



ISO 9001 : 2015

**AAROGYAM DIAGNOSTICS**

(A UNIT OF CULPAM HEALTH CARE PVT. LTD.)

F- 41, P.C. Colony, Opp. Madhuban Complex,  
Near Malahi Pakari Chowk, Kankarbagh, Patna – 20

9264278360, 9065875700, 8789391403

info@aarogyamdiagnostics.com

www.aarogyamdiagnostics.com

<b>Date</b>	<b>30/07/2022</b>	<b>Srl No.</b>	<b>13</b>	<b>Patient Id</b>	<b>2207300013</b>
<b>Name</b>	<b>Mr. MANISH KUMAR</b>	<b>Age</b>	<b>34 Yrs.</b>	<b>Sex</b>	<b>M</b>
<b>Ref. By</b>	<b>Dr.BOB</b>				

Test Name	Value	Unit	Normal Value
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### HAEMATOLOGY

HB A1C	5.1	%	
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#### EXPECTED VALUES :-

Metabolically healthy patients	=	4.8 - 5.5 % HbA1C
Good Control	=	5.5 - 6.8 % HbA1C
Fair Control	=	6.8-8.2 % HbA1C
Poor Control	=	>8.2 % HbA1C

#### REMARKS:-

In vitro quantitative determination of **HbA1C** in whole blood is utilized in long term monitoring of glycemia

The **HbA1C** level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose.

It is recommended that the determination of **HbA1C** be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy.

Results of **HbA1C** should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

\*\*\*\* End Of Report \*\*\*\*

**Dr.R.B.RAMAN**  
**MBBS, MD**  
**CONSULTANT PATHOLOGIST**



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<b>Name</b>	<b>Mr. MANISH KUMAR</b>	<b>Age 34 Yrs.</b>	<b>Sex M</b>
<b>Ref. By Dr.BOB</b>			

Test Name	Value	Unit	Normal Value
COMPLETE BLOOD COUNT (CBC)			
HAEMOGLOBIN (Hb)	13.6	gm/dl	13.5 - 18.0
TOTAL LEUCOCYTE COUNT (TLC)	5,800	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	62	%	40 - 75
LYMPHOCYTE	33	%	20 - 45
EOSINOPHIL	02	%	01 - 06
MONOCYTE	03	%	02 - 10
BASOPHIL	000	%	0 - 0
ESR (WESTEGREN's METHOD)	11	mm/1st hr.	0 - 15
R B C COUNT	4.65	Millions/cmm	4.5 - 5.5
P.C.V / HAEMATOCRIT	40.8	%	40 - 54
M C V	87.74	fl.	80 - 100
M C H	29.25	Picogram	27.0 - 31.0
M C H C	33.3	gm/dl	33 - 37
PLATELET COUNT	2.19	Lakh/cmm	1.50 - 4.00
BLOOD GROUP ABO	"O"		
RH TYPING	NEGATIVE		

\*\*\*\* End Of Report \*\*\*\*

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<b>Ref. By Dr.BOB</b>			

Test Name	Value	Unit	Normal Value
-----------	-------	------	--------------

**BIOCHEMISTRY**

BLOOD SUGAR RANDOM HEXOKINASE	88.9	mg/dl	80 - 170
SERUM CREATININE	0.83	mg%	0.7 - 1.4
BLOOD UREA	29.4	mg /dl	15.0 - 45.0
SERUM URIC ACID	3.9	mg%	3.4 - 7.0
<b><u>LIVER FUNCTION TEST (LFT)</u></b>			
BILIRUBIN TOTAL	0.66	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin)	0.22	mg/dl	0.00 - 0.40
UNCONJUGATED (I.D.Bilirubin)	0.44	mg/dl	0.00 - 0.70
TOTAL PROTEIN	<b>6.1</b>	gm/dl	6.6 - 8.3
ALBUMIN	<b>3.2</b>	gm/dl	3.4 - 5.2
GLOBULIN	2.9	gm/dl	2.3 - 3.5
A/G RATIO	<b>1.103</b>		
SGOT	39.8	IU/L	5 - 40
SGPT	<b>335.6</b>	IU/L	5.0 - 55.0
ALKALINE PHOSPHATASE IFCC Method	105.2	U/L	40.0 - 130.0
GAMMA GT	24.3	IU/L	8.0 - 71.0

**LFT INTERPRET****LIPID PROFILE**

TRIGLYCERIDES	<b>220.9</b>	mg/dL	25.0 - 165.0
TOTAL CHOLESTEROL	174.6	mg/dL	29.0 - 199.0



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<b>Ref. By Dr.BOB</b>			

Test Name	Value	Unit	Normal Value
H D L CHOLESTEROL DIRECT	62.1	mg/dL	35.1 - 88.0
V L D L	<b>44.18</b>	mg/dL	4.7 - 22.1
L D L CHOLESTEROL DIRECT	68.32	mg/dL	63.0 - 129.0
TOTAL CHOLESTEROL/HDL RATIO	2.812		0.0 - 4.97
LDL / HDL CHOLESTEROL RATIO	1.1		0.00 - 3.55
<b>THYROID PROFILE</b>			
T3	1.03	ng/ml	0.60 - 1.81
T4 Chemiluminescence	8.49	ug/dl	4.5 - 10.9
TSH Chemiluminescence	1.36	uIU/ml	
<b>REFERENCE RANGE</b>			
<b>PAEDIATRIC AGE GROUP</b>			
0-3 DAYS	1-20	ulu/ ml	
3-30 DAYS	0.5 - 6.5	ulu/ml	
1 MONTH -5 MONTHS	0.5 - 6.0	ulu/ml	
6 MONTHS- 18 YEARS	0.5 - 4.5	ulu/ml	
<b>ADULTS</b>	0.39 - 6.16	ulu/ml	

**Note:** TSH levels are subject to circadian variation, rising several hours before the onset of sleep, reaching peak levels between 11 pm to 6 am. Nadir concentrations are observed during the afternoon. Diurnal variation in TSH level approximates  $\pm 50\%$ , hence time of the day has influence on the measured serum TSH concentration.



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<b>Ref. By Dr.BOB</b>			

Test Name	Value	Unit	Normal Value
-----------	-------	------	--------------

Assay performed on enhanced chemi luminescence system ( Centaur-Siemens)

Serum T3,T4 & TSH measurements form the three components of Thyroid screening panel, useful in diagnosing various disorders of Thyroid gland function.

1. Primary hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH level.
2. Primary hyperthyroidism is accompanied by elevated serum T3 and T4 levels along with depressed TSH values.
3. Normal T4 levels are accompanied by increased T3 in patients with T3 thyrotoxicosis.
4. Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, renal failure and during therapy with drugs like propranolol and propyl thiouracil.
5. Although elevated TSH levels are nearly always indicative of primary hypothyroidism, and may be seen in secondary thyrotoxicosis.

