

Name : MR. ANKUR SAINI

Age / Gender : 36 Years / Male

Consulting Dr. :

Reg. Location: Vashi (Main Centre)

Authenticity Check

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Collected : 13-Aug-2022 / 10:07

Reported :13-Aug-2022 / 13:55

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (Complete Blood	Count), Blood	
RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
13.8	13.0-17.0 g/dL	Spectrophotometric
5.12	4.5-5.5 mil/cmm	Elect. Impedance
42.6	40-50 %	Measured
83	80-100 fl	Calculated
26.9	27-32 pg	Calculated
32.4	31.5-34.5 g/dL	Calculated
13.7	11.6-14.0 %	Calculated
7940	4000-10000 /cmm	Elect. Impedance
LUTE COUNTS		
41.3	20-40 %	
3279.2	1000-3000 /cmm	Calculated
7.8	2-10 %	
619.3	200-1000 /cmm	Calculated
47.2	40-80 %	
3747.7	2000-7000 /cmm	Calculated
2.5	1-6 %	
198.5	20-500 /cmm	Calculated
1.2	0.1-2 %	
95.3	20-100 /cmm	Calculated
	RESULTS 13.8 5.12 42.6 83 26.9 32.4 13.7 7940 LUTE COUNTS 41.3 3279.2 7.8 619.3 47.2 3747.7 2.5 198.5 1.2	13.8 13.0-17.0 g/dL 5.12 4.5-5.5 mil/cmm 42.6 40-50 % 83 80-100 fl 26.9 27-32 pg 32.4 31.5-34.5 g/dL 13.7 11.6-14.0 % 7940 4000-10000 /cmm LUTE COUNTS 41.3 20-40 % 3279.2 1000-3000 /cmm 7.8 2-10 % 619.3 200-1000 /cmm 47.2 40-80 % 3747.7 2000-7000 /cmm 2.5 1-6 % 198.5 20-500 /cmm 1.2 0.1-2 %

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

Immature Leukocytes

Page 1 of 11

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Platelet Count	442000	150000-400000 /cmm	Elect. Impedance
MPV	8.8	6-11 fl	Calculated
PDW	13.3	11-18 %	Calculated

RBC MORPHOLOGY

Hypochromia -

Microcytosis -

Macrocytosis -

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells -

Basophilic Stippling -

Normoblasts -

Others Normocytic, Normochromic

WBC MORPHOLOGY -

PLATELET MORPHOLOGY -

COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB 34 2-15 mm at 1 hr. Westergren

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Panvel Lab, Panvel East
*** End Of Report ***



Dr.IMRAN MUJAWAR M.D (Path) Pathologist

Page 2 of 11



BILIRUBIN (TOTAL), Serum

TOTAL PROTEINS, Serum

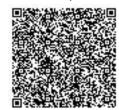
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Hexokinase

Hexokinase

Biuret

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AERFOCAMI HEALTHCARE	BELOW 40 MALE/FEMALE	
<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>

GLUCOSE (SUGAR) FASTING, 96.1 Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose:

100-125 mg/dl

Diabetic: >/= 126 mg/dl

GLUCOSE (SUGAR) PP, Fluoride 132.5 Non-Diabetic: < 140 mg/dl Plasma PP/R Impaired Glucose Tolerance:

0.6

7.3

140-199 mg/dl

6.4-8.3 g/dL

Diabetic: >/= 200 mg/dl

0.1-1.2 mg/dl Colorimetric

BILIRUBIN (DIRECT), Serum 0.22 0-0.3 mg/dl Diazo
BILIRUBIN (INDIRECT), Serum 0.38 0.1-1.0 mg/dl Calculated

 ALBUMIN, Serum
 4.5
 3.5-5.2 g/dL
 BCG

 GLOBULIN, Serum
 2.8
 2.3-3.5 g/dL
 Calculated

 A/G RATIO, Serum
 1.6
 1 - 2
 Calculated

SGOT (AST), Serum 27.1 5-40 U/L NADH (w/o P-5-P)

