

: Mr.BHUSHAN MURLIDHAR BAND

Age/Gender UHID/MR No : 38 Y 5 M 27 D/M : SCHE.0000088981

Visit ID

: SCHEOPV107354

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 22E36375 Collected

: 26/Oct/2024 08:57AM

Received

: 26/Oct/2024 10:38AM : 26/Oct/2024 01:48PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	13.9	g/dL	13-17	Spectrophotometer
PCV	44.60	%	40-50	Electronic pulse & Calculation
RBC COUNT	6.27	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	71	fL	83-101	Calculated
MCH	22.1	pg	27-32	Calculated
MCHC	31.1	g/dL	31.5-34.5	Calculated
R.D.W	16.1	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,600	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			
NEUTROPHILS	68	%	40-80	Electrical Impedance
LYMPHOCYTES	28	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	02	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3128	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1288	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	92	Cells/cu.mm	20-500	Calculated
MONOCYTES	92	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	2.43		0.78- 3.53	Calculated
PLATELET COUNT	286000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

RBC NORMOCYTIC NORMOCHROMIC, ANISOCYTOSIS +

WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN

Page 1 of 15

DR. APARNA NAIK MBBS DPB

CONSULTANT PATHOLOGIST

SIN No:BED240241799



Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

Address:

Ujagar Compound, Opp. Deonar Bus Depot Main Gate, Deonar, Chembur, Mumbai, Maharashtra Ph: 022 4334 4600



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Page 2 of 15



DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:BED240241799



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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FAC	TOR , WHOLE BLOOD EDT.	4		
BLOOD GROUP TYPE	Α			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

Page 3 of 15

DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:BED240241799





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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING, NAF PLASMA	96	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Page 4 of 15

DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

SIN No:PLF02210524





: Mr.BHUSHAN MURLIDHAR BAND

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: 38 Y 5 M 27 D/M : SCHE.0000088981

Visit ID

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: 26/Oct/2024 12:13PM

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	114	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 15

DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

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: Mr.BHUSHAN MURLIDHAR BAND

Age/Gender

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: SCHE.0000088981

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN), W	HOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.3	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	105	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %	
NON DIABETIC	<5.7	
PREDIABETES	5.7 - 6.4	
DIABETES	≥ 6.5	
DIABETICS		
EXCELLENT CONTROL	6 – 7	
FAIR TO GOOD CONTROL	7 – 8	
UNSATISFACTORY CONTROL	8 – 10	
POOR CONTROL	>10	

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control A: HbF >25%
 - B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 15

Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:EDT240093450

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	219	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	104	mg/dL	<150	
HDL CHOLESTEROL	44	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	175	mg/dL	<130	Calculated
LDL CHOLESTEROL	154.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.98		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.01		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Page 7 of 15

DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST





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Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.40	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.30	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	30	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	22.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	0.7		<1.15	Calculated
ALKALINE PHOSPHATASE	64.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.20	g/dL	6.7-8.3	BIURET
ALBUMIN	4.50	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.67		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

- 1. Hepatocellular Injury:
- *AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.*ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.
- 2. Cholestatic Pattern:*ALP Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.*Bilirubin elevated- predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.
- 3. Synthetic function impairment: *Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.
- 4. Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

Page 8 of 15

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CONSULTANT PATHOLOGIST





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Page 9 of 15



DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:SE04839267

Begumpet, Hyderabad, Telangana - 500016



: Mr.BHUSHAN MURLIDHAR BAND

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SEF	RUM		
CREATININE	0.74	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	35.74	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	16.7	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.20	mg/dL	4.0-7.0	URICASE
CALCIUM	9.10	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	4.40	mg/dL	2.6-4.4	PNP-XOD
SODIUM	135	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.20	g/dL	6.7-8.3	BIURET
ALBUMIN	4.50	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.67		0.9-2.0	Calculated

Page 10 of 15

DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST





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Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	38.00	U/L	16-73	Glycylglycine Kinetic method

Page 11 of 15



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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM	<u>'</u>		
TRI-IODOTHYRONINE (T3, TOTAL)	1.27	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	13.24	μg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	1.882	μIU/mL	0.38-5.33	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies

Page 12 of 15

Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:SPL24144861



Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

	71110			THEE TOLE BOD! ANTOAL! LOO MALE LD LO	I AIT III DIA I I LOLI
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes	
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma	