### URINE EXAMINATION TEST

#### PHYSICAL EXAMINATION

QUANTITY	25	ml.
COLOUR	PALE YELLOW	
TRANSPARENCY	CLEAR	
SPECIFIC GRAVITY	1.020	
PH	6.0	

#### CHEMICAL EXAMINATION

ALBUMIN	NIL
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<b>Name</b>	<b>Mr. MANISH KUMAR</b>	<b>Age 34 Yrs.</b>	<b>Sex M</b>
<b>Ref. By</b>	<b>Dr.BOB</b>		

Test Name	Value	Unit	Normal Value
SUGAR	NIL		
<b>MICROSCOPIC EXAMINATION</b>			
PUS CELLS	0-1	/HPF	
RBC'S	NIL	/HPF	
CASTS	NIL		
CRYSTALS	NIL		
BACTERIA	NIL		
OTHERS	NIL		

\*\*\*\* End Of Report \*\*\*\*

**Dr.R.B.RAMAN**  
**MBBS, MD**  
**CONSULTANT PATHOLOGIST**

BUB (2)

 भारत सरकार  
Government of India

 मनीष कुमार  
Manish Kumar  
जन्म तिथि/DOB: 15/07/1988  
पुरुष/ MALE



6380 9783 2802  
VID: 9167 8136 9619 9659

मेरा आधार, मेरी पहचान

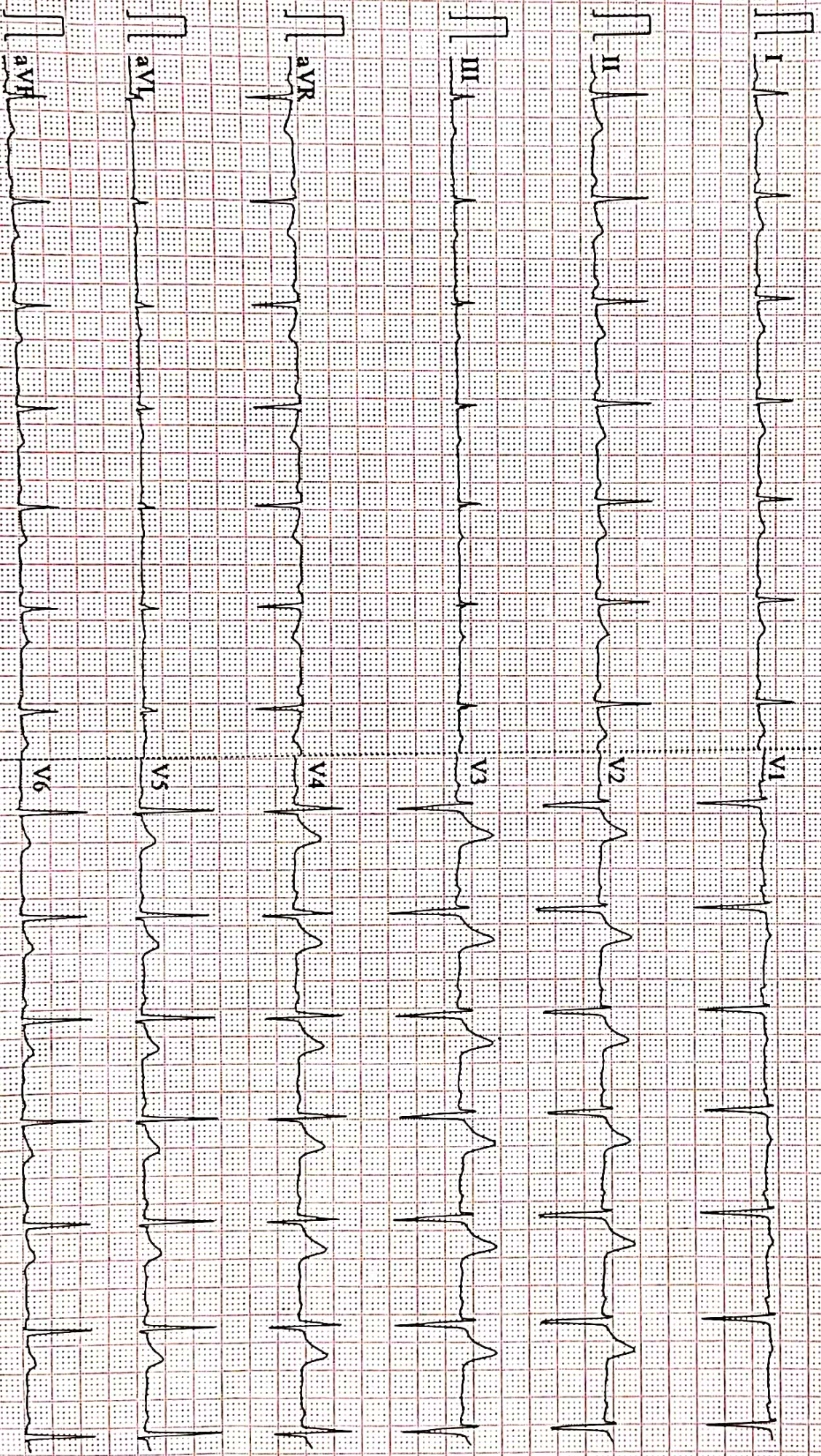
Manish Burch

9093922 403



HR	: 81	bpm
P	: 91	ms
PR	: 138	ms
QRS	: 76	ms
QT/QTc	: 342/398	ms
PQRST	: 375/148	ms
RV5/SV1	: 1264/1174	mV

Ref-Phys: \_\_\_\_\_  
 Report Confirmed by: \_\_\_\_\_







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Name :- Manish Kumar  
Refd by :- BoB

Age/Sex:- 34Yrs/M  
Date :- 30/07/22

Thanks for referral.

## REPORT OF USG OF WHOLE ABDOMEN

- Liver** :- Mild enlarged in size (15.7cm) with raised echotexture. No focal or diffuse lesion is seen. IHBR are not dilated. PV is normal in course and calibre with echofree lumen.
- G. Bladder** :- Contracted G.B. (Post meal).
- CBD** :- It is normal in calibre & is echofree.
- Pancreas** :- Normal in shape, size & echotexture. No evidence of parenchymal / ductal calcification is seen. No definite peripancreatic collection is seen.
- Spleen** :- Mild enlarged in size (12.6cm) with normal echotexture. No focal lesion is seen. No evidence of varices is noticed.
- Kidneys** :- Both kidneys are normal in shape, size & position. Sinus as well as cortical echoes are normal. No evidence of calculus, space occupying lesion or hydronephrosis is seen.  
Right Kidney measures 10.8cm and Left Kidney measures 10.9cm.
- U. Bladder** :- It is echofree. No evidence of calculus, mass or diverticulum is seen.
- Prostate** :- Normal in size (10cc) & echotexture.
- Others** :- No ascites or abdominal adenopathy is seen.  
No free subphrenic / basal pleural space collection is seen.