SGPT (ALT), Serum 39.4 5-45 U/L NADH (w/o P-5-P)

GAMMA GT, Serum 29.9 3-60 U/L Enzymatic

ALKALINE PHOSPHATASE, 97.4 40-130 U/L Colorimetric Serum

BLOOD UREA, Serum 16.9 12.8-42.8 mg/dl Kinetic

Page 3 of 11

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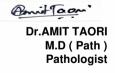
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BUN, Serum	7.9	6-20 mg/dl	Calculated
CREATININE, Serum eGFR, Serum	0.84 110	0.67-1.17 mg/dl >60 ml/min/1.73sqm	Enzymatic Calculated
URIC ACID, Serum	5.7	3.5-7.2 mg/dl	Enzymatic
Urine Sugar (Fasting)	Absent	Absent	
Urine Ketones (Fasting)	Absent	Absent	
Urine Sugar (PP)	Absent	Absent	
Urine Ketones (PP)	Absent	Absent	
*C	I DIACNOCTICE (INDIA) DVT	LTD Demical Lab Demical Foot	

^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Panvel Lab, Panvel East
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HPLC

Reported :13-Aug-2022 / 19:53

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

Glycosylated Hemoglobin 5.9 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Diabetic Level: >/= 6.5 %

Estimated Average Glucose 122.6 mg/dl Calculated (eAG), EDTA WB - CC

Page 5 of 11

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Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***



Dr.ANUPA DIXIT M.D.(PATH) Consultant Pathologist & Lab Director

Page 6 of 11

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	30 ml	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION	<u>[</u>		
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	2-3		

CastsAbsentAbsentCrystalsAbsentAbsentAmorphous debrisAbsentAbsent

Bacteria / hpf 3-4 Less than 20/hpf

^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Panvel Lab, Panvel East
*** End Of Report ***



Dr.IMRAN MUJAWAR M.D (Path) Pathologist

Page 7 of 11

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER RESULTS

ABO GROUP 0

Rh TYPING Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- · Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***



Dr.VRUSHALI SHROFF M.D.(PATH) Pathologist

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	203.4	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	80.0	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	41.0	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	162.4	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	146.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	16.4	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	5.0	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO,	3.6	0-3.5 Ratio	Calculated

^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Panvel Lab, Panvel East
*** End Of Report ***



Dr.IMRAN MUJAWAR M.D (Path) Pathologist

Page 9 of 11



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE					
Free T3, Serum	4.5	3.5-6.5 pmol/L	ECLIA				
Free T4, Serum	15.8	11.5-22.7 pmol/L	ECLIA				
sensitiveTSH, Serum	3.88	0.35-5.5 microIU/ml	ECLIA				

Page 10 of 11

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Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:

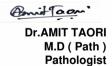
- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4. Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Panvel Lab, Panvel East
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USG WHOLE ABDOMEN

LIVER:

The liver is normal in size, shape and smooth margins. It shows bright parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

GALL BLADDER:

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

PANCREAS:

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

KIDNEYS:

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 10.9 x 3.8 cm.

Left kidney measures 11.3 x 4.4 cm.

SPLEEN:

The spleen is normal in size and echotexture. No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER:

The urinary bladder is well distended and reveal no intraluminal abnormality.

PROSTATE:

The prostate is normal in size. It measures 3.3 x 2.7 x 2.5 cm and volume is 12.3 cc.

IMPRESSION:

Grade I fatty infiltration of liver.

-----End of Report-----

Dr Shilpa Beri MBBS DMRE

Reg No 2002/05/2302 Consultant Radiologist



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X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

Dr Shilpa Beri MBBS DMRE

Reg No 2002/05/2302 Consultant Radiologist



Ref. Dr

Reg. Location: Vashi Main Centre

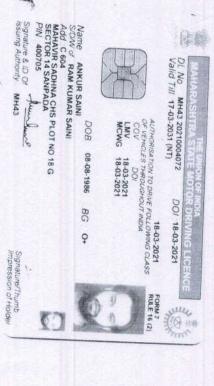
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DR. ANAND N. MOTWANI
M.D. (GENERAL MEDICINE)

Reg. No. 39329 (M.M.C)

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Tel. 27884547 / 27864548.