Page 13 of 15



Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:SPL24144861

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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measuremen
pH	6.0		5-7.5	Double Indicator
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modifed Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Υ		
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	Microscopy
RBC	ABSENT	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

*** End Of Report ***

Page 14 of 15

DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:UR2417884



Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

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Ujagar Compound, Opp. Deonar Bus Depot Main Gate Deonar, Chembur, Mumbai, Maharashtra Ph: 022 4334 4600



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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Page 15 of 15



DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:UR2417884



: Mr.BHUSHAN MURLIDHAR BAND

Age/Gender

: 38 Y 5 M 27 D/M

UHID/MR No Visit ID

: SCHE.0000088981

Ref Doctor

: SCHEOPV107354

Emp/Auth/TPA ID

: 22E36375

: Dr.SELF

Collected

: 26/Oct/2024 08:57AM

Received

: 26/Oct/2024 02:24PM

Reported

: 26/Oct/2024 05:19PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

TERMS AND CONDITIONS GOVERNING THIS REPORT

- 1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understandreporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
- 2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of parrticulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
- 3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).
- 4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
- 5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
- 6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.



SIN No:UR2417884



Begumpet, Hyderabad, Telangana - 500016





OUT-PATIENT RECORD

Date 26.10.4

Name :-Age / Gender : Mr. Bhushan Band.

Department : OPHTHALMOLOGY
Consultant Dr. Neeta Sharma

Reg. No: 68446

Qualification : MBBS, DIP. Opthal, DNB (Ophthal)

Pulse :	B.P:	Resp:	Temp:
Veight :	Height:	BMI:	Waist Circum :
eneral Examinatio listory	1	osis & Management Plan W MC, BC	W. Normal & 6/6
	de Co	NRC Clear	A Re N/s Let N/s fanew
			En feur gos

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RECOMMENDED INVESTIGATIONS

		A B						(A'B'C)	
S. NO.	NAME OF DRUG & STRENGTH	MEDICATION DOSAGE	MORNING	AFTERNOON	EVENING	NIGHT	NO. OF DAYS	TOTAL QTY.	INSTRUCTIONS FOR ADMINISTERING DOSAGE
1									
2								1	
3									
4									
5									
6									
7									
8									
9									
ABSOLUTE ALANINE A BLOOD GR CALCIUM, CARDIAC S CBC (Include) C-REACTIV CREATININ CREATININ CULTURE A DENGUE IS DENGUE IS DENGUE IS FERTITIN - FREE T4 - S FREE T4 (F	EDSINOPHIL COUNT AMINOTRANSFERASE (ALT/SGPT), SERUM OUP ABO & Rh FACTOR SERUM STRESS TEST - (TMT) des ESR) E BLOOD COUNT FE PROTEIN (Qualitative) IE - SERUM / PLASMA IE, SERUM AND SENSITIVITY [URINE] IGM IGM & IGG IGST ANTIGEN CYTE SEDIMENTATION RATE (ESR) ESERUM ICAN SERUM ICAN SERUM	GLUCOSE - SERUM / PLA GLUCOSE - SERUM / PLA GLUCOSE, FASTING (F) A HOURS (POST MEAL) GLUCOSE, RANDOM; HEMOGLOBIN HEMOGLOBIN HEMOGRAM (CBP+ ESR) HIV I AND II ANTIBODIES I IGE (TOTAL) LIPID PROFILE LIVER FUNCTION TESTS. MALARIAL ANTIGEN (VI PERIPHERAL SMEAR FOR PLATELET COUNT PROLACTIN - SERUM PULMONARY FUNCTION RHEUMATOID FACTOR - SERUM ELECTROLYTES THYROID FUNCTION TES VACCINATIONS - ADULT	SMA ND PO HEMO (LFT) (LFT) VAX A R MAI N TEST	(POST P	F PRAID RAND	LYCO-) MP)	TSH: T TYPHI TYPHI ULTRA ULTRA ULTRA UREA URICA URICA URICA VITAN VITAN VITAN WIDA X-RAY X-RAY X-RAY	ASOUND - ABDOMEN AND PELVIS ASOUND - WHOLE ABDOMEN ASOUND EARLY PREGNANCY (WITHIN 10 WEEKS) - SERUM / PLASMA ACID - SERUM E ROUTINE (CUE) ROUTINE (CUE) ROUTINE AND MICROSCOPY MIN B12 - SERUM MIN D TOTAL - SERUM/PLASMA MIN D3 L (SLIDE) L TEST CERVICAL SPINE AP AND LAT CHEST PA LUMBAR SPINE AP AND LAT

