



Name : Mr. KHETAN AMIT KUMAR (40 /M)

Date : 09/12/2023

# AHC MEDICAL SUMMARY

Address : SURVEY BELTOLA, GUWAHATI, KAMRUP(M), ASSAM, INDIA

Examined by : Dr .APHC

UHID : AHLG2.0000035541

Package : MediWheel Full Body Health Check up-Male below 40Yrs

AHC No : APHCAH19730



## CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health  
Check up-Male below 40Yrs  
FUC OF PTCA (3 STENTS) JULY 23

- ZORYL M2; TWICE  
TAB TENIVA 20 MG  
ECOSPRIN 75 MG  
TAB BRILINTA 90 MG; TWICE  
TONACT 20MG BED TIME  
CONCOR 2.5 MG MORNING

## PRESENT KNOWN ILLNESS

Diabetes mellitus - type 2; Since - 5; YRS



## Surgical history

Angioplasty - 2023



## DRUG ALLERGY

NO KNOWN ALLERGY :09/12/2023

## Immunization history

- Covid Dose2



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Peptic ulcer - no; Bowel habits - regular; Piles - no

### Genitourinary system

- Nil Significant

### Central nervous system

Dizziness - occasional; Concentration - good; Sleep - good

### Musculoskeletal system

Spine and joints  
Shoulder (left) - pain

### Weight

- stable



## Present medications



## Personal history

Marital status - Married  
No. of children - 1  
Male - 1  
Diet - Eggs  
Alcohol - stopped consuming alcohol  
Smoking - No  
Chews tobacco - Yes  
Chews paan - Yes  
Physical activity - Mild



## Family history

Father - alive  
Aged - 78 YRS  
Mother - alive  
Aged - 73 YRS  
Brothers - 1  
Diabetes - father,mother  
Coronary artery disease - father  
Cancer - None


## PHYSICAL EXAMINATION



## General

Height - 160  
Weight - 61

BMI	- 23.83
Waist circumference	- 85
Hip	- 90
Waist/ Hip ratio	- 0.94
Pallor	- No
Oedema	- no
SpO2	- 99% RA

 **Cardiovascular system**

Heart rate (Per minute)	- 90
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 110
Diastolic(mm of Hg)	- 80
Heart sounds	- S1S2+

**Respiratory system**

Rate of respiration(per minute)	- 20
Breath sounds	- Normal vesicular breath sounds

 **Abdomen**

Organomegaly	- No
Tenderness	- No

 **Eyes**

Eye vision	- Normal
Eye vision	- BE 6/6. N6
Colour vision	- Normal
Cornea	- Normal
Conjunctiva	- Normal
Pupil	- Normal
Intraocular pressure	- 12 mmHg (R), 15 mmHg (L)
Advice for spectacle	- Yes

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## Executive Summary

1. Type 2 diabetes mellitus on medication (FBS 124 mg/dl, PPBS 250 mg/dl)
2. Follow up case of CAD (Post PTCA 3 stents)
3. Mild eosinophilia (E 8.3%)
4. Rule out UTI (Nitrite +ve)
5. Fatty liver Grade I

## Wellness Prescription

### Advice On Diet :-



Dietician consultation

### Advice On Physical Activity :-



Regular exercise

## Medications

1. TAB ZORYL M 20 MG x continue
2. TAB TENIVA 20 MG x continue
3. TAB ECOSPRIN 75 MG x continue
4. TAB BRILINTA 90 MG x continue
5. TAB CONCOR COR 2.5 MG x continue
6. TAB TONACT 20 MG x continue

## Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
CULTURE AND SENSITIVITY [URINE]	Immediate/Urgent		
VITAMIN D-SERUM	Immediate/Urgent		
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	Immediate/Urgent		

## Follow-up and Review Plan



Referred to Cardiologist.



