

⑧ Swati Singh 447/f

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SWATI SINGH
DATE OF BIRTH	12-03-1978 ←
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	22-03-2023
BOOKING REFERENCE NO.	22M63294100051164S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SINGH GUNJESH KUMAR
EMPLOYEE EC NO.	63294
EMPLOYEE DESIGNATION	INTERNAL AUDIT
EMPLOYEE PLACE OF WORK	PATNA,ZIAD PATNA
EMPLOYEE BIRTHDATE	05-06-1976

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

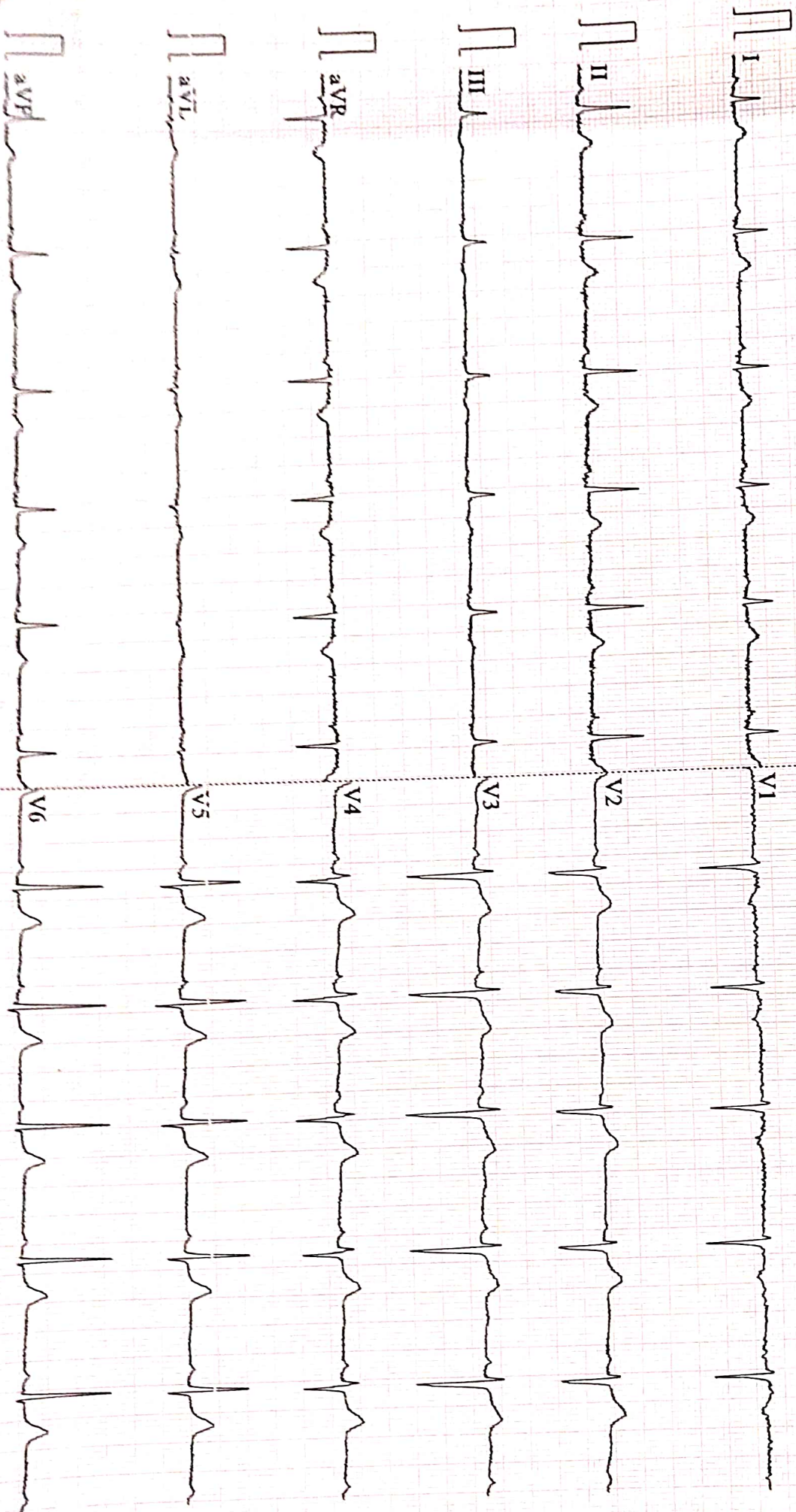
(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SWATI SINGH
Female 44Years

HR : 67 bpm
P : 96 ms
PR : 147 ms
QRS : 78 ms
QT/QTc : 368/390 ms
P/QRS/T : 20/61/43 °
RV5/SV1 : 1.116/0.896 mV

Diagnosis Information:
Sinus Arrhythmia

Ref-Phys. :
Report Confirmed by:





ISO 9001 : 2015

AAROGYAM DIAGNOSTICS

(A UNIT OF CULPAM HEALTH CARE PVT.LTD.)

F-41, P.C. Colony, Opp. Madhuban Complex,
Near Malahi Pakari Chowk, Kankarbagh, Patna-20
9264278360, 9065875700, 8789391403
Info@aarogyamdiagnostics.com
www.aarogyamdiagnostics.com

Name :- Ms. Swati Singh

Age/Sex:- 44Yrs/F

Refd by :- Corp

Date :-26/03/23

Thanks for referral.

REPORT OF USG OF WHOLE ABDOMEN

- Liver** :- Normal in size (12.9cm) with normal echotexture. No focal or diffuse lesion is seen. IHBR are not dilated. PV is normal in course and calibre with echofree lumen.
- G. Bladder** :- It is normal in shape, size & position. It is echofree & shows no evidence of calculus, mass or sludge.
- CBD** :- It is normal in calibre & is echofree.
- Pancreas** :- Normal in shape, size & echotexture. No evidence of parenchymal / ductal calcification is seen. No definite peripancreatic collection is seen.
- Spleen** :- Normal in size (9.7cm) with normal echotexture. No focal lesion is seen. No evidence of varices is noticed.
- Kidneys** :- Both kidneys are normal in shape, size & position. Sinus as well as cortical echoes are normal. No evidence of calculus, space occupying lesion or hydronephrosis is seen.
Right Kidney measures 9.2cm and Left Kidney measures 9.6cm.
- Uterus** :- **Enlarged in size (9.3cm x 5.2cm)** and anteverted in position with normal myometrial echotexture and endometrial thickness.
- Ovaries** :- Both ovaries show normal echotexture and follicular pattern. No pelvic (POD) collection is seen.
- Others** :- No ascites or abdominal adenopathy is seen.
No free subphrenic / basal pleural space collection is seen.

IMPRESSION:- *A/V Bulky Uterus.
Otherwise Normal Scan.*

*Dr. U. Kumar
MBBS, MD (Radio-Diagnosis)
Consultant Radiologist*



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Date	26/03/2023	Srl No.	17	Patient Id	2303260017
Name	Mrs. SWATI SINGH	Age	44 Yrs.	Sex	F
Ref. By	Dr.BOB				

Test Name	Value	Unit	Normal Value
BOB			
HB A1C	5.2	%	

EXPECTED VALUES :-

Metabolically healthy patients	=	4.8 - 5.5 % HbA1C
Good Control	=	5.5 - 6.8 % HbA1C
Fair Control	=	6.8-8.2 % HbA1C
Poor Control	=	>8.2 % HbA1C

REMARKS:-

In vitro quantitative determination of **HbA1C** in whole blood is utilized in long term monitoring of glycemia

The **HbA1C** level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose.

It is recommended that the determination of **HbA1C** be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy.