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Name : Mr. Bhushan Murlidhar Band

Age: 38 Y

Sex: M

Address: Ghatkopar West

Plan : ARCOFEMI M

: ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN

INDIA OP AGREEMENT

UHID:SCHE.0000088981

OP Number: SCHEOPV107354

Bill No :SCHE-OCR-25331 Date : 26.10.2024 08:43

	Date : 20.10	.2024 00.43
Sno	Serive Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA -	FY2324
_	GAMMA GLUTAMYL TRANFERASE (GGT)	
	2 D ECHO	
-2	LIVER FUNCTION TEST (LFT)	
1	GLUCOSE, FASTING	14
	HEMOGRAM + PERIPHERAL SMEAR	
'e	DIET CONSULTATION	71
	COMPLETE URINE EXAMINATION	
-8	URINE GLUCOSE(POST PRANDIAL)	
	PERIPHERAL SMEAR	
U	ECG	
	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
	DENTAL CONSULTATION	
(13	OLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) 9:50/11:50	
	URINE GLUCOSE(FASTING)	4
13	HbA1c, GLYCATED HEMOGLOBIN	
16	X-RAY CHEST PA	
• 17	ENT CONSULTATION - Skip	
218	FITNESS BY GENERAL PHYSICIAN	
-19	BLOOD GROUP ABO AND RH FACTOR	
	LIPID PROFILE	
21	BODY MASS INDEX (BMI)	
	OPTHAL BY GENERAL PHYSICIAN TO Sharma	
	ULTRASOUND - WHOLE ABDOMEN	
	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

mail

9284754408





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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM, WHOLE BLOOD EDTA				- Annual Control
HAEMOGLOBIN	13.9	g/dL	13-17	Spectrophotometer
PCV	44.60	%	40-50	Electronic pulse & Calculation
RBC COUNT	6.27	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	71	fL	83-101	Calculated
MCH	22.1	pg	27-32	Calculated
MCHC	31.1	g/dL	31.5-34.5	Calculated
R.D.W	16.1	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,600	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			Licotrical impedant
NEUTROPHILS	68	%	40-80	Electrical Inc.
LYMPHOCYTES	28	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	02	%	2-10	Electrical Impedanc
BASOPHILS	00	%	125.00 (610.00)	Electrical Impedanc
ABSOLUTE LEUCOCYTE COUNT	- 00	/0	<1-2	Electrical Impedanc
NEUTROPHILS	3128	0-11-1		
YMPHOCYTES	1288	Cells/cu.mm	2000-7000	Calculated
EOSINOPHILS	92	Cells/cu.mm	1000-3000	Calculated
MONOCYTES	92	Cells/cu.mm	20-500	Calculated
Neutrophil lymphocyte ratio (NLR)	(927027720)	Cells/cu.mm	200-1000	Calculated
PLATELET COUNT	2.43		0.78- 3.53	Calculated
ERYTHROCYTE SEDIMENTATION	286000	cells/cu.mm	150000-410000	Electrical impedence
RATE (ESR)	06	mm at the end of 1 hour	0-15	Modified Westergrer
ERIPHERAL SMEAR		o. i nour		

RBC NORMOCYTIC NORMOCHROMIC, ANISOCYTOSIS +

WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN

DR. APARNA NAIK

MBBS DPB

CONSULTANT PATHOLOGIST

SIN No:BED240241799

Page 1 of 15



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DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

SIN No:BED240241799

Page 2 of 15







TOUCHING LIVE

Patient Name

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FAC	TOR , WHOLE BLOOD EDT	4		
BLOOD GROUP TYPE	А			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

Page 3 of 15



DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:BED240241799

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING, NAF PLASMA	96	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation	
70-100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	
<70 mg/dL	Hypoglycemia	

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Page 4 of 15



DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

SIN No:PLF02210524





TOUCHING LIVE

Patient Name

: Mr.BHUSHAN MURLIDHAR BAND

Age/Gender

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	114	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 15



DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:PLP1487541



Patient Name : Mr.BHUSHAN MURLIDHAR BAND

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN), WH	OLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.3	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	105	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %		
NON DIABETIC	<5.7		
PREDIABETES	5.7 – 6.4		
DIABETES	≥ 6.5		
DIABETICS			
EXCELLENT CONTROL	6 – 7		
FAIR TO GOOD CONTROL	7 – 8		
UNSATISFACTORY CONTROL	8 – 10		
POOR CONTROL	>10		

