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Emp/Auth/TPA ID	: 22E29805			
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED	
Visit ID	: CMYSOPV127745	Status	: Final Report	
UHID/MR No	: CMYS.0000061603	Reported	: 27/Jul/2024 12:40PM	
Age/Gender	: 39 Y 2 M 16 D/M	Received	: 27/Jul/2024 10:05AM	
Patient Name	: Mr.KIRANKUMAR T R	Collected	: 27/Jul/2024 08:56AM	

#### DEPARTMENT OF HAEMATOLOGY

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#### PERIPHERAL SMEAR, WHOLE BLOOD EDTA

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Dr. PAVAN KUMAR M M.B.B.S,M D(Pathology) Consultant Pathologist

SIN No:BED240196647

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819) Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744 APOLLO CLINICS NETWORK GSTIN: 29AADCA0733E1Z3 Address: 22, 23, 24, 25/101/3, Sree Rama Layout, BNR Complex, OPP.RBI Layout, JP Nagar, 7th Phase, Bengaluru, Karnataka



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#### DEPARTMENT OF HAEMATOLOGY

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM, WHOLE BLOOD EDTA				
HAEMOGLOBIN	14.4	g/dL	13-17	Spectrophotometer
PCV	44.00	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.22	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	84.2	fL	83-101	Calculated
MCH	27.5	pg	27-32	Calculated
MCHC	32.7	g/dL	31.5-34.5	Calculated
R.D.W	12.1	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,550	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			
NEUTROPHILS	53	%	40-80	Electrical Impedance
LYMPHOCYTES	36	%	20-40	Electrical Impedance
EOSINOPHILS	1	%	1-6	Electrical Impedance
MONOCYTES	9	%	2-10	Electrical Impedance
BASOPHILS	1	%	0-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4001.5	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2718	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	75.5	Cells/cu.mm	20-500	Calculated
MONOCYTES	679.5	Cells/cu.mm	200-1000	Calculated
BASOPHILS	75.5	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.47		0.78- 3.53	Calculated
PLATELET COUNT	324000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm at the end of 1 hour	0-15	Modified Westergrer
PERIPHERAL SMEAR				

**R.B.C:** Majority are normocytic normochromic.

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### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

W.B.C: Are normal in number,morphology and distribution. Platelets: Adequate and are seen in singles and clumps. Hemoparasites: Not seen.

# IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

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#### DEPARTMENT OF HAEMATOLOGY

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LOOD GROUP ABO AND RH FAC	TOR , WHOLE BLOOD EDT.	A		
BLOOD GROUP TYPE	0			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

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## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	92	mg/dl	74-106	GOD, POD

**Comment:** 

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

# Note:

1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

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UHID/MR No	: CMYS.0000061603	Reported	: 27/Jul/2024 02:30PM
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## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	90	mg/dl	70-140	GOD, POD

# **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , W	IOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.9	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	123	mg/dL		Calculated

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	$\geq$ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 - 8
UNSATISFACTORY CONTROL	8-10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

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# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE, SERUM				
TOTAL CHOLESTEROL	170	mg/dl	0-200	CHOD
TRIGLYCERIDES	85	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	36	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	134	mg/dL	<130	Calculated
LDL CHOLESTEROL	117.46	mg/dL	<100	Calculated
VLDL CHOLESTEROL	16.96	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.78		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.02		<0.11	Calculated

# **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	$\geq$ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	$\geq 500$
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	$\geq 60$			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

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# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.65	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.23	mg/dl	0-0.2	Diazotized sulfanilio acid
BILIRUBIN (INDIRECT)	0.42	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	36	U/I	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23.0	U/I	0-35	IFCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	0.6		<1.15	Calculated
ALKALINE PHOSPHATASE	77.00	U/I	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.00	g/dl	6.4-8.3	Biuret
ALBUMIN	4.50	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.50	g/dL	2.0-3.5	Calculated
A/G RATIO	1.8		0.9-2.0	Calculated

## **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

# 1. Hepatocellular Injury:

\*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries. \*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2. 2. Cholestatic Pattern:

\*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex. \*Bilirubin elevated- predominantly direct, To establish the hepatic origin correlation with elevated GGT helps. 3. Synthetic function impairment:

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SIN No:SE04793159

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Patient Name	: Mr.KIRANKUMAR T R	Collected	: 27/Jul/2024 08:56AM
Age/Gender	: 39 Y 2 M 16 D/M	Received	: 27/Jul/2024 10:09AM
UHID/MR No	: CMYS.0000061603	Reported	: 27/Jul/2024 10:56AM
Visit ID	: CMYSOPV127745	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 22E29805		

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

\*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.

Dr. PAVAN KUMAR M M.B.B.S,M D(Pathology) Consultant Pathologist

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# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method			
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM							
CREATININE	1.14	mg/dL	0.67-1.17	Enzymatic colorimetric			
UREA	20.05	mg/dl	13-43	Urease, UV			
BLOOD UREA NITROGEN	9.4	mg/dL	8.0 - 23.0	Calculated			
URIC ACID	7.40	mg/dL	3.5-7.2	Uricase			
CALCIUM	9.70	mg/dl	8.6-10.3	Arsenazo III			
PHOSPHORUS, INORGANIC	3.33	mg/dl	2.7-4.5	Molybdate			
SODIUM	140	mmol/L	135-145	Direct ISE			
POTASSIUM	4.3	mmol/L	3.5-5.1	Direct ISE			
CHLORIDE	102	mmol/L	98 - 107	Direct ISE			
PROTEIN, TOTAL	7.00	g/dl	6.4-8.3	Biuret			
ALBUMIN	4.50	g/dl	3.5-5.2	Bromcresol Green			
GLOBULIN	2.50	g/dL	2.0-3.5	Calculated			
A/G RATIO	1.8		0.9-2.0	Calculated			

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#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL	26.00	U/I	0-55	IFCC
TRANSPEPTIDASE (GGT), SERUM				

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UHID/MR No	: CMYS.0000061603	Reported	: 27/Jul/2024 11:52AM
Visit ID	: CMYSOPV127745	Status	: Final Report
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#### DEPARTMENT OF IMMUNOLOGY

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH)	SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	1.32	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	12.95	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	3.105	µIU/mL	0.38-5.33	CLIA

#### **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

**1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.

**2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.

**3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

**4.** Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

	0			
TSH	<b>T3</b>	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	Ν	Ν	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	Ν	Ν	Ν	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism

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M.P. Hanno

Dr. PAVAN KUMAR M M.B.B.S,M D(Pathology) Consultant Pathologist

SIN No:SPL24123923

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#### DEPARTMENT OF IMMUNOLOGY

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

r 1			
ligh N	Ν	T3 Thyrotoxicosis, Non thyroidal causes	
ligh High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma	
			Pituitary Adenoma: TSHoma/Thyrotroninoma

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UHID/MR No	: CMYS.0000061603	Reported	: 27/Jul/2024 11:41AM
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Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
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#### DEPARTMENT OF CLINICAL PATHOLOGY

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
OMPLETE URINE EXAMINATION (	CUE), URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measuremen
pН	7.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOPY	1		
PUS CELLS	2 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY
OTHERS	NIL			MICROSCOPY

# **Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked

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SIN No:UR2394464

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#### DEPARTMENT OF CLINICAL PATHOLOGY

### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

Dr. PAVAN KUMAR M M.B.B.S,M D(Pathology) Consultant Pathologist

SIN No:UR2394464

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#### DEPARTMENT OF CLINICAL PATHOLOGY

### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
Test Name	Result	Unit	Bio. Ref. Range	Method

\*\*\* End Of Report \*\*\*

Dr. PAVAN KUMAR M M.B.B.S,M D(Pathology) Consultant Pathologist

SIN No:UF011948

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Patient Name	: Mr. KIRANKUMAR T R	Age/Gender	: 39 Y/M
UHID/MR No.	: CMYS.0000061603	<b>OP</b> Visit No	: CMYSOPV127745
Sample Collected on	:	Reported on	: 30-07-2024 13:44
LRN#	: RAD2389509	Specimen	:
<b>Ref Doctor</b>	: SELF		
Emp/Auth/TPA ID	: 22E29805		