Results of **HbA1C** should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

**** End Of Report ****

Dr.R.B.RAMAN
MBBS, MD
CONSULTANT PATHOLOGIST



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Date	26/03/2023	Srl No.	17	Patient Id	2303260017
Name	Mrs. SWATI SINGH	Age	44 Yrs.	Sex	F
Ref. By	Dr.BOB				

Test Name	Value	Unit	Normal Value
COMPLETE BLOOD COUNT (CBC)			
HAEMOGLOBIN (Hb)	11.5	gm/dl	11.5 - 16.5
TOTAL LEUCOCYTE COUNT (TLC)	5,400	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	63	%	40 - 75
LYMPHOCYTE	30	%	20 - 45
EOSINOPHIL	02	%	01 - 06
MONOCYTE	05	%	02 - 10
BASOPHIL	00	%	0 - 0
ESR (WESTEGREN's METHOD)	18	mm/1st hr.	0 - 20
R B C COUNT	3.80	Millions/cmm	3.8 - 4.8
P.C.V / HAEMATOCRIT	34.05	%	35 - 45
M C V	89.61	fl.	80 - 100
M C H	30.26	Picogram	27.0 - 31.0
M C H C	33.8	gm/dl	33 - 37
PLATELET COUNT	1.96	Lakh/cmm	1.50 - 4.00
BLOOD GROUP ABO	"O"		
RH TYPING	POSITIVE		
BLOOD SUGAR FASTING	84.6	mg/dl	70 - 110
SERUM CREATININE	0.85	mg%	0.5 - 1.3
BLOOD UREA	24.6	mg /dl	15.0 - 45.0
SERUM URIC ACID	6.2	mg%	2.5 - 6.0
<u>LIVER FUNCTION TEST (LFT)</u>			



Date	26/03/2023	Srl No.	17	Patient Id	2303260017
Name	Mrs. SWATI SINGH	Age	44 Yrs.	Sex	F
Ref. By	Dr.BOB				

Test Name	Value	Unit	Normal Value
BILIRUBIN TOTAL	0.64	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin)	0.21	mg/dl	0.00 - 0.40
UNCONJUGATED (I.D.Bilirubin)	0.43	mg/dl	0.00 - 0.70
TOTAL PROTEIN	5.9	gm/dl	6.6 - 8.3
ALBUMIN	3.3	gm/dl	3.4 - 5.2
GLOBULIN	2.6	gm/dl	2.3 - 3.5
A/G RATIO	1.269		
SGOT	15.8	IU/L	5 - 35
SGPT	17.4	IU/L	5.0 - 45.0
ALKALINE PHOSPHATASE IFCC Method	69.74	U/L	35.0 - 104.0
GAMMA GT	23.6	IU/L	6.0 - 42.0

LFT INTERPRET

LIPID PROFILE

TRIGLYCERIDES	90.2	mg/dL	25.0 - 165.0
TOTAL CHOLESTEROL	167.9	mg/dL	29.0 - 199.0
H D L CHOLESTEROL DIRECT	53.4	mg/dL	35.1 - 88.0
V L D L	18.04	mg/dL	4.7 - 22.1
L D L CHOLESTEROL DIRECT	96.46	mg/dL	63.0 - 129.0
TOTAL CHOLESTEROL/HDL RATIO	3.144		0.0 - 4.97
LDL / HDL CHOLESTEROL RATIO	1.806		0.00 - 3.55
THYROID PROFILE			
QUANTITY	20	ml.	



Date	26/03/2023	Srl No.	17	Patient Id	2303260017
Name	Mrs. SWATI SINGH	Age	44 Yrs.	Sex	F
Ref. By	Dr.BOB				

Test Name	Value	Unit	Normal Value
COLOUR	PALE YELLOW		
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	1.015		
PH	6.5		
ALBUMIN	NIL		
SUGAR	NIL		
MICROSCOPIC EXAMINATION			
PUS CELLS	1-3	/HPF	
RBC'S	NIL	/HPF	
CASTS	NIL		
CRYSTALS	NIL		
EPITHELIAL CELLS	2-4	/HPF	
BACTERIA	NIL		
OTHERS	NIL		

Assay performed on enhanced chemi lumenescence system (Centaur-Siemens)

Serum T3,T4 & TSH measurements form the three components of Thyroid screening panel, useful in diagnosing various disorders of Thyroid gland function.

1. Primary hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH level.
2. Primary hyperthyroidism is accompanied by elevated serum T3 and T4 levels along with depressed TSH values.
3. Normal T4 levels are accompanied by increased T3 in patients with T3 thyrotoxicosis.



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Date	26/03/2023	Srl No.	17	Patient Id	2303260017
Name	Mrs. SWATI SINGH	Age	44 Yrs.	Sex	F
Ref. By	Dr.BOB				

Test Name	Value	Unit	Normal Value
4. Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, renal failure and during therapy with drugs like propranolol and propyl thiouracil.			
5. Although elevated TSH levels are nearly always indicative of primary hypothyroidism, and may be seen in secondary thyrotoxicosis.			

**** End Of Report ****

Dr.R.B.RAMAN
MBBS, MD
CONSULTANT PATHOLOGIST



MC-3319

Kolkata Lab : Block DD-30, Sector-1, "Andromeda", Ground Floor, Salt lake, Kolkata-700064
 Landline No: 033-40818800/ 8888/ 8899 | Email ID: kolkata@unipath.in | Website: www.unipath.in
 CIN : U85195GJ2009PLC057059



30304100560

TEST REPORT

Reg.No : 30304100560	Reg.Date : 27-Mar-2023 11:39	Collection : 27-Mar-2023 11:39
Name : MS. SWATI SINGH		Received : 27-Mar-2023 11:39
Age : 44 Years	Sex : Female	Report : 27-Mar-2023 16:50
Referred By : AAROYAM DIAGNOSTICS @ PATNA		Dispatch : 27-Mar-2023 17:10
Referral Dr : □	Status : Final	Location : 41 - PATNA

Test Name	Results	Units	Bio. Ref. Interval
THYROID PROFILE			
Tri-iodothyronine (Total T3) <i>Method:CLIA</i>	1.18	ng/mL	0.60 - 1.81
Thyroxin (Total T4) <i>Method:CLIA</i>	8.90	µg/dL	4.5 - 12.6
Thyroid Stimulating Hormone (TSH.) <i>Method:CLIA</i> Ultra Sensitive	2.567	µIU/mL	0.55 - 4.78

Sample Type: Serum**Note:****TSH Reference Range in Pregnancy :**

- Pregnancy 1st Trimester 0.1 - 2.5 uIU/ml
- Pregnancy 2nd Trimester 0.2 - 3.0 uIU/ml
- Pregnancy 3rd Trimester 0.3 - 3.0 uIU/ml

- TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm. The variation is of the order of 50 %. Hence time of the day has an influence on the measured serum TSH concentrations.
- Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.
- The physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.
- All infants with a low T4 concentration and a TSH concentration greater than 40 uU/L are considered to have congenital hypothyroidism and should have immediate confirmatory serum testing.
- If the TSH concentration is slightly elevated but less than 40 uU/L, a second screening test should be performed on a new sample. Results should be interpreted using age-appropriate normative values

Clinical Use:

- Primary Hypothyroidism · Hyperthyroidism · Hypothalamic -Pituitary hypothyroidism · Inappropriate TSH secretion · Nonthyroidal illness· Autoimmune thyroid disease · Pregnancy-associated thyroid disorders · Thyroid dysfunction in infancy and early childhood

----- End Of Report -----

Dr.Niranjana Mondal

MBBS, DO, MD (Biochemistry)
 Consultant Biochemist
 Reg No.:- 64023 (WBMC)



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg Date: 26-Mar-2023 Technician : RESHMA ALI

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:14	0:01	00.0	00.0	01.0	98	56 %	120/80	117	00	
Standing	00:22	0:01	00.0	00.0	01.0	92	53 %	120/80	110	00	
HV	00:32	0:01	00.0	00.0	01.0	087	50 %	120/80	104	00	
Warm Up	00:43	0:01	01.0	00.0	01.0	093	53 %	120/80	111	00	
ExStart	00:51	0:06	01.7	10.0	01.1	109	62 %	120/80	130	00	
BRUCE/ Stage 1	03:51	3:00	01.7	10.0	04.7	157	90 %	125/85	196	00	
BRUCE/ Stage 2	06:51	3:00	02.5	12.0	07.1	173	99 %	130/90	224	00	
PeakEx	06:58	0:07	03.4	14.0	07.2	172	98 %	130/90	223	00	
Recovery	07:57	1:00	01.1	00.0	01.2	156	89 %	125/85	195	00	
Recovery	08:57	2:00	01.1	00.0	01.0	140	80 %	120/80	168	00	
Recovery	09:14	2:16	01.1	00.0	01.0	140	80 %	120/80	168	00	

Findings :

Exercise Time : 06:08
 Max HR Attained : 176 bpm 101% of Target 175
 Max BP Attained : (Sys) 130/90
 Max WorkLoad Attained : 7.2 Fair response to induced stress
 Max ST Dep Lead & Value : V5 & -6.4 mm in Recovery mm
 Test End Reasons : Test Complete, Test Complete, Test Complete, Test Complete

Report :