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Printed By : HEALTH CHECK REPORT

Dr.APHC 

AHC Physician / Consultant Internal Medicine

Dr. Prabin Kumar Saikia  
MD (Gen Medicine), FCGP, FICP, PGDHHM  
Registration No:-7523, Assam  
Consultant Physician, APHC  
Apollo Hospitals Guwahati-781005

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



### Medications

- 1. TAB ZORYL M 20 MG x continue
- 2. TAB TENIVA 20 MG x continue
- 3. TAB ECOSPRIN 75 MG x continue
- 4. TAB BRILINTA 90 MG x continue
- 5. TAB CONCOR COR 2.5 MG x continue
- 6. TAB TONACT 20 MG x continue



Dr.APHC

AHC Physician / Consultant Internal Medicine

Dr. Prabin Kumar Saikia  
MD (Gen Medicine), FCGP, FICP, PGDHHM  
Registration No.-7523, Assam  
Consultant Physician, APHC  
Apollo Hospitals Guwahati-781005



Name : Mr. KHETAN AMIT KUMAR      Age : 40Yr 0Mth 0Days      Gender : Male  
 UHID : AHLG2.0000035541 / APHCAH19730      W/BNo/RefNo : AHC  
 SIN \ LRN : 122757508 \ 122757510 \ 122757513 \ 10110021  
 Specimen : Serum  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 09-DEC-2023 09:44:57 AM      Received on : 09-DEC-2023 10:18:11 AM      Reported on : 09-DEC-2023 11:27:46 AM

**MediWheel Full Body Health Check up-Male below 40Yrs**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
ALT(SGPT) - SERUM (UV With P5P-IFCC)	45	Healthy Males:-16-63 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	4.3	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.6	Healthy Adults :1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	98	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	20	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.9	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	114	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	51	Healthy Men:15 - 85	U/L

TOUCHING LIVES

**CONSULTANTS**

DR. I. KALITA, MD

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DR. M. SAIKIA, MD(BIOCHEMISTRY)

DR. A. VERMA, DCP

DR. M. BARMAN, MD

DR. D.J. LAHON, MD (MICRO)

DR. M. SARMA, MD (MICRO)

\* The results relate to sample tested only. Partial reproduction of reports is prohibited.

Name : Mr. KHETAN AMIT KUMAR Age : 40Yr 0Mth 0Days Gender : Male  
 UHID : AHLG2.0000035541 / APHCAH19730 W/BNo/RefNo : AHC MC-3480  
 SIN \ LRN : 122757508 \ 122757510 \ 122757513 \ 10110021  
 Specimen : Serum  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 09-DEC-2023 09:44:57 AM Received on : 09-DEC-2023 10:18:11 AM Reported on : 09-DEC-2023 11:27:46 AM

<b>GLUCOSE -PLASMA (FASTING)</b> Hexokinase	<b>124 *</b>	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
<b>HDL CHOLESTEROL - SERUM / PLASMA</b> (Direct Measurement)	<b>36 *</b>	Low: <40 High: >=60 Desirable : < 4.5	mg/dL
<b>TOTAL CHOLESTEROL/HDL CHOLESTEROL</b> RATIO(Calculated)	<b>3.2</b>		
<b>LDL CHOLESTEROL - SERUM(DIRECT LDL)</b> (Homogenous Method)	<b>59</b>	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
<b>PROTEIN, TOTAL - SERUM</b> (Biuret)	<b>7.9</b>	Healthy Adults:6.4-8.3	mg/dl
<b>TRIGLYCERIDES - SERUM</b> (Glycerol Phosphate Oxidase)	<b>120</b>	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
<b>UREA - SERUM</b> (Enzymatic,Urease-GLDH) (Urease)	<b>32</b>	<50 years:19-44	mg/dL
<b>URIC ACID - SERUM</b> (Modified Uricase)	<b>5.9</b>	Healthy Men: 3.5 - 7.2	mg/dL

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 Ref Doctor : DR. PRABIN KUMAR SAIKIA