# **DEPARTMENT OF RADIOLOGY**

# **X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

# **IMPRESSION :NORMAL STUDY.**

Dr. CHETAN HOLEPPAGOL MBBS, DNB(RADIO DIAGNOSIS)

Radiology



Patient Name	: Mr. KIRANKUMAR T R	Age/Gender	: 39 Y/M
UHID/MR No.	: CMYS.0000061603	OP Visit No	: CMYSOPV127745
Sample Collected on	:	<b>Reported on</b>	: 30-07-2024 11:27
LRN#	: RAD2389509	Specimen	:
<b>Ref Doctor</b>	: SELF		
Emp/Auth/TPA ID	: 22E29805		

# DEPARTMENT OF RADIOLOGY

#### **ULTRASOUND - WHOLE ABDOMEN**

LIVER: It is normal in size, outline and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and normal. No evidence of calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

**<u>RIGHT KIDNEY:</u>** It measures 9.8x4.3 cm with parenchymal thickness of 1.2 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 9.9x3.9 cm with parenchymal thickness of 1.35cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

**COSTATE:** It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

**IMPRESSION:** GRADE II FATTY LIVER .

. Chetan H, DNB Consultant Radiologist.

> Dr. CHETAN HOLEPPAGOL MBBS, DNB(RADIO DIAGNOSIS)

Radiology



Name Addre Plan	: Mr. KIRANKUMAR T R ess : MySore : Arcofemi mediwheel male ahc credit pan India op agreement	Age: 39 Y Sex: M	UHID:CMYS.00000 UHID:CMYS.00000 OP Number:CMYSC Bill No :CMYS-OCR Date : 27.07.2024	DPV127745 -23749
Sno	Serive Type/ServiceName			Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS N	ALE - 2D ECH	O - PAN INDIA - FY23	24
1	GAMMA GLUTAMYL TRANFERASE (GGT)			
	DECHO -P			
	LIVER FUNCTION TEST (LFT)		100 militia - 1	
	GEUCOSE, FASTING			
-	TTEMOGRAM + PERIPHERAL SMEAR			
	DUET CONSULTATION -P			
	COMPLETE URINE EXAMINATION			
	SERINF GLUCOSE(POST PRANDIAL)			
~	PERPHERAL SMEAR			
	4.00			
	HRENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)			- 84
	DENTAL CONSULTATION			
	3 GL+COSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)			172
	SURINE GLUCOSE(FASTING)			
	SHIDATE GLYCATED HEMOGLOBIN			110(80
	A RAY CHEST PA			
	ZERT CONSULTATION			
	8 FITNESS BY GENERAL PHYSICIAN			
	SECOD GROUP ABO AND RH FACTOR	un un an la contra de la contra d		
-	PHPTD PROFILE			
-	HBODY MASS INDEX (BMI)			
	200 THAL BY GENERAL PHYSICIAN			
	3 DLTRASOUND - WHOLE ABDOMEN		bi.	
2	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)			





# **CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination

on 27/07/24 Mr. Kircom Kamar. T-DZ of

After reviewing the medical history and on clinical examination it has been found that he/she is

		T
•	Medically Fit	
•	Fit with restrictions/recommendations	
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
	1	
	2	
	3	
1	However the employee should follow the advice/medication that has been communicated to him/her.	
	Review after	
•	Currently Unfit.	_
•		
•	Currently Unfit.	
•	Currently Unfit. Review afterrecommended Unfit Dr Medical Officer	2
10762	Currently Unfit. Review afterrecommended	2

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Date	: 27-07-2024	Department	: GENERAL
	: CMYS.0000061603	Doctor	: Do Voncon 473
MR NO	: Mr. KIRANKUMAR T R	Registration No	: 670 84
Name		Qualification	: MBBS-MD