Aarogam Diagnostics

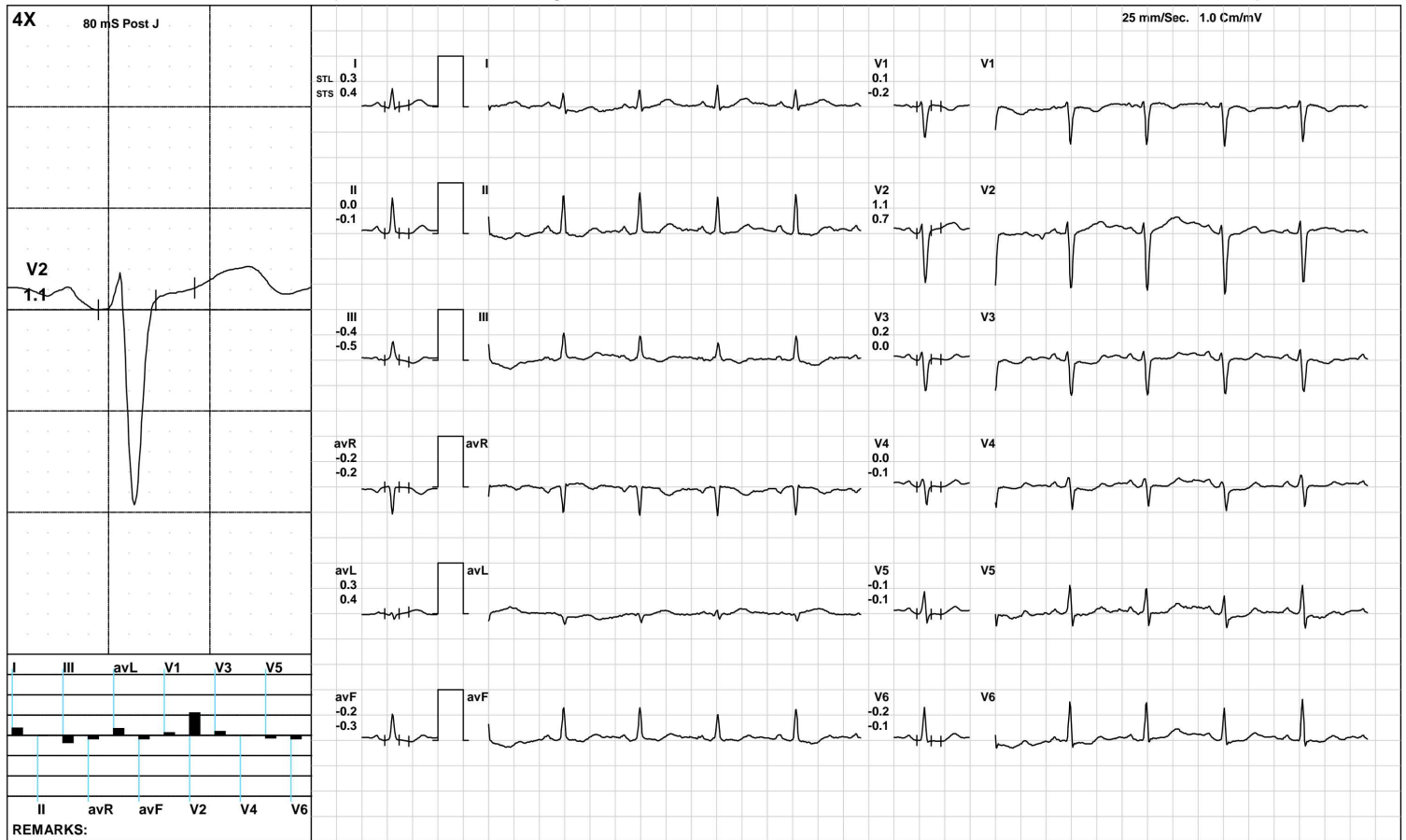
1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 98

Supine



Date: 26-Mar-2023 12:25:24 PM METS: 1.0/ 98 bpm 56% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:14 0.0 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

Aarogam Diagnostics

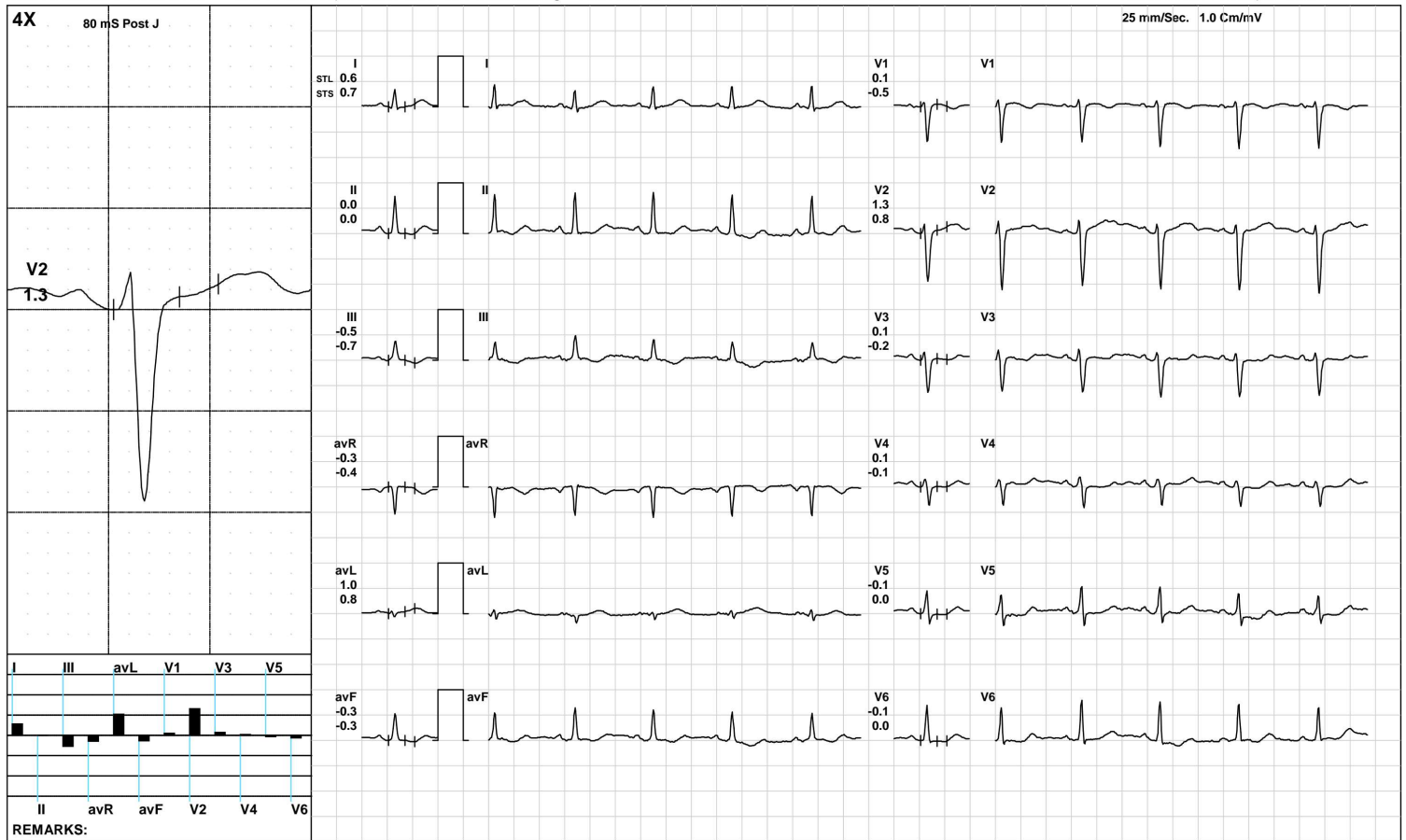
Standing



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 92

Date: 26-Mar-2023 12:25:24 PM METS: 1.0/ 92 bpm 52% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:22 0.0 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

