



**Mediwheel**  
...Your wellness partner

**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: [wellness@mediwheel.in](mailto:wellness@mediwheel.in), Website: [www.mediwheel.in](http://www.mediwheel.in)

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307


## MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **YASH MHATRE** aged, **25yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Mumbai

Date: 07/06/2024

  
Nitesh Kumar  
MBBS  
BCMR 47093  
Name & Signature of

Medical officer



Name - Mr. YASH MHATRE	Age - 25 Y/M
Ref by Dr:- Siddhivinayak Hospital	Date- 07/06/2024

### X- Ray chest (PA VIEW)

No obvious active parenchymal lesion seen in both lungs.

Cardiac and aortic shadows appear normal

No evidence of pleural of effusion is seen.

Both domes of diaphragm appear normal.

No obvious bony lesion is seen.

#### **IMPRESSION:**

- No significant abnormality seen.

Adv.: Clinical and lab correlation.

**DR. AMOL BENDRE**  
MBBS; DMRE  
CONSULTANT RADIOLOGIST

Note: The above report represents interpretation of various radiographic / sonographic shadows, and hence has its own limitations. This report has to be co-related clinic-pathologically by the referring / physician and it does NOT represent the sole diagnosis.

**Dr. AMOL BENDRE**  
MBBS DMRE  
Reg. No. 2015/08/4412





Reg. No. <u>AP</u>
Date : <u>7/6/24</u>

Blood  
  Urine  
  Stool  
  Vaccine  
  ECG  
  2D Echo  
  TMT  
  X-Ray  
  PFT  
  Audio  
  USG  
  OPT  
  Dr.

Employee's Name : Yash Mhatre

With Glass / Without Glasses

Blood Group : O+ve

Age/Sex : 25 / M

Contact No. : 9930092768

	Rt.	Lt.
NEAR	<u>N/6</u>	<u>N/6</u>
DISTANT	<u>6/6</u>	<u>6/6</u>
COLOUR VISION	<u>Normal</u>	

**PHYSIOLOGIC PARAMETERS :**

Ht. (Cms.) : 175      Wt. (Kgs.) : 81.4      BMI 26.4 kg/m<sup>2</sup>

**GENERAL EXAMINATION**

Pulse (Min) : 80/min      BP (mm Hg) : 120/90 mmHg  
 R.R. (Min) : 20 cpm      Temp. : 4Feb  
 Pallor : NAD      Icterus : NAD  
 Clubbing : NAD

**COMPLAINTS : (Specify if any)**

No fresh complaints

**ENT EXAMINATION (Specify if Abnormal)**

Ear \_\_\_\_\_      Nose \_\_\_\_\_      Tongue \_\_\_\_\_  
 Teeth \_\_\_\_\_      Tonsils \_\_\_\_\_      Gums (N)

PAST HISTORY : NAD

**SYSTEMIC EXAMINATION**

LOCOMOTOR SYSTEM : NAD  
 RESPIRATORY SYSTEM : A/C/B/C clear  
 CARDIOVASCULAR SYSTEM : S<sub>1</sub>S<sub>2</sub> ⊕  
 CENTRAL NERVOUS SYSTEM : Cons, oriented  
 ABDOMEN : Soft  
 GENITAL SYSTEM : NAD  
 MUSCULOSKELETAL SYSTEM : NAD

FAMILY HISTORY : father - HTN  
Paternal Aunt - DM, HTN

SURGICAL HISTORY : NAD

**PERSONAL HISTORY (Addiction if any)**

Chronic / Frequent / Occasional : No  
 Smoker / Tobacco Chewer / Alcoholic : No

PFT	MEANS	PRED	% PRED
SVC			
FVC			
FEV1 / FVC			
Remark			

**Audiometry**

	500	1000	2000	4000	6000	8000
Right Ear						
Left Ear						
Remark						

DL

pt is fit and can resume his normal duties

**DOCTOR SIGNATURE**  
**DR. VISHAL DALVI**  
 MBBS, MD (Medicine)  
 Consultant Physician  
 Reg. No. 2011/09/3121

Adv  
2D Echo.



