

Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

Mediunheel Rls - Nagpur.
KIMS-KINGSWAY
HOSPITALS

Name: Mr. Ravi Jain Date: 30/9/24

Age: 29 Sex M F Weight: 61.5 kg Height: 177.9 inc BMI: 19.4

BP: 106/67 mmHg Pulse: 60 / min bpm RBS: _____ mg/dl
SpO2 - 98%

Name: Mr Sanjiv Jain Date: 30.09.24
Age: 28 y/o Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____
BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

PMH :- Nil

Go mild perio +6 intermittent
stains
Mild calculus

Adv scaling ⊕
CBCT scan +6

Ksh



KIMS - Kingsway Hospitals
(A Unit of SPANV Medlsearch Lifesciences Pvt. Ltd.)
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Maharashtra, India - 440001.

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DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

RAVI JAIN 29Y(S) 0M(S) 0D(S)M MRNP2425022846 9165355689	CONSULT DATE : 30-09-2024 CONSULT ID : OPC2425073458 CONSULT TYPE : WALK IN VISIT TYPE : NORMAL TRANSACTION TYPE : CASH	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS, MS, FVRS, FICO CONSULTANT DEPT OPHTHALMOLOGY
---	--	---

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
-- °F -- /min -- %RA -- /10 -- cms

Weight : BMI :
-- kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	LUBIMOIST EYE DROPS 10ML	Eye	1-1-1-1	Every Day	NA	2 months
		Instructions : -				
		Composition : SODIUM HYALURONATE 0.1% W/V				

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE -0.75 00 00 6/6

LEFT EYE -0.75 00 00 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-

Dr. Ashish Prakashchandra Kamble
MBBS, MS, FVRS, FICO
Consultant

Printed On : 30-09-2024 14:11:26



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. RAVI JAIN **Age /Gender** : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:16 am **Report Date** : 30-Sep-24 11:31 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.5	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		43.3	40.0 - 50.0 %	Calculated
RBC Count		5.22	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		83	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.8	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.5	31.5 - 35.0 g/l	Calculated
RDW		14.1	11.5 - 14.0 %	Calculated
Platelet count		319	150 - 450 10^3 /cumm	Impedance
WBC Count		5000	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		49.5	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		39.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		2.4	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		8.5	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2475	2000 - 7000 /cumm	Calculated



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

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Received Dt : 30-Sep-24 10:16 am	Report Date : 30-Sep-24 11:31 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1980	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		120	20 - 500 /cumm	Calculated
Absolute Monocyte Count		425	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated

PERIPHERAL SMEAR

RBC		Normochromic Normocytic		
WBC		As above		
Platelets		Adequate		
ESR		14	0 - 15 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. RAVI JAIN	Age /Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:15 am	Report Date : 30-Sep-24 11:58 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	92	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)		5.3	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RAVI JAIN	Age / Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 12:35 pm	Report Date : 30-Sep-24 02:31 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	87	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,
Fasting \geq 126 mg/dl
Random/2Hrs. OGTT \geq 200 mg/dl
Impaired Fasting = 100-125 mg/dl
Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

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Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. RAVI JAIN
Age / Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:16 am
Report Date : 30-Sep-24 11:58 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	125	Enzymatic(CHE/CHO/POD)
Triglycerides		< 200 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		123	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		46	Calculated
VLDL Cholesterol		58.74	Calculation
Tot Chol/HDL Ratio		25	
		3	

Intiate therapeutic	Results	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160	<160
No additional major risk or one additional major risk factor		>190, optional at 160-189	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

DR
ME
SEP

This



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RAVI JAIN
Age / Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:16 am
Report Date : 30-Sep-24 11:58 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.40	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.30	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.10	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		66	38 - 126 U/L	
SGPT/ALT		17	10 - 40 U/L	
SGOT/AST		22	15 - 40 U/L	
Serum Total Protein		8.79	6.3 - 8.2 gm/dl	
Albumin Serum		4.85	3.5 - 5.0 gm/dl	
Globulin		3.93	2.0 - 4.0 gm/dl	Bromocresol green Dye Binding
A/G Ratio		1.2		