Aarogam Diagnostics

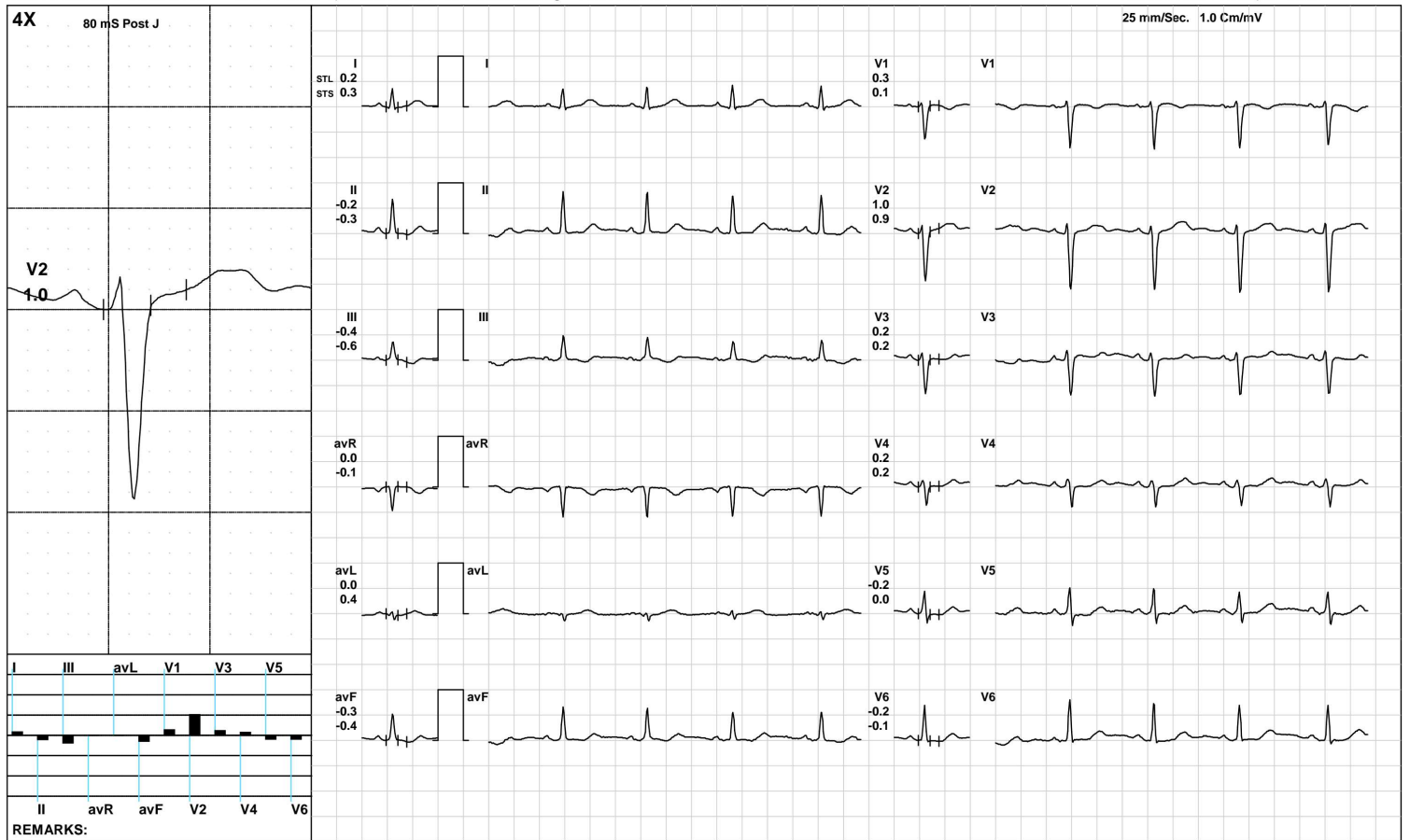
HV



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 87

Date: 26-Mar-2023 12:25:24 PM METS: 1.0/ 87 bpm 49% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:32 0.0 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

Aarogam Diagnostics

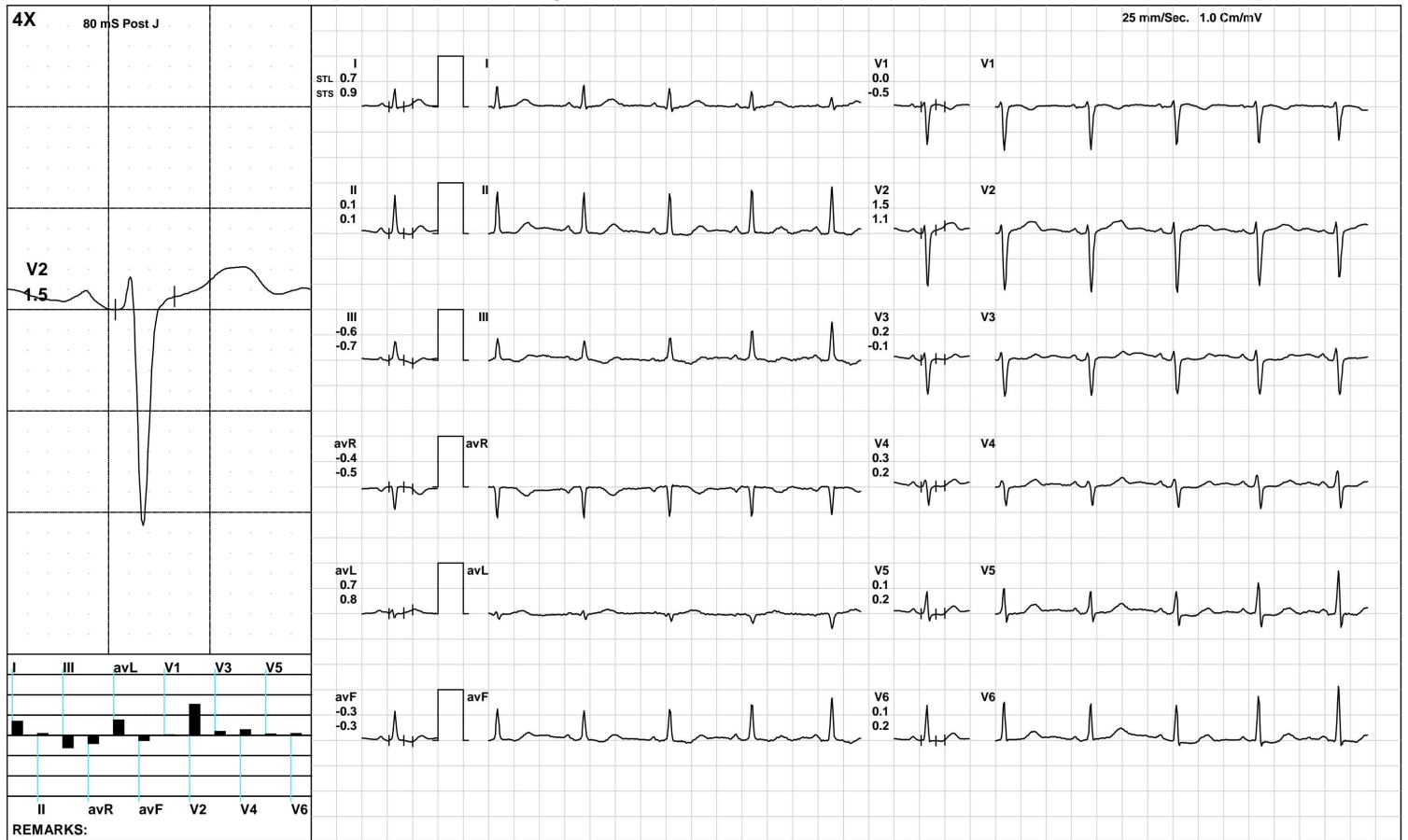
Warm Up



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 93

Date: 26-Mar-2023 12:25:24 PM METS: 1.0/ 93 bpm 53% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:43 1.0 mph, 0.0%