**IMPRESSION:-** Mild Hepatosplenomegaly with Grade I Fatty Liver.  
Contracted G.B. (Post Meal).  
Otherwise Normal Scan.

*Dr. U. Kumar*  
MBBS, MD (Radio-Diagnosis)  
Consultant Radiologist

**AAROGYAM DIAGNOSTICS**  
**PATNA**

**Report**



(GEM212170906)(R)Kardic by Allengers

1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg Date: 30-Jul-2022 Technician : ARUN

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:03	0:01	00.0	00.0	01.0	95	51 %	110/70	104	00	
Standing	00:07	0:01	00.0	00.0	01.0	92	49 %	110/70	101	00	
HV	00:11	0:01	00.0	00.0	01.0	089	48 %	110/70	097	00	
Warm Up	00:15	0:01	01.0	00.0	01.0	097	52 %	110/70	106	00	
ExStart	00:28	0:06	01.7	10.0	01.1	100	54 %	110/70	110	00	
BRUCE/ Stage 1	03:28	3:00	01.7	10.0	04.7	140	75 %	115/75	161	00	
PeakEx	04:52	1:24	02.5	12.0	05.8	157	84 %	115/75	180	00	
Recovery	05:51	1:00	01.1	00.0	01.0	137	74 %	110/70	150	00	
Recovery	06:51	2:00	01.1	00.0	01.0	136	73 %	110/70	149	00	
Recovery	08:22	3:30	01.1	00.0	01.0	127	68 %	110/70	139	00	

**Findings :**

Exercise Time : 04:25  
Max HR Attained : 157 bpm 84% of Target 186  
Max BP Attained : (Sys) 115/75  
Max WorkLoad Attained : 5.8 Fair response to induced stress  
Max ST Dep Lead & Value : III & -1.0 mm in Stage 1 mm  
Test End Reasons : Test Complete

**Report :**

Doctor : Doctor Name

**AAROGYAM DIAGNOSTICS**

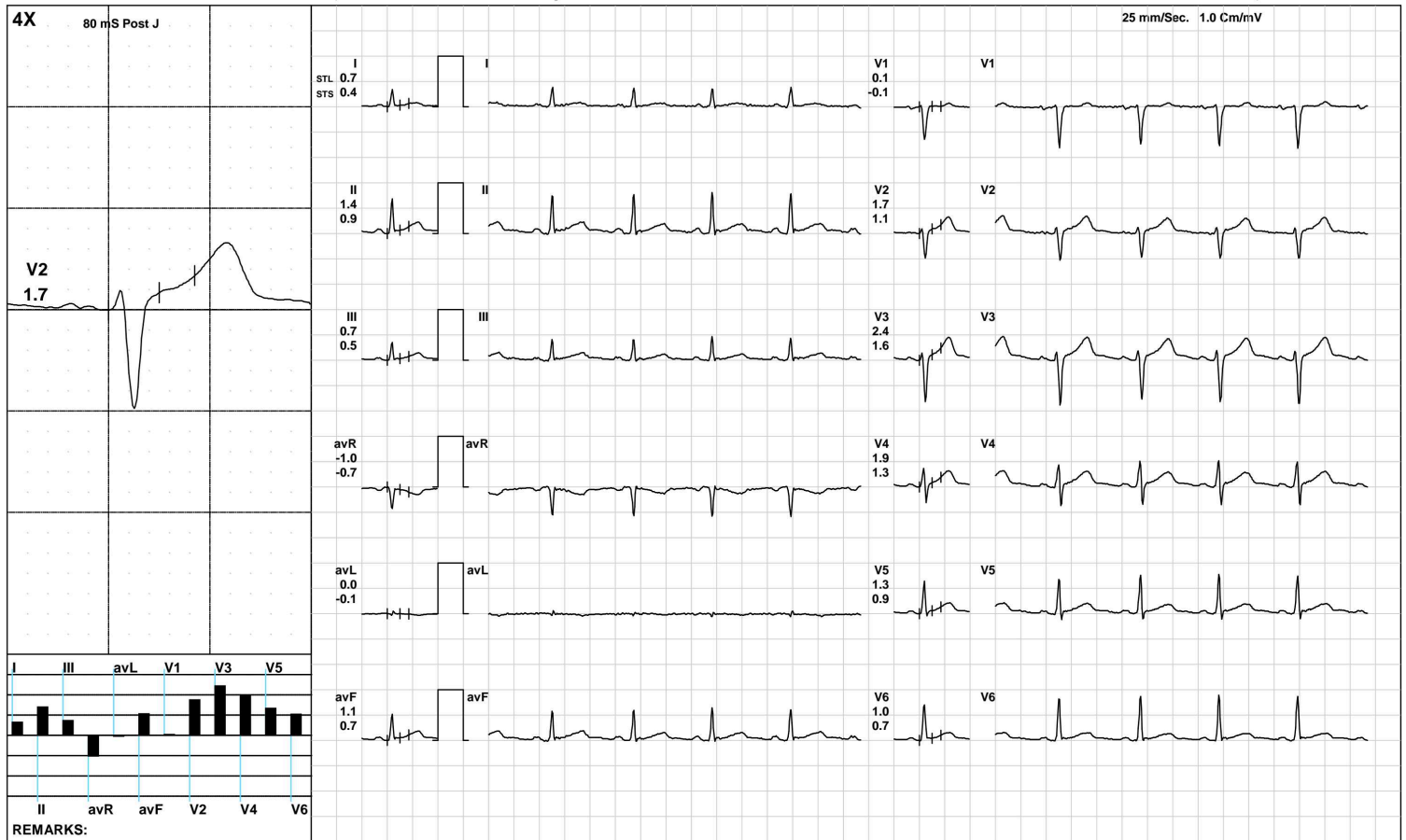
Supine



1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 95

Date: 30-Jul-2022 01:20:49 PM METS: 1.0/ 95 bpm 51% of THR BP: 110/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:03 0.0 mph, 0.0%



