500788	PL Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Male / 28 Y 24-Nov-1995	Registration on	: 09-Nov-2024 08:55	Location	: BNo.1
Ref. Id	: 300551 / 2817534	Collected at	: SAWPL	Approved on	: 09-Nov-2024 13:05 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 09-Nov-2024 09:28	Printed On	: 09-Nov-2024 13:40
		Sample Type	: EDTA blood	Process At	: 75 - Sterling Hospital, Race course (Vadodara)

MEDI WHEEL FULL BODY ANNUAL PLUS
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Erythrocytes Sedimentation Rate			
ESR	13	mm/1hr	0 - 14

Differential Count
Absolute Count


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Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Hitesh . Gehlot	Lab Id : 112407500788	Pt. Type : Sterling Hospital/Vadodara Health Checkup
Sex/Age : Male / 28 Y 24-Nov-1995	Registration on : 09-Nov-2024 08:55	Location : Main BNo.7
Ref. Id : 300591 , 2817534	Collected at : SAWPL	Approved on : 09-Nov-2024 12:26 Status : Final
Ref. By : Dr. RMO . STERLING..	Collected on : 08-Nov-2024 09:26	Printed On : 09-Nov-2024 13:40
	Sample Type : EDTA blood	Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Blood Group

Test	Result	Unit	Biological Ref. Interval
ABO Type <i>Type Agglutination</i>	"A"		
Rh (D) Type	Positive		


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Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	Mr. Hitesh . Gehlot	Lab Id	112407500788	Pt. Type	Sterling Hospital Vadodara Health Checkup Main
Sex/Age	Male / 28 Y 24-Nov-1995	Registration on	09-Nov-2024 08:55	Location	5No.1
Ref. Id	300591 / 2817534	Collected at	SAWPL	Approved on	09-Nov-2024 11:06 Status : Final
Ref. By	Dr. RMO . STERLING...	Collected on	09-Nov-2024 09:28	Printed On	09-Nov-2024 13:40
		Sample Type	Serum, Urine	Process At	75 - Sterling Hospital, Race course (Vadodra)

MEDI WHEEL FULL BODY ANNUAL PLUS

Test	Result	Unit	Biological Ref. Interval
Fasting Blood Glucose <small>CCU-P00</small>	87.0	mg/dL	74 - 100
Fasting Urine Glucose <small>CCU-P00</small>	Absent		Absent
Fasting Urine Ketone <small>Metpneu-side</small>	Absent		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose †	Random Blood Glucose
Normal	<100 mg/dL	<140 mg/dL	<140 mg/dL
Predibetic	100 – 125 mg/dL	140 – 199 mg/dL	140 – 199 mg/dL
Diabetic	≥126 mg/dL	≥200 mg/dL	≥200 mg/dL

* Fasting is defined as no caloric intake for more than 8 hours

† The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

Criteria for Diagnosis of Diabetes:

1. Fasting blood glucose (FPG) ≥ 126 mg/dL
2. Two-hour blood glucose (2 h OGTT) ≥ 200 mg/dL
3. HbA1c values (A1c) ≥ 6.5%
4. Random plasma glucose ≥ 200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2 h OGTT requires two abnormal test results from the same sample or in two separate samples.

References:

1. American diabetes association. Standards of medical care in diabetes 2014
2. National Library of Medicine – National institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Factsheet on Diabetes – Prevention and treatment


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LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Hitesh , Gehlot	Lab Id : 112407500788	Pl. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Male / 28 Y 24-Nov-1995	Registration on : 08-Nov-2024 08:55	Main Location : BNo7
Ref. Id : 300581 , 2817534	Collected at : SAWPL	Approved on : 08-Nov-2024 12:54 Status : Final
Ref. By : Dr. RMO - STERLING...	Collected on : 09-Nov-2024 11:45	Printed On : 09-Nov-2024 13:40
	Sample Type : Fluoride	Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS

Test	Result	Unit	Biological Ref. Interval
Post-breakfast Blood Glucose 000-P09	124	mg/dL	70 - 140
Post-breakfast Urine Glucose 000-P10	Absent		Absent
Post Breakfast Urine Ketone Nitroprusside	Absent		Absent



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LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name :	Mr. Hitesh , Gehlot	Lab Id :	112407500788	Pl. Type :	Sterling Hospital Vadodars Health Checkup
Sex/Age :	Male / 28 Y 24-Nov-1995	Registration on :	09-Nov-2024 08:55	Location :	Main BNo./
Ref. Id :	300581 / 2817534	Collected at :	SAWPL	Approved on :	09-Nov-2024 11:40 Status : Final
Ref. By :	Dr. RMO - STERLING...	Collected on :	09-Nov-2024 09:28	Printed On :	09-Nov-2024 13:40
		Sample Type :	EDTA blood	Process At :	75 - Sterling Hospital, Race course (Vadodra)

MEDI WHEEL FULL BODY ANNUAL PLUS
HbA1c (Glycosylated Hemoglobin) by HPLC

Test	Result	Unit	Biological Ref. Interval
HbA1c	5.10	%	For Screening: Diabetes: $\geq 6.5\%$; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$
Mean Blood Glucose	99.67	mg/dL	For Diabetic Patient: Poor Control : $> 7.0\%$; Good Control : 6.0-7.0%

Description:

- Total Haemoglobin A1c is continuously synthesized in the red blood cell through its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay Interferences:

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

Reference: American diabetes association. Standards of medical care in diabetes 2024.



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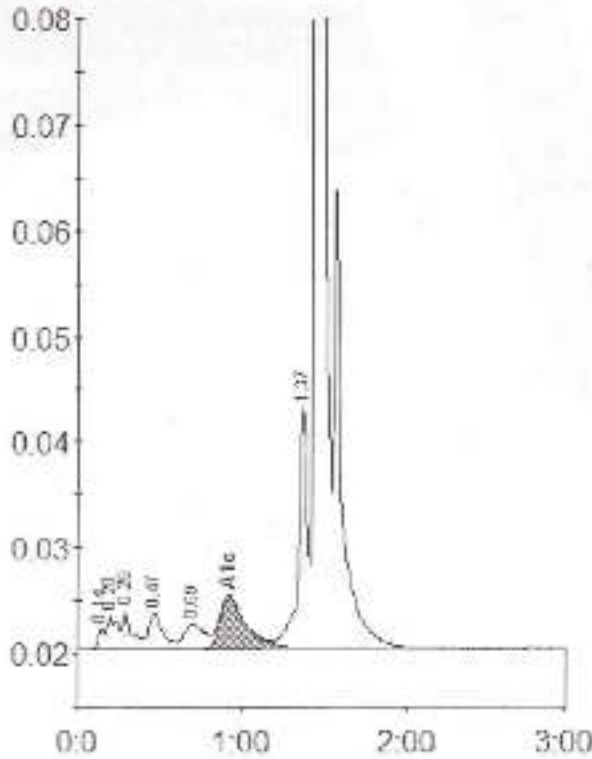

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Patient report

Sterling HOSPITALS

Bro-Rad DATE: 09/11/2024
 D-10 TIME: 11:13 AM
 S/N: #DJ8G550303 Software version: 4.30-2
 Sample ID: 112407500788
 Injection date: 09/11/2024 11:13 AM
 Injection #: 6 Method: HbA1c
 Rack #: --- Rack position: 6



Peak table - ID: 112407500788

Peak	R.time	Height	Area	Area %
Unknown	0.14	1972	4683	0.3
A1a	0.20	3107	13692	1.0
A1b	0.29	3804	13974	1.0
F	0.47	3337	20289	1.5
LA1c/CIIB-1	0.69	2297	20529	1.5
A1c	0.92	5066	54233	5.1
P3	1.37	23208	85181	6.1
A0	1.44	411711	1178839	84.7
Total Area:	1391420			