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<b>VLDL CHOLESTEROL - SERUM</b>			
CALCULATED.	24	Desirable:<30	
<b>BILIRUBIN CONJUGATED (DIRECT) - SERUM</b>			
(Jendrassik & Grof)	0.2	Healthy Adults:0.0-0.5	mg/dL
<b>CREATININE - SERUM</b>			
JAFFE METHOD	1.00	Healthy Men: 0.72 - 1.25	mg/dL
<b>TOTAL T3: TRI IODOTHYRONINE - SERUM</b>	1.7	Healthy Adults	nmol/L
(Eclia)		Euthyroid: 1.2-3.1	
<b>TOTAL T4: THYROXINE - SERUM</b>	114	Healthy Adults	nmol/L
(Eclia)		Euthyroid: 66-181	
<b>TSH: THYROID STIMULATING HORMONE - SERUM</b>	2.55	Healthy Adults	uIU/mL
(Eclia)		Euthyroid:0.270 - 4.20	
<b>GLUCOSE - PLASMA (POST PRANDIAL)</b>			
Hexokinase	250 *	Normal: <140	mg/dL
		Pre-Diabetic: 140-199	
		Diabetic :->=200	

Report Status:Final

TOUCH \* END OF REPORT \* SVES

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1078701

*J. Kalita*

Printed On : 10-DEC-2023 09:56:15 AM

DR. INDRAJIT KALITA, MD  
REDG NO:12852-AMC  
CONSULTANT PATHOLOGY

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 UHID : AHLG2.0000035541 / APHCAH19730 W/BNo/RefNo : AHC MC-3480  
 SIN ILRN : 122757509 \ 122757512 \ 10110021  
 Specimen : Urine  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 09-DEC-2023 09:44:57 AM Received on : 09-DEC-2023 12:57:00 PM Reported on : 09-DEC-2023 01:06:27 PM

MediWheel Full Body Health Check up-Male below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>HEMOGRAM(CBC+ESR+RECTIC+PS)</b>			
Hemoglobin	13	13.0 - 18.0	g/dl
RBC COUNT	5.17	4.5 - 5.5	Million/ul
MCV	80.5 *	82.0 - 92.0	fl
MCH	25.1 *	26.0 - 32.0	pg
MCHC	31.3	31.0 - 36.0	g/dl
RDW-CV	17.5 *	11.6 - 14	%
RETICULOCYTE COUNT	1.21	Healthy Adult :-0.5-2.5%	%
Platelet Count	171	150 - 400	10 <sup>3</sup> /mm <sup>3</sup>
TLC/WBC Count	7.12	4.0 - 11.0	10 <sup>3</sup> /mm <sup>3</sup>
ERYTHROCYTE SEDIMENTATION RATE (ESR)	6	0 - 10	mm/1st hr
<b>Differential Count</b>			
Neutrophils	60.4	45 - 75	%
Lymphocytes	28.8	20 - 40	%
Eosinophils	8.3 *	1 - 6	%
Monocytes	2.1	2 - 10	%
Basophils	0.4	0 - 2	%
<b>PERIPHERAL SMEAR</b>			
RBC:	Normocytic & normochromic		
WBC:	Mild Eosinophilia		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	41.6	40 - 50	%



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 SIN/ILRN : 122757509 \ 122757512 \ 10110021  
 Specimen : Urine  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 09-DEC-2023 09:44:57 AM Received on : 09-DEC-2023 12:57:00 PM Reported on : 09-DEC-2023 01:06:27 PM

<b>URINE- BENCE JONES PROTEINS</b>	Negative	Negative
<b>URINE ROUTINE (CUE)</b>		
Color,;	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026
pH(Strip Method+ Ph Paper)	7.0	4.6 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
<b>DEPOSITS:(Microscopy)</b>		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	0-2 /HPF	Up to 20
Casts:(Microscopy)	Not Detected	Absent /lpf
Crystals:	Not Detected	Absent /lpf
Amorphous Phosphates	+	1000 ng/mL(Cut-off)
Nitrite	Positive	Negative
<b>URINE SUGAR</b>	Nil	
Report Status:Final		

\* END OF REPORT \*

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First Report Printed On : 10-DEC-2023 09:56:57 AM  
 Printed On : 10-DEC-2023 09:56:58 AM

  
 DR. TRIDIB SARMA, D.C.P  
 CONSULTANT PATHOLOGIST



Page 2 of 2  
**CONSULTANTS**

- |                   |                   |                            |                                 |
|-------------------|-------------------|----------------------------|---------------------------------|
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| DR. A. VERMA, DCP | DR. M. BARMAN, MD | DR. D.J. LAHON, MD (MICRO) | DR. M. SARMA, MD (MICRO)        |