Age/ Gender : 39 Y / Male

HERENT IMING: - 08.	Weight: 80	BMI :	Waist Circum :
Temp :	Pulse: 70	~ Resp: Loc	B.P: loc
General Examination Allergies History $\mathcal{U}_{\mathcal{S}}$ $\mathcal{U}_{\mathcal{S}}$ $\mathcal{M}_{\mathcal{S}}$ $\mathcal{M}_{\mathcal{S}}$	n / Clinical Diagnosis & N	Management Plan Gettes Luncu	Dieting Dieting comests a whe
	T- AL	т- 03 бон	a whe
	Follow up date :		Doctor Signature <b>Apollo Clinic</b> # 23, 1st Floor, Kalidasa Road, Mysore - 02 Ph : 0821-4006040/41

Date MR NO	: 27-07-2024 : CMYS.0000061603	Department Doctor	: GENERAL Dictifics : Machura. B.P
Name	: Mr. KIRANKUMAR T R	Registration No Qualification	: M.CC Alufrition & Diefefic Phot
Age/ Gender	: 39 Y / Male	Quanication	Phot

Consultation Timing: 08:53 Height : 177 Temp :	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$
General Examination / Allergies History	Clinical Diagnosis & Management Plan $\Delta^{sis} - Grade I fatty Guev So Aduscel (ow at det with fiber orich$
HSA, C. S. 9	- Advised low lat deef with fiber soid
HDL - 36	
NON HDL - 134	a finde aloch ourreases the write
LDL - 117.46	-> Avoice from which increases for 1900
uric acicl - 7.40	ariels - geod neerts. Organ neerts ( note:
	sveast etc). soft divinks, alconol, pretere
	a processed jour.
	-> Avoid frode which increases the unic arids - good meats argan ments (liver, sreast etc). soft drinks, alcohol, packed & processed foods. -> Dietany guideline charts is given.
	K.C.P.P
	Follow up date : Doctor Signature $2 \neq \left( - \frac{1}{2} \right) = 224$

Apollo Clinic # 23, 1st Floor, Kalidasa Road, Mysore - 02 Ph: 0821-4006040/41

Department- Dietetics Name- Madhura B P Qualification- M.Sc Nutrition & Dietetic PhD\*

- Do not skip any of the meals, take small frequent meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables on regular basis.
- Include nuts like Almond, Walnuts and dry-fruits like dried dates and raisins regularly.
- Include seeds like Flax seeds, Pumpkin seeds, Sunflower seeds, Sesame seeds and watermelon seeds- 1 teaspoon each and dry roasted.
- Avoid 5 white slow poisons like Sugar, Salt, Maida, Baking soda and creams.
- Cooking oil- ½ little/person/month.
- Use combination of oils like Rice bran oil, Groundmut oil, Sesame oil, Mustard oil/ Coconut oil and Ghee. Change the oil every month or 2 months. But do not mix the oils.
- Drink at least 2-3 liters of water in a day.
- Skimmed or toned milk can be used on regular basis. Since it's a rich source of protein and low in calories.
- Avoid Butter, Vanaspati and Dalda.
- Avoid deep-fitied foods. Biscuits, Cookies, Bakery products, Pastries, Papad, packed and processed foods, chocolates. Alcohol, caffeime and carbonated beverages.
- Avoid junk foods like Pizza and Burger.

			Department	: GENERAL
Date	: 27-07-2024	•		
MR NO	: CMYS.000	0061603	Doctor	•
Name Age/ Gende		KUMAR T R Male	Registration N Qualification	10 : Ir francen kunern
o lucion	Timina: 08.53			
1. I I I I I I I I I I I I I I I I I I I	Timing: 08:53	Weight: 84	BMI :	Waist Circum :
Temp	<b>b</b> :	Pulse :	Resp :	B.P: 10[80
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		Follow up date :		Denter Ciant
		ronow up uate .		Doctor Signature
				Apollo Clinic # 23, 1st Floor, Kalidasa Road, Mysore - 02 Ph: 0821-4005040/41