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 15

Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY), D.P.B Consultant Pathologist

SIN No:EDT240093450





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Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	219	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	104	mg/dL	<150	
HDL CHOLESTEROL	44	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	175	mg/dL	<130	Calculated
LDL CHOLESTEROL	154.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.98		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.01		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High	
TOTAL CHOLESTEROL	< 200 - 239		≥ 240		
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500	
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190	
HDL	≥ 60				
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220	

Page 7 of 15

DR. APARNA NAIK
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Test Name	Result	Unit	Bio. Ref. Interval	Method
IVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.40	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.30	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	30	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	22.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	0.7		<1.15	Calculated
ALKALINE PHOSPHATASE	64.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.20	g/dL	6.7-8.3	BIURET
ALBUMIN	4.50	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.67		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

- 1. Hepatocellular Injury:
- *AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.*ALT -Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) - In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.
- 2. Cholestatic Pattern:*ALP Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.*Bilirubin elevated- predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.
- 3. Synthetic function impairment: *Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.
- Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

Page 8 of 15

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CONSULTANT PATHOLOGIST





Apollo DIAGNOSTICS

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Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SER	RUM		
CREATININE	0.74	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	35.74	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	16.7	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.20	mg/dL	4.0-7.0	URICASE
CALCIUM	9.10	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	4.40	mg/dL	2.6-4.4	PNP-XOD
SODIUM	135	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.20	g/dL	6.7-8.3	BIURET
ALBUMIN	4.50	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.67		0.9-2.0	Calculated

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Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	38.00	U/L	16-73	Glycylglycine Kinetic method

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Received

: 26/Oct/2024 02:09PM : 26/Oct/2024 03:38PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH),	SERUM	- d		
TRI-IODOTHYRONINE (T3, TOTAL)	1.27	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	13.24	μg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	1.882	μIU/mL	0.38-5.33	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As pe American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- **4.** Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High		Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High		Thyroiditis, Interfering Antibodies

Page 12 of 15

Dr.Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:SPL24144861





: Mr.BHUSHAN MURLIDHAR BAND

Age/Gender

: 38 Y 5 M 27 D/M

UHID/MR No

: SCHE.0000088981

Visit ID

: SCHEOPV107354

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 22E36375

Collected

: 26/Oct/2024 08:57AM

Received Reported : 26/Oct/2024 02:09PM : 26/Oct/2024 03:38PM

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N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 13 of 15



Dr. Sandip Kumar Banerjee M.B.B.S, M.D(PATHOLOGY), D.P.B Consultant Pathologist

SIN No:SPL24144861

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com





: Mr.BHUSHAN MURLIDHAR BAND

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Ref Doctor Emp/Auth/TPA ID

: 22E36375

: Dr.SELF

Collected

: 26/Oct/2024 08:57AM

Received

: 26/Oct/2024 02:24PM

Reported

: 26/Oct/2024 05:19PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE), URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measuremen
рН	6.0		5-7.5	Double Indicator
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION			1.002 1.000	Bromothymor Blue
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modifed Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOPY	1		Leacocyte Esterase
PUS CELLS	1-2	/hpf	0-5	N.C.
EPITHELIAL CELLS	0-1	/hpf		Microscopy
RBC	ABSENT	/hpf	<10	Microscopy
CASTS	NIL	/IIpi	0-2	Microscopy
CRYSTALS	ABSENT		0-2 Hyaline Cast	Microscopy
Comment	, LOSEIVI		ABSENT	Microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

*** End Of Report ***

Page 14 of 15



DR. APARNA NAIK MBBS DPB

CONSULTANT PATHOLOGIST

SIN No:UR2417884





: Mr.BHUSHAN MURLIDHAR BAND

Age/Gender

: 38 Y 5 M 27 D/M

UHID/MR No Visit ID

: SCHE.0000088981 : SCHEOPV107354

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

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Collected

: 26/Oct/2024 08:57AM

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: 26/Oct/2024 05:19PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