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PHYSICAL EXAMINATION REPORT

Patient Name	M	r. 1	Ankur	Saini	Sex/Age	male 3c
Date	13	80	2022	vi	CID	222252267
History and Com						
EXAMINATION	FIND	INGS	:			
Height (cms):			172	Temp (0c):	swemi	82
Weight (kg):			90	Skin:	heren	th_
Blood Pressure			(44(34	Nails:	HOPM	use.
Pulse			30(4	Lymph Node:	HORN	K
BMI			30.4			
					•	
Systems:						
Cardiovascular:		Made	Ende			
Respiratory:		heo	enke			
Genitourinary:		flore	mke			
GI System:		hut	2mh_			
CNS:		HOP	na			
Impression: 13 6						
SUBUF Shop N	RBAN D lo 22, G	IAGN(Ground shi, Na	OSTICS (I) F Floor, Raikar IVI Mumbai - 4	PVT. LTD. Bnavan, 100 703	DR.	ANAND N. MOTWANI M.D. (GENERAL MEDICINE)

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Tel 27884547 / 27864548.



E P O R

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CHIE	F COMPLAINTS:	
1)	Hypertension:	No
2)	IHD	No
3)	Arrhythmia	No
4)	Diabetes Mellitus	No
5)	Tuberculosis	No
6)	Asthama	No
7)	Pulmonary Disease	No
8)	Thyroid/ Endocrine disorders	110
9)	Nervous disorders	NO
10)	GI system	No
11)	Genital urinary disorder	\sim 0
12)	Rheumatic joint diseases or symptoms	NO
13)	Blood disease or disorder	\sim 0
14)	Cancer/lump growth/cyst	No
15)	Congenital disease	\sim 0
16)	Surgeries	NU
17)	Musculoskeletal System	NO

PERSONAL HISTORY: 1) Alcohol 2) Smoking 3) Diet 4) Medication YES Veg + legg. Zaride '5 mg. Re war reasoninger

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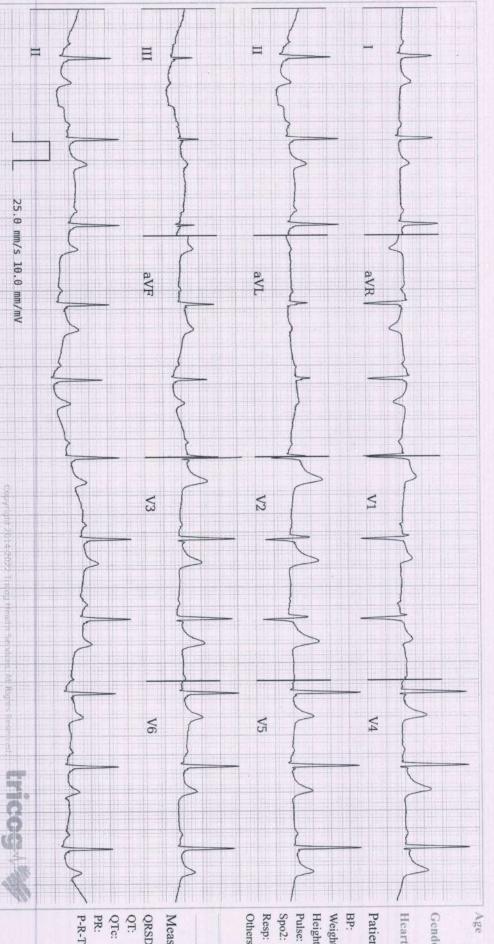
PRECISE TESTING . HEALTHIER LIVING

Patient ID:

SUBURBAN DIAGNOSTICS - VASHI

Patient Name: ANKUR SAINI 2222522671

Date and Time: 13th Aug 22 10:44 AM



Age 36 years months days

Gender Male

Heart Rate 70bpm

Patient Vitals

Height: Weight: 90 kg 172 cm 144/94 mmHg

NA

X

Others

Measurements

QRSD: 86ms 384ms

414ms

P-R-T: 44° 48° 41° 154ms

ECG Within Normal Limits: Sinus Rhythm, Normal Axis. Baseline wandering. Otherwise.Please correlate clinically.