**AAROGYAM DIAGNOSTICS**

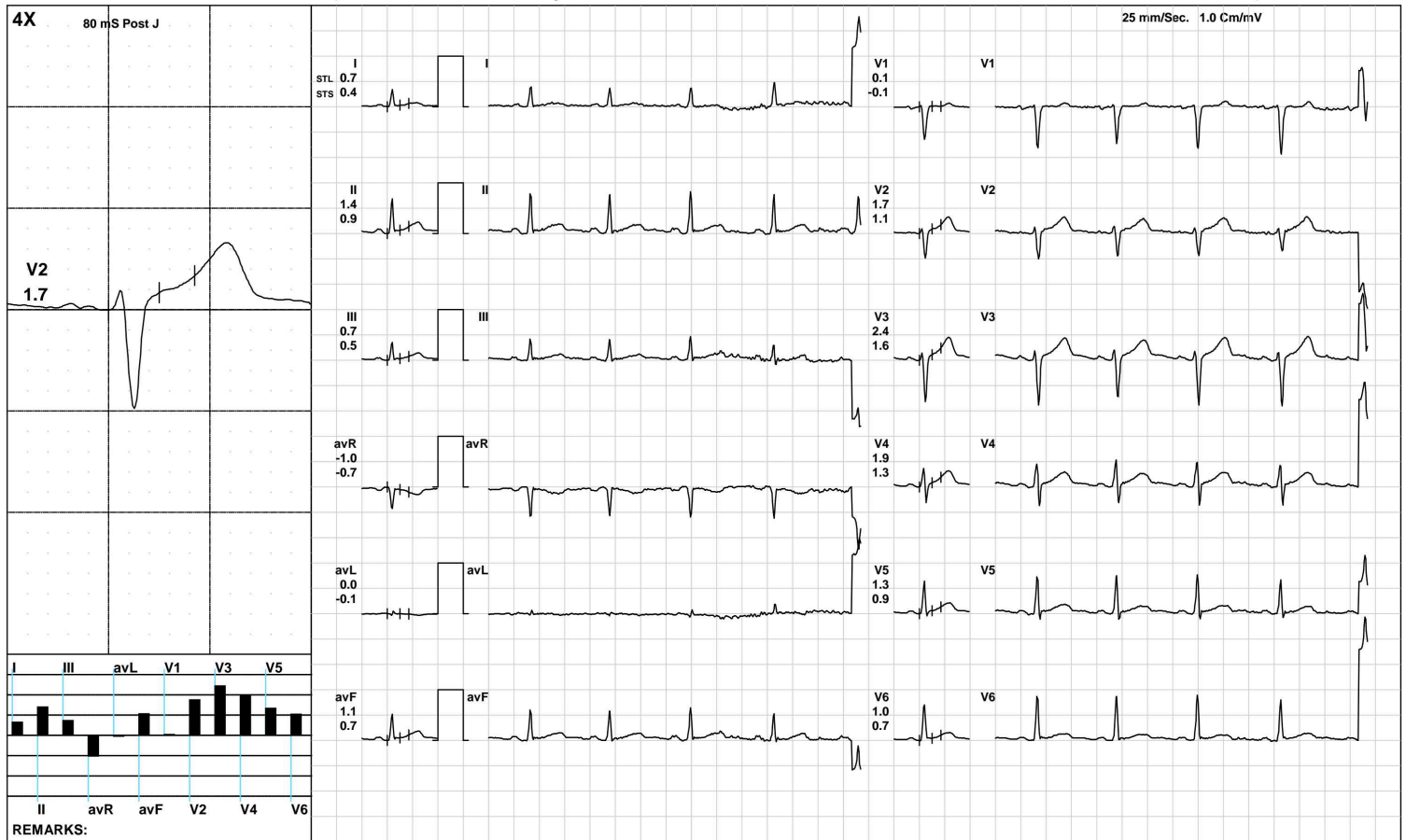
Standing



1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 92

Date: 30-Jul-2022 01:20:49 PM METS: 1.0/ 92 bpm 49% of THR BP: 110/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:07 0.0 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

**AAROGYAM DIAGNOSTICS**

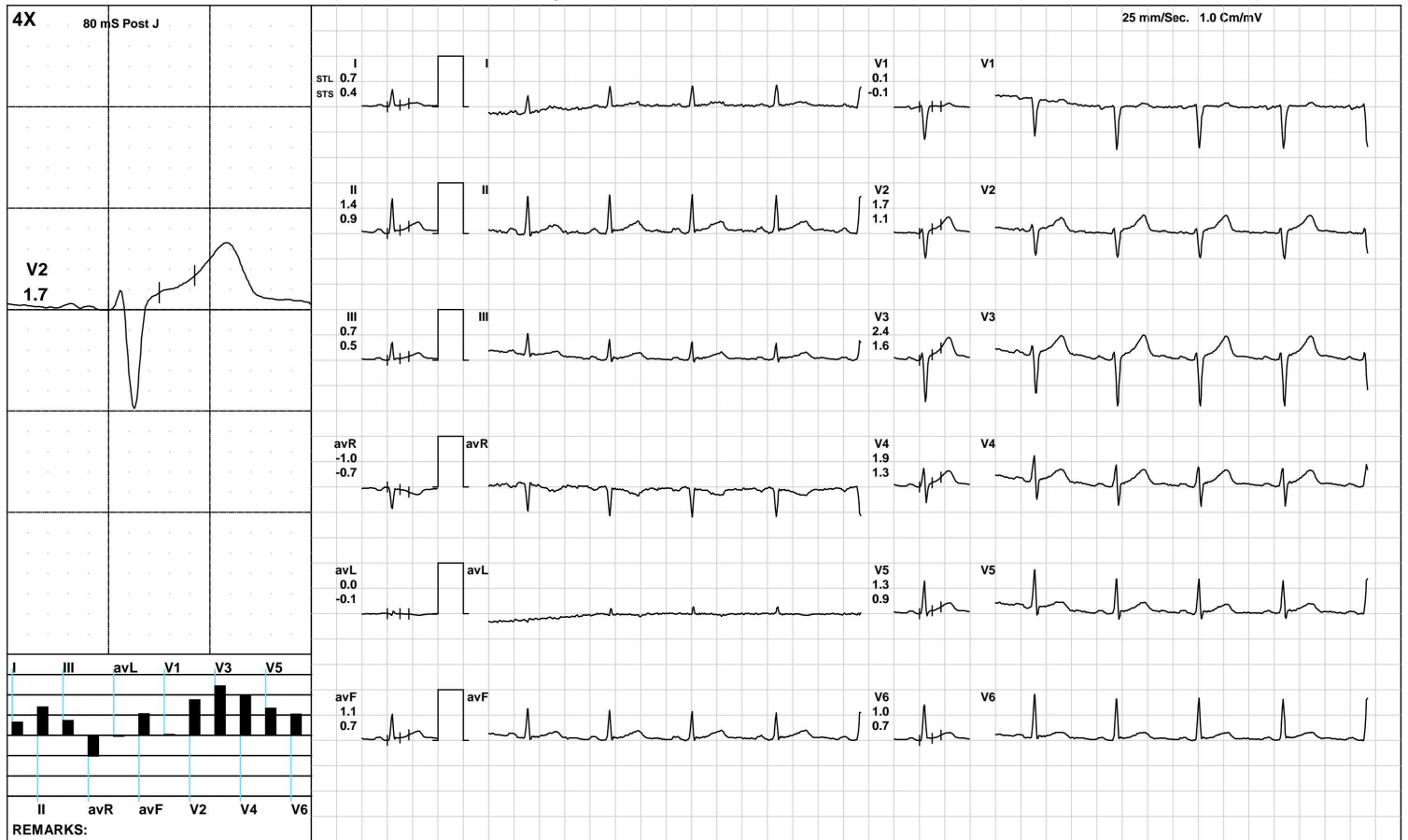
HV



1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 89

Date: 30-Jul-2022 01:20:49 PM METS: 1.0/ 89 bpm 47% of THR BP: 110/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:11 0.0 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