Concentration:	%
A1c	5.1





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Sex/Age	: Male / 28 Y 24-Nov-1995	Registration on	: 09-Nov-2024 08:55	Location	: Main
Ref. Id	: 300591 / 2817534	Collected at	: SAWPL	Approved on	: 09-Nov-2024 11:08 Status : Final
Ref. By	: Dr. RMO , STERLING...	Collected on	: 09-Nov-2024 09:28	Printed On	: 09-Nov-2024 13:40
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodra)

MEDI WHEEL FULL BODY ANNUAL PLUS
Lipid Profile

Test	Result	Unit	Biological Ref. Interval
Cholesterol <i>Cholesterol oxidase - Turbidity</i>	H 216.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
Triglyceride <i>Enzymic (GPO/PO/PO)</i>	H 184.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
HDL Cholesterol <i>PLA/PO2</i>	46.0	mg/dL	Low: <40.0 High: >60.0
Direct LDL <i>Enzymic method</i>	H 135.00	mg/dL	Optimal: <100 Near to above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: =190
VLDL <i>Calculated</i>	H 36.60	mg/dL	15 - 35
CHOL/HDL Ratio <i>Calculated</i>	4.7		Up to 5.0
dLDL/HDL Ratio <i>Calculated</i>	2.9		Up to 3.5


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Sterling Hospital, Opp. Inax Cinema, Race Course Circle (West), Vadodra - 390 007 (as marked with # are referred tests)

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Name : Mr. Hitesh . Gehlot Sex/Age : Male / 28 Y 24-Nov-1995 Ref. Id : 300591 , 2817534 Ref. By : Dr. RMO . STERLING...	Lab Id : 112407500788 Registration on : 09-Nov-2024 08:55 Collected at : SAWPL Collected on : 09-Nov-2024 09:28 Sample Type : Serum	PL Type : Sterling Hospital Vadodara Health Checkup Main Location : BNoJ Approved on : 09-Nov-2024 11:19 Status: Final Printed On : 09-Nov-2024 13:40 Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS

Test	Result	Unit	Biological Ref. Interval
Uric Acid <small>Uricase</small>	7.30	mg/dL	3.5 - 8.5
Blood Urea Nitrogen <small>Calculated</small>	L 7.94	mg/dL	9.0 - 20.0
Urea <small>Uricase, Creatinine</small>	L 17.0	mg/dL	19.3 - 43.0
Creatinine, serum <small>Creatinine Aminohydrolase</small>	0.70	mg/dL	0.66 - 1.25
BUN Creatinine Ratio <small>Calculated</small>	11.34		
Urea Creatinine Ratio <small>Calculated</small>	24.29		


Dr. C. Shrinivasan..

M.D [Pathology][G-18341]

Consultant Pathologist

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LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Hitesh . Gehlot	Lab Id : 112407500788	Pt. Type : Sterling Hospital Vadodara Health Checkup Man
Sex/Age : Male / 28 Y 24-Nov-1995	Registration on : 08-Nov-2024 09:55	Location : BNS.7
Ref. Id : 300581 / 2817534	Collected at : SAWPL	Approved on : 09-Nov-2024 12:19 Status : Final
Ref. By : Dr. RMD . STERLING...	Collected on : 09-Nov-2024 09:28	Printed On : 09-Nov-2024 13:40
	Sample Type : Serum	Process Ad : 75 - Sterling Hospital, Race course (Vadodra)