Aarogam Diagnostics

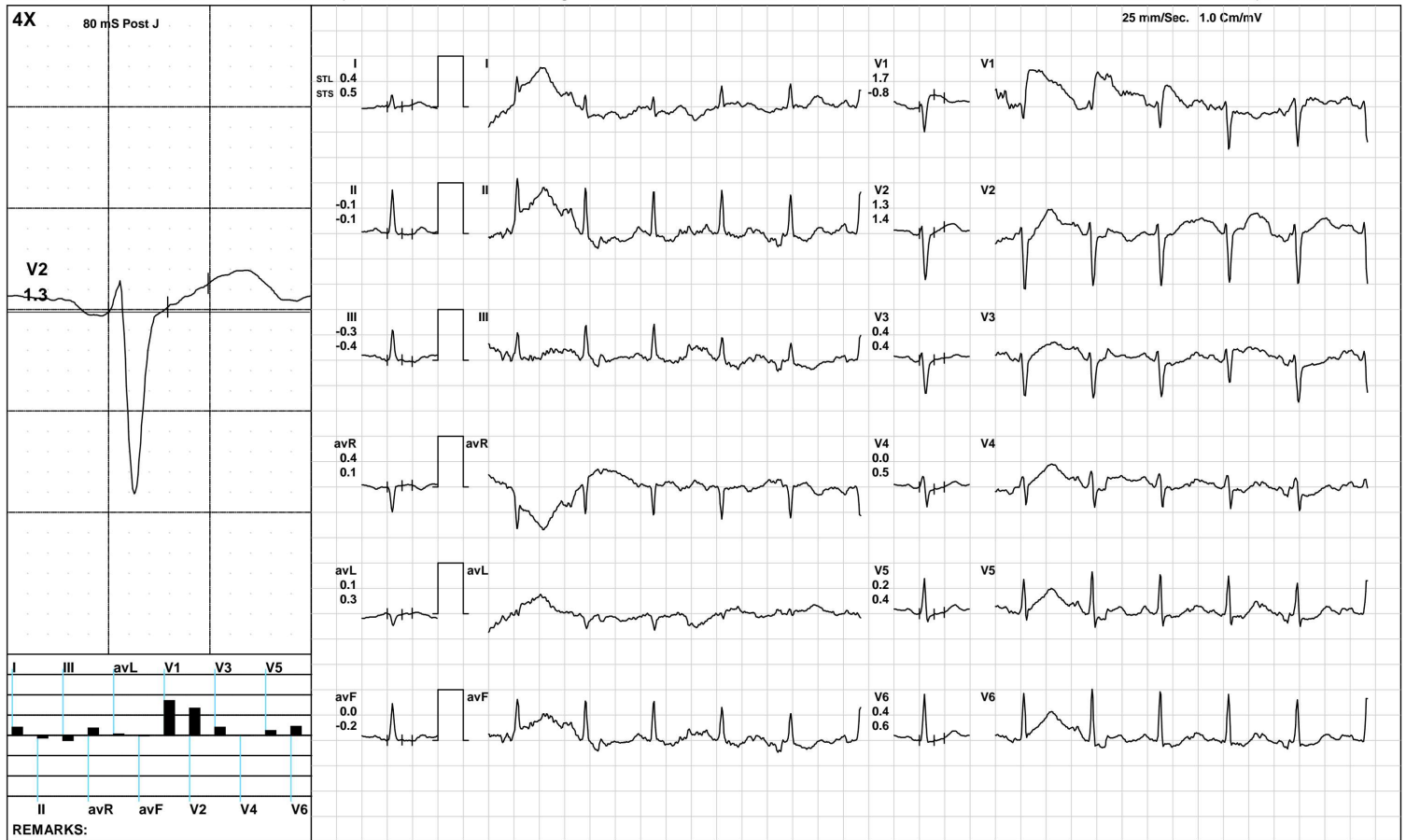
ExStart



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 109

Date: 26-Mar-2023 12:25:24 PM METS: 1.1/ 109 bpm 62% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:06 1.7 mph, 10.0%



(GEM212170906)(R)Kardic by Allengers

Aarogam Diagnostics

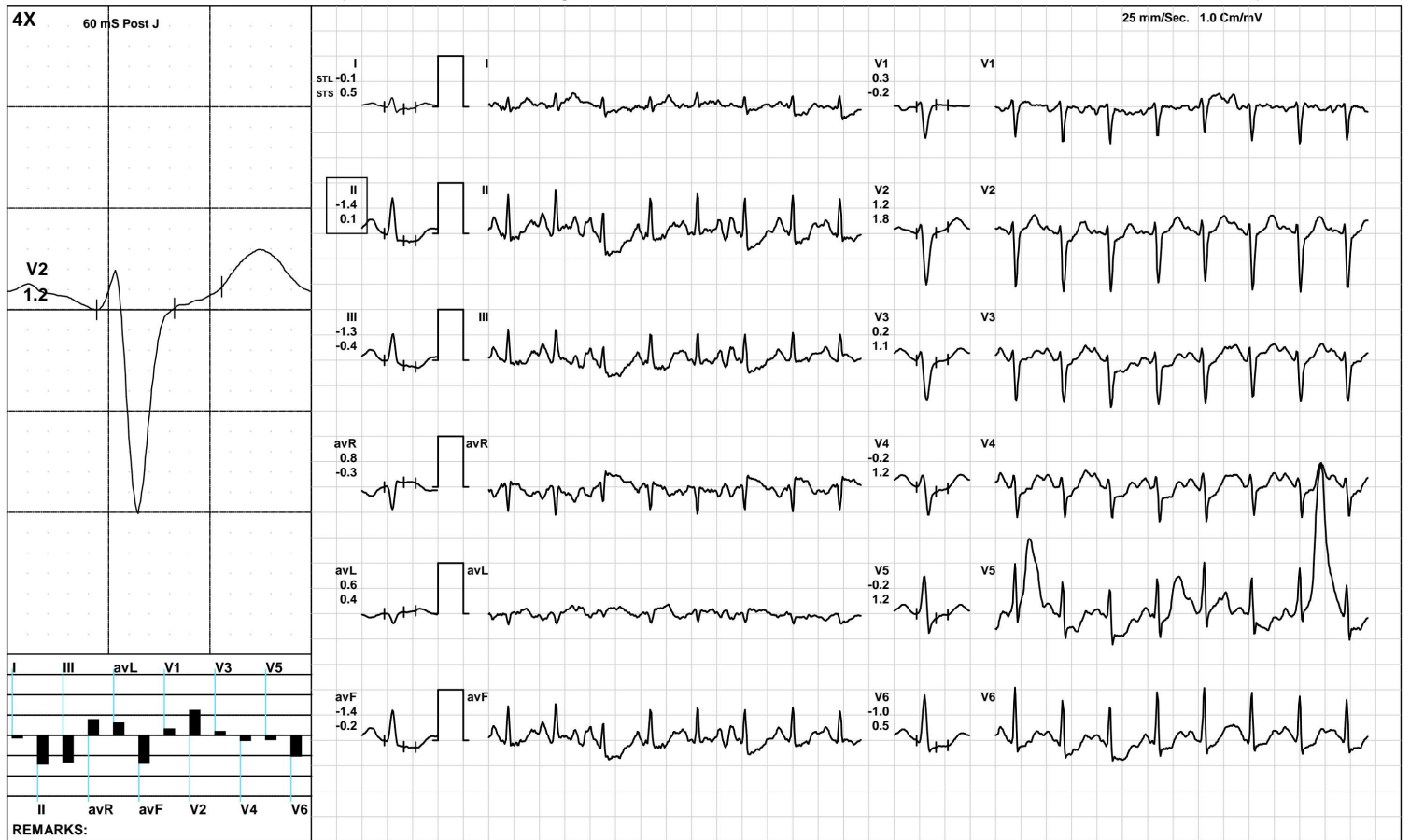
BRUCE/Stage 1(3:00)



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 157

Date: 26-Mar-2023 12:25:24 PM METS: 4.7/ 157 bpm 89% of THR BP: 125/85 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