**AAROGYAM DIAGNOSTICS**

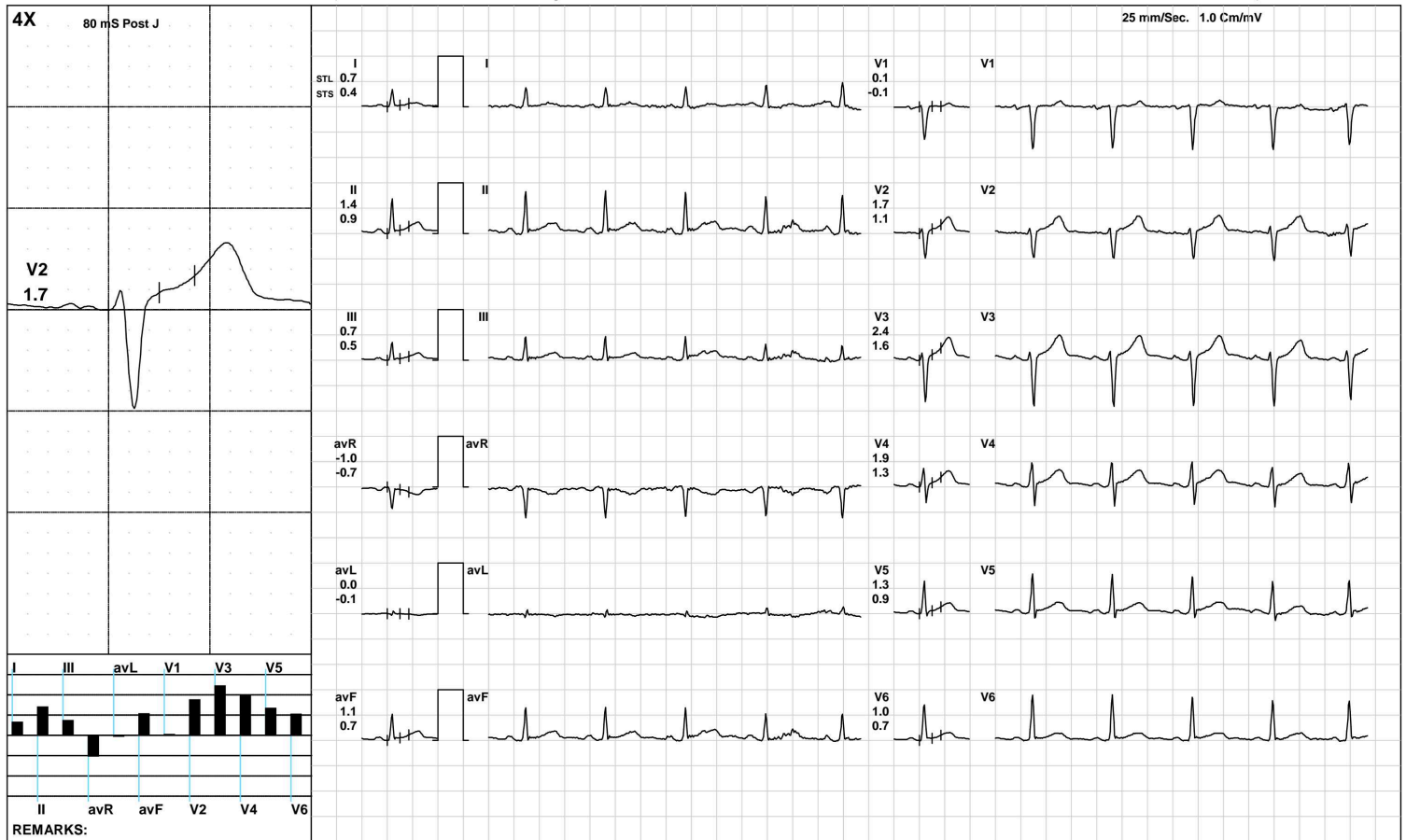
Warm Up



1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 97

Date: 30-Jul-2022 01:20:49 PM METS: 1.0/ 97 bpm 52% of THR BP: 110/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:15 1.0 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