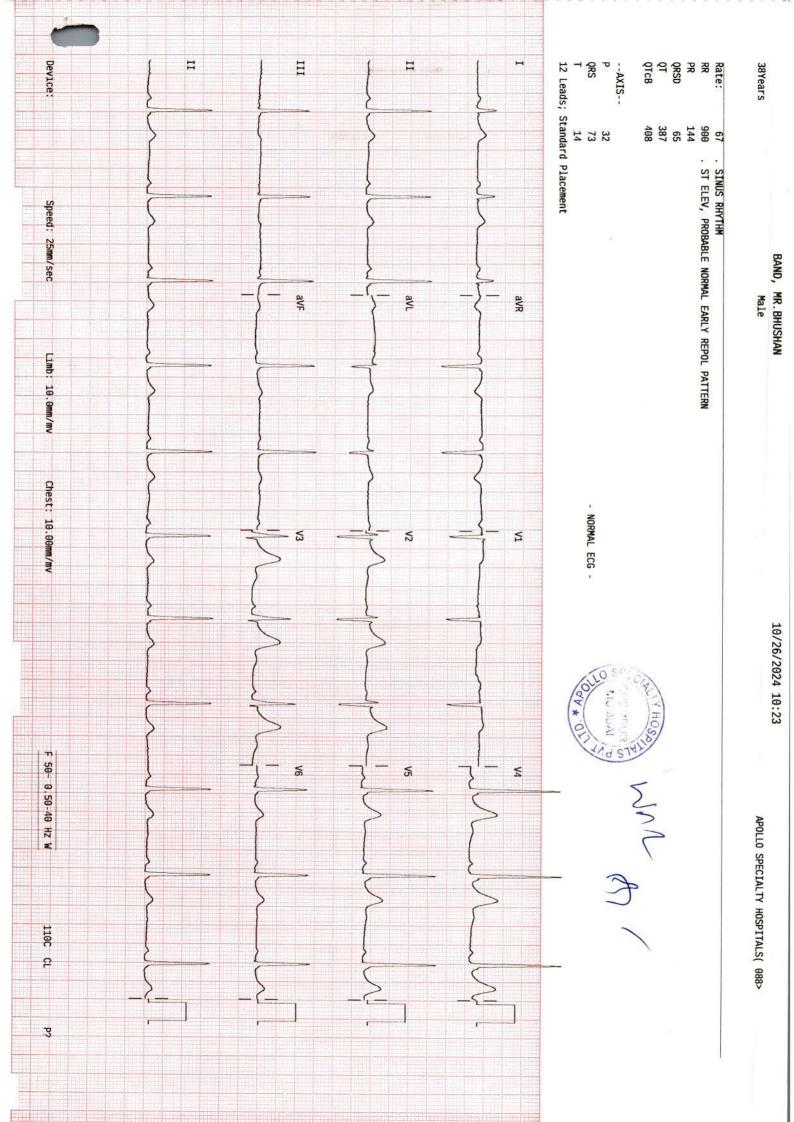
Page 15 of 15



DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST SIN No:UR2417884

Apollo Health and Lifestyle Limited

www.apollodiagnostics.in







Patient Name

: Mr. Bhushan Murlidhar Band

Age

: 38 Y M

UHID

: SCHE.0000088981

OP Visit No

: SCHEOPV107354

Reported on

: 26-10-2024 12:16

Printed on

: 26-10-2024 13:45

Adm/Consult Doctor

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen

Printed on:26-10-2024 12:16

---End of the Report---

Dr. JAVED SIKANDAR TADVI

MBBS, DMRD, Radiologist

Radiology





Patient Name: Mr. Bhushan Band

Age / Sex

: 38 yrs / Male.

Ref Doctor

: Health Check

Bill No

: SCHE -OCR-25331

UHID NO

: SCHE.0000088981

Report Date : 26/10/2024

2 - D & COLOUR DOPPLER ECHOCARDIOGRAPHY.

Interpretetion Summary:

- 1. NORMAL LV SYSTOLIC FUNCTION (EF: 60%). NO E/O DIASTOLIC DYSFUNCTION. NO E/O ANY REGIONAL WALL MOTION ABNORMALITY.
- 2. NO E/O TR. NO E/O SIGNIFICANT PULMONARY HYPERTENSION.
- 3. NO CLOT / THROMBUS / VEGTATIONS IN LA/LV.
- 4. NO MR, NO AR. NORMAL AV, MV, TV AND PV.
- 5. NO E/O PERICARDIAL EFFUSION.

Left Ventricle.

The Left Ventricle is grossly normal in size. There is no thrombus. There is normal left ventricular wall thickness. Left Ventricular systolic function is normal.

Right Ventricle.

The Right Ventricle is grossly normal in size. There is normal right ventricular wall thickness. The right ventricular systolic function is normal.

Atria.