(GEM212170906)(R)Kardic by Allengers

Aarogam Diagnostics

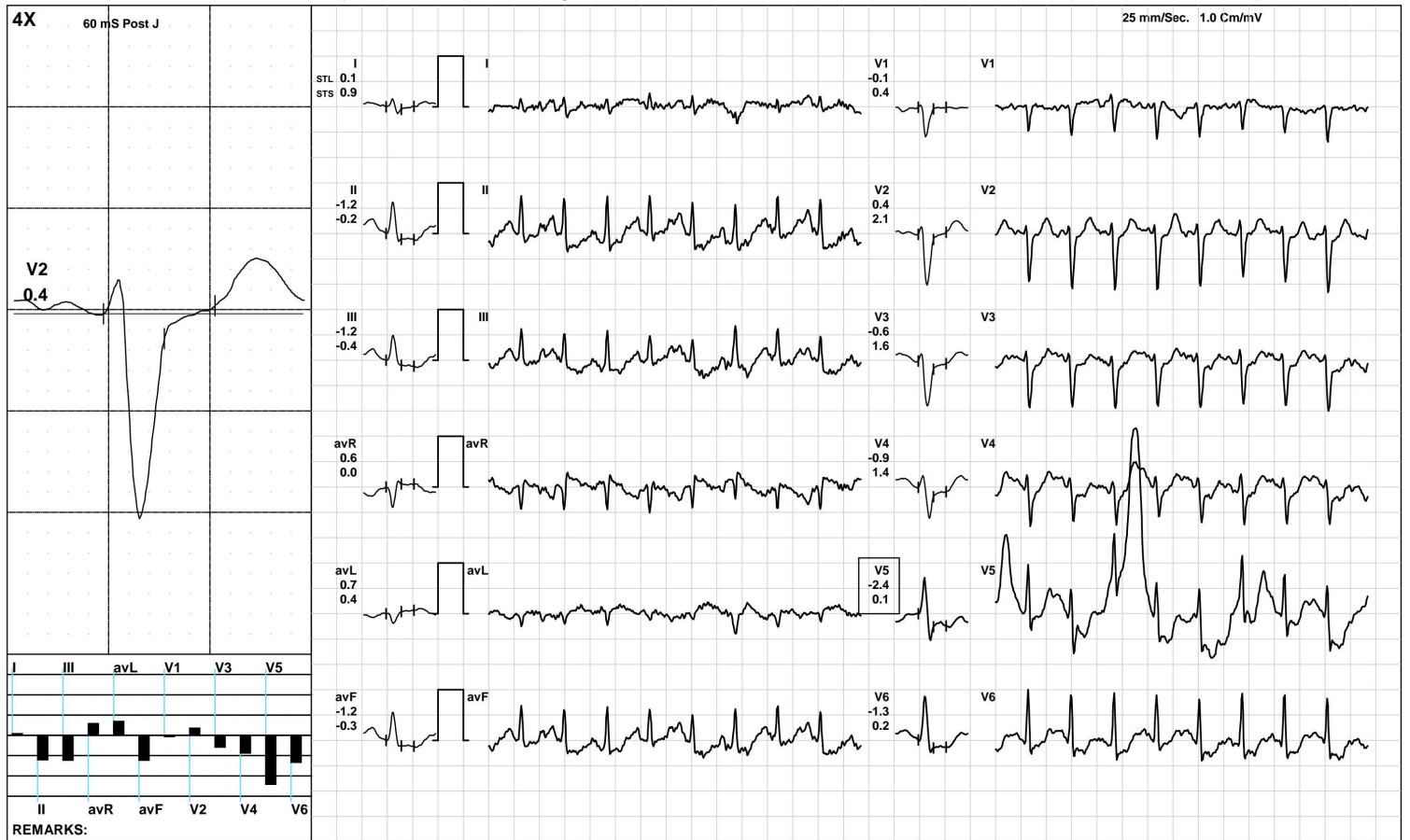
BRUCE/:Stage 2(3:00)



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 173

Date: 26-Mar-2023 12:25:24 PM METS: 7.1/ 173 bpm 98% of THR BP: 130/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%



(GEM212170906)(R)Kardic by Allengers

Aarogam Diagnostics

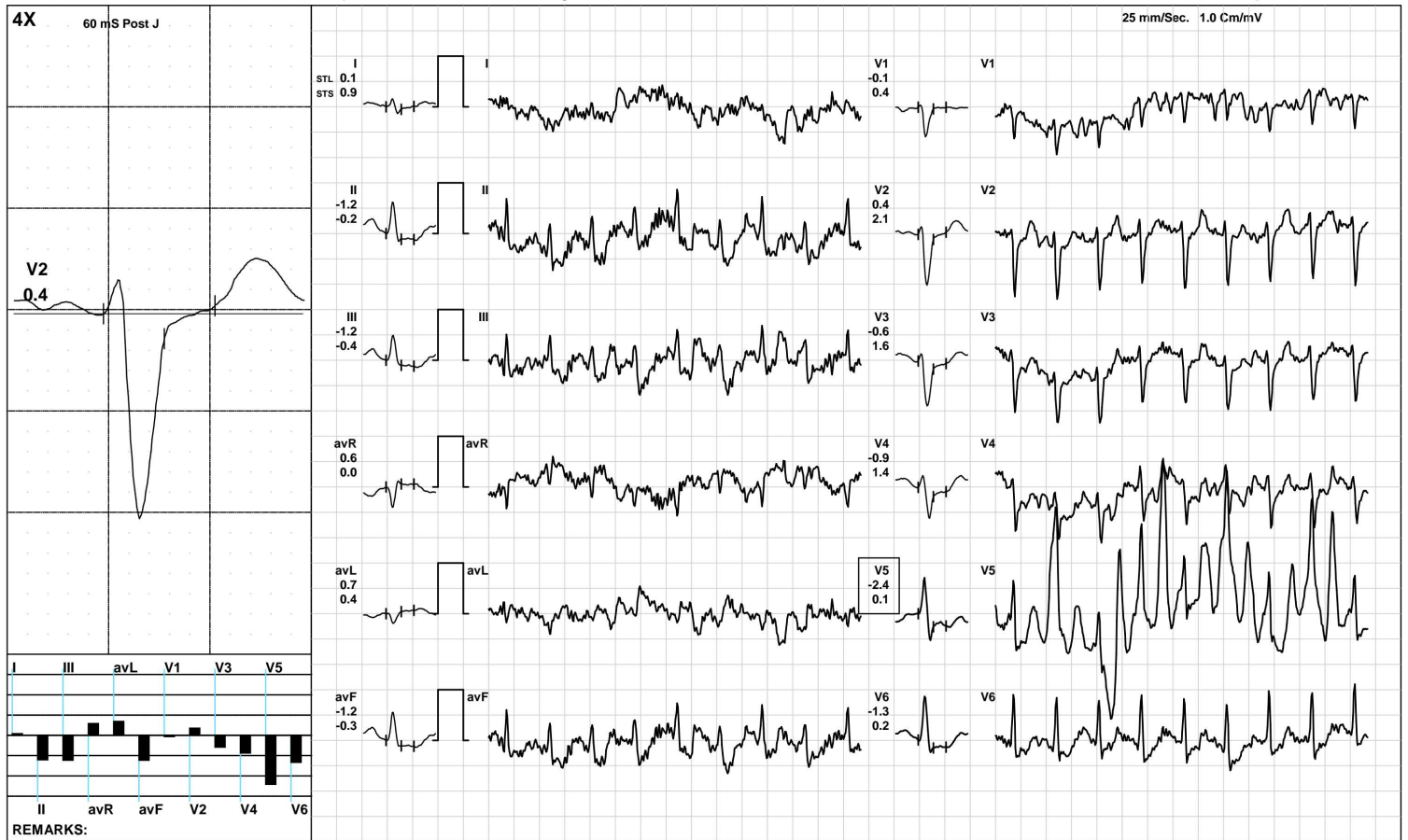
PeakEx



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 172

Date: 26-Mar-2023 12:25:24 PM METS: 7.2/ 172 bpm 98% of THR BP: 130/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:07 3.4 mph, 14.0%



(GEM212170906)(R)Kardic by Allengers

Aarogam Diagnostics

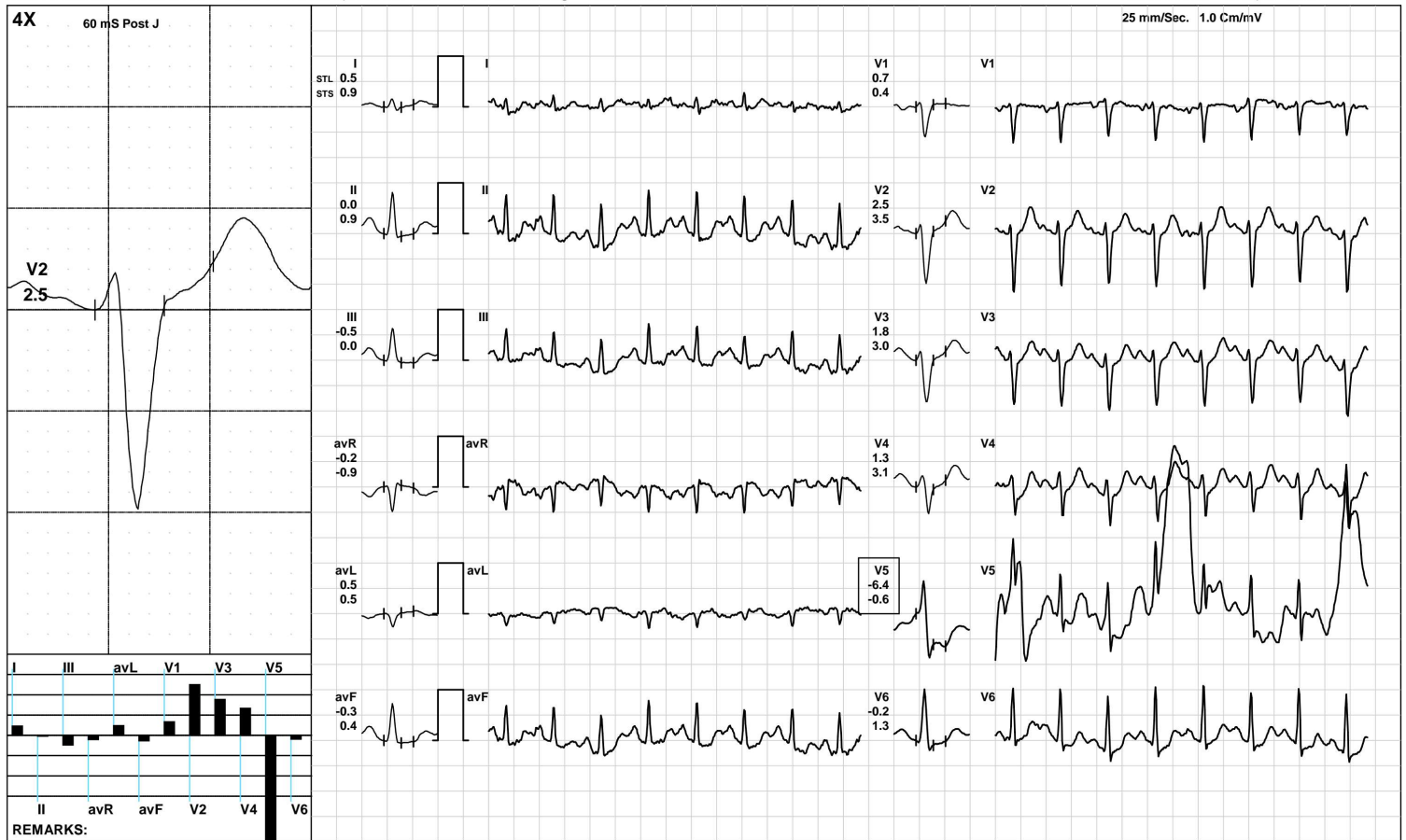
Recovery(1:00)