MEDI WHEEL FULL BODY ANNUAL PLUS
Liver Function Test

Test	Result	Unit	Biological Ref. Interval
ALT (SGPT) <small>UV with P57, JPCO</small> *Rechecked	H 96.0	U/L	0 - 50
AST (SGOT) <small>UV with P57</small> *Rechecked	H 81.0	U/L	17 - 59
GGT (Gamma Glutamyl Transferase) <small>L-γ-Glutamyl-p-nitroanilide</small>	37.0	U/L	15 - 73
Alkaline Phosphatase <small>AMY, ALP (Liver, JCO)</small>	75.0	U/L	38 - 126
Total Bilirubin <small>Ascorbic acid sensitive</small>	0.90	mg/dL	0.2 - 1.3
Conjugated Bilirubin <small>Catalytic Method, Binding</small>	0.10	mg/dL	0.0 - 0.3
Unconjugated Bilirubin <small>Catalytic Method, Binding</small>	0.60	mg/dL	0.0 - 1.1
Delta Bilirubin <small>Calculation</small>	0.20	mg/dL	0.0 - 0.2
Total Protein <small>Copper sensitive colorimetric</small>	7.60	g/dL	6.3 - 8.2
Albumin <small>Ammoniacal Green Method</small>	4.60	g/dL	3.5 - 5.0
Globulin <small>Colorimetric</small>	3.00	g/dL	2.3 - 3.5
A/G Ratio <small>Calculation</small>	1.53		1.3 - 1.7



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LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mr. Hitesh . Gehlot	Lab Id	: 112407500788	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 28 Y 24-Nov-1995	Registration on	: 09-Nov-2024 08:55	Location	: Main
Ref. Id	: 300591 / 2817531	Collected at	: SAWPL	Approved on	: 09-Nov-2024 11:19 Status: Final
Ref. By	: Dr. RMD, STERLING...	Collected on	: 09-Nov-2024 08:28	Printed On	: 09-Nov-2024 13:40
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodra)

MEDI WHEEL FULL BODY ANNUAL PLUS
Thyroid Function Tests

Test	Result	Unit	Biological Ref. Interval
T3, total (Triiodothyronine) <small>CLM</small>	1.31	ng/mL	0.58 - 1.58
T4, total (Thyroxine) <small>CLM</small>	6.70	µg/dl	4.87 - 11.72
TSH (3rd Gen.) <small>Chemiluminescent</small>	H 5.9440	µIU/mL	0.4001 - 4.049

TSH	T3/FT3	T4/FT4	Suggested Interpretation of Thyroid function tests pattern
Within range	Decreased	Within range	Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.
Raised	Within Range	Within Range	Isolated high TSH Especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate 14 therapy for Hypothyroidism; Recovery phase after Non-Thyroidal illness.
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis; Post thyroidectomy, post radioiodine; hypothyroid phase of transient thyroiditis.
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate 14 therapy of TA overdose; Drug Interference-Amiodarone, Heparin, Beta blocker, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH - Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine ingestion.
Decreased	Decreased	Decreased	Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodules, Transient thyroiditis: postpartum, Silent (lymphocytic), Post viral (granulomatous, subacute, DeQuervain's) Gestational thyrotoxicosis hyperemesis gravidarum.
Decreased or within range	Raised	Within range	T3 toxicosis, Non-Thyroidal illness.

 Reference: *Wallach's Interpretation of Diagnostic by Mary Williamson, 30th edition, 2023.*

Dr. C. Shrinivasan.,

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LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Hitesh . Gehlot	Lab Id : 112407500788	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Male / 28 Y 24-Nov-1995	Registration on : 09-Nov-2024 08:55	Location : BNo.1
Ref. Id : 300581 / 2817534	Collected at : SAWPL	Approved on : 09-Nov-2024 10:56 Status : Final
Ref. By : Dr. RMO , STERLING...	Collected on : 09-Nov-2024 09:28	Printed On : 09-Nov-2024 13:40
	Sample Type : Urine	Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
URINE ROUTINE EXAMINATION