Date	27-07-2024	Department	: GENERAL (dudas)
MR NO	CMYS.0000061603	Doctor	: Dl. Jyobhishree
Name	: Mr. KIRANKUMAR T R	Registration No Qualification	:

Age/ Gender : 39 Y / Male

08 Consultation Timing Weight : BMI: Waist Circum :  $\mathcal{R}$ Temp : Pulse : Resp: **B.P**: 10150 General Examination / **Clinical Diagnosis & Management Plan Allergies History** OF Cat, St-+ AJA- ole plophylisis Gen. Touth attrition noted Tooking Follow up date : **Doctor Signature** Apollo Clinic # 23, 1st Floor, Kalidasa Road, Mysore - 07 Ph : 0821-4006040/41

Date MR NO	: 27-07-2024 : CMYS.0000061603	Department Doctor	: GENERAL :
Name	: Mr. KIRANKUMAR T R	Registration No Qualification	:
Age/ Gender	: 39 Y / Male		

Consultation Timing: 08:53

Height: 42	Weight: SH	BMI :	Waist Circum :
Temp:	Pulse :	Resp :	B.P: 10 8
General Examination / Allergies History	Clinical Diagnosis &	Management Plan	
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	Follow up date :		Doctor Signature
			Manun
	1		Apollo Clinic # 23, 1st Floor, Kalidasa Road, Mysore - 0 Ph: 0821-4006040/41

A			<b>Apollo</b> Clinic
Panelin'id:	61603	Patient Na me:	MR KIRAN KUMAR T R 39Y
Age:		Sex:	M
Accession Number:		Modality:	CR
Referring P hysician:		Study:	CHEST
Study Date:	27-Jul-2024		

# **X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

# **IMPRESSION :NORMAL STUDY.**

Dr. CHETAN HOLEPPAGOL MBBS. DNB(RADIO DIAGNOSIS)



Date: 27-Jul-2024 16:47:39

# Apollo Health and Lifestyle Limited

CP4 UB5110762000P1C115819

Keigd Office, 1, 10-60 62, Astroka Kaghupathi Chambers, 5th Floor Begumpet, Hyderabad, Telangana - 500.016 Prino 040 4404 7777 Fas ho 4404 7744 [Email ID enquiry-spollohi.com] www.apollohi.com

# APOLLO CLINICS NETWORK KARNATAKA

Bangalore (fiasavanagudi ) Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramatojaia (Satjatiul Road) Mysore (W Mohalla)

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Patient Name: Mr. T R Kiran Kumar	Date:27.07.2024	Referring Doctor: Self
Age / Sex :38 yrs /Male	UHID NO:	
ULTRASONOGRA	L PHY – ABDOMEN	N& PELVIS

**LIVER:** It is normal in size, outline and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**<u>GALL BLADDER</u>**: It is distended and normal. No evidence of calculi.

**<u>SPLEEN:</u>** It is normal in size, outline and echopattern. No e/o focal lesions.

**<u>PANCREAS</u>**: It is normal in size, outline and echopattern.

**<u>RIGHT KIDNEY:</u>** It measures 9.8x4.3 cm with parenchymal thickness of 1.2 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 9.9x3.9 cm with parenchymal thickness of 1.35cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

**IMPRESSION: GRADE II FATTY LIVER** 

Dr. Chetan H, DNB Consultant Radiologist.

#### Apollo Health and Lifestyle Limited

Apolio Health and Elfestyle Ellinco. 'CN' - UKSTIOTQ2000PLC115819' Kinga Chice -1: 10: 60: 62, Ashoka Raghupothi Chambers Sth Floor Begumpet, Hyderabad, Telangana - 500:016 In: No: GkD 4904 7277 Fac No: 4904 7244 - Emial ID: enguityleabollohi com | www.apollohi.com APOLLO CLINICS NETWORK KARNATAKA Bangalore: Basavariaguoli: Beilardur [Electronic City | Fraver Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Kotamarispia | Gariadur Roadi Mysore (VV. Mohalla)

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Pati	ent's Name : Mr Kiran Kumar	Age & Sex: 39Yrs /Male
Dat	e : 27.07.2024	UHID No: 61603

# 2D ECHOCARDIOGRAPHY STUDY

# Impression:

- > Normal chamber volumes
- > No regional wall motion abnormality
- ▶ Normal left ventricular systolic function. EF 65 %
- > No clots. No pericardial effusion

# **Findings**

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal.