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RAVI JAIN	Age /Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:16 am	Report Date : 30-Sep-24 11:58 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	6	19.0 - 43.0 mg/dl	Direct ion selective electrode
Creatinine		0.7	0.66 - 1.25 mg/dl	
GFR		127.9	>90 mL/min/1.73m square.	
Sodium		138	136 - 145 mmol/L	
Potassium		5.07	3.5 - 5.1 mmol/L	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. RAVI JAIN	Age /Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:16 am	Report Date : 30-Sep-24 11:58 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.49	0.55 - 1.70 ng/ml	
Free T4		1.73	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.52	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RAVI JAIN
Age / Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:36 am
Report Date : 30-Sep-24 11:33 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<u>CHEMICAL EXAMINATION</u>				
Specific gravity		1.010	1.005 - 1.025	ion concentration
Reaction (pH)		7.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Normal	Normal	Ehrlich's Reaction
Bilirubin		Negative	Negative	Diazonium
<u>MICROSCOPIC EXAMINATION</u>				
Pus Cells		0-1	0 - 4 /hpf	
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. RAVI JAIN	Age /Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:36 am	Report Date : 30-Sep-24 11:33 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11101075

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Page 2 of 2

**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. RAVI JAIN
Age / Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:36 am
Report Date : 30-Sep-24 11:33 am

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose Comment	Urine	Negative Fasting Urine Sugar *** End Of Report ***		STRIP

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11101075

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mr. RAVI JAIN	Age / Gender : 29 Y(s)/Male
Bill No/ UMR No : BIL2425051928/MRNP2425022846	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 30-Sep-24 10:16 am	Report Date : 30-Sep-24 11:49 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	RAVIJAIN	STUDY DATE	30-09-2024 11:39:41
AGE/ SEX	29Y 1D / M	HOSPITAL NO.	MRNP2425022846
ACCESSION NO.	BIL2425051928-9	MODALITY	DX
REPORTED ON	30-09-2024 12:21	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST.

PATIENT NAME:	RAVI JAIN	AGE /SEX:	29 YRS/MALE
UMR NO:	MRNP2425022846	BILL NO:	BIL2425051928-2
REF BY	DR VIMMI GOELK	DATE:	30/SEP/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echoexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and shows normal parenchymal echogenicity.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. WT-8.5gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- No significant visceral abnormality seen.
Suggest clinical correlation / further evaluation.

DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Ravi, Jain
Patient ID: 022846
Height:
Weight:
Study Date: 30.09.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 11.12.1994
Age: 29yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:28	0.00	0.00	75		
	STANDING	00:01	0.00	0.00	75	110/70	
	WARM-UP	00:06	0.00	0.00	73		
EXERCISE	STAGE 1	03:00	1.70	10.00	94	110/70	
	STAGE 2	03:00	2.50	12.00	116	120/80	
	STAGE 3	02:52	3.40	14.00	150	120/80	
RECOVERY		01:00	0.00	0.00	131	140/80	
		02:00	0.00	0.00	72	140/80	
		00:13	0.00	0.00	95		

The patient exercised according to the BRUCE for 8:52 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 66 bpm rose to a maximal heart rate of 153 bpm. This value represents 80 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: RBBB seen.

Functional Capacity: normal.

HR Response to Exercise: THR not achieved.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Baseline RBBB seen.

Insignificant ST-T changes seen.


Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

29 Years

MR RAVI JAIN
Male

30-Sep-24 10:54:55 AM

KIMS-KINGSWAY HOSPITALS

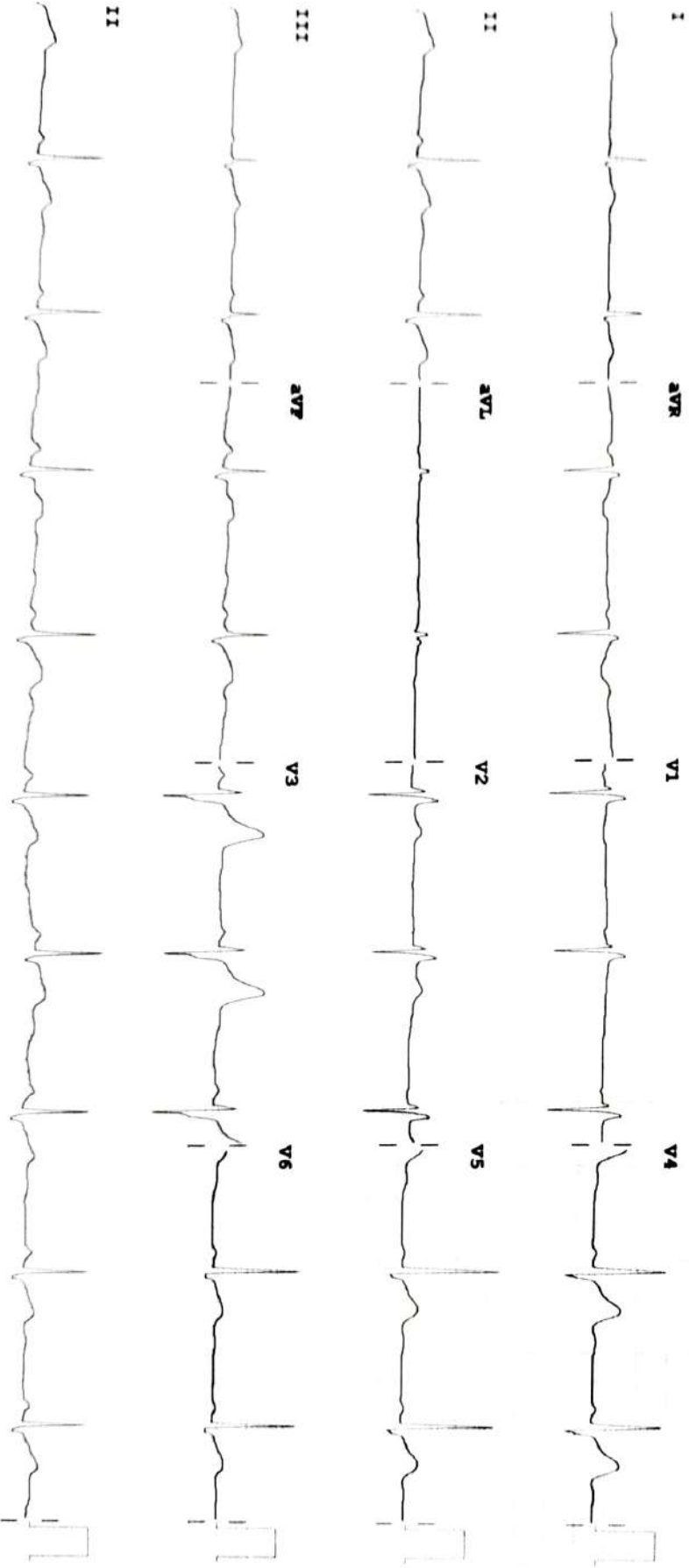
PBC DEPT.

Rate 58 Sinus rhythm.....normal P axis, V-rate 50-99
 PR 140 RSR in V1 or V2, probably normal variant.....small R' only
 QRSD 110 ST elev, probable normal early repol pattern.....ST elevation, age<55
 QT 406
 QTc 399

--AXIS--
 P 71
 QRS 36
 T 66
 12 lead: Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

P 50-0.50-150 Hz W

1008 CL

P?

PHILIPS