The Left Atrium is normal in size. Right Atrial size is normal. The interatrial septum is intact with no evidence of an Atrial Septal Defect.

Mitral Valve.

The Mitral Valve is grossly normal. There is no evidence of Mitral Valve Prolapse. There is no mitral valve stenosis. There is no mitral regurgitation noted.

Aortic Valve.

The Aortic Valve is trileaflet. There is no aortic valvular vegetation. No hemodynamically significant valvular aortic stenosis.

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Pulmonic Valve.

The Pulmonic Valve is seen, is grossly normal. There is no Pulmonic valvular stenosis. There is no Pulmonic valvular regurgitation.

Great Vessels.

The Aortic root is normal in size. No obvious dissection could be visualized. The Pulmonary artery is normal in size.

Pericardium/Pleural.

There is no Pericardial effusion.

M MODE/2D MEASUREMENTS & CALCULATIONS.

LA (mm): 25AO (mm): 24

LVIDd (mm):40**IVSd (mm)**: 7

LVIDs (mm) : 23 IVSs (mm): 13 LVPWs (mm): 13 LVPWd (mm): 9

EF(Teich)(mm) : 60%

Dr. AMIT SHOBHAVAT M.B.B.S

DNB (INTERNAL MEDICINE)





Patient Name

: Mr. Bhushan Murlidhar Band

Age

: 38 Y M

UHID

: SCHE.0000088981

OP Visit No

: SCHEOPV107354

Reported on

: 26-10-2024 12:27

Printed on

: 26-10-2024 12:28

Adm/Consult Doctor

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver: Normal in size, shape and echotexture. No obvious mass seen. IHBR appear normal.

Gall Bladder: Well-distended, no obvious calculus seen. Wall thickness is within normal

limits. CBD not dilated.

Pancreas: Normal in size and echopattern.

Spleen: Normal in size, echopattern

Kidneys: Both the kidneys are normal in size, shape and position.

Corticomedullary differentiation grossly maintained.

No obvious calculus/hydronephrosis seen.

RK: 9.2 X 4.1 cm.

LK: 10.0 X 3.9cm.

No obvious mass/collection seen at the time of scan.

No fluid seen in the peritoneal cavity.

Urinary bladder: Well distended with clear contents. Wall thickness is within normal limits.

Prostate: appears normal in size and echotexture. (Volume- 17cc).

IMPRESSION: ESSENTIALLY NORMAL WHOLE ABDOMEN.

Printed on:26-10-2024 12:27

---End of the Report---

Dr. JAVED SIKANDAR TADVI

MBBS, DMRD, Radiologist

Radiology

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DIETARY GUIDELINES

- · No feasting, no fasting.
- · Have small frequent & regular meals, Do not exceed
- Cereals: Eat whole grains and cereals. Oats, Nachni (ragi), Bajara, Jowar can be added to chapatti flour. Do not sieve the flour.
- Restrict rice & corn; Avoid refined flour (Maida) products like bread, biscuits, Khari, toast, pasta, macaroni, noodles on regular basis.
- Pulses: 2-3 servings of dals, pulses, lentils and sprouts to be consumed daily.
- Milk: Milk and milk products (low fat/ skimmed) like curd, paneer/ chenna (homemade) made
 of same amount of milk.; Avoid concentrated dairy products, cheese, mayonnaise, butter,
 Vanaspati, margarine, ghee etc.
- Nuts allowed: Almonds, walnuts, pistachio, can be eaten in mid meals or mornings.
- Alsi / Jawas (Flaxseeds) 2 tsp- roasted: whole or powdered to be eaten daily.
- Avoid coconut & groundnut usage in gravies and chutney.
- Cooking techniques such as grilling, steaming, dry roasting, shallow frying should be incorporated
- Sugar: Consumption of sugar, jaggery, honey and its products like jam, jelly, chocolates, ice creams, cakes, pastries, candies, aerated drinks and sweets to be avoided.
- Papad, pickle, canned, preserved foods, fried foods to be avoided.
- Consumption of alcohol and smoking should be avoided.
- Include 2cups of Green tea per day.
- Fruits: 1-2 fruits (as per the list) to be consumed daily. Consume whole fruits and avoid juices.
- Restrict fruits like mango; grapes, chikoo, Custard apple, jackfruit and banana in your diet avoid fruit juices, milkshake.
- Vegetables: Eat vegetables liberally. Include plenty of salads and soups (clear or unstrained).
- Water intake per day: 3 liters.
- Oil consumption: 3 tsp per day/ ½ kg oil per month per person.