# **Apollo Health and Lifestyle Limited**

CPV UB51107G2000PLC115819

Regis Office: 1:10-60:62. Autosa Raghupathi Chambers, 5th Floor Begumpet, Hyderabed, Telangana - 500:016 Mr. Nov USU 4904 7777 Fax No 4906 7744 [Email ID enquiry#apoliohi com | www.apoliohi com

#### APOLD CLINICS NETWORK KARNATAKA

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ALS Kiron Kumar	Age & Sex: 39Yrs /Male
Name : Mr Kiran Kumar )7.2024	UHID No: 61603

Measurements

AO	:	3.0	cm
• • • • • • • • • • • • • • • • • • • •		3.4	cm
LA	•	5.4	••••
RV		2.3	cm
LVIDd		4.9	cm
LVIDa	:	2.8	cm
IVSd		0.8	cm
IVSs		1.1	cm
PWd	:	0.8	cm
PWs	:	1.2	cm
EF	:	65	%
FS	1:	35	5 %
FS	14:00	35	5%

Doppler MV E: 0.56	TV m/s E m/s	AV V max 1.27	m/s	PV V max	1.06	m/s
A: 0.47 MR Nil	m/s A m/s TR Nil	AR Nil		PR Nil		

CONSULTANT - NON-INVASIVE CARDIOLOGY

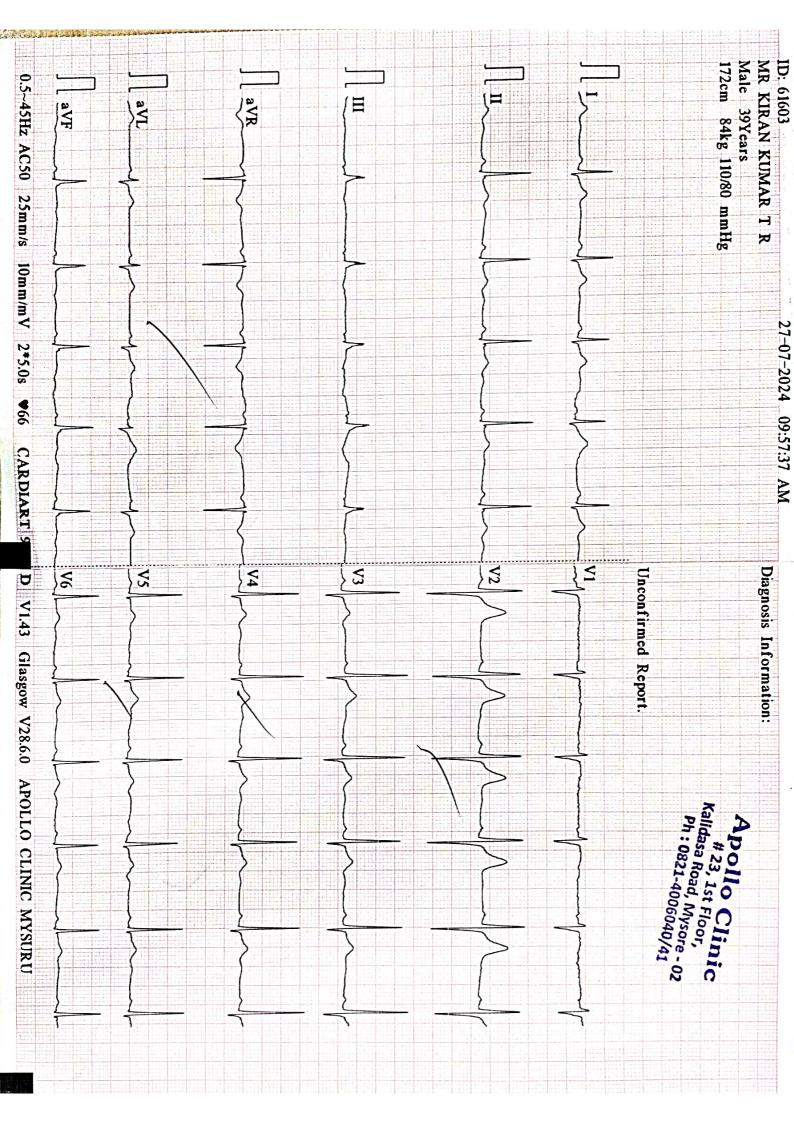
Apollo Health and Lifestyle Limited ISN: UASI10752000PLC115810 Reg3 OME: 1 10:60 E2, Avious Raghupathi Chambers. Sth Floor Begumpet, Hyderabad Telangana - 500 016 Pr. No. Uasi a wile 2777. Fai hui akka 7744 [Email ID enguiry#apollohi.com] www.apollohi.com