**AAROGYAM DIAGNOSTICS**

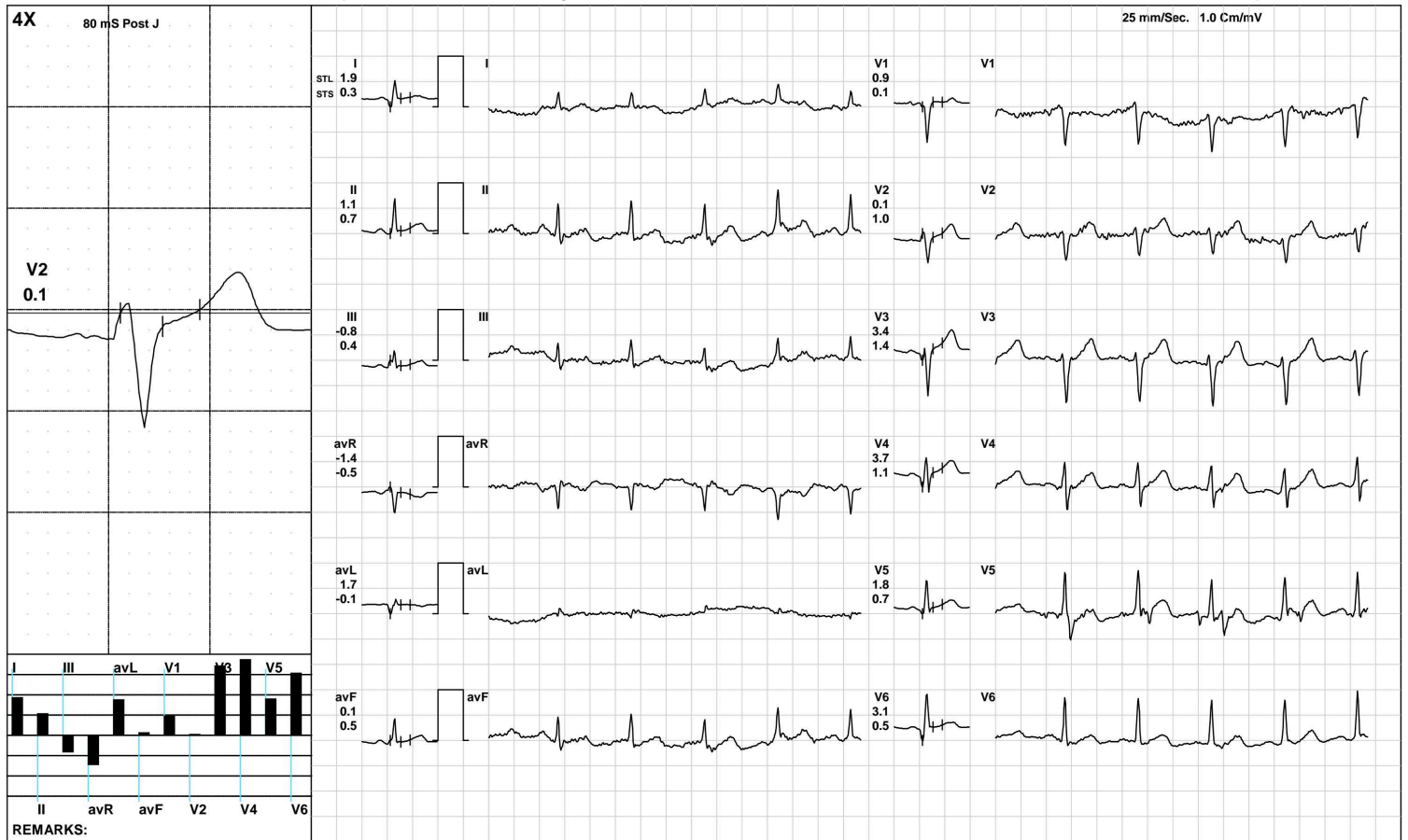
ExStart



1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 100

Date: 30-Jul-2022 01:20:49 PM METS: 1.1/ 100 bpm 53% of THR BP: 110/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:06 1.7 mph, 10.0%



**AAROGYAM DIAGNOSTICS**

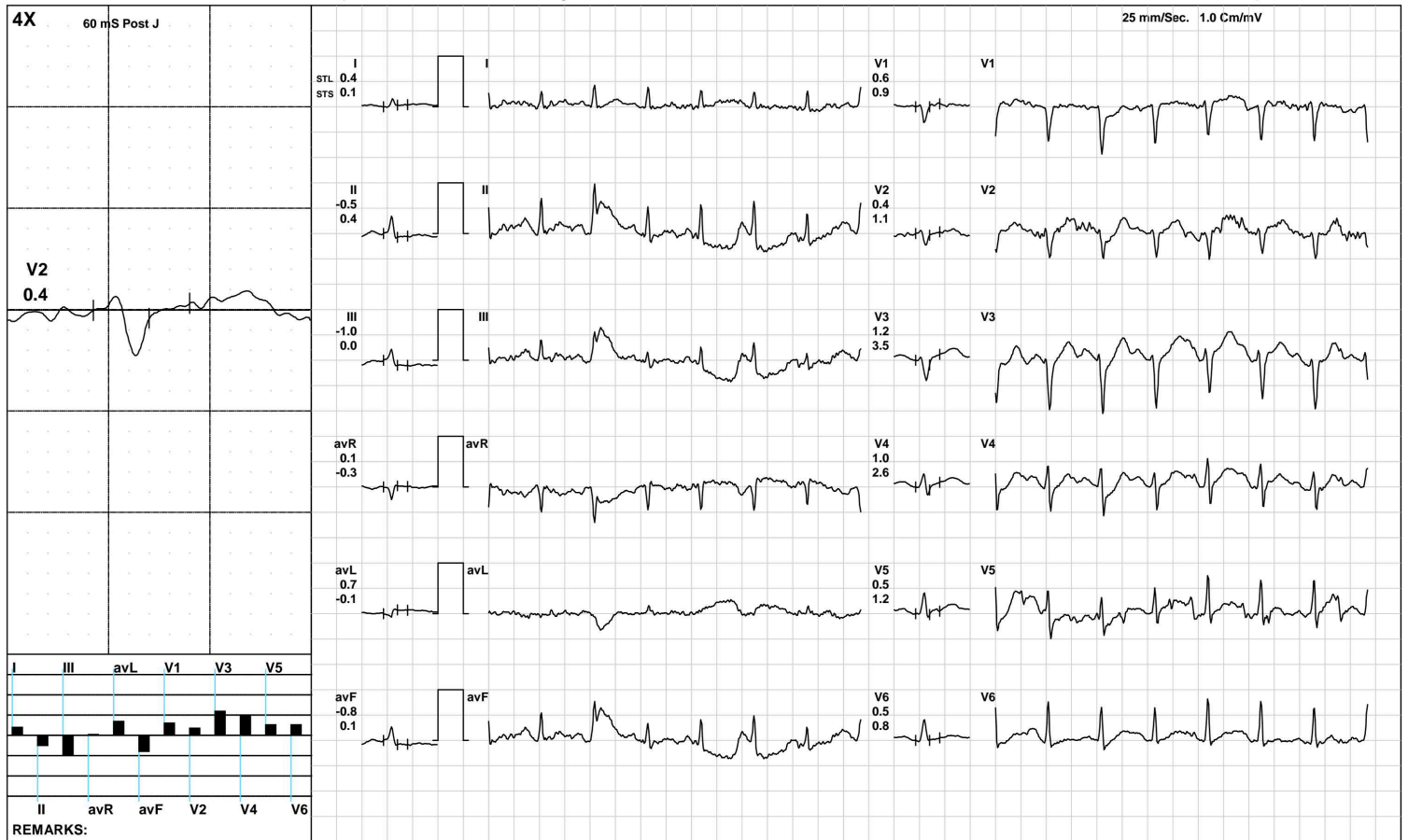
1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 140

**BRUCE: Stage 1(3:00)**



Date: 30-Jul-2022 01:20:49 PM METS: 4.7/ 140 bpm 75% of THR BP: 115/75 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%