## OPHTHAL CHECK UP SCREENING

NAME OF EMPLOYEE YASH MHATRE

AGE 25 YR

DATE: 07-06-2024

Spects : Without Glasses

	RT Eye	Lt Eye
NEAR	N/6	N/6
DISTANT	6/6	6/6
Color Blind Test	NORMAL	



SIDDHIVINAYAK HOSPITALS





# UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.  
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



9323 070624

Name : MR. YASH MHATRE

LABID : 9323

Sample Collection : 07/06/2024 09:53

Age : 25 Yrs. Sex : M

Sample Received : 07/06/2024 09:53

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 07/06/2024 16:34

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

## FASTING AND POSTPRANDIAL PLASMA GLUCOSE

Test	Result	Unit	Biological Ref. Range
Fasting Plasma Glucose Method: Hexokinase	: 76.77	mg/dl	70-110 mg/dl
Fasting Urine Glucose	: Absent		Absent
Fasting Urine Ketone	: Absent		Absent
Post Prandial Plasma Glucose ( 2 Hrs.after lunch)	: 115.07	mg/dl	70 to 140 mg/dl
PP Urine Glucose	: Sample Not Received		
PP Urine Ketone	: Sample Not Received		
Method : Glucose Oxidase Peroxidase (GOD/POD)			

### AS PER AMERICAN DIABETES ASSOCIATION 2010 UPDATE

#### FASTING GLUCOSE LEVEL-

- Normal glucose tolerance : 70-110 mg/dl
- Impaired Fasting glucose (IFG) : 110-125 mg/dl
- Diabetes mellitus :  $\geq 126$  mg/dl POSTPRANDIAL/POST GLUCOSE (75 grams)
- Normal glucose tolerance : 70-139 mg/dl - Impaired glucose tolerance : 140-199 mg/dl
- Diabetes mellitus :  $\geq 200$  mg/dl CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS - Fasting plasma glucose  $\geq 126$  mg/dl - Classical symptoms +Random plasma glucose  $\geq 200$  mg/dl
- Plasma glucose  $\geq 200$  mg/dl (2 hrs after 75 grams of glucose)
- Glycosylated haemoglobin  $> 6.5\%$  \*\*\*Any positive criteria should be tested on subsequent day with same or other criteria.

### BIOCHEMISRTY TEST DONE ON MERILYZER CLINIQUANT BIOCHEMISRTY ANALYZER

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 07/06/2024 16:34:29)



Checked By -

Preeti Jaiswar  
Senior Technician  
ADMLT

Dr. Shobha Shetty  
M.D. (PATH.)  
Reg No : MMC89971

\*\*Sample has been collected outside the laboratory. The results pertain to the sample received.



# UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.  
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



9323 070624

Name : MR. YASH MHATRE

LABID : 9323

Sample Collection : 07/06/2024 09:53

Age : 25 Yrs. Sex : M

Sample Received : 07/06/2024 09:53

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 07/06/2024 16:34

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

## UREA CREAT RATIO (UCR)

Test	Result	Unit	Biological Ref. Range
Blood Urea Method: Urease UV/GLDH	: 25.60	mg/dl	10-50 mg/dl
Blood Urea Nitrogen	: 11.96	mg/dl	6-21 mg/dl
S. Creatinine Method: Modified Jaffe's	: 0.83	mg/dl	0.7-1.3 mg/dl
UREA / CREATININE RATIO	: 30.84		8.56 to 50.10

### INTERPRETATION:

The principle behind this ratio is the fact that both urea (BUN) and creatinine are freely filtered by the glomerulus; however, urea reabsorbed by the tubules can be regulated (increased or decreased) whereas creatinine reabsorption remains the same (minimal reabsorption).

> **50.10 (Pre renal causes)** : BUN reabsorption is increased. Urea is disproportionately elevated relative to creatinine in serum. This may be indicative of hypoperfusion of the kidneys due to heart failure or dehydration. Gastrointestinal bleeding or increased dietary protein can also increase the ratio.

**8.56 - 50.10 (Post Renal causes or Normal)** : Normal range. Can also be postrenal disease. BUN reabsorption is within normal limits.

< **8.56 (Intra Renal)** : Renal damage causes reduced reabsorption of BUN, therefore lowering the Urea:Cr ratio. Decreased ratio indicates liver disease (due to decreased urea formation) or malnutrition.

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 07/06/2024 16:35:10)



Checked By -

Preeti Jaiswar  
Senior Technician  
ADMLT

Dr. Shobha Shetty  
M.D. (PATH.)  
Reg No : MMC89971

\*\*Sample has been collected outside the laboratory. The results pertain to the sample received.



# UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.  
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



9323 070624

Name : MR. YASH MHATRE

LABID : 9323

Sample Collection : 07/06/2024 09:53

Age : 25 Yrs. Sex : M

Sample Received : 07/06/2024 09:53

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 07/06/2024 16:34

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

## COMPLETE BLOOD COUNT

Test	Result	Unit	Reference Range
Haemoglobin	12.8	gm/dl	14.0-18.0 gm/dl
<b><u>RBC PARAMETERS</u></b>			
Total R.B.C. Count	6.63	mill/cumm	4.5-6.5 mill/cumm
PCV	38.4	%	40-54 %
MCV	57.9	fl	76-90 fl
MCH	19.3	Pg	27-32 Pg
MCHC	33.3	gm/dl	30-35 gm/dl
RDW	15.4	%	11-14.5 %
<b><u>WBC PARAMETERS</u></b>			
Total W.B.C. Count	9200	per cumm	4000-11000 per cumm
Neutrophils	64	%	40-75 %
Lymphocytes	28	%	20-40 %
Monocytes	05	%	0 - 10 %
Eosoniphils	03	%	0 - 6 %
Basophils	0	%	0-1 %
Band Forms	0	%	0 - 0 %
<b><u>PLATELET PARAMETERS</u></b>			
Platelet Count	310000	per cu.mm.	150000 - 450000 per cu.mm.
MPV	9.1	fL	3-12 fL

## PERIPHERIAL SMEAR FINDINGS:


WBC Morphology	:	Normal
RBC Morphology	:	Normocytic, Normochromic
Platelets on Smear	:	Adequate on smear.

EDTA Sample Procesed On a Fully Automated 3-Part Analyzer H-360

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 07/06/2024 16:46:14)



Checked By -

  
Preeti Jaiswar  
Senior Technician  
ADMLT



Dr. Shobha Shetty  
M.D. (PATH.)  
Reg No : MMC89971

\*\*Sample has been collected outside the laboratory. The results pertain to the sample received.



# UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.  
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



9323 070624

Name : MR. YASH MHATRE

LABID : 9323

Sample Collection : 07/06/2024 09:53

Age : 25 Yrs. Sex : M

Sample Received : 07/06/2024 09:53

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 07/06/2024 16:34

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

## SERUM BILIRUBIN

Test	Result	Unit	Biological Ref. Range
S. Bilirubin (Total)	: 0.30	mg/dl	0-1.2 mg/dl
S. Bilirubin (Direct)	: 0.20	mg/dl	0-0.40 mg/dl
S. Bilirubin (Indirect)	: 0.10	mg/dl	0-0.55 mg/dl

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 07/06/2024 16:34:34)

----- End Of Report -----



Checked By -

Preeti Jaiswar  
Senior Technician  
ADMLT

Dr. Shobha Shetty  
M.D. (PATH.)  
Reg No : MMC89971

\*\*Sample has been collected outside the laboratory. The results pertain to the sample received.





# UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.  
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



Name : MR. YASH MHATRE

LABID : 9323

Sample Collection : 07/06/2024 09:53

Age : 25 Yrs. Sex : M

Sample Received : 07/06/2024 09:53

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 07/06/2024 16:34

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

## EXAMINATION OF URINE

Test	Result	Biological Ref. Range
<b>PHYSICAL EXAMINATION</b>		
QUANTITY (URINE)	20 ML	
Colour	Pale Yellow	
Appearance	Clear	
Reaction (pH)	5.5	4.5 - 8.0
Specific Gravity	1.020	1.010 - 1.030
<b>CHEMICAL EXAMINATION</b>		
Protein	Absent	Absent
Glucose	Absent	Absent
Ketone	Absent	Absent
Occult Blood	Absent	Absent
Bilirubin	Absent	Absent
Urobilinogen	Absent	Normal
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	0 - 1 / hpf	
Pus cells	1 - 2 / hpf	
Red Blood Cells	Absent / hpf	
Casts	Absent / lpf	Absent / lpf
Crystals	Absent	Absent
<b>OTHER FINDINGS</b>		
Amorphous Deposits	Absent	Absent
Yeast Cells	Absent	Absent
Bacteria	Absent	Absent
Mucus Threads	Absent	
Spermatozoa	Absent	

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 07/06/2024 16:34:50)

----- End Of Report -----



Checked By -

Preeti Jaiswar  
Senior Technician  
ADMLT

Dr. Shobha Shetty  
M.D. (PATH.)  
Reg No : MMC89971

\*\*Sample has been collected outside the laboratory. The results pertain to the sample received.



# UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.  
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



9323 070624

Name : MR. YASH MHATRE

LABID : 9323

Sample Collection : 07/06/2024 09:53

Age : 25 Yrs. Sex : M

Sample Received : 07/06/2024 09:53

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 08/06/2024 12:01

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

## BLOOD GROUP

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Range</u>
ABO Group	: O		
RH Factor	: POSITIVE		

Slide agglutination test

Slide Agglutination Test

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 08/06/2024 12:01:43)

## SERUM CREATININE

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Range</u>
S. Creatinine	: 0.83	mg/dl	0.7-1.3 mg/dl
Method: Modified Jaffe's			

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 07/06/2024 16:34:52)

----- End Of Report -----



Checked By -

Preeti Jaiswar  
Senior Technician  
ADMLT

Dr. Shobha Shetty  
M.D. (PATH.)  
Reg No : MMC89971

\*\*Sample has been collected outside the laboratory. The results pertain to the sample received.





# UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.  
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



9323 070624

Name : MR. YASH MHATRE

LABID : 9323

Sample Collection : 07/06/2024 09:53

Age : 25 Yrs. Sex : M

Sample Received : 07/06/2024 09:53

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 07/06/2024 16:34

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

## ERYTHROCYTE SEDIMENTATION RATE (WESTERGREN'S)

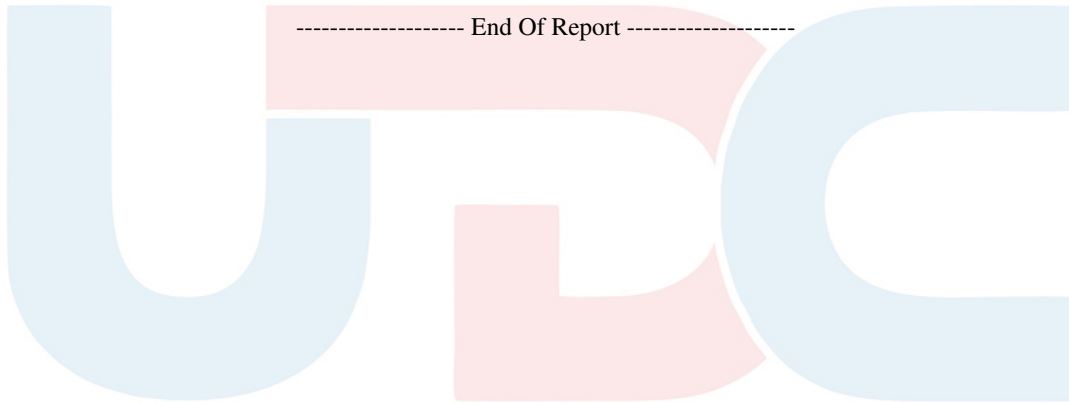
Test	Result	Unit	Biological Ref. Range
E.S.R (Westergren)	: 19	mm at 1hr	0-20 mm at 1hr

Method : Westergren`s

Done with: ErySed Random Access ESR analyzer

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 07/06/2024 16:34:55)

----- End Of Report -----



Checked By -

Preeti Jaiswar  
Senior Technician  
ADMLT

Dr. Shobha Shetty  
M.D. (PATH.)  
Reg No : MMC89971

\*\*Sample has been collected outside the laboratory. The results pertain to the sample received.



# UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.  
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



9323 070624

Name : MR. YASH MHATRE

LABID : 9323

Sample Collection : 07/06/2024 09:53

Age : 25 Yrs. Sex : M

Sample Received : 07/06/2024 09:53

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 07/06/2024 16:34

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

## SGPT

Test	Result	Unit	Biological Ref. Range
S. G. P. T	: 13.79	IU/L	0-42 IU/L

(Collected At: 07/06/2024 09:53:28, Received At: 07/06/2024 09:53:28, Reported At: 07/06/2024 16:34:56)

----- End Of Report -----



Checked By -

Preeti Jaiswar  
Senior Technician  
ADMLT

Dr. Shobha Shetty  
M.D. (PATH.)  
Reg No : MMC89971

\*\*Sample has been collected outside the laboratory. The results pertain to the sample received.