ningi usu asila 2777 Fax Nu 460a 7744 (Email ID enquiryisapollohi com ) www.apollohi com APOLLO CLINICS NET WORK KARNATAKA Bangalore: baravariayudi ; beilandur (Electronic City (Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundulahalli | Rolaritarigala | Sarjapur Road) Mysore (VV Mohalla) Dala

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Name: Mr. KIRANKUMAR T R Age/Gender: 39 Y/M MYSORE Address: Location: MYSORE, KARNATAKA Doctor: Department: GENERAL Rate Plan: MYSORE\_16052024 ARCOFEMI HEALTHCARE LIMITED Sponsor: Consulting Doctor: Dr. SUJATHA T R

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CMYS.0000061603 CMYSOPV127745 27-07-2024 08:53

SELF

# HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

#### **Chief Complaints**

COMPLAINTS:::: For Corporate Health Checkup,

#### SYSTEMIC REVIEW

#### \*\*Weight

--->: Stable,

Number of kgs: 69.3,

#### **HT-HISTORY**

#### **Past Medical History**

PAST MEDICAL HISTORY: Nil Significant,

\*\*Cancer: nill,

#### PHYSICAL EXAMINATION

#### SYSTEMIC EXAMINATION

IMPRESSION

#### RECOMMENDATION

#### **Fitness Report**

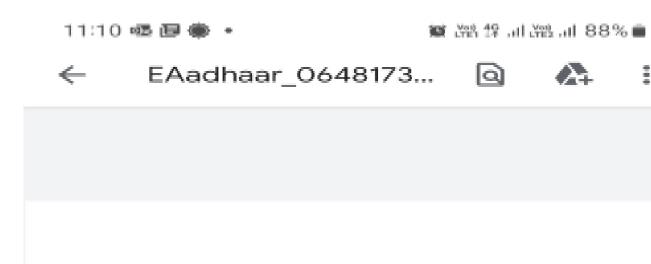
Fitness.: YES,

Fitness: fit,

#### DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

**Doctor's Signature** 





 $\leq$ 

# Your appointment is confirmed

# noreply@apolloclinics.info <noreply@apolloclinics.info>

Thu 25-07-2024 14:50

To:kirankumar.tr@bankofbaroda.co.in <kirankumar.tr@bankofbaroda.co.in> Cc:Mysore Apolloclinic <mysore@apolloclinic.com>;Yogeesh KV <mkt.mysore@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>



# Dear MR. TR KIRANKUMAR,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **KALIDASA RAOD clinic** on **2024-07-27** at **08:30-08:45**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement	[ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP
Name	AGREEMENT]
Package	[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D
Name	ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

# Instructions to be followed for a health check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
- 3. Please bring all your medical prescriptions and previous health medical records with you.
- 4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

- 1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: 23, KALIDASA ROAD, VV MOHLLA, MYSORE.

Contact No: (0821) 400 6040 - 41.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards, Apollo Clinic