Test	Result	Unit	Biological Ref. Interval
Physical & Chemical (Dip strip) examination			
Colour	Pale Yellow		Pale Yellow
pH <i>Double Endpaper</i>	5.5		5.5 - 7.0
Specific Gravity <i>Polychromatic bead reaction</i>	1.015		1.015 - 1.025
Protein <i>Protein error of indole test</i>	Absent		Absent
Glucose <i>GOD-POD</i>	Absent		Absent
Ketone <i>Nitroprusside</i>	Absent		Absent
Blood <i>Peroxidase (Mc reaction)</i>	Absent		Absent
Bilirubin <i>Diazot reaction</i>	Absent		Absent
Leucocytes <i>Esterase reaction</i>	Absent		Absent
Nitrite <i>p-arsenite acid to diazotized compound</i>	Absent		Absent
Microscopic Examination			
Erythrocytes (RBCs)	Absent	/hpf	0 - 2
Pus Cells	Occasional	/hpf	0 - 5
Epithelial Cells	Occasional	/hpf	
Crystals	Absent		Absent
Casts	Absent		Absent
Bacteria	Absent		Absent
Amorphous Material	Absent		Absent
Yeast	Absent		Absent

End Of Report



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Report Date: 09 Nov 2024 - 12:25 PM

Patient Id	: RCR-300591	Patient Name	: GEHLOT HITESH .
Age	: 28Y 11M 16D	Sex	: Male
Ref. Doctor	: DR. RMO . STERLING	Study Date	: 09 Nov 2024 - 10:06 AM

RADIOGRAPH CHEST PA

Both lungs and CP angles appear clear.
Mediastinal shadow and hilar region appear normal.
Cardiac shadow appears normal.
Both domes of diaphragm show normal position and contour.
Any thorax under vision appears normal.

IMPRESSION

No significant abnormality detected.

Palak

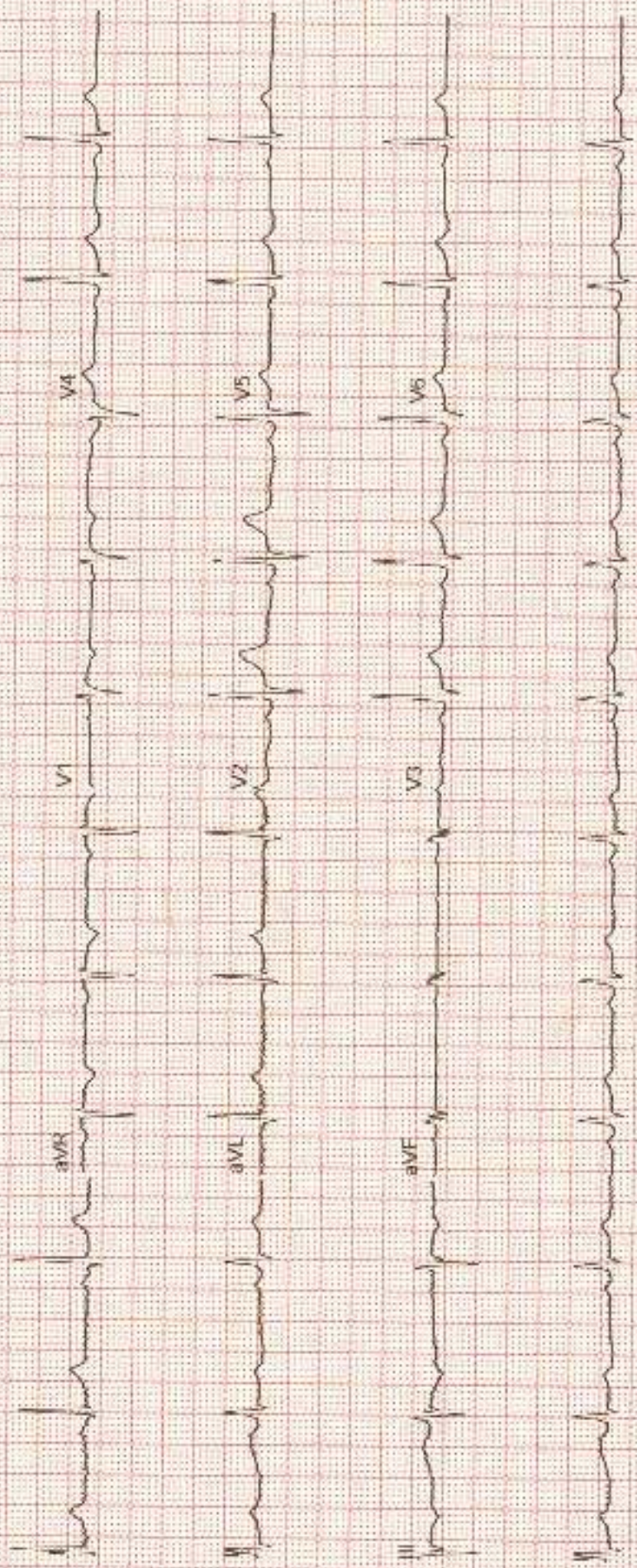
Dr. Palak Nandolia
Consultant Radiologist