- Oils to be used for cooking prefer e.g....<u>Groundnut, Mustard, Olive, Saffola (Gold), and Rice bran</u> Oil & Canola oil.
- Avoid Coconut, Sunflower and Palm oil for cooking. Use non-stick cookware for cooking your food.
- Exercise daily 45 mines to 1 hour: Brisk walk / Yoga / gym / swimming / cycling / outdoor sports/ aerobics /Zumba.

VEGETABLE EXCHANGE LIST:

Α	В	С		
Low Kcal(Consume Liberally)	40 kcal (Less amts)	100 kcal (Restrict)		
All Dark green leafy vegetables	Carrot, Onion, Beetroot	Potato, Raw banana		
All Gourd Vegetables like Dudhi, turi,	Gawar	Sweet potato		
Padwal, White Pumpkin etc,	Papdi	Yam		
Other veg's: Bhindi, Karela, French	Jackfruit (raw)	Tapioca		
beans, Cauliflower, zucchini, capcicum, Tomato, Cucumber, tindli, kantola etc	Mushroom	Colocasia		
Tomato, Cucumber, tinuii, kaiitola etc	Green Plantain	Sabudana		

FRUIT SERVING SIZE:

Fruits allowed	Serving	Fruits restricted	Serving 10-12no. 1 no. 2 slice	
Amla	4-5 no.	Grapes		
Jambu	10 no.	Banana (small), Chickoo		
Apple, Guava, Sweet lime,	1 no.	Mango		
Orange, Pear, Peach, Kiwi Plum	2 no.	Litchi, Jackfruit	3-4 no.	
Pomegranate	½ no.	Seetaphal	½ no.	
Watermelon, Musk melon	1 thin boat slice	Fruit Juice	NO	
Pineapple, Papaya 2 thin boat slice		Sugarcane Juice	NO	
Raspberries, Strawberries	150gm	Coconut water	NO	
Fresh Figs	1 big/ 2 small			

Susan Thomas

Executive Dietician

E: diet.cbr@apollospectra.com





Date MRNO Name :- Age / Gender : Mobile No:-	OUT-P 26/10/24 3hwhun Band	Consultant Dr Reg. No : 2001	Amit Shobhavat 1/09/3124 C.M, Dip. Diabetology
Pulse : 80	B.P : 10	Resp 16	Temp: 97-8 -
Weight: 55.6	Height: 170	BMI: 19-2	Waist Circum 84 90
General Examination / A History		& Management Plan	chest: 85/87 Spoz! -991.
No Comorbo	of Aprox		
No Converto	ul shu		
No adelah	n n		
Win C			
Ry Lu ?)ony trives	y at	
	Follow up date:		Doctor Signature

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ORAL EXAMINATION FORM



Date: 26/10/24 Phone No	:-7709996303 Source:- HC
Patient ID :	MHC
	Age: 38 Sex: Male Female
Chief Complaint: pt · Yo deposits a Medical History: -	on suitace of teeth.
Drug Allergy : —	
Medication currently taken by the Guest : —	2
Initial Screenign Findings :	
Dental Caries :	Missing Teeth:
Impacted Teeth:	Attrition / Abrasion :
Bleeding:	Pockets / Recession :
Calculus / Stains: + + +	Mobility:
Restored Teeth:	Non - restorable Teeth for extraction /
Malocclusion:	Root Stumps :
	Others:

Doctor

Name & Signature: Dr. Sayali D.

Advice: Olal prophylaxis





Apollo Clinic

CONSENT FORM

Patient Name Bhushan Band Age 38. UHIO Number
(Company) Want to inform you that I am not interested in getting
Patient Signature: Parsons Date: 26/12/24

POLLUL NES VET MORE



aPOLID LENGTH PROTECTION OF THE TOTAL CONTROL OF THE CONTROL OF TH



भारत सरकार GOVERNMENT OF INDIA



Bhushan Murlidhar Band जन्म वर्ष / Year of Birth : 1986 पुरुष / Male

भूषण मुरलीधर बंड



4507 2088 8691

आधार — सामान्य माणसाचा अधिकार

					Г		
	9:00 AM			9:00 AIM	9:00 AM		
	26-0ct-24		26 Oct 24	2 20-OCL-24 9:00 AIM	09-Nov-24		
	off 7709996303 26-Oct-24 9:00 AM off 7709996303 26-Oct-24 9:00 AM				9544591576 09-Nov-24 9:00 AM		
	54 F nd@bankoft 7		38 Mind@hankoff	TOWN DO	khil@gmail.d		
-	54 F	1	38 N		31 F		
	Sonali Bhushan Band		5 MR. BAND BHUSHAN MURLIDHAR		Sariekha John		
52 femi MediWheel Full Body Annual Plus Check Advanced Female 2D 8 22S36376			ZE303/	34 Oremi Mediwheel Full Body Health Annual Plus Check Femals of 23523000	084830 Ed Z2234830		





