

Name : Mrs. MENOLA L HAJONG (36 /F)

Date : 07/10/2023

Address : PLOT 7 CHINMAYEE APT ANNA NAGAR 4TH MAIN ROAD VELACHERY, CHENNAI,
CHENNAI, TAMIL NADU, INDIA

Examined by :

UHID : AC01.0003932966

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH184351



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:07/10/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 10/9/2023; Periods - regular;
Associated with - dysmenorrhoea; No of Children -
1; No of deliveries - 1; Deliveries - normal vaginal
delivery

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant



Present medications

- Nil



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes
- 2020

Hospitalization for Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Mother - alive

Brothers - 1

Sisters - 1

Hypertension - father, mother

Coronary artery disease - none

Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 154
Weight - 52
BMI - 21.93
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 68
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	10.4 *	g/dl	●	12.0-15.0
RBC COUNT	3.85	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	30.7 *	%	●	36-46
MCV	79.8 *	fl	●	83-101
MCH	27.0	pg	●	27-32
MCHC	33.9	%	●	31.5-34.5
RDW	14.6 *	%	●	11.8-14.0
WBC Count	4100	/cu mm	●	4000-10000
Platelet Count	1.34 *	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	32	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	3-5			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	0-35
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	46	U/L	●	33-98

AST (SGOT) - SERUM	20	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	152	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM

25 U/L ● 0-38

GLOBULIN:
(CALCULATED) -
SERUM

3.1 g/dL ● 1.8-3.6

GLUCOSE - PLASMA (FASTING)

Test Name **Result** **Unit** **Level** **Range**
GLUCOSE - PLASMA
(FASTING)

84 mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name **Result** **Unit** **Level** **Range**
GLUCOSE - PLASMA
(POST PRANDIAL)

63 * mg/dL ● 70-140

**HBA1C (GLYCOSYLATED
HAEMOGLOBIN)-WHOLE BLOOD**

Test Name **Result** **Unit** **Level** **Range**
HBA1C
(GLYCOSYLATED
HAEMOGLOBIN)-WHO
LE BLOOD

4.3 % ● Nondiabetic : 4
- 5.6 %
Prediabetics :
5.7 - 6.4%
Diabetes :
>= 6.5%
ADA
Therapeutic goal
: <7%

Note Hemoglobin electrophoresis/Hb
typing by HPLC method is
suggested to rule out the
Hemoglobin variant is present.
HbA1c can not be measured
accurately by HPLC method
presence of hemoglobinopathy.

LIPID PROFILE TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
HDL CHOLESTEROL -
SERUM

42 mg/dL ● 30-70

LDL CHOLESTEROL
-SERUM

94 mg/dL ● 0-100

VLDL CHOLESTEROL -
SERUM (Calculated)

16 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
PROTEIN TOTAL -
SERUM

7.5 g/dL ● 6.4-8.3

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name **Result** **Unit** **Level** **Range**
TOTAL T3: TRI
IODOTHYRONINE -
SERUM

1.00 ng/ml ● 0.87-1.78

TOTAL T4:
THYROXINE - SERUM

9.4 µg/dL ● 5.93-13.29

LIPID PROFILE TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
TRIGLYCERIDES -
SERUM

123 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name **Result** **Unit** **Level** **Range**
TSH: THYROID
STIMULATING
HORMONE - SERUM

2.5 µIU/mL ● 0.380-5.330

URIC ACID - SERUM

Test Name **Result** **Unit** **Level** **Range**
URIC ACID - SERUM

3.7 mg/dL ● 2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
BILIRUBIN
CONJUGATED
(DIRECT) - SERUM

0.1 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name **Result** **Unit** **Level** **Range**
BUN (BLOOD UREA
NITROGEN)

9.1 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name **Result** **Unit** **Level** **Range**
A/G - RATIO

1.4 ● 1.0-2.0

BUN/CREATININE RATIO

Test Name **Result** **Unit** **Level** **Range**
BUN/CREATININE
RATIO

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PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2307363

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells and

Metaplastic cells

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,

Reactive cellular changes associated with inflammation

(includes typical repair)

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE

MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Mild splenomegaly.

* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515