REPORTED BY

Aums

Dr.Anand N Motwani M.D (General Medicine) Reg No 39329 M.M.C



R

E

Date:- 13 8 2022

CID: 222252267

Sex / Age: M/ 36

EYE CHECK UP

Chief complaints:

Systemic Diseases: No

Past history: 10

Unaided Vision:

Aided Vision:

Refraction:

without Gloss
Both Eye- 6/6
Left Eye- 6/6
Right Eye- 6/6

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance	_			66				6 6.
Near	-			Me	~			Ne

Colour Vision: Normal / Abnormal

Remark:

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Sector-17, Vashi, Navi Mumbai - 400 703 Tel 27884547 / 27864548.

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HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343

	(a) Kecovery	Decovery(a)	Dogo, (E)	Recovery(4)	Recovery(3)	Recovery(2)	Recovery(1)	Peak Ex	ω	2	-	Hyperventilation	Standing	Supine		Stage Name	Protocol Details	Test Termination Criteria:	Max. BP: 210 / 100 mmHo	Total Exec. Time:	Protocol: Bruce	Test Details	Medications: NIL	Clinical History:	Name: MR.ANKUR SAINI	Patient Details) :
	0:9	1:0		· -			1.0	1:25	3. C. C	بد ک د	3.0		0:19	0 : 16	(Jac. 111111)		İİ	on Criteria: FATIGUE	100 mmHa	ne: 10 m 25 s	œ ·		ZE Z	V: VIII Sex: M	6		
	1.0	1.0	1.0	i		0 0	a .	יו ת	3 6	7 1	o c	i c	<u>.</u>	A		Mets		GUE						8	ID: 2222522671	Date: 13-Aug-22	
	0	0	0	0	c	> -) i	0.7) 1	, c	o c	> c	>	(mpn)										3 (lg-22	
	0	0	0	0	o	0	, ,	4 6	12	10	3 0) c	o c	>	1) (%)			Max.	Max. TIX.		D, MLD						
	104	103	107	110	110	136	153	141	120	110	82	81	2 93		Rate			Max. BF X HK:	į					Heigh		Time	
	18	180	190	210	210											Heart N		32130		TOT UDIT	Ī			Height:172 cm		Time: 12-58-00 DM	SUBU
	180 / 100	0/100	0 / 100	0 / 100	0 / 100	0 / 100	0 / 100	170 / 100	160 / 100	150/94	144/94	144/94	144/94		(mm/Hg)	Max. BP		0 mmHg/min						ms	O P W		SUBURBAN
	-0.85 aVR	-0.85 aVR	-0.85 aVR	-5.10 V6	-5.31 V6	-5.52 V6	-3.40 V6	-2.34 aVR	-1.27	-1.27 aVR	-0.85 aVR	-1.27 aVR	-1.27 aVR	(minn)	Level	Max. ST		J/min	Pr.MIR) bpm					We			DIAGNOSTICS
ļ	1.42 \(\)	142 \	1.42 \(\sigma \)	1.77 V2	5.66 V6	5.66 V6	3.89 V2	4.25 II	3.54	2.48	1.77	1.77	1.77	(mV/s)	Slope	Max. ST		Min. BP x HR: 761	Max. Mets: 13.50	THR: 156 (85 % of Pr.MHR) bpm				Weight:90 Kgs			OSTICS
																		7614 mmHg/min		Pr.MHR) bpm							