Doctor S

OUT-PATIENT RECORD 26.10.24 Date Department: **OPHTHALMOLOGY** MRNO Consultant Dr. Neeta Sharma Reg. No: Name:-68446 Qualification: Age / Gender: MBBS, DIP. Opthal, DNB (Ophthal) Mobile No:-Pulse: B.P Resp: Temp: Weight: Height: BMI: Waist Circum Clinical Diagnosis & Management Plan General Examination / Allergies History

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Follow up date:

RECOMMENDED INVESTIGATIONS

			A		В		С	(A*B*C)		
	S. NO.	NAME OF DRUG & STRENGTH	MEDICATION DOSAGE	MORNING	AFTERNOON	EVENING	NIGHT	NO. OF DAYS	TOTAL QTY.	INSTRUCTIONS FOR ADMINISTERING DOSAGE
	1									
	2									
	3									
	4									
	5									
	6									
	7									
	8									
	9									
□ 2D-ECHO WITH COLOUR DOPPLER □ GLUCOSE - SERUM / PLASMA (FASTING) □ Total BETA- HCG (TB-HCG) □ ABSOLUTE EOSINOPHIL COUNT □ GLUCOSE - SERUM / PLASMA (POST PRANDIAL) □ TSH: THYROID STIMULATING HO □ ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM □ BLOOD GROUP ABO & Rh FACTOR □ GLUCOSE, FASTING (F) AND POST PRANDIAL (PP), 2 □ TYPHI DOT - M □ HOURS (POST MEAL) □ ULTRASOUND - ABDOMEN AND □ GLUCOSE, RANDOM; □ ULTRASOUND - WHOLE ABDOMEN					HYROID STIMULATING HORMONE - SERUM DOT - M ISOUND - ABDOMEN AND PELVIS ISOUND - WHOLE ABDOMEN ISOUND EARLY PREGNANCY (WITHIN 10 WEEKS) - SERUM / PLASMA ACID - SERUM IROUTINE (CUE) ROUTINE (CUE) ROUTINE AND MICROSCOPY IN B12 - SERUM IN D TOTAL - SERUM/PLASMA IN D3 L (SLIDE) L TEST CERVICAL SPINE AP AND LAT CHEST PA LUMBAR SPINE AP AND LAT PNS					

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Patient Name: Mr. Bhushan Murlidhar BandAge/Gender: 38 Y/M

 UHID/MR No.
 : SCHE.0000088981
 OP Visit No
 : SCHEOPV107354

 Sample Collected on
 : 26-10-2024 12:28

Ref Doctor : SELF **Emp/Auth/TPA ID** : 22E36375

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver: Normal in size, shape and echotexture. No obvious mass seen. IHBR appear normal.

Gall Bladder: Well-distended, no obvious calculus seen. Wall thickness is within normal limits.

CBD not dilated.

Pancreas: Normal in size and echopattern.

Spleen: Normal in size, echopattern

Kidneys: Both the kidneys are normal in size, shape and position.

Corticomedullary differentiation grossly maintained.

No obvious calculus/hydronephrosis seen.

RK: 9.2 X 4.1 cm. LK: 10.0 X 3.9cm.

No obvious mass/collection seen at the time of scan.

No fluid seen in the peritoneal cavity.

Urinary bladder: Well distended with clear contents. Wall thickness is within normal limits.

Prostate: appears normal in size and echotexture. (Volume- 17cc).

IMPRESSION: ESSENTIALLY NORMAL WHOLE ABDOMEN.

Dr. JAVED SIKANDAR TADVI MBBS, DMRD, Radiologist

Radiology



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Patient Name : Mr. Bhushan Murlidhar Band Age/Gender : 38 Y/M

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 : 26-10-2024 12:16

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DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen

Dr. JAVED SIKANDAR TADVI MBBS, DMRD, Radiologist

Radiology