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 156

Date: 26-Mar-2023 12:25:24 PM METS: 1.2/ 156 bpm 89% of THR BP: 125/85 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:08 1.1 mph, 0.0%



Aarogam Diagnostics

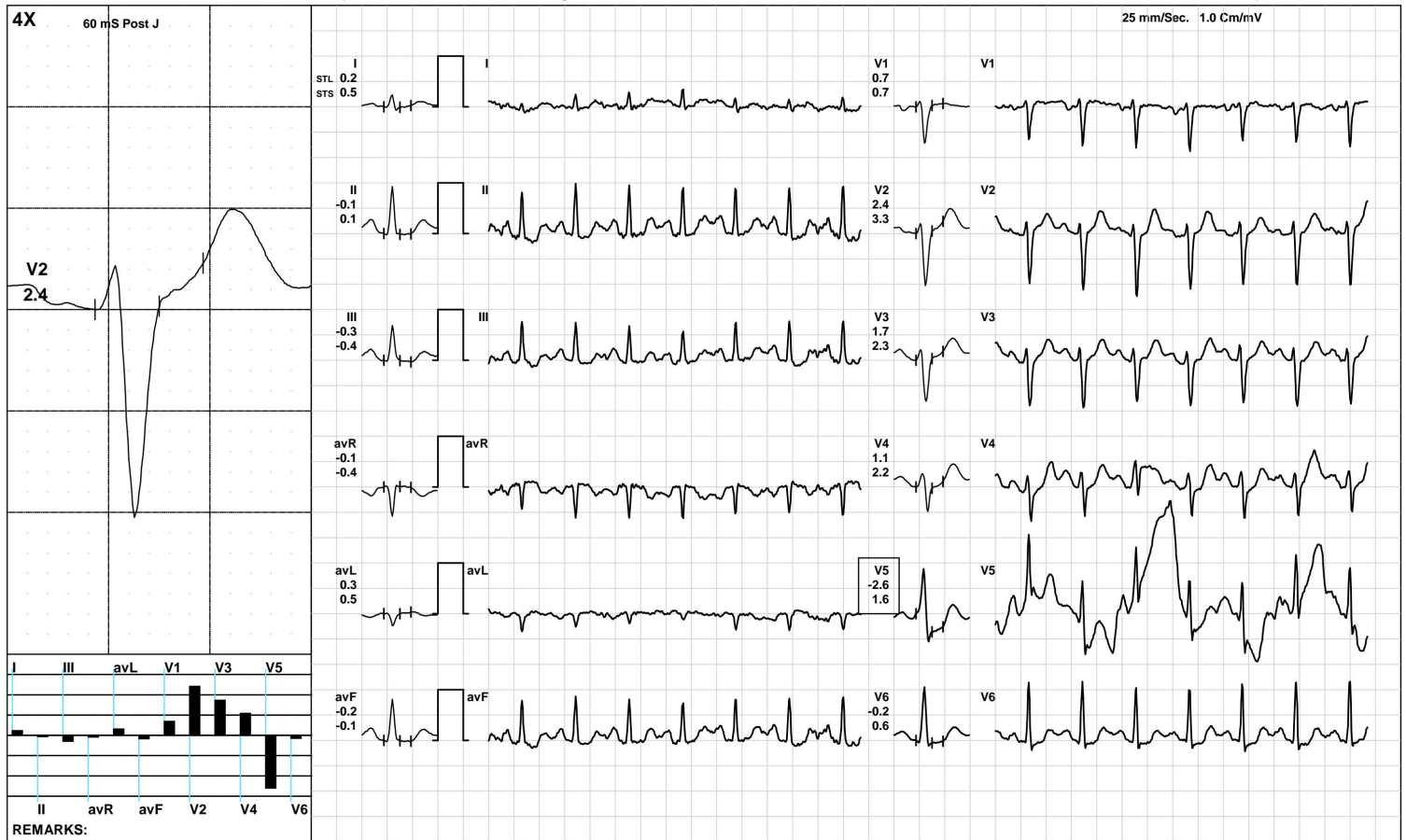
Recovery(2:00)



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 140

Date: 26-Mar-2023 12:25:24 PM METS: 1.0/ 140 bpm 80% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:08 1.1 mph, 0.0%



Aarogam Diagnostics

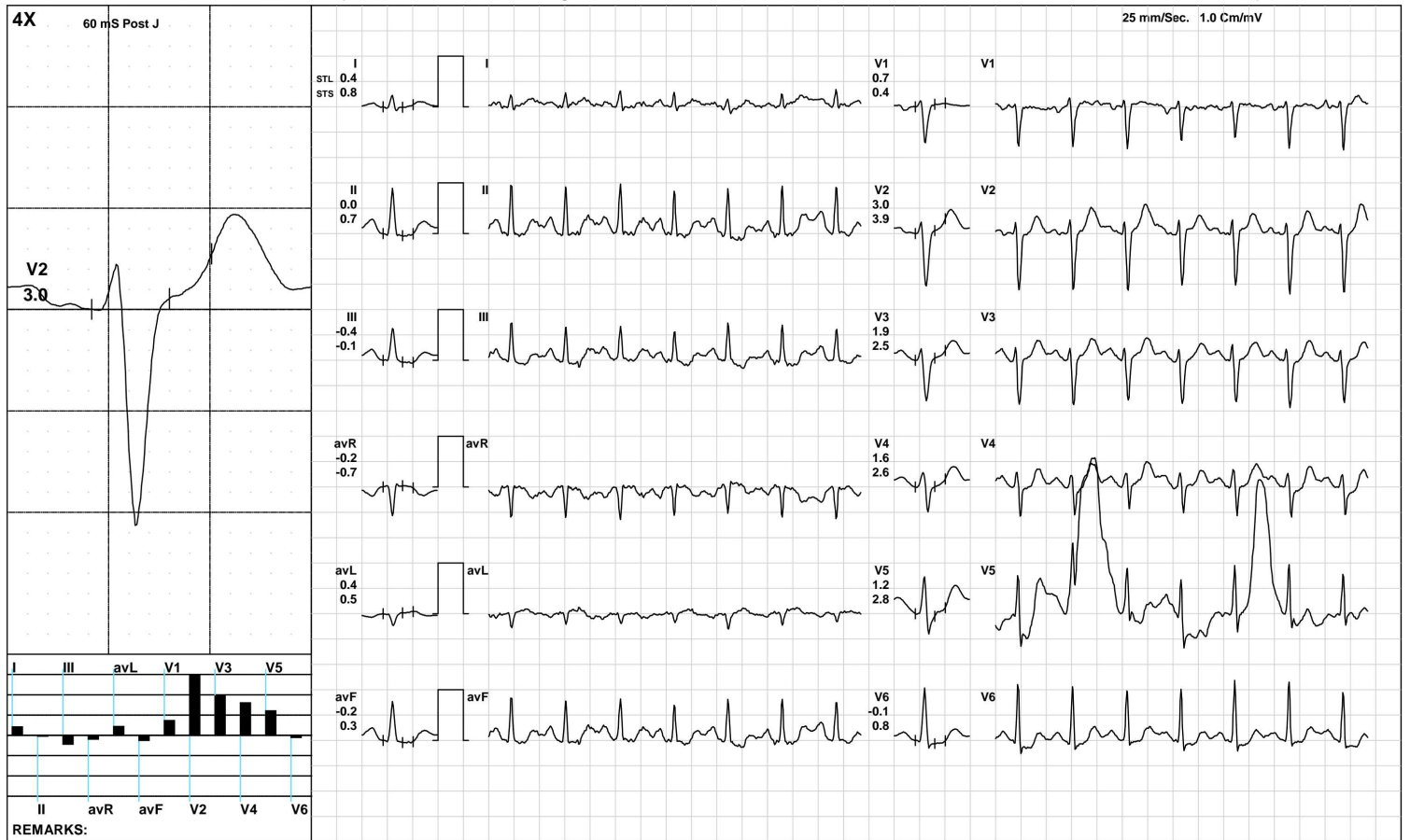
Recovery(2:16)