**AAROGYAM DIAGNOSTICS**

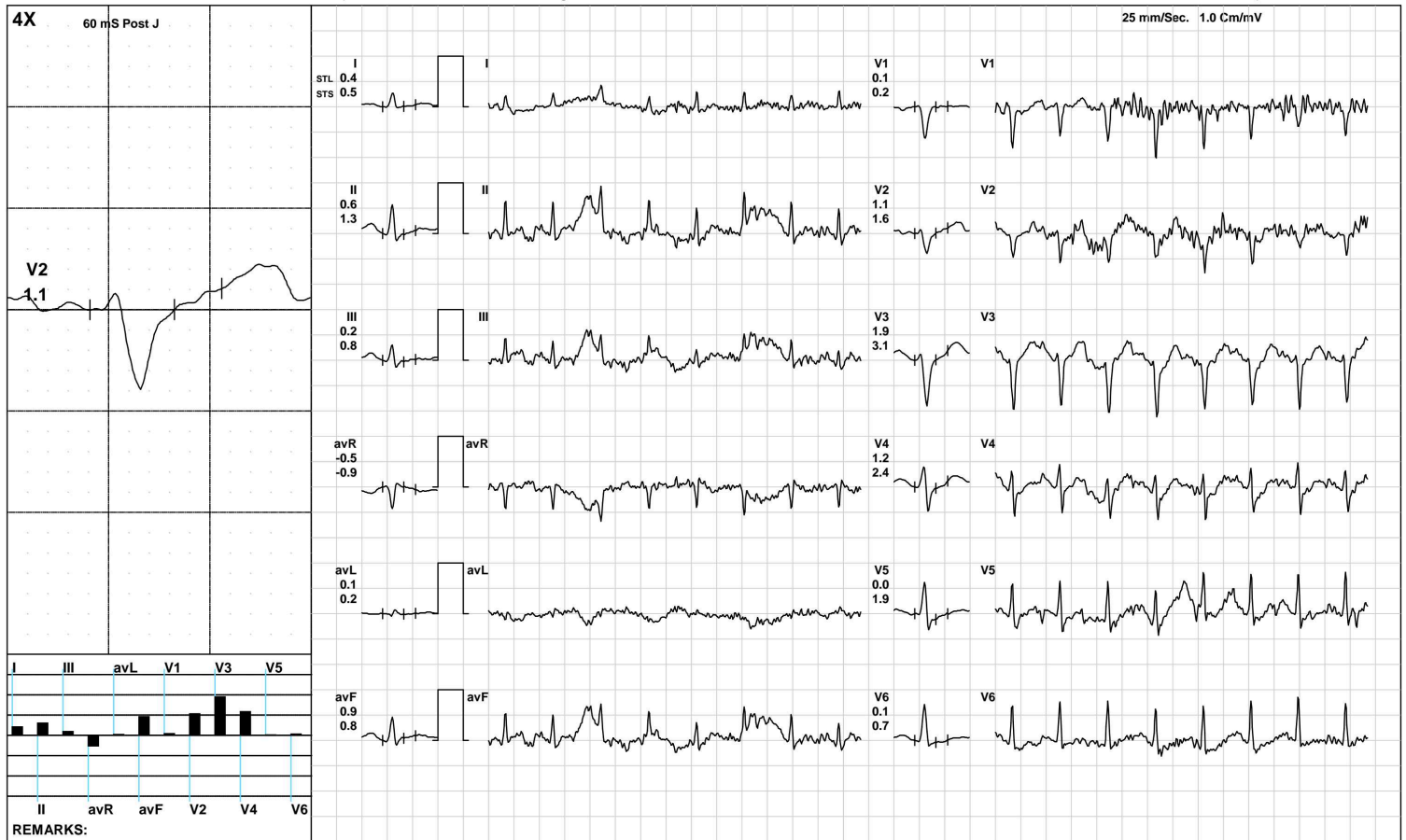
**PeakEx**



1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 157

Date: 30-Jul-2022 01:20:49 PM METS: 5.8/ 157 bpm 84% of THR BP: 115/75 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:24 2.5 mph, 12.0%



(GEM212170906)(R)Kardic by Allengers



**AAROGYAM DIAGNOSTICS**

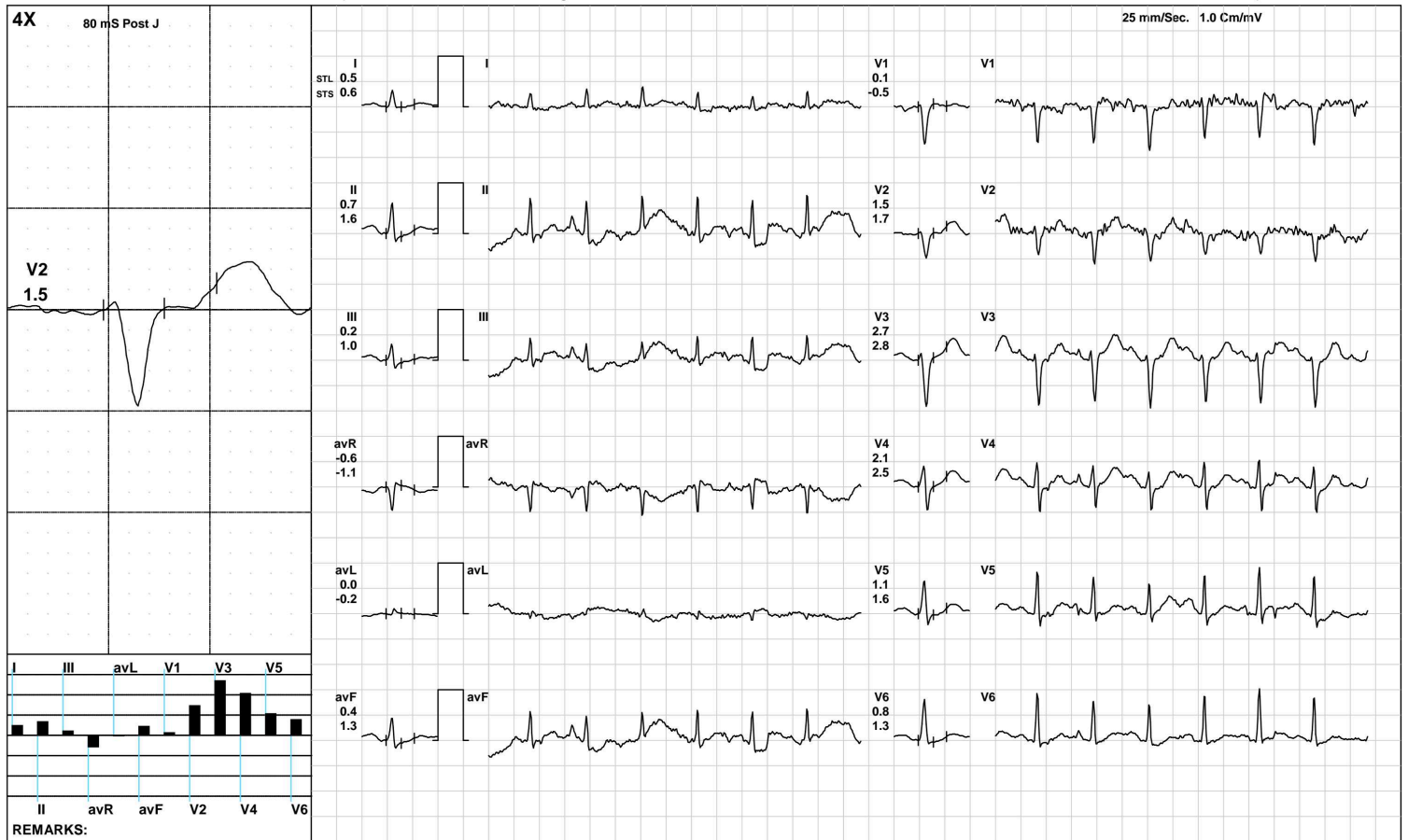
Recovery(2:00)