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UHID	AHLG2.0000035541 / APHCAH19730	W/BNo/RefNo	AHC		
SIN \LRN	122757511 \ 10110021				
Specimen	Blood				
Ref Doctor	DR. PRABIN KUMAR SAIKIA				



Collected on : 09-DEC-2023 09:44:57 AM Received on : 09-DEC-2023 11:04:39 AM Reported on : 09-DEC-2023 11:22:23 AM

TEST NAME	RESULT
<b>BLOOD GROUPING AND TYPING</b>	
ABO Group:	A
Rh (D) Type:	POSITIVE
Report Status:Final	
* END OF REPORT *	
CHECKED BY :	1077874
Printed On :	09-DEC-2023 11:22:53 AM

  
**CONSULTANTS**  
DR. DEEPA BHUYAN  
MOIC, BLOOD BANK

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# APOLLO HOSPITALS GUWAHATI

Unit: International Hospital  
(A unit of Assam Hospitals Ltd)

DEPARTMENT OF CARDIOLOGY

ECHOCARDIOGRAPHY REPORT

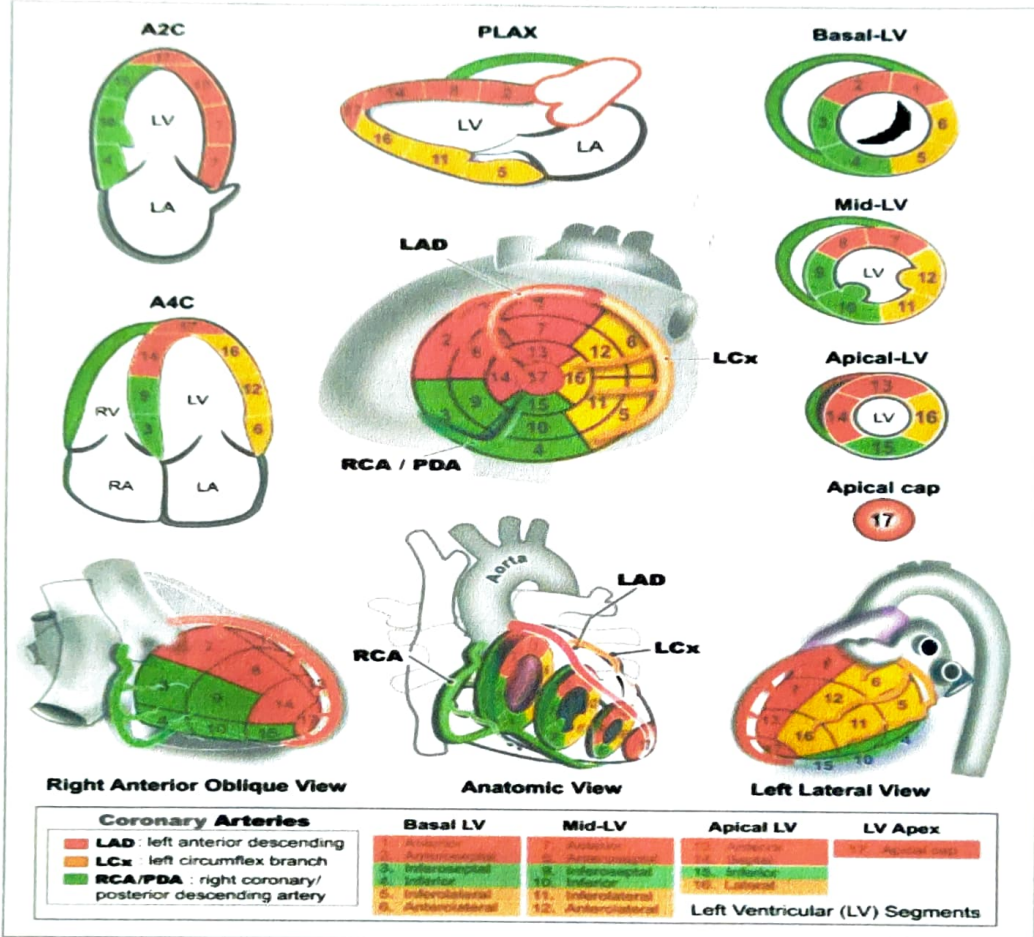
Patient ID: AHLG2.0000035541

Date: 09/12/2023

Patient Name : MR KHETAN AMIT KUMAR

Age:40 years/ male

Ref By : Dr P K SAIKIA



**LEFT VENTRICLE:-**

IVS (D/S)	9mm	(8-10mm)	LVEDV		35-75ml/m2
LVPW(D/S)	8mm	(6-10mm)	LVESV		12-30ml/m2
LVID (D/S)	46/31mm	(39-53mm)	RWMA		
FS	32%				
LVEF	61%				

**FINAL IMPRESSION:**

**CAD -POST PTCA  
TRIVIAL MR  
MILD AR  
GOOD LV SYSTOLIC FUNCTION  
DIASTOLIC DYSFUNCTION GRADE - I**

**DR. RITUPARNA BARUAH, MD, DM  
CONSULTANT (CARDIOLOGY)**

**DR. DIBYA JYOTI DUTTA MD, DM  
CONSULTANT (CARDIOLOGY)**

**DR. RONDEEP K N SIVAM MD, DM  
CONSULTANT (CARDIOLOGY)**

**DR. MOITREYEE BARUAH MBBS, PGDCC  
JR CONSULTANT (CARDIOLOGY)**

  
**DR. NAZRUL ISLAM MBBS,  
JR CONSULTANT (CARDIOLOGY)**

**DR. SIBA P. PURKAYASTHA, MBBS, PGDCC  
JR CONSULTANT (CARDIOLOGY)**

**DR. NIRANTA KONWAR MBBS, PGDCC  
JR CONSULTANT (CARDIOLOGY)**

**DR. JABIN NESSA MBBS. PGDCC  
JR CONSULTANT (CARDIOLOGY)**

## DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG20000035541	Patient Name:	KHETAN AMIT KUMAR
Age:	40 Years	Sex:	M
Accession Number:	17002.123289113	Modality:	DX
Study Date:	09-Dec-2023	Study:	Chest PA
Referring Physician:	Prabin Kumar Saikia		

### CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

*Suman Thakuria*

Date: 09-Dec-2023 16:03:19

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB  
*Discrepancy or transcription error if detected should be sent for correction*



Patient ID:	0000035541	Patient Name:	KHETAN AMIT KUMAR
Age:	40 Years	Sex:	M
Accession Number:		Modality:	US
Study Date:	09-Dec-2023	Study:	W/A
Referring Physician:	DR P KR SAIKIA		

**USG OF WHOLE ABDOMEN**

**LIVER**

The liver is mildly enlarged in size with increased parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

**GALL BLADDER**

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

**CBD**

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

**SPLEEN**

The spleen is normal in size and echotexture. No focal lesion is noted.

**PANCREAS**

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

**KIDNEYS**

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 102 mm                      Left kidney measures – 104 mm

**URINARY BLADDER**

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

**PROSTATE**

The prostate gland is normal in size. It weighs about 12 gms.

**SEMINAL VESICLE**

Both the seminal vesicles appear normal.

No ascites is seen.

**Impression: Mild hepatomegaly with grade – I hepatic steatosis.**



Dr. Meghali Gohain, MD  
Consultant Radiology

Date: 09-Dec-2023 11:06:51

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB  
*Discrepancy or transcription error if detected should be sent for correction*

**Patient Details** : Mr KHETAN AMIT KUMAR | Male | 40Yr 0Mth 0Days

**UHID** : AHI G2.0000035541

**Patient Location**: AHC

**Patient Identifier**: APHCAH19730



**DRN** : 100202906

**Completed on** : 09-DEC-2023 09:16

**Ref Doctor** : DR. PRABIN KUMAR SAIKIA

ECG

**IMPRESSION :**

ECG TRACING IS WITHIN NORMAL LIMITS

— END OF THE REPORT —

  
DR. NAZRUL ISLAM  
MBBS, PGDCC.

Jr. Consultant Cardiologist  
Apollo Hospitals, Guwahati

Unit : International Hospitals