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 140

Date: 26-Mar-2023 12:25:24 PM METS: 1.0/ 140 bpm 80% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:08 1.1 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

Aarogyam Diagnostics

ST Measurements



1879 / MRS.SWATI SINGH / 45 Yrs / F / 162 Cms / 78 Kg / HR : 88

Date: 26-Mar-2023 12:25:24 PM

Protocol : BRUCE/

	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	STS(mv/sec)
STL(mm)Supine	0.3	0.0	-0.4	-0.2	0.3	-0.2	0.1	1.1	0.2	0.0	-0.1	-0.2	0.4	-0.1	-0.5	-0.2	0.4	-0.3	-0.2	0.7	0.0	-0.1	-0.1	-0.1	
60 @mS Standing	0.6	0.0	-0.5	-0.3	1.0	-0.3	0.1	1.3	0.1	0.1	-0.1	-0.1	0.7	0.0	-0.7	-0.4	0.8	-0.3	-0.5	0.8	-0.2	-0.1	0.0	0.0	
HV	0.2	-0.2	-0.4	0.0	0.0	-0.3	0.3	1.0	0.2	0.2	-0.2	-0.2	0.3	-0.3	-0.6	-0.1	0.4	-0.4	0.1	0.9	0.2	0.2	0.0	-0.1	
Warm Up	0.7	0.1	-0.6	-0.4	0.7	-0.3	0.0	1.5	0.2	0.3	0.1	0.1	0.9	0.1	-0.7	-0.5	0.8	-0.3	-0.5	1.1	-0.1	0.2	0.2	0.2	
ExStart	0.7	0.1	-0.6	-0.4	0.7	-0.3	0.0	1.5	0.2	0.3	0.1	0.1	0.9	0.1	-0.7	-0.5	0.8	-0.3	-0.5	1.1	-0.1	0.2	0.2	0.2	
Stage 1	0.1	-0.5	-0.7	0.2	0.5	-0.6	-0.4	0.7	-0.5	-0.7	0.1	-0.9	0.4	0.6	0.2	-0.5	0.2	0.4	-0.4	1.9	0.8	1.2	1.6	0.5	
Stage 2	0.0	-1.5	-1.4	0.7	0.7	-1.5	1.0	0.1	-0.4	-1.0	-1.8	-1.4	0.8	0.1	-0.7	-0.5	0.8	-0.3	2.3	2.9	2.5	2.2	0.5	0.6	
PeakEx	0.1	-1.2	-1.2	0.6	0.7	-1.2	-0.1	0.4	-0.6	-0.9	-2.4	-1.3	0.9	-0.2	-0.4	0.0	0.4	-0.3	0.4	2.1	1.6	1.4	0.1	0.2	
Recovery	0.5	0.0	-0.5	-0.2	0.5	-0.3	0.7	2.5	1.8	1.3	-6.4	-0.2	0.9	0.9	0.0	-0.9	0.5	0.4	0.4	3.5	3.0	3.1	-0.6	1.3	
Recovery	0.2	-0.1	-0.3	-0.1	0.3	-0.2	0.7	2.4	1.7	1.1	-2.6	-0.2	0.5	0.1	-0.4	-0.4	0.5	-0.1	0.7	3.3	2.3	2.2	1.6	0.6	
Recovery	0.4	0.0	-0.4	-0.2	0.4	-0.2	0.7	3.0	1.9	1.6	1.2	-0.1	0.8	0.7	-0.1	-0.7	0.5	0.3	0.4	3.9	2.5	2.6	2.8	0.8	

	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STI(μVs)												
Supine	2.9	0.8	-2.1	-1.9	2.4	-0.6	0.7	8.9	1.7	0.8	0.1	-0.5
Standing	4.3	1.7	-2.6	-3.0	6.6	-0.4	1.1	9.6	1.7	1.4	0.7	0.4
HV	2.2	0.0	-2.3	-1.1	-0.1	-1.1	1.4	8.5	1.8	1.8	-0.5	-0.4
Warm Up	5.4	3.1	-2.4	-4.2	4.5	0.3	0.2	11.4	2.7	3.6	2.4	2.7
ExStart	5.4	3.1	-2.4	-4.2	4.5	0.3	0.2	11.4	2.7	3.6	2.4	2.7
Stage 1	-0.3	-4.2	-3.9	2.3	2.3	-4.0	-2.1	-0.1	-4.8	-6.8	-1.8	-6.6
Stage 2	-0.6	-5.8	-5.1	3.3	2.2	-5.5	2.7	-1.0	-2.7	-4.5	-6.4	-5.4
PeakEx	-0.9	-6.2	-6.2	3.0	3.2	-6.3	-1.1	-1.8	-6.0	-7.0	-12.0	-7.6
Recovery	0.9	-1.9	-2.8	0.5	1.9	-2.3	3.5	7.4	4.8	2.1	-36.2	-3.5
Recovery	0.4	-0.6	-1.0	0.1	1.0	-0.8	3.0	8.5	6.4	2.5	-18.4	-2.0
Recovery	0.9	-1.6	-2.5	0.4	1.8	-2.1	3.4	10.0	7.0	4.9	3.6	-2.2



Time (Min.)	HR (bpm)	PR Int (mS)	QRS Wid (mS)	QRS Axis (Deg.)	QTC (mS)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J (μV)	Leads for (J & PJ)	Min. Post JRR Var (μV)	(%)	VEB (Counts)	Missed Beats (Counts)
00:30	88	130	54	65	449	139	779	-1089	208	-62	V6	-17	0.00	0	0
01:00	111	198	72	68	189	118	854	-1098	254	-107	V6	-67	0.00	0	0
01:30	128	150	70	81	346	267	816	-1047	192	-99	II	-140	0.00	0	0
02:00	139	122	70	78	399	288	928	-1016	205	-92	II	-123	0.00	0	0
02:30	148	118	68	82	333	260	902	-1008	263	-165	V5	-138	0.00	0	0
03:00	154	66	68	85	375	-276	896	-1012	-441	-426	V5	-440	0.00	0	0
03:30	157	114	54	90	437	623	907	-1015	392	-361	V5	-260	0.00	0	0
04:00	160	112	70	81	162	280	896	-1031	336	-176	II	-198	0.00	0	0
04:30	168	100	54	90	369	258	863	-1039	303	-320	V6	-221	0.00	0	0
05:00	169	94	68	90	354	252	1083	-1016	386	-213	II	-223	0.00	0	0
05:30	170	106	70	90	322	214	825	-1024	-264	-268	V6	-255	0.00	0	0
06:00	171	104	54	90	336	508	829	-1017	522	-534	V5	-311	0.00	0	0
06:30	174	66	70	90	372	251	840	-1035	-381	-363	V6	-242	0.00	0	0
07:00	174	102	70	107	402	226	1357	-1015	738	-302	II	-281	0.00	0	0
07:30	169	100	68	90	410	634	924	-1054	563	-234	V6	-209	0.00	0	0
08:00	155	114	54	81	409	426	956	-1049	424	-555	V5	-266	0.00	0	0
08:30	147	118	52	77	422	335	1000	-1074	482	-471	V5	-124	0.00	0	0
09:00	140	122	58	82	431	355	1105	-1057	-507	-210	V6	-94	0.00	0	0