1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 136

Date: 30-Jul-2022 01:20:49 PM METS: 1.0/ 136 bpm 73% of THR BP: 110/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:25 1.1 mph, 0.0%





**AAROGYAM DIAGNOSTICS**

**ST Measurements**



1415 / Manish Kumar / 34 Yrs / M / 184 Cms / 93 Kg / HR : 94

Date: 30-Jul-2022 01:20:49 PM

Protocol : BRUCE/

	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	STS(mv/sec)
STL(mm)Supine	0.7	1.4	0.7	-1.0	0.0	1.1	0.1	1.7	2.4	1.9	1.3	1.0	0.4	0.9	0.5	-0.7	-0.1	0.7	-0.1	1.1	1.6	1.3	0.9	0.7	
60 @mS Standing	0.7	1.4	0.7	-1.0	0.0	1.1	0.1	1.7	2.4	1.9	1.3	1.0	0.4	0.9	0.5	-0.7	-0.1	0.7	-0.1	1.1	1.6	1.3	0.9	0.7	
HV	0.7	1.4	0.7	-1.0	0.0	1.1	0.1	1.7	2.4	1.9	1.3	1.0	0.4	0.9	0.5	-0.7	-0.1	0.7	-0.1	1.1	1.6	1.3	0.9	0.7	
Warm Up	0.7	1.4	0.7	-1.0	0.0	1.1	0.1	1.7	2.4	1.9	1.3	1.0	0.4	0.9	0.5	-0.7	-0.1	0.7	-0.1	1.1	1.6	1.3	0.9	0.7	
ExStart	1.9	1.1	-0.8	-1.4	1.7	0.1	0.9	0.1	3.4	3.7	1.8	3.1	0.3	0.7	0.4	-0.5	-0.1	0.5	0.1	1.0	1.4	1.1	0.7	0.5	
Stage 1	0.4	-0.5	-1.0	0.1	0.7	-0.8	0.6	0.4	1.2	1.0	0.5	0.5	0.1	0.4	0.0	-0.3	-0.1	0.1	0.9	1.1	3.5	2.6	1.2	0.8	
PeakEx	0.4	0.6	0.2	-0.5	0.1	0.9	0.1	1.1	1.9	1.2	0.0	0.1	0.5	1.3	0.8	-0.9	0.2	0.8	0.2	1.6	3.1	2.4	1.9	0.7	
Recovery	0.3	1.0	0.6	-0.7	-0.2	0.8	0.0	1.1	2.0	1.5	0.7	0.5	0.7	1.1	0.4	-0.9	0.2	0.8	-0.3	1.7	2.8	2.6	2.3	1.5	
Recovery	0.5	0.8	0.3	-0.6	0.1	0.6	0.1	1.7	2.8	2.1	1.1	0.7	0.9	2.0	1.1	-1.5	-0.1	1.5	-0.7	1.9	3.3	2.9	1.6	1.4	
Recovery	0.3	0.0	-0.3	-0.1	0.1	-0.2	0.0	0.8	0.8	0.6	0.7	0.1	0.5	0.8	0.3	-0.7	-0.1	0.6	0.0	0.9	1.2	1.3	1.1	0.9	

	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STI(μVs)												
Supine		4.6	10.7	6.0	-7.7	-0.7	8.4	1.9	14.9	20.4	15.4	7.9
Standing		4.6	10.7	6.0	-7.7	-0.7	8.4	1.9	14.9	20.4	15.4	7.9
HV		4.6	10.7	6.0	-7.7	-0.7	8.4	1.9	14.9	20.4	15.4	7.9
Warm Up		4.6	10.7	6.0	-7.7	-0.7	8.4	1.9	14.9	20.4	15.4	7.9
ExStart	14.9	8.4	-6.6	-11.6	14.0	0.9	8.1	1.2	28.0	29.8	14.3	24.2
Stage 1	2.3	-3.6	-5.9	0.7	4.2	-4.8	2.8	0.5	4.2	3.3	3.6	1.9
PeakEx	1.2	1.4	0.1	-1.3	-0.3	4.4	0.2	3.7	4.9	1.6	-2.5	-1.5
Recovery	0.4	3.7	3.2	-2.1	-1.8	3.4	0.5	2.1	6.3	3.9	-0.1	0.0
Recovery	1.0	1.5	0.5	-1.2	0.3	1.0	1.9	6.7	11.1	7.8	3.2	1.8
Recovery	0.6	-1.8	-2.4	0.6	1.0	-2.1	0.2	3.5	2.9	1.3	2.4	-0.9



Time (Min.)	HR (bpm)	PR Int (mS)	QRS Wid (mS)	QRS Axis (Deg.)	QTC (mS)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J (μV)	Leads for (J & PJ)	Min. Post JRR Var (μV)	Var (%)	VEB (Counts)	Missed Beats (Counts)
00:30	114	176	76	51	462	-140	813	-778	446	-15	avL	-19	0.00	0	0
01:00	125	140	86	56	480	151	797	-800	353	-23	avL	-23	0.00	0	0
01:30	135	140	80	128	334	-930	967	-909	-1077	-896	V4	-933	0.00	0	0
02:00	113	140	76	128	439	-930	967	-909	-1077	-896	avL	-933	0.00	0	0
02:30	137	134	82	48	437	193	773	-814	428	27	avL	-11	0.00	0	0
03:00	140	78	64	54	313	-375	798	-871	440	-360	V6	-308	0.00	0	0
03:30	148	128	58	55	434	211	733	-883	341	-199	V5	-112	0.00	0	0
04:00	152	92	58	41	433	220	752	-894	373	-81	V6	-41	0.00	0	0
04:30	157	114	70	60	429	192	711	-965	343	6	avL	-52	0.00	0	0
05:00	153	118	80	40	423	278	862	-909	462	-78	III	-56	0.00	0	0
05:30	135	124	58	53	443	226	811	-898	450	-84	III	-19	0.00	0	0
06:00	130	92	82	54	427	224	817	-971	465	10	avL	-48	0.00	0	0
06:30	133	148	80	55	427	175	834	-917	454	-16	avL	-33	0.00	0	0
07:00	129	102	60	53	437	202	812	-927	388	-215	V5	-95	0.00	0	0
07:30	127	148	60	46	437	239	817	-956	383	-100	III	-43	0.00	0	0