Male

28 Years

QT / QTcBaz	336 / 417 ms
QRS	92 ms
PR	140 ms
P	90 ms
RR / PP	914 / 909 ms
P / QRS / T	47 / 57 / 3 degrees





2D ECHOCARDIOGRAPHY REPORT



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HOSPITALS

Race Course Road, Vadodara

Name: Mr. HITESH GEHLOT
Age: 28 Years
Sex: M
Date: 09-Nov-2024

Ref By: HCP
Study: 2D Echo

M-MODE:

IVS	10mm	LVDD	46mm
PW	11mm	LVDS	24mm
LA	37mm	LV EF	60 %

DOPPLER STUDY:

MITRAL	E 1.01	A 0.39
AORTIC	1.20	
TRICUSPID	N	
PULMONARY	N	

CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RA/ RV SIZE AND FUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC


Dr. KAUSHIK TRIVEDI, MD
Consultant Interventional Cardiologist

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SonoDoc 91-20-25443913



Patient Id	: RCR-300591	Patient Name	: GEHLOT HITESH .
Age	: 28Y 11M 16D	Sex	: Male
Ref. Doctor	: DR.RMO.STERLING	Study Date	: 09 Nov 2024 - 09:16 AM

SONOGRAPHY OF WHOLE ABDOMEN: -

LIVER: Liver appears normal in size and shows normal parenchymal echoes. No evidence of focal or diffuse lesion is seen. No evidence of dilated IHBR is seen. Intrahepatic portal radicals appear normal. Portal vein is normal in caliber at porta & shows hepatopetal blood flow.

GALL BLADDER: Gall bladder is partially distended and appears normal. No evidence of calculus or changes of cholecystitis are seen. CBD appears normal.

PANCREAS: Pancreas is partially visualized and visualized portion is normal in size and echotexture.

SPLEEN: Spleen is normal in size & shows normal echotexture. No focal or diffuse lesion is seen.

KIDNEYS: Lower pole of bilateral kidneys are positioned medially & fused in mid line anterior to aorta S/O horseshoe kidneys.

Kidneys are otherwise normal in size. Cortical thickness & echo appear normal. No evidence of renal calculus, hydronephrosis or mass lesion is seen on either side.

Right kidney side measures 10.7 x 4.6 cm.

Left kidney side measures 11.1 x 4.6 cm.

No evidence of suprarenal mass lesion is seen on either side.

URINARY BLADDER: Bladder is normally distended and appears unremarkable. No bladder calculus, diverticulum or mass lesion is seen.

PROSTATE: Prostate appears normal in size and shows normal echotexture. No evidence of solid or cystic lesion.

Prostatic volume measures approx. 12.0 cc.

No ascites or significant lymphadenopathy is seen.

Mild gaseous distention of bowel loops is seen.

CONCLUSION:

Lower pole of bilateral kidneys are positioned medially & fused in mid line anterior to aorta S/O horseshoe kidneys.

No other significant abnormality detected.


Dr. Shilpi Gupta MD
Sr. Consultant Radiologist

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