

Name : Mrs. MINAKSHI KETAN GANGURDE (34 /F)

Date : 02/09/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000151391

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH35072



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:02/09/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Past medical history - nil significant
Covid 19 - No



Surgical history

Lower segment - 2013,1017
caesarean section
Others - laprotomy-2014

Immunization history

- Covid Dose1,Covid
Dose2,Precaution Dose



Personal history

Marital status - Married
No. of children - 02

Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Hypertension - father
Coronary artery - none
disease
Cancer - None
Thyroid/other - mother
endocrine disorder

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 149
Weight - 68.7
BMI - 30.94
Pallor - No
Oedema - no
Temperature - 96
SpO2 - 99



Cardiovascular system

Heart rate (Per minute) - 85
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No

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Tenderness - No

Printed By : Shweta Sharad Shardul

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.025		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	6.0		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	0-1/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-3/hpf	/hpf		

Monocytes	07	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-20
RBC,:	Microcytic and mild hypochromic picture			
WBC,:-	No abnormal cells seen			
platelets,:	Adequate			

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	15 *	U/L	●	30-65
ALBUMIN - SERUM	3.9	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	4.1 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.0 *		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	75	U/L	●	0-100
AST (SGOT) - SERUM	22	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.3	mg/dL	●	0.0-1.0

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	8.9 *	g/dl	●	11.0-16.0
Haematocrit	26.7 *	%	●	34.0-48.0
RBC COUNT	5.77 *	Million/ul	●	3.7-5.6
MCV	55.8 *	fl	●	75.0-95.0
MCH	15.4 *	pg	●	26.0-32.0
MCHC	27.5 *	g/dl	●	31.0-36.0
RDW	19.7 *	%	●	11-16
Platelet Count(Optical/Impedance)	285	10 ⁹ /m ³	●	140-440
TLC Count	5.92	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	43	%	●	40-75
Lymphocytes	48 *	%	●	20-45
Eosinophils	02	%	●	1-6

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	138	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6	mg/dL	●	0.6-1.0

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	20	U/L	●	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	100	mg/dL	●	70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	101	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.6	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	122.0600	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	25 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	5.5 *		●	0.0-4.5
LDL Cholesterol (Direct LDL)	97	mg/dL		

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	132	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121- 308 2nd & 3rd Trimesters:152- 362

TOTAL T4: THYROXINE - SERUM	9.2	µg/dL	●	Healthy Adults: 5.2 - 12.7 Pregnancy:1st rimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3
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LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	75	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.3	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	24	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	11	mg/dL	●	7-18

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.2	mg/dL	●	2.6-6.0

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.2	mg/dL	●	0.0-0.7

CERVICAL/VAGINAL SMEAR II SLIDE

Brief Clinical History:

last menstrual period-7/8/2023

SOURCE OF SPECIMEN :

Cervical Smear-Conventional

I. Specimen Adequacy

Satisfactory for evaluation

II. General Categorization :

Negative for intraepithelial lesion or malignancy

Other non neoplastic findings:

Smears show Intermediate and few parabasal squamous cells. Moderate neutrophilic infiltrate is seen. There is no evidence of dysplasia or malignancy. There is no evidence of candida or trichomonas. No definite Koilocytes seen. Negative for intraepithelial lesion or malignancy suggests benign cellular changes of inflammation.

Epithelial abnormalities:

Absent

Comments :

CARDIAC STRESS TEST - (TMT)

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

ECG

NORMAL ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

Apollo Prediabetes Risk Tool

Low Risk

You are at **low risk** for developing prediabetes.

The **Apollo Hospitals Prediabetes Risk tool** is a comprehensive, community-based risk assessment tool for the early diagnosis of prediabetes (before estimation of blood glucose or HbA1C). This tool compiles data based on your physical parameters, lifestyle, and health attributes and assesses whether you have a low, medium or high risk for undiagnosed prediabetes. The tool has been developed based on Indian demographics and has more than 90% accuracy.

ADVICE

- Follow the guidance and education on **dietary and lifestyle management**
- Aim for 30 minutes or more of moderately intense **exercise** (such as brisk walking) most days of the week, for a minimum of 150 minutes (2.5 hours) of total physical activity/week.
- You do not need to be referred to an **endocrinologist or diabetologist** at this time.
- Follow your **physician's guidance** regarding **annual follow-up testing**.

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5. By usage of Prediabetes Risk Score, it is deemed that beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.
6. The current model doesn't account for:
 - Uncontrolled and Undiagnosed Diabetes
 - Gestational Diabetes
 - Polycystic Ovarian Disease (PCOD)
 - Diabetes currently being managed